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Cal U's Constitution Day activities on Sept. 17 will conclude at 7 p.m. with a presentation by Jon Delano of KDKA-TV, "Campaign 2018: Why Pennsylvania Can Make the Difference."

## Constitution Day Focuses on Midterm Election

Jon Delano, money and politics editor at KDKA-TV, will be the guest speaker when Cal U observes Constitution Day on Sept. 17.

Delano's presentation, "Campaign 2018: Why Pennsylvania Can Make the Difference," will take place at 7 p.m. in Eberly Hall, Room 110.

In addition, William Meloy and Loring Prest, faculty members in Cal U's Department of Library Services, will conduct an interactive session, "Midterms Matter: Facts Matter," at 10 a.m. and 11 a.m. in Mandelino Library, Room 208.

A political analyst for KDKA-TV (CBS) since 1994, Delano became the station's first money and politics editor in September 2001.

Along with his daily reporting on government, politics, and economic

issues, he also hosts a Sunday morning public affairs program, "The Sunday Business Page" and is the back-up host for another public affairs show, "KD/PG Sunday Edition."

A trial lawyer who graduated from the University of Pennsylvania, his reputation as a nonpartisan, fair political analyst has led to his selection as a moderator and panelist for many candidate debates, including statewide debates for governor, U.S. Senate, and Pennsylvania attorney general.

Delano has served as a moderator at numerous Cal U election analysis forums, including ones after the past four presidential elections.

Dr. Melanie Blumberg, event organizer and a political science professor in the Department of History, Politics, Society and Law, says there's

no one better to discuss Pennsylvania's midterm elections.

"Jon Delano brings his years of political expertise to campus to help make sense of the current political landscape, especially in light of the recent redistricting," said Blumberg, who is also campus director of the American Democracy Project.

"Pennsylvanians have come to rely on Jon Delano's accurate assessment of state politics and he will offer an unbiased, unvarnished picture of what to expect this November."

Librarians Prest and Meloy will share helpful tips on how to be responsible consumers of the news, and explain the importance of an independent press in a democracy.

Meloy is chair and associate

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## Many Activities Planned for Family Weekend

In one of the highlights of the fall semester, Cal U students will welcome their families to campus with a series of special events Sept. 21-23 during Family Weekend.

The festivities begin at 5:30 p.m. on Sept. 21 with a Paint and Chip event at the Convocation Center, an interactive way for participants to tap into their artistic abilities.

At 8 p.m., a 1.852-mile "Blaze in the Night Neon Fun Run/Walk" will begin and end at the Convocation Center.

Participants must donate either two non-perishable food items or two personal hygiene items, which will benefit the Cal U Cupboard. Registration begins at 6:30 p.m. The run/walk is sponsored by the Office of Alumni Relations and the Student Alumni Ambassadors.

### Saturday

Registration for Family Day begins at 9 a.m. at the information desk in the lobby of the Natall Student Center. Free T-shirts will be given to the first 500 people.

At 10 a.m., the University Choir will perform a free concert in the Convocation Center courtyard. In case of rain, the performance will be moved to the Morgan Hall auditorium.

Also at 10 a.m. on the campus

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## Fulbright Teaching Assistant for Arabic Courses

Cal U welcomes Oussama Alaoui Ismaili — the University's third Arabic Fulbright Foreign Language Teaching Assistant — for the 2018-2019 academic year.

Oussama, from Morocco, will tutor graduate and undergraduate students who are taking 100 percent online courses in Arabic at the University. He also will assist in organizing cultural presentations and events on campus.

He has a bachelor's degree in English studies and a master's degree in cross-cultural studies from Sidi Mohamed Ben Abdellah University in Morocco. He also has a professional bachelor's degree in teaching pedagogies.

Oussama is a teacher of the English language in public and private schools in Morocco.

The Fulbright Foreign Language Teaching Assistant program, sponsored by the U.S. Department of State

Bureau of Educational and Cultural Affairs, brings early career educators from around the world to study at U.S. colleges while they teach their native languages, assist in language instruction and serve as cultural ambassadors.

"The teaching assistants bring more strength to our Arabic programs," said Dr. Razak Abedalla-Surrey, program coordinator.

"We are happy to see these teachers of English as a foreign language in their home countries get the opportunity to refine their teaching skills and broaden their knowledge of American cultures and customs. At the same time, they strengthen the instruction of foreign languages at universities like Cal U."

