

# EDINBORO

Fighting Scots



Julie Nemerygut  
All-American  
East Region Most Outstanding Runner  
and PSAC Runner of the Year

2005-06 CROSS COUNTRY / TRACK & FIELD

# Greetings from the President

Dear Family, Friends and Fans of the Fighting Scots:



As we engage upon the 2005-2006 academic year at Edinboro University, we look back with deep pride at one of the most successful years in the history of Edinboro athletics. Much of the success of our men's and women's athletic teams is due to your loyal support of our scholar-athletes in basketball, cross country, football, soccer, softball, swimming, track, volleyball, and wrestling, as well as wheelchair basketball and other adaptive sports.

The long legacy of Edinboro athletics will be one of the highlights celebrated during the University's Sesquicentennial in 2006-2007. As we prepare to celebrate the University's 150th anniversary, we are guided by the vision of "Building a prosperous future through academic excellence and civility." Our athletes' dedication to education, discipline, and sportsmanship that are at the

heart of Edinboro athletics will serve them well as they pursue their dreams beyond the playing fields of their alma mater. Their success in competitive endeavors will contribute to the quality of life on our campus and throughout the communities of northwestern Pennsylvania.

Fans of the Fighting Scots are always welcome at Edinboro University and I look forward to greeting you at our many athletic, cultural and arts presentations. Please visit our campus as often as possible..

Go Scots!

Frank G. Pogue  
President

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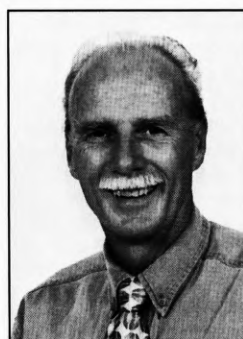
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# Head Coach Doug Watts



Excellence in coaching and a winning tradition are terms that have become synonymous with Edinboro University cross country and track and field coach Doug Watts. Since his arrival at Edinboro in 1969, the Running Scots

have experienced nothing but success, producing numerous All-Americans and team championships, as well as four individual cross country champions and five individual track first place finishers.

Watts' coaching credentials speak for themselves, including 32 consecutive undefeated cross country seasons and a string of 121 straight dual meet victories. Watts' squads have also produced a total of six national championships, including back-to-back-to-back NCAA Division II titles from 1986 through 1988 and back-to-back NAIA titles in 1975 and 1976. His teams can also boast six Division II runner-up trophies, plus finishes of third (twice), fourth (three times), fifth, sixth (twice), seventh (three times), eighth (three times) and ninth.

In total, the men's squads have 17 top ten finishes at the national meet in the last 23 years. His women's program, though yet to crown a national champion, has also established itself as one of the premier programs in

the NCAA East Region and on the national stage. That includes five straight top five finishes at the national meet, including a second place finish a year ago. An "uncountable" amount of conference, district, and regional "Coach of the Year" awards are scattered throughout his office. He was inducted into the Edinboro Hall of Fame in 2004.

The National Coach of the Year five times, Watts has published numerous distance-running articles for national publications. Twice an Olympic coach nominee, Watts annually conducts a summer pre-season endurance training camp, the Edinboro Distance Village, for young men and women. In addition, 16 of his Edinboro athletes have been U.S. Olympic Trial qualifiers.

Most recently, Watts has ventured into the administrative portion of his sport, as the past President of the NCAA Division II Track and Field Coaches Association and presently serving as the Vice President of the USTCA National Coaches Association. In addition, he was the head of the NCAA Division II Cross Country Hall of Fame Committee and presently is on the Board of Directors for the USTFCCA (U.S. Track & Field Cross Country Coaches association).

A 1964 graduate of the University of Akron with a degree in Health and Physical Education, Watts began his coaching career at Walsh Jesuit High School in Cuyahoga Falls, Ohio. He introduced a running program at Walsh Jesuit that yielded a two-year record of 19-0 and a district championship. Watts and his wife Margaret have two adult children, Wendy and Christopher.

## Edinboro's Cross Country Philosophy

"Generally, we attract the middle distance and distance athlete who is seeking a special environment for running," says head coach Doug Watts about his track and cross country programs at Edinboro University. "A student-athlete should consider Edinboro because of the following reasons":

1. A small school setting, academically oriented, that generally allows for a fuller personal development in the classroom, athletic and social activities; yet offers a large, diversified choice of educational majors and specialties.
2. A TEAM concept in training competition.
3. A distance-based training program integrating selected road races as a training supplement.
4. Division I schedule of intercollegiate competition.
5. A program that allows personal direction and individualism, a proper balance between academics and athletics... and fun.
6. A tradition of excellence and proven success in running within an environment supportive and respectful of distance runners.



## 'Up Front' Runners Key to '04 Repeat

Edinboro townspeople, conditioned for decades to share their roads with Edinboro University male and female runners, are a little more aware of the college's cross country teams this fall.

A very successful 2004 NCAA Division II National Championship race saw the women finish second, their highest finish ever, while the men came in a solid seventh. That represented the highest finish since the 2000 team came in fourth. Losing only a few "quality" runners through graduation, the community is hoping for more good fortune in 2005.

The women's team returns four All-East Region performers, including three All-Americans, and as head coach Doug Watts has always said, "You win the big races up front. But for any team to finish in the top four, you need more than talent. In our case, we'll need some good luck to remain healthy to have a chance to repeat 2004's success."

Watts can look to a star-packed, upper-classmen lineup to lead the trophy quest. Last fall, Julie Nemergut emerged as a real star, dominating the PSAC and East Regionals. Nemergut placed first in both events and was named the PSAC Runner of the Year and the East Regional Most Outstanding Runner.

"At Nationals, Julie raced with a "see if I can win" attitude," Watts pointed out. "She paid a big price in the latter stages of the race, watching people pass her in the last 600 meters and fading to a tenth place finish." Despite the collapse late in the race, she earned her first All-American certificate.

After qualifying for the Nationals last spring in her first and only outdoor track meet in early March, Nemergut sat out the rest of the season with a stress fracture.

Sophomore Rachael Lanzel was the surprise number two Boro runner in the National Championships. Lanzel finished 24th at Nationals to earn All-American honors, after a fifth place finish at the PSAC Championships and eighth place at regionals. She was named the PSAC Rookie of the Year.

"Rachel returns with increased mileage, confidence and her number one proven characteristic - toughness," Watts pointed out.

Earning her first All-American certificate in 2004, Heather Wilmoth is expected to continue where she left off. Wilmoth placed 27th at Nationals after leading Edinboro in the 2004 NCAA Championships with a 34th place finish. She earned All-East Region and All-PSAC

accolades with fifth and sixth place finishes, respectively.

Watts feels Kelly Richards will make or break the team's big meet potential. A side stitch in the last half mile dropped her just behind the last All-American placing - a fact she ruefully disdains. He believes Richards is ready to earn her first cross country All-America certificate this fall. As it was, Richards placed 38th at Nationals after a fourth place finish at the PSAC Championships and ninth place at the East Regional.

"I guarantee Lindsay Roberts will be, at least, 20 seconds better in every race this year," beamed Watts. Starting slow due to an injury in '04, Roberts progressed steadily to anchor the National runner-up team. In track she qualified for Nationals in the 10,000 meters. Student teaching could cut into her training, but she is a proven performer.

Roberts also earned All-PSAC (10th) and All-East Region (7th) honors a year ago, then went on to place 54th at Nationals.

