.California University.

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Students Receive Warm Welcome, Discover 'Cal U for Life'

or the fourth consecutive year, incoming students at Cal U took part in a Cal U for Life New Student Orientation, their introduction to the University. Held Aug. 24-26, the orientation consisted of informational sessions and activities designed to give students an easy and enjoyable transition into the Cal U experience.

The Cal U for Life spirit was evident beginning with Move-In Day. As new students and their families unloaded their belongings, about 250 peer mentors, fraternity and sorority members, and student athletes volunteered to carry the items into the residence halls.

Acting President Geraldine M. Jones and members of her Cabinet also were visible on campus as they welcomed new students and their families.

Senior Lorena Aranda distributed neon-green T-shirts at the registration table for volunteers.

"It was fun to help out," she said. "The new students are very important, and the orientation is a nice way to start the year."

— Continued on page 2

Women 'Find a Voice' at Conference

ow, more than ever, the world needs female leaders to bring their voices to the table. A conference Sept. 14-15 at Cal U will address that need and explore women's leadership in the home, the workplace, the media, the political arena and the community.

Women: Finding a Voice and Leading for Change will be presented by the PASSHE Women's Consortium and the Audrey-Beth Fitch Women's Studies Conference.

"The PASSHE Women's Consortium is a professional organization of students, staff, faculty and administrators from all 14 PASSHE schools who are interested in advocating for women," said Dr. Kimberly Woznack, conference co-organizer and secretary of the consortium.

"We can't wait to see our members from around the state and to host an amazing program of events."

Keynote sessions will be held in the Performance Center, inside the Natali Student Center.







Speakers include Ellen Bravo, author of Taking on the Big Boy; Ayana Ledford, of Carnegie Mellon University's Progress Center, who will teach about negotiation and gender awareness; and Annie Holmes, of Penn State University, who will discuss the campus climate for women.

Annie Holmes

A wide variety of breakout sessions also are planned on topics such as women in academia, workplace support for women, sex education, women's issues in the U.S. presidential election, and women in media and professional sports.

"Evidence shows that when a wor-

thy percentage of women are at the table, policies become more family friendly, companies see higher profits for shareholders, and employees are more satisfied with their jobs," says Dr. Marta McClintock-Comeaux, director of the women's studies program at Cal U and a conference organizer.

"When women find their voices at home, there is greater equity, greater commitment, greater satisfaction for families."

The conference is open to public. A link to online registration and the full conference schedule is available on the Cal U homepage, www.calu.edu.

Cost is \$60 for members of the PASSHE Women's Consortium, \$75 for non-members. The registration fee includes dinner on Friday, plus a continental breakfast and lunch on Saturday. Students with a valid ID pay \$20 for conference sessions plus meals; without meals, they may attend the conference at no charge.

For more information, visit www.calu.edu.

Cal U Among 'Best,' Says **Princeton** Review

California University of Pennsylvania remains one of the best universities in the northeastern United States, according to The Princeton Review.

The nationally known education services company selected Cal U as one of the 222 institutions it profiles in the Best in the Northeast section of its "2013 Best Colleges: Region By Region" listing at www.PrincetonReview.com

This is the eighth consecutive year that Cal U has been recognized by The Princeton Review. Nationally, 633 colleges — about 25 percent of the country's 2,500 four-year institutions — were named as regional bests this year.

In its online profile of Cal U, The Princeton Review notes the university's "long tradition of excellence" and its "diverse array of major and minor programs of study" in liberal arts, science and technology and professional studies. Cal U also earned top marks in the "Green" category for "its performance as an environmentally aware and responsible institution."

Students said Cal U's "facilities are topnotch" and praised the "wonderful" residence halls. "It's in a small town so it feels safe, but it's only 45 minutes from the airport and downtown Pittsburgh," one contributor said.

"I have seen and met so many people from different backgrounds (and) all walks of life, from freshmen right out of local high schools, (to) students from Brazil, Canada and Europe, to older, non-traditional students pursuing a higher education," another student stated. "I think it is this unique blend of people that makes Cal U special."

