

FEBRUARY 17, 2012

CALIFORNIA UNIVERSITY OF PENNSYLVANIA

Loud house parties beware!

By Noah Gruskin Staff Writer

The borough of California has recently enacted the new Ordinance, number 531, which addresses "disorderly houses and gatherings." The ordinance states that the host of the gathering and those involved will be fined three to six hundred dollars for public disturbances. If an officer can hear loud noises from fifty feet away from the property under question, the offense can be confirmed and the ordinance instituted through the issuance of a citation to all those taking part in the gathering.

The Ordinance also addresses the consumption of alcohol. If one is drinking in public, on the streets or within close proximity to public property (5 feet) they can be fined. Any acts which can be considered as disturbing of the peace are included within the ordinance, ranging from riots, to public drunkenness.

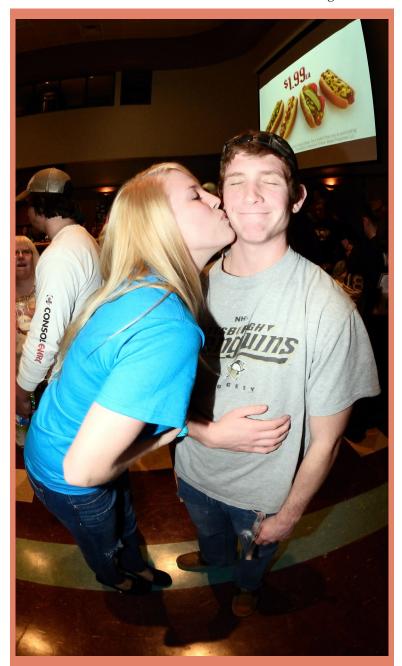
After speaking to police Chief Bob Downey, the one who suggested adopting the ordinance a year ago, he made it clear in cases concerning under-aged drinking that no further punishments will be instituted. The consequences for under aged drinking can be severe. One may lose their driver license, and it can tarnish a criminal record. This is especially taxing for teaching majors and the like who need clean records in order to succeed in the future. Instead of having these harsh punishments implemented for one horrible mistake, the fine charged under the new ordinance can serve as a warning of sorts.

While a three to six hundred dollar fine is still damaging, it is nowhere near as bad as the creation of a criminal record. The Ordinance sways slightly towards students in that it can serves as a warning. This is not meant to promote the idea that "oh if I get caught drinking I will only get fined." You are not guaranteed to only face this fine. You may still be charged with an under-aged drinking offense.

Finally, this ordinance is only effective in the Borough of California. Students living on Cal U's campus do not have to worry about facing a hefty fine for being obnoxiously loud; they still face all of the consequences enforced by campus policy. All people within the town of California can expect to face a fine if they are being a nuisance to those around them.



Students warm up to poetry See Page 6



Valentine's Day not the only reason to 'Go Red'

By CAITLIN BIRMINGHAM *For the Cal Times*

Are you wearing red this month? Feb. 3 was Wear Red for Women Day to raise awareness about heart disease and how it is the number one killer of women. Throughout this month organizations, individuals and whole cities are going red to support the cause. On Feb. 4 cities across the country illuminated buildings red and displayed their support for heart health awareness. In Pittsburgh many of the Yellow Cabs went red in an effort to bring this issue to the front of women's minds. Celebrating Go Red Day can be done at any time and you can get involved in the efforts by visiting GoRedForWomen.org. You can get a group involved or donate on your own. Most are surprised to learn that heart disease, not breast cancer or ovarian cancer, is the leading cause of death in women. Breast and ovarian cancer are the diseases you hear most about and that is why people know more about them and assume they are more common in women. Also, on the GoRedFor-Women.org website are resources to help you understand what you can do to better your heart health. There is even a program you can take online to learn more about your nutrition and fitness and how these effect your heart. It also provides you with healthy recipes and information on who is at high risk for heart diseases and what steps you can take to reduce your risk. In addition, the site discuses what the signs of a heart attack are. Many women are uneducated and unaware of the signs, symptoms and risk factors for heart disease and heart attack because the most well researched and most common information about the topic is based on and designed for men.

The symptoms and the treatments for heart disease are very different in women then they are in men. Women need to seek out information specific to themselves and not rely on the information about men's health. One unique challenge facing women that doesn't face men is our use of birth control. The birth control you chose could have a negative effect on your blood pressure and overall heart health, especially in conjunction with smoking. Smoking is something everyone should avoid for many different reasons but it is a major factor increasing the risk of heart disease in women on birth control. Another very important factor in reducing your risk is exercise. Being active a total of 150 minutes a week, which is only about 30 minutes a day, is all it takes to keep the doctor away. Staying active is not only important for your heart but it helps you keep a healthy weight. You'll find that

if you exercise a little bit everyday you'll not just look your best but you'll feel good too.

