

The Normal Review

VOL. XX.

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No. 5



NORMAL NOTES.

We wish to call attention to the well thought out and practical article on Oral Hygiene, found elsewhere in this issue. Give it a careful reading.

Is the time near at hand when normal schools can devote their time and energy exclusively to training young men and women for the business of teaching? So let us hope.

The strong work done by our school in both instrumental and vocal music is exerting a strong influence, not alone in our home town, but also throughout the valley. Everywhere within a radius of many miles from the Normal, there has arisen a demand for better music than was current formerly. We believe much of this is due to the splendid work of Professors Cornell and Veon.

How high the standard of the Companion is, the following incident shows. Recently a distinguished American scholar—a university president—applied to a no less distinguished foreign scholar—an ambassador of his country—for information regarding a certain subject on which he is a high authority. "You will find all I know about it," came the answer, "in an

article I wrote for The Youth's Companion."

The director of the Normal Business Department, Mr. J. Frank Kinsley, has just issued an interesting circular descriptive of the work done here. Ask for it or write. Alumni and others interested in this department should call the attention of young people to the advantages offered in the way of thorough instruction at low cost. The demand for commercial teachers from all parts of the United States is remarkable, and grows greater each year. The training for commercial teaching has a double advantage. Besides fitting for a lucrative profession, it gives the best preparation for a business life.

Most people cannot see. "I never saw anything in nature that resembled that painting of yours," said an observer to the great artist Turner. What would you give if you could?" retorted Turner. Henry Van Dyke says that an educated man is one who can see clearly, can imagine vividly, can reason accurately, and can will nobly.

Professor Robert Herrick, of Chicago University expresses himself vigorously on the teaching of composition. In a little different form his views apply equally well

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to all branches of study. He writes, "Nagging is a bad habit in literary work as well as in daily life. The student quickly feels that nagging is all there is of it, and that the only way not to expose himself to reproof is to remain in safe well-known paths of thought, idiom, and word. The best criticism for us all is the criticism of time and experience, and the next best is the criticism of our mates. Specifically, I believe that for a period, longer or shorter as the case may require, the student should be encouraged to write practically without criticism, or at least without formal red ink marks. This period of sprouting may be gradually curtailed, first at one point, then at another until by the end of the second year the study of principles is well started. Such a method of *laissez-faire* will produce a large, vigorous growth of weeds, but when the crop is well started it is easy to pluck weeds without damaging the corn."

"That young couple seem to be enjoying themselves immensely. Are they married?"

"Yes, but not to each other."—*Fliegende Blätter*.

Halley's Comet.

The periodic comet, called "Halley's comet," because this astronomer first determined its period and predicted its returns after its seventy-five years of absence in space, true to its prediction, is now approaching the sun. It was first found from comparison of photographic plates at Heidelberg, Germany, September last. This comet in its absence has covered the orbits of all the planets twice. It is now within the orbit of Mars, moving with increasing velocity toward the sun. The sublime thing is that astronomers so perfectly understand the laws of gravity that, allowing for the influence of all the planets whose paths it has crossed, they could pre-

dict its return and where it should be looked for—and it is "on time." M. T. N.

A young man married against the wishes of his parents, and, in telling a friend how to break the news to them, said:

"Tell them first that I am dead, and gently work up to the climax."—*Insurance*.

THE ALUMNI.

Miss Gertrude M. Schmauser, '08, and Miss Florence E. Breed, '08, are teaching first primary in the Vandergrift schools.

Teachers interested in manual training should write to Miss Anna Margaret Boydston, '94, for information regarding her new invention of looms.

Mr. Andrew J. White, '08, is teaching in the public schools of Roscoe, Pa.

Miss Anna E. Rhoades, '08, is teaching third grade pupils in the Market street school, McKeesport.

Mr. Geo. E. Lutz, '78, is a real estate dealer, living at Greensburg, Pa.

Miss May L. MacLuckie, '05 now resides in Pomona, California.

Miss Margaret H. Phillips, '93, is teaching very successfully at Smock, Pa. She takes much interest in the local institute work of her district.

Miss Dessie M. Hough, '04, has decided to write her name for some time to come, Mrs. B. H. Robertson. She lives at Banning, Pa.

Mr. Glen Hornell, '07, is teaching in the North Belle Vernon schools.

Miss Maude E. Lytle, '92, is one of the strong influential teachers in the Washington High school.

The work of Mr. Wilmer E. Atkinson at Connellsville and that of Mr. Edward C. Miner at Star Junction, both of the class of 1909, is spoken of in high terms.

Mr. J. B. Schrock, '95, Cashier of the Berlin, Pa., First National Bank, writes.

"I enjoy reading the NORMAL REVIEW as much as any paper that comes to my desk."

Miss Madge De Haven, '80, is teaching at Confluence, Pa.

Mr. Wm. Debolt, '86 and Mr. H. N. Dalbey, '00, made addresses at the Greensboro Institute, January 22.

Mr. H. Geo. May, '00, who played Bob Acres in the Normal cast a la Joseph Jefferson, is now one of the successful attorneys of the Fayette Bar, with offices at Connellsville.