Colleges designated as "best" were chosen primarily for their excellent academic programs, according to Robert Franck, The Princeton Review's senior vice president and publisher. Schools were selected based on data collected at hundreds of institutions, visits to schools, and the opinions of independent and high-school-based college advisers who are invited to share their recommendations. Student comments also play an important role in the rankings.

The 222 "Best Northeastern Colleges" are located in Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont and the District of Columbia.

New Students Discover 'Cal U for Life'



— Continued from page 1

Move-In Day

Families seemed pleased with the experience.

"The move-in process was very organized," said Laura Myers, who accompanied her son, Sam, on the journey from York, Pa. "There were so many people willing to help that it made the day very enjoyable. I was very impressed."

"The campus is so beautiful that it's hard not to get excited about moving in your child," added dad Will Myers.

"I'm just really stoked," said freshman Sam Myers. "I can't wait to start my courses and meet new people!"

The warm welcome helped to ease the transition to college life for both parents and students.

"I was filled with anxiety when we first pulled onto campus. That ended after awhile, because we just feel comfortable here," said Nancy Holtz, a mom from Hastings, Pa.

"I love the campus," said her daughter Laura, a sophomore transfer student. "Everyone has been nice and helpful

throughout the day. I feel very comfortable here already."

Later that evening, students gathered in the Convocation Center for a skit by the Good Life improv group and a panel discussion featuring Dr. Lisa McBride, of the Office for Social Equity; Jim Pflugh, associate dean for student conduct; and University Police chief Bob Downey. New students were made aware of the Student Code of Conduct and both University and borough regulations that could affect their future.

"Our role is to provide some guidelines to help you think about how your actions affect others," Pflugh said. "You have the right to safety and security, but you also have a responsibility to ensure the safety of those around you."

Later in the evening, Playfair gave students a chance to meet new people in an entertaining way before the Emmy Award-winning comedy duo of Yamil Piedra and Johnny Trabanco — "A Pair of Nuts" — brought the evening to a hilarious close.

During orientation students attended classes focusing on academic success, D2L, time management, personal wellness

and success, civic engagement, career services, internships, and mentoring.

Acting President Jones explained that she was in their shoes as a Cal U freshman more than 40 years ago.

"As you make the transition to your new surroundings, please remember that many people are standing by, ready to help you get to know the campus and begin to feel at home," she said. "Even more importantly, we will be here throughout your college years to assist you in achieving your personal and academic goals."

Candlelight and concerts

The weekend concluded with the New Student Convocation and a candlelight ceremony emphasizing Cal U's core values, and a free concert featuring Tres Lads and Donora in the Convocation Center courtyard. Earlier three student bands performed in the courtyard - Daeshawn "Lil D Da Prince" Ballard, Seamus Hutchens, and Cameron Chambers.

Students then gathered around the fire-ringed Vulcan statue in the Quad.

"The Vulcan is a visual reminder of our dedication to our University," said Student Government Association President Alexandra Brooks. "I am proud to be a Vulcan, and it is my fondest wish that you feel the same

Acting President Jones emphasized how important a role Cal U's newest students play in the University's future.

"When I meet students like you, I know that Cal U will continue to prosper and move forward for many years to come. Now you are a part of the Cal U

Transfer student Julianna Jurasek, a history major, reflected on the weekend after participating in the candlelight ceremony.

"It was nice to get the freshmen and transfer students together before the start of the semester," she said. "And Playfair was awesome! I got to meet a ton of new people. It just feels right."



Vulcan statue as part of 'Cal U for Life' New Student Orientation activities

Geology Students Study Northwest Terrain

old weather and 6 inches of snow didn't dampen the spirits of geology students participating in a field study in the Northwestern United States in May.

