The Eagle Eye



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Lock Haven University's Student Newspaper Thursday, September 17, 2009



Sports Administration

Senior

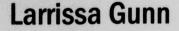
"Everything happens for a reason, just believe."



Health & Physical Education

Senior

"You can close your eyes to the things you don't want to see, but you can't close your heart to the things you don't want to feel."





Recreation Management

Senior

"It's not the destination, it's the journey."





Recreation Management

Senior

"The work never ends, but college does."

Kristina Schindler

Megan Wolf



Health & Physical Education

Senior

"Live and learn."

Leigh Szucs

Homecoming 20



Health & Physical Education

Senior

"Live today as if it is your last."

Steve Loomis



Wednesday, Sept. 23 9 a.m. to 11 a.m. Ivy Lane 11 a.m. to 2 p.m. Bentley

2 p.m. to 4 p.m. PUB

Thursday, Sept. 24 9 a.m. to 11 a.m. Ivy Lane 11 a.m. to 2 p.m. Bentley 2 p.m. to 4 p.m. PUB

Friday, Sept. 25 9 a.m. to 11 a.m. Ivy Lane 11 a.m. to 2 p.m. Bentley he Crowning Ceremony will take e at halftime of the football gan



Recreation Management

Junior

"You can do anything if you set your mind to it. "

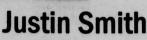
Brian Keefer



Spanish Education

Junior

"Never let up."





Athletic Training

Senior

"We elves try to stick to the four main food group; candy, candy cane, candy corn and syrup."

Shane Barnes



Health Science

Senior

"A man who stands for nothing will fall for anything."

Jelani Washington-Crum

Inside: This Week

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Religious group sends mixed messages

Brian Shultz News Editor bshultz@lhup.edu

A religious display left students and faculin an outrage Thursday and Friday outside Price Auditorium and Stevenson Library.

Members of two organizations, Youmustbebornagain. org and Luke 10:2 Ministries, preached their beliefs to a large group who gathered around to watch and respond to the message. Jake Gardner of youmustbebornagain.o rg explained the over-

share the gospel of shied away from many Jesus Christ and exalt God," said Holes, after his speech which was approach did not sit well with many stuhad gathered.

"There is a big difference between freedom of speech and Holes message. speaking with anger and hate," said senior Chelsea Shawley of Holes negative approach. She added that a better approach would have been witnessing through kindness rather than derogatory comments.

These comments ranged from calling out individual students and telling them

questions including one from Dan Neufer. "If we serve a God

angry and hostile of love, who are you to toward the crowd. This delegate what love is?" Neufer asked Holes after he called out a dents and faculty that homosexual couple. Many other people were outraged about other comments in

> "They didn't show the Christian lifestyle that they were to be teaching," said Athletic Department volunteer, Mark Rayman. "They sent a mixed message and misquoted the Bible."

> Mixed messages contradiction filled other parts of the message as well. They preached equality but would not let women speak. Instead when the women were asked to speak, Holes found passages in the Bible which speak highly of women, but would not let them have the floor.

Possibly the biggest contradiction from Holes repeating how men need God because they sin. He repeatedly quoted Romans 3:23 which says "for all have sinned and fall short of the glory of God." He also repeated how men need Jesus which follows all Christian teaching.

The problem with Holes' version of this story is that he no longer sins and is "just as good as Jesus." This did not sit well with many students.

"Their judgement is ridiculous and totally against Christianity," senior, Kacie Bauman.

students reacted negatively to the preaching shouting profanity and insults. There were also hostile arguments on both sides between the students and the presenters.

"Students sticking up for their beliefs and had every right to be defensive,' Bauman said. "At the same time response was not very appropriate and it wouldn't have escalated if people would have left them alone."

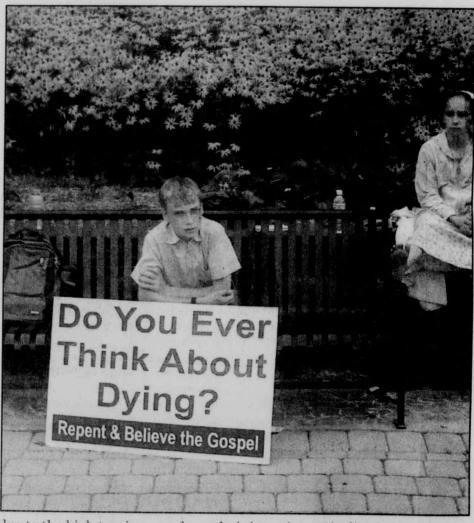
Security had to be



Brian Shultz/Eagle Eye

(Top) Jake Gardner stands holding a sign during Shawn Holes' speech. Women and children look on but were not allowed to speak during the presentation.