The sixth experienced runner on the team is Kiersten Buckley. Buckley's career has been a series of injuries and illness, but she's been in the top seven mix each year. If she can maintain her focus through November this time around, the team could be formidable.

Development is expected from redshirt freshman Emily Quinlan, and PSAC 800 runnerup Michelle Kelly.

Freshmen Kelly Bergeron, Sarah Baker and Ashley Ferraro could impact immediately, and have bright futures.

Do the talented women have a chance to repeat their dominant performance of the PSAC and Eastern Regionals, and win the National title?

"2005 will find new goals, new circumstances, and new expectations," noted Watts. "If each runner continues to grow as an individual, revel in the opportunity to clear new obstacles and apply the Edinboro cross country work ethic to the best of their ability, the team score will take care of itself."

As for the men's team, "the level of success this season falls squarely upon the shoulders of the seniors," challenged Edinboro coach Doug Watts.

In fact, the veteran coach sees two tiers to this fall's team profile. The first level is comprised of the sophomores and freshmen, a group that has the potential to develop into "very good National-level" performers. However, the Edinboro mentor has never

depended on young runners to make or break a team's success - especially since this young group is void of National Meet experience.

"No," continues Watts, "if we do well in '05, it will be because our seniors embraced our past tradition, and came to the early season prepared to work especially hard and prove they will be able to focus on the little things that make a team top ten NCAA Division II material."

Ryan Coon enters his last campaign with hopes to add his third All-American certificate. Coon ran a solid race in last year's National Championship, finishing 17th, to highlight a late season surge that included the Eastern Regional individual title. He was named the Most Outstanding Runner at the regional.

In fact, Coon has become well known for his less than spectacular early and mid-season form, and dramatic improvement in championship weeks late in the year. He showcased this style last spring when he ran to All-American placing in the 10,000 at Nationals in Texas despite being well down on the list of season performances.

Senior Jared Lowry has shown signs of being able to earn an All-American award, but hasn't had the good day to win one yet. A multiple All-PSAC and All-Regional runner over his career, Lowry remains as a significant member to 2005 team success. A year ago Lowry garnered All-East Region honors after a 13th place finish.

Lowry suffered through a pinched nerve in his back during the track season, but he is now healthy and ready for a big finish.

Jeremy Boehm, the third senior in the lineup, could turn out in the classic Boro tradition of training development. In his sophomore and junior years, Boehm showed inconsistent flashes of running meet prowess. After failing to earn all-conference or all-region honors, his 60th place finish at Nationals keyed the Scots to their seventh place finish. Watts feels he must run near the front pack this fall if the Boro is to repeat such scoring.

Two juniors must also impact the lead pack. Dan Field had excellent 2004 cross country runs, including All-PSAC and All-Region honors, but was pulled before Nationals due to strep throat.

David Niemira surprised a lot of people with his huge improvement from the year before. Niemira sneaked into the top five a couple of times last fall, and like Boehm, ran well at the NCAA race.

Jeff McCabe has battled injury and illness, but the junior is another of the mileage-oriented, hard workers, serious runners who have

dotted Edinboro rosters for 35 years.

Watts promises a couple of more surprises with the sophomores in this year's lineup. John Moneyhon, David Blend and Nick Hankins didn't get noticed much last year, but Watts is excited by their improvement.

"These three have top five potential, and certainly at the least, give us some depth," related Watts. "Just how much this group can move up into the front runners will shape a lower score."

The incoming freshmen boast a couple of potential stars, both from New York. Travis Projean missed the 2004 high school cross country season but blossomed in track as he took fourth place in the state meet (4:17).

John Arthur ran extremely well in high school cross country, finishing as class "B" runnerup and scoring very high in the tough New York Federation Championship. He also ran fourth in his class in the 3200 this spring.

Almost yearly one can hear Watts pontificate on the opinion that you win big meets "up front".

In 2005 Edinboro's lineup must find one or two athletes to make the move up to the lead group if the team is to enjoy its traditional success.



Jared Lowry

# Meet the Fighting Scots



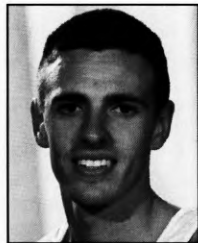
## Jeremy Boehm

Senior ♦ Lewisberry, PA ♦ Red Land High School

Continues to develop into a "solid" performer ... added consistency to his running last year ... highlight of season was outstanding finish at Nationals (60th overall) that sparked team's top ten finish ... finished 20th at PSAC Championships and 23rd at East Regional in 2003 ... sub 4:00/15:10 track prs ... **High School:** Ran for coach Larry Kell at Red Land High School, where he was a conference and district medalist ...

was named the Scholar Athlete of the Year ... **Personal:** Born April 27, 1984 ... son of Deborah and William Boehm ... Secondary Education major with a 3.53 GPA ... multiple national All-Academic honoree.

*"I have worked hard to run well. I hope my senior year reflects that effort." ... Jeremy Boehm*



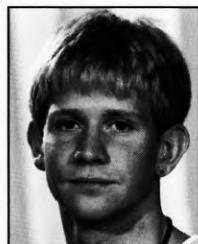
## Ryan Coon

Senior ♦ Clymer, NY ♦ Sherman High School

A runner who could be the key to a much-improved Edinboro team ... a two-time All-American who did not allow a nasty fall at PSAC Championships to deter season as he went on to win East Regional and finish highest of all PSAC/East Regional competitors at Nationals (17th) ... still finished third at PSAC's to earn All-PSAC honors for third time, and was recognized as the Most Outstanding Runner at regionals ... also

named the PSAC Cross Country Male Athlete of the Year ... completed track career after earning All-American honors thanks to an eighth place finish in the 10,000 meters (31:09.49) ... earlier placed fourth in the PSAC Championships in the 5,000 meters ... in 2004, placed 34th at Cross Country Nationals for All-American finish, along with a third place at the PSAC Championships and fourth place at East Regionals ... named the 2002 PSAC Freshman of the Year in cross country and earned All-PSAC and All-Region honors in his first year ... finished sixth at PSAC's and 10th at East Regional ... sub 30:30 5K and 15:00 1500 in track ... **High School:** Finished sixth in the New York State Championships to earn All-State honors while running for Sherman High School ... named to county All-Star team in basketball as a senior ... **Personal:** Born June 27, 1982 ... son of Monica and Dan Coon ... Criminal Justice major.

*"I'm sure to start the season with less than spectacular meet performances, but I'll use that time to build into my late season championship pursuits." ... Ryan Coon*



## Jared Lowry

Senior ♦ North Canton, OH ♦ Hoover High School

Was hampered last fall and spring with nagging injuries ... hopes to regain All-PSAC and All-Region levels he attained as a sophomore ... was 18th at PSAC's, but came back to earn All-East Region accolades with a 13th place finish ... placed 12th at East Regional as a freshman, good for All-Region honors ... ran national provisional qualifying time in 10,000 in

# Meet the Fighting Scots

2004 Duke Invitational ... personal bests are 31:15 in the 5K and sub 15:00 in the 1500 ... a three-times coaches association All-Academic performer ... **High School:** Earned all-conference accolades while competing at North Canton Hoover High School ... **Personal:** Born March 17, 1983 ... son of Diane and Barry Lowry ... Finance major with a 3.17 GPA.