After driving to Wisconsin, 14 geology students and Dr. Kyle Fredrick, an associate professor in the Department of Earth Science, studied geological features in South Dakota, Wyoming,

"This field work study allows our students to understand the different scales and skills required to work in the field," says Fredrick. "We also had students at various levels, and that allowed for peer mentoring to occur naturally.

"For the younger students, this is a real trial-by-fire for a career in geology."

The first geological features that students studied were glacial formations at Devil's Lake State Park in Baraboo,

Then the group traveled to South Dakota, where they stopped for a culture experience at Mount Rushmore and studied rock formations at Badlands National Park.

Many of the students raved about their time spent in South Dakota.

"The most memorable part of the trip was jogging 7 miles to the top of Harney Peak in the Black Hills National



Forest with Dr. Fredrick and a few other students," said Nick Patton, a senior geology major.

"You could really feel the elevation difference at 7,250 feet above sea level, and the view was amazing."

The group learned about lava flows and volcanic craters in Idaho before

stopping at Yellowstone National Park in Wyoming.

Plans originally called for camping in the park, but a 6-inch snowfall and many road closures forced the group to stay in a hotel outside of Yellowstone.

"We ran into some snow and had to stay in a hotel, but it offered us a better

perspective on the geological features in that area," Fredrick said. "Each day we entered the park from a different direction, and students were able to view the dramatic land changes from one side of the park to the other."

After a brief stop at Grand Tetons National Park in Wyoming, the group arrived at its final destination, Dinosaur National Monument in Utah.

Students participated in a mapping exercise where they had to identify geological features and interpret those features on a map.

"Before this trip, I had no idea how to map," said Clarissa Enslin, a junior geology major. "I learned how to take strike and dip of rocks, and I broadened my knowledge of geomorphology and tectonics."

Learning these types of skills is a vital part of the field study, said senior geology major Bryan Nicholson.

"In the field, it is no longer a textbook drawing," he said. "It is tangible, and you realize you are seeing it, standing on it, and you know why it is there and how it can be altered in the

"We are given a chance to more aptly apply what we learned in the classroom to real-life scenarios. In doing so, we can walk away with an even greater respect for the science."



Vulcan Band on the Run

The Cal U Marching Band debuted its 2012 field show Aug. 23 in the courtyard near the Natali Student Center. Under the direction of Marty Sharer, the band will take its show on the road, performing 7:30 p.m. Saturday at the Trinity High School Band Festival and 7 p.m. Sept. 15 at the Mount Lebanon Band Festival. The marching band returns to California for the Coal Bowl football game versus IUP on Sept. 22. Watch for the pre-game show before the 3:30 p.m. kickoff.

Speaker Series Starts Tomorrow

he Department of Justice, Law and Society's speaker series debuts at 11 a.m. Sept. 4 in Eberly Hall, Room 110 with a talk by Mark Camillo '76, a law enforcement and security professional with expertise in the area of emergency preparedness operations.

A member of the U.S. Secret Service for 21 years, Camillo is senior vice president for strategic planning at Contemporary Services Corp., a leader in event security and crowd management.

Experts in the fields of law enforcement, intelligence, terrorism, forensic science and more are participating in the series. Admission is free, and the talks are open to the public.

For speaker biographies and a list of upcoming speakers, visit www.calu.edu .

Ombudsperson Wins Diversity Council Award

he National Diversity Council has selected Dr. Lisa McBride to receive a 2012 Pennsylvania Multicultural Leadership Award.

McBride, university
ombudsperson and special
assistant to the president for
Equal Employment and
Educational Opportunity, will
receive her award at a
luncheon Sept. 13 at the third annual
Pittsburgh Diversity and Leadership
Conference.

Soledad O'Brien, host of "Starting Point" on CNN, will deliver the keynote address at the conference, which is presented by the Pennsylvania Diversity Council, a member of the National Diversity Council.

The awards recognize individuals of color who seek to uphold and promote the principles of diversity and leadership and who have excelled in their fields.