(Below) Children sit holding signs and listening to the ceremony while family members deliver their message.



due to the high tension and hostility of the situation. Since Lock Haven University is a

administration and had no right to ask them to leave.

"They should have

(Auditorium) like anyone else does," said Rayman. "There's a time and place; This

Brian Shultz/Eagle Eye Shawn Holes speaks to a crowd of students and faculty who gathered near the Stevenson Library as fellow members of his group look on. Students were not positivly receptive to his angry speaking approach.

all goal of the rally.

"We are pleading with men to repent of their sin and cry to God for salvation,' said Gardner. need to be born again and put their faith in Jesus."

Fellow speaker, Shawn Holes had a similar goal but a different much approach.

"Our goal is to

they were going to Hell, to calling out groups like homosexuals, partiers, as well as condemning most activities, which students participate in their social lives. While Holes professed love for these people during an individual interview, he did anything but while preaching his message

public campus security set up a forum in Price to the masses. He present at all times 'Honor'able mention: Big strides in 2009

Chris Brittain Staff Writer cbrittai@lhup.edu

The Lock Haven University Honors Program started off its 2009 academic year by making several changes.

The first of which was launching an initiative to transform into a Global Honors Program. By doing so, it has become one of six global honors programs in the United States.

"This is a groundbreaking year for the LHU Honors Program," said Dr. Joe McGinn, the director of the program, "My hope is that this new direction will enable us to better distinguish our program from those at other universities, attract larger numbers of globally-

minded honors students from different parts of the country, while also enabling us to do an even better job than we have in the past of supporting LHU's longstanding commitments to diversity and international education."

There were formerly three distinctions of Honors, graduation: Honors with Distinction, and Global Honors with Distinction.

The new changes simplify it to two titles, Global Honors and Global Honors with Distinction. To support the emphasis on international travel. 'Distinction' is given for who those study abroad.

Many of this year's changes went into effect beginning with

the freshmen orientation on August 22 and

Aside from going global, the program has made several upgrades to how it carries out its orientation.

"Our number one goal when the freshmen get here is to show them that college doesn't have to be as overwhelming as it seems, and that the program is a great way to get acclimated, meet friends and have fun," said Caroline Sweeney, student associate director of admissions, recruitment, and retention.

When the freshmen arrived, they were immediately broken up into groups based on their 'animal,' a mascot that is attributed to each freshmen discus-

sion group or FDG. Throughout

year, they participate in several competitions in order to win points and become known as the best FDG of that

given year. "FDG Wars was something that started almost four years ago, and it was just a small event we pulled together to celebrate the end of the semester," said Nicole Jacobs, the graduate assistant of the program, "We thought it would grow into something like this. It's now a big part of the identity and the uniqueness of our program."

Once the freshmen arrived at their program meeting, they were briefed on the inner-workings of the program, made aware of requirements and engaged in a questionand-answer They were then shown a video called "FDG Wars 2009" that compiled some of the greatest footage of last year's events.

"Once they watched the video and were clearly pumped up to compete, we immediately sent them out on their first mission, and that was to win a campus-wide scavenger hunt that we had set up to get them familiar with most of the buildings," said Sweeney.

Despite the humidity, 75 freshmen sprinted around campus collecting and deciphering clues. The Monkeys were the first to reach their destination, the Honors House, in just 26 minutes. The second-place Jaguars didn't finish for another six minutes.

"As one of the leaders of the Monkeys, I was proud of their efforts," said Cortney Rogers, a sophomore in the program. "So far it seems like they're all getting along really

well." For the first time in the program's 21-year history, upperclassmen can now participate in FDG Wars. Groups of upperclassmen can assemble their friends or their former FDG members so that they can take part in every special event that was once geared only toward freshmen.

"I'm really excited about it, and I plan to create a team," said Johnny Blough, a senior in the program.

"I didn't think I'd be able to participate in it again, so I can't wait."

