

THE CAMPUS VOICE

Bloomsburg State College

Friday, October 29, 1982

In this issue:
Blake named player
of the week. Page 7



Patrick J. Murphy

Jeffrey R. Jenkins, a member of the Class of 1982 at Bloomsburg State College, didn't realize he was making history recently when he mailed his contribution to the BSC Alumni Association. With this check he became the 10,000th different contributor to the Association since record-keeping began years ago. Over 31,000 people have graduated from BSC. Jenkins graduated with a Bachelor of Science degree in Business Administration (Marketing). The Norristown resident is working as a salesman in Ralston Purina Company's Metropolitan Management Trainee program. Shown with Jenkins are Doug Hippenstiel, Director of Alumni Affairs, and Dr. James H. McCormick, President of the College.

CGA Exec. Council

Tenure Track Discussed

By MEG RONEY

Dr. Larry Jones, vice president of academic affairs, presented a new system for hiring future faculty members at Monday's meeting of the Executive Council.

While the present policy is to offer newly hired teachers a tenure track contract, Dr. Jones proposed that this be changed to a practice of hiring faculty for one-year, fixed term appointments. According to Jones, this would be an up-front and forward way to handle the unforeseen future needs of students, while also alleviating the possible overflow of faculty in a decreasing major area.

Although this proposed new policy may assure the presence of faculty members in true areas of need, to offer only one-year appointments to teachers may "hurt the quality of the education students receive," commented Paul Stockler, president of CGA.

Life Insurance

Also on the agenda at Monday's meeting was the offer by a Life Insurance Company to enter into a business arrangement with CGA. If allowed to use the CGA letterhead on a form offering life insurance to BSC freshmen, the company would pay CGA \$25 a year, plus 10 cents for every name sent to them of BSC students. However, this offer was declined after Dean Norton explained that, "once we open that door and give out lists of students' names, we would be bombarded with people seeking the same thing."

Faculty Evaluations

The Faculty Evaluation Committee notified the Council of their plans to alter the faculty evaluation forms for this semester and to formulate a new form for next semester. Item number 23 on the present form, referring to the excessiveness of the work amount for the course will be changed to a more positive statement, while numbers 26 & 27, requiring a letter grade to be assigned to the professor of the course as well as to the course itself, will specify that both grades are to be assigned while comparing the professor and course to others in the department.

Miscellaneous

Also presented at Council's meeting was the possibility of copies of CGA minutes to be distributed around campus. CGA plans to have the copies placed in each dorm wing, as well as at other campus locations.

Finally, the atmosphere in Scranton Commons may soon be brighter and more picturesque, if the Food Service Committee has its way. Plans were proposed on Monday to decorate the Common walls with campus life photos similar to those in the Union.

Rape Awareness Week Initiated By CAS

This week was Rape Awareness Week. The week, observed statewide, was initiated by the Commonwealth Association of Students and is designed to alert students and the general public to the prevalence of this act of violence, and to educate them concerning its causes and prevention.

"Rape is a criminal attack by an assailant - unexpected and unprovoked. Only when society accepts this as fact and discards the myth that rape is somehow part of sex shall this crime be lessened and the guilty be punished in the same way as other criminals," said Melissa Dyas-Fried, director of the Women's Center.

The Center, located in Bloomsburg, is the Rape Crisis Center for Columbia, Montour,

Northumberland and lower Luzerne counties. Should a woman of the area be raped, a Women's Center representative is always available to stay with the victim through the hospital and police procedures.

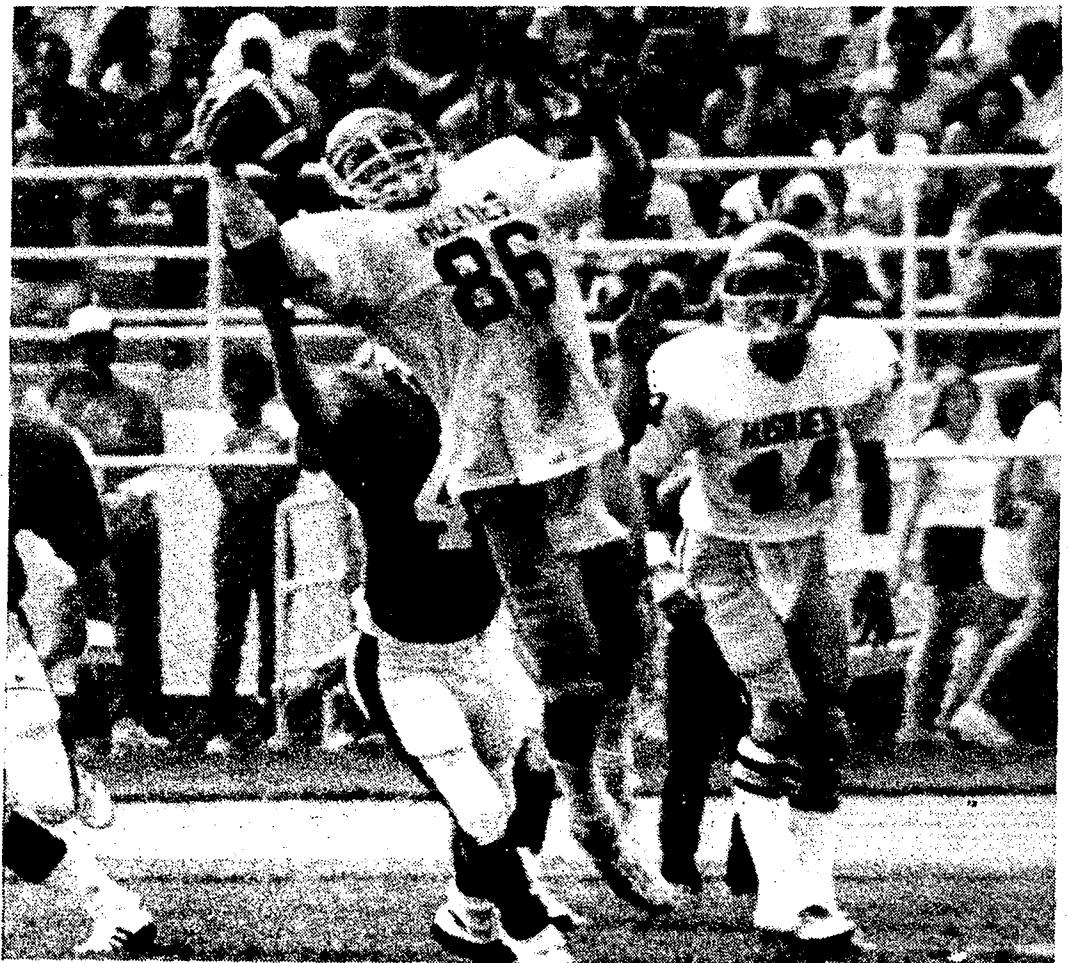
"I feel it's very important for a woman who has had this violence committed against her to know that there is support available from another woman, that someone will accompany her, listen to her, comfort her," said Karen Haas, Women's Center counselor. "The Women's Center has a 24-hour hotline, 784-6631. Any victim of sexual assault or domestic violence may call any hour of the day or night for support," Ms. Haas added. In February, the Women's Center will be sponsoring a training seminar in methods for dealing with

rapes for police and law enforcement officials. Harry O. Reilly, nationally renowned lecturer on police response to rape, will be presenting the one day session.