Mrs. Susan Moore Ache, '06, of Uniontown, in renewing her subscription, does what all good alumnae should do in that she sends both the subscription and an interesting letter. Although she has reduced the number of her pupils from fifty or sixty to only one, she appreciates a normal school course and adds, "If I could I would persuade every girl to get a normal education and if possible a college education, even if she never teaches a day after graduation."

Miss Martha Titzell, '05, is doing good work in the McKeesport public schools.

Mr. R. M. Melchi, '00, is bookkeeper, or business manager, for one of the large iron mills in the busy town of Monessen.

Miss Elsie Harshey, '05, is teaching seventh and eighth grades at Penn's Station and is succeeding very well in her work.

Mr. H. K. Graham, '09, is teaching in the Luzerne township schools, Fayette county.

Miss Edith Pickford, '07, is teaching near Piteairn in Allegheny county.

Mrs. Roberta Morgan Baird, class of '98, is now in Mexico.

Miss Catharine Armstrong, '09, although engaged in teaching, visits the Normal School once each week to take lessons in vocal music.

Miss Ella Pollock, '05, now a teacher in the Morgantown High School, visited our

school, January 29, the guest of Miss Buckbee.

Everybody speaks well of the strong work done by Charles E. Dickey, '91, Assistant Superintendent of the Allegheny county schools. He resides at Avalon Pa.

Johnny recited one stanza of the "Psalm of Life" to the delight of his proud mamma and amid the plaudits of the company:

"Liza Grape men allry mindus
Weaken maka Liza Blime,
Andy Parting Lee B. Hindus
Footbrin Johnny Sands a time!"

--Ladies' Home Journal

ORAL HYGIENE.

BY DR. J. L. CROW

The oral cavity (or mouth) has been called the gateway of life, so may oral hygiene be called the gateway to health.

Oral hygiene treats of the care and proper use of the mouth and teeth. It also relates to decayed teeth, abscesses, uncleanliness, appearance, infections, impaired mastication and their accompanying influences on general health.

TEMPORARY TEETH.

Crowns of temporary teeth are in position at birth but not erupted. Eruption occurs from 5 or 6 months to 2½ years of age. All temporary teeth should be erupted and in position at 2½ years of age. Previous to this time teeth should be cleaned by mother with soft rag wrapped around the finger; using powder or mild antiseptic if necessary. Dark green stains sometimes seen near the gums should be removed; it is liable to result in decay.

If cavities occur in the temporary teeth they should be filled as soon as discovered, before the pulp becomes affected.

Temporary teeth should remain in position until the permanent teeth are ready to appear.

Too early extraction of temporary teeth is liable to cause irregularity of the permanent teeth.

Temporary teeth remaining too long in position are liable to cause irregularity.

Some of the temporary teeth remain in the mouth until the child is 12 or 12½ years of age.

Children should be taught to brush their teeth when they are two or three years old.

The temporary teeth are subject to decay, to exposed pulps, and to abscesses that are just as painful as those affecting the permanent teeth.

Children's teeth are more liable to decay between the ages of five and eight years because of childhood diseases and uncleanness.

Some reasons for saving the children's teeth

1. To prevent the child suffering from toothache.
2. To prevent the permanent teeth coming in irregularly.
3. To enable the child to properly masticate its food.
4. To prevent bad breath.
5. Thus to aid the general health.

It is as necessary for a child to have a clean, healthy mouth, as a grown person, or more so, on account of its growing condition, and on account of the ill effects of the diseases of childhood.

Temporary teeth should be examined at least three times a year.

PERMANENT TEETH.

Good teeth, well cared for, are necessary to good health, good looks, and personal comfort.

They are absolutely essential for thorough mastication of the food;—remember the stomach has no teeth;—bolted food impairs the stomach; consequently the food is not properly digested and assimilated; loss of health, headache, dyspepsia, irritation or ill temper is the result.

Good teeth are also essential to a good appearance. The mouth is one of the most expressive features of the face and

the expression of the mouth depends largely upon the teeth.

The whole countenance loses half its charm by the exhibition of decayed unsightly teeth.

When a pretty girl parts her lips and exposes decayed teeth and inflamed gums, how quickly the charm is dispelled.

Many ladies whose face is unattractive in repose become quite charming when their smiles reveal clean white teeth well cared for.

Decay of the teeth is caused by the formation of an acid through the fermentation of food. This acid dissolves the enamel exposing the softer dentine to the action of microbes.

Decay usually occurs upon those surfaces of the teeth not easily reached and consequently not easily cleaned; it also occurs upon rough surfaces which form lodgment for food particles, that eventually ferment and thus produce the acids necessary to decay.

A perfectly clean tooth will never decay. Teeth are more liable to decay: (a) from 12 to 20 years of age on account of too rapid growth; (b) during systemic weakness brought on by severe sickness; (c) during the physiological process of reproduction and (d) during aenemic periods, especially when iron is being taken openly. The importance of caring for the teeth during such period can not be too greatly emphasized.

Teeth decay more during the night because there is no motion of the tongue and lips and mouth, and the acids are not disturbed in their work of destruction.

Decay in one tooth if neglected may cause decay in the adjoining tooth.