Getting to know: Campus Safety Director Paul Altieri

Jason Seyler News Editor jseyler@lhup.edu

Although managing law enforcement on a university campus may seem a daunting task, Director of Public Safety, Paul Altieri, embraces the task of assuring the health and safety of all Lock Haven University students, faculty, staff and visitors as well as members of the Lock Haven community.

"I just want to makes things safe for those on campus and do what I can to help people," said Altieri, who served as director of health and safety for four years prior to his current position.

"I enjoy university police law enforcement. It's rewarding to solve crimes and protect other people's rights."

Headed by Altieri, Public Safety the Department encompasses the University Police, Parking, and Environmental Health and Safety which involves enforcing the Pennsylvania Crimes Code and Vehicle Laws as well as University Policy.

All while issuing

parking passes and citations along with addressing fire and other environmental health concerns.

Since taking his position following the retirement of Chief Hepner in 2007, Altieri has been involved with campus Health and Safety Committees, a H1N1 Committee, and creating the Emergency Response Plans for the universi-

Altieri encourages students to become active in what's going on with campus law enforcement and to take their safety seriously especially when it comes to certain emergency procedures.

He hopes that through events such as the 3rd Annual Open Rec. Night students can meet and get to know the officers.

"I just don't want to see students only when they're in trouble. We're here to help," said Altieri.

"We're not out there to look for trouble, we respond to people in need."

Enter his office and you'll discover a friendly, approachable and eager-to-help man with pictures of his family on his desk.

But his linebacker build and the picture of a police badge on the wall behind him let's you know he's no one to fool with.

A native of Syracuse, N.Y., Altieri and his wife Judy have settled outside of State College in Spring Mills.

Altieri spends free time in his woodworking shop at home.

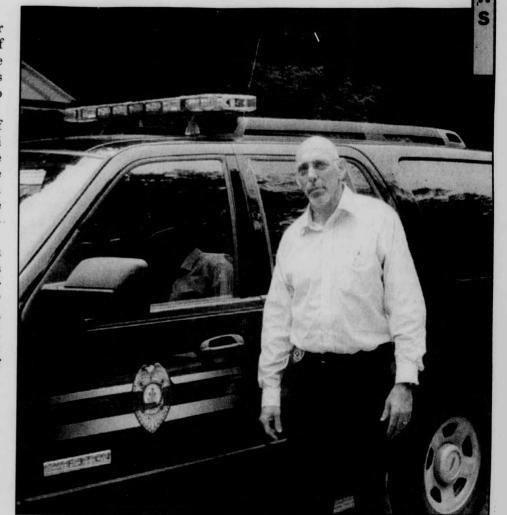
"I've built different furniture for the kids and some toy boxes for the grandchildren," said Altieri. "I keep busy doing the usual home improvement projects, playing golf and riding my motorcycle."

An avid sports fan, Altieri says that he exercises six to seven days a week, especially now that he just started P90X for the second time.

"I've worked out ever since high school. I can't remember a time I quit working out," said Altieri, who says he went from 245 to 187 pounds the first time he did the ninety-day workout program.

"I enjoy it, my wife's right there with me, most of the time at 4:30 a m "

Passionate about



Jason Seyler/Eagle Eye

Paul Altieri manages the nine campus law enforcement officers, six dispatcher/clerks and two secretaries in Lock Haven University's Public Safety Department.

his work and twentyyear career in environmental health and safety, Altieri cares about the students, faculty and staff, and he is quick to tell you that he's here to serve and protect the whole Lock

Haven University community.

"Life's full of choices," said Altieri. "My advice to students is to take how they make choices and their own safety serious."

With his door

always open for students, faculty and staff questions, Paul Altieri can be found at office 120 in the Glennon Infirmary Building, (570) 484-2426, paltieri@lhup.edu.

Public safety tips of the week

Jason Seyler News Editor jseyler@lhup.edu

As the summer is coming to an end, the days are getting shorter and the beautiful days we've been having lately are numbered.

To accommodate the need to get outside and savor the change of the seasons, the walking and jogging path on the dyke and levee is conveniently connected to Lock Haven University.

A three-year project that was finished in 1995, the dike and levee protects the town and University from flood while providing a place to relax, exercise and enjoy the river scenery.

Nothing short of captivating, taking a walk along the river on an autumn day with the yellow and red leaves reflecting off the water can make a person thankful for being here in Lock Haven.