*"It would be my goal to 'go out' as a team winner again. I know all the seniors really want that to happen." ... Jared Lowry*

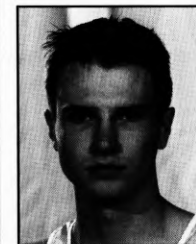


## Dan Field

Junior ♦ Boston, NY ♦ East Aurora High School

A top recruit two years ago who enjoyed a good sophomore year with All-PSAC and All-East Region honors ... placed 13th at PSAC's and 14th at Regionals ... did not compete at Nationals due to strep throat ... placed fourth at the PSAC Outdoor Track & Field Championships in the 3,000 meter steeplechase ... spent his freshman year recovering from severe burn accident ... as freshman, ran 9:35 steeplechase at Duke early in track season but sustained stress fracture that led to medical hardship application ... has personal best of 15:15 in 1500 and 9:31 in steeplechase ... **High School:** Earned multiple All-State honors as a cross country and track athlete at East Aurora High School ... coached by Edinboro alumnus Walt McLaughlin, a member of the 1985-86 national championship team, and Marty McLaughlin, a 1992 Olympic trials participant in the 800 ... **Personal:** Born November 11, 1984 ... son of Patricia Lyons and Larry Field ... Engineering major.

*"My summer training went well, so I feel this season should see solid results from me." ... Dan Field*



## Dave Niemira

Junior ♦ Strongsville, OH ♦ Strongsville High School

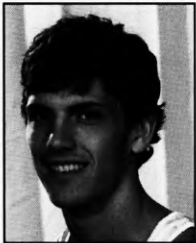
Ended the cross country season as number five scorer in the big meets ... placed 24th at the PSAC Championships (26:55), then narrowly missed All-Region honors, placing 17th with a time of 33:13 ... finished 82nd at Nationals ... a dependable performer who can be counted on for maximum effort ... **High School:** Earned three letters in track and cross country while competing for Strongsville High School ... **Personal:**

Born January 13, 1985 ... son of Linda and Jerry Niemira ... Forensic Accounting and Financial Services major with a minor in Political Science ... has a 3.28 GPA.

*"The track season was really frustrating due to injury, especially since I know I've made myself into a good college runner. I just want to stay healthy this fall and I'm sure I'll do well." ... Dave Niemira*



## Meet the Fighting Scots



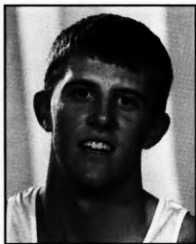
### John Moneyhon

**Sophomore** ♦ Columbus, OH ♦ Dublin Coffman High School

A newcomer to the top seven who head coach Doug Watts predicts is destined for All-Region honors ... also enjoyed a strong season in track while competing in the steeplechase ... **High School:** Earned a total of ten letters in cross country (4), track (4) and soccer (2) ... earned All-Ohio

honors in both cross country and track ... **Personal:** Born January 3, 1986 ... son of Rebecca and Darrell Moneyhon ... Elementary Education/Special Education major with a 3.90 GPA.

*"Coach tells me my strength is really my heart and my commitment to helping the team. I want to run well, to contribute, at least, my share to our success." ... John Moneyhon*



### David Blend

**Sophomore** ♦ North Canton, OH ♦ Hoover HS

Along with John Moneyhon, one of two sophomores expected to impact the top five in 2005 ... had a great start to the track campaign, but it ended with a stress fracture ... expected to show huge improvement in running performance and confidence this year ... **High School:** Standout at North Canton Hoover High School in track and cross country, earning four and three letters, respectively ... in 2003, earned All-American hon-

ors in the 4X800 and 4X1600, and was All-Ohio in cross country in both 2003 and 2004 ... also earned All-Ohio honors in 1600 as a senior ... named the cross country MVP as a senior ...

**Personal:** Born May 18, 1986 ... son of Debbie and Jerry Blend ... Secondary Education Social Studies major with a 3.25 GPA.



### Kiersten Buckley

**Senior** ♦ Erie, PA ♦ Mercyhurst Prep

Has been hampered by injuries and illness the last three years, but is a runner capable of being in the top seven when healthy ... showed early promise as a freshman, but then suffered through a severe respiratory problem that year, and later suffered a stress fracture during the track season ... placed 22nd in the 2001 PSAC Cross Country Championships ...

**High School:** Competed for Mercyhurst Prep in cross country, track and basketball, earning All-Metro honors ... **Personal:** Born May 25, 1983 ... daughter of Sandy and Bill Buckley ... majoring in Health & Physical Education with a minor in Psychology ... has a 3.29 GPA.

*"Some decent performances last spring in track should predict I will earn my place in the scoring pack for Edinboro cross country this year." ... Kiersten Buckley*

## Meet the Fighting Scots



### Julie Nemergut

**Senior** ♦ Youngstown, OH ♦ South Range High School

Became a dominant runner late in the year, capturing the individual titles at both the PSAC and East Regional Championships, running course-record times, then earned All-American honors for the first time with a tenth place finish at Nationals (21:59.7) ... had times of 22:06 at PSAC's and 20:29 at regionals ... was named the Most Outstanding Runner at regionals, and later was selected the PSAC Women's Cross Country

Athlete of the Year ... qualified for Nationals in her lone outdoor track meet, but then suffered a stress fracture and did not compete the rest of the spring ... the previous spring earned All-American honors with an eighth place finish in the 10,000 meters (36:10.95) ... finished 20th at the 2003 PSAC Championships, but a week later came back to earn All-East Region accolades with a time of 22:35, good for 10th place ... had enjoyed an excellent cross country season a year ago until she was hit by a respiratory illness right before PSAC's ... earned All-PSAC and All-Region honors as a freshman with seventh and sixth place finishes, respectively ... a three-time All-Academic honoree ... **High School:** A state qualifier while competing at South Range High School ... **Personal:** Born October 23, 1983 ... daughter of Kathy and Jack Nemergut ... majoring in Special Education with a 3.89 GPA ... a three-time Academic All-American ... father is cross country and track coach at South Range High School ... older sister ran for Coastal Carolina.

*"During my sophomore year I decided I wanted to be a very good runner. Now I want another opportunity to put myself on the line with a chance to win a National individual title." ... Julie Nemergut*



### Kelly Richards

**Senior** ♦ Edinboro, PA ♦ General McLane High School

Frustrated twice last year, falling just short of All-American status in the fall and once again in the spring ... placed 38th at the cross country National Championships after earning All-PSAC honors with a fourth place finish (23:02), and All-East Region accolades after a ninth place finish (21:45) ... in the spring, earned All-PSAC honors with a third place finish in the 1,500 ... fell one spot shy of All-American status at Nationals, placing ninth in the 3,000 meter steeplechase (11:01.47) ... a three-time All-PSAC/All-East Regional runner in cross country ... earned All-PSAC honors for the second year in 2004 with a ninth place finish (23:46), then placed ninth again at the East Regional with a time of 22:32 ... capped her first collegiate track season in 2003 with a personal best of 10:50 in the 3,000 meter steeplechase to earn All-American honors with a seventh place finish at the NCAA Division II Track & Field Championships ... as a freshman finished third at the PSAC Cross Country Championships and fourth at the East Regional ...

