

California University of Pennsylvania  
Guidelines for New Course Proposals  
University Course Syllabus  
Department of Health Sciences  
UCC Approval date: 10/16/2017

A. Protocol

Course Name: Foundations in Athletic Training  
Course Number: ATE 603  
Credits: 2  
Prerequisites: Enrolled in the PMSAT Program  
Maximum Class Size (face-to-face): 30  
Maximum Class Size (online): 30

B. Objectives of the Course:

Upon completion of the course, students should be able to:

- 1) Describe the professional preparation of athletic trainers.
- 2) Define the roles, responsibilities, of athletic trainers' scope of practice.
- 3) Identify the common work settings in which athletic trainers are employed.
- 4) Identify the athletic trainer's working relationships with other health care professionals.
- 5) Construct appropriate medical documentation and understand Electronic Health Records.
- 6) Understand the injury and healing process
- 7) Understand the diagnostic process.
- 8) Analyze different environmental conditions.
- 9) Understand the concepts of conditioning techniques.
- 10) Describe different therapeutic interventions.

C. Catalog Description:

This course provides an overview of the profession of athletic training by describing the scope of practice, employment settings, and professional regulations. Additional information will include an introduction into the injury process, medical terminology, and documentation.

D. Outline of the Course:

Professional overview  
Scope of Practice & Regulation of AT  
The Sports Medicine Team (define the role of AT)  
Employment settings  
Risk Management  
Pre-participation Examinations  
Injury Process  
Medical terminology  
    Injury nomenclature  
    Diagnostic Process  
Medical Documentation  
Patient confidentiality (HIPPA and FERPA)  
BBP training  
OSHA regulations  
Legal and ethical responsibilities  
Therapeutic Interventions  
Conditioning Techniques  
Environmental Conditions

E. Teaching Methodology:

- 1) Traditional Classroom Methodology  
    Lecture, guest speakers, class discussion, demonstrations

- 2) Online Methodology  
Presentations, readings, discussions, videos

F. Text

Prentice, W. E (2017) Principles in Athletic Training: A Guide to Evidence-Based Clinical Practice. 16<sup>th</sup> ed. McGraw Hill: NY.

G. Assessment Activities:

- 1) Traditional Classroom Assessment  
Exams, quizzes, homework assignments, online discussion posts
- 2) Online Assessment  
Exams, quizzes, homework assignments, online discussion posts

H. Accommodations for Students with Disabilities:

OSD

Revised June 2015

<b>STUDENTS WITH DISABILITIES</b>
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Students reserve the right to decide when to self-identify and when to request accommodations. Students requesting approval for reasonable accommodations should contact the Office for Students with Disabilities (OSD). Students are expected to adhere to OSD procedures for self-identifying, providing documentation and requesting accommodations in a timely manner.

Students will present the OSD Accommodation Approval Notice to faculty when requesting accommodations that involve the faculty.

Contact Information:

- Location: Carter Hall - G-35
- Phone: (724) 938-5781
- Fax: (724) 938-4599
- Email: [osdmail@calu.edu](mailto:osdmail@calu.edu)
- Web Site: <http://www.calu.edu/osd>

I. Title IX Syllabus Addendum

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**California University of Pennsylvania  
Reporting Obligations of Faculty Members under Title IX  
of the Education Amendments of 1972, 20 U.S.C. §1681, *et seq.***

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California University of Pennsylvania and its faculty are committed to assuring a safe and productive educational environment for all students. In order to meet this commitment and to comply with the Title IX of the Education Amendments of 1972 and guidance from the Office of Civil Rights, the University requires faculty members to report incidents of sexual violence shared by students to the University's Title IX Coordinator, Dr. John A. Burnett, Special Assistant to the President for EEO, Office of Social Equity, South Hall 112, [Burnett@calu.edu](mailto:Burnett@calu.edu), 724-938-4014. The only exceptions to the faculty member's reporting obligation are when incidents of sexual violence are communicated by a student during a classroom discussion, in a writing assignment for a class, or as part of a University-approved research project. Faculty members are obligated to report sexual violence or any other abuse of a student who was, or is, a child (person under 18 years of age) when the abuse allegedly occurred to the person designated in the University protection of minors policy.

The University's information regarding the reporting of sexual violence and the resources that are available to victims of sexual violence is set forth at:

- **Office of Social Equity**, South Hall 112, 724-938-4014
  - Social Equity Home Page [www.calu.edu/SocialEquity](http://www.calu.edu/SocialEquity)
  - Social Equity Policies [www.calu.edu/SEpolicies](http://www.calu.edu/SEpolicies)
  - Social Equity Complaint Form [www.calu.edu/SEcomplaint](http://www.calu.edu/SEcomplaint)
- **Counseling Center**, Carter Hall G53, 724-938-4056
- **End Violence Center**, Carter Hall G94, 724-938-5707
- **Student Affairs**, Natali Student Center 311, 724-938-4439
- **Wellness Center**, Carter Hall G53, 724-938-4232
- **Women's Center**, Natali Student Center 117, 724-938-5857
- **Threat Response Assessment and Intervention Team (T.R.A.I.T.) & Dept. of Public Safety & University Police**, Pollock Maintenance Building, 724-938-4299
  - **EMERGENCY:** From any on-campus phone & Dial **H-E-L-P** or go to any public pay phone & **Dial \*1**. (\*Identify the situation as an emergency and an officer will be dispatched immediately.)

J. Supportive Instructional Materials, e.g. library materials, web sites, etc.

NATA Position/Consensus Statements: <http://www.nata.org/news-publications/pressroom/statements>  
Professional journal articles: Journal of Athletic Training, Athletic Therapy Today, American Family Physician, Journal of Bone & Joint Surgery, International Journal of Emergency Medicine, Cochrane Database Systematic Reviews, etc.

#### Additional Information for Course Proposals

K. Proposed Instructors:

Any qualified athletic training faculty.

L. Rationale for the Course:

This course will be the introductory course to the new professional master's degree program. The content will include foundational athletic training information of athletic training educational competencies (per accreditation standards).

M. Specialized Equipment or Supplies Needed:

None

N. Answer the following questions using complete sentences:

1) Does the course require additional human resources? (Please explain)

No

If Yes, click here to answer Question N1, above.

2) Does the course require additional physical resources? (Please explain)

No

If Yes, click here to answer Question N2, above.

3) Does the course change the requirements in any particular major? (Please explain)

Yes

This course is a part of the new/revised major, the professional master of science in athletic training.

- 4) Does the course replace an existing course in your program? (If so, list the course)

No

If Yes, click here to answer Question N4, above.

- 5) How often will the course be taught?

Every Summer

Click here to add text to qualify your selection for course timing, if necessary.

- 6) Does the course duplicate an existing course in another Department or College? (If the possibility exists, indicate course discipline, number, and name)

No

Click here if the answer to Question N6, above is YES. Indicate the other discipline/department and the other course number and name.

- O. If the proposed course includes substantial material that is traditionally taught in another discipline, you must request a statement of support from the department chair that houses that discipline.

NA

- P. Please identify if you are proposing to have this course considered as a menu course for General Education. The General Education Committee must consider and approve the course proposal before consideration by the UCC.

No

## **Q. Approval Form**

**Provide the Approval Form (Signature Page) with the signatures of your department Chair AND college Dean (electronically).**