

...THE...
NORMAL SCHOOL HERALD.

PUBLISHED OCTOBER, JANUARY, APRIL AND JULY.
SHIPPENSBURG, PA.

S. A. MARTIN, Editor.
S. ALICE HUBER, Exchange Editor.
ADA V. HORTON, '88, Personal Editor.
J. S. HEIGES, '91, Business Manager.

Subscription price, 25 cents per year strictly in advance. Single copies, ten cents each.

Address all communications to THE NORMAL SCHOOL HERALD, Shippensburg, Pa. Alumni and former members of the school will favor us by sending any items that they may think would be interesting for publication.

Entered as Second Class Matter at the Post Office, Shippensburg, Pa.

VOL. XV

APRIL, 1911

No. 3

Editorial.

Efficiency.

Ideas come into fashion and go out again, very much as ladies' hats wax and wane, and no one can say what will come next.

The one thing that can be predicted about any fashion is that it will be carried to extremes by some.

The educational world—or at least the writers and speakers who assume to represent the educational world are just now enamoured of the word "efficiency."

Already the word is overworked and shows signs of swelling beyond its proper bounds.

Efficiency is the ability to do things. It is evidently important to be able to do things. Ability to do things that the world needs to have done is greatness. Methods that promote efficiency are always in demand and bring good prices. Any new plan or device or invention that enables us to do more with the same forces—that make two blades of grass where but one grew before—is a benefactor.

But efficiency is not the only thing, nor by any means the most important thing in the world's work. To know what to do

is more important than knowing how to do it. To know where to go is really of more consequence than a good road to go by.

In fact, a good road and a fast horse in the wrong direction takes you farther from your proper destination at the end of the day.

The man who does things is a useful man, but the man who plans the things to do is the greater man. The man who does things is great, but the man who thinks things is greater.

Efficiency is the name for ability to do, but there is no short and easy name for the ability to choose the things worth doing.

To choose the best things, to appreciate them at their true value, to see their beauty and to feel their excellence requires many qualities of mind and a cultivated taste. Wisdom, prudence, foresight, judgement, taste and conscience are necessary for this task.

To develop these is the aim of education. We honor the man who does things, but much higher honor is to him who thinks.

Sentiment is a term much undervalued and misused.

To some it means a weak, effeminate emotion, without foundation in reason or justification in fact.

But sentiment is really the noblest quality of our mind. It has a beauty and sweetness that surpasses knowledge or skill or learning. It is the spring of noble conduct, the grace and charm of character. It is hard to define, but easily known when seen in action.

Take this example, King David when a fugitive, hunted like a partridge in the hills of old Judea, fighting almost single handed for his life and crown, looked one day across the valley to his home in Bethlehem, and with a homesick sigh exclaimed, "O that one would give me a drink from the well at Bethlehem that is by the gate."

Two of his companions heard the wish expressed and went and broke through the enemy's lines to draw water from the well of Bethlehem and brought it to the king.

But he would not drink of it. "Far be it from me to do this," he exclaimed. "Is it not the blood of the men who put their lives in jeopardy for me," and he poured out the water as an offering to God.

Now, efficiency exclaims, could anything be more absurd and useless. To risk life for a cup of water and then pour the water upon the ground. What possible good was done, what useful purpose served.

The sentiment of all the ages has loved that story. It was the unbought devotion of friendship—the love that scorns to count the cost, the fidelity that finds expression in daring and self-sacrifice.

There are some things you cannot measure by the yardstick of efficiency. Culture, character, sentiment and friendship are too high to be measured by any foot rule of money or weighed in the scales of selfish advantage.



The English Bible.

The present year marks the 300th anniversary of the appearance of the Authorized Version of the English Bible. In 1909 the Protestant world took time to turn its thoughts back 400 years to the birth of Calvin, the reformer, to whom religion and civil liberty owe so large a debt. For the English-speaking people the publication of the Authorized Version in 1611 has proved to be an event of the most salutary influence. It is a faithful translation of the original Scriptures. It has become the chief model of pure and classic English diction. Its pages have been a bond of union and fellowship between all communions of English-speaking Protestants. It has been of far-reaching significance, that whether in Cape Town or St. Paul's church, London; in Manila or in the churches of New York; in Melbourne in the Southern seas, or on the banks of the St. Lawrence in Montreal, the same version has been read and preached from.

Only two other translations can be compared with our Authorized Version in extent of circulation and influence; the Vulgate, or Latin translation, completed by Jerome in Bethlehem in 405, the Bible of the Church in the Middle Ages and still used in the services of the Roman Catholic Church; and Luther's German Bible, translated directly from the Greek, the chief literary monument of the German people.

PROF. SCHAEFF.

The Tyranny of the Roof.

We think of the savage tribe as living outdoors, and free from the restraints which come with civilization—the garment, the house and the cook. But there is a barbarism which spends its winters in huts and in holes from which every breath of fresh air is shut out, and where the stifling atmosphere is heavy with “old shapes and foul disease.”

Akin to the life of the hut and the slum is the life of the home of whatever grade where cold is dreaded more than bad air. The farmhouse, the millionaire's palace and the village grocery alike shelter miserable sufferers against nature's laws.

The crusade against the ravages of consumption has awakened thousands to the fact that the need for pure air is more imperative even than the need for good food, although it speaks with a less insistent voice. But hundreds of thousands of housewives yet need to learn the danger of the comfortable double window and the air tight stove, and the healing power of pure, cold air, steeped in God's own sunshine.

A woman who was known as the queen of the gypsies died recently in England. She was of great age and amazing vigor, and a real “character” in her reserve and her hatred of modern conditions. She seldom talked, but it was known that she considered education as rubbish, houses as no better than prisons, and the persons who died in them as the victims of their own effeminacy, for a phrase both telling and memorable, she boasted herself “free from the tyranny of the roof.”