**High School:** A three-time state qualifier in cross country and earned All-State honors twice while running at General McLane High School ... was also a three-time District 10 champion ... in track, earned nine Erie County League titles and was a state qualifier four times ... earned All-State honors once, and won one District 10 title ... **Personal:** Born February 28, 1984 ... majoring in Health & Physical Education with a minor in Coaching/Health Management ... has a 3.97 GPA, earning All-Academic honors four times.

*"Two times last year I just missed All-American. That's not going to happen this year." ... Kelly Richards*

# Meet the Fighting Scots



## Lindsay Roberts

Senior ♦ Wattsburg, PA ♦ Seneca High School

Returned last fall after redshirting in the fall of 2003 and getting a late start in track due to summer stress fracture ... a three-time All-PSAAC and All-Region performer in cross country ... rounded into form to earn All-PSAC and All-East Region honors, finishing tenth at PSAC's (23:29) and seventh at regionals (21:41) ... finished 54th at Nationals ... qualified for Nationals in outdoor track in the 10,000 meters, placing 11th while

battling a respiratory illness ... ran NCAA Division II provisional qualifying times in the 10,000 in 2003 and 2004 ... was named the PSAC Cross Country Rookie of the Year in 2001 with a 12th place finish, then earned All-East Region honors by placing 11th ... in 2002 earned All-PSAC accolades with an eighth place finish, and was also an All-Region runner, placing 12th ... placed second at 2002 PSAC Track & Field Championships in the 10,000 meters with an NCAA provisional qualifying time of 38:47.20 ... **Personal:** Born January 29, 1983 ... daughter of Susan and Stephen Roberts ... majoring in Elementary Education/Special Education with a minor in Math ... has a perfect 4.00 GPA and is a five-time All-Academic choice.

*"I've kept after my training, putting up with all kinds of sacrifices, to be part of a GOOD team. Last fall's runnerup team was good. I want that feeling again." ... Lindsay Roberts*



## Heather Wilmoth

Junior ♦ Sugar Grove, PA ♦ Eisenhower High School

Enjoyed her second straight strong cross country campaign, earning her first All-American certificate in the process ... placed 27th at Nationals (22:50.8) after leading Edinboro as a freshman with a 34th place finish (23:00.7) ... a two-time All-PSAC runner after a 12th place finish in 2003 (23:52) and a sixth place showing last year (23:03) ... captured All-East

Region honors for the first time last year with a fifth place finish (21:33) ... ran only two track races early in the season as a freshman before a knee problem sidelined her ... **High School:** Was the PIAA state champion in cross country as a senior at Eisenhower High School in 2002 ... also won the District 10 championship, and was the District 10 champion in the 3,200 meters in track ... also a four-year starter in basketball ... **Personal:** Born April 25, 1985 ... daughter of Jo Lynn and James Wilmoth ... majoring in Secondary Education with an emphasis on Spanish, with a 3.06 GPA.

*"I love cross country and I can't wait to get back to the hills, mud and competitiveness of a large pack of runners." ... Heather Wilmoth*

**DID YOU KNOW?** Edinboro's strong running tradition is backed up by superior academic achievement. The women's cross country and track & field teams have earned team Academic All-American honors EVERY year the award has been available. The men's have only missed once. Last year five women were accorded All-Academic honors - Kelly Richards, Julie Nemergut, Lindsay Roberts, Genise Green and Lisa Gallagher. Jeremy Boehm was named on the men's side.

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## Rachael Lanzel

Sophomore ♦ St. Marys, PA ♦ St. Marys Area High School

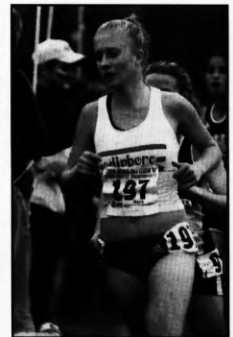
Made quite an impression in her first season, living up to high expectations ... earned All-American honors in her first cross country campaign, placing 24th at Nationals (22:47.5) ... was an All-PSAC runner after a fifth place finish (23:02), then captured All-East Region accolades thanks to

an eighth place finish (21:41) ... was named the PSAC Rookie of the Year in cross country, then ended up sweeping the awards both in indoor and outdoor track ... earned the indoor honor after being the only freshman runner to earn a first place finish at the PSAC Indoor Championships, winning the 5,000 meters with a time of 17:46.47 ... then came back to win the outdoor award after being one of only two freshman to qualify for Nationals ... had a season-best 17:23.78 in the 5,000 meters at the Penn Relays, and earned All-PSAC honors in the same event with a third place finish (18:28.82) ... **High School:** Starred at St. Marys Area High School in track and cross country ... was the District cross country champion in 2003, then won District title in 1600 in 2004, and finished as the runnerup in 3200 ... holds school records in the 1600, 3200 and 3200 relay ... **Personal:** Born March 5, 1986 ... daughter of Kathleen and Leo Lanzel ... Health & Physical Education major with a minor in Coaching ... carries a 3.21 GPA.

*"I didn't really know what I was doing last year, running so much faster than my high school level. Coming back this fall, I know what it takes to be really good and I'm prepared to see just how good I can become." ... Rachael Lanzel*

## Running Scots Dominate Awards

Edinboro dominated many of the awards presented by the Pennsylvania State Athletic Conference in cross country and track & field. In cross country, the Fighting Scots took home four awards, sweeping the Runner of the Year honors, with Julie Nemergut named on the women's side and Ryan Coon on the men's side. Doug Watts was selected the PSAC Women's Coach of the Year for the seventh time, while Rachael Lanzel (right) was recognized as the Female Rookie of the Year. That just got things started for Lanzel. The freshman from St. Marys, PA would go on to also be selected as the Rookie of the Year both in indoor track & field and outdoor track & field. Meanwhile, Nemergut and Coon swept the East Region awards for the top runner, as both were named the Most Outstanding Runner.





# The 2005 Fighting Scots

## 2005 Women's Cross Country Roster

Name	Yr.	Hometown/High School
Sara Baker	Fr.	Youngstown, NY/Lewiston-Porter
Kelly Bergeron	Fr.	Wallingsford, CT/Lyman Hall
Kiersten Buckley	Sr.	Erie, PA/Mercyhurst Prep
Ashley Ferraro	Fr.	Erie, PA/Northwest Collegiate Academy/Central Carlisle, PA/Carlisle
Michele Kelly	Sr.	Carlisle, PA/Carlisle
Rachael Lanzel	So.	St. Marys, PA/St. Marys Area
Kristen Malloy	Sr.	Langhorne, PA/Neshaminy
Julie Nemergut	Sr.	Youngstown, OH/South Range
Emily Quinlan	Fr.-r	Rochester, NY/Irondequoit
Kelly Richards	Sr.	Edinboro, PA/General McLane
Lindsay Roberts	Sr.	Wattsburg, PA/Seneca
Melinda Senf	Jr.	Bergen, NY/Byron Bergen
Heather Wilmoth	Jr.	Sugar Grove, PA/Eisenhower

**Head Coach:** Doug Watts

## 2005 Men's Cross Country Roster

Name	Yr.	Hometown/High School
Josh Arthur	Fr.	Brantingham, NY/South Lewis Central
David Blend	So.	North Canton, OH/Hoover
Jeremy Boehm	Sr.	Lewisberry, PA/Red Land
Ryan Coon	Sr.	Clymer, NY/Sherman
Dan Field	Jr.	East Aurora, NY/East Aurora
Nick Hankins	So.	Pepper Pike, OH/Orange
Jared Lowry	Sr.	North Canton, OH/North Canton Hoover
Jeff McCabe	Jr.	Exeter, PA/Wyoming Area
John Moneyhon	So.	Columbus, OH/Dublin Coffman
Dave Niemira	Jr.	Strongsville, OH/Strongsville
Travis Prejean	Fr.	Jamestown, NY/Jamestown
Andy Thoman	Fr.	Strongsville, OH/Strongsville