Being an active participate in your own health may seem like a large undertaking with everything else you have to worry about in college but it's a small price to pay for staying healthy. Thirty minutes a day of exercise in conjunction with plenty of fruits, vegetables and fiber rich whole grains in your diet in place of fast food isn't as hard as you might think. Another important step is to talk with your doctor. For women in their 20s it's important to keep an eye on your cholesterol and blood pressure so you can monitor how it changes over the coming years. You especially need to keep an eye on your weight changes. Losing that freshman fifteen can be hard but taking the extra time to watch your diet and exercise is worth the trouble. For women in their 30s and 40s it is important to keep up with your exercise and try to continue to keep an eye on your calorie intake. You also need to keep working those healthy fruits and vegetables into your diet. If women can keep heart disease away until about their 50s then they generally have a lower risk of getting it later in life. So spend the time now taking care of yourself instead of paying for poor choices later in life.

'Mixing' it up

Non-alcoholic drink mix-off creates intoxicating fun at Cal U See Page 7

FOR NEWS, SCORES, AND VIDEO ON DEMAND, VISIT THE CAL TIMES NEWS SITE ON-LINE - WWW.CALTIMES.ORG

CAL TIMES

Gov. Corbett proposes another budget cut **University Police Re-**

BY TYLER KIMMEL

For the Cal Times

Feb. 7 was probably a normal Tuesday for most Cal U students. However, many students were unaware that that particular Tuesday, a proposal was made that could have a pretty big impact on their immediate futures.

In Gov. Tom Corbett's proposed state budget that day, he announced that funding for the 14 PA State System of Higher Education (PASSHE) schools would be cut by 20% or \$82 million in 2012-13. This is a huge loss for the state-owned universities; however, Cal U is preparing to deal with the proposal.

"Cal U administrators are examining every aspect of the university with an eye toward providing a high-quality educational experience as efficiently and effectively as possible," Chris Kindl, director of communications and public relations said.

Students and parents shouldn't begin to fret just yet. The proposal is just that, a proposal. Nothing has been finalized and things could change before the deal is set in stone.

"It is too soon to gauge the effect of the governor's budget plan on our University. At this point, it is only a proposal, and many elements may change before the General Assembly gives its final approval," Kindl said.

Cal U has already felt the toll of budget cuts, having to cancel classes such as Journalism III days before the spring semester started due to a low number of students that signed up. Other cuts and changes could be on the horizon in the coming year, so students need to be on the lookout.

Students have to prepare themselves for more budget cuts. One thing students can do is to get out and vote. Study candidates that have better budget plans for higher education and won't continue to cut more money. Students can make their voice be heard and maybe save themselves money by simply voting for a candidate that knows the importance of higher education.

There will be another day in the near future that will affect student's immediate futures. It could be just another normal Tuesday, but when the budget is finalized and passed, students need to know what they're in for.

University Police Reports: Feb.4 - Feb. 12

Feb. 4 - DUI

At 3:02 a.m., California borough police requested assistance with a DUI stop on Union St. University Police helped transport one individual to California borough's station.