(Continued on Page 6)

Places To Vote

- Bloom, 1st - Court House, West Main St., Bloomsburg
- Bloom, 2nd Winona Hose House, Center St., Bloomsburg
- Bloom, 3rd No. 1 Housenick Motor Co. Show Room, Main and East St., Bloomsburg
- Bloom, 3rd No. 2 Multi Purpose Room, Kehr Union Building, BSC Bloomsburg
- Bloom 4th, Rescue Hose Co. East 5th St., Bloomsburg
- Bloom 5th, Town Street Depy. Building, 8th and Catherine Ct., Bloomsburg
- Bloom 6th Bloomsburg Ambulance Bldg., East 2nd St., Bloomsburg
- Bloom 7th Liberty Hose Co., Leonard St., Bloomsburg
- Bloom 8th Friendship Fire Co. Building 7th and Center Sts. Bloomsburg
- Scott East No. 1 News Espy Fire Hall, 3rd and Market Sts., Bloomsburg, Espy, Bloomsburg
- Scott East No. 2 New Social Hall Building United Methodist Church, Ridge St., Almedia
- Scott West Lightstreet Fire Hall, Lightstreet



Patrick J. Murphy

Great Catch. BSC All-American candidate Mike Blake hauls in a pass in early season action against Shippensburg. Blake has 25 receptions on the year.

Letters to the Editor

Voting Counts

Dear Editor: I received the following letter and would like to share it with the women of the area.

Dear Women Voters:

For all of you who think your vote doesn't matter, please reconsider.

Consider first the facts. Women are the primary victims of the recession. Over 4 million are out of jobs. Women comprise 63 percent of the nation's poor, whether they work inside the home or out. And on other fronts-social security, insurance, education, health care-aren't getting a fair shake.

Consider, too, our strength. We represent over half of the electorate, and, by everybody's arithmetic, are capable of making an important statement in Tuesday's elections. We care about jobs, about security, about fairness. And fairness is what the 1982 elections are all about. On November 2 our vote can mean the difference between a government which cares about women and one which doesn't.

October 30 is "Get Out The Women's Vote Day." Use it to urge your families, friends and neighbors to vote on November 2. Join us at the polls on November 2.

Make your vote count! The preceding letter was signed by the following: American Association of University Women, Mary Purcell (Pres.); American Women in Radio & Television, Charlotte Tharp (Pres.); National Council of Negro Women, Inc., Dorothy Heitth (Pres.); National Federation of

Business and Professional Women's Clubs, Inc., Jeri Libner (Pres.); National Women's Party, Elizabeth Chittick (Pres.); National Organization for Women, Eleanor Smeal (Pres.); National Women's Political Caucus, Kathy Wilson (Chair.); Women's Equity Action League, Mary Gray (Pres.); Women in Communications, Inc., Susan Chilcott (Pres.).

Sincerely,
Diane M. Holleran
Public Information Chair
Bloomsburg Branch
American Assoc. of
University Women

The Better Choice?

To the Editor:

Don Canada's letter of Oct. 25, criticizing Frank Harrison's financial aid proposals misses the point. Mr. Harrison wants to see students helped in as fair and as practicable a way as possible. His opponent, on the other hand, voted for the cuts in financial aid which hit students this fall. Specifically, on June 10, 1981, he voted for the Latta Amendment, and that's what slashed the Pell Grants, the Guaranteed Student Loans, the SEOG Grants, and the Social Security death benefits. The Latta Amendment was a stab in the back, as far as students are concerned. His recent vote for the Supplemental Appropriation (Simon-Conte Amendment) is only a smokescreen to conceal the damage he did on June 10, 1981. All it does is continue aid at its present, reduced level. Naturally the presidents of all

the colleges in the district wrote him thank-you notes; they were grateful he did not vote to shaft their students a second time.

Thus, while Frank Harrison's proposals probably could use some improvement, it seems clear that under these circumstances he represents by far the better choice.

Carol Lutter

Write-in Candidate

Dear Editor:

Would you please inform your fellow students that I am a write-in candidate for the United States Senate.

Students should vote for me as I intend to restore all the federal aid the incumbent and his party have fostered.

I believe, strongly, that everyone who wants a higher education, and qualifies, should have the same chance, as any rich son feels that it is his right, too.

My background is as follows:

I was a Democrat most of my life but switched registration to Republican so that I could work for and vote for Ronald Reagan, because I believe he is right for this country.

I have worked for Heinz, the Republican millionaire from Pittsburgh, in his successful 1976 campaign. In all, I have been active in 12 political campaigns, in which the candidates I supported ousted incumbents.

My wife said to me, "You beat incumbents 12 for 12, why don't you run yourself?" I decided I would and announced my intentions last summer.

(Continued on Page 4)

Views on Candidate

Nelligan at BSC

By DEB BERKLEY

In the confusion of last minute appearances on campus by candidates for political office, it is difficult, if not impossible, for students to make rational decisions at the polls.

As the editor of this newspaper, I recently had the opportunity to talk with Congressman Jim Nelligan, who came on campus last Friday to talk to students.

Nelligan went into the snack bar area of the Union to see students, shake hands and talk.

At the interview a short while later, Nelligan explained his responsibilities as a member of Congress. "My first responsibility is not to represent any special interest groups," he said when asked what he would do to help students and their situations with financial aid.

"What I have to do is look at the entire needs of the congressional district; also the needs of the nation," he said. "So far as students are concerned, I think we should help students as much as we possibly can."

Nelligan said that unlike his opponent (Frank Harrison), he has a voting record, and he has voted on some very tough issues. Tough ones meaning, he said, that in 1980 he voted to increase student aid between '81 and '82 and he voted to hold the line on student aid between '82 and '83.

With regards to his voting record, a copy of the official record for all state congressmen shows that Nelligan voted to slash education, health and job programs 5 percent for 1982.

Through this vote, the House voted to adopt the Latta amendment as its budget for 1983. The Latta plan slashes billions of dollars out of Medicare (health insurance for the elderly), eliminates 25 states from additional unemployment insurance benefits and slashes the Guaranteed Student Loan and Pell Grant programs. It was adopted on June 10, 1981.

In addition to this, Nelligan voted against the First Budget Resolution, which cut more than \$35 billion from social and economic programs, and included "reconciliation" instruction requiring committees with jurisdiction over specific federal programs to translate these broad budget reduction into individual program cuts. Once completed, those cuts would then be packaged by the House Budget Committee into a budget "reconciliation" bill — the second of three steps in the congressional budget process. As a counter-strategy, House Democrats constructed a debate rule to force separate votes on each of the deepest Reagan cuts — in those things such as college loans. The key vote came on a procedural motion by Rep. Richard Bolling. Seeking to avoid the political consequences of voting for deep cuts in federal programs that enjoyed wide public support, the conservative coalition lined up to defeat the Bolling motion by a 210-217 vote on June 25, 1981. Nelligan was a part of this coalition.

Nelligan said that most of that vote, the one to hold the line on

(Continued on Page 3)



Campus Voice Staff

Vol. LXI No. 20

Bloomsburg State College, PA 17815 Box 97 KUB 389-3101

- Executive Editor Debbie Berkley
- Managing Editor Angel Grasso
- News Editors Patty Hagmann, Patrick Mollay
- News Asst. Dot Iltis, Betsy Wulph
- Feature Editors Mike Yamrus, Mike Dillon,
- Feature Asst. Corty Pennypacker, Stephanie Richardson, Ninetta Friscia
- Sports Editors Dan Campbell, Dan Loughlin, Wade Douglas
- Photo Editors Roger Cheney, Kent Hagedorn
- Ad Manager Nancy Barg
- Ad Asst Anthony Crouthamel, Roxanne Montero
- Copy Editors Meg Koney, Fran Heckel, Lori Ziegenfus
- Copy Asst. Joanne Wizna, Cindi MacHatton
- Circulation Manager Roxana Montero
- Business Manager Neil Renaldi
- Advisor Mr. Richard Savage

The Voice is governed by the Editorial Board with the final responsibility for all material resting with the executive editor as stated in the Joint Statement of Freedom, Rights and Responsibilities of students at BSC.