**Head Coach:** Doug Watts

# 2005 Cross Country Results

DATE	OPPONENT	TOP PERFORMERS
<i>September</i>		
4	at Buffalo State Invitational	WOMEN: 1st/10 teams Kelly Richards (3rd, 19:11) Shannon Loewke (7th, 19:33)
		MEN: 1st/8 teams Ryan Coon (4th, 26:41) Jim Ansberry (6th, 26:56) Mark Hryvniak (7th, 27:04) Jared Lowry (8th, 27:09)
18	at Wisconsin-Parkside Invitational	WOMEN: 1st/20 teams Julie Nemergut (2nd, 17:49) Heather Wilmoth (6th, 18:23)
		MEN: 3rd/29 teams Ryan Coon (5th, 25:29) Jim Ansberry (9th, 25:42)
<i>October</i>		
2	at Willamette Invitational	WOMEN: 2nd/31 teams Julie Nemergut (2nd, 17:28) Heather Wilmoth (7th, 17:55)
		MEN: 2nd/28 teams Ryan Coon (12th, 24:42) Jim Ansberry (16th, 24:47) Julie Nemergut (1st, 18:01) Kelly Richards (2nd, 18:29) Ryan Coon (1st, 20:46) Jeremy Boehm (2nd, 20:55) Julie Nemergut (1st, 22:06) Kelly Richards (4th, 23:02) Rachael Lanzel (5th, 23:02) Heather Wilmoth (6th, 23:03) Lindsay Roberts (10th, 23:29) Lisa Gallagher (13th, 23:41)
22	at Tour de Scots	WOMEN: 1st/2 teams Kelly Richards (2nd, 18:29) Ryan Coon (1st, 20:46)
		MEN: 1st/2 teams Jeremy Boehm (2nd, 20:55) Julie Nemergut (1st, 22:06) Kelly Richards (4th, 23:02) Rachael Lanzel (5th, 23:02) Heather Wilmoth (6th, 23:03) Lindsay Roberts (10th, 23:29) Lisa Gallagher (13th, 23:41)
30	at PSAC Championships at Kutztown, PA	WOMEN: 1st/13 teams Julie Nemergut (1st, 22:06) Kelly Richards (4th, 23:02) Rachael Lanzel (5th, 23:02) Heather Wilmoth (6th, 23:03) Lindsay Roberts (10th, 23:29) Lisa Gallagher (13th, 23:41)
		MEN: 2nd/14 teams Ryan Coon (3rd, 25:56) Jim Ansberry (4th, 25:58) Dan Field (13th, 26:29)
<i>November</i>		
6	at NCAA East Regional Championships at Indiana, PA	WOMEN: 1st/25 teams Julie Nemergut (1st, 20:29) Heather Wilmoth (5th, 21:33) Lindsay Roberts (7th, 21:41) Rachael Lanzel (8th, 21:41) Kelly Richards (9th, 21:45) Genise Green (13th, 22:09) Ryan Coon (1st, 31:41) Mark Hryvniak (11th, 32:53) Jared Lowry (13th, 32:56) Dan Field (14th, 32:57)
		MEN: 2nd/26 teams Ryan Coon (1st, 31:41) Mark Hryvniak (11th, 32:53) Jared Lowry (13th, 32:56) Dan Field (14th, 32:57)
20	at NCAA Division II National Championships at Evansville, IN	WOMEN: 2nd/24 teams Julie Nemergut (10th, 21:59) Rachael Lanzel (24th, 22:47) Heather Wilmoth (27th, 22:50)
		MEN: 7th/24 teams Ryan Coon (17th, 32:48) Jim Ansberry (31st, 33:16)

# Cross Country All-Americans

## FIGHTING SCOT ALL-AMERICANS

### FOUR-TIME ALL-AMERICANS

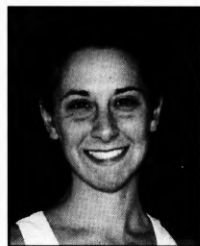
Martin Lyons 1991-94  
 Lisa Petsche 1997, 1999-01  
 Yi Min Wu 1998-01

### THREE-TIME ALL-AMERICANS

Dave Antognoli 1970-72  
 Luil Graham 1984-86  
 Carl Leonard 1992-94  
 Gennaro Manocchio 1985-87  
 Carrie McKeon 1997-98, '00  
 Amy Perry 1996-98  
 Chris Rauber 1988-90

### TWO-TIME ALL-AMERICANS

Jeff Barker 1997, 2000  
 Greg Beardsley 1981-82  
 Ryan Coon 2003-04  
 Tim Dunthorne 1986-87  
 Pete Fixler 1993-94  
 Jeff Foster 1975-76  
 Gabriela Hnilkova 1998-99  
 Brian Jordan 1978-79  
 Scott Kovacevic 1997-98  
 Mike Platt 1986-87  
 Michael Renninger 1988-89  
 Uriel Rivera 1989-90  
 Harvey Sipel 1988, '90  
 Sandra Sweet 1996-97  
 Donna Thibert 1989, '92  
 Henry Winger 1975-76



Carrie McKeon



Marty Lyons



Chris Rauber



Carrie McKeon, Lisa Petsche and Amy Perry (l-r) earned All-American honors at 1997 National Championships

## Men

Dave Antognoli .....1970-71-72  
 Dalvin Baehler.....1975  
 Jeff Barker.....1997, 2000  
 Greg Beardsley.....1981-82  
 Scott Burns .....1986  
 Ryan Coon .....2003-04  
 Clayton Clews.....1992  
 Tim Dunthorne .....1986-87  
 Pete Fixler .....1993-94  
 Kevin Foley.....1974-76  
 Jeff Foster .....1975-76  
 Luil Graham .....1984-85-86  
 Brian Jordan .....1978-79  
 Scott Knapp .....1990  
 Scott Kovacevic .....1997-98  
 Travis Kuhl.....1997  
 Carl Leonard.....1992-93-94  
 Martin Lyons.....1991-92-93-94  
 William Maloney .....1985  
 Gennaro Manocchio ..1985-86-87  
 Brian Matthews.....1990  
 Mark Muggleton.....1976  
 Steve Owens .....1997  
 Mike Platt .....1986-87  
 Chris Rauber.....1988-89-90  
 Michael Renninger .....1988-89  
 Uriel Rivera .....1989-90  
 Steve Repko .....1982  
 Dennis Rice .....1982  
 Aaron Rowe.....2000  
 Harvey Sipel .....1988, 1990  
 Michael Tonkin .....1988  
 Lance White .....1981  
 Henry Winger .....1975-76  
 Yi Min Wu .....1998-99-2000-01

## Women

Gabriela Hnilkova .....1998-99  
 Rachael Lanzel.....2004  
 Carrie McKeon.....1997-98, 2000  
 Audra Naujokas .....1990  
 Julie Nemergut .....2004  
 Amy Perry .....1996-97-98  
 Lisa Petsche....1997, 1999-2000-01  
 Roberta Raskowski .....1991  
 Teresa Skello .....1988  
 Colleen Snyder.....1985  
 Deb Springer.....1992  
 Sandra Sweet .....1996-97  
 Donna Thibert .....1989, 1992  
 Heather Wilmoth .....2004  
 Kerrie Yenchak.....1985

# National Champions

## Dave Antognoli

David Antognoli was head coach Doug Watts' first recruit back in 1969. Antognoli is, according to Watts, the reason Edinboro became creditable on the national level, and helped lay the foundation for the successful program that exists today. The recruiting classes of 1972-73 followed in the footsteps of Antognoli and led to Edinboro's six national team titles.

