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FAQ for Student-Athletes & Coaches During the Coronavirus Pandemic

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Clarion University student-athletes and coaches, we are here for you and we will continue to update this page as needed. Please use it as a resource and reach out as needed. Contact information for Clarion athletic administration representatives is listed below.

Q: Can I call, email, face-time, or text prospective student-athletes during a dead period?

A: Yes. A dead period, which we are temporarily in until April 15th, only restricts in-person recruiting both off- and on-campus. This includes in-person evaluation of any athletic activity, although that would be difficult to find at this point.

Q: Can Institutional Letters of Intent be signed during the NLI Suspension?

A: Based on Bylaw 13.9.3, Institutional Letters of Intent would be prohibited since we are not in a signing period.

Q: Can we indicate in writing or verbally that we intend to provide an offer of athletics aid to PSAs?

A: Yes, this is still permissible per Bylaw 13.9.3.2. Please note that nothing can be signed by the prospect saying they are going to accept (i.e. no contract). Institutions can still send out **institutional** aid through their normal process, however, athletics aid cannot be included, unless the athletic aid agreement was issued and signed prior to March 18. Furthermore, renewals for current student-athletes may still be sent.

Q: Do the extension of eligibility waivers apply to all student-athletes who meet the criteria or only those who were in their 10th semester? Please note senior student-athletes in their 10th semester no longer need to have used a season in Spring 2020 per amendment made 3/18/20. This was particularly an issue in sports that had not started play yet.

A: It would only be for those individuals who would have exhausted their terms **and/or seasons** after Spring 2020. Future extensions would need to be filed through the waiver process. Institutions can self-apply the season of competition waiver for ALL spring student-athletes who were eligible and had their season cancelled.

Q: With the recent blanket waiver for COVID-19 with extension requests, per 14.2.2.4.1.1, does it still have to be applied during the next available opportunity to enroll (i.e. Fall 2020)? For spring student-athletes, can they return for Spring 2021 if they don't have enough classes to take for an entire academic year with this blanket waiver?

A: Student-athletes that received the extension of eligibility due to COVID-19 are permitted to enroll at any point during the 2020-2021 academic year as opposed to the earliest opportunity.

Q: For campus visits, an institution is transitioning to virtual campus visits where the prospective student joins a zoom meeting and is provided the details they would normally receive during a campus visit. If the prospective student is also a prospective student-athlete, would it be permissible for a coach to be included on the visit?

A: The emergency legislation that was adopted was to immediately implement a dead period in all sports through at least April 15. However, institutional staff members are permitted to write or telephone a prospective student-athlete during a dead period, but cannot engage in in-person recruiting contact on or off campus. Therefore, in the situation outlined, it would be permissible for the zoom meeting to occur and for the coach to be included.

Q: For senior student-athletes who receive a self-applied season of competition waiver, will this allow them to participate in the fall nonchampionship segment and the spring championship segment during the 2020-2021 academic year? (i.e. eligibility extension provides SAs with both fall 2020 and spring 2021)?

A: The extension of eligibility waiver is for the 2020-2021 academic year (both semesters) and not just the Spring 2021 semester.

Q: Who is eligible for eligibility extension and season of competition waivers?

A:

- SA eligible in the Fall and eligible in the Spring = eligible for the waivers.
- SA ineligible in the Fall, becomes eligible in the Spring = eligible for the waivers.
- SA eligible in the Fall, becomes ineligible in the Spring = NOT eligible for the waivers.

Note: the eligibility extension waiver is sport specific and would only permit student-athletes to compete in the spring sport that was impacted due to COVID-19.

Q: I am a Spring sport student-athlete. Did I just lose a season of competition?

A: The NCAA has granted institution's the ability to apply a season of competition waiver for all Spring Sport Student-Athletes if you meet all the following:

1. You used a season of competition in a spring sport during the 2020 semester;
2. You were eligible for competition during the 2020 season; and
3. Your season was ultimately canceled for reasons related to the COVID-19 outbreak.

**Please note: If you personally did not yet compete during Spring 2020, you did not use a season of competition (and therefore do not need a waiver to get it back).*

Q: I was in my 10thsemester during the Spring 2020. Can I get an extension of eligibility waiver?

A: Spring Sport Student-Athletes who were in their 10thsemester in 2020 Spring are eligible for an Extension of Eligibility Waiver if they were eligible for competition during Spring 2020, and their season was ultimately canceled for reasons related to the COVID-19 outbreak.

**If an individual was in their 9thsemester in Spring 2020, but using their fourth season of competition/exhausting their eligibility, the Extension of Eligibility Waiver would also apply.*

Q: If I am going to use the Extension of Eligibility Waiver, do I have to enroll in Fall 2020 or can I wait until Spring 2021?

A: Student-athletes receiving the extension of eligibility waiver due to COVID-19 are permitted to

enroll at any point during the 2020-2021 academic year (as opposed to the earliest opportunity). This waiver is only good for participation in the Spring sport impacted by COVID-19.

Q: I have to come to campus to retrieve my personal items that are still in the lockerroom, plus I need to drop off my team gear, but Tippin and other buildings are locked.

A: Campus is currently accessible only to essential personnel. Once campus re-opens to coaches, student-athletes must work with their coaches in order to establish an appointment to retrieve their gear and return team-issued items on an individual basis.

Contact Information for Athletic Administration

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Connor Cary Earns PSAC Freshman Swimmer of the Year Honors

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LOCK HAVEN, Pa. – Clarion Men's Swimming freshman Connor Cary was named the Freshman of the Year as the Pennsylvania State Athletic Conference (PSAC) announced its postseason winners Wednesday afternoon.

Cary was a major factor to the success of Golden Eagle swimming all year long. At the PSAC Championships, Cary took second place in the 200 yard individual medley and added a third place finish in the 200 Fly, while taking home a sixth place finish in the 100 Fly. Additionally, Cary took home a 13th place finish in the 100 Free. He scored the most points of any male freshman swimmer at the conference meet.

On top of his stellar weekend performance at the PSAC Championships in February, Cary broke a 20 year program record in the 100 Fly, a record that dated back to the 1995 season and Dan Stoner.

"Connor has just begun his swimming career journey here at Clarion. He is committed to this program, his team and himself on so many levels. He is easy to coach, he shows up, works hard, accepts feedback and makes changes," said head coach Bree Kelley when asked about Cary's performance this season, "I'm excited to see where he can go in the next three years. We have goals for NCAA's next year, and to make that meet the bar has to be set higher, so expectations will be higher but we're both ready for the challenge."

The second male swimmer to dawn the award in Clarion program history, Cary is the first freshman since Ryan Thiel in the 2005-06 season to earn the accolade.

[Print Friendly Version](#)

PLAYERS MENTIONED

Connor Cary

Free/Fly/IM

Freshman

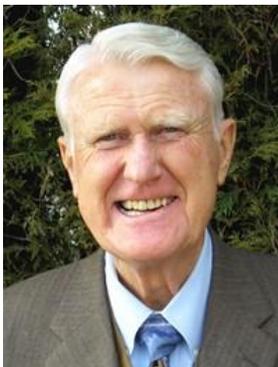
Athletics Announces Sports Hall of Fame Class of 2020

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CLARION, Pa. -- The Clarion University Sports Hall of Fame Committee announced today that seven new members are being inducted into the 2020 Hall of Fame Class. The new inductees include **Norbert A. Baschnagel** (1975-82 Asst. MBB Coach; 1982-83 – 1989-90 W. Tennis Coach); **Erik Burnett** (1989-1992 Wrestling), **Kaitlyn Johnson** (2008-2011 Women's Swimming); **Malen Luke** (1994-2005 Football Coach); **Rollie Smith** (2000-2003 Men's Basketball); **Stephanie Sutton** (1998-2001 Women's Diving) and **Anthony Vincent** (1965-1967 Baseball).

Clarion University's 32nd Annual Sports Hall of Fame Induction Ceremonies were scheduled for April 24, 2020, but due to the coronavirus outbreak, the event has been postponed and will be rescheduled.

"I would like to take this opportunity to congratulate the members of the Hall of Fame Class of 2020. Their contributions to the history and legacy of Golden Eagle athletics cannot be overstated, and I look forward to the chance to welcome them all back to campus and congratulate them in person," said Clarion Athletic Director *Dr. Wendy Snodgrass*.



NORBERT BASCHNAGEL – 1975-82 Asst. MBB Coach/ 1982-83 – 1989-90 W. Tennis Coach

Norb Baschnagel's trip to the Clarion Sports Hall of Fame took two amazingly successful tracks. He came to Clarion for the 1975 Men's Basketball season as an assistant coach under Joe DeGregorio and helped lead the Golden Eagles to an amazing 8-year overall record of 159-67 (70.4%) and a PSAC-West mark of 58-22 (72.5%). Clarion won or tied for first place in the PSAC-West five times (1977, 78, 79, 80 & 81), won the NAIA D-18 title in 1977 & 1980 and qualified for the NAIA Nationals both seasons. The 1977 team went 27-3 overall and won a school record 19 straight games while going 1-1 in the national tournament. The 1980 squad went 23-9 and won its first two games at the NAIA National Tournament over Grand Canyon (83-75) and Loras, Iowa (79-71) before losing to Huron, S.D. (61-52) in the quarterfinals. The 1981 team posted a 23-6 record and was selected to play in the NCAA Division II Nationals losing in the Elite 8 to Cal-Poly. He had the pleasure of coaching greats like Reggie Wells, Alvin Gibson and Joe Malis, along with current Kentucky head coach John Calipari along with so many more. In the Fall of 1982 Norb took over a perennial losing Women's Tennis program and turned them into champions. After three rebuilding seasons the Golden Eagles began to take flight in the Fall of 1985 sporting a 9-4 dual meet record and a 5th place showing at PSAC's. In 1986 he added Hall of Famer Lisa Warren (2000) to future Hall of Fame inductee Susie Fritz (2019) and Clarion posted a perfect 13-0 record and the school's first PSAC Title. Tammy Myers, a 2011 HOF Inductee was added in 1987 and Clarion became the dominant Tennis program in the East Region winning PSAC Titles in 1987, 88 and 1989. Over those four years Clarion won 4 PSAC Championships and compiled an unbelievable dual meet record of 57-1 with the only loss coming against Division I Penn State. The Golden Eagles were 15-0 in 1987-88, 16-1 in 1988-89 and 13-0 in 1989-90. Clarion also went to the NCAA Division II Nationals in the Spring of 1988 (placed 8th) and Spring of 1989 (placed 7th). Voted PSAC "Coach of the Year" in 1988 and 1989, Baschnagel also had a strong commitment to academics. He had a 100% graduation rate for players who stayed with the program for four years. A member of the HPE Faculty starting in 1974, he retired as a full professor in 2013. Involved in the Clarion Community, Norb was part of the first group that started the YMCA in Clarion in the early 1990's and provided the early leadership that helped eventually build a brand new YMCA in Clarion in 2019. He started the YMCA Sportsmanship I All-Star Games in 2000 that are continuing today and so much more. Earning bachelor and masters degrees at SUNY-Buffalo in 1965 and 1968, Baschnagel and wife Beverly currently reside in Clarion. They have daughters Heidi Jane and Grace Elizabeth and sons Charles and Peter. Norb also has a daughter Nancy Ann and Robert.