The molars on the grinding surface and the centrals and laterals on the sides nearest each other are most liable to decay.

The cuspids and first molars are considered the most valuable teeth in the mouth.

The second bicuspid and first molars receive the stress of mastication.

The pressure exerted on the teeth varies from 100 lbs. to as much as 240 lbs.

There are two kinds of calculus or tartar; one coming from the blood and found on the roots of the teeth; the other coming from the saliva and found on the necks and surfaces of the teeth.

If the tartar is allowed to remain the gum recedes and the tooth loosens. The tartar should be removed and the surface of the tooth polished.

A cavity should be filled as soon as discovered, before it weakens the tooth and before the pulp becomes affected.

Cavities contain decayed tooth and decayed food and form secure lodgment for disease germs of all kinds.

About 200 varieties of germs are found in the human mouth; some detrimental, others not.

Diseased gums and teeth are perfect incubators for bacteria.

When a pulp breaks down, either from exposure or from too close contact with a large filling, it dies; it then decomposes forming a pus and gas. If this cannot escape through the tooth, pressure forces it toward the apex of the root where it collects in a pus sack; it then forces its way through the bone and gum and finally discharges into the mouth.

Even when an abscess has formed around the root, the tooth can be treated and saved.

Food and water are often sterilized in order to kill the bacteria that might be present, yet no care is taken of the mouth where true cultures of microbes grow and multiply.

From the mouth these micro-organisms are carried to the stomach, lungs and circulation.

Often bacteria and decayed food are both found in cavities, and pus oozing from abscesses, all mingle with the food and are carried to the stomach.

Not much wonder that the stomach rebels, refuses to do its work, and that dyspepsia ensues.

Want of appetite, nausea, bad taste in the mouth, and bad breath, often supposed to originate in the stomach, are frequently caused by a neglected and unclean condition of the mouth.

Much suffering, resulting frequently in nervous wrecks and low vitality, is often due primarily to defective oral conditions.

An examination of public school children last winter showed that 90 per cent had some oral defect.

The necessity of educating school children in oral hygiene and care of the teeth is immediate.

Consequently one of the most important preservative measures to guard against disease and to insure health consists in giving the mouth proper cleanliness and care.

"The night hath a thousand eyes";
I have but one;
But I have a mouth and nose,
The night hath none

The Seniors.

We are becoming much interested in the doings of our Seniors. Many a class meeting has been held behind closed doors—but we would not pry into the sacred affairs of Seniors. The Seniors, however, wish us to know that certain important events are to take place soon, very soon. They have in preparation two entertainments, "The Cricket on the Hearth" and "King Rene's Daughter."

You are earnestly requested to read Dicken's delightful story, "The Cricket on the Hearth." In this tale the author shows how love is the Ruling Power of the Home—Though clouds may creep in for a time, Love depresses all darkness. Read the story.

Before the class presents to you this charming picture of Home, they will ask you to be present at a performance of a

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lyrical drama, "King Rene's Daughter" by Hendrick Hertz. The scene of which lies in Provence. Time—middle of 15th century.

Count Tristan of Vaudemont, when nine years of age, was betrothed to Iolanthe, daughter of King Rene, she being but a year old. Count Tristan attaining years of manhood, rebelled against the betrothal, and left his country to seek another destiny.

Wandering, troubadour style, he found his way to the home of Iolanthe, his intended bride, saw her, and unaware of his identity became enamored.

She totally blind, and ignorant of this as of her destiny, was captivated by the charm of voice and manner of her unknown affiance.

Y. M. C. A.

The work of the Y. M. C. A. thus far has shown interest and preparation on the part of the leaders.

January 16th, the two Christian Associations held a joint meeting in Chapel. The leaders, Misses Evans, Palmer, and Iams showed thorough preparation. Some very good musical numbers were rendered by both the Y. W. C. A. chorus and Y. M. C. A. quartette. Prof. Veon favored us with a piano solo. We believe more of such meetings would be interesting and helpful to both associations.

Prof. R. O. Witercraft, our coach and teacher of Mathematics, was leader January 23rd. The topic was "Secret Prayer." His ability as a leader of Y. M. C. A. work was shown in the way he presented the subject. A number of the fellows were given questions on prayer a week in advance which were answered and discussed in the morning meeting. A number of our professors were present. Some of the questions were of this nature: "What sort of concept do you have of God while

body away off? A person at all? A man? Enrobed in dazzling spendor, or in ordinary light? Dressed in Greek fashion, or in modern American clothes? Is it necessary to have any such concept at all to avoid the sense of praying into empty depths of space? Would God give us all the good things we pray for even without asking for them? Why pray? What part of our prayer should be supplication? What part thanksgiving? What is the purpose of the minister's public prayer in church?"

Bible Study has been organized and is now under way with good teachers as leaders. Prof. Knabenshue, the science teacher, has charge of the "Mission Study" group. Professor Witercraft and Professor Kinsley, instructor in the commercial department, have charge of the large group using the book entitled "The Life and Works of Jesus" according to St. Mark. Prof. Coffin, our Latin teacher, has charge of the group who are taking up a study of the "Social Significance of the Teachings of Jesus" by J. W. Jenks. We believe Bible Study this year will prove more interesting and helpful than ever before.