Antognoli won a multitude of individual titles, including three national titles, and many All-American certificates in cross country and track. He was awarded the Sox Harrison Award as the top male senior athlete in 1973 after winning the cross country championship in 1971, the NAIA 10,000 meters title in 1972, and the USTFF national championship in the six mile event. He also was the top collegiate finisher in the 1972 Olympic Trials.

## Greg Beardsley

In 1982, in a brutal combination of calf-deep snow, 20-degree temperatures, and a chilling wind, the crowd at the finish line of the 1982 NCAA Division II championships in St. Cloud, Minnesota was barely able to make out the faint outline of Greg Beardsley, who crossed the finish line in a record 60.9 seconds before the rest of the field to win the national championship. Beardsley recalls his experiences as "great, but very cold!"

Beardsley won the Sox Harrison Award as the top male senior athlete in April 1983 and was multiple U.S. Olympic Trials scorer.

## Martin Lyons

Martin Lyons was attracted to Edinboro due to the strength and reputation of the Running Scots program. The Melbourne, Australia native had no trouble adapting to his move across the globe, winning the 1991 NCAA Division II individual cross country title as a freshman.

Though he came to the United States with little cross country experience, coach Doug Watts expected All-American honors from the Aussie on the merit of his track credentials. Lyons would go on to claim cross country All-American honors in each of his four seasons at Edinboro. Only two other runners have accomplished this feat since.

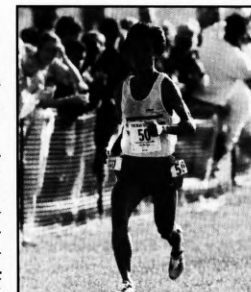
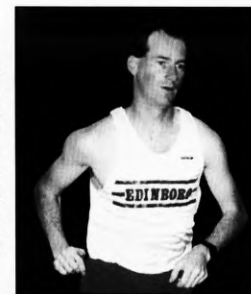
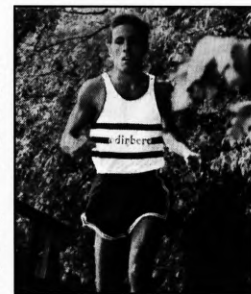
An eight-time All-American in cross country and track, Lyons was the NCAA East Regional record-holder in cross country, and also hold the school record in the marathon with a time of 2:21:35, set back in 1995.

## Yi Min Wu

Yi Min Wu became Edinboro's fourth national champion after he won the 1998 national meet by a 10 second margin with a time of 31:06.60. Wu did not lose a race throughout his freshman season.

A six-time All-American in cross country and track, Wu was recognized as both the PSAC and NCAA East Regional 'Runner of the Year' in 1998 and '99. He was the 1999 national track and field runner-up in the 10,000 meters in addition to winning the PSAC 10,000 meter championship. Wu earned his second All-American certificate in track by also placing sixth in the 5,000 meter run as a freshman. Wu is one of three runners to earn All-American honors four times in cross country.

Finally, Wu was named the PSAC Rookie of the Year in track and field as a freshman.





# Running Scots History

## THROUGH THE YEARS

- 1971** Dave Antognoli wins the NAIA championship in his final year, the first national title for Edinboro.
- 1975-76** Men's team wins first-ever national trophy, and then repeats for back-to-back NAIA championships.
- 1982** Greg Beardsley captures the NCAA Division II individual championship.
- 1985** Doug Watts takes over the women's squad. Colleen Snyder and Kerri Yenchak become Edinboro's first female runners to be named All-Americans.
- 1986-88** The Fighting Scots men take home their first NCAA Division II title in 1986. They successfully defend the title in 1987 and '88 for three consecutive national championships.
- 1990** Edinboro's men's team ties the NCAA Division II 'Most Championship Teams' record by winning their fourth team title.
- 1991** Martin Lyons becomes Edinboro's third national champion.
- 1998** Yi Min Wu becomes the fourth Boro national champion, winning by a 10 second margin.
- 1999** The Edinboro women's team ran to their highest national finish, claiming third place.
- 2000** Both the men's and women's teams place fourth at nationals. Carrie McKeon and Lisa Petsche join Amy Perry Davis as three-time All-Americans. Jeff Barker and Carrie McKeon won the fifth straight regional championships for the Boro squads, while Barker's crown at the PSAC Championships marks the 21st consecutive year a Fighting Scot has claimed the top spot.
- 2001** Lisa Petsche and Yi Min Wu become the second and third runners to earn All-American honors four times. The women's team places seventh at nationals and the men finish eighth, the fifth-straight top ten finishes for both squads. The women capture their fourth consecutive PSAC and East Regional crown, while the men win their tenth straight PSAC and Regional title.
- 2004** The women's team posts its highest finish ever at Nationals, finishing second as three runners – Julie Nemergut, Rachael Lanzel and Heather Wilmoth – earn All-American honors. In addition to her tenth place finish at Nationals, Nemergut also captures the individual titles at the PSAC and East Regional meets. Ryan Coon joins Nemergut as the winner on the men's side at regionals, then goes on to earn All-American honors for the second time, pacing the men to a seventh place finish.

## EDINBORO IN THE POSTSEASON

Men (Since 1980)			1997			1998			1999			2000			2001			2002			2003			2004			Women (Since 1988)		
PSAC	Regionals	NCAA	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	PSAC	Regionals	NCAA			
1980	1st	1st	13th	2000	1st	1st	4th	1988	1st	5th	DNQ	1997	1st	4th	DNQ	1994	1st	15th	1995	3rd	2nd	DNQ	1998	1st	1st	8th			
1981	1st	3rd	2nd	2001	1st	1st	8th	1989	1st	2nd	8th	1995	2nd	2nd	11th	1996	2nd	2nd	1996	2nd	2nd	4th	1998	1st	1st	5th			
1982	3rd	NA	9th	2002	1st	1st	17th	1990	2nd	1st	8th	1997	2nd	2nd	4th	1999	1st	1st	3rd	1999	1st	1st	3rd	2000	1st	1st	4th		
1983	4th	3rd	14th	2003	2nd	2nd	20th	1991	1st	1st	8th	2001	1st	1st	7th	2002	1st	3rd	13th	2002	1st	1st	13th	2003	1st	1st	13th		
1984	1st	2nd	2nd	2004	2nd	2nd	7th	1992	1st	1st	5th	2003	1st	1st	13th	1993	1st	4th	1999	1st	1st	3rd	2004	1st	1st	2nd			
1985	1st	1st	2nd	<div style="background-color: black; color: white; padding: 5px; text-align: center;"> <b>NCAA National Champions</b>                      1986                      1987                      1988                      1990  <b>NAIA National Champions</b>                      1975                      1976                 </div>									1994	1st	1st	1st	2000	1st	1st	4th	1995	3rd	2nd	DNQ					
1986	1st	1st	1st										1996	2nd	2nd	11th	1996	2nd	2nd	11th									
1987	1st	1st	1st										1997	2nd	2nd	4th	1997	2nd	2nd	4th									
1988	1st	1st	1st										1998	1st	1st	5th	1998	1st	1st	5th									
1989	1st	1st	2nd										1999	1st	1st	3rd	1999	1st	1st	3rd									
1990	1st	1st	1st										2000	1st	1st	4th	2000	1st	1st	4th									
1991	3rd	2nd	9th										2001	1st	1st	7th	2001	1st	1st	7th									
1992	1st	1st	6th										2002	1st	3rd	13th	2002	1st	3rd	13th									
1993	1st	1st	2nd										2003	1st	1st	13th	2003	1st	1st	13th									
1994	1st	1st	6th										2004	1st	1st	2nd	2004	1st	1st	2nd									
1995	1st	1st	13th																										
1996	1st	1st	16th																										