Just as the rain and wind sooner or later strips the trees of their leaves, often others are out there with bad intentions of ruining other people's happiness.

In order to promote fun, health and safety while out jogging and walking, the Public Safety Department has devised the following safety tips:

-Jog with a known companion

-Jog in a familiar area

-Do not jog in a secluded area

-Do not jog after dark

Jog facing traffic

-If followed go to the nearest house and call

-Wear bright colored clothing to improve your visibility

-Carry a whistle or shrill alarm to summon help, if needed

-Vary your route and pattern of running

-Always be aware of your surroundings

-Keep Alert

-Jog away from bushes where someone could hide

-Take a key with you when you jog

-Don't leave your house unlocked

-Someone might be watching you and your house to see when it will be empty or unlocked



Lyndsey Hewitt/Eagle Eye

A Jogger enjoys a run on the dyke during a
beautiful evening in Lock Haven.

Swine-Flu tracking iPhone application debuts



flickr.com

New iPhone applications alert people of outbreaks of infectious diseases near them and allows individuals to submit reports and and information on health issues such as H1N1. Melody Y. Hu Harvard Crimson Uwire

A new iPhone application called "Outbreaks Near Me" that allows users to track and report local outbreaks of infectious disease was released Tuesday.

Developed by

researchers Children's Hospital Boston and the MIT Media Lab, the application combines the GPS system of the iPhone with outbreak tracking information from HealthMap.org, a web prowling system that mines official and unofficial Internet data sources for information on outbreaks of emerging, infectious diseases.

"Outbreaks Near Me" provides "location based alerting" of

infectious disease outbreaks, according to HealthMap co-founder John S. Brownstein, an assistant professor the Children's at Hospital Informatics Program (CHIP). Users can also choose to set alerts to notify users of new local outbreaks or when they entering are areas.

"If people know what's happening around them, they might be more likely to take basic precautions," such as washing their hands and getting vaccinated, Brownstein said.

On top of alerting users to outbreaks, the application allows users to submit reports, even photos if they want, of potential outbreaks from their own phones, which would be reviewed by

HealthMap, according to HealthMap cofounder Clark Freifeld.

Harvard's University Health Services Director David S. Rosenthal '59 said that although the application will probably not be helpful in diagnosing individual H1N1 cases, it is a "very interesting technique" that could provide health officials with additional information on general incidence trends.

"Using more contemporary ways of reporting what's going on in the community can help public health officials find out [about disease outbreaks] at the earliest possible moment," Donald A. Goldmann, a professor in Immunology and Infectious Disease at Harvard Medical School, said when

asked about the application. "This is a nifty, portable way to get people's attention, especially young people."

Some students, however, are skeptical of whether the application will be useful in practice.

Russell C.S. Mason '10 said he would probably not use the application. "I think it would be really stressful and incite a lot of panic."

And Sean R. Singh '12 said, "I hardly use many of the apps on my phone; if it was important it would show up on my News app. I'm not going to spend my time worrying about H1N1."

"Outbreaks Near Me" is available for download for no cost in the iTunes App Store.

Area salon recommended for students

Jennifer Cronover Staff Writer jcronove@lhup.edu

There are many stores around Lock Haven that attract a lot of students, but one business that is common among girls and guys, alike, is Tropical Tanning & Beauty Salon, Bellefonte Ave.

The salon is a colorful, tropical paradise with faux grass hut ceilings that gives the place an inviting feel. It is an approximately 10 to 15 minute walk from Lock Haven University's campus, which is close enough to get to in between classes.

"I was looking for a tanning salon to use [while at Lock Haven] and I was asking my friends and most of Different salons are them said to go to Tropical Tanning," stated Tori Hummel, a sophomore.

The salon holds nine tanning beds including one stand-up and two high voltage beds called Solaris, which have a maximum time of 15 minutes. The regular rate for one tanning session is about \$5, and a monthly package is \$35.99.

Spray tanning is also available Tropical Tanning, and it is no ordinary spray tan. While most tansprays last ning around two days, this salon's unique spray lasts 12 days. It also comes in scents such as sweet pea, vanilla, black cherry, French vanilla, and coconut.

buying Tropical Tanning's spray and using it in their own stores.

The salon prides itself on its excellent customer service.