That is truly a noble freedom and one which every wise woman may covet for herself and her children. Perhaps another hundred years may see the stuffy bedroom everywhere supplanted by the airy porch, and find civilized man again sleeping under the sky.—*Youth's Companion*.



Good Lectures.

We have rarely heard a more satisfactory lecture than that which Dr. Robt. A. George gave us on the evening of January 30th.

His subject was "The Story of Hiawatha." The story was told with remarkable clearness, embellished by recitations of large portions of Longfellow's "Hiawatha" and illustrated with stereopticon views and moving pictures.

Many of the pictures were from the dramatized story as presented by the Indians of the Lake Superior region.

Altogether the entertainment was a successful combination of instruction and delight.



On February 22nd the noted explorer, Peter McQueen, gave us his illustrated lecture on "The African Lake Region." Peter McQueen is not only one of the greatest American Travelers, but a charming speaker. His informal but faultless style of telling his story was charming—a fine model of good speaking—and the substance of his story most instructive.

His views were all from his own photographs, and were admirably exhibited by Mr. Beam, who goes with Mr. McQueen to manipulate the stereopticon.



Receptions.

The Midwinter Reception was held on February 17th and was largely attended.

The musicians of the faculty, assisted by Mrs. Clever, added greatly to the pleasure of our guests by their excellent program.

The dancing in the gymnasium was enjoyed by those who danced and by those who "observed." The refreshments, tho simple, were delicious. The ice cream and the coffee were specially good, and the cakes did honor to our kitchen. The dining room was very tastefully decorated.

The aim of the faculty is to make these receptions models of simple but perfectly appointed and well conducted social functions. We all enjoy lessons of this sort, and hope we also profit by them.



The Middle Class Reception.

The vaulting ambition of a middle class is never satisfied if there is any doubt as to whether they did not surpass the senior

class in their reception. The ingenuity, inventive and artistic talent of the class is taxed to the limit to devise some new and beautiful scheme of decoration, some new feature in entertainment, or some surprise in dance programs.

It is extremely dangerous for any one—especially for an editor—to express any opinion as to the relative merits of this year's function in comparison with last year's. We venture to say that the decorations in the gymnasium were the finest we remember having seen and the music seemed unusually good, and the girls unusually pretty, and we enjoyed the whole affair, and so did everybody who was there.

Still, the senior class must not throw stones at our windows or hang us in effigy for praising the Middlers' work. It was no doubt due entirely to the good example set them by the present senior class last year.



Basket Ball.

The basket ball season of 1910-11 has just closed. A cursory survey of the year's basket ball games reveals no unusual features, yet upon closer study several noteworthy particulars are disclosed.

At the opening of the season, it was found that not one of the old men had returned and that an entirely new team must be whipped into shape. Moreover, Prof. Ely, the new coach, was unfamiliar with conditions and knew nothing of the men.

Appreciating the situation, he at once set to work with the inexperienced men at his command as far as the finer points of the game are concerned, and by hard and regular practice developed a team of which we may well feel proud. None of the candidates felt that they had their position "cinched" and consequently worked with a determination to make a place on the team and then maintain it. This factor, together with the willingness of every man on the team to forego individual playing and fight shoulder to shoulder, thereby developing excellent team work, made possible the developing of a team which won about two-thirds of the games played. Many of the games were with teams composed of experienced players.

While we are always desirous of winning and are greatly pleased at the creditable showing made by our team, yet we as a school are more than pleased, that whether losing or winning the team played in a gentlemanly manner. Each member of the team has played a clean game, and if there was a temporary inclination to do otherwise a word from the coach sufficed. Nothing can do more to make the game of basket ball popular than clean straightforward playing.

The basket ball team, upon returning from the Christmas vacation, got down to hard training. Each member of the team fully appreciated that the schedule consisted of a number of hard games.

A few games will be tabulated in full:

INDIANS, 32; NORMAL 23.

On January 14 our team met for the first time in basket ball the strong Carlisle Indian team.

After a battle royal our boys suffered a defeat which was no discredit to them.

The line up:

INDIANS.		NORMAL.
Wheelock	Forward	Myers
Powel	Forward	Niesley
Wounded Knee	Center	Barton
Depins	Guard	Wampler
Wanseka	Guard	Zepp

Goals from field:—Myers 4, Niesley 1, Barton 2, Wampler 3, Wheelock 1, Powel 3, Depins 6, Wounded Knee 1, Wanseka 4.

Goals from fouls:—Wanseka 2.

BLOOMSBURG, 9; NORMAL 33.

On January 24 the Normal had as opponents the strong Bloomsburg Normal team. A fast and interesting game resulted.

BLOOMSBURG NORMAL.		SHIPPENSBURG NORMAL.
Ikeler	Forward	Myers
Fausel	Forward	Markley
Erickson	Center	Barton
Turck	Guard	Wampler
Dobson	Guard	Zepp

Goals from field:—Myers 1, Markley 5, Barton 4, Wampler 4, Zepp 1, Erickson 1, Dobson 1.

Goals from fouls:—Fausel 5, Myers 1, Markley 2.

KUTZTOWN, 14; NORMAL, 39.

On February 18 the Kutztown Normal team was decisively defeated by the home team. At no time during the game did the visitors have any chance of winning.

KUTZTOWN.

Fremeyer Forward Myers
 Ziegenfuss Forward Niesley
 Hollinger Center Barton
 Grill Guard Wampler
 Wagonhoost Guard Zepp

SHIPPENSBURG.

Goals from field:—Zugenfuss 2, Grill 1, Wagonhoost 2, Niesley 3, Myers 6, Barton 3, Wampler 4, Zepp 3.

Goals from fouls:—Myers 1, Fremeyer 4.

LOCK HAVEN, 9; NORMAL, 20.

On March 11 the season closed with Lock Haven Normal.

The passing of the home team was excellent and from the beginning took the lead and held it during the entire game. The game was marked by fast and furious playing.

LOCK HAVEN.