ERIK BURNETT – WRESTLING – 1992 Clarion University Grad – Geography

Erik Burnett was an NCAA Division I All-America wrestler at Clarion University from 1989 – 1992 under National Wrestling Hall of Fame head coach Bob Bubb. A 4-time Ohio State Champion from Oberlin High School, "Burnie" came to Clarion and posted an outstanding career with an 89-35-1. That career culminated in the 1992 season when he posted a 25-4-2 record at 118 pounds, won the PSAC Title, placed third at EWL's and fifth at the NCAA Division I Nationals in Oklahoma City. He helped Clarion to an 8th place finish at the Nationals, which also featured Kurt Angle winning his second NCAA Title and coach Bubb retiring after the NCAA's. The 1992 Golden Eagles ranked 9th in the final NCAA Div. I Dual Meet Poll with a 13-5 record, won the PSAC Championship and placed third at EWL's. "Burnie" also had a strong junior campaign in 1991 with a 31-8-1 mark, placed 2nd at PSAC's, 4th at EWL's and went 2-2 at the NCAA's at 118 pounds. Clarion finished 17th at the NCAA's as a team, posted an 8-9-2 dual meet record, placed second at EWL's and won the PSAC Championship. In 1990 Erik was 27-13-1 at 118-pounds, placed 2nd at PSAC's, 4th at EWL's and qualified for the NCAA Tournament where he was 0-1. The Golden Eagles finished 15th at NCAA's, second at PSAC's and ranked 15th in the final NCAA D-I Dual Meet Poll. Burnett ranked third all-time in takedowns with 219, 11th in career dual meet points (198) and 12th in dual meet victories with 47. He had 16 dual meet wins in 1990 and 1991, and was a volunteer assistant coach at Clarion in 1993 and 1994. He is currently the District Liason for Elyria Schools. He and his wife Janet reside in Elyria, Ohio and have two sons Mick and Nate.



KAITLYN JOHNSON – WOMEN'S SWIMMING – 2011 Clarion University Grad – Communications

Kaitlyn Johnson was undoubtedly one of the most talented women's swimmers in Clarion's great tradition in the water dating back to the 1970's. Johnson, who swam under the tutelage of head coach Mark VanDyke from 2008 – 2011, was a 28-time NCAA Division II All-American, a 13-time PSAC Individual Champion and held 9 Clarion team records including the 50, 100 and 200 yard

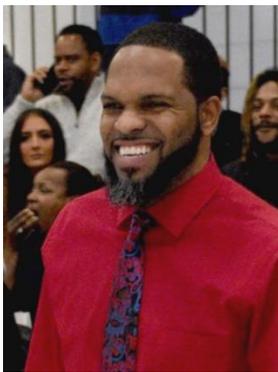
freestyle, 100 butterfly and all five relays. Her signature season came in 2011. She led the Eagles to a second place team finish when she won all seven events at the PSAC's including the 50 and 100 yard freestyle, 100 fly and four relay events. She was named the PSAC "Swimmer of the Meet". She went on to the NCAA's and was a 7-time All-American placing second in the 100 freestyle, 3rd in the 100 butterfly and 5th in the 50 free, along with four relay top 8 finishes. Clarion finished a strong fourth at nationals. In 2010 Johnson led Clarion to a 2nd place finish at PSAC's with two titles to her credit and another 7-time A-A performance at nationals. Her 2010 NCAA performance was highlighted with a 4th place finish in the 100 butterfly and a 5th place ending in the 100 free. Clarion placed 6th at the NCAA's as a team. In 2009 Johnson won two events at PSAC's helping Clarion to a second place finish and again was a 7-time A-A helping the Eagles to a 7th place finish at the NCAA's. Kaitlyn finished 4th in the 50 freestyle and 6th in the 100 butterfly. In her freshman year (2008), Johnson was a two-time champion and helped Clarion to a runner-up finish at PSAC's. She earned individual A-A honors in the 50 & 100 freestyles and the 100 fly helping the team to an 8th place NCAA finish. Johnson continued her swimming after graduation and qualified for the 2016 USA Olympic Trials in the 50 and 100 meter freestyle and 100 meter butterfly events. Her performance at the Trials was outstanding. A native of Uniontown, Pa. and a 2007 graduate of Uniontown High School, Kaitlyn is currently employed by McDonald Land Services while residing in Morgantown, West Virginia.



MALEN LUKE – FOOTBALL COACH – 1994-2005 Clarion University

Malen Luke was the talented Clarion University Head Football Coach for 12 seasons (1994-2005) producing some great players on the gridiron and very special teams. Arriving at Clarion from Defiance in 1994, Luke had a solid first season going 4-6 overall, setting the table for things to come. In 1995 Clarion fans were buzzing when the Golden Eagles opened up with a 6-1 record and 3-0 mark in the West. Although losing their final three contests by close margins, the table was set for a great 1996 campaign. Luke led Clarion to the NCAA semifinals in 1996 blazing a trail never seen by Clarion football fans. The Eagles posted an 11-3 overall record (including wins over Cal 45-14, SRU 54-28 and IUP 49-15), were PSAC-West Champs with a 5-1 record, NCAA D-II East Region Champs and voted Lambert Cup Winners by the ECAC - signaling Clarion as the top team in the East. The Eagles won two games in the NCAA Playoffs against Bloomsburg (42-29) at Memorial Stadium and at Ferris State (23-21) before losing in the final seconds of the NCAA D-II semifinals to

Northern Colorado (19-18) at Memorial. Clarion set 10 team records in 1996 including records for wins (11), NCAA Playoffs, 77 td's, points per game average (41.3) and many more. Injuries hit the Eagles hard in the next two seasons, but the Eagles bounced back in 2000 with a strong 7-4 overall record and a first place finish in the PSAC-West at 5-1. Luke's 2002 team was also 7-4 overall and 3-3 in the West. Luke was voted 1996 NCAA Division II Region 1 and PSAC-West "Coach of the Year" and again PSAC-West "Coach of the Year" in 2000. He coached some amazing athletes at Clarion including Hall of Fame inductees *Chris Weibel*, Steve Witte, Kim Niedbala, Alvin Slaughter and Reggie Wells Jr. Wells, an offensive guard, went on to a stellar NFL Career mostly with the Arizona Cardinals and including Super Bowl XLIII February 1, 2009 vs the Pittsburgh Steelers. The Defensive Coordinator at Northwood University (Michigan), Luke retired in the Spring of 2020 after 14 years with the Timberwolves. He is headed to Washburn University to coach with his son Brock. A native of Wellsboro, Pa. and a 1972 graduate of Wellsboro High, he is a 1976 graduate of Westminster and earned his Masters at Edinboro in 1982. Malen and wife Hedy have a son Brock and a daughter Quinn. Brock is a 2005 graduate of Clarion University.



ROLLIE SMITH – MEN'S BASKETBALL – 2004 Clarion University Grad – Business (Management)

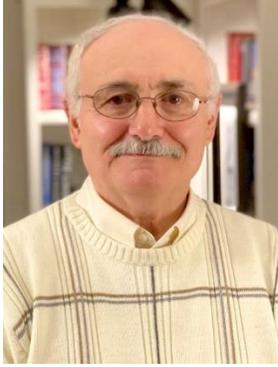
Rollie Smith, an outstanding point guard at Clarion from 2000 – 2003 under coach Ron Righter, was undoubtedly one of the most talented men's basketball players to ever wear the blue and gold. A four-year starter who played in all 111 games (5th all-time) during his great career, Rollie was the PSAC "Rookie of the Year" in 2000, PSAC Tournament MVP leading Clarion to the PSAC Title in 2001, and a first team PSAC-West and All-America selection in 2003. He ranks sixth in career scoring with 1,468 points, second in three-point field goals made with 261, fourth in assists with 455 and seventh in steals with 154. Smith made 38% of his career three pointers (261 of 687) and 76.2% (281 of 369) from the free throw line, As a freshman in the 2000 season Smith led Clarion to a 20-7 overall record and the PSAC-West title (10-2) averaging 9ppg with 101 assists and 35 steals. In 2001 Smith helped lead the team to its first PSAC Championship and the NCAA Division II Playoffs sporting a 19-10 overall record and a 7-5 mark in the West. Clarion capped a run to the PSAC title with an 80-77 overtime win against West Chester. Smith tied the game in regulation with a three-point buzzer beater, then scored seven overtime points to secure the title. Smith averaged 11.4ppg with 126 assists and 41 steals. In 2002 the Eagles were 15-11 overall and 7-5 in the West as Smith contributed 12.8ppg with 124 assists and 24 steals. As a senior (2003) Smith was asked to pick up

the scoring lead and he did just that scoring 562 points (19.4ppg) with 104 assists and 54 steals. He netted 97 three-pointers, third most in a single season. He also scored 38 points versus Pitt-Johnstown going 12 for 12 (100%) from the free throw line in that game, tying a school record. Rollie helped lead Clarion to a combined four-year overall record of 73-38 and a PSAC-West mark of 31-17. A native of Cleveland, Ohio and a 1999 graduate of Villa Angela – Saint Joseph's High, Smith is currently the Basketball Director at the NEO Sports Plant in Euclid, Ohio.



STEPHANIE SUTTON – WOMEN'S DIVING – 2001 Clarion University Grad – B.S. Degree

In the history of great NCAA Division II divers, Stephanie Sutton is certainly one of the best ever to perform on both one and three meter boards under legendary head coach Dave Hrovat. Sutton's amazing four-year career show her as a four-time NCAA Division II National Champion and a four-time NCAA Runner-up making her an 8-time NCAA Division II All-American, the maximum allowed. A 1996 graduate of Fairfax High School, Sutton began her diving career at Clarion in the 1997-98 season. At the NCAA's in 1998 she finished 2nd on one meter scoring 400.5 points and 2nd on three meter with 439.35 points. She helped the Golden Eagles to a fantastic third place finish at the NCAA's. In 1999 Stephanie returned to nationals and again placed 2nd on one meter (394.2 points) and 2nd on three meter (461.35 points) helping Clarion to a 4th place finish at the Division II Nationals. In 2000 Sutton won her first NCAA titles winning the one meter with 412.35 points and three meter with 474.45 points. Clarion placed 4th as a team and Sutton was voted the NSCAA Division II Female "Diver of the Year". In 2001 as a senior she repeated her NCAA titles winning the one meter with 385.80 points and three meter with a career best 474.95 points. Clarion finished 6th as a team at the NCAA's and Stephanie was again voted the NSCAA Division II Female "Diver of the Year". Sutton was also named Clarion University's Female "Athlete of the Year" in 2000 and 2001. She currently is the Owner and Coach of Dominion Dive Club in Vienna, Virginia, one of the top Junior Olympic Diving Programs in the country.



ANTHONY VINCENT – BASEBALL – 1967 Clarion University Grad – Elementary Ed.

Tony Vincent, an outstanding pitcher for the Golden Eagles, helped lead Clarion to the PSAC title in 1967 and was the first Clarion baseball player to ink a professional major league contract. Vincent played for Clarion Hall of Fame coach Joe Knowles ('93) from 1965-67. Vincent gained experience on the mound as a starter in 1965 as the Golden Eagles mounted a successful 13-5 campaign. In 1966 he sported a 3-3 record in helping Clarion to an 8-6 mark. Clarion posted big wins over California, Edinboro and Slippery Rock. The 1967 squad were PSAC Champions with a regular season record of 15-1, including winning the first 15 games of the season. Vincent had a great season. He was 5-0 on the mound with an ERA under 0.50 including three shutouts. He won key games against Slippery Rock (1-0) and Indiana (3-0) to lead the way. He averaged 12 strikeouts per game with a riveting fastball and a curveball that broke "off the table". A native of Pittsburgh and a 1963 graduate of Wilkinsburg High, Tony returned home in the Summer of 1967 leading to his professional career. Playing in the Pittsburgh Fed League, Tony racked up a 15-0 summer record with Lawrenceville and McKeesport averaging 13 k's per game. He was signed by the Boston Red Sox late in the Summer of 1967 and reported to the Greenville (S.C.) Red Sox in 1968. He posted a 9-6 record there with a 2.9 ERA. He moved up to Winston- Salem (High A) in 1969 and was doing well (1-3) when he was injured. He returned to Greenville and could not continue. He played in Canada in 1970, but then retired. Tony received his Elementary Ed degree in 1967 as well as a Math degree from Clarion in 1978. He taught in the Pittsburgh Public Schools for 32.5 years before retiring in 2003. He is currently teaching Math at Saint Joseph's High in Natrona Heights and is an Adjunct Professor at LaRoche University. Tony and wife Judy (Polosky '68) have two sons, Michael and David.