"It's cool because when I continue to go there, [the workers] begin to recognize me name," my "It's Hummel said. friendly and personal."

Most of Tropical Tanning's business comes from university students.

"Lock Haven college kids are always in here," said employee Layla Thompson. "During peak season, we will have up to 180 students a day."

Since students provide so much business, the salon always promotes special deals

Employers also

and savings for students.

"We try to make it as affordable for everyone," Thompson said.

Tanning is a popular service the salon provides, but it is not the only one. There is a small hairstyling station that offers cuts, coloring, highlights, lowlights, and perms. A shampoo. cut, and style package costs around \$17 - \$20.

Tropical Tanning also offers nail care services such as manicures (\$15), pedicures (\$35 includes treatment), and full sets (\$35).

Body wraps are also popular with a variety of chocolate, mud, and aloe wraps ranging from \$35.99 - \$55.99.

Another popular product at the salon is

Jennifer Cronover/Eagle Eye

Layla Thompson cuts a students hair at Tropical Tanning & Beauty Salon.

UV Teeth Whitening. It comes in a little tube that a person puts on their teeth while tanning. The tanning bed's UV rays bleach the teeth but it does not burn. A bottle costs \$30 and lasts a long time.

Tropical Tanning & Beauty Salon is open Monday thorugh Friday 9 a.m. to 8:30 p.m., Saturday 9 a.m. to 7:30 p.m., and Sunday 12 p.m. to 5

"I would recomthe tanning mend salon to anyone who is looking for a good place to get a great tan," said Hummel.

Facebook

Cornell student dies of Swine Flu

Sun Staff Cornell Daily Sun Uwire

Warren Schor '11 died on Friday at Cayuga Medical Center from complications relating H₁N₁ influenza, according to the University.

Schor, 20, is the first H1N1 influenzarelated fatality in Tompkins County, the Health Department said.

Related: IFC Halts Frat Parties Amid Swine Flu WorriesFacing Pandemic Threat, Cornell Gears Up for H1N1H1N1 Invades: Gannett Diagnoses 291 Students With Flu-Like Illness In a message to members of the Cornell community President David Skorton wrote: "We wish to convey our heartfelt condolences to [Schor's family] and to his many friends. Please keep them in your thoughts in the following days."

Schor was a student in the College of Agriculture and Life Sciences and a member of Zeta Beta Tau

fraternity. Skorton also urged all members of the community to be on alert about the risks related to underlying health conditions and severe flu symptoms.

It was not immediately clear whether Schor had an underlying medical condition.

Cornell Director of Press Relations Claudia Wheatley, citing confidentiality reasons, declined to comment on any additional details.

"To respect the wishes of the family, no further information about the individual will be released," Tompkins County Public Health Director Alice Cole

said in a statement.

"H1N1 has been causing mild to moderate symptoms in most people, and most recover within 4-7 days with self-care at home," Sharon Dittman, associate director of community relations at Gannett Health Services, stated in an e-mail to The Sun earlier this week. "However, it sometimes does cause more serious illness, so it is important to be vigilant."

About 70 percent of people nationwide who have been hospitalized with the 2009 H1N1 virus have had an underlying medical condition that placed them at a higher risk of serious complications, according to the CDC.

At least two other college students in United States have died from complications relating to the flu, Inside Higher reported Tuesday.

Influenza-like illness has been reported at more than 70percent of college campuses nationwide, according to a survey the American College Health Association, which has been tracking the spread of the disease. The highest rates of activity have been in the Northwest and Southeast regions of the country, according to the ACHA.

Wednesday, On University health officials said that approximately 450 Cornell students had been diagnosed by Gannett Health Services with probable H1N1 influenza. Cornell's Inter-Fraternity Council has also placed a seven-day moratorion fraternity social events in an effort to curb the spread of the flu

Natasha Goodell Oklahoma Daily Uwire

As students begin the search for jobs and internships, some are carefully considering how to keep their Facebook pages clean and professional.

"While Facebook is a social network, it has become a professional stomping ground as well," said Abigail Solis, health and exercise science junior. "In the event a potential employer were to view my page, I wouldn't worry about their perception of me being damaged or altered because it is quite above reproach."

Solis said inappropriate language and suggestive, lewd or offcolor photos are off limits on her Facebook page.