The Voice reserves the right to edit all letters and copy submitted. A maximum of 450 words will be placed on all letters to the editor with an allowance for exceptions. All letters must be signed and have an address and phone number for verification. Names will be withheld upon request.

The opinions voiced in the columns, articles and notices are not necessarily honored by the entire staff. An unsigned staff editorial denotes a major editorial opinion.

All copy must be submitted by 5 p.m. on Sundays, Tuesdays or Thursdays. A two day notice must be given for late or postponed articles.

Voting, An Important Right

(This news release is from the office of Congressman Allen Ertel, 17th District):

Voting is one of our most important rights as a free people. Choosing the people to represent you in a number of national, state and local offices

Everyone should seize the opportunity and vote.

is the responsibility of all of us. Everyone should seize that opportunity and vote for the person they believe can do the best job in each office.

Election day — Tuesday, November 2 — will soon give us that chance. And one of my House colleagues knows better than anyone why it's important for everyone to vote. He knows first-hand, as a result of a razor-thin loss in his recent guber-

natorial race, that only a few votes can make a crucial difference.

You may have seen Congressman Jim Florio on TV in the last few weeks urging everyone to vote. In a public service announcement, Jim is shown leaving a voting booth and pointing out that in 1981 he was "almost Governor of New Jersey." Out of 2,289,253 votes cast in Jim's contest, he lost by only 1,677. That's just 6-100th of one percentage point.

Why did he lose? Jim says, "Maybe it was because so many voters didn't go to the polls. Many people told me they didn't know it was going to be so close." No wonder Jim describes himself as "a walking civics lesson for the basic proposition that every vote counts."

Every election has close races like Jim's. Make sure your vote counts. Visit your local polling place on November 2. Your vote could make the difference.

Nelligan

(Continued from Page 2)

student aid, was based on his discussions with presidents of colleges in his district. Many of them felt if we could hold the line in '82, that students could make it, students would be able to attend," said Nelligan. "And I have talked to many students and asked them, 'Have you been cut?' The answers, he said, were 'We have not'.

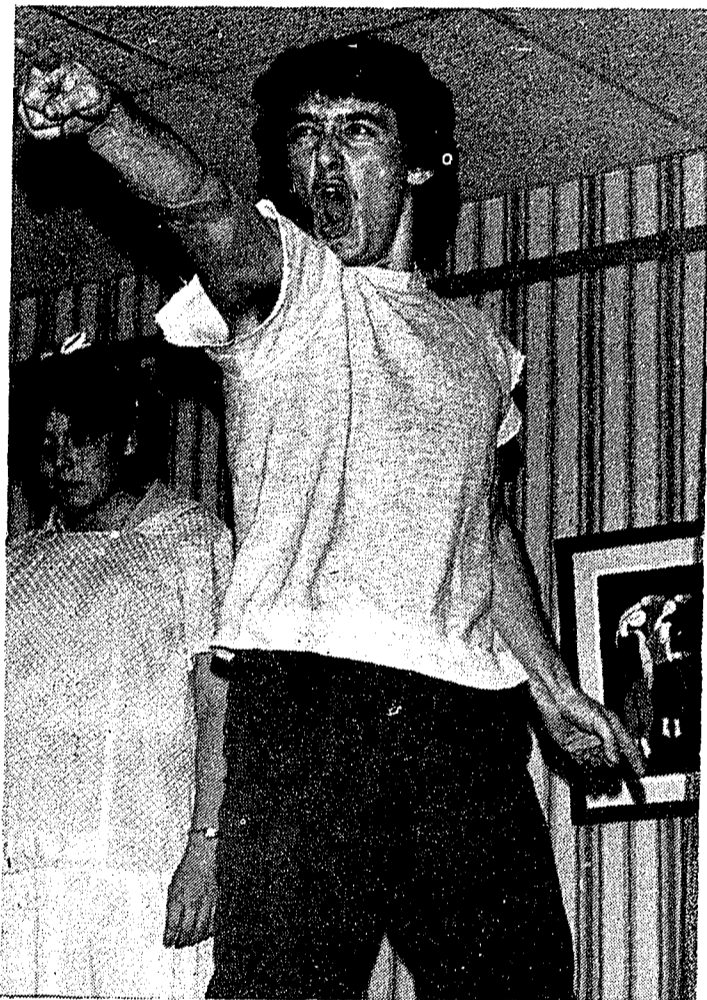
Nelligan said there will probably be a slow transition to a loan program in '83, because in a loan program, which he would like to see in the revolving fund type, there would be a certain amount of seed money put into this fund, the loans would be made to students, students would pay the loans back, and it would go back into the revolving fund.

He also said that he was concerned with the default rate of student loans, which is somewhere around 20 percent in the nation. "I am pleased to say that in the local congressional district it is considerably lower; about 5 percent," he added.

"A student has a responsibility to taxpayers," he said. "If a taxpayer is helping students get through college, then I think they have a responsibility to pay that debt to those taxpayers."

Nelligan said that there are 11 and a half million students in the country today, over 8 million of those students are receiving some kind of financial aid. "I think that is good, and would hope we can continue that and I will do everything I can to continue that," he said.

Nelligan, if voted for and reelected should be made accountable for this promise to help students. The decision a student must make now is, "Should I vote for Nelligan, knowing that in the past he has voted for proposals to cut student aid, or should I vote for him hoping he will support me in the future?" That must be a personal decision for each and every student who votes.



Mike Conners of the Rainbow Connection
see page 5 for story

Jack Anderson at Bucknell

Award-winning columnist Jack Anderson will speak on Monday, November 1, at 8 p.m. in Davis Gym on the campus of Bucknell University.

Sponsored by the Bucknell Student Lectureship Committee, the pre-election day lecture will be open to the public free of charge.

Anderson, who is most widely known for his column "Washington Merry-Go-Round" is also a Washington Bureau chief for Parade magazine, and appears daily on ABC-TV's Good Morning America and has daily broadcasts on the Mutual Radio Network.

According to American

Program Bureau, Inc., the company which manages Anderson's speaking appearances, Anderson is often months, sometimes years, ahead of headlines. Anderson forecast problems in Iran as early as 1976. He reported the "unspeakable savagery" of the Pol Pot regime in Cambodia months before other reporters and was the first writer to implicate John Mitchell and H. R. Haldeman in the Watergate scandal. His list of successes is lengthy and includes a Pulitzer Prize he received for proving that Richard Nixon and Henry Kissinger lied to Congress about the U.S. tilt toward Pakistan during the India-Pakistan conflict.

Association For The Blind Wants Volunteers

By GAYLE WEAVER

The Pennsylvania Association for the Blind aids the blind and visually handicapped through casework, home visiting, referral, furnishing aids and appliances. Most importantly, the association maintains a comprehensive PREVENTION of blindness campaign. The Prevention Campaign is where BSC students can get involved. An essential part of the program is to form a group on campus that would be willing to assist in the pre-school screening of children for vision problems. At least five students would be needed to perform the screening in the Campus Day, Care Center, or down town Bloomsburg, wherever the screening is held.

between ages three and five. After age six, the problems become harder to treat. Screening is an important test to detect dislexia, amiopia, congenital cataracts, imbalance, and other visual problems.

Mr. James E. Hackett, Executive Director of the PA. Assoc. for the Blind, would appreciate hearing from anyone willing to volunteer their time for the screening project.

PA. Assoc. for the Blind
241 Chestnut Street
Sunbury, PA 17801
Telephone: 286-1471

Volunteer participants receive an hour and a half of instructions.

