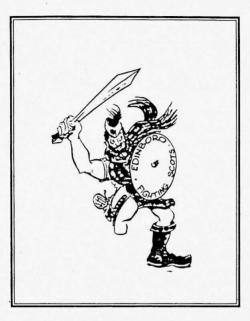
1995 FIGHTING SCOTS SWIMMING CAMP



JUNE 4 - JUNE 9 JUNE 11 - JUNE 16 JUNE 18 - JUNE 23 JUNE 25 - JUNE 30 JULY 2 - JULY 7

EDINBORO UNIVERSITY Edinboro, Pennsylvania

CAMP DIRECTORS
KENWYN CHOCK
ED ERDOS

HEAD COACH KENWYN CHOCK

Coach Kenwyn Chock has been coaching the past 18 years USS Age-Group Swimming in the Pennsylvania, Ohio, and New Jersey area. ASCA level 4 Coaching Certification. Kenwyn has coached many senior level swimmers. Kenwyn's most recent senior swimmer was named "Rookie of the Meet" at the Spring Phillip 66 Senior National Meet in Nashville, Tennessee. Kenwyn also coached the top high school Ohio male swimmer 1992-1994. She was named Ohio high school swimming coach of the year. Kenwyn became the head men's and women's coach at Edinboro in 1995.

ED ERDOS

Head coach at Edinboro from 1971-1986. PSAC coach of the year twice. Inducted into the Edinboro University Hall of Fame 1992. Has many contributions to the sport of swimming at Edinboro University.

SWIMMING CAMP

Stroke Development

June 4 - June 9

June 11 - June 16

June 18 - June 23

June 25 - June 30

July 2 - July 7

Elite Camp

June 4 - June 9

June 11 - June 16

June 18 - June 23

June 25 - June 30

July 2 - July 7

Fees: Stroke Development and Elite Camp

\$200.00 per week session, \$10.00 discount each additional family member, \$70.00 registration deposit.

ELIGIBILITY

Stroke Development Camp

Anyone with competitive swimming experience in a USS club, school team, summer club, YMCA, country club, or other organizations.

Elite Camp

Any boy or girl who has participated in a moderate-to-intense yardage program who would like to maintain this training level while improving stroke technique.

GENERAL INFORMATION

- 1. Girls and boys ranging from 10-18 years of age.
- Campers will be assigned according to preferences listed on application. Be sure to number first, second, and third choice on the line next to each week.

FEES

\$200.00/\$10.00 Discount Additional Members of Family

This fee includes the camper's housing (University dormitories with a roommate), meals (all served at the Van Houten Dining Hall), camp T-shirt, video tape, and awards.

CAMP STAFF

All counselors will be certified in basic lifeguarding, first-aid, and CPR. This year's staff includes prominent college and high school swim team coaches. All swimmers will be under continual supervision by the camp staff and also University staff.

nature of Parent/Guardian

and doctors to

PARENT/GUARDIAN AUTHORIZATION: My

son/daughter had a recent physical examination and is physically able to participate ir of Pennsylvania of any responsibility should any accident occur. I give my consent for sor injuries.

Refunds will be given, provided Coach Chock receives notification one week prior to the beginning of camp

the equivalent) and that they remain until the end of the session, unless suspended for misconduct or breach	s suspended for misconduct or breach of discipline.
Type of Insurance	Policy #
Financial Information To confirm registration and reserve a place in camp send this application and a \$70.00 deposit to:	application and a \$70.00 deposit to:
Kenwyn Chock, camp director McComb Fieldhouse	Fee (\$200.00) \$
Edinboro University of Pennsylvania Edinboro, PA 16444	Less Additional Family Discount \$
	Less Deposit \$ 70.00
Make checks payable to: Edinboro Learn to Swim	Balance Due at Registration \$

INSURANCE AND WITHDRAWAL INFORMATION

A camper is admitted only upon the expressed condition that he or she has accident insurance (Blue Cross, Blue Shield, or

CAMP GOALS

Stroke Development Camp

- To provide instruction and analysis of the mechanics of the four competitive strokes.
- To provide instruction on starts and turns.
- To provide each swimmer with a surface and underwater video tape analysis of his or her strokes and turns.
- To inform swimmers in the area of proper diet and nutrition, weight training, and flexibility.
- Special sessions on how to develop pace for distance and individual medley events.
- Stimulate a desire to set goals, develop direction and have purpose in mind while training.
- Provide opportunities for enjoyment both in the pool and at our recreational facilities.

Elite Development Camp

8. To provide two strenuous workouts per day.

CAMP AWARDS

Every camper receives a souvenir T-shirt. Individual awards will also be given for attitude, improvement, and technique for both boys and girls.

LOCATION

Edinboro University is located in the northwest corner of Pennsylvania. Approximately 20 miles south of Erie. The resort town of Edinboro is within 100 miles of Cleveland, Buffalo and Pittsburgh. Very accessible from interstates 90, 80 and 79.

FURTHER INFORMATION

Kenwyn Chock, camp director McComb Fieldhouse Edinboro University of Pennsylvania Edinboro, PA 16444 Office: (814) 732-2584

Feel free to copy the application.