Cal U offers a bachelor's degree and a certificate in Arabic language and cultures. The University also offers a master's degree in social science with a concentration in Arabic language and linguistics.



Oussama Alaoui Ismaili, Cal U's Arabic Fulbright Foreign Language Teaching Assistant for the 2018-2019 academic year, will help Cal U students with foreign language development.



## Cal U Welcomes Students

Cal U welcomed a class of first-year students during Welcome Weekend that included eight sets of twins, 20 international students from 18 countries, and students from 53 Pennsylvania counties and 13 U.S. states. Many were born in 2000, making this the first class born and raised in the current millennium. "You have started a brand-new phase of your life so make the most of these next few years," Cal U President Geraldine M. Jones told the new class. Above left, Zander Johnson, a first-year drone technology major, cheers during PlayFair, one of the many get-to-know-each-other activities during Welcome Weekend. At right, Anar'ya Jones, a first-year criminal justice major, smiles for a family picture during Move-In Day.



## Career Week Gives Students Advantage

Students looking for a career advantage will want to mark several dates in September and October on their calendars.

The Career and Professional Development Center (CPDC) will hold a block party from 11 a.m.-1 p.m. Sept. 11 in the parking lot in front of the Natall Student Center.

Students can meet their career coach and learn about the Career Advantage program, which helps students explore majors and careers, gain experience through internships and cooperative education opportunities, and make connections with employers.

Career Week will be held Sept. 17-21 with a variety of job-focused events:

- Career information tables will be set up in front of the Natall Student Center from 11 a.m.-1 p.m. Sept. 17 and Sept. 20, and from 11 a.m.-3 p.m. Sept. 19 during the Health Fair at the Convocation Center.

- Dress for Success will take place from 10 a.m.-3 p.m. Sept. 18-19 in the Natall Performance Center. The nonprofit organization will provide professional clothing for women who register in advance at the CPDC, Natall Room 138. A limited supply of ties and dress shirts for men will be available; no registration for men is required.

- Resume reviews and interview tips will be offered from 9 a.m.-3 p.m. Sept. 21 in the CPDC.

Students can swipe their CalCards at the block party and during Career Week events to earn Career Advantage points, which can lead to Career Advantage graduation cords.

In case of rain, the block party and the Career Week tables will be relocated to the Heritage Lounge in the student center.

Career Week will prepare students to attend the Cal U Career Fair from 11 a.m.-2 p.m. Oct. 4 in the Convocation Center.

"There is something for everyone at Career Week and the Career Fair — whether they are exploring options, looking to gain experience or trying to make connections," said Rhonda Gifford, director of the Career and Professional Development Center.

"The hiring season is now, and these upcoming events will help students understand how to dress, what employers are looking for and expect, and how to gain their unique career advantage."

For more information about the block party and Career Fair, including a list of employers and graduate schools who will be attending the fair, students should join or log into Handshake at Cal U ([calu.joinhandshake.com](http://calu.joinhandshake.com)) or download the Handshake Jobs & Careers app.

For more information, contact the CPDC at 724-938-4413, visit [calu.edu/careers](http://calu.edu/careers), or email [careers@calu.edu](mailto:careers@calu.edu).

## Activities Set for Family Weekend

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Quad, family yoga will be available through the Department of Recreational Services.

An assortment of family fun activities will take place from 11 a.m.-2 p.m. on Third Street, in front of the Natall Student Center. Activities move inside the building in case of rain.

A pumpkin patch with painting and other special activities will be held at the SAI Farm from 11 a.m. to 4 p.m.

The student chapter of The Wildlife Society will present its 12th annual Family Field Day from noon to 4 p.m. at and around Frich Hall. Activities focus on wildlife and nature.

The public may attend this free event, which is conducted in cooperation with the Pennsylvania Game Commission.

Cal U's football team will open its home season by hosting divisional rival Edinboro University at 1 p.m. at Adamson Stadium.

Students, faculty and staff with valid CalCards are admitted free, along with children ages 12 and younger. A Kids Zone outside Adamson Stadium from 11 a.m.-1 p.m. will also feature live music. The Vulcan Huddle tent for alumni and their families, also outside Adamson Stadium, opens at 11 a.m.

