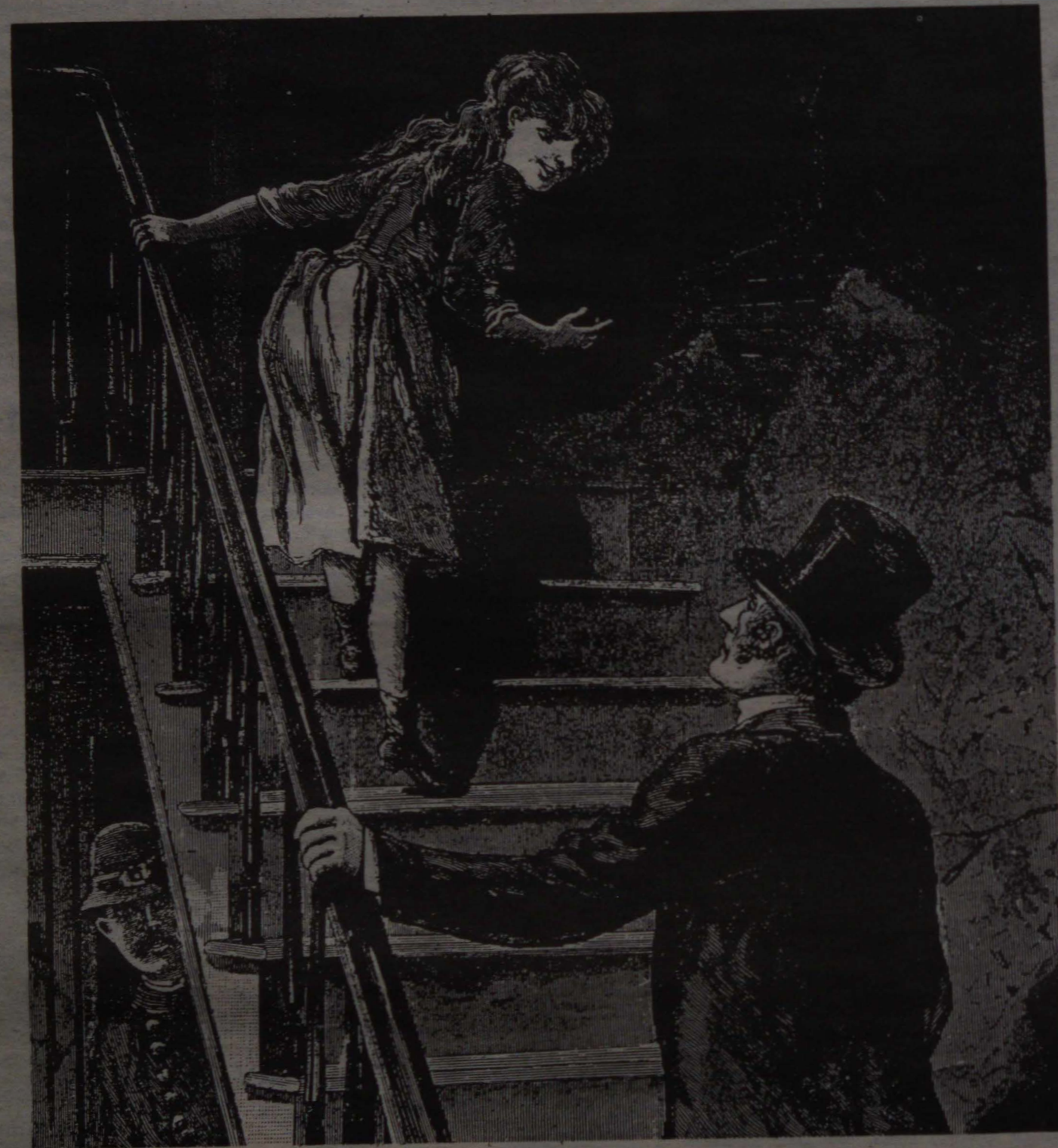


THEY SAY HAVING SEX WITH SOMEONE IS LIKE HAVING
SEX WITH EVERYONE THEY'VE HAD SEX WITH



Having sex with someone is how sexually transmitted diseases (STD's) are spread.
It's time to stop the myths:

Like "Birth control devices prevent STD's." (Oh Please!)

Like "You're only at risk if you're male and gay." (No way!)

Or how about "There are no HIV carriers on college campuses"? Unfortunately, there are.

There is a place to get the facts. The AIDS Factline. 1-800-662-6080.

It's free. It's confidential.

Get the facts about AIDS.

AIDS UPDATE '90

STEELE AUDITORIUM

MONDAY, FEBRUARY 19

1:30 p.m.

featuring

Dr. Richard P. Keeling, the country's foremost authority on AIDS

and

Lauren Burk speaking on "AIDS: The Personal Impact"



California Times

California University

Vol. LXVI, No. 5

California, Pennsylvania

Friday, February 23, 1990

AIDS Update '90 Draws Large Crowd in Steele



Dr. Richard Keeling, one of the nation's foremost authorities on AIDS, and Lauren Burk, an HIV-infected woman from Cresson, Pa., were the featured speakers in this year's AIDS Update, held last Monday. In his remarks Keeling emphasized that preventing AIDS is increasingly a matter of changing attitudes about sexual practices. Burk, who has lost a husband, child and, most recently a brother-in-law to this latter-day plague, once again (she was keynote speaker at AIDS Update '88) discussed the disease from a personal perspective that understandably grew quite emotional. After the presentations, both speakers remained in Steele to answer student's questions about AIDS. Photography by Mary Huschak.

by Jim Black
After a brief introduction by Nurse Educator Norma Snyder and university President John Pierce Watkins, Dr. Richard P. Keeling presented a slide show and lecture on his personal research into AIDS as part of AIDS Update '90 in Steele Auditorium on Monday, Feb. 19.

Lauren Burk, 29, of Cresson, then gave an emotional account of her experience with the disease.

Keeling, one of the country's foremost authorities on AIDS, opened the presentation by saying, "People's reaction today to AIDS information is 'Yeah, yeah, yeah' and 'I know, I know, I know,' but I want to put AIDS in perspective for people on college campuses."

Keeling noted that developing

such positive life skills as self-esteem, assertiveness and decision-making are important in combating the disease; education won't change behavior, and is not enough to prevent AIDS.

He also said that community support, keeping our values in check and controlling drugs and alcohol are important factors in reducing the threat of HIV infection.

He said our culture sends us two contradicting voices, one that says "Just say no," and the other one, in ads for alcohol, jeans and even socks with sexual overtones, that say, "Be a part of it."

Keeling then listed a number of truths (and the consequences thereof) that advertisements neglect to mention, including AIDS, sexual assault, pregnancy and alcohol

abuse. He also noted that there is never any mention of condoms or gay/lesbian relationships in advertisements.

He went on to say that because alcohol lowers inhibitions and takes away responsibility and embarrassment, it too often gets mixed up with the sexual act and, "When you are drunk, you will have sex with people you normally wouldn't have lunch with."

Another barrier to preventing the spread of the HIV virus, he said, is sex without consent, a problem on our campuses in which anywhere from one in ten or even one in four women are raped without precaution or desire.

Keeling discussed the social factors that may contribute to the spread of AIDS. "We are more

worried about being rejected than about being infected," he said.

He observed that AIDS prevention requires community support: "Each of us has the possibility of prevention. Compassion is the easiest thing to give and the hardest thing to get."

Keeling ended his lecture by listing the 16 students from the University of Virginia at Charlotte who have died from AIDS. "Remember, them, be reminded, do what you value."

Visibly shaken, Burk took the stage and gave a brief history of her struggle with AIDS.

"My husband was a hemophiliac who got the disease from blood products and passed it on to me. I had a little boy and passed it onto him. AIDS was still the gay dis-