Dr. Lisa McBride

McBride is a founding member of Cal U Men United, a mentoring group for students aimed at improving retention and graduation rates for men of color. She also serves the university community as chair of the President's Commission for the Status of Women.

"I am truly honored and humbled to be recognized by the National Diversity Council," McBride said. "Diversity, for me, is about empowering people. We all live together, yet we all experience life so differently. To receive the 2012 Multicultural Leadership Award is a testament to our

In June, McBride was presented with a 2012 Women of Excellence Award from the *New Pittsburgh Courier* for her efforts to promote institutional practices that foster a climate of inclusion.

commitment to diversity and inclusion."

Cal U culture and our unwavering

Free Career Services for Military Veterans

Pree employment services are available to military veterans through Cal U's Offices of Veterans Affairs and Career Services.

Veterans who have served in any branch of the military are eligible to attend. Both students and non-students are welcome.

Veterans employment specialist Douglas Short, of Pennsylvania CareerLink Mon Valley, will meet with clients in the Cal U Office of Veterans Affairs, Room 33-G, Carter Hall.

Short will provide intensive reemployment services for veterans, such as:

Translating military experience into civilian occupations.

Identifying career goals and targeting potential employers.

Assisting with applications for civil

service positions.

Using online tools and hiring incentives to increase veterans' employment

opportunities.

Appointments are available from 9
a.m.-3 p.m. on the first Thursday of every

month, starting Sept. 6. Veterans may phone 724-379-4750, Ext. 118, to schedule an appointment. Walk-ins also are welcome.

Visitor parking is available in the

Visitor parking is available in the Vulcan Parking Garage, near the campus entrance on Third Street in California, Pa.

For more information about this and other free programs at California University, call Cal U's Office of Veterans Affairs at 724-938-4076 or e-mail veterans@calu.edu . For parking fees and a campus map, visit www.calu.edu/parking .

Trustees Meet Sept. 5

The Cal U Council of Trustees will hold its third quarterly meeting of 2012 at 7 p.m. Wednesday in the Grand Hall of Old Main.

Sept. 12 Health Fair to Offer 'Wealth of Health'

al U students and other members of the campus community will find "A Wealth of Health" at California University's 25th annual Health Fair, set for 11 a.m.-3 p.m. Sept. 12 in the Convocation Center's south conference wing.

The free event is open to the public, as well as to Cal U students, faculty and staff.

Coordinated by the University's Health and Wellness Education Center, the health fair provides students and community members with health information and entertainment.

More than 30 representatives of the health care industry will staff booths addressing health and wellness topics such as diabetes, smoking cessation, orthopedics and more.

Blood pressure and blood glucose screenings will be offered, as well as screenings for skin, dental and foot problems. Attendees can learn their body-mass index or, for a fee, receive a flu shot administered by staff from Centerville Clinics.

The first 1,000 health fair attendees will receive a soft backpack, and T-shirts will be distributed randomly throughout the day.

A local disc jockey will provide music in the Convocation Center courtyard, and clowns, temporary tattoo artists and caricature artists will provide entertainment. Healthful whole-wheat pizza and other complimentary food will be available.

Off-campus sponsors of the event include 1st Stepp Family Chiropractic; Adagio Health; Aetna CHIP; AVI FoodSystems; Avon; Big Brothers and Big Sisters of the Laurel Region; California Cosmetic and Family Dental; California Family Medicine; Canonsburg General Hospital; Central Blood Bank; Centerville Clinics; Domestic Violence Services of Southwestern Pennsylvania; Dr. Bernard Dolobach; Fayette Podiatry Associates Inc.; Greenbriar Treatment Center; Highlands Hospital; Highmark Blue Shield; Making Strides Against Breast Cancer; Mary Kay Cosmetics; Martinelli Eye and Laser Center; Mon Valley YMCA; Monongahela Valley Hospital; Orthopedic and Sports PTA Inc.; Porreca Chiropractic Center Inc.; Pregnancy Resource Center of South Hills: SPHS C.A.R.E. Center STARS; Redstone Pharmacy; Washington Drug an Alcohol Commission Inc.; and Washington Ob/Gyn Associates.