The screening for vision problems is held about once a year. Volunteers who participate receive an hour and a half of instructions. The screening starts at 9:00 in the morning. The procedure used in screening is simple non-medical training, observation, and instruction in procedures only.

The association performs the screenings on pre-school children because it is important to detect visual problems




SCALA BROS.
Your Distributor
for
**Schmidts,
Iron City,
Miller & Lite**
and other fine products
Phone: your student reps
387-1865/784-0134
Or
Scala Bros., Berwick 759-0007
We deliver



Halloween Party
TONIGHT at
Lemon's Tavern
featuring the tunes of DJ Perry
25 E. Main St.
*\$1.00 cover
*No cover w/costume



OPEN SKATING
Wed., Fri., Sat., Sun. 7 P.M.
Late Skate Every Sat. 10 P.M.
Matinee Sat. and Sun. . . . 1:30 P.M.
Morning Skate Wed. 10 A.M.
Adult Skate Thurs. 7 P.M.
Bloom/Danville Hwy.
For Private Party Reservations
CALL 275-1473



KUB
Clipboard of Events
KEHR UNION PROGRAM BOARD
NEXT WEEK'S MOVIES
Tues., Nov. 2 "A Clockwork Orange"
2:30 - Commuters' Movie, KUB
9:30 - Students/Public. Haas
Fri., Nov. 5 "The Stunt Man"
8:00 p.m. in KUB

Cartoons by Barg & Yamrus



Letters

(Continued from Page 2)

I worked my way through the University of Pittsburgh, receiving a degree in journalism. From 1958 to 63 I was credit manager, billings supervisor, and weekend news editor at WTAE, Channel 4 in Pittsburgh; I then worked three years at the ABC-TV affiliate in Los Angeles as payroll supervisor.

While Heinz and other candidates will be spending millions during the campaign on air travel and television advertising, I will be traveling by bus to meet the people face to face - that is the most effective way.

Nickolas G. Greisinger

do you ever study on weekends? I know that my grades would be a lot lower if I went home on weekends because I wouldn't study while I was there.

So before you accuse us weekenders of having the mentality of fish, ask yourself this - did I make Dean's list last semester? I know most of my weekend friends did.

A Happy Weekender

IFC Champs

Dear Editor:

During the past few semesters, IFC has heard concerns voiced by the college community about pledging programs and their possible effects on academics. As the governing council of all social fraternities, the IFC has reviewed our past pledge activities this semester. This letter is an effort to inform the faculty, administration, and students of changes that will occur in pledge programs this semester and in the future. We feel that these changes are beneficial and demonstrative of the fact that we are moving in a positive direction.

The first of these changes is that each pledge will have at least fifteen (15) study hours per week. We feel that this will allow pledges to maintain academic quality in the classroom. Also, pledges will be given additional time to prepare for tests, papers, and programs. Furthermore, pledging will cease from the hours of 12 a.m. to 7 a.m. and there will be no sleep-overs allowed during the week.

Because of our visibility on campus and in the union, we have set down guidelines for appropriate behavior. First, large paddles, large bricks, etc. will not be allowed in the classroom. Also, basketball marathons and duck walks are considered to be hazing. They may, however, be done for charity or as a service project. There will also be union restrictions. There will be no running, singing, shouting, or use of profanity. Pledges will be expected to act and behave like gentlemen.

Finally, scavenger hunts will not include residence hall supplies, college property, illegal items, and pledges must request items - not take them.

As an effort to oversee these new specific pledging rules, a committee has been formed consisting of one representative from each fraternity. We feel through this committee an open system of communication will prevent problems such as experienced in the past and will, in general, improve relations within the Greek system.

We hope that you will help us evaluate the changes we have made. Please feel free to contact us at any time with positive or negative feedback. We are looking for your input to help us improve our program and the fraternity system at BSC. Just contact Craig Slack,

(Continued on Page 5)

Weekend Response

Dear Editor:

I would like to respond to the letter by "Suitcase person working for the weekends".

I am presently a junior at BSC and this past weekend was the first time I have ever gone home for just a weekend.

You accuse people who stay on campus weekends of heaven forbid - having friends here, you obviously don't have very many ... you accuse students of relying on mommy and daddy for paying their tuition - is that such a crime? I for one have worked since I was 16 and every summer since getting out of high school so that I wouldn't have to work during college and could devote my time to my school work and extra-curricular activities.

You also made a very sarcastic statement about students living "near Alaska" so they couldn't get home. Well suitcase person, there are students on this campus who live more than an hour away. I happen to live 200 miles from here, and no, I don't want to spend \$60 on public transportation just to get home for a total of maybe 30 hours (some of us do have classes we can't skip on Fridays).

You also put down weekend activities. Well suitcase person - haven't you heard of free movies, plays, and concerts on campus? Or perhaps college football, soccer, and track? Perhaps you should look at your calendar a little more carefully.

I would just like to ask you one question suitcase person -

Dr. Riefsteck in Tokyo

What do you think it would be like to be a minority in a city of about 9 million? This is how it was for Dr. Carole Riefsteck, when she spent two years teaching in Tokyo.

Dr. Riefsteck, a recent ad-

dition to the Bloomsburg State College Music Department, is originally from Altoona. She began studying piano at the age of five, and also plays the violin and the organ. During her school years, she became a member of the American College of Guild Musicians, and received the Padrewski Medal for piano achievements.

After her graduation from Altoona High School, Dr. Riefsteck pursued her B.A. from Houghton College in New York, and her M.A. from West Virginia University.

Perhaps her biggest accomplishment was being selected to teach in Japan. She became chairperson of the Music Department and was responsible for the high school chorus and the scheduling of

twenty part-time and private instructions.

The Japanese students spoke both Japanese and English. They were also extremely intellectually advanced. "Between 95 and 100 percent scored in the top one percent on the S.A.T.'s," she stated.

Dr. Riefsteck's stay in Japan was only to be for a year, but when her visa expired she was granted a second year. Dr. Riefsteck commented, "I was thrilled to have my stay extended because I enjoyed my first year. I love the Japanese culture and countryside." Whenever time permitted, Dr. Riefsteck would travel about the country and attend concerts.

Although most of her day consisted of teaching, Dr. Riefsteck performed with a small musical group in her spare time. This group en-

(continued on Page 5)

In snow and cold, it's always spring at

Ralph Dillon's
FLOWERS

Corner of East and Third Sts.
784-4406
World Wide Delivery

HAIRPORT FAMILY SALON

Bloomsburg, Danville Highway

Mon.-Fri. 9-9 **784-7220**

Saturdays 9-3 Discount with buying power card

on

- shampoo •cut •blow dry
- frostings •color •
- manicures •

"You've tried the rest - now try the best!"

NEXUS PRODUCTS AVAILABLE

COUPON-\$5.00 off all perm. waves. - coupon

SAL'S PLACE

134 E. Main St. Bloomsburg
784-3385

THIS WEEK'S SPECIALS:

- Monday - Stuffed shells with sauce, Topped with cheese..... 2.95
- Bowl of Soup 50c
- Tuesday - Sicilian Pizza, All you can eat 2.25
- Meat or Cheese Ravioli..... 3.95
- Wednesday - Spaghetti and Meatballs, All you can eat 3.45
- Eggplant Parmigiano 4.95
- Thursday - Bar-B-Q Ribs with Fries 4.95
- Chicken Parmigiano with spaghetti 4.45
- Friday - Veal Cutlet Parmigiano with spaghetti 4.95
- Stuffed Flounder with Fries 4.95
- Lasagna Manicotti 4.25
- Saturday - Lg. Pizca for price of 5m.
- Pizza Steak Sandwich 1.95
- Stromboli and Calzone 15% OFF
- Sunday - Pancetta 2.45
- Lobster Tail with Fries and spaghetti 8.45

ALL DINNERS INCLUDE BREAD AND SALADS



THREE MEMBERS of Rainbow Connection perform a family skit. Photos by Kent Hagedorn

Rainbow Connection Offers Alternatives

By MIKE ALEXANDER
 "Yee ha. Howdy, you-all. My name's Rawhide Diehl," exclaimed Tom Diehl in one of Rainbow Connection's many skits which they performed last Monday night in the Coffeehouse.