Alexa Ream Named Head Soccer Coach

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CLARION, Pa. – Director of Intercollege Athletics Dr. Wendy Snodgrass announced today that Alexa Ream has accepted the position of head soccer coach at Clarion. A former Golden Eagle student-athlete with years of coaching experience, she returns to Clarion after spending the previous year as an assistant at Mercyhurst.

"I am pleased to announce that Alexa Ream has accepted the position of head soccer coach," Snodgrass said. "Throughout the interview process we were impressed with her passion, as well as her plans for the future of the program. We know she is excited to begin her work with the team as soon as she is able."

"I am absolutely thrilled to be the next head soccer coach at Clarion," Ream said. "Returning to the place where my college soccer career began is a dream. I would like to thank Dr. Snodgrass and the rest of the search committee for this exciting opportunity and their belief in me, along with all of the coaches and mentors who have helped me along the way."

"Clarion soccer already presents a competitive and determined culture," Ream said. "I am eager to build on this and help the program achieve the many successes it deserves."

Ream helped coach a Laker squad that went 11-6-2 in 2019, marking their first winning season since 2009 and their first trip to the Pennsylvania State Athletic Conference (PSAC) since 2013. Alyssa Otto earned PSAC Freshman of the Year honors after leading the Lakers with 14 goals, four assists and 32 points, and was one of three Lakers to earn All-Atlantic Region honors. Taryn Baxter and Amber Thomas were also named All-Region selections, and joined Otto as well as Maya Bauer on the All-PSAC squad. Prior to her time at Mercyhurst, Ream spent two years as a graduate assistant coach at Wheeling. While she was on staff the Cardinals placed multiple student-athletes on all-conference squads. Ream also has years of experience organizing and coaching camps and youth soccer teams across Pennsylvania and West Virginia.

Ream started her college playing career at Clarion in 2012 and was a Golden Eagle from 2012-14, before transferring to Lock Haven for her final two years. She served as a captain for the Bald Eagles and played 4,939 career minutes between the two squads. She graduated from Lock Haven with a degree in Health Science with a minor in Coaching in 2014, and earned her MBA from Wheeling in 2019.

UPDATE 3/26/20 - PSAC Updates Policy on CARA for Spring 2020

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UPDATE 3/26/20

The prohibition on any in-person countable athletically related activities (CARA) remains in place for the duration of the academic year at any PSAC member institution.

During the remainder of the Spring 2020 Semester, all sports are permitted a maximum of 8 hours of remote, virtual CARA per week. There may be no required physical activities as part of CARA during this time period. Only athletically related meetings may occur with a maximum of 2 hours of game film review permitted.

Voluntary physical activities are permitted. Student-Athletes are not required to report back to their coaches on those activities.

This aligns with the playing and practice season rules related to out of season weekly hour limitations, including the prohibition of all CARA a full week prior to the start and during final examinations.

Coaches are permitted, and encouraged, to remain in frequent contact with their student-athletes related to academic and well-being issues.

All PSAC Personnel and student-athletes are strongly encouraged to follow CDC guidelines for physical distancing, frequent hand washing and personal hygiene.

Frequently Asked Questions

Q: What is remote/virtual CARA?

A: Remote/virtual CARA will permit student-athletes to participate in non-physical athletically related activities remotely or virtually via electronic correspondence, such as but not limited to, videoconferencing, direct messaging, emails, texting, and teleconferences.

Q: Can institutions require student-athletes to report back on voluntary physical athletically related activities?

A: No, it would be not be permissible to require student-athletes to report back on workouts or provide information to coaching staff related to such workouts. However, it is permissible for student-athletes to request workouts from strength and conditioning coaches, so long as they do not report back on such workouts.

Q: If a student-athlete has remained on-campus, may coaches participate in voluntary

physical activities with the student-athlete?

A: No in-person CARA is permitted, regardless if a student-athlete has remained on campus or is in the locale of the institution.

Q: Can institutions require student-athletes to participate in non-physical CARA the week prior to and during final examinations?

A: No, it is not permissible to permit student-athletes to participate in CARA outside of the playing season one week prior to the beginning of the institution's final exam period through the conclusion of the institution's final exams. Student-athletes may continue to participate in voluntary workouts and may not report back to coaches.

Q: Why are spring sports included in the permissive eight hours of non-physical CARA when the spring semester would be in their traditional playing season?

A: The PSAC Board of Directors instituted that all sports, regardless of season, are held to the same weekly hour limitations through the remainder of the spring 2020 semester.

Q: Is there a limitation on certain activities during the eight hours?

A: All sports may use their eight hours to require remote athletically based meetings and review of game film. Not more than two hours per week may be spent on review of game film.

Q: Can institutions restrict all forms of CARA for student-athletes through the remainder of the year?

A: Yes, it is permissible for institutions to enforce more restrictive regulations or preclude sports entirely from their participation in CARA.

Q: If an institution requires student-athletes to participate in non-physical CARA, how will institutions track?

A: Institutions should continue to monitor and will be required to track non-physical CARA hours through logs or appropriate compliance software.

Q: Do institutions need to provide days off from non-physical CARA for student-athletes?

A: Coaches will be required to provide student-athletes with two days off per week, which is consistent with the legislation pertaining to required days off outside of the playing season.

Q: Can coaches penalize student-athletes who do not complete required non-physical CARA?

A: Coaches cannot penalize student-athletes for not participating in any required or voluntary CARA.

Q: Are coaches still permitted to communicate with student-athletes on items unrelated to CARA?

A: Yes, coaches are permitted and encouraged to communicate with student-athletes on non-athletically related topics, such as issues related to academic work and their overall well-being.

Q: What happens if an institution violates the PSAC prohibition of physical CARA?

A: Institutions that violate the conference policy will be subject to penalties, including sanctions on participation in conference championships, suspensions, and/or fines.

Q: Are part-time student-athletes permitted to participate in non-physical CARA?

A: Yes. The NCAA issued a blanket waiver for the spring 2020 term to permit student-athletes to participate in countable athletically related activities while enrolled less than full-time, provided the student-athletes were initially enrolled full-time for the spring 2020 term.

Due to concerns regarding the spread of COVID-19 (also known as coronavirus), and in light of recent events across the NCAA and the rest of the country, the Pennsylvania State Athletic Conference (PSAC) announced that the remainder of the spring sports schedule will be suspended effective immediately.

In addition, all countable related athletic activities (CARA) are suspended until March 30 at which time the Board of Directors will review a proposal from the Athletics Administrators to permit or suspend CARA for the remainder of the semester.

Any non-conference competitions already traveled to are left to institutional discretion through March 15, at which time all athletic competition must cease.

Softball Gives Fee First Win as Clarion Head Coach

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ERIE, Pa. – The Clarion softball team snapped a long losing streak with an inspired effort in the second half of a doubleheader on Thursday, with the Golden Eagles defeating Gannon 4-1 in the nightcap after falling 10-0 in the first game. Clarion (1-11) gave head coach Lis Fee the first win of her tenure as head coach.

Megan Anderson threw a gem in the late game, tossing seven innings of one-run ball against the Golden Knights. The freshman pitcher struck out four and tossed a complete game on just 98 pitches. It was coupled with clutch hitting by the Golden Eagle offense, who scored all the runs they would need in the top of the third inning to lock up the win. Junior Jessica Cartia went 2-of-4 with a double and a home run, driving in a pair of runs to pace the offense. Natalie Else and Nicole Collins also drove in runs in the winning effort.

Neither team scored through the first two full innings, but Carissa Giordano got things going in the third with a leadoff walk and an advance to second on a wild pitch. After Haley Pszyk drew a walk on a full count to put two runners on, Cartia lashed a double to right center to bring Giordano across the plate. Else followed with a good piece of hitting, pushing the ball to the right side of the infield to score Pszyk to make it 2-0, and Collins lifted a one-out pitch to right field for a sacrifice fly for the third run of the inning.

Anderson made the lead stand up, stranding two runners in the bottom of a scoreless third. She gave up a solo home run in the fourth to cut Clarion's lead to 3-1, but retired the side 1-2-3 in the fifth to regain the momentum. Cartia got that run back in the top of the seventh, ripping a home run down the left field line to make it 4-1. Anderson threw a scoreless seventh to close out the win.

The first game was lopsided in favor of the Golden Knights, who hit four home runs in the first three innings to build a 10-0 lead over Clarion. The Golden Eagles' best chance to score came in the top of the fourth after Cartia and Rebecca Kelley hit back-to-back singles to lead off the inning. They advanced no further, though, as Gannon retired the next three Clarion batters in order. The 10-run deficit persisted into the fifth inning to grant the Golden Knights the win.

Baseball 3/12/2020 7:57:00 PM

Baseball's Weekend Set at Salem Canceled

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CLARION, Pa. – Due to enhanced concern and precaution regarding the spread of COVID-19 (also known as coronavirus), Clarion's Department of Intercollegiate Athletics announced a change to the baseball schedule today. The Golden Eagle baseball team's scheduled four-game set against Salem University – originally set for Friday, March 13 and Saturday March 14 – is canceled.

General 3/12/2020 2:11:00 PM

Clarion University Update on COVID-19

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UPDATE March 13, 2020 - 6:34 PM

The NCAA announced an immediate "dead period" for recruiting through April 15.

UPDATE March 13, 2020 - 10:49 AM

The Clarion Department of Intercollegiate Athletics announced the following changes to other related events originally for the near future:

- The Clarion Learn to Swim program, set to begin in March, has been postponed.
- The Clarion Soccer Free Youth Skills Clinic, originally scheduled for March 21, has been postponed.
- The George Garbarino Wild Game and Sportsman's Dinner, originally scheduled for March 28, has been postponed and will be rescheduled at a later date.
- The Golden Eagle Talon Club Banquet, originally scheduled for April 4, has been canceled.
- The Cook Forest Half Marathon / 5K, originally scheduled for April 4, has been canceled.
- The Clarion Soccer Alumni Gathering, originally scheduled for April 17-18, has been canceled.
- The Clarion Sports Hall of Fame Induction Ceremony, originally scheduled for April 24, has been postponed and will be rescheduled at a later date.

This page will continue to be updated.

UPDATE March 12, 2020 - 7:22 PM - The NCAA has released the following statement:

"Today, NCAA President Mark Emmert and the Board of Governors canceled the Division I men's and women's 2020 basketball tournaments, as well as all remaining winter and spring NCAA championships. This decision is based on the evolving COVID-19 public health threat, our ability to ensure the events do not contribute to spread of the pandemic, and the impracticality of hosting such events at any time during this academic year given ongoing decisions by other entities."

The Clarion athletics programs affected by this are the women's swimming & diving team as well as the wrestling team. Divers Emma Kehn and Anna Vogt finished one day at the NCAA Division II diving championships on Wednesday, with Kehn earning All-American honors with a fourth-place finish in the 3m Dive. Wrestlers Ty Bagoly, Greg Bulsak and Brock Zacherl were set to head to the

NCAA Division I Wrestling Championships in Minneapolis next week.

UPDATE March 12, 2020 - 2:17 PM - The following was an official statement from Clarion University president Dr. Dale-Elizabeth Pehrsson.