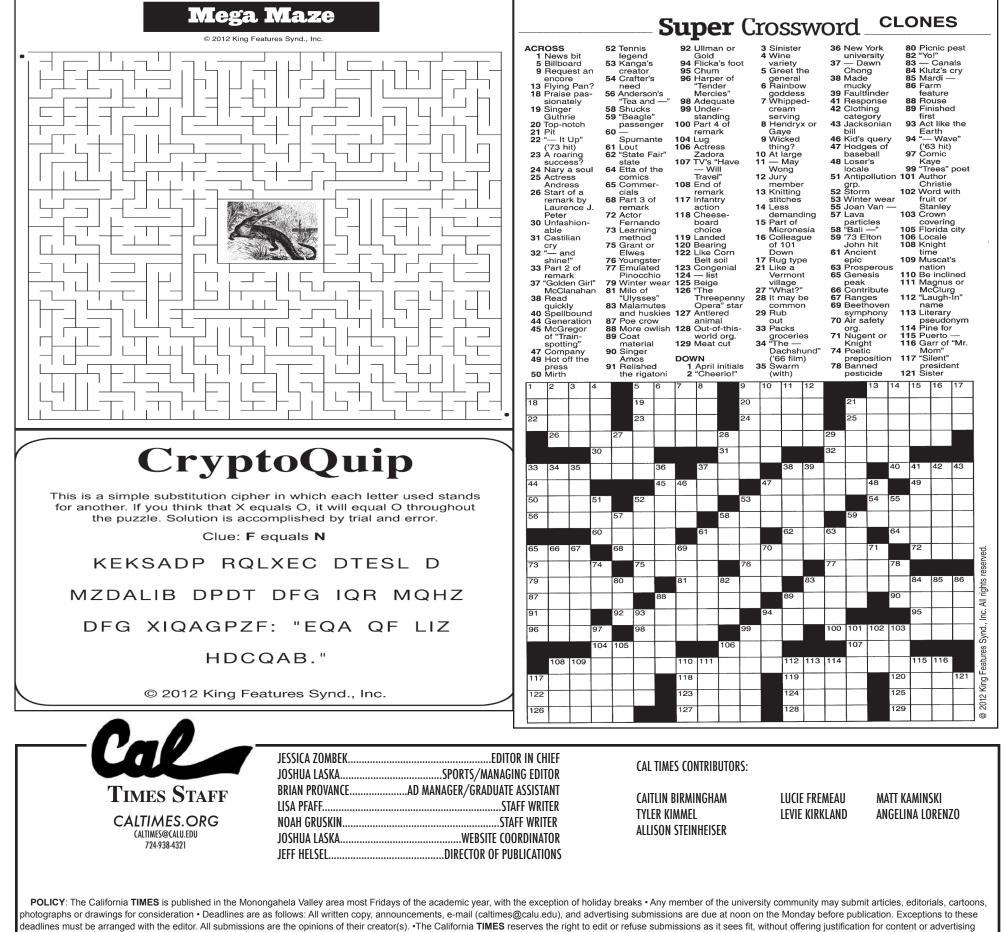
Feb. 10 - Underage

University Police assisted California borough police with a large fight at Building 3 in Vulcan Village, which happened at an underage drinking in room 315.

Feb. 10 - Marijuana

At 11:11 p.m., University Police responded to the 2nd floor of Johnson Hall for a report of an odor of marijuana. **Feb. 11 - Arrested** At 12:45 a.m., California borough police requested asistance from University Police with a fight at J. Coles. Police placed several individuals into custody and borough police will be filling several charges.

Feb. 12 - Underage At approximately 1:30 a.m., California borough police requested assistance from University Police with a large party on Monroe Way. University Police assisted the borough police without incident and several individuals will be cited for underage drinking by the borough.



sections.

WEATHER Produced by the Cal U Forecast Team http://sai.calu.edu/weather/ **Regional Forecast** Friday's Highs 36F Friday Sunday Monday **Across Pennsylvania** Saturday State College: 40-42. Buffalo Mostly Cloudy. .41F 35f Scramton Harrisburg: 44-46. EMC Mostly Cloudy. HIGH: 40-42 HIGH: 37-39 HIGH: 38-40 HIGH: 40-42 45F LOW: 25-27 LOW: 22-24 LOW: 23-25 Harrisburg 41F Philadelphia: 49-51. Mostly Cloudy Partly Sunny Mostly Cloudy, Rain Mostly Sunny. **Chance of Snow** California 41F 51F Columbus Washington D.C The system for the cool temperatures and the precipitation that we experienced in the earlier portions of the week will move out of the area. Skies will be mostly cloudy with a few 46f peaks of sunshine. Temperatures will remain cool with a chance of snow Sunday. Charleston Westmoreland County Community College Summer Sessions "By taking one of my tougher courses this summer, I can focus on it more and lighten my fall class load. Plus, I can still enjoy long weekends with no Friday classes.» Taylor – Dental Hygiene Major Easily transfer WCCC summer credits to your university Take flexible classes at 8 locations, even online Only \$80 per credit for Westmoreland County residents Follow us Westmoreland County Community College 145 Pavilion Lane, Youngwood, PA 15897 + 724-925-4000 + wccc.edu An affirmatur action, equal opportunity college.

" The sky is the ultimate art gallery just above us." So Come Out and Join us on this Starry Night Affair When: Saturday February Contact any BSU board

25th, 2012 Time: 6pm MockTails 7pm to Midnight Where: Performance Center Cost: \$10 per person \$15 a couple \$ 60 for a table

Contact Jasmine Telly for more information at tel7382@calu.edu.

member to purchase tickets or see Ms. Tonya on the 3rd floor of the union. This is a formal event so dress to impress! Everybody is invited to enjoy this wonderful event!!!

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CAL TIMES

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SUMMER 2011 JOBANNOUNCEMENT

The California University of PA TRIO Upward Bound Program is now accepting applications for the positions of Resident Assistant and Resident Tutor for the summer program that will tentatively begin on May 31 and continue until July 8, 2011. Counselors are compensated between \$1, 800 and \$2,000 as well as having room and board provided. This is a great opportunity to work with high school students in a classroom setting and enhance your leadership and time management skills.

Eleven to thirteen resident tutors are expected to be hired. Resident tutors will be selected to tutor in one or more of the following areas: English, journalism, oral communications, mathematics (algebra I, II, III, geometry, trigonometry, calculus, AP calculus), science (biology, chemistry, physics), social science, foreign language (Chinese for Summer 2011). Applicants must have completed at least 60 college credits with a minimum 2.5 overall grade point average. Preference will be given to those majoring in English, mathematics, secondary education, science, communication studies, journalism, social science or a closely related area.

Looking for SUMMER work? **NOW'S YOUR CHANCE!**



UNIVERSITY CONFERENCE SERVICES is now accepting applicants for SUMMER CONFERENCE ASSISTANTS

> **APPLICATION DEADLINE:** March 23, 2012

Applications are available in the Conference Services Office Eberly Hall, Room 211



www.dentinoagency.com **321 THIRD STREET** CALIFORNIA, PA 15012 724-938-7745 Monday-Friday 8:00am until 4:00pm **OVER 240 QUALITY APARTMENTS**



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Approximately three resident assistants are also expected to be hired. Applicants must have leadership and/or residential experience, have completed at least 60 college credits and have an overall grade point average of 2.5.

