

EDINBORO STATE COLLEGE

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Summer '68*

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COLLEGE ARCHIVES

I N T R A M U R A L
R E C R E A T I O N

HANDBOOK
OF
INTRAMURAL-RECREATION
ACTIVITIES
FOR
MEN AND WOMEN

HEALTH AND PHYSICAL EDUCATION DEPARTMENT

CRAWFORD GYMNASIUM

732-3301 EXT: 396-202

EDINBORO STATE COLLEGE

EDINBORO, PENNSYLVANIA 16412

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SECTION I: GENERAL INFORMATION

To the participants - - Students, Faculty

A hearty welcome to each of you. May your stay at Edinboro this summer be both successful and enjoyable. We invite you to take part in a program that exists solely for your benefit - - the Intramural-Recreation program.

In order to provide opportunities for widespread participation the program includes a wide variety of competitive and recreational activities. Both team and individual activities are offered in the men's, women's and coed programs. More activities will be added as interest demands and facilities allow. Participation in the program is entirely voluntary, therefore the success of the program depends upon your enthusiasm and support. Leadership opportunities are also available for those willing to accept the challenge. Community services will be made available this summer in the form of a 4-H Horse Show and Instructional Swimming.

This recreation handbook has been developed to provide you with essential information about the program. It is to serve as your guide to recreation activities for the summer of 1968. Put it to good use and take an active part in your program.

A. PURPOSE

The purpose of the recreation program at Edinboro is to provide students, faculty and staff members with opportunities to engage in some type of physical activity which will be of value to them and to provide limited community service.

Benefits which can accrue to an individual who actively participates in physical activities are numerous and varied. You may enjoy one or more of the following through active participation in the intramural program:

1. Improving or maintaining your physical fitness level.
2. Relaxation from mental and emotional tension.
3. Practicing sport skills previously acquired.
4. Learning a new leisure time activity.
5. Developing self-control and sportsmanship.
6. Making new friends and acquaintances.
7. Experience the impact of group spirit and endeavor.

8. Appreciating the value of purposeful activity.

In short, our aim is to contribute to the well-being of the participants.

B. ORGANIZATION AND ADMINISTRATION

Faculty personnel include members of the Health and Physical Education Department. Student managers and officials assist in conducting the program.

Competitive programs for the men and women include both team sports and individual activities. In addition, coed competition, special programs and informal activities are offered.

STAFF:	TEL. EXT.	OFFICE NO.
<u>Pre-Session</u>		
Mrs. Judy Saurer	202	105
<u>Reg. Session</u>		
Mr. Fred Caro (1st 3 wks.)	396	102
Miss Nancy Acker (2nd 3 wks.)	202	103
<u>Post-Session</u>		
Mr. Hank Mariotti	396	102

C. EQUIPMENT AND FACILITIES

Equipment

Students may sign out recreational equipment from the Physical Education Equipment Room in the gymnasium without charge. Equipment consists of basketballs, softballs, bats, volleyballs, tennis rackets, badminton rackets, horseshoes, table tennis paddles, golf clubs and shuffleboard equipment.

Checked-out equipment must be returned no later than the day after its use. Equipment checked-out for the week-end must be returned Monday morning. All equipment must be returned immediately upon request of the Intramural-Recreation Director.

Facilities

The following facilities will be available for use:

Indoor:	swimming pool	basketball courts
	weight room	volleyball courts
	wrestling area	badminton courts
	gymnastic area	shuffleboard court
	table tennis tables	

Outdoor: track and field area
tennis courts
softball fields
horseshoe courts
bucket golf area

The college also makes use of community facilities for bowling, golfing, and swimming.

D. PUBLICITY

Students are informed about the Intramural-Recreation program through several media. It is important that students and other participants know what they are so that they may take advantage of their offerings.

Team Captains - - Individuals elected by members of their team to attend meetings for information will be disseminated.

Recreation Handbook - - This publication contains a calendar for the summer, recreation rules and league regulation, duties of Intramural-Recreation personnel, awards, etc.