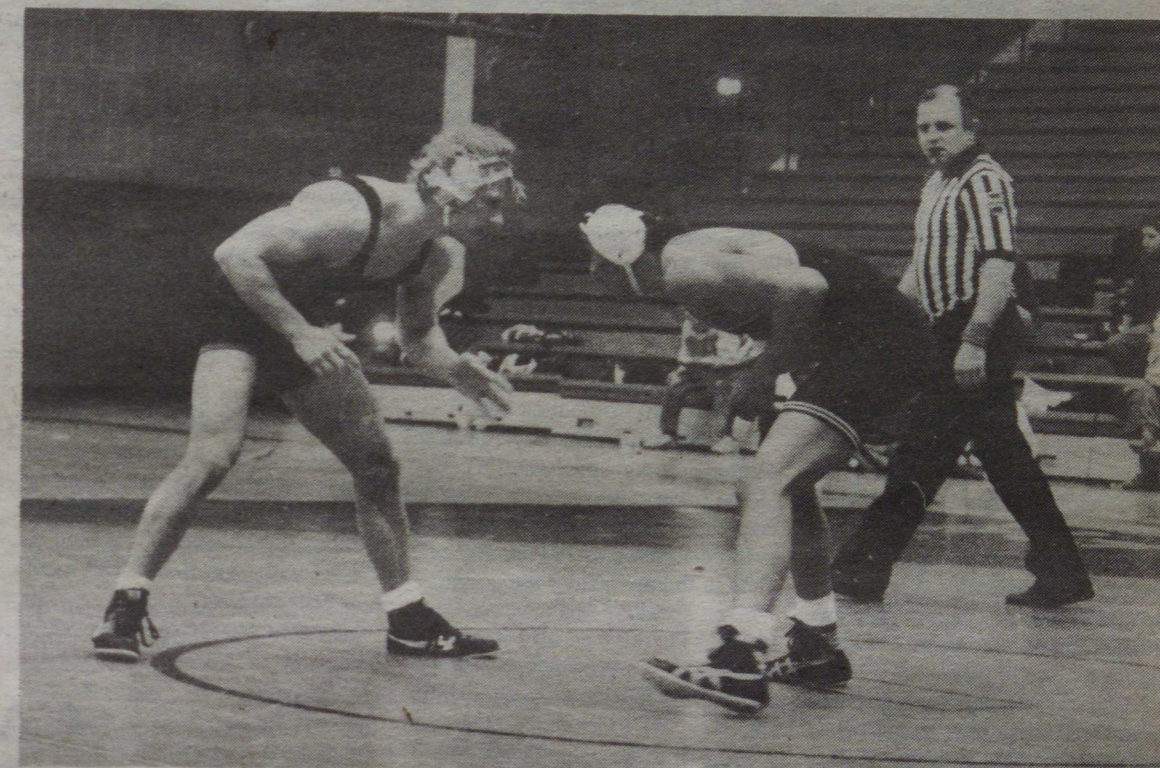
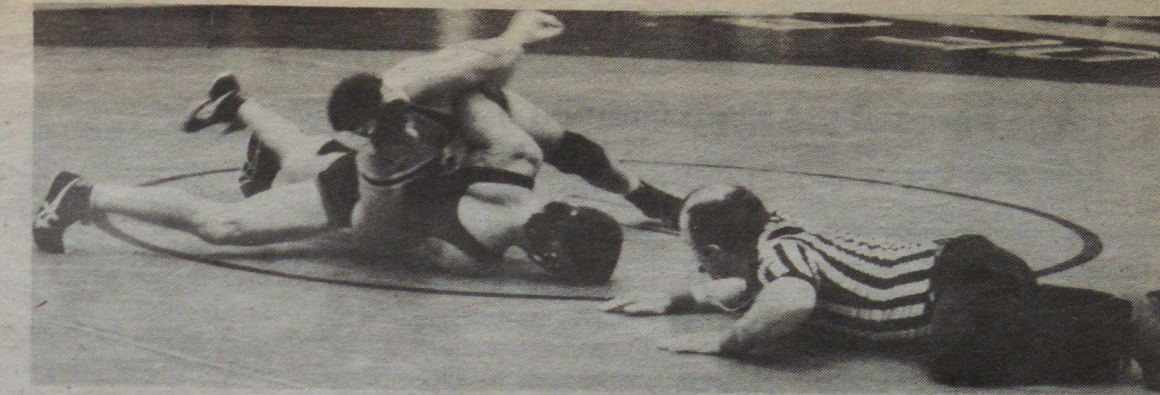
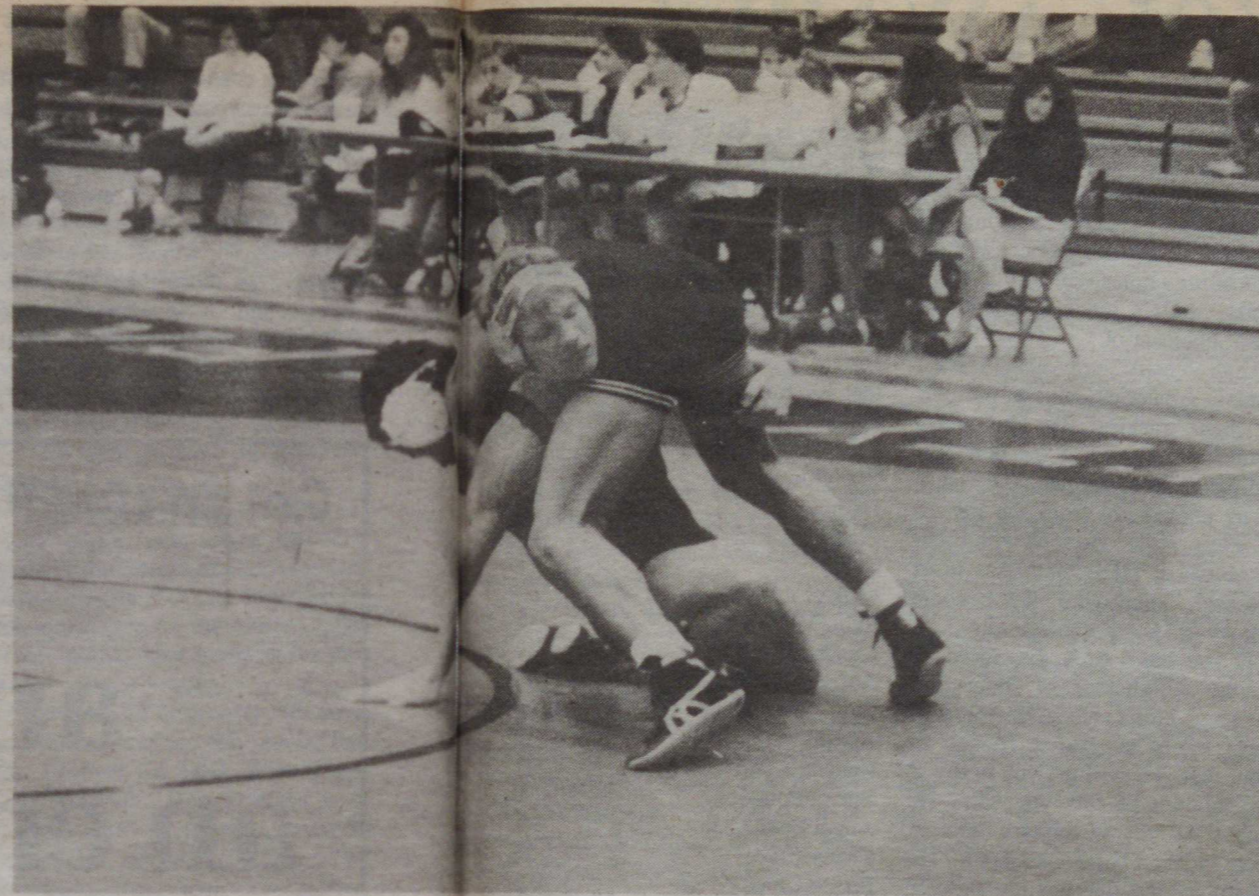
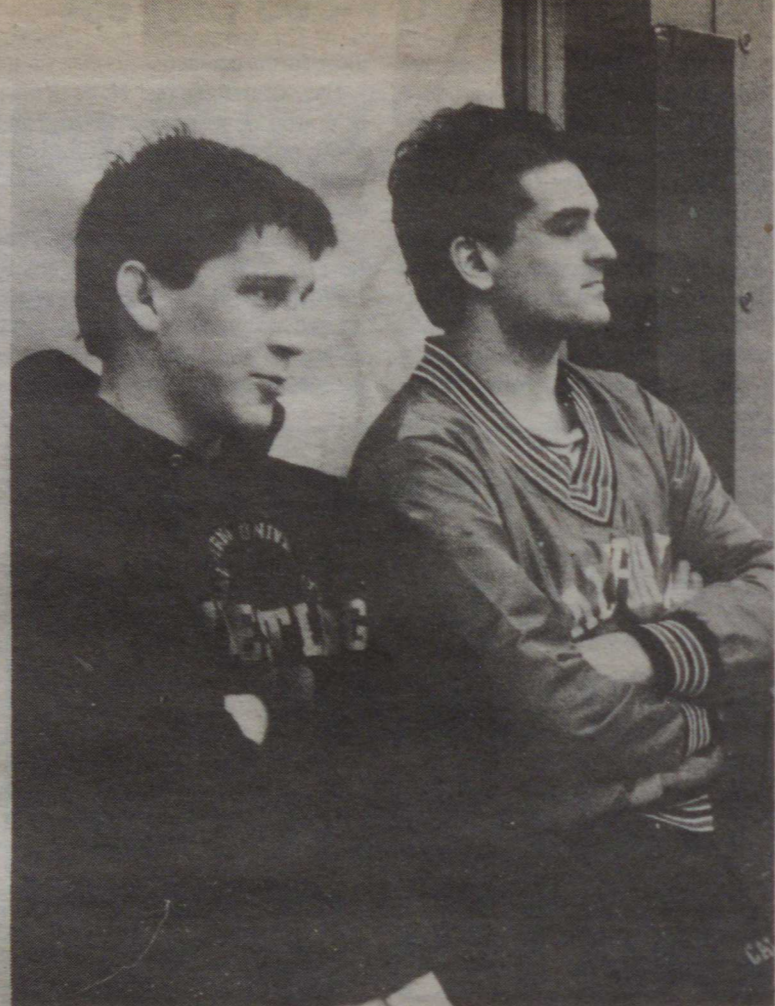
ease back then, and I was one of those people it couldn't happen to," she said.

Later, in the hospital, her son was diagnosed with AIDS. "I kept asking, why did it take so long to find out?" she said. "My husband and I were diagnosed with AIDS in September of 1984."

In December 1985, her son died of AIDS complications when he was 20 months old. Her husband died in March 1987.

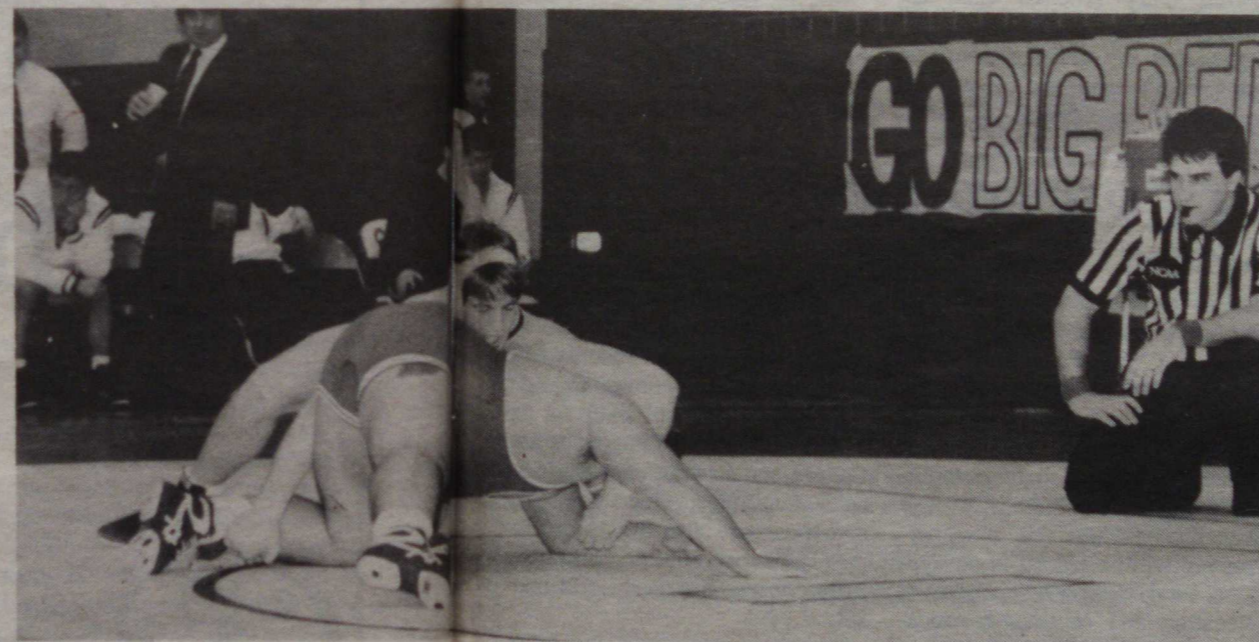
"I have the virus. I have no signs or symptoms. I have carried the virus for seven years," she said. "If I had had a one-night stand, I could have been passing it on all this time and never would have known."