Preference will be given to applications received by 4:00 P.M., Friday, February 18, 2011. All qualified applicants will be scheduled for a personal interview. Applications are available in the Upward Bound Program Office, Manderino Library Suite 430 or by calling 938 4470 or email upwardbound@calu.edu. Education majors and graduate students are strongly encouraged to apply.

Crow Conundrum

California Borough infested by crows, residents complain

CALIFORNIA, Pa. (AP and Cal Times) California Borough residents say they're under siege by thousands of crows that won't go away.

The crows are hanging out overnight in areas surrounding the borough, just a few blocks away from the California University of Pennsylvania campus. Residents and business owners say the birds are loud and dirty and keeping people inside.

One woman stuck a scarecrow in a tree, hoping to chase off her avian occupiers. It didn't work.

California University of Pennsylvania tried lasers and other measures trying to chase the birds off campus.



NEWS

A Subaru Outback parked next to a tree along Ash Street, California Borough, is one of many vehicles covered in crow droppings on Tuesday afternoon, Feb. 14.

FUN STUFF!

The Cal U Student Activities Board gave students an opportunity to build their own stuffed animals on Monday in the Natali Student Center.

Those who participated in the "Stuff-A-Buddy" event had six unstuffed animal options to choose from, including a duck, a monkey, a tiger, two types of dogs, and a turtle. Although the event was scheduled to be held from 11 a.m. to 3 p.m., all 200 animals were handed out by 1 p.m. due to popular demand. The stuffed animals were free to participants.

Allison Roth, president of the Student Activities Board, tells the Cal Times that the "Stuff-A-Buddy" event is very popular. "This was also done the day before Valentines Day for students to give a present to someone special" Roth said.

PHOTOS BY: CAL TIMES





<u>Entertainment</u> <u>Wrap-up</u>

In Theaters



Ghost Rider: Spirit of Vengeance This Means War Bullhead

PHOTO BY: CAL TIMES

DVDs



The Dead All Quiet on the Western Front

Music



Polica: Give You the Ghost Goatwhore: Blood for the Master Howlin' Rain: Russian Wilds



Grand Slam Tennis 2 UFC Undisputed 3

Students gather around a basket in the Natali Student Center on Monday to create their own stuffed animals for the "Stuff-A-Buddy" event, sponsored by S.A.B.

CAL TIMES

Students 'Slam Poetry' in Vulcan Theatre

Cal U students and professional slam poet Rudy Francisco took center stage on Friday, Feb. 10 for a slam poetry competition and workshop. Francisco is a renowned slam poet performer, and owns many titles, including: 2009 National Underground Poetry Slam Champion and 2010 Individual World Poetry Slam Champion. Several Cal U students participated in the workshop and performed their original poems and songs. The Slam Poetry competition is part of several events taking place for Black History Month.

Photos by: Joshua Laska



Former World Poetry Slam Champion Rudy Francisco performs several of his famous poems while at California University of Pennsylvania. Francisco even performed his poem, "A Letter to Chris Brown", which has received a fair bit of controversy due to the nature of the poem.



Travon Vann (junior) performed his poem, "The Harvest", about how he was going through things and realized he should harvest his blessings.

Danielle Luckett (senior/marketing) wowed the audience with "Symphonies", about how she loves him and their music together. Luckett also performed another poem for the audience that had the same affect on the audience.

FEBRUARY 17, 2012

ENTERTAINMENT



Alpha Sigma Alpha Sorority wins the "Best Theme" award. Their alcohol -free drink title: "Malkin's Mojito"





Vince Comini, Theta Xi Fraternity, (left) and Inter Residence Hall Council (above). The IRHC wins three categories of the Campus-Wide Alcohol-Free Mix-off: "Originality", "Taste" and "Best Overall".

Having a blast without getting blasted

Cal U students mix up booze-free refreshments

A crowd of students gathered in the Natali Student Center Wednesday evening to watch the Penguins hockey game against the Canadiens and to pound a bunch of alcohol-free drinks. The occasion was the "20th Annual Campus-Wide Non-Alcoholic Mix-off", sponsored by Fraternity and Sorority Life and the Student Acitivities Board.

Campus clubs and organizations were invited to make alcohol-free drinks and to be judged in various categories in connection with this year's party theme: "Penguins Tailgate"

The Penguins NHL hockey game was displayed on the large television screen in the Performance Center during the event. Although the Pens lost to the Canadiens 3-2, many campus organizations emerged victorious in the campus-wide alcohol-free mix-off competition.

Awards were given to various groups in five categories:

"Originality" - Inter Residence Hall Council. (IRHC)

"Most Spirit" - Delta Zeta sorority "Taste" - IRHC

"Best Theme" - Alpha Sigma Alpha sorority "Best Overall" - IRHC

PHOTOS BY MATT KAMINSKI



Delta Zeta Sorority is given the "Most Spirit" award in the "20th Annual Campus-Wide Alcohol-Free Mix-off" in the Natali Student Center, Feb. 7, sponsored by Fraternity and Sorority Life and S.A.B.