More information regarding planned Clarion athletic events, including competitions and other gatherings, will be distributed as soon as it is available.

Dear Clarion University community,

We are continuing to carefully monitor the spread of the coronavirus (COVID-19), a potentially serious respiratory illness. The health and safety of our students, faculty and staff are our primary concern. As the situation continues to rapidly evolve, I, working with a campus team, have made the determination to **suspend all face-to-face instruction until further notice, effective Monday, March 16.**

Classes will continue, but they will be delivered in an online or alternative format. Individual faculty members will determine how their classes will be delivered. **Face-to-face instruction is prohibited.** Students can be assured that they will be able to complete the credits for which they are registered, and graduating seniors will be able to complete their programs.

By suspending face-to-face instruction, we are giving students the choice to complete their classwork from home or to stay on campus. We advise students to talk with their families to make the best decision for their individual situations.

During this time, **all campus offices and services will remain open**, including student housing, limited dining services, library services and other student services. If students who live in campus housing choose to leave campus, they will not be able to return until normal university operations resume. Additional information about housing is forthcoming.

The day-to-day administrative operation of the university will continue, and university staff will report to work as usual. We ask all staff to continue healthy practices that will minimize the possibility of the spread of the virus. Sick employees are advised to stay home. Managers are prepared to work with employees so that they will not be adversely affected.

All university events are canceled until further notice. **Information regarding athletics is forthcoming.**

No cases of coronavirus have been reported on campus or in any of the counties where campuses are located. The decision to suspend face-to-face instruction is data-driven and will allow the university community to abide by guidelines to slow the spread of coronavirus. We are making decisions according to the best information we have and adapting as we move forward.

Students, for specific questions related to work study or student employment, contact your supervisor.

To submit specific questions, [click here](#). I appreciate your flexibility and kindness to others during this stressful time.

Please take care of yourselves and your loved ones.

Emma Kehn Earns All-American Honors at Diving Nationals

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GENEVA, OHIO - Emma Kehn earned All-American honors on Wednesday placing fourth in the 3M Dive at the 2020 NCAA Division II Championship. Kehn will look to add to her total later this week when she competes in the 1M Dive in Geneva.

Kehn found herself in the middle of what was a crowded field by taking sixth in the prelims earlier in the day, while her teammate Anna Vogt finished with in 20th with a final mark of 349.35. Looking to improve her position from the prelim round, Kehn came into the finals focused, improving her final position by two spots taking home a fourth place finish with a final mark of 428.75.

A runaway finish for the National Championship, Mikayla Karasek took first with a final score of 463.50

"I'm so proud how Emma and Anna competed, qualifying for both dives," diving coach Dave Hrovat said. "For Emma to improve the way she did going into the finals was exactly what we needed."

The pair of Kehn and Vogt will look to add more hardware to their trophy case later this week, when they compete in the 3M Dive.

NCAA Wrestling Brackets Announced

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INDIANAPOLIS – The NCAA released the brackets for the 2020 Division I Wrestling Championships on Wednesday, with the three Clarion wrestlers in the event – [Ty Bagoly](#), [Greg Bulsak](#) and [Brock Zacherl](#) – learning the identities of their first round opponents. The event will start on Thursday, March 19 at U.S. Bank Stadium in Minneapolis.

#32 [Ty Bagoly](#) (285): Bagoly will make his first appearance at the NCAA Championships in the so-called "pigtail" round, and will face off against #33 Max Ihry of Northern Illinois. This will actually be the second time these two Mid-American Conference (MAC) foes faced off with one another this season. The two previously met at the Boilermaker Duals in November, with Bagoly pinning Ihry for the win. Bagoly enters the tournament with a 16-6 overall record.

#10 [Greg Bulsak](#) (197): Bulsak will make his third NCAA Championships appearance this year, with his 10-seed the best among his teammates this year as well as the best for his career. The redshirt junior went 27-5 during the season and won the 197-pound title at the MAC Championships last weekend. He'll open his tournament against another MAC opponent, #20 Wyatt Koelling of Missouri. The two met during the 2018 Cliff Keen Las Vegas Invitational, with Bulsak pinning him late in the second period.

#11 [Brock Zacherl](#) (149): Zacherl is making his fourth and final appearance at the NCAA Championships, and will look to wrap his storied career with a trip to the podium in Minneapolis. The MAC runner-up at 149 pounds to fourth-ranked Brock Mauller of Missouri, Zacherl enters with a 22-4 record. He opens against Chattanooga's #22 Tanner Smith, who was the 2018-19 Southern Conference Freshman of the Year and an at-large selection this year. Zacherl improved to 114-17 in his career this year, putting him in sole possession of 14th place on Clarion's all-time wins list.

[Print Friendly Version](#)

PLAYERS MENTIONED

Ty Bagoly

184

Sophomore

Greg Bulsak

197

Redshirt Sophomore

Brock Zacherl

149

Redshirt Senior

Bagoly Earns At-Large Bid to NCAA Championships

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INDIANAPOLIS – The NCAA announced the field for the 2020 Division I wrestling championships on Tuesday, including the at-large selections for each weight class. Clarion 285-pounder Ty Bagoly was among those to earn one of those coveted bids, with the sophomore set to make his first appearances at NCAA's next week.

Bagoly earns his spot at the NCAA Championships just three days after teammates Greg Bulsak and Brock Zacherl clinched their tournament berths at the MAC Championships. Bulsak won the 197-pound title at the conference tournament, while Zacherl placed second at 149 pounds. Clarion has now had 13 NCAA qualifiers in the last five years.

Bagoly is the third Golden Eagle to earn an at-large bid to the tournament in as many seasons, joining Taylor Ortz (2018) and Greg Bulsak (2019) in that club. The sophomore heavyweight made the transition from 184 pounds and had his best season to date, posting a 16-6 overall record and cracking the national rankings at his weight class. Bagoly is one of six MAC heavyweights to make the field of 33.

The full brackets and seeds for the 2020 NCAA Championships will be released on Wednesday, March 11.

[Print Friendly Version](#)

PLAYERS MENTIONED

Ty Bagoly

184

Sophomore

Greg Bulsak

197

Redshirt Sophomore

Taylor Ortiz
141

Redshirt Sophomore

Brock Zacherl
149

Redshirt Senior

Softball Announces Schedule Changes for Weekend

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CLARION, Pa. - Head softball coach Lis Fee announced schedule changes for this week's softball doubleheaders, with planned meetings against Gannon and Mercyhurst each moved up one day.

- The Golden Eagles' doubleheader against the Golden Knights, originally slated for Friday afternoon, will now be played on Thursday, March 12. The first game of the doubleheader is slated for 2:30 p.m.
- Clarion's scheduled doubleheader against the Lakers, originally planned for Saturday afternoon, will now be played on Friday, March 13. The first game of that doubleheader is also scheduled for 2:30 p.m.

Bulsak's Title Highlights MAC Championships

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DEKALB, III. – Greg Bulsak became the first Mid-American Conference (MAC) champion in program history on Sunday, taking home the title at 197 pounds to finish off an exciting weekend at the 2020 MAC Championships. Joining Bulsak on the podium was Brock Zacherl, who took second in his bracket after a close bout with fourth-ranked Brock Mauller of Missouri.

Bulsak claimed his title on Sunday due to a medical forfeit by Rider's Ethan Laird, who entered the weekend as the second seed to Bulsak's one seed. On Saturday, Bulsak won three straight matches to lock down his spot in the finals, including a decision over Northern Illinois's Gage Braun in the semifinal bout.

Both Bulsak and Zacherl punched their tickets for the NCAA Championships with their results this weekend, with the full field announcement due on Tuesday. Bulsak will enter the national tournament with a 30-5 record, while Zacherl owns a 24-4 record.

The 149-pound bout featured the top two seeds in the bracket, and for the majority of the bout things were tight. Things were scoreless after one period despite lots of action from both wrestlers, with Zacherl getting in on a number of shots but unable to finish. Mauller elected the down spot for the second period and quickly escaped, followed by a takedown to go ahead 3-0. Zacherl escaped there, as well as at the start of the third period, to make it 3-2.

Zacherl's best chance at the upset came with a minute remaining in the third period when he finally broke through Mauller's defenses and connected on a double-leg attempt. He was not able to maintain control, however, and Mauller slipped out to avoid the takedown. Mauller took Zacherl down one more time to finish the bout and claim the MAC title.

Clarion finished their first MAC Championships in 12th place with 39.5 team points.

[Print Friendly Version](#)

PLAYERS MENTIONED

Greg Bulsak

197

Redshirt Sophomore

Brock Zacherl

149

Redshirt Senior

Baseball Closes Out Weekend with Loss to Saint Rose

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CARY, N.C. - With first pitch slated for just before 9:30 am, the Clarion baseball team had an early start on trying to win the weekend closing out their spring break trip against the College of Saint Rose Sunday morning, falling by a final score of 11-7. Clarion closes out the trip 2-3 and 3-12 on the season overall.

The Golden Eagles will look to bounce back from the loss next weekend when they head to Salem, West Virginia to take on Salem in a pair of doubleheaders on March 13 and 14.

The Blue and Gold found themselves in a hole early, falling behind 5-0 through the first five innings of action. Clarion was able to tack on two runs in the top of the fifth inning thanks to a an Alex Ficorilli double that scored Chandler Palyas and Danny Fox who walked and was hit by a pitch in the early parts of the inning.

The Golden Eagles threatened with runners with the bases loaded and just one out, but a good old fashioned 4-6-3 double play ended the inning.

Clarion tacked on one more run in the top of the sixth inning to pull back within two at 5-3 courtesy of a Palyas sac fly that scored Shaffer who walked in the start of the inning.

Through sixth and a half innings Clarion trailed by just two runs but the Saint Rose bats exploded in the bottom of the seventh inning, picking up three runs on three hits pushing their lead to 8-3, but the Golden Eagles still hung around remaining within striking distance of the lead.

That was until the bottom of the eighth when Saint Rose tacked on three more runs on four hits, before Joe Rossi struck out back to back batters to end the inning and leave the bases loaded.

With the Golden Eagles trailing 11-3 with just one at bat left, the offense went into attack mode early starting the inning off with a free base runner courtesy of a hit by pitch and a single from Shaffer that put runners on first and second with just one out.

After a Fox walk the bases were loaded for Palyas who launched a grand slam, his first of the year and third homer of the season over the fence plating four runs and pulling Clarion back within four with just one swing of the bat.

That's all the closer the Golden Eagles would get though as the next batter grounded out to the shortstop to end the threat and the game for the Blue and Gold.

Kyler Mellott got the start for Clarion on the mound, he punched in 6.2 innings of work, striking out three and allowing nine hits.

The Golden Eagles finished the game with seven runs on nine hits as for the second game in a row Palyas paced the Clarion attack, going 2 for 4 with five RBI's. Ficorilli had a good day at the plate notching a 3 for 6 afternoon and driving in two runs.

After heading to Salem next weekend, Clarion will open up PSAC West Conference play against Pitt-Johnstown.

Baseball Splits with Molloy, Walsh

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Next Game:
vs. The College of Saint Rose
3/8/2020 | 9:00 AM

- [PREVIEW](#)
- [WATCH LIVE](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

CARY, NC - Opening day two of action at the USA Baseball Complex for Spring Break, the Clarion baseball team faced off against two tough opponents Saturday afternoon. They opened the afternoon against Molloy picking up a walk off victory 5-4 in the bottom of the ninth. In the nightcap, the Golden Eagles fell to Walsh by a final score of 15-5.