'If a student is looking for a job when they graduate, they need to start cleaning up their

Facebook now," said Spencer, Heather internship and career adviser for the Gaylord College of Journalism and Mass Communication.

Spencer said students should feel free to be themselves, but at the same time, need to be careful with what they are posting online because potential employers could be looking at their page.

"The advice I gave my own daughter was to take down her Facebook page while she was job searching," said Bette Scott, director of career services. "After she was employed, she put it back up."

Scott said although there are privacy settings on these sites, employers can find ways around them if they know a friend of the person they are interested in hiring.

"Every year, I think

more employers are using Facebook good decisions make when hiring," Scott said.

She said the pictures of keg parties and other things that are none of potential employer's business should really be left off from students' Facebook pages.

said Scott she thinks it would be fine to put interests, hobbies, educational information and professional pictures Facebook.

"I encourage students to make sure their Facebook [pages are] very professional," she said.

Scott said she thinks employers are still evaluating how they will use social networking or if they will use it.

working has broadened the way we network with people," Spencer said. "Businesses are able to reach more audiences, and audiences can interact with someone from these businesses."

If the companies are smart enough, they will be looking for mentioning of their products on these social networking sites, and if they see any negative responses from individuals, they can respond with some positive feedback, Spencer said.

"I use Facebook for personal use and business at the same time," Spencer said.

Spencer said she has been able to maintain many connections Facebook, through along with the social networking site LinkedIn, which is aimed at professional

"I think LinkedIn is a good way to connect and network on a more professional platform," Scott said.

Darfur draws intrest at G-20 Summit

Lindsay Carroll The Pitt News Uwire

About 100 people members including from Pittsburgh University's chapter of Students Taking Action Now: Darfur — held a "Solemn Walk" Downtown Monday to rally international attention to the genocide in Darfur in preparation for the G-20 Summit, which will be held in Pittsburgh Sept. 24-25.

STAND and other groups, like the Darfur Pittsburgh Emergency Coalition, plan to advocate during the G-20 to draw attention to the genocide in the east African country.

Anna Siegel, Pitt STAND's director of advocacy, said the group is working with the Save Darfur Coalition and Pittsburgh Darfur **Emergency Coalition to** increase those organizations' visibility.

"We're not doing protesting," Siegel said. "It's just education and visibility."

Siegel said the groups plan on creating an art installation to be placed outside Phipps

Conservatory during its diplomatic dinner. STAND also plans on handing out literature on the genocide in Darfur, as well as educating people about crises in Burma and Democratic the

Republic of Congo. "We want to make it clear that students and residents of Pittsburgh are very concerned about international issues and that we see very clearly how our economic investments affect the world," Siegel said.

STAND earned the support of City Council, which thanked the local chapters of the group for helping to organize protest postcards, which will be mailed to President Barack Obama.

City council mem-Bill bers Peduto. Darlene Harris and Doug Shields and state Rep. Dan Frankel, D-Allegheny County, marched behind the drumbeat provided by Guinea West the African Drum and Dance Ensemble.

They marched from City-County the Building to Mellon Park, where they held a concert and leaders in the Sudanese community spoke about the conflict.

Allegheny County councilman Bill Robinson said local officials and activists should make sure G-20 world leaders know Pittsburgh cares about Darfur.

"I don't want them to think they can just duck under a table and have a good time," Robinson said.

Many of the marchers held signs with names of some of the 3,300 villages that have been destroyed in Sudan during the conflict. Bystanders took pictures with their BlackBerrys.

Last year, the International Criminal Court charged Sudanese President Omar al-Bashir with crimes against humani-

Leju-Loding said al-Bashir and his regime in Sudan's capital, Khartoum, is trying to destabilize the southern part of the country to suppress people's resistance to the current dictatorship.

Sudan's north is dominated by lighterskinned Muslims who prefer to be called Arabs, while Christian Africans inhabit the south and the west in Leju-Loding Darfur, said.

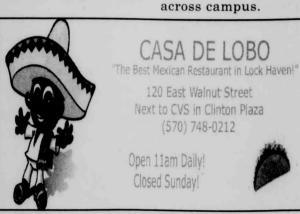
Many Americans don't realize the differences between the peoples of Sudan and how they identify themselves, he said.

"It's not the [skin] color, the phenotype,' he said. "It's the people's mindset. Whoever identifies himself or herself as Christian, we must respect that. Whoever identifies himself as Muslim, we must respect that, too."