Reigner Forward Myers
 Fleming Forward Niesley
 Donahue Center Barton
 Thomas Guard Zepp
 Adams Guard Wampler

SHIPPENSBURG.

Goals from field:—Myers 2, Niesley 1, Barton 2, Zepp 1, Wampler 1, Fleming 1, Donahue 2.

Goals from fouls:—Barton 6, Fleming 3.

THE SEASON'S SCHEDULE.

	Normal.	Opponents.
Nov. 11, Co. I. Harrisburg	24	17
Nov. 19, P. R. R. Y. M. C. A. Harrisburg.	13	51
Nov. 26, Felton A. A.	46	27
Dec. 3, Dickinson Law School	41	22
Dec. 10, Harrisburg Tech. H. S.	17	20
Dec. 17, Steelton Y. M. C. A.	34	8

	Normal.	Opponents.
Jan. 7, Carlisle Indians	23	32
Jan. 14, Carlisle Indians	9	50
Jan. 20, Steelton H. S.	12	21
Jan. 21, Kutztown Normal	8	12
Jan. 24, Bloomsburg Normal	33	9
Jan. 27, Juniata College	36	26
Feb. 4, Mercersburg Academy	9	46
Feb. 11, Steelton H. S.	30	24
Feb. 18, Kutztown Normal	39	14
Mar. 1, Mercersburg Academy	18	18
Mar. 11, Lock Haven Normal	20	9
Total points	412	406

Games won, 10; lost, 6; tie, 1.

The tie game was played with Mercersburg, who refused to play off the tie.

The second team was always on hand to give the first team a good hard tussle.

SECOND TEAM SCHEDULE.

	Normal.	Opponents.
Chambersburg H. S.	68	8
Dickinson Sophomore	31	19
Indian 2nd	8	15
Mercersburg 2nd	42	10
Indian 2nd	8	28



Base Ball.

The outlook for a good team is very encouraging. The boys are doing a little work and getting into shape as rapidly as the weather permits. A few of the old men are expected to return and Barton, last year's pitcher is back ready to render efficient service.

The manager has arranged a strong schedule, as appears below:

FIRST TEAM.

1. April 8, Scotland—Shippensburg.
2. April 14, Susquehanna University—Shippensburg.

3. April 15, Conway Hall—Carlisle.
4. April 19, Mercersburg 1st—Shippensburg.
5. April 22, Mercersburg 2nd—Mercersburg.
6. April 28, Reading High—Reading.
7. April 29, Kutztown—Kutztown.
8. May 6, Conway Hall—Shippensburg.
9. May 11, Baltimore City College—Shippensburg.
10. May 13, Mercersburg 2nd—Shippensburg.
11. May 19, Millersville—Millersville.
12. May 20, F. and S.—Steelton.
13. May 27, Harrisburg Academy—Shippensburg.
14. May 30, Dickinson College 2nd—Shippensburg.
15. June 2, Harrisburg Academy—Harrisburg.
16. June 3, Bloomsburg—Bloomsburg.
17. June 10, Kutztown—Shippensburg.
18. June 17, New Cumberland—Shippensburg.
19. June 24, F. and S.—Shippensburg.
20. June 27, Alumni—Shippensburg.

SECOND TEAM.

1. April 22, Scotland Stars—Shippensburg.
2. April 26, Chambersburg High—Shippensburg.
3. April 29, York Collegiate Inst.—Shippensburg.
4. May 13, Waynesboro High—Waynesboro.
5. May 20, Waynesboro High—Shippensburg.
6. May 27, a. m., Scotland—Scotland.
7. May 27, p. m., Chambersburg—Chambersburg.
8. June 14, Scotland Stars—Shippensburg.



Alumni Personals.

- '90. Mr. P. A. Fishel is teaching in Harrisburg, Pa.
- '90. Mr. G. P. Eckels is teaching in Pittsburg. His address is 7140 Kedron Ave., Pittsburg, Pa.
- '91. Miss Lulu A. Hudson is located at Pitcairn, Pa., where she is teaching.
- '92. Mrs. William Evans (Annie M. Keene) is living at 712 Standbridge St., Norristown, Pa.

'92. Miss Lida P. Highlands is teaching in Brooklyn, N. Y. Her address is 882 Union St., Brooklyn, N. Y.

'93. Rev. L. B. Hafer is located as a minister at Taneytown, Md. He was formerly in Philadelphia.

'94. We are indebted to Mr. J. E. McCullough for a very nice picture of the Rev. S. H. Piper's M. E. Church at Bridgewater, Pa. Sorry we can't publish the picture in the HERALD.

'95. Rev. Charles E. Snoke is pastor of the East End Presbyterian Church, Pittsburg, Pa. His address is Tuscarora St.

'96. Mr. E. M. Gress is still teaching at Swissvale, Pa. His address is 1912 Wayne St.

'96. Mr. D. L. Scott is with the Westinghouse Company. His address is 2226 Delaware Ave., Swissvale, Pa.

'97. Mr. J. E. French takes a position March 1st with the Wilson Snyder Manufacturing Company, of Pittsburg.

'97. Mrs. Grace Fairman (Hickernell) is living at 745 Rebecca Ave., Wilkinsburg, Pa.

'97. A card from Miss Carrie A. Mitchell informs us that she is employed as bookkeeper at 705 Sellwood Building, Duluth, Minn.

'97. A letter from Mr. H. H. Poole says he is Principal of the public schools at Leetsdale, Pa., and is getting along very well.

'98. Mr. A. W. Crouse is employed with the Westinghouse Company of Pittsburg.

'98. Mrs. Leota Benner (Pittman) is living at Lemont Furnace, Fayette Co., Pa.

'98. Miss Anna E. Cook is teaching in Wilkinsburg, Pa. Her address is 500 South Ave.

'98. A clipping from a recent paper tells us that Mr. Murray L. Dick has been elected to the position of assistant cashier of the First National Bank of Mechanicsburg. We are glad to note the advancement of Mr. Dick and extend our best wishes.