Saturday night offers a family-friendly comedy show beginning at 7 p.m. in Steele Hall Mainstage Theatre featuring Adam Lucidi, Derrick Knopsnyder and



Mechatronics major Lely Le Gonzalez enjoys last year's Family Weekend with her mother, Vivian (left), and grandmother Ana Rosa de Jesus. Many special activities are planned for 2018 Family Weekend from Sept. 21-23.

Michael Dean Ester. Sponsored by the Student Activities Board, this free event is open to the Cal U community and the public.

### Sunday Too

Family Weekend concludes Sept. 23 with the Cal U Relay for Life, coordinated by the Cal U Center for Volunteer Programs and Service Learning, from noon-6 p.m. at Adamson Stadium. The relay is a team fundraising event of the American Cancer Society where team members take turns walking around a track or designated path.

"Family Weekend is about inclusion," said Melissa Dunn, director of student activities and leadership for Student Affairs. "Cal U is a fun place to be, and we have designed three days of activities not only for our students to share with their families, but also for the local community to come enjoy." "We are looking forward to a great weekend."

For more Family Weekend information, including OrgSync links to both of Friday night's events and the Relay for Life, visit [calu.edu/student-life/events/family-weekend.aspx](http://calu.edu/student-life/events/family-weekend.aspx).

## 'Eat Local' Dining Options Expand

**F**ood made from scratch. Locally sourced ingredients. A menu that fits the lifestyle of students who want clean-eating or vegan options. More convenient hours to enjoy the deliciousness.

It is all on the menu at the Sycamore Bistro, located on the lower level of the Herron Recreation and Fitness Center. The location has adjusted its hours of operation to 10:30 a.m.-5:30 p.m. weekdays to better serve students.

Jeremy Bosley, executive chef and director of culinary operations for AVI Foodsystems at Cal U, said the clean-eating movement — avoiding packaged and processed foods, and eating food as close to its natural state as possible — sparked the Sycamore changes.

Vegetarian, vegan and clean-eating options continue to be available at the Gold Rush, Cal U's main dining facility, too.

"People are more in-depth with their food and want to know the background of what they're eating," the chef said. "We're making the product from scratch, so we know what goes into it."

Apples arrive from a local orchard. Footprints Farm, a family farm in Fayette County, Pa., supplies meats for several dining locations across campus.

In turn, AVI sends 100-150 pounds of clean vegetable waste weekly to Footprints Farm, where it is used as feed for the animals.

"It's all done correctly there. The farmers bring the meat to us in whole form, and we break it down ourselves," Bosley said.

"There are no GMOs (genetically modified organisms), no antibiotics — these are all naturally raised animals. Everything they do uses sustainable practices, and we are on board with that."

Marinades, dressings and sauces are made on campus, smoking and roasting are also done in-house. Other menu items include falafel, house-smoked pulled pork, prime rib hoagies, pan-seared salmon sandwiches, and pecan-apple-chicken and spinach-quinoa salads.

"We've been working on the menu concept at



Jeremy Bosley, Cal U's executive chef and director of Culinary Operations, bastes meat as it cooks in the smoker.

Sycamore Bistro for six months, and it's an ongoing process." Bosley said. "We will continue to get feedback from the student body, faculty and all of our customers, because we are gathering a sense for what kind of food is trending in their world, the culinary world, and what we can bring to the table."

The bistro will now be open later, until 5:30 p.m.

"We looked at the target times and saw we get busier later in the day," Bosley said.

AVI staff also saw commuters coming in to pick up a meal before late-afternoon and evening classes. Those commuters drove the decision to alter the Bistro's hours.

"We want to target the individuals who come to campus and stay later in the day, to make sure they get

the same (high-quality) food and service," Bosley said. Patrons still can enjoy a variety of Starbucks coffee and specialty drinks, as well as the new menu items. And the public is welcome to stop by.

"We want to highlight the food and to make sure students and all customers understand that they are getting nutritious food prepared the correct way," Bosley said. "We want to be the culinary ambassadors of food."

"My team and I are proud, excited and ready to roll out this new concept. We want the campus community and the local community to come experience this."

For more information visit [www.aviserves.com/caluc](http://www.aviserves.com/caluc) or follow [@calucupboard](https://www.facebook.com/calucupboard) on social media.