Burk said she has a nine-year-old son. Continued on page 5

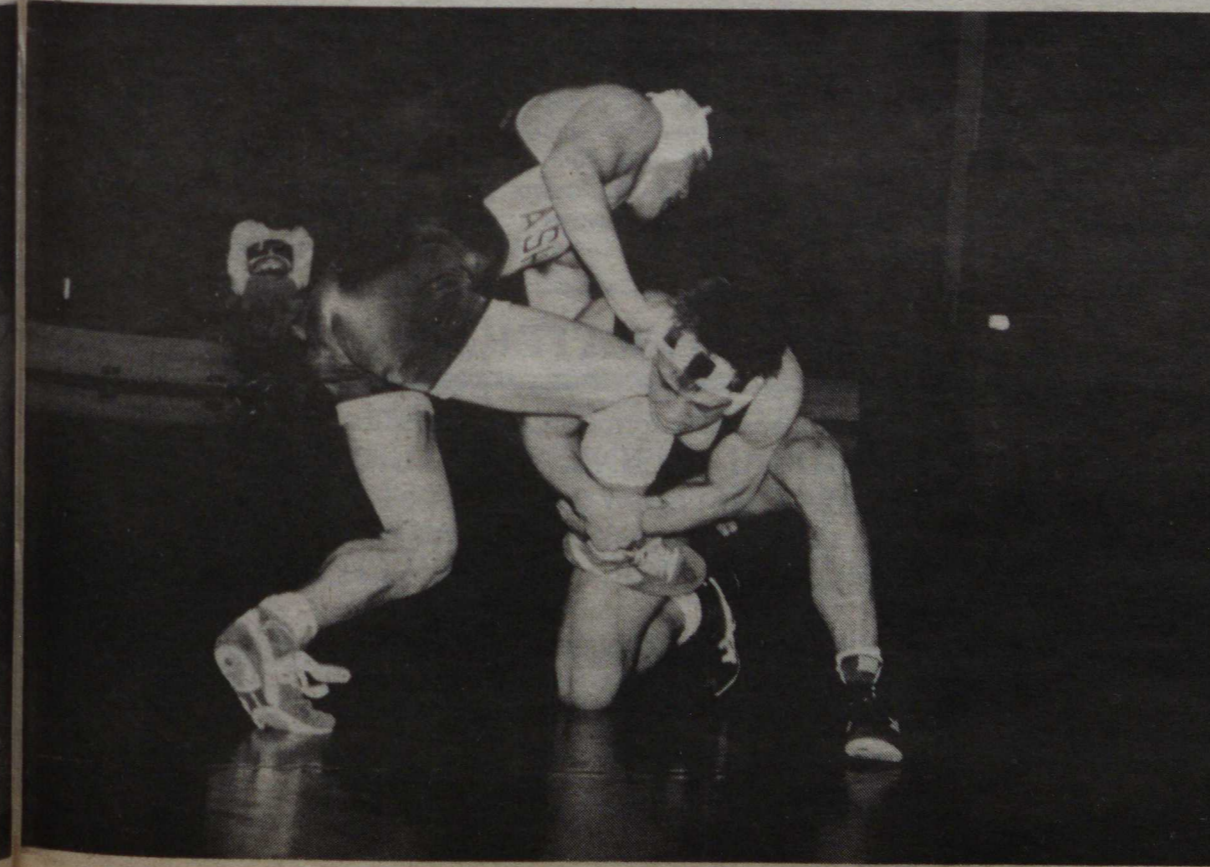
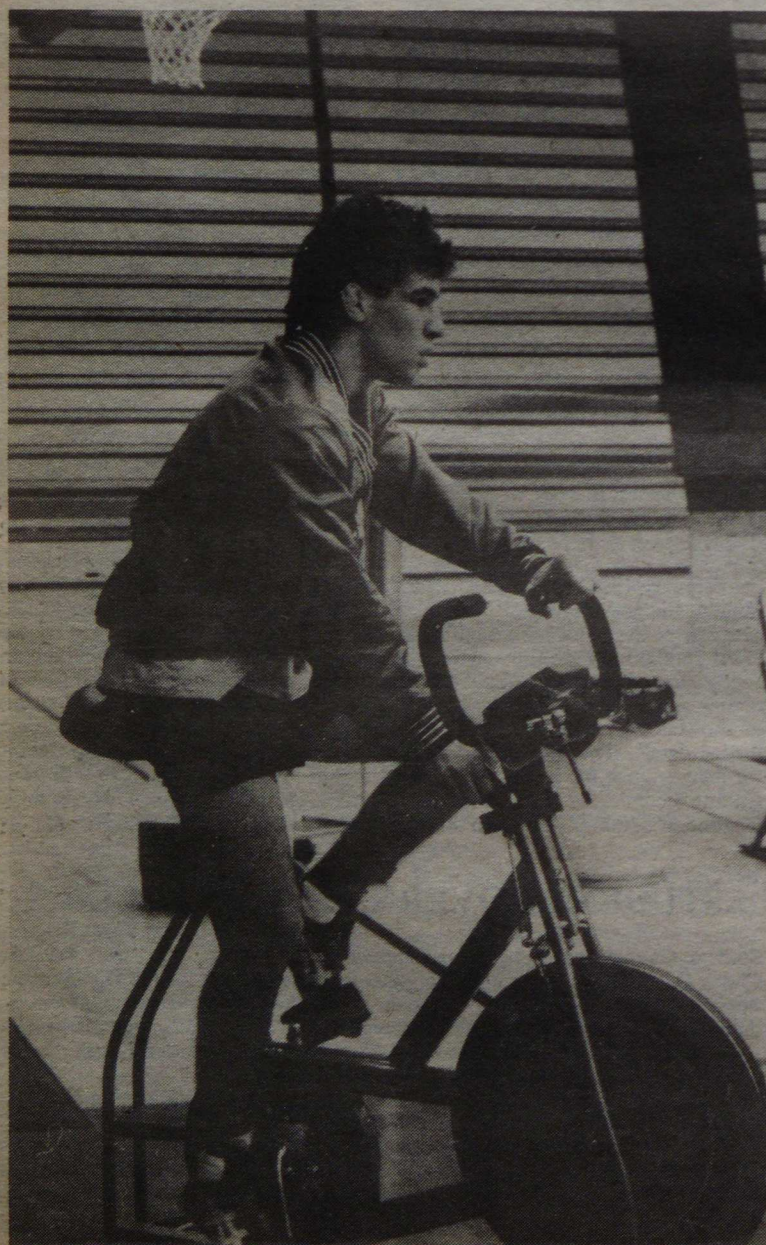


A DAY FOR WRESTLING

The hoop nets were put up and the rasslin mats were put down on the gym floor last Saturday as the Vulcan grapplers hosted their first tri-meet in nearly seven years. Shown on these two pages are pictures from the three-match event. Although the Vulcans absorbed close defeats to Ashland and Millersville, Cal has shown steady improvement under second-year head coach Robin Ermland. Ermland and his tough bunch will head to Pembroke, North Carolina, this weekend, and 10 Vulcans will hope to earn trips to next weekend's NCAA II National championships, which will take place at Kenosha, Wisconsin. California hosted last year's national tourney and finished seventh. Good luck, guys, and may the pins be with you.



PHOTOGRAPHY
BY
MARY HUSCHAK



The Grammarian

The Low Down on High Ignorance

Connie Mack Rea

I like Greek tragedy. I like the density and stature of its heroes, I like the implacability of its laws, I like its non-Christian attitude to sin. Greek tragedy distinguishes ignorance from stupidity. It frowns on excuses.

Take Sophocles' play *Oedipus the King*. *Oedipus* has learned from the blind seer Teiresias that it is he alone who has laid the plague upon Thebes. He had with one "swift blow" unknowingly killed his father at the crossroads and unknowingly married his mother.

Ultimately, with not a gram of doubt that he is the curse upon the land, he says, "All brought to pass—all true! Thou light, may I now look my last on thee—I who have been found accursed in birth, accursed in wedlock, accursed in the shedding of blood!" *Oedipus* gouges out his eyes.

And the Chorus sings: "Dwellers in our native Thebes, behold, this is *Oedipus*, who knew the famed riddle, and was a man most mighty; on whose fortunes what citizen did not gaze with envy? Behold into what stormy sea of dread trouble he hath come! Therefore, while our eyes wait to see the destined final day, we must call no one happy who is of mortal race, until he hath crossed life's border, free from pain."

When *Oedipus* falls, a reverberation, a thunder and a shaking of the earth follow. *Oedipus* does not plead for forgiveness, nor could there be any. He does not, like a modern *Oedipus* would, say, "I cannot be held accountable. How could I have known the man at the crossroads was my father or that the queen whom I married was my mother?" With *Oedipus* there is grand language and grand sin, a falling from a cosmic height, not the tripping down a short flight of steps.