'98. A recent letter from Mrs. Josephine Hughes informs us that she has moved from Mannington to Ogden Ave., Fairmount, W. Va., where her husband is employed.

'99. Miss Mellie J. Stouffer is living at East McKeesport, Pa., where she is teaching.

'99. Mr. J. G. Markey writes that his address is changed from Mulberry to Dover, R. F. D. 1. He is teaching and has not missed a term since leaving Normal. He sends best wishes for Normal.

'00. We are greatly indebted to Mr. J. E. McCullough for a large number of changes in Alumni addresses for this HERALD. He suggests that we send copies of the HERALD to all whose address he sends us and in this way we may arouse more interest among the graduates. He also suggests that if they receive a copy of the HERALD they will no doubt send us their subscription. Alumni please note this and comply.

'02. Mrs. Annie Lukens (Shearn) is living in Harrisburg, Pa.

'03. A card from Mr. G. E. Wineman shows that he has been in New Orleans on the great Mardi Gras Day. We appreciate his kindness in remembering us.

'04. Mrs. Nelle Johnston (Corbin) is living near Lewis town, Pa. Her address is R. F. D. 2. She sends us her subscription to the HERALD and tells us the baby is fine.

'04. Miss Anna Smith is teaching at Avalon, Pa.

'04. Mrs. Annie Heefner (Eshelman) is teaching in the Bethany Bible School at Chicago. Both she and her husband are teachers there. Her address is 3301 Adams St., Chicago, Ill.

'04. Mr. James M. Dunlap called at the Normal recently and renewed his HERALD subscription.

'04. Miss Elizabeth Blair sends 25 cents and best wishes to Normal. She is teaching in Chambersburg, Pa.

'05. Mrs. Grace Hixon (Patterson) is living at Arnold City, Pa.

'05. Mr. James Eldon is a Freshman in the College of Osteopathy in Philadelphia.

'05. We were glad to have Mr. Paul Schwartz with us for a few days recently. Paul is looking fine and seems to enjoy life. We are always glad to see our old students back again. Mr. Schwartz is employed in Baltimore, Md.

'06. Miss Mattie Clark is teaching at Williamson, Pa.

'07. Miss Harriet Shriner is teaching near Chambersburg. Her address is R. F. D. 1, Chambersburg.

'07. Miss Benorah Dohner is spending some time in Oklahoma City for her health.

'07. Misses Besse and Marge Brown are each teaching a second term at Perth Amboy, N. J.

'07. Miss Florence Clippinger is a student at Lebanon Valley College.

'07. Miss Fredyth L. Wineman is teaching at Glassport, Pa. Her address is 733 Michigan Ave.

'07. Mrs. Estella Meixell is teaching at Mechanicsville, Iowa, R. F. D. 2, and likes her work. She sends HERALD subscription.

'08. Miss Mary Conn is spending the winter at her home, East Waterford, Pa.

'08. Miss Marian L. Lawall has taught for the past three years at Coplay, Pa.

'08. Mr. C. I. Smith is teaching at Morganza, Pa.

'08. Miss Laura H. Urich is teaching in Harrisburg, Pa. Her address is 625 N. 15th St.

'09. Mr. Ralph Matter is teaching at Morganza, Pa.

'09. Miss Edna B. Shupp is teaching near Carlisle, Pa.

'09. Miss Blanche Benner writes from East Berlin that she and her sister Carrie are teaching in that place. Carrie is in the secondary school and Blanche in the Grammar grade. She encloses HERALD subscription.

'09. Miss Elizabeth C. Herring is teaching the Grammar school in Fairfield, Pa. Says she often thinks of Normal and wishes she were with us again.

'09. Miss Edith McMeen is teaching 8th grade in the Coreopolis Schools. Address 943 Second Ave.

'09. Miss Jennie M. Hicks writes from Enhaut, Pa., where she is teaching and says she likes her work, and several former Normal students being in the same town make it very pleasant for her.

'10. Miss Besse Braucht is teaching at East Waterford, Grammar grade.

'10. Miss Vera C. Peiffer is substitute in the Harrisburg schools. Her address is 519 S. 14th St.

'10. Miss Kathryn Dewalt is at Bridgewater, Pa.

'10. A letter from Miss Mary Christopher encloses her HERALD subscription for another year. She is getting along nicely and sends best wishes to Normal.

'10. Miss Mary L. McNeal is teaching in Reedsville, Pa.



Obituary.

Mrs. Julia Anne Baish, mother of H. H. Baish, '95, Supt. of City Schools, Altoona, Pa.

The HERALD extends sympathy to Supt. Baish and family. We publish resolutions of respect sent us by Altoona School Board.

RESOLUTIONS BY PEDAGOGUES.

TEACHERS AND PRINCIPALS TAKE ACTION ON DEATH OF MRS. JULIA BAISH.

The committees appointed at a special meeting of the Principals' Association in the board room at the high school on Wednesday afternoon to prepare suitable resolutions concerning the death of Mrs. Julia Anne Baish, mother of Professor Henry H. Baish, Superintendent of the city public schools, yesterday held a meeting and drafted the following resolutions, sending a copy of them to the bereaved family:

WE, the teachers and principals of the public schools of Altoona, learn with sorrow that Mrs. Julia Anne Baish, mother of our co-worker and beloved Superintendent, Henry H. Baish, has passed forever and into the great beyond.

Our grief grows the more intense in the thought of the deep gloom that pervades the home from which a bright light, such as only a mother's presence can radiate, has eternally gone. That same light reflected on memory will still guide the feet of loving offspring.

The thought we would impress in characters golden upon our official head, his sister and brothers is: "While she lived she shone;" and that they mourn her not as they mourn who are without hope.

W. H. BURD,
W. C. REEM,
L. C. SMITH,
Committee.

MISS ELECTA S. FICKES, '95.