Game one was one like any other as the Golden Eagles found themselves trailing in the early innings and having to battle back. Clarion trailed by one heading into the top of the fourth but Molloy scored three runs on four hits to put the Blue and Gold into a deep hole 4-0.

Clarion used the late innings to chip away at the Lion lead never losing any more ground and forging on. The Golden Eagles started chipping into the lead when they scored one run in the bottom of the fourth inning on a Matt Privette single that scored Nick Fugh who reached on a fielder's choice an at bat prior, making the score 4-1.

Keeping the Molloy attack at bay, the Golden Eagles scored two runs on one hit and one error in the

bottom of the sixth. Will Constantin got the scoring started when he drew a walk with the bases loaded scoring Thomas Lavin who doubled earlier in the inning. Cole Shaffer kept the scoring rolling with a walk of his own that plated Alex Fidorilli who reached on a throwing error.

Trailing 4-3 heading into the bottom of the ninth Clarion would not go away without a fight. Constantin walked to lead off the inning and advanced to third on a failed pick-off attempt, scoring on a Shaffer single to left field to tie the game at four all.

As Clarion continued to put runners on base, Danny Fox reached base on a fielder's choice and Chandler Palyas walked, the Golden Eagles forced the Lions to go to the bullpen and make a pitching change.

Facing a new pitcher, Ben Barth was hit by a pitch to load the bases with just one out putting Clarion in full control to win the game.

Lavin who was successful at the plate all afternoon, was the perfect player to have at the plate with the game on the line and Lavin came up clutch, roping a 2-2 fastball to center field scoring Tim Irons who pinch ran for Fox after his at bat, winning the game for Clarion.

Kyle Thompson got the nod for Clarion on the mound, tossing 4.1 innings allowing eight hits and four runs while striking out four. Nate Torbich slammed the door on the Lion attack, throwing 4.2 innings of two hit baseball, allowing no runs and fanning four.

Lavin paced the Golden Eagle offense, going three for five with one RBI. Shaffer also had a great day for Clarion knocking in two runs on one hit.

In game two it was the complete opposite of game one as the Clarion defense and pitching was unable to slow down the Cavalier attack. Walsh racked up 15 runs on 13 hits compared to Clarion's 5 runs on 12 hits.

Dereck Pritchard got the start on the mound for Clarion tossing 6.0 innings allowing four runs on six hits, striking out five batters

The Golden Eagles scored five runs throughout the first eight innings as Chandler Palyas and Christian Kubacka paced the Clarion attack, each going 2 for 4. Palyas accounted for half of the Clarion offense driving in two runs. Nick Fugh and Will Constantin drove in the other two runs for Clarion in the night cap.

Anthony Tucci found himself in relief tossing one inning allowing two runs on three hits, striking out two. Ben Mongelluzzo and Ethan Smith closed out the game for the Golden Eagles from the bullpen tossing a combined 19 batters, striking out three and allowing nine runs.

Clarion moves to 3-11 on the year as they look to close out the D-II Challenge vs Cancer tomorrow against the College of Saint Rose at 9 am.

Bulsak, Zacherl Head to MAC Finals

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DEKALB, III. – Two Golden Eagle wrestlers clinched spots in the conference finals as well as berths in the NCAA Tournament, as Clarion enjoyed an exciting day at the 2020 Mid-American Conference (MAC) Championships. Clarion currently sits in 11th after one day.

Brock Zacherl and Greg Bulsak became the program's first-ever MAC finalists by going undefeated on Saturday, with Bulsak winning three matches and Zacherl two en route to the finals. Zacherl will face fourth-ranked and top-seeded Brock Mauller of Missouri in the 149 pound finals, while Bulsak will take on 16th-ranked Ethan Laird of Rider at 197 pounds.

Zacherl punched his ticket after a hard-fought sudden victory decision over George Mason's Colston DiBlasi, who entered the weekend as the third seed in the 149-pound bracket and the 15th-ranked wrestler in the nation. Similar to the early-season meeting between the two wrestlers, Zacherl brought the majority of the offense with two takedowns in in the first period. DiBlasi kept him at bay, pulling to within 4-3 in the third period. After a stall called against Zacherl tied the score at 4-4, the match went to sudden victory, with Zacherl taking down DiBlasi a third time to earn a trip to the finals.

Bulsak's NCAA-clinching victory also afforded him a measure of revenge, with the junior defeating Northern Illinois's Gage Braun, the only MAC wrestler to beat him in a conference dual this year. This time around Bulsak neutralized Braun's aggressive offense while also staying on the attack himself, taking him down a number of times and controlling Braun on top. He kept the offensive up en route to an 8-2 decision over Braun.

Greg Bulsak got the best of Kyle Murphy in the opening round, quickly taking him down and turning him for a four-point near fall. Amassing roughly four minutes of riding time over the course of the bout, Bulsak took Murphy down again in the third period and continued to apply pressure, claiming the 9-1 major decision. His quarterfinal match with Buffalo's Sam Schuyler was a battle from the jump, with Schuyler nearly taking Bulsak down in the first period. Bulsak fought off Schuyler's attack and twisted him down for the takedown with 16 seconds left in the first period. After riding Schuyler out in the second period, Bulsak shot in on a single leg in the third period and took Schuyler down to seal a 7-2 decision.

Unlike Gromacki and Bulsak, Zacherl started his day in the quarterfinals as a result of a first-round bye. His quarterfinal bout with Kenan Carter played much like their meeting earlier in the year, with neither wrestler producing much offense until late. Zacherl and Carter were tied at 2-2 in the third period before the former escaped at the start of the frame. As the clock continued to tick down, Zacherl caught hold of Carter's leg, spinning him down and round for a takedown to make it 5-

2. That was all he needed to make his way to the semifinals.

Zacherl and Bulsak were joined in the quarterfinal round by Jake Gromacki, who advanced to the quarters with an impressive over Ohio's Trevor Giallombardo. He quickly took his opponent down and tilted him twice to amass a 10-0 lead, and then kept Giallombardo at arm's length for the rest of the bout to secure the 12-7 win by decision. In the quarterfinal match against Old Dominion's Killian Cardinale, Gromacki built a quick 4-1 lead thanks to an early double-leg takedown and two-point near fall, but Cardinale wore him down and rallied for the 8-6 decision. Gromacki lost by fall in his final consolation bout to end his day.

Elsewhere in the consolation rounds, a number of Golden Eagles also earned wins. Seth Koleno, Taylor Ortz and Mike Bartolo picked up wins on the rebound.

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PLAYERS MENTIONED

Mike Bartolo

157

Redshirt Junior

Greg Bulsak

197

Redshirt Sophomore

Jake Gromacki

133

Redshirt Senior

Taylor Ortz

141

Redshirt Sophomore

Brock Zacherl

149

Redshirt Senior

Seth Koleno

133

Freshman

Baseball Opens Weekend in Cary with Split

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Next Game:
vs. Molloy College
3/7/2020 | 9:30 AM

- [PREVIEW](#)
- [WATCH LIVE](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

CARY, NC - Returning south for the fourth weekend in a row with their toughest test to date playing five games in three days, the Clarion baseball team opened up their weekend schedule in Cary, North Carolina at the USA Baseball Complex falling to Fairmont State in the early game 9-7 and beating New Haven 3-2.

In the first game Clarion started hot, scoring two runs in the early part of the game before the Falcons could get on the board. The Blue and Gold struck early in the first inning scoring one run on an Alex Ficorilli single that scored Nick Fugh who doubled to start the afternoon for Clarion.

The Golden Eagle offense would strike again in the bottom of the third inning, this time off the bat of catcher Thomas Lavin his second of the young season, putting Clarion up two runs.

Fairmont State struck back in the top half of the fourth inning with a run of their own cutting the Clarion lead in half after a single and double made the score 2-1.

Matt Privette scored on a passed ball in the bottom of the fourth putting Clarion back in a commanding 3-1 after starting the inning off with a single, but the Falcons answered the call again scoring one more run hanging around in striking distance.

Clarion answered with two more runs in the bottom of the sixth on three hits and one error and were cruising with a 5-2 lead.

The Falcons soared for five runs on four hits in the top of the eighth taking the lead from Clarion at 7-5 and two runs on two hits and an error in the top of the ninth making it 9-5, but the Golden Eagles wouldn't go away without a fight.

Clarion scored two runs on three hits in the bottom of the ninth but a flyout ended the scoring and the game for the Blue and Gold.

In game two Clarion was locked in a low scoring affair against New Haven holding off the Chargers in the late innings 3-2.

Like most games this season Clarion was the first team to strike taking an early 3-0 lead in the top of the fourth inning.

The Golden Eagles scored one run in the third inning, courtesy of a Thomas Lavin sac fly that scored Chandler Palyas who tripled to lead off the inning. Clarion picked up two runs in the top of the fourth thanks to a Matt Privette double that scored Brian Casper who doubled to lead off the inning and one more run when Cole Shaffer also doubled to score Privette.

From that point on it was a good old fashioned pitchers duel as both teams went up and down their lineup until the bottom of the sixth when New Haven was able to squeeze one run across on a single and triple, jump starting the Charger offense.

New Haven scored one more run in the bottom of the eighth after a double and an error made the score 3-2 but that's all the closer New Haven would get.

Bryce Grenet got the win for Clarion, tossing eight innings allowing seven hits and just two runs, while striking out nine New Haven batters. Josh Kirwin picked up his first save of the season, tossing one inning, striking out one batter and surrendering one hit.

Privette and Palyas paced the Clarion offense each going 2 for 4 as Privette picked up a RBI.

The win and loss moves the Golden Eagles to 2-10 on the early season. Clarion will try to keep winning in their sight as they play two more games tomorrow, taking on Molly at 9:30 am and Walsh to close out the afternoon at 1:30 pm.

Tennis Falls to Methodist to Close Week in South Carolina

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HILTON HEAD ISLAND, S.C. – The Golden Eagle tennis team finished off their week at Hilton Head Island on Friday, dropping a 7-2 decision to Methodist to close out Tennis Fest. Clarion will commence with Pennsylvania State Athletic Conference (PSAC) play on March 21 when they face Seton Hill.

The Golden Eagles got both of their wins in the singles session, with Hailey Germanoski and Sarah Kirmeyer earning wins at the Nos. 5 and 6 spots. Germanoski won an exciting three-set bout with Hannah Higgins, rebounding from a first set loss to win the second 6-3 and the third 7-6 (8). Kirmeyer defeated Allyson Hays in straight sets, dominating her for a 6-1, 6-1 win.

The top two singles matches were close, with Clarion coming very close to earning the win. Alexis Strouse kept it tight against Jillian Garrett at No. 1 singles but ultimately fell 6-3, 6-4, while Katie Benson fell in a second set tiebreaker to Val Matute. Methodist also took a pair of close wins in doubles, taking the No. 1 match by an 8-6 score and the No. 3 match in a tiebreaker.

Softball Drops Two on Final Day of Spring Games

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- [PREVIEW](#)
- [LIVE STATS](#)
- [WATCH LIVE](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

WINTER HAVEN, Fla. – The Golden Eagle softball team concluded their week at the PFX Spring Games on Friday, falling in a 13-11 shootout with Stonehill before dropping a 14-0 decision to Holy Family in the finale.

Clarion (0-10) enjoyed some timely hitting during the first game of the day, battling back from a big deficit against the Skyhawks. The Golden Eagles had the potential go-ahead run at the plate in the bottom of the sixth inning, after [Chelsea Liroff](#) and [Aryn Boyer](#) led off the inning with back-to-back singles. Stonehill buckled down, though, retiring [Allison Gilliam](#), [Carissa Giordano](#) and [Makenzie Wolfe](#) in order to end the threat. The Skyhawks posted a 1-2-3 bottom of the seventh to seal the win.