For more information, contact nurse practitioner Fran Fayish at 724-938-5922 or e-mail fayish@calu.edu .



Canonsburg General Hospital's Donna Sullivan checks Cal U student Haley Murray's blood pressure at last fall's health fair in the Performance Center. The 25th annual Cal U Health Fair takes place Sept. 12 in the Convocation Center's south conference wing.



Champion distance runners Amv Rudolph and Chris Solinsky reminisce about their careers before addressing nearly 200 young runners at this summer's annual Cal U cross country summer camp.

Champions Speak to Young Runners

hile the 2012 Olympic Games played out in London earlier this month, two champion distance runners visited the annual Cal U cross country summer camp, where they shared advice and reminisced about their careers.

Two-time Olympian Amy Rudolph and former American record holder Chris Solinsky addressed nearly 200 people — mostly eager young runners — in Old Main Chapel.

Rudolph, a native of Ridgway Pa., competed in the 5,000-meter run at both the 1996 and 2000 Summer Olympics. A six-time U.S. champion and a former American record holder in the 5,000 meters, she captured eight state championships. She also was an NCAA national champion at Providence University.

Solinsky set a new American record in the 10,000-meter run in 2010, becoming the first runner from outside Africa to break the 27minute barrier in that event. A five-time NCAA national title winner during his time at the University of Wisconsin, he was ranked third in the world in 2010.

Rudolph, who competed in her first 50-yard dash at age 6, told the aspiring runners to use "three P's" — plan, prepare and peak — as their

"You set your goals, you train, and the peak is when it has all come together for you," she said. "When you go to the starting line, it's like you're ready to party and just let it rip.

"You have to ask yourself what you are doing to help yourself. Every hour of every day is accountable. Even my daily nap is part of my preparation."

Rudolph, now 38, was the 2006 U.S. champion in the 10,000-meter outdoor run and a two-time 3,000-meter indoor champion. Years later, she still becomes emotional when looking back on her Olympic experiences.

"It's really hard to put it into words," she said. "When you put that U.S. uniform on and go out to the stadium — it still gives me chills just thinking about it. It's an awesome and proud experience."

Solinsky recalled joining the powerhouse cross country team at Stevens Point High School in Wisconsin. His passion was soccer, he told the young athletes, until a senior, one of the state's top runners, approached him.

"He told me how glad he was that I was part of this team," Solinsky remembered. "From that point on, my work ethic changed and I came in every day ready to give everything.

"You juniors and seniors out there need to do that for your younger teammates."

Solinsky missed making the 2008 Olympics by just two seconds, and a severe hamstring injury prevented him from competing in this summer's Olympic Games in London. But he plans to compete in next year's world championships in Moscow.

"While it's very hard not to be there (in London), it hasn't dampened my spirits," he said. "I will be watching the events very closely, and I'm happy for the other guys and girls who are there running for our country."

Among those in the audience was Noah Huffman of Dilltown, Pa., a rising sophomore and cross country runner at Bishop McCort High School. He said he enjoyed both the talk and the sports camp directed Dan Caulfield, Cal U's seventh-year head coach for men's and women's cross country.

"This is great stuff," Huffman said. "To listen and be able to ask questions of these two runners is unbelievable.

"I've learned so much at this camp, especially about nutrition, the mental aspect (of running) and not letting outside influences interfere with your performance."

New Meeting Location for Cal U Forum

The Cal U Forum, the University's governance structure, has changed its meeting venue. The monthly meetings will be held this year in Carter Hall's Multipurpose Room G-6

The 2012-2013 meeting dates are Sept. 4, Oct. 2, Nov. 6, Dec. 4, Jan. 29, Feb. 19, March 26, and April 23. All meetings begin at 4 p.m. and are open to the University community and to the general public. For information, call 724-938-1633 or e-mail turcic@calu.edu .