The following is from a local paper:

After an illness of three weeks, Miss Electa S. Fickes, daughter of Mrs. Sarah C. Fickes, died at her home, 648 Abbottstown street, Wednesday evening, October 5th, at 6 o'clock, from a complication of diseases, aged 35 years.

Six years ago John H. Fickes, father of the deceased, and family, moved to Hanover from Hampton, Adams county, and on the 12th of July, 1909, Mr. Fickes died after a brief illness.

Deceased is survived by her mother and one sister, Mrs. Edward Brockley, residing on Fulton street, Hanover.

For the past seven years Miss Fickes was a teacher in the Hanover public schools, and was always methodical and conscientious in her work. Being of a kind and courteous demeanor, she was greatly beloved and esteemed by her pupils, teachers and all who had the pleasure to know her.

Funeral Saturday, October 8th. Services at the house at 10 a. m., Rev. A. M. Heilman, of St. Matthew's Lutheran church, officiating. Interment in Mt. Olivet cemetery.



HIRAM J. PLOUGH, '74.

We also print the following from a local paper:

Hiram J. Plough, a graduate of the Shippensburg Normal School, of the class of 1874, who was formerly a member of the Franklin county bar, who in the years 1887, '88 and '89 served as district attorney of Franklin county, died suddenly of valvular heart trouble, on Wednesday, February 1, 1911, at Paterson, New Jersey. He was buried in Cedar Grove cemetery, Chambersburg, Friday morning, February 3, from the home of Linn Harbaugh, esq. Mr. Plough graduated from the Shippensburg Normal School in 1874 in the class with Misses Carrie Harper, Lizzie A. Stough, Mary E. Stewart, L. J. Reiley, and Messrs. Joseph F. Barton, S. C. Beitzel, J. H. Boyer, S. B. McClelland, Fillmore Maust, John C. Sharpe, S. B. Shearer, H. H. Woodal and others. He is survived by his wife, who was a daughter of the late Judge Kimmell, and three daughters.

The HERALD extends sympathy to the families of these graduates.

Alumni Banquet.

The second annual banquet and reunion of the C. V. S. N. S. Alumni of Western Pennsylvania was held in the "Dutch Room" of the Fort Pitt Hotel, Pittsburg, Pa., on Saturday evening, February 25, 1911.

After an excellent and prettily appointed dinner had been served, those present joined in singing "School Days," with Mrs. U. L. Allen presiding at the piano.

The toastmaster, Mr. W. E. Fohl, '91, in well chosen words, introduced his classmate, Prof. W. M. Rife, of Reynoldsville, Pa., who responded in a very able and fitting manner. Prof. Rife's career at Normal having extended over a period of about twenty years, his remarks were of special interest and well enjoyed by all present, most of whom had had a personal acquaintance with Prof. Rife at Normal.

Letters of greeting were then read from Dr. Jos. F. Barton and Prof. J. W. Hughes, both of which were greatly appreciated.

After Messrs. Kell and Poole had favored the audience with instrumental music, Prof. J. B. Eby, of the Pennsylvania Reform School, Morganza, Pa., Prof. E. M. Gress, Swissvale, Pa., Mr. G. H. Francis, Greensburg, Pa., and Prof. G. P. Eckels, Pittsburg, Pa., were each introduced and responded in appropriate remarks.

The banquet ended at a late hour after the singing of Auld Lang Syne.

The association was favored by having present Miss Lida J. Reilly, of Tarentum, Pa., a graduate of the first class at Shipensburg.

Commendation is due Mr. J. E. McCullough, President of the Association, for his labor in behalf of the banquet and the success of his efforts. The artistic folder containing the songs which were sung and a large Sepia print of the Normal, prepared by Mr. Nycum, were greatly prized by the recipients.

Those present: Miss Lida J. Reilly '74, Prof. G. P. Eckels '90, Prof. W. W. Rife '91, Prof. J. O. Gray '91, W. E. Fohl '91, Mrs. W. E. Fohl, J. W. Elliott '93, Prof. J. B. Eby '93, Mrs. J. B. Eby, Rev. H. E. Clare, Mrs. H. E. Clare '94, W. H. McGowan '94, Mrs. W. H. McGowan, Prof. E. M. Gress '96, J. H. Mc-

Culloch '96, Mrs. J. H. McCulloch, G. H. Francis '96, J. M. Nycum '97, Mrs. J. M. Nycum '97, H. H. Kell '97, Prof. H. H. Poole '97, Miss Anna Cook '98, U. L. Allen '99, Mrs. U. L. Allen, J. E. French '99, Frank Harman '99, Miss Mellie Stouffer, '99, J. E. McCullough '00, R. J. Watson '00, S. E. Hershey, '02, Mrs. S. E. Hershey, Miss Fredyth Wineman '07, C. I. Smith, '08, Mrs. C. I. Smith, Ralph P. Matter '09, Miss Mary M. Houston, '09 and W. L. Hendershot, '10.



Cupid's Column.

PROUT—JONES. At Wilmington, Delaware, November 4, Mr. Haydn P. Prout to Miss Martha Jones, '05.

ADAMS—LAY. At Carlisle, Pa., Mr. Thompson Adams, of Carlisle, to Miss Ella Lay, '07. They will reside in Carlisle.

STEELE—SMITH. At Newport, Pa., February 9, Mr. Chester Steele, of Duncannon, to Miss Hettie Smith, '09. They will be at home in Duncannon after March 25.

LAWLESS—WEAVER. January 10, Dr. R. E. Lawless to Miss Julia Weaver, '01. They reside at 1205 Broadway, Toledo, Ohio.

PENTZ—DOWNS. At Catasauqua, Pa., June 29th, Mr. Pentz, of Williamsport, to Miss Gwendolyn Downs, '02.

HILL—SHELLENBERGER. At Middletown, Pa., April, by Rev. H. F. Hoover, Mr. William Hill to Miss Elizabeth Shellenberger, '95. They will reside at Bainbridge, Pa.



Stork Column.