# Track & Field Outlook

Edinboro University had a pair of athletes earn All-American status at the NCAA Division II Track & Field Championships a year ago. Unfortunately, both Ed Brown (discus) and Ryan Coon (10,000 meters) have used up their eligibility, but head coach Doug Watts has a number of competitors sure to make their mark this year.

For starters, Julie Nemergut ran to All-American honors in the 10,000 meters in 2004, and had provisionally qualified in last year's first meet before going down with a stress fracture.

Kelly Richards fell one spot shy of All-American status in the 3,000 meter steeplechase, placing ninth. Rachael Lanzel (5,000 meters) and Lindsay Roberts (10,000 meters)

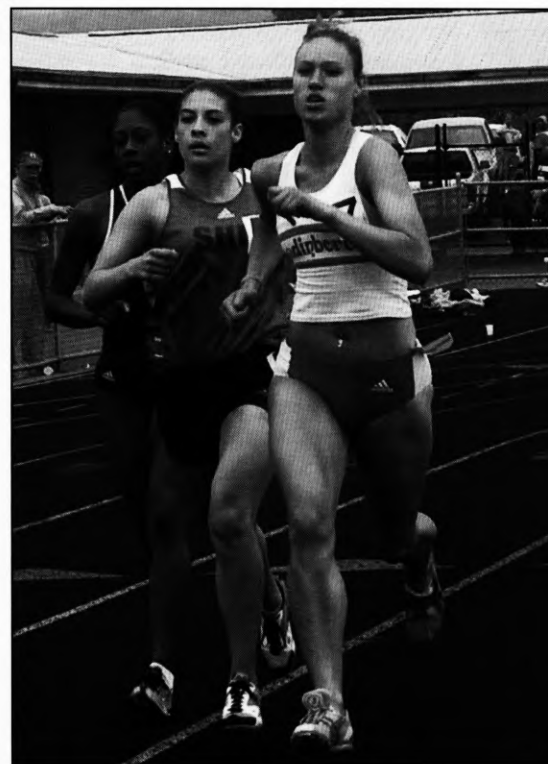
also competed in Abilene, TX last year.

Watts expects the middle and long distance runners to again be the staple of Edinboro's scoring. However, he notes that heptathlete Kristen Malloy just missed the qualifying mark while earning All-PSAC honors with a third place finish at the PSAC Championships. Katie McKendrick was the PSAC runnerup in the discus as a freshman, but was redshirted last season due to a shoulder injury. Michele Kelly improved to 2:16 in the 800 last year, and has the potential to challenge for Nationals.

A Division I level of scheduling enhances Edinboro's opportunity to run against the best in the quest to develop maximum potentials.

## 2005 TRACK ALL-AMERICANS

Ed Brown            discus – 5th place  
 Ryan Coon        10,000 meters – 8th place



Michele Kelly

## NATIONAL CHAMPIONS

David Antognoli            10,000 meters            1972  
 Uriel Rivera                5,000 meters            1990  
                                       10,000 meters            1990  
 Chris Rauber                5,000 meters            1991  
 Carl Leonard                5,000 meters            1995

## NATIONAL RUNNERS-UP

David Antognoli            Marathon                1973  
 Brian Jordan                Steeplechase            1980  
 Rick Killian                800 meters            1981  
 Tim Dunthorne            Steeplechase            1987  
 Michael Renninger        Steeplechase            1989  
 Donna Thibert              3,000 meters            1989  
                                       5,000 meters            1989  
 Carl Leonard                10,000 meters            1995  
 Yi Min Wu                    10,000 meters            1999  
 Amy Perry                    5,000 meters            1999  
 Aaron Rowe                 10,000 meters            2003

# Track & Field Records

## WOMEN

<b>100 Meters</b>			
Michelle Curry	2001	12.63 (FAT)	
<b>200 Meters</b>			
Michelle Curry	2000	26.48 (FAT)	
<b>400 Meters</b>			
Marty Marczak	1992	:56.9	
<b>800 Meters</b>			
Marty Marczak	1992	2:05.67 (FAT)	
<b>1,500 Meters</b>			
Kerrie Yenchak	1987	4:31.8	
<b>5,000 Meters</b>			
Coleen Snyder	1986	16:40.2	
<b>10,000 Meters</b>			
Kerrie Yenchak	1987	34:27.75 (FAT)	
<b>Steeplechase</b>			
Kathy Breisch	2001	10:48.52 (FAT)	
<b>100 High Hurdles</b>			
Megan Zitner	2002	15.30 (FAT)	
<b>400 Intermediate Hurdles</b>			
Jamie Luby	1997	67.24 (FAT)	
<b>400 Meter Relay</b>			
Liz Wright, Sian Procter, Marty Marczak, Marnae Colston	1992	51:3	
<b>1,600 Meter Relay</b>			
Amy Wasmund, Marnae Colston, Deb Springer, Marty Marczak	1992	4:03.17 (FAT)	
<b>Heptathlon</b>			
Megan Zitner	2002	4,540 points	
<b>Shot Put</b>			
Hillarrie Pinkney	2002	40'8"	
<b>Discus</b>			
Meighan Gast	1998	124'.0"	
<b>Javelin</b>			
Cassandra Leopold	2003	144'2"	
<b>Long Jump</b>			
Lindsey Schliepper	2002	18'8.5"	
<b>Triple Jump</b>			
Sherri Stoffer	1990	36'11.5"	
<b>High Jump</b>			
Deanna Carroll	1989	5'9.25"	

## MEN

<b>100 Meters</b>			
William Waros	1972	:10.4	
Steve Davis	1977	:10.4	
Howard Hackley	1976	:10.4	
<b>200 Meters</b>			
Steve Davis	1978	:21.1	
<b>400 Meters</b>			
George Crunkleton	1977	:47.4	
<b>800 Meters</b>			
Rick Killian	1981	1:49.23 (FAT)	
<b>1,500 Meters</b>			
Carl Leonard	1995	3:45.64 (FAT)	
<b>5,000 Meters</b>			
Mike Platt	1987	13:56.01 (FAT)	
<b>10,000 Meters</b>			
Uriel Rivera	1990	29:10.12 (FAT)	
<b>Steeplechase</b>			
Greg Beardsley	1983	8:39.20 (FAT)	
<b>Marathon</b>			
Martin Lyons	1995	2:21.25	
<b>110 High Hurdles</b>			
John Walker	1972	:14.2	
<b>400 Intermediate Hurdles</b>			
John Walker	1972	:51.8	
<b>400 Meter Relay</b>			
Curtis Pettis, Steve Davis, Howard Hackley, George Crunkleton	1972	:40.21 (FAT)	
<b>1,600 Meter Relay</b>			
Brian Stanton, Keith Klinger, Steve Davis, George Crunkleton	1977	3:15.0	
<b>Decathlon</b>			
Mark Dingman	1996	6,950 points	
<b>Shot Put</b>			
Bryan Lambert	1997	55'2"	
<b>Discus</b>			
Ed Brown	2005	174'11"	
<b>Javelin</b>			
Mike Pancerev	1977	232'3" (70.76)	
<b>Long Jump</b>			
Cleveland Pratt	1990	25'3" (7.72)	
<b>Triple Jump</b>			
Jermaine Carswell	1995	50'0"	
<b>Pole Vault</b>			
Dana Dobbs	1987	15'6" (4.72)	
<b>High Jump</b>			
Billy Wade	1989	7'2" (2.18)	