Mr. F. O. Khoeler, the state Y. M. C. A. student secretary, visited our association recently, and left a very good impression on all of us. His kind criticisms and helpful suggestions were alike appreciated. The attendance has been good.

Messrs. Young, Reiman, Bittner, and McClure frequently sing a quartette at our Sunday morning meetings. Mr. Hutton accompanies the singing of Hymns with the violin.

"A Christian is the highest style of man,"
"A Christian is God Almighty's Gentleman."

Wife—Why, John, how dare you swear before me?

Husband—I beg your pardon, my dear. I didn't know you wanted to swear.—*Chicago News.*



At the first meeting in the Winter term, the members of Philo were welcomed back to their society duties by an able address from the salutatorian, Thurman Titus.

The society seems to have appreciated his advice for the work this term has been unusually good.

Some of the members worthy of special mention are the oration by Andrew Vetesk, oration by Mildred Lamb, reading by Novelia O'Reilly, and the scenes given from Hamlet and Macbeth.

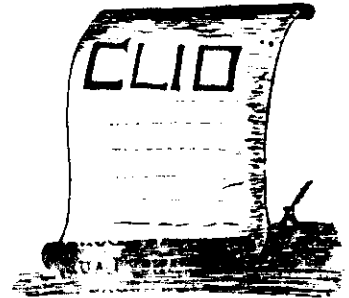
The debate has grown to be one of the most interesting features of our program. Mr. Reed, class of '08, who visited the society Jan. 17, said that he had heard debates at contest that did not excel the one given in Philo that night. The subject of the debate was, Resolved: That the United States will decline as the great nations of antiquity have done. The debaters were George Harris, affirmative, and Arthur Wilson, negative speaker. Both sides of the question were well debated.

Misses Novelia O'Reilly and Ella Hawkins have charge of the music.

The officers of the society at present are—President, Wade Blackburn; Vice President, Pansy Laub; Secretary, Inez Maxwell; Att'y., Olan Yarnall; Treasurer, Bess Glass; Critic, Arthur Wilson; Marshall, William Stahl.

Three new members have joined our ranks this term.

Formerly the society pin was changed every two or three years. Now, however, a pin has been chosen to be the permanent Philo pin. It is in the form of a scroll, bearing the word Philo in raised letters.



The work of the societies for the new term began successfully. The programs were well carried out. The numbers showed much time and preparation.

Mr. Veon favored Clio with a piano solo on Friday evening, Jan. 7. The selection was "The Spinning Song from the Flying Dutchman" by Wagner.

The debate in Clio on Jan. 7 was very commendable, Misses Jennie Mickey and Effie Iams giving excellent discourses on the question.

On Friday Jan. 14, Braden Schrontz gave an excellent oration in Clio. The subject was "The World's Benefactor, the Farmer."

Miss Louise Floto read a very commendable essay on "Character" in Clio recently.

Prof. William H. Brightwell, a Clio Alumnus, visited us recently and gave us some very helpful criticisms.

The recent election in Clio resulted thus: President, Kent Bowman; Vice President, Effie Iams; Secretary, Emma Thomas; Attorney, Walter Moser; Critic, Milton Reiman; Treasurer, Edna Wood; Marshall, Paul Miller; Choristers, Laura Holmes, Ella Witherspoon.

The music in Clio is up to the standard. Our faculty visitors say that it is excellent.

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We have received remittances recently for the *Normal Review* from Hazel Young, Dr. Hockenberry, West Va. University, Blanche Brightwell, W. R. Griffin, Elsie Lynn, Anna Lewis, Jennie Yothers, B. S. Boyer, H. Mabel Hough, Effie Dean, Wilkinson & Roberts, Winfield Bros., W. C. Johnson, Annie Porter, Roy Miner, Lyman K. Miller, Ella Headlee, Cora Keim, Agnes Nemon, Olin Lutes, John Hart, Frank Lewellen, Edith McClellan, Julia Hopwood, Samuel Winer, Leroy Snyder, W. H. Barnes, N. W. Ayer & Son, Jacob Keim, W. H. Kirby, Flossie Cochran, R. Gabler, Anna Currie, Mary Braucher, Nelle Penn, Mary F. Hoge, Nevada Emerrick, Maude Lytle, Blanche Hackney, Wm. A. Covert, W. H. Cober, Mrs. J. W. Stephens, Mrs. B. H. Robertson, Margaret Fallow, Matilda M. Mills, Roberta Baer, Madola Jobb, Glenn Hormell, David Smith, H. K. Graham, Gertrude Schmauser, Cora Soles, Sara Wycoff, J. A. White, Anna M. Boydston, Anna A. Rhoades, Mrs. W. H. Clingerman, Amelia Kirkland, Mrs. L. K. Thompson, Margaret D. Vance, Elizabeth Logan, Theo. B. Hoy, Nelle Steele, Chas. M. Evans, D. E. Mitchell, W. J. Bannen, A. L. L. Suhrie, J. B. Schrock,

Martha Titzell, H. Geo. May, Mrs. J. Byron Ache.

[This record closes with January 25.]