THRUSH. At Shippensburg, Pa., February, to Mr. and Mrs. Charles Thrush, a daughter. Mrs. Thrush was Miss Ethel Gray, teacher of music for several years in the Normal.

KEGERREIS. At Fannettsburg, Pa., February 12, to Mr. and Mrs. Kegerreis, a son. Mrs. Kegerreis was Miss Blanche Johnston, '00.

BURKHOLDER. At Lewistown, Pa., July, to Rev. and Mrs. Burkholder, a daughter. Mrs. Burkholder was Miss Sarada McLaughlin, '99.

NACE. At Hanover, March 15, to Mr. and Mrs. Nace, a son. Mrs. Nace was Miss Laura Kraber, '07.

SCHNURMAN. At Allentown, Pa., Nov. 5th, to Mr. and Mrs. Carl Schnurman, a daughter. Mrs. Schnurman was Miss Emily McKeever, '05.



Announcement.

The engagement of Miss Marge Brown, '07, to Mr. Alvin Bartholdy Fox, of Perth Amboy, N. J., has been announced. No date has been set for the wedding.



Exchanges.

Tests were long and time was fleeting,
And your thots they came so slow,
That the clock-ticks seem but beating
Funeral marches to zero.—Ex.



JUNIOR—"I thought you took up Latin last year?"
MIDDLER—"I did, but the faculty encored me."—Ex.



"I'll work no more for that man Dolan."
"An' why?"
"Shure, 'tis because of a remark he made."
"An' phat was that?"
"Says he, 'Casey,' says he, 'you're discharged!'"—Ex.



"Education is a process of human development through acquisition and effort. The effort that one makes to acquire knowledge educates him quite as much as the knowledge he acquires.—*The Millersvillian.*



SHE—"How kind of you to bring me these flowers. I think there is a little dew on them yet."

HE—"Well, er-r-r yes, a little, but I'll pay that to-morrow."
—Ex.

Department of Physical Training.

Organization.

GEORGE B. ELY,	-	-	-	Director of Department.
MARY C. WITMAN,	-	-	-	Children's Playground and Gymnastics.
HELEN WISE,	-	-	-	Accompanist.
MEMBERS OF SENIOR CLASS,	-	-	-	Assistants.

Mens Sana in Corpore Sano.

The Department of Physical Training has a double purpose—First, to develop strong and well-proportioned physical condition in the students; second, to teach the art of physical training.

The children of the Model School are each one examined by qualified physicians, and a careful record of their condition kept from year to year.

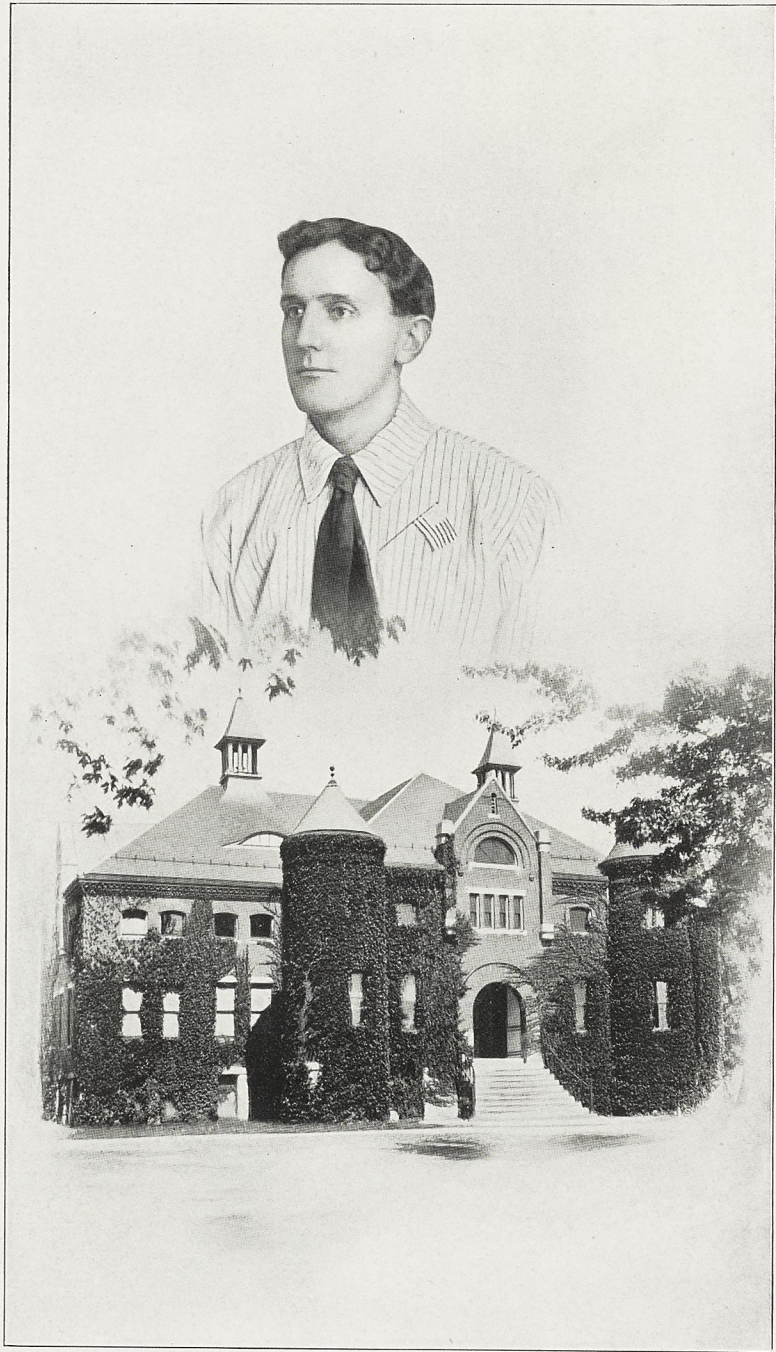
The physical training of the Model School children is under the general supervision of Prof. Ely, assisted by Miss Witman and by members of the Senior class.