Grand language and grand sin are not subjects of "The Grammarian." Even grandly sinning language is not the subject of "The Grammarian." Those who write the language most often appearing here are the most educated; however, their language is not grand language falling away but falling away language attempting an inflated rise. Or sometimes falling away language falling still further.

When I get the form "RE: Student Absences for Forensic Activity" asking for me "to allow _____ to miss [your] course, English Grammar and Usage," I have not encountered falling language trying to rise but falling away language declining to the aphotic* depths. When the university advertises its summer school courses in the Uniontown newspaper, "Supervisory Skills for Perspective Super-

visors," the faculty and I suffer the embarrassment of intelligence in eclipse. Who are these ignorant people whom the university hires to embarrass us?

Language is the vehicle of thought, but it depends a damn lot who is driving. And in all cases the friction of the words circulating the brain deducts from efficiency. In the two instances above, the friction of ignorance has overcome the inertia of intent. Ignorant language habituates the user; it devours some of everything and all of some things. It devours work and play, clothes, catching fly balls, the drive to work, and even one's lover.

The Jewish authorities said, "How does this man [Jesus] know so much when he has never been to school?"** The Orwells say, "How does this man who has been to the university for seven years know so little?"

From the Athletic department comes this letter:

The following is a list of student/athletes enrolled in one or more of your courses...Please send these students' midterm grades to me in order for me to monitor their academic standing.

If you are not offended by the faults, then you, by your acceptance, are telling the Athletic department that all is well with their writing. These faults should offend you? First, do you not see the false logic of "the following is a list?" "The following [names]" is not "a" list, it is "the list." The phrase says that the "following list is a list"—no advance of thought here. If I have only one student, is he a "list"? Second, the slash between "student/athletes" causes another illogical connection. "Student/athlete" is sound enough, but when the second term becomes plural, then there is pressure to make "student" a plural. "Students/athletes" is logical enough but resists idiom.

Third, "courses" is unforgivable. Fourth, the writer sees no offense in his "to me" and "for me." Fifth, after backtracking, I know that "their" has for its referent not "mid-term grades" but students. Sixth, the plural possessive "students'" is both right and wrong. Go back to "one or more of your courses" and "student athletes." Why does the writer use the plural possessive, when I only have one student/athlete? Why unnecessarily write "courses," and "student/athletes" when the whole problem can be put in a uniform singleness?

Seven, "student/athlete" will strike many as an oxymoron.*** The prose in the next excerpt is not falling language falling but ris-

ing language falling. The language is more formal, a higher order. Some of its faults are more subtle than any in the earlier excerpts, others not.

I must inform the department that, owing to the constraints of a new funding formula, I must make the following changes in the fall schedule, preceded by a justification.

Because of the intervening "owing" phrase, the writer doesn't hear the repetition of "I must." She is saying "I must inform the department that...I must." "Following" is redundant.

The "preceded by a justification" causes two annoying points. One, because the phrase is participial, and therefore adjectival, the reader tries first to make it pattern with "fall schedule"; that won't work. Second, the reader wonders why that which is to precede the changes appears last in the sentence? The phrasing is not syntactically wrong, but it is syntactically awkward for no reason. Why not say "I will precede my changes in the fall schedule with a justification"?

The Edus' writing is frequently done in a spirit of adventure that lacks sound critical judgment.

The overload factor, I must confess, is a very important consideration in making these schedule adjustments. It is not at all academically and fiscally sound to offer general education components...It is equally ineffective to run a program without a clear and purposeful rationale for sequencing of courses.

I always reach for my handkerchief or the religious yellow pages when a person begins a confession. Is not "overload" sufficient, or must I overload "overload" with the redundant "factor"? "Adjustments" is a euphemism for the more nasty "cuts."

The "it" in line two confuses unnecessarily. The reader learns that "it" does not point to "overload factor"; this "it" is the one appearing in "It is raining." The second "it" can be removed.

More serious faults. I understand vaguely "fiscally sound." But what possibly can "academically sound..." offer general education components? mean? Is "components" just more pretentious jargon? Are "components" no more than "courses"? Of course.

To say that something "is equally ineffective" implies a comparison with something else. But what is that something else? The not "academically and fiscally sound...components?" That puzzles the reader because something not sound need not be ineffective. To keep the reader on course with the comparison, the writer must say "It is equally unsound..." But even this rewrite won't do because I have already shown that "components not academically sound" is

semantic fuzz.

Based on the new funding formula, 25 will be the minimum number of students reasonably expected in basic courses.

What is "based on the new funding formula"? Certainly not the number "25." "Students"? "Basic courses"? Well, sort of yes and sort of no. Nothing is precisely based on anything here. The meaning is this: The funding formula requires the basic courses to have 25 students. Her phrase puzzles to no purpose. Why does the writer take the reader off on a false semantic scent? What does "reasonably" mean. Does it mean that 25 is, as administrators love to say, not carved in stone, that in some instances 20 might be all right? Why must the reader always do the writer's work?

With 28+ faculty members, the service of approximately 4800 regular students, plus graduate students, we must think about servicing the needs of students in conjunction with a fair and equitable distribution of teaching assignments. My expectation would be that the committee would be in place to assist in preparation of the spring schedule.

Why the figure (+) in the first line and "plus" in the third? "Fair" and "equitable" do not contrast sufficiently; one is a legitimate synonym for the other. "My expectation" is the deformed brother of the vogueish "my determination." Just say, "I expect" or (less aggressively), "I would like." The reader with the good eye and ear will object to "would be in place to assist in the preparation of." Mercy, just say, "I would like the committee to be ready to prepare the spring schedule."

The first sentence is syntactic

Offers Funding Support

MVR Hosts Ben Franklin Technology Center Workshop

Businesses and individuals looking for research and development funds or who have an original idea that needs funding support are invited to attend a proposal development workshop hosted by the Mon Valley Renaissance for the Ben Franklin Technology Center of Western Pennsylvania from 1:30 to 3:30 on Tuesday, March 6, in 265H Morgan Learning and Research Center.

The Ben Franklin Technology Center has been instrumental in funding numerous projects in Western Pennsylvania with grants ranging from a few thousand dollars to \$200,000.

Projects will be considered for matching funds in any of three areas: research and development, entrepreneurial assistance, or education and training.

disaster. How am I to read the tie of "the service...graduate students" to what follows? Can't be done. The transitional ties between "members" and "the service" are dealt to the incapable comma. The "service" in the first line causes trouble with "servicing" in the third. All the talk about "servicing the needs...in conjunction with...distributions" is tangled and sticky like yesterday's noodles.

It is my expectation that the professionalism that we all share and the cooperative enterprise of academic integrity will allow us to work through these issues. I will listen and work with you until we are all comfortable with the process and the schedule.

With precisely what "process"? "Comfortable"—leave the word to furniture salesmen and babies in limbo.

It is my expectation that the careful reader will object to my saying "it is my expectation." And he should, except in parody. So I'll say it is my expectation that the shared professionalism is a myth. It is also my expectation that the "cooperative enterprise of academic integrity" will satisfy no Orwells. They are sure to ask, "In what way is academic integrity either cooperative or an enterprise?" Or they may see this prose like the present view of the universe—an infinite void seasoned with the merest suggestion of matter.

Deans suffer a fatal fascination for the prospect of morally regenerating chairmen and whole departments, or, failing that, smiting the wicked. Or in fits of passion, both at once.

*aphotic: ocean depths to which light does not reach.

** John 7:15.

***oxymoron: contradiction in terms.

CU Participates In French Exchange Program

Dr. Homer R. Pankey, vice-president for development and external relations at California University, recently returned from an extended stay in France, where he taught 15 French students who will be coming to Pennsylvania to serve as interns in a variety of business and government settings.

He shared the teaching assignment with Dr. Sam B. Craig Jr. from the State System of Higher Education and Dr. Bernard Dill, Bloomsburg University professor of finance.

Several local business leaders, including Pittsburgh National Bank Vice-president Bruce Bickel, have participated in the innovative curriculum.

According to Craig, who is in charge of the program, the interns

are attractive young people who represent France's best and brightest. He feels that not only can their internships benefit Pennsylvania businesses, but reciprocal agreements will allow Pennsylvania students to participate in the same kind of meaningful experiences in France.

Interns will be placed in business and industry, government, and various agencies and associations across the commonwealth. The French students will receive a brief orientation upon arrival and, in addition to their internships, take part in planned activities including trips to Washington, D.C., Philadelphia and Valley Forge.

According to Debra Kitner, executive assistant to the president of the Pennsylvania Chamber of Busi-

ness and Industry, the quality of the student interns is excellent. "We are very pleased to be a part of this program," she added, explaining that the Chamber of Business and Industry was helping to place the interns.

So far, eight French interns have been placed in seven Pennsylvania firms. Participating in the program are BDP International, Philadelphia; Burle Industries, Inc., Lancaster; Narrow Fabrics Industries, Reading; AMP, Inc., Harrisburg; Clear Solutions of Pennsylvania, Bloomsburg; Sorce, Inc., Clarion; and Matson Lumber Company, Brookville.

If any business persons are interested in having a student intern, they should call Kitner at 717-255-3252.



LUCY THANKS YOU

H.E.A.R.T. and Lucy thank everyone who stopped by the "Lucy Booth" on Wednesday, February 14, for "Love Carefully" Day, in the Student Union. Leanne Ransdale, health educator from WVU, stopped by to hand out information on sexual communication, relationships and sexual assault prevention. There was a raffle for t-shirts and a quiz game with candy kisses as awards and, as at every "Lucy Booth," lots of fun!

Vulcan Basketball February 24

Cal U vs. Lock Haven

Women at 6 p.m. Men at 8 p.m.

Remember, we need your support to win!