When Leju-Loding immigrated to the United States, it was a different time Sudan. The country had yet to enter civil war.

He said the Khartoum regime now resists Christian dissent toward Shariah law, which he said includes rules that lowered the status of women and implemented severe punishments for trivial crimes. It also supplies militias like the Janjaweed, which destabilize the regions by raping women and killing people in villages.

The government makes it difficult for Sudanese people to vote for secession because it doesn't want to lose oil interests in southern Sudan or rubber resources in Darfur, Leju-Loding said.



Classifieds

Rentals

There's still time, take out your classified ad today! Wish a friend a Happy Birthday, advertise for a roomate, or inform students about apartments for rent in the area!

'Insanity: doing the same thing over and over again and expecting different results:"

- Albert Enstein

Off-campus housing still available very close to campus. Most utilities included. Shot term and individual leases allowed. Call (570) 748-7000 or sean@realtyleaseproperties.com

"Life would be infinitely happier if we could only be born at the age of eighty and gradually approach eighteen."

- Mark Twain "If you haven't the strength to impose your own terms upon life, you must accept the terms it offers you."

- T.S. Elliot

"A lie gets halfway around the world before the truth has a chance to get its pants on."

> - Sir Winston Churchill

The classifieds section is the most effective advertising that you can do for your apartments!

Landlords are selling leases quicker than they ever imagined by advertising with us in our classifieds section!

If you have a lease that you would like to sell, this is the place to advertise it at!

This week in history:

-September 14- In 1953 the Yankees clinch 5th straight pennant with 8-5 win over Indians.

September 15- In 2004 Hurricane Ivan hits Alabama and Florida killing nearly 30.

September 16- In 1974 President Ford announces conditional amnesty for U.S., Vietnam War deserters.

September 17- In 1987 Philadelphia celebrates the 200th anniversary of the Constitution.

September 18- In 1963 the final game at Polo Grounds is played, Phillies beat Mets 5-1.

September 19- In 1993 Brandie **Burton wins LPGA** SAFECO Golf Classic.

To get your classifieds advertisements and listings, please send the information that you want posted to Ihueagleye@yahoo .com with the subject line of CLASSIFIEDS! Help yourself out by getting your listings to the students who need them the most!

LANDLORDS!

Get your classifieds here today! This is the fastest and the easiest way to get your apartment listings out to the student body! Many landlords have been satisfied with the results that advertising in the classified section has done for them and with the beginning of a new school year started students are interested in getting a lease, you can guarantee that your ad will be seen and acted on! So don't hesitate any longer! Send your classified ad to Jamie Kessinger Ihueagleye@yahoo .com, subject: Classifieds to get

Students! Need a place for next school year?

your ad in today!

Look no further! Our classifieds section features ads from many landlords in town that are looking for students just like you to rent for the year!

But hurry up because the leases are going quick! So don't wait any longer, just pick up the phone and call one of the landlords here to get a tour of their apartments and hopefully sign you lease today!

September 14th:

Madea star, Tyler Perry, actor/ comedian, will turn 39 years old. .

September 15th:

Heidi Montag turns 22. Prince Harry turns 24 and Dan Marino turns 47!

Are you interested in Journalism? Do you like to write, attend campus and local events, or want to get your opinion about a certain topic out there?

If you answered ves to any of these topics, come join the fun at LHU's Eagle Eye meetings!

We are in need of new writers, arts and entertainment writers, and opinion writers for the Fall 2009 semester.

It's great experience for your future!

Have a funny, embarassing story about one of your friends? Have a secret crush you would like to write love notes to? Have a friend that you would like to make a birthday wish to or just want to say hi to someone? They can all be here! Send in an

email to Ihueagleye@yahoo. com, subject: Classifieds to get your message on

September 16th:

here today!

Nick Jonas turns 16 Amy Polar turns 37 Marc Anthony turns 40 and **David Copperfield** turns 52!

On March 19, 1831 the first bank robbery in America was reported. The City Bank of New York City lost \$245,000 in the heist.

Edward Smith was caught and spent five years in New York's Sing Sing prison for his crime.

September 17th:

Personals

Actor/ Comedian. John Ritter would have celebrated his 60th Birthday.