[Jessica Cartia](#) was the main offensive driver against Stonehill, going 2-for-6 with a two-run home run

and a three-run double. The latter came in the bottom of the fifth inning with the bases loaded, clearing the decks and pulling the Golden Eagles to within 13-11. The home run came as part of back-to-back shots, with Rebecca Kelley adding a solo shot immediately after Cartia.

Maycee Shumaker put the Golden Eagles ahead 2-1 with a two-run single in the first inning, scoring Wolfe and Giordano. Stonehill added three runs in the top of the second to retake the lead, but Cartia and Kelley added back-to-back RBIs in the bottom of the second to make it 5-4. The Skyhawks took the lead for good with a six-run third to make it 10-5.

The late game featured plenty of fireworks by Holy Family, who tallied nine runs in the second inning and five runs in the third. Clarion's best opportunity to score came in the third when Gilliam and Molly Cowden reached with one out, followed by a two-out single by Giordano to load the bases. Wolfe grounded into a fielder's choice to end the inning, and Holy Family maintained the lead to end the game in five innings.

Wrestling Heads to First MAC Championships

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March 7-8 | 2020 MAC Championships
DeKalb, Ill. | NIU Convocation Center

How to Watch

Saturday's first round and quarterfinal matches will be streamed on NIUHuskies.com, with links to each individual mat available. Starting with the semifinals on Saturday night, full broadcasts will also be available on ESPN+. All video links are available on this preview.

Quick Shots

- The Golden Eagle wrestling team will compete in its first-ever Mid-American Conference Championships this weekend, when they head to Northern Illinois for the 2020 championship tournament
- Clarion enters the weekend fresh off of a dual meet victory against Edinboro, capping off a fantastic first season in the MAC for the Golden Eagles
 - Clarion went 10-6 overall and 7-4 in the conference, besting all three of their in-state rivals – Edinboro, Bloomsburg, and Lock Haven – for the first time since the 1991-92 season
- At 10-6 overall, Clarion posted their third straight season with a dual match record at or over .500, their first such run since a nine-year stretch from 1978-79 to 1986-87
- The Golden Eagles have five wrestlers pre-seeded in the top-8 in their respective weight classes, including top-seeded Greg Bulsak (197) and second-seeded Brock Zacherl (149)
- Three Golden Eagles enter the weekend in the national rankings:
 - Brock Zacherl is 11th in the NCAA coaches' panel rankings, 11th in the InterMat rankings, and 12th according to FloWrestling
 - Greg Bulsak ranks 12th in the NCAA coaches' panel rankings, 11th by FloWrestling and 13th by InterMat
 - Ty Bagoly is currently ranked 28th in the NCAA coaches' panel rankings
- Brock Zacherl won his 112th varsity match at Edinboro, moving him into sole possession of 16th on Clarion's all-time wins list
 - Earlier this year, Zacherl took seventh place at the Cliff Keen Las Vegas Invitational
 - Zacherl finishes his career with a 59-2 dual match record
- Greg Bulsak leads the Golden Eagles with nine wins by fall on the season, as well as 15 total bonus victories
 - Bulsak was a three-time MAC East Wrestler of the Week over the course of the regular season
 - Bulsak took sixth place at the Cliff Keen Las Vegas Invitational earlier this year

- Jake Gromacki (125) has won eight of his last nine matches as he builds momentum for the conference tournament
 - Gromacki was a 2017 NCAA qualifier at 125 pounds, and was sidelined for nearly two full years due to a knee injury suffered in the 2017-18 season
- Senior Mike Bartolo has also been on a roll of late, winning four of his last five matches
- Earlier this year the Golden Eagles enjoyed an eight-match win streak, their longest single-season dual match win streak since the 1993-94 season

The Lead

After a successful 10-6 season, the Clarion wrestling team looks to settle scores and produce upsets at the MAC Championships. This year's Championships will be hosted at Northern Illinois.

Competition kicks off at 11 a.m. ET, with four mats rolling for the first round and quarterfinals. Video links for those mats are available on NIUHuskies.com. Semifinal action begins at 5 p.m. ET. Full broadcasts will be available on ESPN+.

Schedule of Events (All times CT)

Saturday, March 7, 2020

9:00am Doors open to Public

9:57am National Anthem

10:00am Opening Round (70 Matches, 4 Mats)

12:30pm Championship Quarterfinals (40 Matches, 2 Mats)

Consolation Round 1 (40 Matches, 2 Mats)

4:00pm Championship Semifinals (20 Matches, 2 Mat)

Consolation Round 2 (40 Matches, 2 Mats)

(Consolation Round 2 moves to all three mats once Championship Semifinals are concluded)

Sunday, March 8, 2020

11:00am Doors Open to Public

11:57am National Anthem

12:00pm Consolation Quarterfinals (20 Matches, 4 Mats)

12:45pm Consolation Semifinals (20 Matches, 4 Mats)

1:30pm Championship Finals Parade & Face Off Introductions

1:40pm Championship Finals, 3rd Place, 5th Place

and 7th Place Matches (4 Mats)

NCAA qualifying spot matches to follow if necessary

NCAA Allocations for MAC Championships

125 – 3

133 – 5

141 – 5

149 – 5

157 – 6

165 – 2

174 – 4

184 – 3

197 – 4

285 – 4

Total - 41

Golden Eagles Pre-Seeded at MAC Championships

Jake Gromacki - 125 - 6th

Brock Zacherl - 149 - 2nd

Mike Bartolo - 165 - 6th

Greg Bulsak - 197 - 1st

Ty Bagoly - 285 - 6th

Last Time Out

The Golden Eagles defeated Edinboro in their final dual match of the season, riding five victories to a 17-16 decision. Brock Zacherl scored a late takedown in a 3-1 victory over Tyler Vath, while Mike Bartolo won a 9-6 decision over Derek Ciavarro in a back-and-forth bout. Greg Bulsak overcame an early deficit to take a 8-4 decision over Dylan Reynolds, and Jake Gromacki won his seventh straight match in characteristically tight fashion, pulling out a 3-1 win over Lucas Rodriguez.

Three Golden Eagles in Third NCAA Rankings

The NCAA released its third batch of Coaches' Panel rankings, as well as its second RPI listing, on Feb. 27, with three Golden Eagles appearing in both sets of rankings. They are two of the rankings the NCAA will use in determining automatic qualifier allocations for conference championships, as well as determining the final field for the NCAA Championships in March.

Brock Zacherl - 11th coaches, 14th RPI

Greg Bulsak - 12th coaches, 8th RPI

Ty Bagoly - 28th coaches, 23rd RPI

Consistent Stars

Brock Zacherl and Greg Bulsak are both All-American contenders, and their consistent performances have been the catalyst for Clarion's solid season. Zacherl and Bulsak are a combined 27-3 in dual matches and 21-1 in MAC duals, providing key team points in every Clarion win. All eight of their combined losses have come to ranked wrestlers.

On the national level, both Zacherl and Bulsak have placed at the Cliff Keen Las Vegas Invitational in each of the last two years. Zacherl placed fourth in 2018 and seventh in 2019, while Bulsak took sixth place in each of the last two years there.

Bulsak MAC East Wrestler of the Week

Greg Bulsak received his third MAC wrestler of the week award of the season after wins over Kent State and Rider. On February 14 he recorded a 6-1 decision over Kent State's Colin McCracken, helping the Golden Eagles to a 30-8 win over the Golden Flashes. That snapped a nine-match losing streak to Kent State and represented Clarion's first win over the Golden Flashes since the 2000-01 season. He followed that up with a virtuoso performance on February 16 against Rider's Ethan Laird, who entered the weekend ranked 12th in the previous NCAA coaches' panel. Bulsak dominated Laird in an 8-1 decision.

- Bulsak previously won the MAC East Wrestler of the Week award two other times this season. He took the award on Nov. 6 after winning the Clarion Open 197-pound bracket, and again on Dec. 6 after taking sixth at the Cliff Keen Las Vegas Invitational.

Climbing Up the Ladder

Brock Zacherl recorded his 112th career varsity win on February 23 against Edinboro, passing Dan Payne and Ken Haselrig for sole possession of 16th place on the all-time wins list. Zacherl is the 21st member of the 100-win Club at Clarion, and the first Golden Eagle to top 100 wins since James Fleming. Zacherl now boasts a record of 112-16 all-time, including a 59-2 mark in dual matches dating back to the 2015-16 season. Zacherl is now closing in on Kurt Angle and Frank Edgar, two of Clarion's most iconic grapplers.

- Here is a look at who lies immediately ahead for Zacherl.

12. Frank Edgar (120-55)
13. Kurt Angle (116-10-2)
- T-14. Paul Clark (113-26-1)
- T-14. Ken Nellis (113-28-5)
16. Brock Zacherl (112-16)

Jake's Surge

It was a slow start to the season for Jake Gromacki, but the sixth-year senior has been at his best over the last few weeks. Gromacki has won eight of his last nine matches, including a fifth-place finish at the Edinboro Open. Gromacki went 5-1 in the MAC this year, including a 5-0 mark at 125 pounds.

His Best to Date

Mike Bartolo has been consistent over the course of his career, but 2019-20 has been thus far his best season yet. The senior set a career-high in wins this season with an 10-9 record, including wins in his last three MAC matches.

Golden Eagles on the Rise

With their win over Bloomsburg earlier this year, the Golden Eagles clinched a .500 or better season for the third straight year. With a recent history of ups and downs and little prolonged success, Clarion's three-year run is an encouraging sign for the program. Next season, Clarion is set to retain seven of their ten starters.

Expanded #MAcTion

The Mid-American Conference (MAC) announced a historic membership expansion last March, with the seven former Eastern Wrestling League (EWL) programs joining the MAC as affiliate members starting in 2019-20. Now with 15 members, the MAC is the second-largest Division I wrestling conference in the country. Clarion has had a tremendous first season in the MAC, going 7-4 in the conference.

Postseason Histories

- Brock Zacherl is the lone former conference champion on the Golden Eagles' roster, winning the EWL Tournament at 141 pounds in 2016. He followed up his title with two consecutive runner-up finishes in the next two seasons before missing most of last season with an injury. A three-time NCAA qualifier at 141 pounds, Zacherl's best performance at NCAA's was in 2018, when he came just one win shy of the podium.

- Greg Bulsak is a two-time NCAA qualifier, making the tournament at 184 pounds as a redshirt

freshman and at 197 pounds as a sophomore. He earned his spot in the former by beating Bloomsburg's Trevor Allard at the EWL Championships in 2018, and last year was an at-large selection.

- Jake Gromacki qualified for the 2017 NCAA Tournament after finishing second at 125 pounds in the EWL Tournament to eventual All-American Sean Russell (Edinboro). Gromacki went 1-2 at NCAA's, losing to current Clarion assistant coach Nathan Krassier in the first round.
- Taylor Ortiz earned an at-large bid to the 2018 NCAA Tournament at 149 pounds after a strong stretch run, including a second-place finish at the EWL Championships to Ronnie Perry, who went on to reach the national final that year. Ortiz was off to a good start last year before suffering a season-ending injury at the Cliff Keen Las Vegas Invitational.

Hitting the Books

Head coach Keith Ferraro has prioritized the academic performance of his athletes, and the results speak for themselves. Last season, Clarion wrestling earned a public recognition from the NCAA for placing in the top 10 percent of NCAA wrestling squads in terms of academic progress rate (APR). Under Ferraro, Clarion wrestling has achieved a perfect 1000 APR score in two of four seasons with data, and the team's multi-year APR score increased from a NCAA bottom-ten 941 to a NCAA top-ten 993 during his time in charge.