Y. W. C. A.

The first meeting of the new year was led by Mrs. Meese, beginning the second Epistle of Paul to the Corinthians.

An interesting joint meeting of the two associations was held in the Chapel Jan. 15. Special music was given by the Y. W. C. A. choir and the Y. M. C. A. quartet. The Bible work was led by the Misses Evans, Palmer, and Iams. Near the close of the meeting an instrumental solo was given by Mr. Veon.

Those who visited our association this month were the Misses Le Mira and Lottie McCleery, of Munhall, and Cora Soles, of Homestead. Each one spoke of the help received from the training which she got through Y. W. C. A. work while a student in the Normal.

New Year's greetings have been received from Miss Grace Dodge, chairman of the Y. W. C. A. association, also from many of the other Normal Schools of the state.

A letter recently received announces a new student State Secretary beginning Jan. 1, 1910.

The new Y. W. C. A. building in Pittsburg was opened Jan. 17. A letter was received from the head of this association asking that an interest might be awakened in this work among the Pittsburg girls belonging to our Normal.

INTERCOLLEGIATE COMMITTEE.

Little James had been telling a visitor that his father had got a new set of false teeth.

"Indeed," said the visitor, "and what will he do with the old set?"

"Oh, I s'pose," replied little James, "they'll cut 'em down and make me wear 'em."

RAMBLERS' NOTES.

BY NATRONA.

Just some talkin'.

One of the things learned in pedagogy—
Lamb wrote on pig.

One of our ambitious new students declares she will be after getting through.

Seniors are requested to bring in all those paradises that are lost.

A small weak chap is out late at night. A club is swung threateningly over his head and a big bully demands, "Will you lend me five?"—

Prof. C. declares that it is not through charity that the money is immediately forthcoming.

That we do not all belong to The Select 'tis true; 'tis true 'tis pity, and pity 'tis 'tis true.

Trig Class:—Given: Here we are in the distance.

One consolation for the Cicero class is this. If (conditional) we do not get schools next year, we can at least make a living (result) by selling our Cicero translations to Life, Puck, and Judge. (Purpose.)

Said to be an actual fact:—sometimes when you look in the mirror you see nothing.

Murderers are fortunate in that they know exactly when they are going to die.

If your memory fail you when on the society platform let not your wits be troubled. Slap your forehead and exclaim, "By the mass, I was about to say something. Where did I leave?"

The middlers are having some interesting experiments in chemistry lately we hear.

Remember—There are others.

"My lock is broken" shrieked a North Hall girl,
As through the hall she ran.
She risked being late at her very next class,
To seek out the Carpenterman.

"Susan, Susan" sang the North Hall maid,
As through the hall she ran.
She opened the door with a vigorous push
And upset Mr. Carpenterman.

Beware the Ides of March.

Mr. Vetesk, we'll leave off the "Professor."

Buy, beg, borrow, or steal a Virgil. It doesn't matter which, but you must have one.

Mr. Coffin—"That is a very poor translation."

Senior—"It's the best I could get for the money."—*Ex.*

Professor Adams in Physiology class—"Where do we find casein?"

Pupil—"In the hall after society on Friday night."

Why didn't Noah and family play Poker in the ark?

Because Noah stood on the deck.

I'm so glad that Isabel was willing to sell her paste diamonds to discover us.

Has Uncle Remus told yo' all what an anthem is?

Question in Hist. of Ed.—Are all Toledos in Ohio?

An interesting formula in Trig.—Se kent A——?

I was very much provoked!

Something to talk about at the dinner table when the list of stories runs out: Your middle name and your future name. This conversation is known to be especially interesting to girls.

That's right, ——.

A question that puzzled one of our faculty when a youth—What kind of bear is a consecrated cross-eyed bear?

'Tis a poor school that cannot support some aristocrats. All hail to California's Four Hundred!

Everybody buy a May Day.

If the seniors are not green now they will be after they have devoted two days this year to green exercises.

If a rain is partly snow, and a snow is wholly rain, what is the result on a Wednesday afternoon?

Ans.—Splendid to sleigh ride but impossible to skate.

Did Laura like her pretzels?

The kind of question to be avoided—Who dragged whom about the walls of of what city?

One of our professors was heard to make the astonishing statement that Shakspeare was born in the early part of his life.

There may more things in that committee than are dreamt of in our philosophy.

The 'Down and Out Club' intends organizing very soon now. Watch for further notice on the Bulletin Board.

The English History Class is now studying Henry VIII. Mr. Watson appears to be in real sympathy with the work.

Many are the hearts that are weary to-day,
Waiting for the lake to freeze;
Many are the students, fearing to be 'stung,
When they've just sent home for skates.

A cauliflower is a cabbage with a college education.

During the reign of Charles II of England it was forbidden that women should act on the stage and so young men dressed in women's clothing played these parts.

Once Charles came into the theater easier than usual so that the actors were not all prepared and impatient at the delay he sent for a manager and asked him the cause of the delay. The manager knowing that he can best excuse himself before the king by telling the truth said: "Your Majesty the queen hasn't been shaved yet."

The king laughed good naturedly and patiently waited till the queen was shaved.

