# California University of Pennsylvania Department of Health Science

Approved 11/3/14

#### A. Course Information

Course Name: Athletic Training Clinical Education III

Course Number: ATE 405

Credits: 2

Prerequisites: Must be accepted into the professional phase of the Athletic

Training Education Program and successfully completed ATE 204

and ATE 305

Class Hours: W/F 8-8:50

Maximum Class Size (face-to-face): 25 Maximum Class Size (online): 0

## **B.** Objectives of the Course

1. Students will be able to:

- a. Interact with a variety of allied health care providers including but not limited to physical therapists, nurses, physicians, occupational therapists, chiropractors, podiatrists and diagnostic technicians.
- b. Appreciate the importance of a professional demeanor in the allied health setting as well as when working with athletes/clients from a variety of ethnic or multicultural backgrounds.
- c. Perform the duties of an athletic trainer including the recognition, evaluation, treatment and rehabilitation/management of athletically incurred injuries on actual patients/athletes with faculty/staff supervision.
- d. Properly interact with athletic administration and make return to participation decisions with appropriate faculty/staff oversight.
- e. Competently complete administrative tasks with supervision by faculty/staff.

## C. Catalog Description

This course permits the undergraduate athletic training student to gain clinical and administrative skills through experiences with interscholastic and intercollegiate athletic teams. Additionally, students complete the senior level clinical evaluations on a one to one basis with their preceptor.

### D. Outline of the Course

	TOPIC				
Week 1	Course Introduction, Expectations, clinical expectations				
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Week 2	Foot / Ankle – Orthopedic Assessment, Injury				
	Management				
	Foot / Ankle – Advanced Special Tests				
Week 3	Foot / Ankle – PBL Exercise				
	Knee - Orthopedic Assessment, Injury Management				
Week 4	Knee – Advanced Special Tests and Gender issues				
	Knee – PBL Exercise				
Week 5	Hip - Orthopedic Assessment, Injury Management				
	Hip – Advanced Special Tests				
Week 6	Hip – PBL Exercise				
	Spine – Orthopedic Evaluation, Injury management				
Week 7	Spine – Advance Special Tests				
	Spine – PBL Exercise				
Week 8	Shoulder – Orthopedic Assessment and Injury				
	Management				
	Shoulder – Advanced Special Tests				
Week 9	Shoulder – PBL Exercise				
	Elbow- Orthopedic Assessment, Injury Management				
	Elbow – Advanced Special Tests				
Week 10	Elbow – PBL Exercise				
	Wrist/Hand- Orthopedic Assessment, Injury				
	Management				
	Wrist/Hand – Advanced Special Tests				
Week 11	Wrist/Hand – PBL Exercise				
Week 12-15	Student Presentations – Clinical Case Study				
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## E. Teaching Methodology

1) Traditional Classroom Methodology

Students will practice clinical skills at their assigned clinical setting under the supervision of a Cal U ATEP approved clinical preceptor. Approved clinical preceptors will evaluate the clinical skills on a one to one basis during the clinical assignment at midterm and at the end of the semester. Additionally, the course instructor will use a variety of didactic and laboratory methods including but not limited to powerpoint lectures, small group discussion, problem based learning and research projects.

2) Online Methodology: N/A

## F. Text

Online access to clinical evaluations and hour logs is through ATrack. There are 2 options for access. NATA student members are entitled to use ATrack at no fee, login is with your NATA member number. You may also elect to enroll in ATrack at a fee if \$120.00. Enrollment or membership is required once a year.

#### G. Assessment Activities

Upon completion of the requirements, the final grade will be determined by:

Traditional Classroom Assessment

- 1. A midterm and final evaluation by Clinical Preceptor
  - This includes completion of a minimum of 150 clinical hours during the semester
- 2. PBL's, Class Assignments
- 3. Clinical Case Presentation

Online Assessment: N/A

### H. Accommodations for Students with Disabilities

## STUDENTS WITH DISABILITIES

Students with disabilities:

- Reserve the right to decide when to self-identify and when to request accommodations.
- Will register with the Office for Students with Disabilities (OSD) <u>each semester</u> to receive accommodations.
- Might be required to communicate with faculty for accommodations which specifically involve the faculty.
- Will present the OSD Accommodation Approval Notice to faculty when requesting accommodations that involve the faculty.

## Office for Students with Disabilities

Requests for approval for reasonable accommodations should be directed to the Office for Students with Disabilities (OSD). Approved accommodations will be recorded on the OSD Accommodation Approval notice and provided to the student. Students are expected to adhere to OSD procedures for self-identifying, providing documentation and requesting accommodations in a timely manner.

### Contact Information:

• Location: Azorsky Building – Room 105

Phone: (724) 938-5781
Fax: (724) 938-4599
Email: osdmail@calu.edu

• Web Site: <a href="http://www.calu.edu/current-students/student-services/disability/index.htm">http://www.calu.edu/current-students/student-services/disability/index.htm</a>