The Normal School students are trained in classes, and in groups formed to meet different tastes and physical conditions. Great care is used to demand no exercises that might be dangerous to anyone.

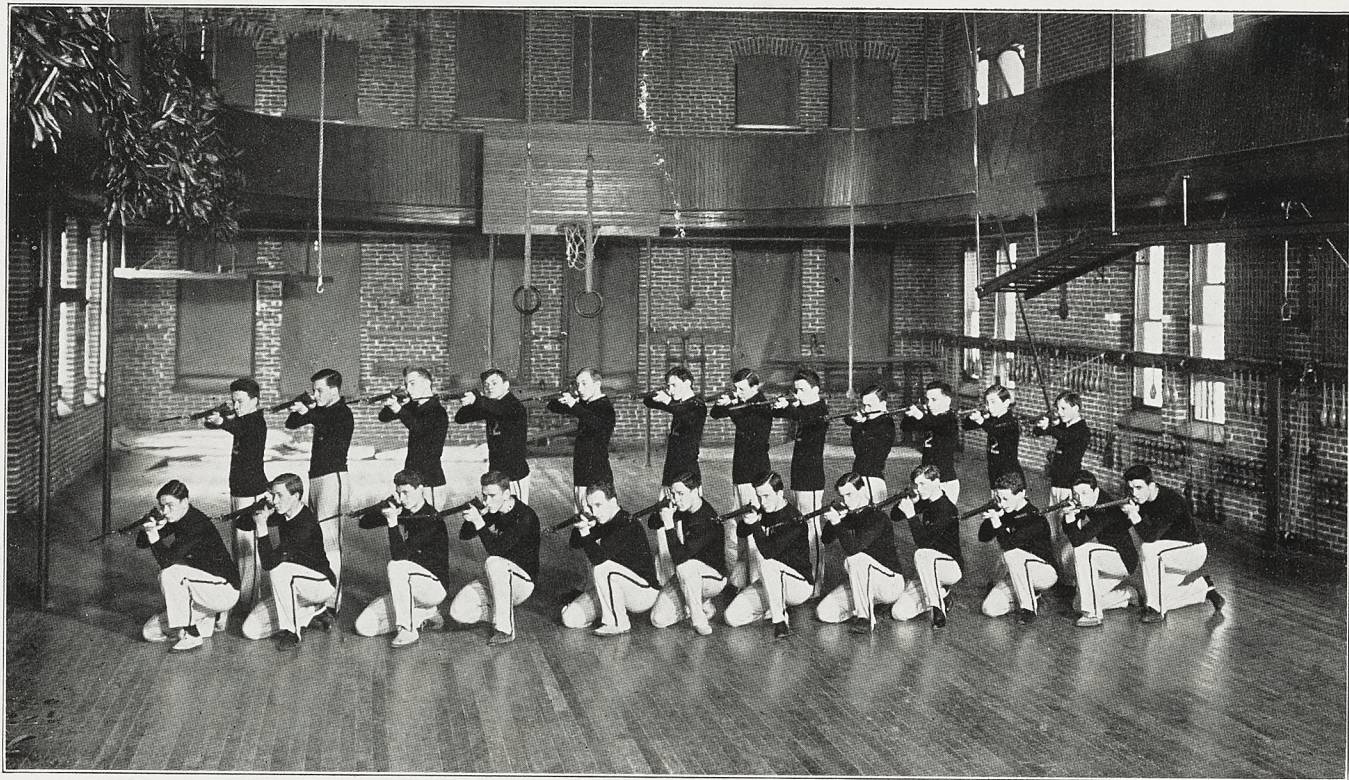
The most interesting features of the work at present are the Military Work and the Folk Dances, both of which have been very successfully conducted by Prof. Ely and Miss Witman.

The children's playground work has also been developed in a very satisfactory manner.

The following illustrations give some idea of the work of the department:



PROF. G. B. ELY, PHYSICAL DIRECTOR



MILITARY WORK

Oh! it is excellent
To have a giant's strength; but it is tyrannous
To use it like a giant.

SHAKESPEARE.

One short hour devoted daily to gymnastics will suffice to preserve, and often restore health, to quadruple a man's strength, to develop his bodily powers, and to qualify him for an amount of exertion that he would have despaired of achieving at the commencement of his practice.

DALMENY.



PYRAMID BUILDING



SENIOR BOYS, SECOND POSITION ATHLETIC DANCE

Recreation is intended to the mind, as whetting is to the scythe, to sharpen the edge of it, which otherwise would grow dull and blunt. He, therefore, that spends his whole time in recreation, is ever whetting, never mowing; his grass may grow, and his steed starve; as, contrarily, he that always toils and never recreates, is ever mowing, never whetting; laboring much to little purpose. As good no scythe as no edge. Then only doth the work go forward, when the scythe is so seasonably and moderately whetted, that it may cut, and so cut that it may have the help of sharpening.

BISHOP HALL.

I have nothing new to say upon the management which the body requires. The common rules are the best:—exercise without fatigue, generous living without excess, early rising, and moderation in sleeping. These are the apothegms of old women; but if they are not attended to, happiness may become so extremely difficult that very few persons can attain it. In this point of view, the care of the body becomes a subject of elevation and importance. A walk in the fields, an hour's less sleep, may remove all these bodily vexations and disquietudes which are such formidable enemies to virtue, and may enable the mind to pursue its own resolves without that constant train of temptations to resist, and obstacles to overcome, which it always experiences from the bad organization of its companion.

SYDNEY SMITH.



FOLK DANCE—THE SPINNING WHEEL



DUMB BELL EXERCISES—SENIOR

Though health may be enjoyed without gratitude, it cannot be sported with without loss, or regained by courage.

BUCKMINSTER.

The common ingredients of health and long life are—
Great temp'rance, open air,
Easy labor, little care.

SIR PHILIP SYDNEY.