At the basket ball you see them
So attentive! (To the game?)
Two and two they seem unconscious
That there's such a thing by name.
Some are smiling, some are moody
Others just a trifle gloomy
Some coquettish some just fooling,
When they feel some one is looking.

Is it fair to just be looking
Just to look and then to see
Kent and Alice, always happy
As true 'casers' ought to be.

Then comes Sally with her Clarence
Both so sober and content
As if every word they meant,
When they were together—"yet".

Dannie and the Weaver is next along the line

Give them greeting, wish them merry
For just like our 'Rhe and Berie
You will fine them up to time

Farther on come Mae and Andra
Ever heedless of the rest;
Just beside see Verne and Stroller
Sure that each has chose the best

Fluff and Bell, and Daine and Miller
Make two twos that's hard to beat
Then our Mary and young Titus
Are a couple you should meet

Jean and Ralph you'll find together
Just beside the railing yonder,
And I'll show you Braden and Milly,
While our glances round do wander

Then as Charles talks to his Bertha
We will pass them swiftly by
See Helen smile on Myers
While Laura thinks of Cy

That leaves Sara and her Milton
Near by Emma and her Mac.
And 'Time Up' is called or shouted
But next game they'll all be back.

Miss Buckbee after modifying an overly strong statement made by Mr. Monroe in the History of Education, "Am I the only person in the classroom whom this statement has shocked?"

Mr. Weaver: "O, it jarred me so that my heart is palpitating."

Everything of interest,
Everything that's new,
You will always find
In C. N. S. Review
Then don't forget to read it
Though your hours are few,
And tell your friends about
The C. N. S. Review.

Lady—Today I am thirty years old. Oh, why didn't my parents postpone their wedding for ten years!—*Fliegende Blatter*.

Miss Cutting—I saw you in the car on your way home from the office last night.

Mr. Hogg—Strange, I didn't see you.

Miss Cutting—Not at all. I was standing just in front of where you were sitting.

—*Philadelphia Press*.

NATURE STUDY.

BY E. H. KNABENSHUE.

So much is being said now about Nature Study or Elementary Science, which is another name for the same thing, that a few words on this subject will not be out of place.

In the first place so much is included in the term "nature study," and so little literature on the subject is available, that the teacher who attempts to teach it will be thrown largely upon his own responsibility and unless he is resourceful he will soon run short of something to say or do. There is such a diversity of opinion also among writers on the subject, about what to teach and how to teach it, that but little help can be gotten from reading them. And again any one who attempts to teach the subject from knowledge obtained from the study of books and not from the study of nature itself will sooner or later come to grief.

It is not the purpose of this paper to discuss *how* to teach nature study, but to *suggest* a few simple things that can be done by any teacher in the elementary schools. The only equipment that is needed is two seeing eyes and two hands that are not afraid of being soiled; these reinforced by a little interest in the subject will make the work a pleasure to both teacher and pupil.

Now what are some of the things that can be done? Some may say since school is in session during the winter months when all nature is in a dormant state that there is no available material and nothing can be done, but for the teachers with open eyes enough material can be easily secured to furnish supplies for all the time that can be devoted to the subject.

During the first month of the term is a splendid time to begin the study of vegetable life, the plant as a whole, the relation of different parts, the seed, the life

history, and the preparation that nature makes for the protection and the preservation of her children. These first months is the time to begin the study of the birds. Get the children interested in the departure of the birds for their southern winter home and they will receive them gladly when they return in the spring. Then the non-migratory birds may be the means of affording a great deal of pleasure during the cold shut-in days of winter if but little effort is made to attract them to places where they may be seen. Have a bird trough near the window of your school where the crumbs from the children's lunches may be placed for the bird's dinner and you will be surprised to see the number of birds that come for their dinner, and the interest that children will take in them.

In the autumn is a good time to find out some important things about insect life. How do they live during the long winter months? Some specimens of insect life in winter quarters should be kept about the school so that their development in the spring could be studied.

In the springtime, when all nature seems to burst into life anew, when leaf and flower is unfolding, when birds are returning to go to housekeeping for a few months again is the time of all the year to do work in nature. Then the relation between plant and animal life can be shown, and how dependent the one is upon the other. Then it is that the child can see how really living thing a plant is, how nearly human. Have the child to plant and grow something at school and instruct it how to do the same thing on a larger scale at home.

Every school, especially a country school should be an experiment station where the children are taught to do something well in nature which can be taken by them into their homes and be of use to them there. Every school might be

made a model for the whole community where they could see some work that was well done. If the work done in nature study does not get outside of the school premises it is of little avail. If it is rightly taught it will permeate the homes and beautify and brighten them and make them more nearly to be the place that home is intended to be.

While waiting for the speaker at a public meeting a pale little man in the audience seemed very nervous. He glanced over his shoulder from time to time and shifted about in his seat. At last he arose and demanded in a high, penetrating voice, "Is there a Christian Scientist in this room?"

A woman at the other side of the hall got up and said: "I am a Christian Scientist."

"Well, then, madam," requested the little man, "would you mind changing seats with me? I'm sitting in a draft."

NORMAL BRIEFS.