## Cal U Cupboard Getting Fuller

**T**he Cal U Cupboard — a resource for students who are experiencing food insecurity — has more items on its shelves for the fall semester.

**School supplies:** The board of the directors of the Cal U Alumni Association has donated school supplies such as notebooks, pens, pencils, binders and highlighters. The board plans to make support for the Cupboard an ongoing project by donating food, personal hygiene items and school supplies throughout the year.

To encourage student philanthropy, the Student Alumni Ambassadors collected more than 200 items for the Cal U Cupboard this past spring. A

"Blaze in the Night Neon Fun Run/Walk," sponsored by the ambassadors and the Office of Alumni Relations, will be held at 8 p.m. Friday, Sept. 21, as part of Family Weekend activities.

The entry fee for the event, which begins at 6:30 p.m. with registration at the Convocation Center, is a donation of two non-perishable food items, two personal hygiene items or two school items to be donated to the Cupboard.

**Apples from SAI Farm:** In May 2016, 42 fruit trees — apples, cherries, peaches, pears and plums — were planted at SAI Farm, the upper-campus



Amanda Andrews, a senior secondary education major and Cal U Cupboard student staff member, picks fresh apples from the SAI Farm orchard.

property owned and operated by the Student Association Inc. Two years later, some apples are ready to harvest. By year three, the apple trees will be fully grown, making fresh produce available to students at the Cal U Cupboard.

Dr. Sarah Meiss, a professor in the Department of Biological and Environmental Sciences, obtained the trees through a grant from the Fruit Tree Planting Foundation, a Pittsburgh-based organization that works to reduce food insecurity while promoting

environmental education.

The Cupboard is located within the Center for Volunteer Programs and Service Learning, which is in the Natall Student Center, Room 119. In addition to school supplies, apples, and hygiene items, the Cupboard stocks canned food, microwavable meals, pasta, breakfast items and snacks.

Office hours are 8 a.m.-4 p.m. weekdays; the Cupboard is open 10 a.m.-2 p.m. weekdays. For information, call 724-938-4793 or email [calucupboard@calu.edu](mailto:calucupboard@calu.edu).

## Focus on Midterms

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professor of the Department of Library Services and the research and electronic collections librarian. Prest, a past department chair, is a professor and electronic resources librarian.

Blumberg pointed out that according to a recent Knight Foundation and Gallup study, 62 percent of Americans think the news reported in daily newspapers, on television, and on radio is biased. They believe one-third of the news is false or inaccurate, but is presented as true. "Charges of 'fake news' and 'alternate facts' dominate political discourse," Blumberg added. "Loring Prest and Bill Meloy's presentation could not be more timely, given the burgeoning criticism of media reporting."

Cal U's Constitution Day program is free and open to the entire campus community, as well as the general public.

The Campus Vote Project and Campus Election Engagement Project fellows will staff tables at all three presentations where the campus community can register to vote.

All schools that receive federal funds are mandated to observe Constitution Day, which commemorates the signing of the U.S. Constitution.

This year's Constitution Day program is an American Democracy Project initiative sponsored by the Office of the President, the Office of the Provost/Academic Affairs, the College of Liberal Arts, and the Department of History, Politics, Society, and Law.

## Convocation Set Thursday; Trustees Meet Sept. 19

**U**niversity President Geraldine M. Jones will deliver her "state of the University" report at the 2018 Fall Faculty-Staff

Convocation, set for 11 a.m. Sept. 13 in the Performance Center, inside the Natall Student Center. The University's Council of

Trustees will hold its third quarterly meeting of 2018 at 7 p.m. Sept. 19 in the Grand Hall of Old Main. The meeting is open to the public.

## Professor Joins Harvard Team

**D**r. Tom Mueller, a professor in the Department of Earth Sciences and a geographic information systems expert, has been chosen as an educational associate team member of the Ukraine Research Institute at Harvard University's MAPA Digital Ukraine Program.

The institute is a resource for students, fellows and associates who are pursuing research in Ukrainian studies. The MAPA program uses GIS to illustrate and explain economic, historical, political and social transformations within the country.

Using the institute's research on Ukraine nationalism, Mueller created a lesson plan for Cal U students — "MAPA



Dr. Tom Mueller

in the Classroom:

Ukraine and Language Exercise — that was published on the institute's website. That work led to his selection as an educational associate.