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Disc Golf Club Winter Classic

The California University Disc Golf club is holding it's first ever Winter Classic event on Sunday, February 26th at 1:00 p.m. at the Disc Golf Course on the SAI Farm. Disc Golf is a sport that can be enjoyed year round and a winter tournament is an annual tradition at many courses across the country. The cost to play is \$5 and players are encouraged to arrive between 12:30 p.m. and 1:00 p.m. to ensure that the event starts on time. Students wishing to play but that do not own their own discs can sign out a set from Herron Rec. and Fitness center with a valid CalCard. The Disc Golf is planning on hosting at least one more tournament in the spring and have also talked about traveling to some other area courses. The Club meets every Thursday at 6:00 p.m. in the Student Union room 175 (CUTV Editing Lab) and all are welcome from beginners to experienced players. Disc Golf is one of the fastest growing sports in the nation and is fun to play and also a great work out. Information regarding either the club or the upcoming tournament contact Club President Pat Graziani at gra9203@calu.edu or Club advisor Gary Smith at Smith_GM@calu.edu.



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4pc Chicken Strip Basket \$3.99→

6pc Chicken Strip Basket \$4.99

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- *Tuesday: Chicken Sandwich
- *Wednesday: Chili Cheese Dog
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*Friday: Fish Sandwiches and Super Dogs (.99 solo)

All Lunch Specials include Medium fries and drink.





EVERY M-F Happy Hour 2PM-4PM

Half off All Drinks! Shakes, Freezes, Floats, ArcticRush



FEBRUARY 17, 2012

ORGANIZATIONS

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Hey everyone! Be sure to come out to the Black history month events going on this month. Check out our board by the Gold Rush for the events that we're having. The BSU Formal will be on Saturday, Feb. 25 at 7 p.m. in the Performance Center, mock tails will be serve at 6 p.m. Tickets are \$10 individual \$15 a couple and \$60 a table for clubs and organizations. Everyone is invited to join us.

For tickets or info contact any BSU officer or Ms Tonya 3rd floor student union. Be sure to come to our meetings every Thursday at 5:15 p.m. in Carter Hall Multipurpose Room. Everyone is welcome. See if you can answer these questions. 1. What did Benjamin Bannekar develop? 2. Who created the first potato chip? 3. When did foreign slave trade end in the U.S.? 4. Who was Garrett Morgan? 5. Who was the first African American woman to graduate from CalU? The first three people to answer all five correctly take to Ms. Tonya on 3rd floor of the Student Union and claim a prize.

The Internship Corner

By Lucie Fremeau

FedEx seeks paid IT interns for openings in Pittsburgh

FedEx is looking for Computer Science, Computer Engineering, and Computer Information Systems majors to fill 16 IT internship openings in Pittsburgh. The full-time internships, which begin in June and end in August, offer generous benefits, competitive salary, and bonus opportunities.

Interns will assist with various test automation projects associated with AS/400, mobile scanners, and TMS; assist with SharePoint site development and Intranet application development using Java; plan and execute test scripts for Residential Runs; and complete JAVA FWRS' for HOS and Station Reporting.

"We have a formal program for interns that will provide them with a good understanding of corporate life as well as allow them to interact with all of the other IT interns during special planned events," Keno Saavedra, Manager for Information Technology of FedEx Services, said.

Students are recommended to apply immediately because the positions are highly competitive and fill quickly. Applicants must have at least two years of college completed in order to apply for the positions.

Applicants should include a cover letter with a detailed resume that references the job number "15855" for the IT positions. FedEx plans to complete all interviews by the end of February and will extend offers in March to the selected applicants. To apply, visit http://fedex.hodesiq.com/careers/job_search.aspx and search the job ID "15855."

Hispanic Student Association

BY: ANGELINA LORENZO

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CAL U CAREER ADVANTAGE

Check out Career Services' Career Advantage Corner each week to find out about hot jobs, upcoming on-campus recruiting, job fairs, and much more!

Cal U Diversity Fashion Show "Fashion on Trial" Friday, February 17, 2012 6:00 p.m. - 8:00 p.m. Steele Hall NO REGISTRATION NEEDED!!! FREE!!! 6:00 p.m. - Networking Receptions for Students & Employers

The Fashion Show is an opportunity for students to meet, greet & network with the following employers:

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FREE FOOD & \$25 GIFT CARDS WILL BE RAFFLED OFF

FLASH US your resume! Win free Mardi Gras Beads! Tuesday, February 21 11:00 a.m. - 1:00 p.m. Look for us in the following locations:

- Keystone
- Duda
- Watkins
- Natali
- Eberly #230 (Career Services Office)

Attention Student Leaders

You are invited to attend the Second Career Services Student Leader Meeting!

Tuesday, February 23 11:00 a.m. – 12:00 p.m. Natali 206 and 207

The purpose of the meeting is to have an open discussion on how Career Services can work with your organization, educate on what services we currently offer organizations, and brainstorm creative collaborations and partnerships.