Tom Diehl felt he was boring so he tried to be someone else. He tried being a cowboy, a painter, a baseball player and a stunt motorcycle rider. Then with the help of his friend Gray Dieffenderfer he realized that God loves him just the way he is.

This is one of the themes that Rainbow Connection, a four-year-old BSC Christian drama group, emphasized during the performance on Monday, October 25, in the Coffeehouse. Its purpose is to spread the

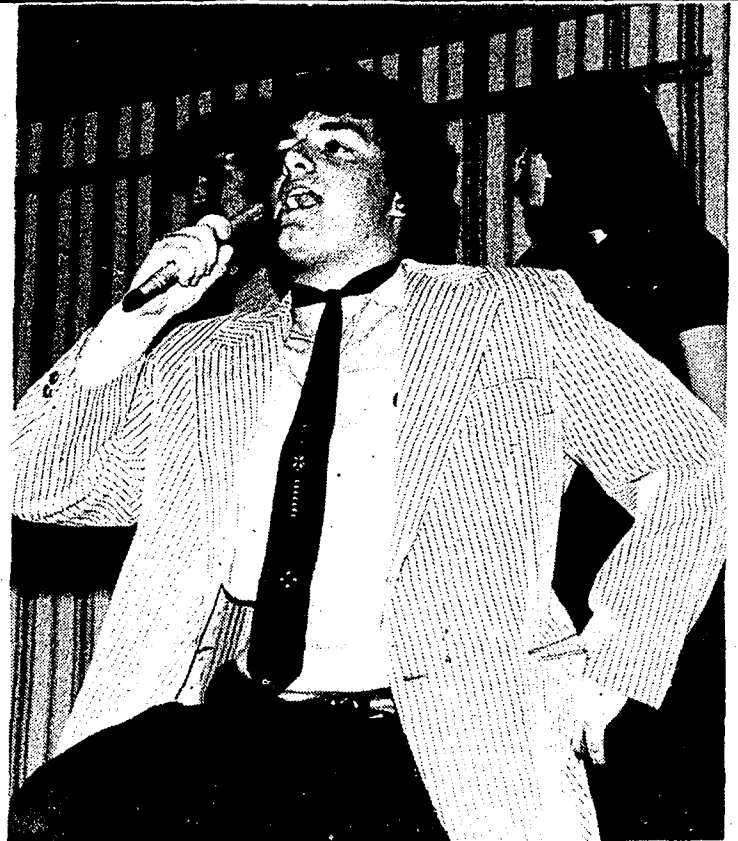
word of Christ in a dramatic way and through humour. The group doesn't feel they are like the "Jesus freaks". "We only want to preach the Gospel," said Janice Fisher, one of the group.

The show Monday night contained short skits - sometimes funny, sometimes serious. All the skits had as their theme the proper relationship between man and God and how we should interact between ourselves. The group this year consists of Janice Fisher, Gary Dieffenderfer, Tom Diehl, Kathy Bachman, Mike Conner, Janet Knox, Dan Nicholas, and Denise Fry.

There are eight members in Rainbow Connection. They come from various backgrounds and have different

interests. Gary Dieffenderfer said the reason he is a member of the group is because, "I wanted a way to reach out to other people about the love I found through God." Tom Diehl, who had acted in high school explained, "Dramatics can provide a more effective way to talk about God." Denise Fry, another member, summed up the general feeling of the group when she said, "I was looking for something where I could grow in my Christian faith, make good friends, and do what God wants me to do."

The group has been practicing about ten hours a week since early September. Monday night's performance was their first. They have four more performances this semester in different parts of PA.



DAN NICHOLS is the M.C. in this game show skit.

McDonald's expansion

Campus Digest News Service

McDonald's may soon have its golden arches sprouting all over Eastern Europe. A deal to open a franchise in Poland fell through, but in the next couple of years, McDonald's Corp. hopes to have an outlet in Yugoslavia, Hungary, Poland or East Germany.

The main stumbling block is whether or not the communist countries will allow McDonald's to own a piece of the outlet.

Riefsteck

(Continued from Page 4)

tained various dignitaries, including the vice-president of Switzerland and the president of Germany.

After returning from Japan, Dr. Riefsteck furthered her education by obtaining her Ph.D. from Penn State University. Subsequent to this, she began teaching at various colleges and universities, eventually making her way to Bloomsburg State College.

Part Two

Osei-Wusu Adapting to U.S.

One thing that disillusioned Prosper is the misconceptions people have about Africa. "There was this guy from England who flew from England to our country's capitol," he says, noting "He did not believe he was in Africa when he got off the plane. He kept asking everyone if the plane took him back to England. The kind of picture he had was that Africa was forest. The man expected to see people living in trees."

According to Prosper, tradition means a lot to the people of Ghana. They have traditional dress, dance, languages, religions, and food. But tradition is upheld on a regular basis only by the people in the rural lands. To the people in the urban areas, tradition comes alive primarily on

special holidays.

Fear toward his fellow man is something Prosper never encountered before coming to the U.S. In Ghana, one rarely hears of someone raping or killing someone. You can walk the streets alone at midnight and not worry. According to Prosper, "We have such long family lines, if I would take a gun to shoot someone I would feel like I may be killing my uncle or my cousin."

"There is a lot of competition, individualism, and freedom going on in America." Says Prosper, "In Ghana we don't put much emphasis on competition. We tend to emphasize team work. It has its own ad-

vantages and disadvantages."

The competition and individualism of America is reflected in the way Americans play soccer. Prosper said that in America if a guy has the ball, he doesn't want to pass it, he wants to score. Emphasis is placed on scoring in the U.S., - but in Ghana, it is the guy who assisted in making a goal that is most respected.

"Last year, I didn't really understand at all the way they played. This year I am more with them. I'm not used to it, but I'm beginning to understand it. I try to play their way and I play my way too. So many times, like right now, I tend to

(Continued on Page 7)

Letters

(Continued from Page 4)

IFC President, P.O. Box 3542; Vito Thatcher, IFC Vice President, P.O. Box 53; Chris Hardinger Box 1100 North or Donald Young, IFC Advisor 389-2315.

BALTIMORE, MARYLAND
 The Biology Club Is Sponsoring a Bus Trip to
THE NATIONAL AQUARIUM & INNER HARBOR
SATURDAY, NOVEMBER 6
 Bus leaves Centennial Gym at 7 a.m.-
 Stops for Breakfast - Leaves Inner Harbor at 7 p.m.
Cost: \$14.00-Includes Bus and Admission to Aquarium
Make checks payable to BSC Biology Club
Pay Secretary at HSC, Rm. 126

*** BINGO TONIGHT ***
 featuring Ducky Kennedy
 as the renowned "Mr. Bingo"
 only 25¢ a card!
\$ MONEY PRIZES \$
 to be held at 9 p.m. in KUB Multi A
 sponsored by the Kehr Union Program Board

Where Food And Fun Are Always In Good Taste
TWO BOYS FROM ITALY
 Specializes in Pizza & Hoagies
 Located at 211 West Main Street, Bloomsburg
 Open 7 Days a Week
 11 a.m. to 1 a.m., Mon. thru Thurs.
 11 a.m. to 3 a.m. Fri. & Sat.;
 4 p.m. to 1 a.m. Sun.
 Mon. - All Hoagies \$1.50, inc. tax
 Tues. - Meatball or Sausage Hoagie \$1.50 & tax
 Wed. - Calzone \$2.25
 Thurs. - Small Sicilian \$3.25
 Fri. Lg. Pizza for price of Sm. 50' off small
 Sat. - \$1.00 off Large Stromboli
 Special Prices for Week of Nov. 1-5
YOU RING-WE BRING! — DELIVERY
784-1680



Campus Shorts

Parents Weekend Slated

By LINDA ANGST

Parents attending the upcoming Parents Weekend at BSC will have an opportunity to meet and talk to department chairmen and faculty. Career Information Centers will be held in the Multipurpose rooms of the Kehr Union this Saturday from 10:00 until 11:00 a.m. The faculty will be sharing information on the job market, degrees in certain majors, and answering any questions

parents have.