THE CALIFORNIA UNIVERSITY FORUM

Sept. 2, 2012 / 4:00 p.m., Carter Hall, Multipurpose Room #G06

TENTATIVE AGENDA

I. CALL TO ORDER

II. ROLL CALL

III. ADOPTION OF AGENDA

IV. MINUTES OF April 17, 2012 (Approved by e-mail ballot - refer to Forum website or Public Folders in Outlook)

V. MINUTES OF EXECUTIVE COMMITTEE (Informational Only - Minutes of August 28, 2012

VI. PRESIDING OFFICER'S REPORT

A. Miscellaneous Information Forum Meetings dates 2012/13:

September 4, 2012 October 2, 2012

January 29, 2013 February 19, 2013

November 6, 2012 March 26, 2013 December 4, 2012

April 23, 2013

B. President's Response to Motion(s) Passed

C. Notice of Executive Committee Meeting: September 18, 2012 - University Community Welcome

VII. PUBLIC COMMENTS

VIII. INTERPELIATION

IX. ACADEMIC POLICY COMMITTEE'S RESPONSE TO THE NSSE (NATIONAL SURVEY OF STUDENT ENGAGEMENT) REPORT REVIEW

X. BUDGET COMMITTEE'S RESPONSE TO THE UNIVERSITY BUDGET REVIEW

XI. PLANNING AND PRIORITIES COMMITTEE'S RESPONSE TO THE ANNUAL STATEMENT OF UNIVERSITY POLICIES, PRIORITIES, AND RESOURCES REVIEW

XII. NEW BUSINESS

XIII. ANNOUNCEMENTS A. Next FORUM Meeting October 2, 2012

XIV. ADJOURNMENT

THE CALIFORNIA UNIVERSITY FORUM

APRIL 17, 2012 / 4:00 p.m., DIXON, Room 327

MINUTES

The California University Forum met in regular session Tuesday, April 17, 2012, in Dixon, Room 327. Presiding Officer Hoover called the meeting to order at 4:05 p.m.

The following senators were in

attendance: Dr. Lenora Angelone

Ms. Cary Banner

Dr. Bruce Barnhart (for Provost

Jones) Mr. Rick Bertagnolli

Dr. Bill Biddington

Ms. Roberta Busha Ms. Betsy Clark

Ms. Rhonda Gifford

Dr. Kevin Koury Dr. Sean Madden

Dr. Charles Mance

Dr. Carrie Rosengart

Dr. Michael Slavin

Dr. Craig Smith Mr. Jacob Smith

Mr. Robert Thorn

Ms. Donna Wright

Dr. Mohamed Yamba The following were also in

attendance: Mr. Douglas Hoover, Presiding

Officer

Mr. Loring Prest,

Parliamentarian

Mrs. Dana Turcic, Recording

Secretary

The following senators were

absent: Dr. Angelo Armenti, Jr.

Mr. Nicholas Battista

Dr. Jane Bonari

Ms. Janelle Brewer

Ms. Alexandra Brooks Mr. Craig Butzine

Dr. John Confer

Ms. Lena Danka

Mr. Todd Edwards

Ms. Fran Fayish Ms. Jill Fernandes

Mr. Shane Fox

Mr. Yancey Goshorn

Ms. Autumn Harris

Ms. Darla Kurnal

Mr. Donny Marszalek Mr. Josh Mrosko

Ms. Morgan O'Rourke Mr. Gary Seelye

Dr. Emily Sweitzer

Mr. Michael Wagner

Dr. Tom Wickham

Dr. Brian Wood

Dr. Kimberly Woznack

Due to the lack of a quorum of Forum senators, Presiding Officer Hoover adjourned the

meeting at 4:08 p.m.

The California Journal is published weekly by California University of Pennsylvania, a member of The Pennsylvania State System of Higher Education.

Geraldine M. Jones

Acting University President

Dr. Bruce Barnhart

Dr. Charles Mance

INTEGRITY

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