The New Year's social held in the Normal Gymnasium, January 8, a successful entertaining affair throughout. The social committee, Miss Margaret Craven, chairman, prepared this program:

S. W. S. N. S. March

MAIL MAN

PROMENADE

VIRGINIA REEL

CONVERSATION PROMENADE—

New Year's Resolutions

JOLLY MILLER

PROMENADE—*Good-Night*

Miss Anna Buckbee left the Normal school on January 16 to visit sister normals at Millersville, West Chester, and Kutztown. She returned on Saturday the 22nd. At the faculty meeting held January 25 she gave a full report of what she saw at the various schools.

Miss Noss's division of German II met at her home on Wednesday afternoon,

January 26th. German songs were sung, German games played, and most excellent German spoken

Dr. Davis spent January 27 and 28 in Harrisburg attending a meeting of the Board of Normal School Principals.

The illustrated lecture given by Rev. Peter McQueen on the evening of January 15 was one of the richest treats ever given to an assembly in the Normal Chapel. He is a master of his art. Mr. McQueen staid with us for Sunday the 16th, when he delivered a very thoughtful sermon to our teachers and students at the Vesper services.

The Girl's Glee Club of forty voices is doing excellent work under the supervision of Mr. Cornell and fine things may be expected from them during the coming year. Mr. Cornell is doing much to bring the work in music up to a high state of cultivation in our school. He is now working the full school on Mac Farren's beautiful cantata of "The May Day."

Dr. Meese conducted the Vesper services January 9, using as his topic a dramatization of the book of Esther.

Miss Anna B. Thomas has been notified by her Publishing Company that six-hundred-ten copies of her book "First School Year" have been sold in the past year.

Dr. Davis conducted the Vesper services of Sunday evening, January 23.

Miss Nell Steele and Miss Elizabeth Richardson, members of the class of '06, visited Miss Marion Richardson and Miss Buckbee at the Normal, January 28-30.

Mr. Cornell, the head of the music department, has organized a young men's class in boxing. The young ladies of the school are asking why they cannot have a boxing class also.

The class in instrumental music met Wednesday afternoon, January 26, in Mr.

Veon's studio to study the life and music of Mozart. A pleasing and instructive program was given. Miss Jennie Hipsch read a paper on the Life of Mozart, and the following solos delighted the class:— Minuet in D, by Phyllis Nicholas, First Minuet by Miss Mary Noss, and Concerto D Minor by Mr. Veon. Miss Grace McCleary, Miss Damie Cornell, and Mr. Veon played a piano trio. The Overture to the Magic Flute.

Mrs. Bickart of Donora, Mrs. Oesler of Pittsburg, and Mrs. Cunningham of Belle Vernon were recent visitors in the Normal.

An illustrated lecture, The Acropolis of Athens, given by Mr. Ernest A. Coffin, Wednesday, January 26, was greatly appreciated by his audience.

Two of our teachers, Messrs Meese and Knabenshue, made addresses at the McClellandtown Institute on Saturday, January 29.

Mr. Veon has just completed a text-book on Elementary Piano Study, which will be published by the Courtright School of music, Bridgeport, Conn.

The next entertainment in our course will be given on the evening of March 16 by the Redpath Grand Quartette.

Miss Cora Soles, class of '05, and Misses Lottie Lemira McCleary, class of '05 and '96 respectively, were recently the guests of Mrs. Noss. Miss Soles is a teacher in Homestead, and the Misses McCleary teach in Munhall.

Miss Arol Spangler of Shanksville visited her friend, Miss Elsie Emerick, Sunday, January 23.

Many of our students took advantage of the January snow to organize sledding parties.

Mr. I. Z. Birmingham of Pittsburg calls our attention to an error in the statement we made last month about the seven ton lump of coal mined near California. Some

one suggests that it came from the *Vigilant* mine, not the *Vesta*.

The basketball team of the first floor South Dormitory won the school championship on January 13th by defeating the town and travelling students by a score of 10-5, two nights previous having vanquished the 2nd and 3rd floor boys 13 to 2. The game was the fastest played on the floor this year: both teams played at top speed all through, and there was "something doing" every minute. The dormitory boys excelled in shooting; the defensive work of both teams was, on the whole good. It would be unfair to select any players for special mention as all played brilliant ball.

The *Technical World* contains much of interest to all classes of readers. The article entitled "Railroading toward the North Pole," in the February number will be sure to attract much attention.

The Delphic society has greatly improved since Miss Kolbe has had charge of the work. One of the most important features of the society is the debate. A most excellent debate was given in Delphic a few weeks ago, the question being: Resolved: That students derive more from Literary work than other studies. Which was decided in favor of the negative speaker.

The school extends its sympathy to Miss Ella Hawkins who lost her father during the vacation.

Misses Elsie Emerick and Daisy Piper taught the first grade in the Monessen school for a few weeks.

Dr. Crow recently gave a series of four very interesting lectures on "Oral Hygiene," to the member of the Senior class.

At the recent organization of the senior class the following officers were elected:— President, Milton M. Reiman; Vice President, Miss Jennie Evans; Secretary, Miss Alice Campbell; Treasurer, Miss Mary Davis. Miss Ella Witherspoon, Mr.