INDIAN CLUBS—MIDDLE CLASS



SWEDISH DANCE—MISS HARMON'S CLASS

The general mistake among us in educating our children, is —that in our daughters we take care of their persons and neglect their minds, in our sons we are so intent upon adorning their minds that we wholly neglect their bodies.

ADDISON.

The first physicians by debauch were made;
Excess began and sloth sustains the trade.
By chase our long-lived fathers earn'd their food;
Toil strung the nerves, and purified the blood;
But we, their sons, a pamper'd race of men,
Are dwindled down to three score years and ten;
Better to hunt in fields for health unbought,
Than fee the doctor for a nauseous draught;
The wise for cure on exercise depend;
God never made His work for man to mend.

DRYDEN.



CHILDREN'S PLAYGROUND GYMNASTICS—MISS WITMAN



STRETCHING EXERCISE—MISS WITMAN'S CLASS

Inhaling bad air is drinking in death.

DR. DAVIES.

Air is the transparent, colorless, invisible, light, and attenuated fluid with which we are always surrounded.

DR. LARDNER.

The bow cannot possibly stand always bent, nor can human nature subsist without recreation.

CERVANTES.



BASKET BALL



FIRST BASKET BALL TEAM, 1910-11

Special for the Spring Term.

A special gymnastic class for those interested along athletic work will be conducted by Director G. B. Ely, including Military, Swedish and artistic work. The model practice work in the children's playground will be under the direction of Miss Mary C. Witman. Candidates for this class have the following choice—Seniors, 1st; Middlers, 2nd; Spring term teachers, 3rd.

Personal Hygiene, Medical Inspection, Principles and Practice of Teaching and Theory of Play will be represented later. The outdoor gymnastics will be represented later in the following work:

- (a) Baseball, tennis and field work.
- (b) The children's playground and games.

The Girls' Gymnastic Exhibition.

CUMBERLAND VALLEY STATE NORMAL SCHOOL

FEBRUARY 22, 1911, 2:30 P. M.

GEORGE B. ELY, - - - - - PHYSICAL DIRECTOR
 MARY C. WITMAN, - DIRECTOR OF CHILDREN'S PLAYGROUND AND GYMNASTICS
 HELEN P. WISE, - - - - - ACCOMPANIST

PROGRAM**I**

First and Second Grades (Model).....
 (a) I see you—(Recreation)
 (b) Jumping exercise—(Muscular)

II

German and Swedish Work.....
 (a) Marching with figures
 (b) Swinging step of Irish Lilt
 (c) Stretching, bending and breathing exercise

III

5—8th Grades (Model).....
 Senior Work
 (a) Dumb Bell Drill
 (b) German Clap Dance,.....Edna Harman

IV

Artistic work.....
 (a) Waltz
 (b) Schottische
 (c) Barn Dance
 (d) Two Step

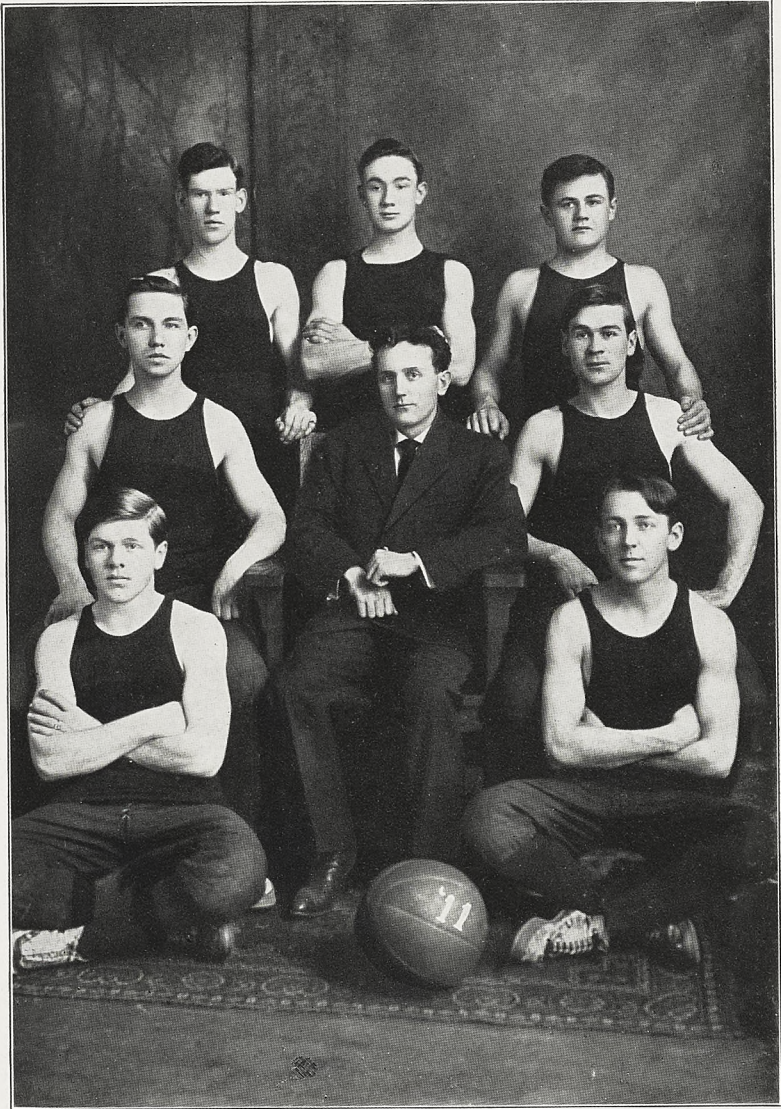
V

Third and Fourth Grades.....
 (a) Chimes of Dunkirk
 (b) Kinderpolka Carrousal
 (c) Relay Race

VI

Indian Club Race by Girls
 Folk Dance.....
 Reaping the Flax

ADMISSION 10 CENTS



SECOND BASKET BALL TEAM, 1910-11