Hola everyone! The HSA is hard at work planning our movie night. It will take place on Tuesday, February 28th starting at 8pm (The location is still to be announced). We will be watching Selena and popcorn will be provided. Drinks and other refreshments will be available for purchase. The cost is \$1 per non-member and we will also have exciting raffle prizes. We will be raffling off items the week before the movie night in the Union and also during the event. Come to HSA meetings every other Thursday at 11 a.m. Email lor8100@calu.edu to get on our email list.

Talk to Us! Find the Cal Times online:

Facebook: Cal Times Newspaper

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Benefits to attending include a FREE Lunch (Pizza & Soda) and a Voucher for 25 FREE Business Cards.

Please RSVP by Wednesday, February 22 to Tiara Wynn at ga_careersrvice@calu.edu

Career Services

230 Eberly Science and Technology Center 724-938-4413 careers@calu.edu www.calu.edu.careers



By Joshua Laska

Sports/Managing Editor

The California University of Pennsylvania women's basketball team posted two wins last week. The week started with a thrilling 67-63 victory over No. 20 IUP followed by a 69-58 victory over Lock Haven. The Vulcans are now 14-8 on the season and 11-7 in the PSAC. With the two victories the Vulcans currently sit in the last PSAC playoff spot with four games remaining, Mercyhurst is two games back of the Vulcans.

In the thriller over Indiana University of Pennsylvania, senior guard Danielle Luckett led the way with 20 points. Senior forward Amy Johns was not far behind with 19 points in the victory. Freshman guard Emma Mahady added eight points, while sophomore forward Elena Antonenko, sophomore guard Ryah Gadson and freshman guard Irina Kukolj added six, five and four respectively.

Luckett was able to grab five steals to lead the way in the victory. As well as lead the team with five assists. Johns, Gadson and sophomore guard Kate Seebohm added three, two and two, respectively. Antonenko led the way with three blocks followed closely by Gadson who finished with two blocks. Johns finished with eight rebounds (four offensive) to lead the Vulcans to victory.

Against Lock Haven, Luckett and Johns again led the way this time with 24 points each. Gadson added 10 points in the victory to lead sophomores. Freshman forward Selena Adamshick was the only other Vulcan to post over five points and she added six.

Seebohm dished out a team leading three assists followed by Gadson who added two. Luckett, Kukolj, Mahady, Johns, freshman guard Chelsea McKnight and Adamshick all added one assist each. Seebohm also stole the ball four times to lead the way, while Luckett, Gadson and Adamshick all pull away three steals. Junior Megan Kermond and Antonenko led the way with two blocks each. Johns posted her fifth double-double of the year with 16 rebounds (nine offensive). Luckett and junior forward Nakia DeBlanc both pulled down five rebounds



Senior forward Amy Johns (23) helped lead the way last week with 43 points in the two victories. Senior guard Danielle Luckett also helped by adding 44 points.

(two offensive each) in the victory.

The Vulcans returned to action on Wednesday at Slippery Rock but that game ended to late for press time. They then travel to take on Mercyhurst tomorrow at 1 p.m. at Mercyhurst. A recap

of both games will be available in next week's edition of the Cal Times.

CHE team qualifies for Nationals

By Allison Steinheiser *Hockey Correspondent*

The CHE team is used to success. They have won five straight CHE regular season titles as well as winning the playoffs each of those years. This past week, the team learned they will be continuing with another tradition of playing over Spring Break. The team qualified for the American College Hockey Association, or ACHA, national tournament.

While the team finished second in the Atlantic Region, the team will not have to face other top ten teams in the regional tournament. Southern Connecticut State was the other team to qualify automatically from the region as they were ranked first overall after receiving all nine first place votes.

The CHE team will be looking to avenge a lose in the semifinals last season to College of the Canyons. To do so, they will have to face some tough competition in the tournament, which will last from Wed., March 14 until Sat., March 17 in Vineland, NJ. Some teams that have already qualified for the tournament include reiging champion College of the Canyons and runner-up for two years in a row Hope College. Saginaw Valley, which won championships in 2009 and 2010, will also be at the tournament.

The CHE team will be looking for their second national title. The other title came in 2008 when the tournament was held in Rochester, MN. The only current member of the team that played in 2008 is captain Nick Posa.

Vulcans qualify six new entries at B-W

By Sports Information *For the Cal Times*

The Vulcans qualified five new entries for the Pennsylvania State Athletic Conference (PSAC) Championships at the Mid-February Meet hosted by Baldwin-Wallace (Ohio) and sisters Allison Hall (Jackson, Pa./Blue Ridge) and Laurie Hall (Jackson, Pa./Blue Ridge) each improved their qualifying times at the Valentine Invitational hosted by Boston.