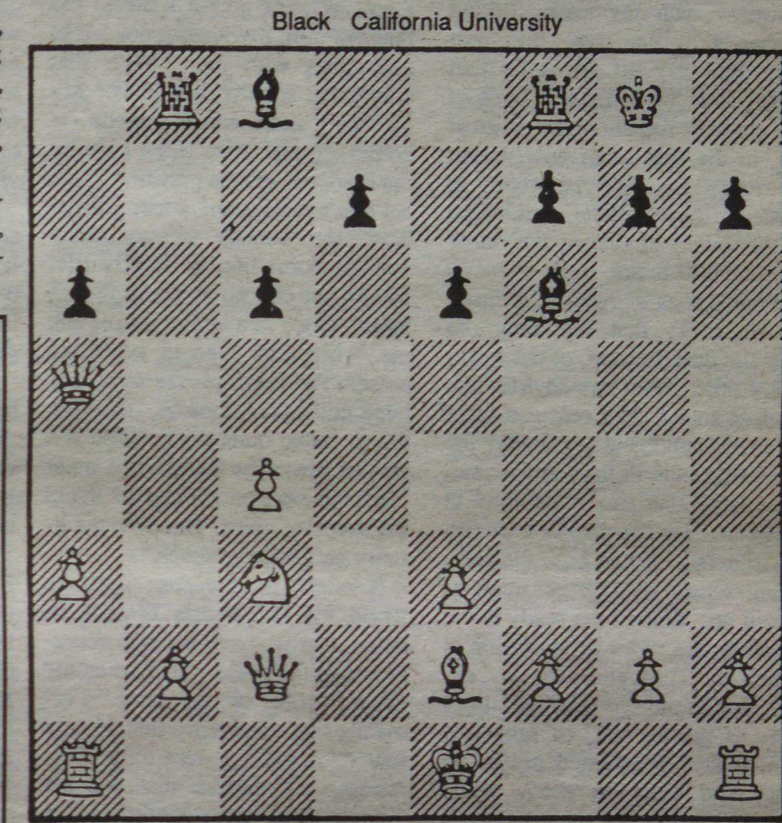
CU Victory over Penn State: Is It the First?

During the weekend of February 10, the California Chess team won the ACU-I Regional Chess Tournament. Twenty-four schools participated, including Catholic University, University of Maryland-Baltimore, and host Penn State.

The California victory seems to be the university's first ever win over Penn State. Thus far, no one

team's strongest player. In this position Chowdhury, playing the black pieces, made the winning move, and the Penn State player resigned immediately.

The California Chess club meets Thursdays at 7 p.m. in the Greene Room on the second floor of the Student Union. New players are always welcome.



White Penn State
Black to move.

has been able to recall an earlier one in any form of competition against the mighty Nittany Lions.

Whether this victory is in fact the first ever against its bigger rival, the chess team is still justly proud. The accompanying diagram shows a position from the third round of the tournament. The game pitted California's Jonayed Chowdhury against the Penn State

If you are not sure about the winning move for the accompanying diagram, then come to the Chess Club meetings and find out.

If you think you know the winning move, come share your ideas and play chess with members of the club.

Beginning players and experienced players can always find opponents for a game.

Spaghetti Dinner

Sunday, March 4, 1 to 6 p.m., Italian-American Club, California
\$3.75 for adults \$2.50 for 12 and under
Takeout available—bring your own container
Tickets available at 938-2471 evenings, or from any band member
Sponsored by California Area Band Association, California High School

Bands at C. C. Bickelbee's
TITANICS
Lumpy Gray
Argyle Noose
Over 21, BYOB
NEXT WEEK
SATURDAY
Drowning Feline
Yellow No. 5
Doors open 9 p.m.
938-9557
Bring in this ad during regular business for \$1.00 off check totaling \$5.00
NEW HOURS
Open until 10 p.m., Monday through Thursday

MALDEN ASSEMBLY OF GOD extends an invitation to all California University students to their Young Adult Bible Study and Church Services

Bus into California at 9 a.m. in front of the library

Sunday School 9:30
Church 10:45
Inquiries 785-4280
Pastor Bob Kurka

The Music Production Mobile Disc Jockeys Music for Any Occasion Call Us for an Estimate Music from the 50's to the 80's Call 938-7163

CAN YOU SING?
CAN YOU DANCE?
CAN YOU ACT?
CAN YOU TELL A JOKE?

If you can do any of the above or more, you can win \$50.00 in cash!

CHOICES is sponsoring a talent show. This event will be held on March 6, at 7:30 p.m., in the Gold Rush of the Student Union. Cash Prizes will be awarded to winners, and "mock-tails" and munchies will be served to all.

SHOW OFF YOUR TALENT!

Registration forms may be obtained by stopping in the CHOICES office in the LRC #250. For more information, call 938-4056.

Campus Ministry Presents : **upWords** 

Sounds of Silence by Fr. Jon Brzek

A dichotomy if you will. Sometimes it can be a marvelous experience to be surrounded by silence. Sometimes I like to surround myself with sounds. I was thinking about this the other day while I was taking a shower. "Taking a shower?" you might ask. Taking a shower. You see, this past Christmas, one of the gifts that Santa came up with was a radio that goes in the shower. A great gift, in the sense that now during the times that the bathroom is needed, I need not be surrounded by the sounds of silence, but rather the sounds of music.

While I was showering, I made the discovery that my bathroom was the last bastion of silence. Every other room has devices that produce sound. Not only can they produce sound, but generally, the times that I am in the room, something is on that can make noise at all times. I wake up in the morning to music. When I use the bathroom, music or talk or news is turned on. When I get ready in the morning, the radio or television is turned on. Throughout the day, except for certain prescribed times there is music, talk, or programs on. I have programmed myself to read, and even to study while something is on. Even when I go to sleep, my clock radio has the

feature that allows me to hear sounds for an hour, before I doze off. From the time I get up, to the time I go to sleep, noise has the potential to invade my life. The walkman has even gone so far as to take my noise where ever I go. When I go for I run in the pouring rain, my waterproof walkman goes with me. With that comes the sounds of sounds. My car has a radio and a cassette recorder, so that even when I am on the road, the sounds prevail.

I don't think I am alone. Oh, to have the sounds of silence! Amidst dorm life, or family life, where can one go to attain the silence. Once in a while, people ask me, where can I go to avoid the noise. The dorm proves to be one huge collection of noise. Even on the so called quiet floors noise is a part of life. The library is a quiet place where one can go to avoid the sound of noise. But even the library gets noisy at times.

It might be the case that the world we live in has become so noisy, that we have become accustomed to the noise. That when the noise is gone, we get antsy. I remember an experience that I had a few years ago. I went on a silent retreat. A retreat that for six straight days, the rules of silence would be observed. There was no

radio, no TV, no conversation...silence for six straight days. The experience was difficult. It was 6:05 pm, and there was no TV. No Beverly Hillbillies. No Nothing!

Silence is not something that occurs anymore. It is something that we have to make. To find the noise and eliminate it from our world. We cannot do this from the world totally, but we can do so once in a while from our own individual worlds.

It is in places such as this that we are capable of encountering a lot. It is in silence that we are able to encounter our thoughts. It is in silence that we are able to encounter some peace.

It is in silence that we are able to encounter God. February has the potential to be a really gloomy month. The shortest month of the year sometimes has the potential to be the longest month emotionally. The comic strip "Shoe" described February as the Algebra class of the year. It seems a lot longer that it actually is. February also is one of the quietest months of the year.

Maybe that is why it seems the longest. As February draws to an end, make time to make silence. You never know what you might discover within the sounds of silence.



TRIPPING THE LIGHT FANTASTIC

The senior citizens' dance held on Valentines Day was a great success, with more than 100 people attending. Sponsored by the California Senior Center, it owed its success as well to the volunteer efforts of members of Delta Sigma Phi, the Destroyers, and SHINE. The music was provided by the Moonlighters. Photograph by Kelly Herrmann.

Blue Ridge Bakery and Cafe

938-2141 938-2141
Formerly University Deli and Donuts

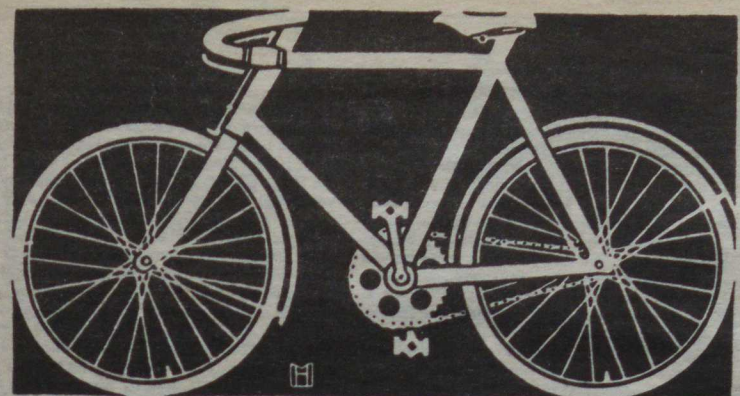
**New Hours 6 a.m. to 10 p.m.
Open 7 days a week**

Good Meals at a Good Price

Salad Bar
We are a friendly family atmosphere

Sunday Buffet Dinners 12 to 8 p.m.

Bike-Aid '90 Seeks Riders



Bike-Aid '90 seeks riders for its fifth annual cross-country bike ride. The ride starts in mid-June from Seattle, Portland, San Francisco, and Los Angeles, and in mid-July from Austin, Tx. All five routes converge on Washington D.C. in August.

Bike-Aid pedals to raise funds for grassroots development projects as it stimulates an awareness of community activism in the United States.

Bike-Aid riders interact with community activists in homeless shelters, farmers' cooperatives, and

international organizations along their paths.

Your participation as a rider can continue to fuel the work of 425 riders and thousands of hosts who, together, have generated almost \$500,000 in support of domestic and international community projects over the past four years. The deadline to apply is March 1. Call or write the Bike-Aid '90 office at 2940 16th St., Suite 110, San Francisco, Ca. 94103, (415)431-4480 (or 1-800-827-4480 after 5 p.m. PST) to learn how you can pedal for progress.

The California Jeweler

ring sizings
chain repair
jewelry cleaning

Phone - 938-3755
Ask for Walt

Send an uplifting experience.