"This is an excellent opportunity for students and parents to speak with faculty and administrative staff in an informal atmosphere," commented Carol Barnett, assistant director of the Career Development and Placement Center and coordinator of the information centers. Students are urged to take advantage of this opportunity and introduce visiting parents to the faculty.

Maintenance Dept. Practices Energy Saving

By GAYLE WEAVER

Energy Conservation is a practice that the Department of Campus Maintenance wishes to promote on the BSC campus. Mr. McCulloch, Director of the Campus Maintenance Center, stated, "Energy Conservation must start in the dorms and buildings on campus. It is up to each student to turn off lights, close windows, etc." The majority of the BSC campus population is not aware how great energy costs for the college. Three-fourths of the total cost of energy is comprised of electricity and one-fourth is comprised of fuel.

present time, there are nine new programs in the final stages that have been plugged into the computer. Special funding is needed to start these programs and that is obtained through the Campus Maintenance Center.

Previously, the Campus Maintenance Center has done very well in the area of energy conservation. The department was presented an award for Excellence in Energy Conservation Management by PPL.

BSC students remember — You are the ones who must begin to conserve energy. The costs saved by energy conservation will surely be seen in the various costs of receiving your college education. Turn off those lights starting today!

The maintenance center is striving to save the campus money by working on energy conservation projects. At the

Is Personnel Administration for You?

By M. McHUGH

If you have a strong bona fide interest in personnel administration, then ASPA is looking for you. The American Society for Personnel Administration accepts any interested students for membership to their organization. ASPA believes that "their members and chapters have a unique opportunity to provide a window through which business can be perceived by the people on campus."

Many services are provided by ASPA to its club members. Included are guest speakers, the monthly magazine, *Personnel Administration*, in-plant tours, experience in the personnel field, and conventions. Last year's convention was held

in San Antonio, Texas. Marie Nelson, secretary, and Ron Lockwood, treasurer, attended this conference, in which Bloomsburg received the merit award. "Shaping Tomorrow: Challenge, Choice and Change" will be the theme of the 1983 convention held in Manhattan June 1-3.

Anyone interested in becoming a member of this worthwhile organization should contact Kevin Hargreaves at 784-9464, Chris Maron at 387-0917, or Mr. Gallagher, the club's advisor at 389-2526.

Check the Campus Voice, BSC Today, and the ASPA board, 2nd floor Sutliff, for information concerning the next meeting.



Beta Is Back

After having their charter suspended in the fall of '81, the Beta Sigma Delta Fraternity is due to have their charter reinstated at the end of this semester.

Over the past three semesters, Beta-Sig has reorganized under the direction of Student Life. Because of their efforts, Dean Norton of Student Life has granted Beta-Sig a pledge class this Fall. This first pledge class in almost three semesters marks a new beginning for the Beta Sigma Delta Fraternity. With the reinstatement of their charter, Beta-Sig will once again be a recognized member of I.F.C. "Beta is back" will be Beta-Sig's new slogan during their rebuilding period.

Parents Weekend Schedule

Saturday, Oct. 30

9:00 A.M. - 11:00 A.M.

Registration - Kehr Union Multipurpose Rooms. Free football tickets and refreshments. Register for "Mom and Dad of the Day Award."

10:00 A.M. - 11:00 A.M.

Information Stations - Kehr Union Multipurpose Rooms. Information on academic programs, student services, and career opportunities will be shared informally by various members of the faculty and administration.

11:00 A.M.

"State of the College" Address - Carver Auditorium

Dr. James McCormick, President; Dr. Larry Jones, vice-president for Academic Affairs; Dr. Jerrold Griffis, Vice-President for Student Life; Dr. Robert Parrish, Vice President for Administration; Mr. John Walker, Executive Director for Institutional Advancement.

11:00 A.M. - 1:30 P.M.

Lunch - Kehr Union Snack Bar - Light lunches - a la carte. Scranton Commons - lunch-brunch combination - \$1.75.

1:30 P.M.

BSC vs Kutztown Football Game - Redman Stadium. Parents of senior football

players, band members, and cheerleaders will be recognized, as well as the "BSC Mom and Dad of the Day"

6:30 P.M.

Dinner-Reservation Group No. 1, Scranton Commons.

7:00 P.M.

Dinner-Reservation Group No. 2, Scranton Commons.

8:00 P.M.

Student Talent Show - Haas Auditorium. We're proud to "show off" the talents of our students and have you be the judges!

Gil Eagles - Master psychic and hypnotist will M.C. the Talent Show and dazzle your senses with a show of his own!!

Sunday, Oct. 31
A.M.

Attend the church of your choice.

10:00 A.M. - 1:30 P.M.

Brunch - \$1.75 person - Scranton Commons.

2:00 P.M.

Philadanco - Haas Auditorium. A high-voltage dance group from Philadelphia.

NOTES: Please feel free to visit the residence halls anytime during the day. College Store hours on Saturday will be 10:00 a.m. to 6:00 p.m. The swimming pool will be open, so don't forget your suit!

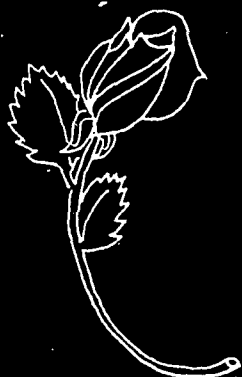
Awareness

(Continued from Page 1)

According to Joanne Marrone, member of the BSC Women's Coalition, there will be a table in Kehr Union with information on rape during Rape Awareness Week.

what's
missing
From your
social life ?

TAU KAPPA EPSILON'S
THE LITTLE SISTERS
"ORDER OF DIANA"



"We've got that
little something
extra."

Rush meeting:
Mon, Nov. 1st
9:30 p.m. Kuster Auditorium

Nutrition Tips

By HOLLY WHITMOYER

Have you noticed the nutrition tips found on various bulletin boards throughout the dorms? This is brought to you by Senior Nursing Students, in collaboration with the Student Health Center, in an attempt to make students aware of the services and information available for them. It is hoped that an interest will be shown by students assisting to put up the boards and also others taking the time to read the in-

formation. The nursing students have chosen some topics for future bulletin boards, but any requests for specific information will be considered. Any student with new ideas or wanting further information may stop by the Health Center and speak with the nursing students. There is also an abundance of pamphlets on various topics in the Health Center that students are welcome to take with them and read.

Ask About
OUR
Fresh
Flower
Specials

Bloomsburg Floral Center

124 E. Main St., Bloomsburg
784-8892

Intramural Softball

Misfits, Kids Remain Unbeaten

The Misfits and Jerry's Kids advanced to the winners bracket final by winning their second straight game. FCA, Bungs B&G, Bodaga Lodge, and Phi Sigma Xi are still alive in the losers bracket.

In an incredibly bizarre game, the seemingly charmed Misfits eked out another come from behind win in the last inning. Bungs was leading 13-5 in the last inning, when the wheels fell off the proverbial wagon.