Freshman Allison Hall posted a season-best time of 2 minutes, 18.05 seconds in the 800-meter run over the weekend in a field of over 150 runners. With conversion to the PSAC standard, she boasts the third-fastest time in the conference this season at 2:17.95. Senior Laurie Hall crossed the finish line in 5:18.34 at Boston to improve her leaguequalifying time in the 1-mile run. At Baldwin-Wallace, junior Farath Raphael (Long Island, N.Y./Half Hollow Hills East) qualified for the PSAC Championships in the high jump and improved her qualifying time in the 60-meter hurdles. She finished fourth in the high jump with a distance of 1.54 meters (5-0.50 feet) and also placed fourth in the finals of the 55-meter hurdles with a time of 8.79 seconds. With the PSAC conversion, Raphael now holds the 10th-fastest time in the league this season in the 60 hurdles. Junior Yahnae Weldon (Norristown, Pa./Norristown) quali-

fied for the league championships in the 60 hurdles after posting a time of 8.83 seconds over the weekend. Classmate Shantae Motley (Burlington, N.J/Burlington City) reached the PSAC-qualifying mark in the 200-meter dash with a time of 27.13 seconds, while junior Carly Youngeberg (Manheim, Pa./Manheim Central) registered a league-qualifying time of 5:25.25 in the 1 mile.

The Vulcans boasted a pair of PSAC-qualifying marks in the shot put at Baldwin-Wallace. Sophomore Briana Lumlev (Butler, Pa./Butler) posted a career-best throw of 11.47 meters (37-7.75 feet) to finish fourth, while junior Patriece Thompson (Greensburg, Pa./ Hempfield) finished fifth with a season-best heave of 11.40 meters (37-5.0 feet). With the PSAC conversion, junior Jordyn Reagan (Masontown, Pa./ Albert Gallatin) improved her league-qualifying time in the 60-meter dash by crossing the finish line in 7.61 seconds. The 4x400-meter relay of Weldon, Janae Turner (Akron, Ohio/Copley), Motley and Reagan won the event by crossing the finish line in 4:11.04. Fellow junior Amber Saunders (Chicora, Pa./ Karns City) posted a season-best height of 1.59 meters (5-2.50 feet) at B-W to tie for first in the long jump. The Vulcans conclude their regular season on Saturday, Feb. 18, when they compete at the Kent State Tune-Up, starting at 9 a.m.



Рното ву: Joshua Laska

Captain Nick Posa (27) is the only player to play on the 2008 National Championship team. The Vulcans are looking for their second national title.

SPORTS

Men's Basketball upsets No. 13 IUP

By Joshua Laska Sports/Managing Editor

The California University of Pennsylvania men's basketball team posted two wins last week. Including a thrilling 65-54 upset victory over No. 13 IUP as well as a 77-52 win over Lock Haven. The Vulcans are now 14-10 on the season and 11-7 in the PSAC. With the two victories they are sitting in the last playoff spot in the PSAC with four games remaining in the season.

Against Indiana University of Pennsylvania senior forward Steve Swiech led the way with 14 points. Senior guard Freddy Appiah backed Swiech up with 12 points; followed closely by redshirt junior Travon Vann who added 11 points. The tandem of Swiech, Appiah and Vann all provided dunks to get the crowded into the game as well, between the three their were five dunks (two, two and one, respectively). Rounding out the top performers were senior guard CJ Townes and junior forward Mitchell Weedon six and five, respectively.

Townes dished out five assists to lead the way for the Vulcans. Vann and Weedon both added four assists, while Appiah and junior guard Quentin Harding added three and two, respectively. Swiech and Vann were the only Vulcans to post a block against IUP. Senior guard Chad Tipton and Townes both stole the ball twice to lead the Vulcans. Swiech was the only Vulcan to post over five rebounds and he ended with eight on the day (one offensive).

Freshman guard Tynell For-



Рното ву: Joshua Laska

The headlines read "Cal U Upsets IUP" before the game was even over. Steve Swiech, Freddy Appiah and Travon Vann helped the Vulcans by providing a total of 37 points in the victory, as well as five dunks.

tune posted a career high 19 points to lead the Vulcans to victory over Lock Haven. Four for nine from behind the arc helped Fortune score his 19 points. Swiech finished second on the team with 16 points, followed by freshman forward Jeremy Posey who added nine points. Posey got the crowded into it by attempting alley-op duns and finally finishing the day with two huge dunks. Sophomore forward Chris Williams added eight points for the Vulcans, while Tipton and Townes added seven and six, respectively.

Appiah dished out five assists in the victory, followed by Posey and Vann who both added four assists. Posey also posted an impressive five blocks in the victory and Swiech added two more. Swiech and Tipton both brought down nine rebounds (five and three offensive, respectively). Senior forward John Williams, Fortune and Vann all brought down four rebounds (one offensive each).

The Vulcans returned to action on Wednesday at Slippery Rock but that game ended to late for press time. They then take on Mercyhurst tomorrow at 3 p.m. in Mercyhurst. A recap of both games will be available in next week's edition of the Cal Times.