Just call or visit us today to send the FTD Pick-Me-Up® Bouquet.

FTD® Flowers...the feeling never ends.™

Flowers by Regina

223 Wood Steet California, Pa
938-7777

Hours: 9:30 a.m. to 5 p.m. Monday through Saturday

CU Grant-seekers Applauded for Effort

The Grants Office at California University sponsored a Grants Recognition Luncheon on Wednesday, Feb. 14 (Valentine's Day), at Gallagher Dining Hall C. The luncheon was in recognition of those faculty and staff who have submitted proposals for external funding and those who have lent support to the university's grants-seeking efforts in other ways during the past two years.

Director of Grants Sandra L. Huska's opening remarks recognized that during the last four years the number of annual grants/contracts at CU has gone from 19 to 67, a 253% increase. During the last year alone the number of grants obtained has increased about 43%.

"This impressive increase is due directly to the people gathered in this room today," said Watkins, "and to their commitment to grants-seeking."

The theme of the luncheon was "Grant-seeking Pays Sweet Dividends," and indeed it does.

For further information, call Bernadette Barbabella, graduate assistant, at 938-5958.

EDUCATION MAJORS

BASIC SKILLS TEST

March 3, 1990

If you have completed 32 credits, sign up to take the test. Last day to sign up is **Thursday, February 15**. Bring a money order for \$13.00 when you sign up. You must take this test to be admitted to Teacher Education.

TEST ANXIETY WORKSHOP

Do you become anxious at the thought of taking a test? Do you experience confusion, panic, mental blocks or other unwanted symptoms during testing situations? Do you feel well prepared for a test only to do poorly in the actual situation?

If so, you may be experiencing test anxiety. There will be a one-hour mini workshop designed to reduce interference from anxiety and increase your test-taking ability.

WHEN: Thursday, March 1
TIME: 2 to 3 p.m.
WHERE: Room 203, Noss

Presenter: Chris Crawford M.A.
Psychologist
Academic Development Services Department

TIMES CLASSIFIED ADVERTISING

- FOR SALE: Sears Kenmore electric clothes dryer. \$40. 938-8531 after 3:30 p.m.
- FOR SALE: Diamond engagement ring \$400 or best offer. 677-2807, ask for Michelle.
- FOR SALE: Kraco AM/FM cassette car stereo. 5-band equalizer built in. 677-2807, ask for Brian.
- FOR SALE: 1979 Dodge Magnum XE. \$500. 737-5187.
- FOR SALE: House in Hiller, brick and redwood siding, corner lot, 3 bedrooms, 1 1/2 bathroom, cyclone fence, pool, spa, burglar alarm. \$44,900. 437-9528 or 785-2847.
- FOR SALE: C.D. player, full function, remote control. \$150. 938-4736. Ask for Mike.
- FOR SALE: IBM typewriter with ribbons. \$50. 929-5816 between 9 a.m. and 2 p.m.
- FOR RENT: House, 5-7 students, ideally located, furnished. 938-7017.
- FOR RENT: 1- and 2-bedroom apartments in California for summer, fall/spring or 12-month leases. 938-9380, leave message.
- FOR RENT: Furnished apartment, living room, dining room, kitchen, bath, 3 bedrooms, wall-to-wall carpet. 1 mile from university. \$650 per student per semester. Utilities, cable and Cinema. 938-8110.
- FOR RENT: Apartments, 264 Mechanic St., California, for current semester, monthly lease. New, renovated. 887-3475 or 887-8710 after 5 p.m. Ask for Lynda.
- FOR RENT: Apartment, within walking distance of university. Newly remodeled. 938-9198.
- FOR RENT: Rooms, all utilities included. 938-9198.
- FOR RENT: Duplex apartment, 305 Catherine Ave., Brownsville, PA. 3 rooms and bath, 1/2 utilities. Call Barb at 439-5968 or 439-6780.
- FOR RENT: House on 909 Apple Street, 2 bedrooms, bath, kitchen and living room, off street parking. 938-7017.
- FOR RENT: Student apartments for 1, 2, 3 or 4 people. We have many available. Call or stop in our office now for locations, rental rates and best selections. Vito Dentino Agency, 437 Third Street, 938-7745.
- WANTED: Part-time, experienced swimming instructor, daytime, evenings. Mon Valley YMCA, 483-8077.
- MUTTS**
The weather's warmer, spring is here, where's the parties we hold so dear? OK, so you don't like that one? How about Spring is here, the flowers rize, I wonder where the parties iz? The weekend looked kinda glam until some white lightning hit the house. So now we know never to answer the phone at someone else's place! Frank and Scott were our orally satisfied with the beer we lost to you! Laner and Rink. And do we know how to clear out of a bar quickly or until beer box soccer started up at the house. Sziez-how long? 7 1/2 inches? Hoopie and Terr-i was nice to see you but Hoopie, why did you abandon Terri at the house? Opus-I can say something to drive you crazy: Kwik Fill chicken. Tish-Long distance contact high? No old fashioned Pullah girls don't do things like that in fashion. Pullah girls don't when life is good, and the world is pure and a virgin can be found to sacrifice. I'll be back to night the wrongs that have been vexed (neat word huh) against all. Wordermutt, AKA Timman. That's my mortal! Apologies go to Roody and Mark for the "excuse-me" Saturday night. The discipline of Williams has begun. This is not good. Only Grog can get a microwave cake to work right-It's a Grog thing. Congrats to Jeff and Lou for placing in their competition. Sharyn, welcome back! I hope you feel better, we missed you! Happy V.D. day everyone, spread it if you got it. Juice. How many girls this week? Moe. Wis-z, yeah right you honestly think you can beat me at pool? Blackjack Miah & Slugger, sorry again- Daytona. Furr, Thanks for being there-Daytona. Bad. His presence is near. Do you feel peaceful? Big, What night is free pizza at McMonagles again? Its a hockey night at California; Biology building be there! Rink, MAYBE-Big Guy Bad & Dawg. Juice, What's in the bag-Smiley. My hair really does mess up I swear! Hans. Miah, how about some Rummy-Slugger. Chuckie, nice Jitterbug-1970 & Sports. Tish & Rink. The bartender's choice is going to kill us. Slugger. Juice, learn to duck-Willie. Sports, get some real appendix-Willie. Dear OLDSCHOOL, you will not win the invitational softball game-NEWSCHOOL. Pappy, We wa we wa we Don't cry tough guy-Blackjack. Big and Bad are one with the TV. Idol, how goes it with Drag on Bail-Smiley. Juice, Use your head-Big Guy. Carnie, Change your name-Big. Dawg. Seef ball it wear. Juice, it's a P--you know-Carly. Congratulations to the newest DESTROYERS-Gimpy, Pappy, Flounder, Furr, Carly, Juice, Moe, Hans lake, Vladimir, Chuckie, B&E, Willie, 1970, Sports, Akoon, and Moonbeam. Hey Rapper, Opus and Moose it was great seeing you again come back soon. Carnie, just one drink-Slugger. Thanks Tritone, M.U.T.T.S. and Sig Tare for the BLT it was a lot of fun. That's all folks, see you next week.

THE WRITING CENTER

Dixon Hall

- *A Quiet Place to Write
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- *Grammar and Usage
- *English Competency Exam Tutoring

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Friday, 9 a.m. to 4 p.m.
Closed Thursdays from 11 a.m. to noon

Walk-in or Appointment
938-4336

GREEKS

ALPHA SIGMA TAU
The Taus would like to thank all the great girls who came to our rush. GO GREEK!

SIGMA SIGMA SIGMA
Another quite interesting week with Tri Sig's. This week was a good week to all the sisters...

PHI KAPPA THETA
And another one bites the dust. Another week? Another week, another day and another married brother.

How about the mixer, what a way to wind down for the night, a healthy dose of hardcore and Slam dancing.

Hey Benedetti, your picture is coming off the wall real soon, and as for the rest of you Soup is Good Food.

Congratulations pledge class, whoopee, I forgot I mean hazing class of spring 90. It is an experience you will never forget and you will be glad you decided to join.



GREEK OF THE WEEK

No, this weeks greek of the week isn't Joe Piscopo. It's Phi Kappa Theta's, Rich Albietz. "Splash" or "Wipple" as called by his brothers, is a junior majoring in Accounting.

SIGMA SIGMA SIGMA
Another quite interesting week with Tri Sig's. This week was a good week to all the sisters...

PHI MU DELTA
Hi kids. How's the weather in the non-tropical rain jungle or greater CU. At last count there have been 13 days of H2O droppings out of 17 days this month.

ACACIA
Hey kids, it's time for another episode in the continuing adventures of the Akakillibillies. When we last left the brave boys in Black and Gold, they were going sick with excitement some were just going sick.

PHI LAMBDA DELTA
Salutations from the Phi Lams of the pink and blue. Excellent mixer with Phi Kappas, AKL, and Phi Sigs.

GREEK OF THE WEEK

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KAPPA ALPHA PSI
Hey CAL. The brothers of the Crimson and Cream are still kicking. To outsiders it may not seem like much but you'll never know what you missed.

PHI ALPHA PSI
Greetings and salutations to all of the sisters of the Psi, and to all of our rushes—hang in there girls, you're almost done.

SIGMA KAPPA
Wow, 5 down and 10 to go. Woodstock was relieved at T-Xi along with the AST's and us, thanks for the mixer even though the guys had the advantage.

THETA XI
Good day from the men on the hill. Well another week gone by and still the same ball. We would first like to congratulate our new associate members.

PHI SIGMA SIGMA
Well, another week has passed us, and of course, we're all still kicking! We're still looking forward to initiation in a few weeks.

ALPHA KAPPA LAMBDA
Greetings from the men in the purple and gold, who give the thrills on the hill. Congratulations to all new officers this semester.