Rick Erb opened the inning with a single. After two walks, Wayne Staudt poked his second triple into the right field corner to drive in three runs. A Bob Streit single, followed by a fielder's choice, put another run in scoring position. Bung's pitcher then got wild and issued base on balls to six of the next seven batters, as the Misfits "walked" away with the victory.

Bung's out-hit and out-played the Royal and Grey for six and a

half innings, while the Misfits scored just enough runs to avoid a rout. Walked batters made up the difference as Bung's walked 18 Misfit batsmen, to only three free passes issued by the Midfit pitcher.

Jerry's Kids earned their second victory with tight defense and steady overall play. The Kids bent but didn't break as Phi Sigma Xi kept stranding runners in scoring position. Jerry's Kids were leading 5-2 in the last inning when Phi Sig made their last run. The Greeks, Phi Sig was the only frat team to make playoffs, scored two runs and had the tying run on third base with one out. The runner on third failed to score on a ground ball to the first baseman. The next batter flied to left to end the game.

Jerry's Kids and the Misfits are both representatives of the 40's division. Jerry's Kids nipped the Misfits 1-0 in the regular season. The teams tied

for first with identical 5-1 records, but the Kids were seeded first because of the victory over the Misfits.

Bodaga Lodge and FCA kept their title hopes alive with losers bracket victories. FCA estimated the Gooney birds, and Bodaga Lodge knocked off the Diamond Cutters to pare the field of contenders to six.

FCA out-stopped the Birds in a mudfest by an 8-3 score. FCA overcame an inspired performance by Bird first baseman, Sharkey Coulter, to force the Birds south for the winter.

Bodaga Lodge held off a late inning Diamond Cutter rally to win by a 10-8 score. The Lodge, with Jack Steele back on the mound, bounced back from their first round loss to Phi Sig.

Bung's will play Bodaga Lodge, while FCA will tangle with Phi Sigma Xi in the next round.

Blake and Sheptock Named to Honor Roll

Bloomsburg State College's Mike Blake, Allendale, NJ and Frank Sheptock, Kulpmont, have been named to the ECAC football Weekly Honor Roll for their efforts in the Huskies' 24-20 loss to Cheyney State on Saturday, October 23.

Blake, who was named as an Honorable Mention All-American by the Associated Press last year, hauled in eight passes for 112 yards including all three BSC touchdowns. The senior tight end caught scoring tosses of 13, 30, and 4 yards. He is currently tied for the team lead in receptions with 25

catches for 361 yards. Blake is the club's top scorer with 30 points to date in BSC's seven games.

For Sheptock, the selection marks the second time the freshman linebacker has earned the honor this season. He contributed ten unassisted tackles and eight assists for a total of 18 in the contest. His performance also included two quarterback sacks and a deflected pass and allowed him to remain as the Huskies' top defensive performer statistically. He has 81 tackles this season.

CV Classifieds

Announcements

PICK UP Freshman Student Record in Union today from 10 till 12:45.

Information on Campus Activities

Please make sure that the Kehr Union Information Desk is aware of any activities or programs your organization or department is sponsoring.

Without adequate information, the receptionists cannot answer questions about specific events.

INTERNSHIP OPPORTUNITY

The T.R.W. Plant, Rt. 11 Danville is looking for an intern to work 10 hours a week during the Spring semester. Minimal requirements are: 2.75 cum, junior standing, and 12 hrs. of C.I.S. Assignment involves computer programming in Personnel area. For more information and application procedures contact Dr. Brian Johnson, Campus Intern Coordinator, Hartline 230, Ext. 3600 or Francis Gallagher, Prof. of Business Adm., Ext. 2526.

For Sale

FOR SALE: Technique m250 cassette deck, Dolby metal tape, recording meters, and controls - \$175.00 Bob - 389-3632

Personals

DEB, Will you sing me an ode? - Al
JOHN & TOM, Thanks for all the flowers! (Even if there are holes in the rock garden.) - Love, Peach & Ames
TO A FEW Columbia residents, the boys at North had a 'long hard' talks and we decided our buckets are 'overflowing.'
SAN, Congratulations and good luck! - Jul

HAPPY 21st, Jackie! Love ya - Kim
TO ME DEAREST JENNIFER, Happy 3rd anniversary. I'll love you forever. - Tom, XOXO.

GAIL OF AST, I know you're not easy, but couldn't we discuss it anyway? - An admiring button-buyer

TRE, If the shoe fits, wear it...with pleasure! -YCR — BEAR

KATHY YEAGER, To my little sis - hang in there! - Love, your big.

HEY B., Does Maria know about the other two Marias??

GIANT, Thank for a super Saturday nite. Let's do it again real soon. Love you LOTS! - Debbie

JFK, Happy 20th Birthday! Love and Hugs, - RDD & CTS

JANNNNNET, Happy Birthday from the FCA softball team, the newsletter small group, 516 E. 3rd, Knap Ave., everyone at FCA - IV, and the FUN-GUS MOBILE.

KENGEORGE - Sorry you did not make the list this week. If you try a little harder ... maybe next week. - Karen L and Mess B

KAREN L - How's Gary, Ken, Tom, the Marine, and all the other guys on "the list." - TK and DC

NELG, Cheese, please! - Nanky & Wang

ANGEL, Aaackquewww!!! - Mouse

MOHAMMED OF 2ND FLOOR LUZERNE, It's too bad that your roomie could use some balls. How long has he had this condition??

Intramural Update

The following are the results of recently completed intramural tournaments on the WRA scene:

Women's badminton: Fifteen teams competed in a single elimination tournament within four leagues with league winners playing a round robin tournament to determine the college championship team. The team of Lynn Montagna and Hilarie Runyon defeated the three other league winners for the college championship.

Co-ed Teniquoit: Six teams played a double round robin tournament in co-ed teniquoit. Team number five, (The Hosers), captured the crown with nine wins and one loss.

Championship team members are Michele Gales (co. capt.), Wayne Gifford (co. capt.), Darena Tyler, Karen Macheski, Kevin Moore, Robert Smith, Charles Anastasi, and Ken Oleynik.

Twenty-six teams are currently participating in the co-ed volleyball tournament. The results will be reported upon completion of the double elimination tournament on November 8. Women's intramural basketball and bowling complete the fall semester activities with both activities beginning on November 10.

The Campus Voice is looking for Circulation Managers to pick up and deliver papers three times a week. Apply in person to the CV office, top floor of Union or call: 387-0790

Prosper

(Continued from Page 5)

get very frustrated," Prosper says.

The freedom in America intrigues Prosper. A foreigner can do anything as long as it's not illegal. "Even in my country," Prosper said, "foreigners, because of our culture, are restricted to go to certain places. But here you can go anywhere."

The freedom in America intrigues Prosper

Prosper would like to attend graduate school in the U.S. after he receives his degree at BSC.

"My desire is to work with a commercial institution like a commercial bank. Right now there are a lot of foreign companies coming to Ghana to do business. I think when I finally go home it might be

booming."

Prosper is happy to talk about his homeland. He feels, "I'm learning always from Americans, so they should learn from me."

POINT 275-0453
Northumberland
DRIVE-IN Danville Highway

2XXX2 ADULT SHOWS
Experience the superior quality of our Radio Sound
Box Office Open At 7:30 P.M.

Fri. Sat. & Sun. ONLY
TWO XXX SHOWS
"Bad Company"
"Brief Affair"
No one under 18 admitted

RIVERVIEW APTS.

Vacancies For Spring Semester

4 or 6 Person Units

\$375 per semester

For More Information call 784-0816



Get Results, Use the CV Classifieds!

If you have an announcement to make, need something, have something to sell, lost or found something, can provide a service, or just have a message for someone, submit your classified ad today.