Kings of the Keystone State

For the first time in nearly 30 years, the Golden Eagles went undefeated against their former PSAC/EWL rivals in the state of Pennsylvania. Clarion went 3-0 against the triumvirate of Bloomsburg, Edinboro and Lock Haven in 2019-20, the first time they did that since the 1991-92 season.

- The Golden Eagles' 20-16 win over Lock Haven on December 21 was the first victory over the Bald Eagles since the 2013-14 season, and represented the first MAC win for Clarion since they joined the conference.
- Clarion beat Edinboro 17-16 on February 23, marking their second straight win over the Fighting Scots. The Golden Eagles had not beaten Edinboro in back-to-back seasons since the 1990-91 and 1991-92 campaigns.

Proud History

Clarion wrestling enjoys a long, proud history, both on the regional and national levels. The Golden Eagles have produced eight national champions and 46 All-Americans throughout history. Two of those national champions were recognized on the NWCA/NCAA 75th Anniversary All-Time Collegiate Team in 2005 - Kurt Angle (1988-92) and Wade Schalles (1971-74).

In addition, former head coach Bob Bubb was inducted into the National Wrestling Hall of Fame in 2005 after a 26-year coaching career that ended in 1992 with 322 career dual wins and a seven individual national champions. Bubb also served as the Secretary Rules Editor of NCAA wrestling from 1989-2011, Executive Director of the NWCA from 1995-99, and Chair of the NCAA Wrestling Committee from 1987-89.

"The Little Giants of Wrestling"

Clarion wrestling first rose to national prominence in the early 1970's, when the Golden Eagles

combined for five individual titles in two years. Gary Barton and Wade Schalles won individual titles in 1972, while the trio of Schalles, Don Rohn and Bill "Elbows" Simpson all won in 1973.

Barton's title in 1972 was significant in that he entered the bracket as an unseeded entry and proceeded to defeat the #1, #2, #4 and #5 seeded entries in the 134-pound bracket to claim the national championship. Rohn's national championship came when he was a true freshman.

About the Coach

Keith Ferraro is in his sixth year as Clarion's head wrestling coach in 2019-20. He was named head coach on December 16, 2014, after serving as interim head coach on September 25th. He is only the eighth head wrestling coach in school history.

The Golden Eagle program has made tremendous strides under Ferraro's tutelage, with perhaps no more telling figure than the number of NCAA qualifiers the Golden Eagles have produced. The team that Ferraro took over in 2014-15 went 1-16 in dual matches and sent no wrestlers to the NCAA Championships. The Golden Eagles have produced multiple NCAA qualifiers in every year since then, including four in 2017-18, tied for the most in a single season since the Golden Eagles sent five wrestlers to the 2004 Championships.

Clarion has enjoyed dual match success as well as individual, with the Golden Eagles turning into a formidable presence in a dual setting. They improved by six wins from Ferraro's first year to his second, and in 2017-18 the Golden Eagles recorded their first winning dual season since the 2002-03 season. With a 7-7 dual match record in 2018-19, Clarion had their first back-to-back seasons of .500 or better since 1994-95. With a 10-6 mark this year, the Golden Eagles have hit the standard in three straight years for the first time since the 1980s.

Print Friendly Version

PLAYERS MENTIONED

#157 James Fleming

5' 9"

157 lbs

Senior

Ty Bagoly

184

Sophomore

Mike Bartolo

157

Redshirt Junior

Greg Bulsak
197

Redshirt Sophomore

Jake Gromacki
133

Redshirt Senior

Taylor Ortz
141

Redshirt Sophomore

Brock Zacherl
149

Redshirt Senior

Softball Falls to Bridgeport, UMSL at PFX Spring Games

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Next Game:
vs. Stonehill College
3/6/2020 | 10:15 AM

- [PREVIEW](#)
- [LIVE STATS](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

WINTER HAVEN, Fla. – The Golden Eagle softball team fell in a pair of games at the PFX Spring Games on Thursday, dropping a tight 5-4 decision to Bridgeport in the early game before losing 11-0 to Missouri-St. Louis in the nightcap. Clarion (0-8) will close the tournament out on Friday with games against Stonehill and Holy Family.

The opening game against the Knights saw the Golden Eagles erase a 3-1 deficit to take a 4-3 lead in the top of the fifth inning. Rebecca Kelley tortured Bridgeport pitcher Miranda Hillman with a 4-for-4 game, including two RBIs and a run scored. Kelley hit her second home run of the season in the top of the third inning to tie the score at 3-3. Her home run was the second of a back-to-back stretch, as Jessica Cartia also added her second dinger of the year in the same half-inning. Chelsea Liroff put the Golden Eagles ahead 4-3 in the sixth inning, roping a single down the left field line to bring Beka McClymonds around on a score.

Laura Sadowski (0-2) entered the game in relief of Kelley and threw 4.1 innings, allowing two runs on four hits in that span. She posted a series of zeroes on the scoreboard until the sixth inning, when Taylor Yates hit a two-run home run to put Bridgeport ahead 5-4. Clarion had the go-ahead run at the plate in the seventh after Kelley led the inning off with a single, but Maycee Shumaker hit into a 6-4-3 double play to clear the bases. Haley Pszyk drew a two-out walk to keep the fight alive, but Liroff struck out to end the threat and the game.

The game against the Tritons started out close but turned into a rout as it went on, as Missouri-St. Louis led by just 1-0 until the top of the fourth inning. Clarion had opportunities to take the lead early on, including a bases-loaded situation in the bottom of the first inning. The Golden Eagles were unable to bring anyone across, though, and neither team scored again until the fourth inning. The Tritons homered three times in the inning to build a 5-0 lead, and then tacked on six more runs in the sixth inning to seal the win.

Clarion Swimming & Diving Announces 2020 Summer Camps

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Clarion Swimming & Diving Online Registration Page

Clarion Swimming & Diving Overnight Camps

Session I: June 14-18

Session II: June 21-25

Cost

Overnight: \$375

Commuter: \$275

Fees include room, meals and a camp t-shirt. **A \$100 registration deposit is required for registration.** Those electing to sign up online will be required to either pay in full, or to pay the deposit and bring a check for the remaining amount upon their arrival.

Discounts

A discounted price of \$350 will be offered for the following:

- Registering a second child from the same family
- Purchasing additional weeks
- Groups of 10 or more submitted together

Meet the Coaches

Brehan Kelley, Head Swimming & Diving Coach

In her 10th season of coaching at Clarion. Specializes in technique, drills and instructions. She has an extensive background in nutrition and dryland. She has been an instrumental part of rebuilding the program and increasing the overall success of the program both in and out of the pool.

Dave Hrovat, Diving Coach

In his 30th year of Coaching Diving at Clarion. He has been named NCAA Coach of the year 26 times. Coach Dave has brought a wealth of knowledge and experience to the Diving Camp. Additional Diving Coaches

helping with camp will be Kim Hrovat and Heath Calhoun both assistant coaches are former NCAA Division II national Champions.

Riley Hilbrandt, Assistant Coach

Riley in his her first year as an assistant men's and women's swimming & diving coach. A former Division I athlete with experience in college coaching, she came to Clarion after having spent a year at Wooster. Riley spent her summer before coming to Clarion working 3 different summer camps to enhance her skills including preparing practices and dry land workouts, perfecting athletes' technical skills, recruitment and social media promotion.

Other Coaches

Heath Calhoun (diving coach at Westminster) and Kim Hrovat (Diving), as well as Clarion University swimming and diving team members.

More Details

- Campers are assigned roommates according to preferences listed on the application. Campers will be staying at the Valley View Suites located on campus, just a short walking distance to the pool and cafeteria.
- Residence hall rooms are assigned two per room. 4 per quad.
- Tippin Natatorium Facilities: a beautiful newly renovated 6 lane, 25-yard competitive pool with deck and balcony area for spectators. Complete with a brand new Daktronics starting system, including 2 computerized pace clocks, stereo sound system, completely equipped with wifi; Diving well separated by a moveable bulkhead with two one-meter maxiflex boards and two three meter maxiflex boards mounted on concrete stands.
- 4. Swimming and Diving Sessions are conducted at Clarion University of Pennsylvania, in Clarion, Pa., just two miles off Interstate 80, Exit 64, in Northwestern Pennsylvania.

Mandatory Medical Forms

Please download the mandatory medical form and release form, and return via email to Brehan Kelley at bheebner@clarion.edu. *Note: if you download and open via Adobe Acrobat, you should be able to fill the form out digitally.*

Stroke Start & Turn Clinic

Session I: June 27

Session II: June 28

A two-day clinic recommended for swimmers ages 8-18, or members of a swim team.

The clinic will run from June 27-28 from 1-3 p.m. Campers may attend one or both sessions, with a \$25 discount offered to those who attend both.

Meet the Coaches

Brehan Kelley, Head Swimming & Diving Coach

In her 10th season of coaching at Clarion. Specializes in technique, drills and instructions. She has an extensive background in nutrition and dryland. She has been an instrumental part of rebuilding the program and increasing the overall success of the program both in and out of the pool.

Riley Hilbrandt, Assistant Coach

Riley in his her first year as an assistant men's and women's swimming & diving coach. A former Division I athlete with experience in college coaching, she came to Clarion after having spent a year at Wooster. Riley spent her summer before coming to Clarion working 3 different summer camps to enhance her skills including preparing practices and dry land workouts, perfecting athletes' technical skills, recruitment and social media promotion.

Mandatory Medical Forms

Please download the [mandatory medical form](#) and [release form](#), and return via email to [Brehan Kelley](mailto:Brehan.Kelley@clarion.edu) at bheebner@clarion.edu. *Note: if you download and open via Adobe Acrobat, you should be able to fill the form out digitally.*

Print Friendly Version

PLAYERS MENTIONED

Heath Calhoun

Diver

Senior

Tennis Moves Coker Match to Tuesday, Falls 7-0

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- [PREVIEW](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

HILTON HEAD ISLAND, S.C. – In an effort to avoid inclement weather due on Wednesday, the Golden Eagle tennis team took the courts against Coker on Tuesday evening, with Clarion falling to the Cobras by a 7-0 score.

The closest match of the evening was the No. 1 doubles match, where *Alexis Strouse* and *Katie Benson* gave Charlotte Clarke and Gabriela Del Val a run for their money. The Golden Eagles' top duo kept the doubles match close but ultimately fell by a 6-3 score. The Cobras took the other two matches by 6-0 scores for the doubles point.

Coker carried that momentum over into the singles session, sweeping all six singles matches en route to the team win. The Cobras lost just a single game in singles action, with *Hannah Schettler* taking one off Zoe Heed.

Tennis Drops 6-1 Decision to Spring Arbor

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Next Match:
vs. Coker University
3/3/2020 | TBA

- [PREVIEW](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

HILTON HEAD ISLAND, S.C. – The Clarion women's tennis team put up a battle against Spring Arbor on Tuesday, but the Golden Eagles ultimately fell in a 6-1 decision at Hilton Head Island. Clarion (2-4) will continue action tomorrow when they face off with Coker.

Kali Aughenbaugh scored the lone point for the Golden Eagles, overcoming Morgan Summons in a hotly contested three-set match at No. 3 singles. Aughenbaugh got the best of Summons in the first set with a 6-0 sweep, though Summons came back and edged Aughenbaugh by a 6-4 score in the second. That led to a third set tiebreaker, with Aughenbaugh easily outpacing Summons for a 10-4 win in the set.

The Cougars started the day by sweeping the doubles session, but Clarion made it a difficult day throughout the singles lineup. Alexis Strouse lost in a very close, back-and-forth No. 1 singles match, with Sela Clifford edging her 6-4, 7-5. Katie Benson and Hannah Schettler rebounded from tough first sets to push their opponents to the limit in the second, but the Cougars were able to hold off the Clarion squad en route to the win.