GREEK OF THE WEEK

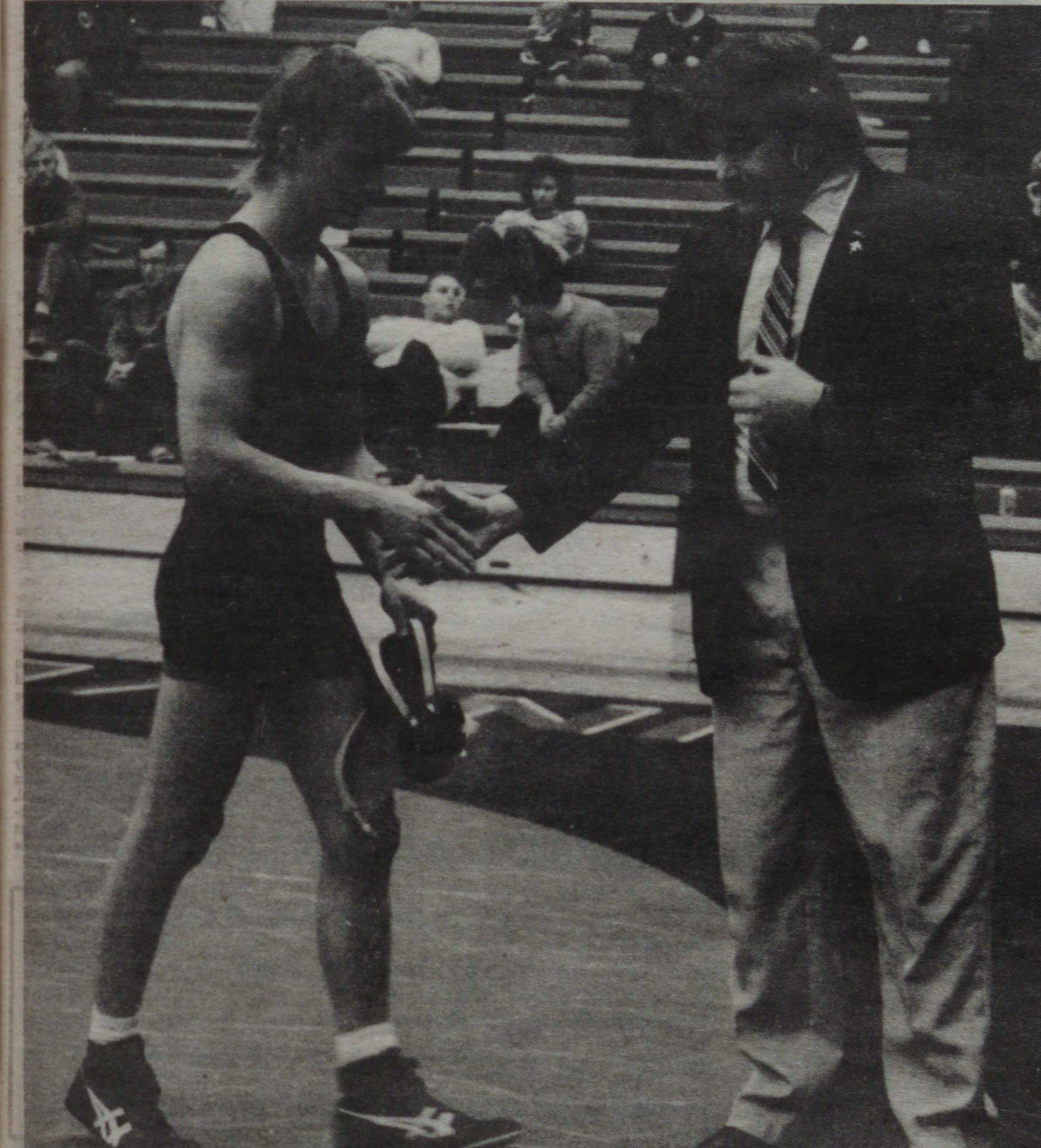
No, this weeks greek of the week isn't Joe Piscopo. It's Phi Kappa Theta's, Rich Albietz. "Splash" or "Wipple" as called by his brothers, is a junior majoring in Accounting.

LIFELINE
Alone and pregnant?
A confidential, caring friend.
Free pregnancy test.
Call Hotline, 489-9020, or Connelville, 628-5555

ANNOUNCING
The Winner of Pete's Arena Valentine's Day Poem Contest.
CONGRATULATIONS TO
BERNICE BARNHART!
A heart of Love Goes to Pete Your pizza simply Can't be beat!
Breakfast, lunch, dinner too, Pizza's the menu Thanks to you!

SPORTS

Wrestlers Finish at 6-10, Head to Regional

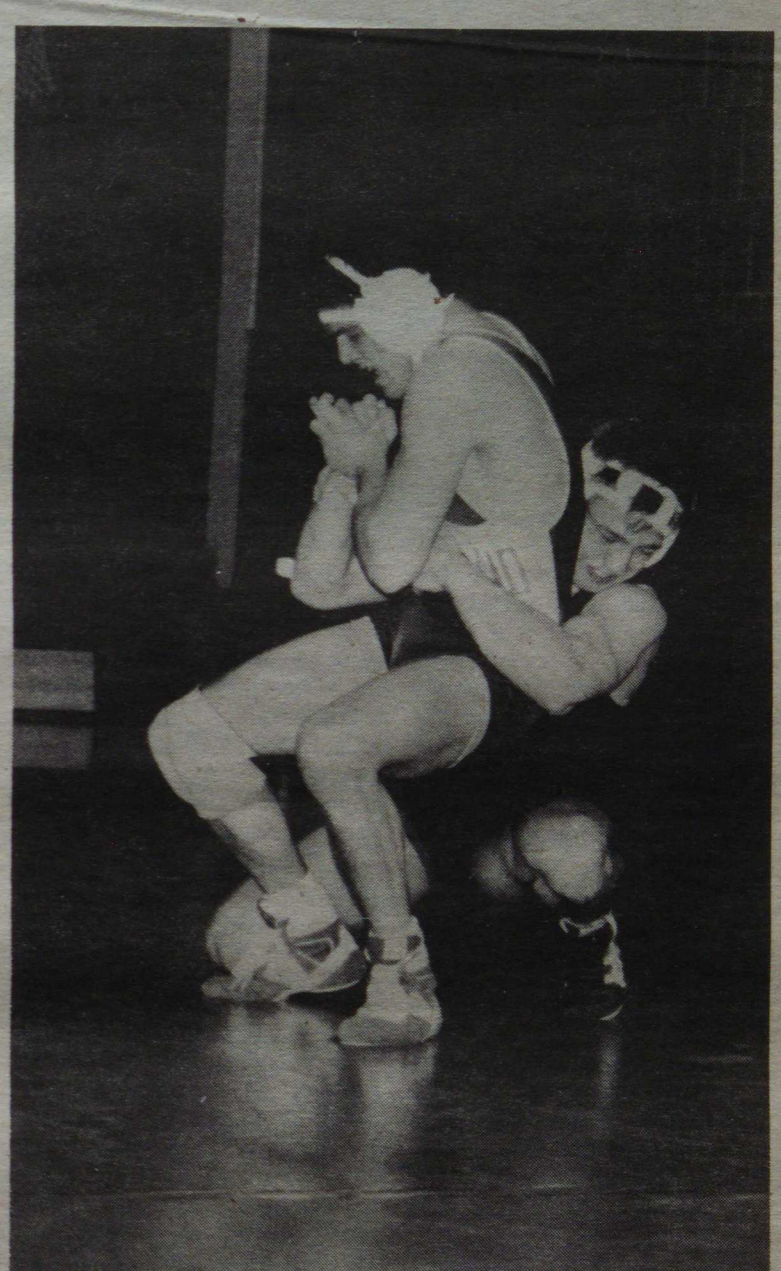


Left: Streaking Carl Yanek receives a victory handshake from Coach Robin Ersland. Right: The Vulcans just missed taking down Ashland last Saturday. CU travels to Pembroke, North Carolina, this weekend.

The 1989-90 CU wrestlers have proved that there is indeed life after Hackman and Travis. Cal concluded its dual season last week by winning one of three matches at Hamer Hall in front of meager crowds.

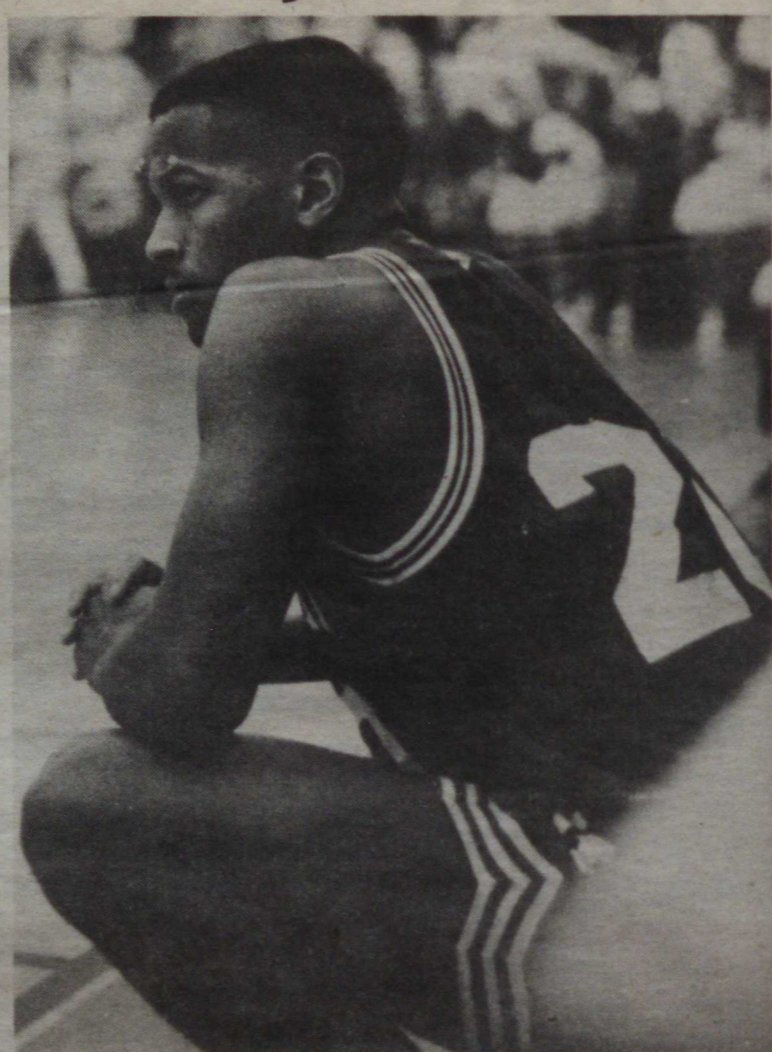
UPDATE
The Lady Vulcans pounded Clarion last Wednesday by a 74-51 score and have clinched a second consecutive PSAC playoff appearance.