"For me it was like winning an Oscar," said Mueller. "But more important was that the lesson plan got the students immediately interested and asking questions about the data."

Mueller's lesson plan focused on understanding and analyzing what language is used in different regions of Ukraine and the impacts of language on culture and national unity.

"From the GIS information, they create those maps and then we have a discussion of what they see," said Mueller.

"When we have those type of discussions with our students, not only do they get the spatial sense but they also start to understand the regional implications," Mueller said.

This semester Mueller plans to create lesson plans about the Holodomor, a man-made famine in 1932-1933 that killed millions of Ukrainians.

"I hope to build a series of lessons with our students so they get their name on the publication and can put that on their resumes," he said. "It will also show that they can go from a planting of research as an educational lesson to the finished product."

Mueller hopes Cal U's students are on the cusp of what could be a most beneficial relationship.

"Perhaps we can go after grants based on our work here, and being an official team member gives us a little more push to keep expanding these opportunities for our students," Mueller said.

"We need to give them a sense of a more global vision, which will make them better in the real world."



Students will find information and participate in a variety of health and wellness activities at the 31st annual Cal U Health Fair.

## Annual Health Fair Set Sept. 19

**C**al U's Health Education Awareness Resource Team (HEART) presents the 31st annual Health Fair from 11 a.m.-3 p.m. Sept. 19 at the Convocation Center.

The free event provides health information and entertainment and is open to Cal U students, faculty and staff, as well as members of the local community.

More than 60 healthcare industry representatives will staff booths addressing health and wellness topics such as diabetes, smoking cessation, orthopedics, healthy eating and more.

Cal U's Veterans Club and ROTC will sponsor two-minute military fitness tests consisting of pushups, sit-ups and

pull-ups. Each participant will receive a certificate, and prizes will be awarded to the top male and female in each category.

Participants can take part in a variety of screenings, including blood pressure and blood glucose tests, and pulse oximetry tests.

Central Blood Bank will conduct a blood drive and bone marrow screening from 11 a.m.-4 p.m. in the Convocation Center's south conference wing. Walk-ins are welcome, but appointments are recommended via the blood bank's mobile app or by contacting Cal U's Center for Volunteer Programs and Service Learning at 724-938-4794.

Rite-Aid pharmacy staff will administer flu shots for a fee; insurance cards will be accepted.

Event organizer Rachel Michaels, Cal U's director for Student Wellness Support Services and the Prevention Awareness Recovery Center (PARC), emphasized that the health fair is a collaborative event which gets the semester started in a positive way. "Many campus groups and organizations join our vendors and the faculty does an outstanding job involving students from their classes in the health fair from an education standpoint," Michaels said.

For more information email Michaels\_r@calu.edu

## Campus BRIEFS

### Acclaimed Author to Speak at Cal U

Thomas Coraghessan Boyle, an award-winning writer, will speak at 7 p.m. Sept. 11 at the Cal U Convocation Center.

Boyle will be reading from his recent work and responding to audience questions. Admission is free.

He has written more than a dozen novels and numerous short stories, including *The Road to Wellville*, *The Inner Circle*, *The Human Fly*, *Talk Talk*, *The Women*, *The Harder They Come* and *The Terranauts*.

Free parking for the event will be

available in Lot 4 (River Lot).

The event organizer is Dr. Kim Vanderlaan, from the Department of English.

### Speakers at WWII Exhibition

The *We Can Do It!* WWII traveling exhibition remains on the third floor of Mandelino Library through Oct. 5. Two free public events are planned in September.

From noon-1 p.m. Sept. 12 in Mandelino Library, Room 208, Dr. David Lonich, a retired social studies teacher and former adjunct

professor at Cal U, will discuss life in

America during World War II.

From noon-1 p.m. Sept. 14,

Mandelino Library, Room 208, Americans who experienced the war as civilians will join

Dr. Charles Stacey, a member of the Donora Historical Society, to share memories, discuss wartime efforts and take audience questions.

Exhibit hours are noon-7 p.m.

Monday-Thursday, noon-4 p.m.

Friday and Saturday, and 1-5 p.m.

Sunday. Admission to the exhibition is

free. Pay-by-meter parking is available

in campus lots 11 and 17.

For more information visit

library.calu.edu/WWII.

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