Vulcans open season with split at Mars Hill

By Sports Information *For the Cal Times*

Junior pitcher Kyle Thomas (Munhall, Pa./Steel Valley) tossed a two-hit, complete game shutout in Game 1 on Monday afternoon, as the California University of Pennsylvania baseball team split its season-opening doubleheader at Mars Hill, winning 5-0 before falling 8-0. With the split, the Vulcans open the year with a 1-1 record. Meanwhile, the Lions move to 2-5 overall. Thomas yielded two hits in 7.0 innings of work, while facing just three over the minimum and allowing only two runners to reach scoring position. He issued two walks and registered four strikeouts, including two in the bottom of the seventh. Last season, Thomas tossed four complete games and ranked second on the team with a 3.86 ERA.

in the top of the first against Lions starting pitcher Josh Dean. Sophomore third baseman Chuck Gasti (Carmichaels, Pa./Carmichaels) reached on a single and stole second before scoring on a RBI double by junior first baseman AJ Robinson (Milesburg, Pa./Bald Eagle). Junior designated hitter Kyle Petty (Stewartsville, N.J./Phillipsburg) followed with a RBI single through the middle that scored Robinson from second. The Vulcans added another run in the third when senior center fielder Troy Handza (Glenshaw, Pa./Shaler) scored on a passed ball. In the top of the fifth, Gasti and Robinson reached base safely to start the inning before Petty collected a RBI double. With two runners in scoring position, senior second baseman Kyle Bowser (Stoystown, Pa./North Star) delivered a RBI single before the Lions worked out of a bases-loaded situation without allowing another run.

Mars Hill threatened to score in the fifth with runners on first and second before Thomas induced an inning-ending double play. The Vulcans posted their final run of the game in the top of the seventh when Petty scored on a double-steal attempt, 6-0. Petty led the team offensively, going 3-for-4 with two doubles, two RBI and one steal. Robinson collected two hits and scored twice, while Gasti went 1-for-2 with two runs scored and two walks in his debut with the Vulcans. In Game 2, Mars Hill scattered only four hits and forced Cal U to use six different pitchers. Freshman GJ Senchak (New Castle, Pa./New Castle) suffered the loss in his first college start, allowing two runs (both earned) on four hits and two walks while lasting just 1.1 innings. The Lions held a 4-0 lead after scoring a run in each of the first four innings. In the top of the fifth, Cal U failed to cut into

the deficit after having runners on second and third with no outs, as Mars Hill starter Zach Davies (1-1) recorded back-toback strikeouts before ending the inning with a ground out. In the sixth, Mars Hall added four runs behind a pair of RBI singles to increase its lead to 8-0. The Vulcans managed to load the bases in the seventh on a hit by pitch and two walks before the Lions induced a game-ending double play. Davies earned his first win of the season after allowing just four hits and two walks in 6.1 scoreless innings. Three different Mars Hill players registered a pair of RBI in the victory. Cal U is tentatively scheduled to return to action on Saturday, Feb. 18, when it hosts Fairmont State for a doubleheader at CONSOL Energy Park, starting at 1 p.m.



Cal U took an early 2-0 lead

for all Vulcan games can be found

Calvulcans.com

at:

SPORTS

Get to know your Vulcans: Tynell Fortune

#11 guard for the California Vulcan men's basketball team



Рното ву: Joshua Laska

FORTUNE'S BASKETBALL STATS FOR THE VULCANS 22 Games Played, 2 Games Started, 16 threes, 44 Assists, 37 Rebounds

INTERVIEWED/LAYOUT BY JOSHUA LASKA Sports/Managing Editor

What was it like starting in only your second game as a Vulcan?

Starting in my second game felt real good it and showed me that the sky was the limit for me and to stay hungry and humble.

What was it like scoring your first college basket?

To be honest since it was in my first game it felt good but it felt natural as well, because I know I worked hard on my game.

Going back how hard was it to adjust to the college level of play?

It was a big adjustment for me especially the learning process. I feel like I will learn a lot of helpful tools for life, but playing wise I feel like I have to be more locked into the game and always ready to play.

What was the hardest thing to learn at the college level?

The hardest thing to learn for me is that it's a process and your time will come just make sure you seize the opportunity and to stay humble .

How do you stay "in the game" during the offseason?

I work hard in summer leagues in New York, and I work out with a whole list of collegiate athletes. The competition level is top notch and prepares me well.

What originally got you into basketball?

I just love all sports and I just put in the time and dedicated myself to the game of basketball. Being from New York basketball is all I did, so I guess that's how I got involved with basketball.



I have been playing basketball since I was about 5, basketball was a ritual.

What is one interesting fact that not everyone would know about you?

One intriguing thing about me is that I taught myself how to play basketball, with a little help from family and friends.

Where are you from and where did you go to High School?

I'm from Harlem and attended school at Pocono Mountain West located in PA

What do you plan on doing after college?

and a second second



My plan is to go pro but my back up plan is to be a sports analyst.

What is your favorite tv show?

ESPN

Who are your favorite sports teams?

Miami Heat

What is your favorite food?

Ox Tails

What is your favorite movie?

He Got Game

Do you have a favorite quote?

My favorite quote has to be "books can guide you but your heart defines you"



Рното ву: Joshua Laska