Softball Finishes Third Day at PFX Spring Games

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- [PREVIEW](#)
- [LIVE STATS](#)
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- [ROSTER](#)
- [MATCHUP HISTORY](#)

WINTER HAVEN, Fla. – The Golden Eagle softball team continued their stay at The Spring Games on Tuesday, falling 12-4 to West Virginia Wesleyan and 8-1 to Findlay on the third day of the tournament. Clarion (0-6) will be off tomorrow and resume action on Thursday.

Clarion started the day by taking an early lead on West Virginia Wesleyan, with Haley Pszyk hitting her first home run of the season in the top of the first inning. The bomb over the left-center fence scored Jessica Cartia and put the Golden Eagles ahead by a 2-0 score. Their opponents responded with a five-spot in the bottom of the inning to take the lead, though Carissa Giordano cut into the deficit with an RBI double that scored Rebecca Kelley.

The Bobcats extended their lead in the third and fourth innings, with Molly Osborn and Kiley Turner hitting home runs to make it 12-4. Turner's clout was the clincher, as it put West Virginia Wesleyan ahead by eight runs in the bottom of the sixth.

The long ball continued to play a factor in the late game, as all nine combined runs between the Golden Eagles and Oilers came off home runs. Findlay took a 4-0 lead in the first inning on home runs by Caroline Turner and Savannah Harvey, and Turner added a second home run in the second to make it 6-0. Kelley hit her first home run of the season in the bottom of the sixth inning to cut into the lead, but Findlay closed it out for the win.

Softball Falls to Charleston, Concordia (NY) in Close Games

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- [PREVIEW](#)
- [LIVE STATS](#)
- [FULL SCHEDULE](#)
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- [MATCHUP HISTORY](#)

WINTER HAVEN, Fla. – The Golden Eagle softball team dropped another pair of close contests on Monday afternoon, falling 2-0 to Charleston (W.Va.) and 4-3 to Concordia (N.Y.) on the second day of the Spring Games. Clarion (0-4) will try to right the ship on Tuesday when they face off with West Virginia Wesleyan and Findlay.

For the second straight day, the Golden Eagles kept it close with their opponents, and in the late game against Concordia sent the potential winning run to the plate. However, both of their opponents were able to keep those runs from coming across, including a one-hit shutout by Charleston in the early game and a timely double play for Concordia in the nightcap.

Laura Sadowski (0-1) had the start in the early game and was effective in her 6.0 innings pitched, allowing just two runs and one walk. The lone blemish on her day came in the bottom of the fourth inning when back-to-back RBI singles by Charleston allowed the *other* Golden Eagles to score their

only runs of the game. On the opposite side, Carlee Lucas held Clarion to just one hit, a flare to the outfield by Aryn Boyer in the top of the third inning.

Clarion's best chance for runs against Charleston came in the fifth inning, when Sadowski reached base after being hit by Lucas. Pinch runner Natalie Stoner stole second and Makenzie Wolfe walked to put two runners on, and Clarion eventually put runners on second and third with one out. Lucas induced back-to-back popouts to end the threat.

In the late game against Concordia, the Golden Eagles were the ones to strike first. Noelle Murray led the third off with a single, followed by a walk for Carissa Giordano. Chelsea Liroff brought them both around to score on a two-run single, driving the ball to left center to put the Golden Eagles up 2-0. Concordia responded with three unearned runs in the top of the fourth inning to take the lead, and added a fourth tally in the top of the sixth inning to make it a 4-2 game. Molly Cowden pulled her team to within one run with heads-up baserunning, scoring on an error by the first baseman to make it 4-3. Murray led off the bottom of the seventh with a single, but Giordano lined into a double play and Concordia survived the threat.

Rebecca Kelley (0-1) looked strong in her first appearance of the season, throwing 7.0 innings and allowing four runs, with just one earned.

Match Recap: Tennis | 3/2/2020 10:13:00 AM

Tennis Falls in Spring Opener vs. Florida Southern

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Next Match:
vs. Coker University
3/3/2020 | TBA

- [PREVIEW](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

HILTON HEAD ISLAND, S.C. – The Clarion tennis team kicked off their spring slate on Monday morning in Hilton Head Island, falling by a 7-0 score to Florida Southern. The Golden Eagles (2-3) will take on Spring Arbor tomorrow afternoon.

The Mocs started the day by sweeping the doubles session. [Alexis Strouse](#) and [Katie Benson](#) competed at No. 1 doubles, falling by a 6-0 score to Laura Vetter and Minnie Kim, and Florida Southern won each of the ensuing doubles matches to take the double point.

Strouse had some better luck against Vetter in the No. 1 singles match, taking a game off her in the second set but ultimately falling by a 6-0, 6-1 score. [Sarah Kirmeyer](#) also won a game in the second set, taking one from Gabby Hesse in the No. 6 singles match. The Mocs won the remaining matches in straight sets for the shutout victory.

Florida Southern 7, Clarion 0

Doubles

1. Laura Vetter/Minnie Kim (FSU) def. Alexis Strouse / Katie Benson (CLAR) 6-0
2. Magda Stepnik/Mathilda Vidgren (FSU) def. Kali Aughenbaugh / Hannah Schettler (CLAR) 6-0
3. Isabella Bolivar/Gabby Hesse (FSU) def. Hailey Germanoski/Sarah Kirmeyer (CLAR) 6-0

Singles

1. Laura Vetter (FSU) def. Alexis Strouse (CLAR) 6-0, 6-1
2. Minnie Kim (FSU) def. Katie Benson (CLAR) 6-0, 6-0
3. Magda Stepnik (FSU) def. Kali Aughenbaugh (CLAR) 6-0, 6-0
4. Lola Asis (FSU) def. Hannah Schettler (CLAR) 6-0, 6-0
5. Mathilda Vidgren (FSU) def. Hailey Germanoski (CLAR) 6-0, 6-0
6. Gabby Hesse (FSU) def. Sarah Kirmeyer (CLAR) 6-0, 6-1

Baseball ends the Weekend at PSAC / Mountain East Challenge

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- [PREVIEW](#)
- [WATCH LIVE](#)
- [FULL SCHEDULE](#)
- [ROSTER](#)
- [MATCHUP HISTORY](#)

GLENVILLE, WV - Closing out the weekend at day three of the PSAC / Mountain East Challenge, the Clarion baseball team fell to host Glenville State 5-2 on Sunday afternoon. Clarion falls to 1-9 overall on the young season, while Glenville State improves to 7-3.

Unlike most games this season Clarion wasn't the first team to take the lead early. The Pioneers scored first, picking up three runs in the bottom of the third after an error started the scoring.

Clarion starter [*Kyler Mellott*](#) ended the inning with a strikeout but the damage was done as Glenville State picked up three runs on four hits and one error.

Clarion answered the call in the top of the fourth, scoring one run on a [*Thomas Lavin*](#) homer as he tried to spark the Golden Eagle offense. Trailing 3-1 heading into the bottom of the fifth, Glenville State added an insurance run with a homerun of their own off the bat of Ty Phillips.

Again like clockwork, the Golden Eagle offense struck back in the top of the sixth with one run of their own as Lavin again was the money man, doubling to center field, scoring Chandler Palyas from second who reached on an error and swiped a bag to lead off the inning.

Threatening down 4-2 heading into the bottom of the eighth, Clarion was once again plagued by the deep ball as Glenville State homered to right field building the lead to three at 5-2.

Unable to forge a comeback Clarion stranded two runners on base in the top of the ninth as they ultimately fell to the Pioneers 5-2.

Clarion picked up two runs on six hits, compared to Glenville State's five runs on 11 hits.

Mellott got the start for the Blue and Gold tossing six full innings, allowing eight hits and four runs while striking out five. Josh Kirwin and Kyle Thompson filled in, in relief each tossing a single inning. Kirwin allowed one hit, striking out one and Thompson allowed two hits and one run.

Lavin paced the offense going 2 for 4 on the afternoon driving in both the Clarion runs.

Playing five games in three days, Clarion will be back in action next weekend as they head to Cary, North Carolina to play in the D-II Challenge vs Cancer over spring break. The Golden Eagles will open the weekend with Fairmont State at 11:30 am and play in the night cap against New Haven at 3:00 pm.

Softball Opens Season at PFX Spring Games

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- [ROSTER](#)
- [MATCHUP HISTORY](#)

WINTER HAVEN, Fla. – The Clarion softball team opened their 2020 season on Sunday with a pair of hard-fought losses, dropping a 9-7 decision to USciences and a 5-4 matchup with Saint Rose on the first day of the PFX Spring Games.

The Golden Eagles had late opportunities in each game but came up just short, with the potential go-ahead runs on base in both contests. The game against USciences saw Clarion put on a major rally, scoring five runs in the fifth and sixth innings and putting runners on second and third in the seventh. Clarion had runners on first and second in the seventh inning against Saint Rose, but the Golden Knights were able to escape the inning before the tying run could come across.

Makenzie Wolfe went 3-for-3 with three RBIs and two runs in the first game, while freshman Carissa Giordano added a 2-for-3 performance with two RBIs against the Devils. Giordano drove in the first runs of the season to give Clarion a 2-0 lead over USciences, lining a single to plate Hannah Norton and Chelsea Liroff in the top of the second inning. The Devils responded with a big inning in the bottom of the second, scoring eight and adding another in the third to make it a 9-2 lead. Wolfe

started the process of erasing that lead with a three-run double into the right-center gap, cutting the lead to 9-5. Liroff brought her around with a line drive single into left field, and Natalie Else rapped an RBI single in the top of the sixth to cut the lead to two runs. The Golden Eagles loaded the bases with no outs in the top of the seventh inning, but Wolfe was thrown out at home on Aryn Boyer's fielder's choice, and Giordano hit into an inning-ending double play to end the game.

Megan Peterson entered in relief of Macy Rubin (0-1) and had an excellent outing, allowing five hits and one run in 4.1 innings pitched. She struck out three and walked none, keeping the Golden Eagles close.

Clarion rallied from a 4-1 deficit in the game against the Golden Knights as well, with Allison Gilliam and Alexis Boie sparking the first part of the rally. Gilliam drew a walk to lead off the inning and Boie smacked a double to put runners in scoring position. Katie Zamoski followed that up with a productive groundout, pushing the ball to the right side of the infield to score Gilliam and make it 4-2. Boie crossed the plate on a wild pitch to make it 4-3 before the end of the fifth. Jessica Cartia delivered the equalizer to lead off the sixth inning, driving a pitch over the center field fence for her first home run of the season to make it 4-4. Saint Rose countered with a leadoff homer of their own in the seventh, and the Golden Knights escaped a jam in the seventh for the win.

Field Posts Points on Final Day of PSAC Championships

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EDINBORO, Pa. – The Clarion track & field team concluded their weekend at the 2020 PSAC Indoor Championships on Sunday, taking 13th place. The Golden Eagles scored six team points on the weekend, all of which came in Sunday's events.

Emma Pesicka and Shelly Jones both racked up scoring performances in the Shot Put, with Pesicka placing sixth and Jones eighth in the event. Pesicka came close to tying her collegiate PR in the event with a toss of 12.32m, making her the highest-placing athlete for the Golden Eagles on the weekend. Jones put the shot 12.04m to take the last scoring spot in the field.

Hope McQueeney made her way on to the podium with a strong performance in the Triple Jump, clearing a distance of 11.14m to take seventh. While not a PR, it represented her best jump since setting that PR on February 1 and the second-best of her career.

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PLAYERS MENTIONED

Emma Pesicka
Throws

Freshman

Hope McQueeney
Jumps

Freshman

Shelly Jones
Throws

Freshman