The Spectator - - The college newspaper carries recreation news items in terms of the past, present and immediate future.

Bulletin Boards - - Located in the gym lobby, student union and dormitories carry league schedules, team standings and other important notices.

SECTION II: THE PROGRAM

The Director of Intramural-Recreation has the general task of coordinating the recreation program with the programs of other campus groups using the same athletic equipment and facilities. He also is responsible for directing the Student-Faculty and special programs.

A. STUDENT PERSONNEL

Officials

Officials play an important part on the recreation scene for without their help much of the joy of participating would be lost in highly competitive situations.

Team Captains

Team captains are to have their teams ready for play at the scheduled time, supply the scorers with the names of team members, control the conduct of their team during play and serve as spokesman for their team if disputes occur. Since the program is offered in part for the friendly contacts it can provide, the captain is expected to serve as a leader in maintaining a high standard of sportsmanship among the members of his team.

B. RULES AND REGULATIONS

Eligibility

1. All regularly enrolled students and faculty are eligible to participate in the Intramural-Recreation program.
2. No player may play on more than one team in a given sport or activity.

Forfeits

1. If a team or contestant fails to appear at the appointed place within 5 minutes after the scheduled time for the contest, the official in charge, at his discretion, may declare the game forfeited to the team or contestant ready to play.
2. A team shall forfeit any contest in which it uses an ineligible player.
3. Two forfeits by any team or individual in a given sport results in elimination from the league or tournament.

Protests

1. All protests must be made in writing and presented to the Intramural-Recreation Director within forty-eight hours after the contest in question has been played.
2. When a protest situation occurs, the team captain must notify the officials and the opponents immediately that the game is being continued under protest. Time, score, situations and other pertinent factors should be noted by the officials and the protesting team. Judgment decisions

by officials cannot be protested.

3. Eligibility protests should be called to the attention of the Intramural-Recreation Director before the offending team plays another game.

Postponements

1. Intramural contests may be postponed, if necessary. Such postponements must be made in consultation with the Intramural-Recreation Director at least twenty-four hours before the scheduled playing time and must be agreed upon by both teams.
2. Postponed games must be completed before the end of the league schedule. Games postponed in elimination tournaments must not slow up the normal progress of the tournament.

Health and Injuries

The Recreation Office is concerned about the health of all the participants, therefore, individuals with health problems are asked to report to the Director before participating in Intramural-Recreation activities. Injuries received during play should also be reported to the Director.

Sportsmanship

College students are expected to behave as mature individuals - - even in competitive play situations. The fun of participating is lost when contests are won through dishonesty and bickering over rules. A voluntary program is dependent upon the enjoyment and satisfactions it provides to the participants. Consideration for your fellow student, for the rules and for the officials will make the game more enjoyable for all concerned.

C. AWARDS

Awards will be presented to the winners of each activity. These should be picked-up at the conclusion of that activity schedule.

D. ACTIVITIES

The activities listed in this section are offered to the men on a competitive basis. In general, team sports are conducted via a round robin tournament whereas individual and dual activities are sponsored through elimination or continuous tournaments.

Note - - All playing rules and entry cards are on file in the Intramural-Recreation Office. Each captain picks up rules and entry cards for team participation.

PRE-SESSION

Monday-Tuesday-Wednesday-Thursday-Friday

12:00 - 6:00 Recreational Equipment Check-Out

12:00 - 3:30 Recreational Swim

3:45 - 4:30 Instructional Swim (Beginners-Open to students, faculty, general public)

4:30 - 5:15 Instructional Swim (Intermediate-Open to students, faculty, general public)

5:15 - 6:00 Instructional Swim (Swimmers-Open to students, faculty, general public)

4:00 - 6:00 Softball League-Men-Rosters must be submitted no later than Wed., June 5.

4:00 - 6:00 Softball League-Women-Rosters must be submitted no later than Wed., June 5.