UPDATE



California's first five grapplers built a 15-4 lead over the Ashland Eagles as Kinane, Kraynak and Swift won by decisions while Yanek produced a pin. Ersland will take his team to the Southeast Regional this Sunday at Pembroke State College (NC).

Vulcans Hope for Home Magic in Playoff Quest



The Vulcan basketball team has enjoyed remarkable success at Hamer over the past four years, compiling a 47-7 home record since 1986. The 1989-90 Vulcans are a perfect 11-0 at home, and Cal will have to keep its unbeaten Hamer record intact if second place is going to be a reality.

Last Saturday's frustrating 82-76 loss at Edinboro lowered CU's overall record to 17-7 with a 5-4 league mark. Heading into the final three games of the season, Cal, along with Edinboro (6-3) and Lock Haven (6-4), were all battling for the two remaining PSAC-West playoff spots. The top team in the West is ninth-ranked Slippery Rock, which owns a 10-0 league record and clinched the west by winning 102-85 at Lock Haven last Saturday. SRU will host the 1990 Final Four on March 9-10.

California could host the preliminary playoff game, but would have to beat Clarion, Lock Haven and Slippery Rock in a week's span. CU hosted Clarion last Wednesday

night; please check the sports UPDATE for this result.

The Vulcans missed an ideal chance to get the inside track on second place when they fell short at Edinboro.

Cal trailed 39-29 at the half, but took a 76-74 lead with 2:17 remaining on a Tim Brown jumper. The host Scots scored the game's final eight points, though, as Billy Wade dominated the inside, scoring 34 points and 11 rebounds.

Brilliant senior guard Adrian Townsend led Cal's scoring attack with 21 points while the steady Brown added 20 points. The only other Vulcan to score 10 points or more was senior Jacen Morris, who netted 11. Sophomore Chris Falls and Brown led the rebounding with nine and six boards respectively. Cal managed just six offensive rebounds and split the two-game season series with Edinboro for the third straight year.

"This loss was disappointing because it's a game we should have won," said Jim Boone, Cal's

fourth-year head coach, who has guided the Vulcans to a 76-35 cumulative record, "but you can't dwell in the past. We have three games left and they're all at home. We just have to go out and play up to our potential and we'll be fine."

NOTES: Four Vulcans are averaging in double figures: Brown (14.5), Carlton Wade (13.5 ppg), Townsend (11.9 ppg) and Tim Moats (11.0 ppg). Moats is the team's top rebounder (8.3 rpg) while Falls and Rick Hill are each averaging nearly five rebounds per game. Townsend has 205 assists and is among the nation's top five in the assist category, averaging 8.5 helpers a game. Brown has a team-high 43 three-pointers while Wade and Townsend have canned 34 and 25 treys respectively. Townsend and Wade are the PSAC co-leaders in foul shooting, and both are shooting 80% from the stripe. Wade (57) and Townsend (52) also lead the team in steals, while Moats has 20 blocks. CU is outscoring its opponents 81.4-72.5.

Above left: Jim Boone confers with his troops. Center: Even tiny Rebecca Barnhart has caught basketball fever. Right: Tim Brown leads Cal in scoring and three-pointers. Photography by Mike Kunska.

MEN'S SOFTBALL ORGANIZATIONAL MEETING

Thursday, March 22, 4 p.m.
216 Hamer Hall

MEN'S INTRAMURAL BASKETBALL RESULTS Monday, February 19

The Runnin Nuts—36 B of B—29	Grady's Boys—32 Express—43
AKL—forfeit Theta Xi—winner	Grizzlies—34 The Elite—42
Delta Chi—48 Sig Tau—39	Pistons—23 Dream Team—32
The Odor—21 Hustlers—40	Eliminators—23 IUC—48
ACACIA—forfeit Phi Kappa Theta—winner	

PLAYOFFS

Monday, February 26, 7 p.m.
Theta Xi vs. B of B—Winner plays Hustlers, 8:30
Delta Chi vs. Elite—Winner plays The Mob, 8:30
Championship Game Monday, March 5, 7 p.m.

Women's Soccer Team Kicks Off in Tourney

Women's soccer made its debut at California University last Sunday, and it was an auspicious beginning indeed.

Eight collegiate teams divided into two divisions competed at Hamer Hall, and excitement reigned supreme.

There were 12 games before the playoff rounds, and here are those scores: Marietta 1, Mt. Union (2) 0; West Virginia Wesleyan 1, Mt. Union (2) 0; Cal 4, CMU 1; Gannon 3, Allegheny 1; CMU 2, Marietta 1; Allegheny 2, Mt. Union (1) 1; Cal 2, Mt. Union (1) 1; Gannon 5, West Virginia Wesleyan 0; Mt. Union (2) 3, CMU 2; Allegheny

2, West Virginia Wesleyan 1; Cal 1, Marietta 0; Gannon 5, Mt. Union (1) 0.

In the semifinals, Allegheny knocked off host CU 3-1 while Gannon drubbed CMU 6-1. California secured third place by defeating CMU 2-0 in the consolation game, while Gannon won the tourney by beating Allegheny in the finals 3-1. Kelly II of CU's athletic department scored a goal in Cal's first win over CMU. All told, Cal went 4-1 in its initial showing.

"I was very pleased with how everything went," said Cal head coach Greg Christianson, an All-West Penn defender for the Vulcan

soccer team in the mid and late 1980's. "We had a lot of spectators, and all the games ran on schedule. Several opposing coaches complimented us for running a smooth tournament.

"I was also impressed with how our team played. We were playing for the first time, and third place is a great start."

Christianson plans on making this tournament an annual event, and next up for Cal women's soccer is an eight vs. eight tourney slated for April.

This event will be hosted by CU head varsity men's soccer coach Rob Eaton.

Lady Vulcans Eye Second-place Finish



The Lady Vulcans walk victoriously off Lock Haven's court. Another such walk tomorrow night could very well mean a second-place finish for Cal. Photograph by Mike Kunska.

The west was not won last Saturday at Edinboro, but a second straight PSAC playoff appearance and state championship are still realistic goals for Paul Flores' Lady Vulcan basketball team.

Going into the final week of the regular season, CU was tied for second with Lock Haven and snooty IUP.

All three teams owned 7-3 league marks, while Edinboro was 9-1 and assured of the west title because of a female tie-breaking format that's as foolish as the men's.

Cal hosted Clarion last Wednesday while IUP traveled to Lock Haven. Had Cal and Lock Haven both won, CU would have clinched a playoff spot and tomorrow's game with Lock Haven would be for second place.

If Cal does finish second, the Lady Vulcans will host Lock Haven this Tuesday (Feb. 27) for the right to go to Edinboro for the 1990 Final Four.

A third-place finish would put Cal at Lock Haven or IUP this Tuesday.

A fourth-place finish will put them on the outside looking in.

Lady Cal saw its five-game winning streak end abruptly last Saturday afternoon at Edinboro, losing 88-72.

Junior Gretchen Hess was one of few bright spots a week ago, scoring a career-high 23 points with 17 rebounds. A 6-0 graduate of Swissvale high school, Hess was named to both the PSAC and ECAC Weekly Honor Rolls. Hess produced a 10-point, nine-rebound effort at Shippensburg on February 12.

Three other Lady Vulcans scored 10 points or more at the Boro: Stephanie Meyers (12), Tammy McIntire (11) and Kim Spencer, who netted 10 points.

California is ranked third in the nation in rebounding margin (+13.7), and demonstrated its national talent by out-rebounding the Lady Scots 54-44.

"It just wasn't our day," said Flores, who has guided Cal to a 36-15 (.708) overall record over the past two seasons. "We played at 1 (p.m.), and when you travel four hours to a place and can't get any shooting times, it's not going to be easy."

Fortunately for Cal, there is a mandated rule that shooting time must be given to teams in the Final Four.

Tomorrow, CU will honor its three graduating seniors: Sandy Stodolsky, Tammy McIntire and Kim Rutledge.

NOTES: Stodolsky continues to lead the team in scoring, averaging 16.2 points a game. Also scoring in double figures are McIntire (13.9 ppg) and Meyers (10.6 ppg). Meyers is the top rebounder (9.6 rpg) while the surging Hess is averaging 8.8 boards. McIntire is shooting 77.2% from the foul line and is averaging 7.1 rebounds a game, while Stodolsky has sunk 38 three-pointers. Sophomore Tammy Wood leads the team in assists with 118, and Stodolsky has dished out 103 assists. Off the bench, Cal is receiving strong efforts from Ellen Shostek (7.3 ppg, 5.4 rpg) and Spencer (6.2 ppg, 3.8 rpg). CU's student manager is Becki Goldstrom and the Physical Therapist is Bob "Hurra" Kane.

MACINTOSH NITE & ORGANIZATIONAL NITE

at the hoop game
California vs. Slippery Rock
Hamer Gym



VULCANS VS. ROCKETS 8 PM
MAYBE YOU'LL WIN A FREE
MACINTOSH T-SHIRT

RUGBY SCHEDULE

March 3	University of Pitt-Johnstown	Home
March 24	South Pittsburgh Tournament	Away
March 31	UPS Blood Tournament	Away
April 14	CMU	Home
April 21	WVU Tournament	Away
April 28	Slippery Rock Tournament	Away

Captions—Shawn Moore & Steve Baron
Coaches—Charlie Metal & George Wilhelm

President—Chris Politi
Advisor—Rich Grinstead