THE VOICE

SPORTS

Women's Cross Country *Fourth at States*

By MARY HASSENPLUG
The women's cross country team ran an outstanding race and came home from the State Tournament with a fourth place finish.

West Chester took top honors, followed by Slippery Rock, Indiana University of Pa., and then Bloomsburg in the fourth position. The Huskies beat fifth

The top Husky runner was Vicki Amici, who finished tenth overall.

place Kutztown by a slim two point margin.

Head coach Dick Daymont was very pleased with his team's efforts, "We ran very well. We thought going in that we could finish third to fifth. We finished right there at fourth."

The top Husky runner was Vicki Amici who crossed the line at 18.43 to finish tenth overall. Next from BSC was Karen Henseler, 25th, with a time of 19.22. Terry Purcell was one step behind at 19.25 and 26th place. Two places later, Lori Pingitore crossed the finish at 19.27. Barb Docerty was 35th, with a time of 19.38. Yvonne Delnis finished at 20.28 in 51st place. She was followed by Chrisanne Finnigan, 56th, at 20.33.

Daymont added, "We had good races from our first seven runners. Vicki finished tenth and proved herself to be one of the conferences top runners. If

we had to single out one runner that made the difference, it had to be Barb Docerty. Barb has run great all year, but she put the nail in Kutztown's coffin when she passed two "Bear Ladies" in the last 200 yards to take us from fifth to fourth place."

With a mere 52 seconds between the first five runners, Daymont attributed their high team finish to the tight grouping

Daymont added, "We had good races from our first seven runners."

of the runners.

"In addition," continued Daymont, "It should be noted that our sixth and seventh runners, Yvonne Delnis and Chrisanne Finnigan, though they didn't directly affect the team score, by running well, displaced many of the other team's fourth and fifth runners. This hurt their team scores and gave us a wider margin of victory."

Those seven outstanding runners next travel to East Stroudsburg to participate in the NCAA, Division II Eastern Regionals. The meet determines those who qualify for nationals, so we wish our Huskies great success.

Field Hockey

Huskies Blank Scranton

By MARY HASSENPLUG
In their last game in front of the home crowd, the BSC field hockey team put on a fine show. They were led to the 4-0 victory over Scranton by a group of outstanding seniors playing their last game at Bloomsburg. Coach Jan Hutchinson

Hutch commented, "The seniors all played exceptionally well. I guess they wanted to leave with a flourish..."

commented, "We played really well. The seniors all played exceptionally well. I guess they all wanted to leave with a big flourish and they did."

The Huskies totally dominated the Royals as they outshot the opponents 31 to 7. The victors had 15 corner shots while they did not allow a single one to the visitors.

Karen Hertzler started the scoring early as she drove in the

first goal after only six minutes of play. She followed it up late in the half with the second score. Deb Long quickly followed with a third goal as the Huskies ended the half with the momentum clearly on their side.

BSC maintained complete control throughout the second half, also. They scored midway thru the half when Debb Minsky took a pass from senior Joannie Long and drove it into the cage.

Hutchinson added, "We had a week off and were really anxious to play today. We went right at them and finally showed Scranton just how good we are. Our defense did an outstanding job today. Scranton couldn't get any kind of attack going because there was always somebody there to stop them. Sharon Rush and Karen Nilson both had great games. Also, Diane Imboden came on strong and hustled the entire time."

Nilson commented, "I thought the defense worked much better today than it has.

We really got going and played together well. Jackie Griffin and Sharon both had fantastic defensive games."

The Huskies move on to the State Tournament at Lock Haven on Friday and Saturday, Oct. 29-30. In the first round they will face Kutztown and will

The Huskies move to the State tournament at Lock Haven this weekend. They hope to avenge an early season loss to Kutztown in their opening game.

be looking to avenge an early season loss. LH will meet East Stroudsburg in the second game. On Saturday, the winners and losers will pair off to determine the state champions. If the Huskies continue to play at their current level of hockey, get ready for an outstanding weekend of field hockey.

Champion Shotputter

"Gor" Ready For Challenge

By KEVIN KENNEY
A massive figure stands in the back of a circle holding a 16-pound metal ball under his chin. A look of determination comes to his face as he kicks out, spins, and releases the ball. It flies through the air and lands 51'8" away, one foot short of a bid to the national championships. "That throw," recalls Mike Gorczynski, "was my best ever. It got me the shot put record at the Towson State (Md.) Invitational Track Meet."

Although that is his best throw ever, Gorczynski does not look pleased when he talks about it. There seems to be something missing. That something could very well be a bid to nationals. "This year," explains Gorczynski, "I'll have to throw 54 feet to qualify for nationals." With over one foot to make up, it appears that "Gor" has his work cut out for him. "With a lot of hard work in the off season, I think I have set a very reachable goal for myself," noted Gorczynski. What will it take for the Cherry Hill, N.J., native to attain his goal?

To be successful in the upcoming season Gorczynski feels that the two key factors will be increased strength and motivation. "I have to get myself motivated now," he

points out," to get a head start on the season which begins next spring." To increase his strength he lifts free weights and uses Nautilus. Gorczynski hits the weight room three times a week and on the off days he runs. "I do sprints to improve my quickness and light jogging to keep my body toned." Gorczynski also plans on going out for the winter track team to get a jump for all the big meets coming up in the

At 6'3", 245 lbs. Gor is the defending two-time Pennsylvania State Champion.

spring.

At 6'3", 245 pounds Gorczynski is the two-time defending Pennsylvania State Champion. A repeat performance this year would make him the first BSC track team member to win three state titles.

A senior, majoring in Business Economics, "Gor" was named Bloomsburg's Track Athlete of the Year. Awards are something that Mr. Gorczynski seems to be very familiar with. As a junior in high school, he finished fourth in the state, and second his senior year.

"In shot putting the most important part of your body is from your knees to your hips, including the quadriceps and hamstrings," notes Gorczynski. "Most good shot putters have big hips and rear ends," admits "Gor."

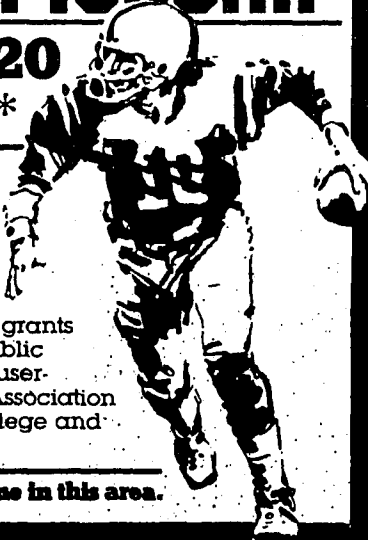
Simply being strong is not enough to be a good shot putter. There is a lot of technique involved in getting the most out of your ability. There are two different styles which could be used. The traditional glide, which "Gor" uses, and the spin. "I prefer the glide," commented Gorczynski "because it involves less movement, which leaves less room for error." The glide involves a kick out, a 180-degree spin, and thrusting the steel ball forward.

With the track season five months away, Bloomsburg's gentle giant has already begun to prepare himself. With a third consecutive state title in sight and nationals one foot away, Gorczynski seems ready to take on the challenge. His goal is clearly defined, and he is confident he can achieve it. One tends to believe he will be successful. After all, who in their right mind would disagree with a man who stands 6'3", weighs 245 pounds, and is called "Gor"?

The Pennsylvania State Athletic Conference

FOOTBALL CHAMPIONSHIP

November 20 on Public TV*



Made possible in part by grants from the Pennsylvania Public Television Network, Anheuser-Busch, and APSCUF (The Association of Pennsylvania State College and University Faculty).

*Check local listings for time in this area.