Grover Watson, Miss Hattie Henry, Mr. Bradon Schrontz, and Mr Arthur Wilson were elected as a standing committee of nomination.

Miss Buckbee, of the faculty, spent a week recently in visiting three of our sister normal schools, Millersville, West Chester, and Kutztown. She reports a pleasant and profitable visit. All these schools have a large attendance of earnest capable appearing young people. California students must not slacken their pace if they expect to rival successfully graduates of other schools. The keen interest shown in Pennsylvania now in the professional training of teachers promises well for the future of our schools.

The girls on Second Floor, North Hall held a reception for Misses Truman and Kolbe on Wednesday, January 12.

A merry sleighing party left the school on Wednesday afternoon, January 12. The chaperons of the party were Miss Thompson and Prof. Witcraft.

The May Day is to be celebrated in our school, with the proper festivities, this year.

The *Review of Reviews* is the one magazine for very busy people. They must have it. It is just as desirable for the reader who has leisure, for its articles are not all mere summaries. There is something in it for everybody.

Father (solemnly:) "This thrashing is going to hurt me more than you, Napoleon."

Napoleon (sympathetically) "Well, don't be too hard on yourself, dad; I ain't worth it."

Helen—Why, he yawned three times while I was talking to him!

Myrtle—Perhaps he wasn't yawning. He may have been trying to say something! *Modern Society.*

Basket Ball at the Normal.

An interesting season in basket ball at the Normal is in progress in spite of the fact that there are no games with outside teams. A schedule of 24 inter-class games is posted with one extra team composed of the "subs" of the regular class teams competing to add interests and give a further chance to beginners. Greater spirit and dash is exhibited by the players than is usual in inter-scholastic games, and the students thoroughly enjoy the contests.

The A. A. U. rules are used exclusively, as they conduce to a faster, safer, and more open game than the old National rules. The Middlers probably are giving the prettiest exhibition of the A. A. U. game. They have acquired considerable skill in passing the ball; and it is a fine sight to see them baffle an opposing team by swift passing, and drop the ball into the basket the moment after it seemed to be cornered. The Juniors are new to basketball, but have won both of the games they have played. The Senior team is handicapped by their experience under the old rules. It seems more difficult for them to forget the "dribbling" game and learn to pass the ball. Their men are large; and if we mistake not, they will show a form at the end of the season far different from the present. The game between Seniors and Middlers, January 22 was won by the former to a score of 7 to 1.

Basketball schedule:

| | | | |
|---------|----------|----|----------|
| Jan. 19 | Seniors | vs | Middlers |
| 22 | Juniors | vs | Reserves |
| 26 | Seniors | vs | Reserves |
| 29 | Middlers | vs | Reserves |
| Feb. 2 | Seniors | vs | Reserves |
| 5 | Middlers | vs | Juniors |
| 9 | Seniors | vs | Middlers |
| 12 | Juniors | vs | Reserves |
| 16 | Seniors | vs | Juniors |
| 19 | Middlers | vs | Reserves |
| 23 | Seniors | vs | Reserves |
| 26 | Middlers | vs | Juniors |

This schedule will give each team six games, two with each opponent and it will

also give an opportunity for post season games in case of a tie.

The managers of the teams are Thurman Titus for the Seniors, Frank Hamilton for the Middlers, Norman Griffith for the Juniors and James Elliott for the Reserves.

Normal School Standards.

[The extract given here from an address made by Dr. Noss before the Board of Principals shows how near to his heart lay the welfare of our Normal schools and the desire to promote professional standards.]

In my judgment, the most important question that has been before us for several years is this question of our relation to the public high schools. There are some defects in our public school system that can only be cured by legislation; but here is a defect that can be remedied by a resolution of this board. Our present relation leads to confusion and friction. It lowers the professional tone of the normal schools to admit students who are barely able to enter high schools, and burdens the normal school with academic work which could be done more economically for the State and for parents in high schools. Besides all this, it is quite unnecessary to admit these youthful students into our normal schools. We could fill our schools with mature, well prepared young men and women, if we were to raise our professional standard and exclude all those

who are not preparing to teach and all those who are too young to prepare to teach. How can we justify the teaching of "Methods" to girls in short dresses, girls who have only finished the eighth grade? There ought not to be any way by which the brightest of them could get into the normal school until they are two or three years older. Good professional work is simply impossible in a normal school where there is a considerable element of non-professional students. We sometimes say that the teacher makes the school. It is also true that the students make the school. You can measure the professional standard of a normal school by its conditions for the admission of students.

"Sir!" exclaimed the icy co-ed, after the kiss had been stolen. "how dare you! No man has ever kissed me before."

"Oh, that's all right," replied the nervy student. "Somebody had to break the ice."

A poor lady the other day hastened to the nursery and said to her little daughter:

"Minnie, what do you mean by shouting and screaming? Play quietly, like Tommy. See, he doesn't make a sound."

"Of course he doesn't," said the little girl. "That is our game. He is papa coming home late and I am you."—*Everybody's Magazine*.

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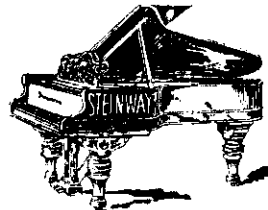
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