SPECIALS

Tuesday, June 4-11-18

7:00-9:00 P.M. Recreation-Gym and Pool

Wednesday, June 5-12-19

7:00-9:00 P.M. Recreation-Gym and Pool

Wednesday, June 12

8:00-10:00 P.M. Square Dance-Crawford Gym or Tennis Courts (Open to students, faculty, general public)

Fishing Contest (During Leisure)-Award will be made to the longest fish at the conclusion of Post Session. (Entry must be measured at Intramural-Recreation Office).

Bucket Golf (During Leisure)-Award will be made for "hole-in-one" and lowest score at the conclusion of Post Session. (Entries must be placed on chart in Crawford Gym).

4-H Horse Show - Sunday, June 23, 9:00 A.M.

REGULAR-SESSION

Monday-Tuesday-Wednesday-Thursday-Friday

12:00 - 6:00 Recreation Equipment Check-Out

12:00 - 1:00 Instructional Swim-Corry Area Council for Exceptional Children (Monday Only)

1:00 - 6:00 Recreational Swim

4:00 - 6:00 Softball League-Men-Rosters must be submitted no later than Wed., June 26.

4:00 - 6:00 Softball League-Women-Rosters must be submitted no later than Wed., June 26.

SPECIALS

Tuesday, June 25, July 2-9-16-23-30

7:00-9:00 P.M. Recreation-Gym and Pool

Wednesday, June 26, July 3-10-17-24-31

7:00-9:00 P.M. Recreation-Gym and Pool

Wednesday, July 3

2:00 - Horseshoe Tournament - Register in Crawford

Gym

Wednesday, July 10

2:00 - Tennis Tournament - Men - Register in Crawford Gym

ford Gym

2:00 - Tennis Tournament - Women - Register in Crawford Gym

ford Gym

Wednesday, July 17

3:00-4:00 - "Hole-in-one" behind Crawford Gym

Wednesday, July 17

8:00-10:00 P.M. - Square Dance - Crawford Gym or Tennis Courts (Open to students, faculty, general public)

Wednesday, July 24

2:00 - Badminton Tournament - Men - Register in

Crawford Gym

2:00 - Badminton Tournament - Women - Register in

Crawford Gym

Friday, July 19 - 27 Hole Golf Tournament - Scores must be recorded (Men's division and Women's division will take place at Holiday Acres during the first-four weeks of Regular Session)

Fishing Contest (During Leisure)-Award will be made to the longest fish at the conclusion of Post Session. (Entries must be measured at Intramural-Recreation Office).

Bucket Golf (During Leisure)-Award will be made for "hole-in-one" and lowest score at the conclusion of Post Session. (Entries must be placed on chart in Crawford Gym).

POST-SESSION

Monday-Tuesday-Wednesday-Thursday-Friday

12:00 - 6:00 Recreation Equipment Check-Out

12:00 - 6:00 Recreational Swim

4:00 - 6:00 Softball League - Men - Rosters must be submitted no later than Wed., Aug. 7.

4:00 - 6:00 Softball League - Women - Rosters must be submitted no later than Wed., Aug. 7.

SPECIALS

Tuesday, Aug. 6-13-20

7:00-9:00 P.M. Recreation-Gym and Pool

Wednesday, Aug. 7-14-21

7:00-9:00 P.M. Recreation-Gym and Pool

Tuesday, Aug. 13

8:00-10:00 P.M. Square Dance - Crawford Gym or Tennis Courts (Open to students, faculty, general public)

Wednesday, Aug. 14

3:00-4:00 "Hole-in-One" behind Crawford Gym

Wednesday, Aug. 21

27 Hole Golf Tournament - Scores for Post Session must be recorded

Fishing Contest (During Leisure)-Award will be made to the longest fish on 8-21-68. (Entries must be measured at the Intramural-Recreation Office)

Bucket Golf (During Leisure)-Award will be made for "hole-in-one" and lowest score on 8-21-68. (Entries must be placed on the chart in Crawford Gym).