# This is Edinboro University



Edinboro University of Pennsylvania is the largest comprehensive four-year university in northwestern Pennsylvania. Its 585-acre campus is home to some 8,000 students studying in more than 100 academic programs. The University's programs in art, criminal justice, and speech language pathology, among others, have earned regional and national recognition and accolades, and the campus is ranked among the top 10 in the nation for the services provided for students with disabilities. In 2003 the University's institutional accreditation with the Commission on Higher Education Middle States Association of Colleges and Schools was reaffirmed with commendation for ten years. In the 2006-07 academic year, the University will celebrate its Sesquicentennial recognizing 150 years of service to the Commonwealth of Pennsylvania and beyond.

Edinboro is situated just 100 miles from the metropolitan areas of Cleveland, Buffalo and Pittsburgh, and less than 20 miles south of the city of Erie — Pennsylvania's fourth largest city. Meadville, the seat of Crawford County, is approximately 20 miles south of Edinboro.

The University's Baron-Forness Library has more than 480,000 bound volumes and 1.3 million microform units, along with an online catalog, access to numerous online databases and electronic reserves. The building is equipped with a wireless network, computer labs and equipment to assist users with visual impairments.

The main campus also includes a modern University Center, planetarium, observatory, reading clinic, speech and hearing clinic, science and robotics labs, writing center, numerous computer labs with the latest hardware and software, three art galleries, an animation studio, campus radio and television stations, health center, counseling center, and much more — all accessible for people with disabilities. The recently renovated and expanded Crawford Center for Health and Physical Education and Disability Resources rivals any facility of its kind in the nation.

In addition to a five-acre lake and wooded areas, there are 43 buildings on the spacious Edinboro Campus, including six residence halls with private or shared rooms, co-ed housing, honors housing, and living-learned floors — all are wired for voice, video and data.

Edinboro University also operates centers in Erie and Meadville. Edinboro University in Erie — The Porreco Center is a beautiful 27-acre campus that includes classrooms, a computer laboratory, and a unique facility for small conferences, business meetings, and special events. Edinboro University in Meadville is located in the city's historic Bessemer Building.

## Dr. Frank G. Pogue

*President, Edinboro University of PA*



Frank G. Pogue was appointed the 15th president of Edinboro University of Pennsylvania on July 1, 1996.

A sociologist, Dr. Pogue holds a bachelor's degree from Alabama State University, a master's degree from Atlanta University, and a Ph.D. from the University of Pittsburgh.

Prior to his presidency at Edinboro University, Dr. Pogue was the vice chancellor for student affairs and special programs at the State University of New York (SUNY) Central Administration in Albany, serving in that position for 10 years. While vice chancellor, he also served for one year as interim president at the SUNY College at Cobleskill. Prior to his assignment in the SUNY Central Administration, President Pogue was vice president for student affairs, associate vice president for research and educational development, dean of undergraduate studies, and a department chairperson, all at SUNY at Albany.

Dr. Pogue participates in national, regional and statewide leadership groups. He serves as a member of the American Council on Education (ACE) Commission on Women in Higher Education. He is a member of the American Association of State Colleges and Universities (AASCU) Committee on Professional Development, Millennium Leadership Initiative and Christa McAuliffe Selection Committee. He was appointed in 2003 to the International Association of University Presidents

Commission on Disarmament Education, Conflict Resolution and Peace. Since 1984, Dr. Pogue has served on the Commission on Higher Education Middle States Association of Colleges and Schools (MSA). Most recently, he served as President for the MSA Board of Trustees and as a member of its Executive Committee, and he is a former vice chair of the Commission's Executive Committee.

Dr. Pogue also serves on the Board of Trustees of the BACCHUS & GAMMA Peer Education Network. He served for two years as chairperson of the Pennsylvania State System of Higher Education (SSHE) Commission for the Universities and Commission of Presidents Executive Committee. In October 1996, Dr. Pogue was appointed by then Pennsylvania Governor Tom Ridge to the Governor's Commission on Academic Standards. In November 2002, he was appointed co-chair of the Higher Education Committee of Pennsylvania Governor Ed Rendell's Transition Team. In May, 2004, he was appointed to the Pennsylvania Department of Education Higher Education Advisory Board.

Dr. Pogue was honored by the Erie Area Chamber of Commerce with the Louis J. Tullio Community Service Award. The Greater Erie Community Action Committee (GECAC) honored him with the Paul P. Martin Community Service Award in 2000, and in 1999, the Distinguished Service Award for Leadership and Vision was presented to him by the SUNY at Albany Council of Trustees.

Since becoming president, Dr. Pogue has created the concept and philosophy of the Edinboro Family, a learner-centered environment where students come first and are an integral part of a caring and supportive campus community.



# EDINBORO

## University



### CROSS COUNTRY

Head Coach: Doug Watts

#### September

- 3 at Buffalo State Invitational
- 17 at Fordham Invitational
- 24 EDINBORO RAG RELAYS
- 30 at Notre Dame Invitational

#### October

- 1 at Lakefront Invitational
- 19 at Tour de Scots
- 29 at PSAC Championships at Slippery Rock, PA

#### November

- 5 at NCAA Division II East Regional Championships at Lock Haven, PA
- 19 at NCAA Division II National Championships at Pomona, CA

### TRACK & FIELD

Head Coach: Doug Watts

#### INDOOR

##### January

- 21 at Fredonia State Invitational

##### February

- 4 at Mount Union Invitational
- 10 at Baldwin-Wallace Invitational
- 11 at PSAC Quad Meet at Slippery Rock, PA
- 18 at Kent State Open
- 25-26 at PSAC Championships at East Stroudsburg, PA

#### OUTDOOR

##### March

- 10-11 at Florida A&M Relays
- 17-18 at Florida State Invitational
- 24-25 at Raleigh Relays
- 25 at Slippery Rock Early Bird
- 31- at NCAA Division II Challenge at Wheeling, WV

##### April

- 1 at NCAA Division II Challenge at Wheeling, WV
- 7 at Princeton Invitational
- 8 at PSAC Quad Meet at Indiana, PA
- 15 at Slippery Rock Invitational
- 20-22 at IUP Multi's
- 22 at IUP Invitational
- 27-29 at Penn Relays at Philadelphia, PA
- 29 at Baldwin-Wallace Invitational

##### May

- 4-6 at PSAC Championships at California, PA
- 25-27 at NCAA Division II National Championships at Emporia, KS