Lance Armstrong turns 37 Jada Pinkett Smith thurns 37 Aisha Tyler turns 38 and

Alison Sweeney turns 32 34 turns 44

Twiggy turns 59 and "Batman" Adam West turns 80!

Watch out for Blank Look **Productions**

Bringing you the funniest short movies you have ever seen!

Videos are now on YouTube an veoh.

Did you know:

The length from your wrist to your elbow is the same as the length of your foot.

On average, you breathe 23,000 times a day. On average, you speak almost yourself).

Did you also know: 55% of people yawn within 5 minutes of seeing someone else yawn.

> It's just so contagious!

make the better."

September 18th:

James Gandolfini turns 47!

September 19th: Jimmy Fallon turns Trisha Yearwood

Joan Lunden turns 58

The Eagle Eye staff hopes that everyone had a great Labor Day week-end!

Get ready to laugh like you have never laughed before!

Check us out and enjoy!

5,000 words a day - although almost 80% of speaking is self-talk (talking to

'All ife is an experiment. The more experiments you

- Ralph Waldo **Emerson**

"I give it to you not that you may remember time, but that you might forget it now and then for a moment and not spend all your breath trying to conquer it."

-William Faulkner

"A man who dares waste one hour of time has not discovered the value of life."

- Charles Darwin

Life... Love it, Learn from it, but most of all enjoy it and live it as best you can.

Are you a coffee drinker and interested in some of the best coffee found in Lock Haven? Check out Avenue 209 Coffee Shop located in downtown Lock Haven next to Wendy's and across from Hangar 9. With local live bands every Friday night and a fun filled environment, Avenue 209 is definitely a place to check out and tell your friends about.

Did you know?!

In Cleveland, Ohio it is illegal to catch mice without a hunting license.

There are lots of clubs and organizations this semester! Check out the clubs such as Ski and Snowboard Club, The Film Club, The Magic Club, The Gaming Club, many of the band and choir clubs. Get involved this semester because these clubs really have a lot to offer you!

Did you know:

The human head contains 22 different bones.

Did you know?!

A car traveling 100 mph would take more than 29 million years to reach the nearest star.

"All life is an experiment. The more experiments you make the better." -Ralph Waldo

"A man who dares to waste one hour of time has not discovered the

Emerson

"Every man dies. Not every man really lives." -William Wallace

value of life. "

-Charles Darwin

Dear English majors, minors and English professors,

It's time that we

worked on that side of our brain that doesn't just deal with Faulkner, Theory, Shakespeare or Thoreau. How about we have a first annual English majors/minors Dodgeball tournament. And yes this means you too professors. Let me know what you

Did you know?!

think.

Cockroaches can live for 9 days after their head has been cut off.

Freshman and Sophomores, there is never a better time to start thinking about you future and career than to jump start yourself with an internship! To find out how you can obtain an internship that will give you the experience and then motivation that you need for the real life work world,

Services in Ackley 114. Help is there and will help you to obtain the internships to help better yourself and to

stop by Career

help with your future endeavors.

Perspectives

Challenges of sisterhood

Caitlin Chciuk Guest Writer cchiuk@lhup.edu

Since I was two and a half years old, I've been a big sister. From what my mom says, I was pretty excited about all of the responsibilities of being a big sister.

For the past (almost) seventeen years, have embraced the responsibilities that sisterhood has thrown at From the tantrums and fights to the dance parties in the kitchen and the late night talks, being a sister to my sister has been one of the greatest parts of my life.

My sister and I have almost always done everything together, mostly because we're only a couple of years apart in age. We have the same group of friends, we hang out and go shopping together, and we have many common interests.

My mom always says that she's overjoyed that we get along so well. Sure, we have our moments where we can't stand each other, but isn't that just part of being sisters?

However, I noticed the connection that we have dwindling when I was going into my senior year of high school. My sister was entering her first year of high school that same year.

This was the first time we'd been in school together since elementary school. My friends took a liking to her, and her friends took a liking to me. I had guy friends who wanted to date her, which made me get pretty overprotective.

I wanted her freshman year to be perfect, but we just ended up bickering. Especially after I got accepted to Lock Haven. She seemed to want to pick fights with me. But through it all, we stuck by each other, and she got through her freshman year of high school with flying colors.

The school year ended quickly. Before I knew it, I was getting my chance to walk across stage at graduation. As I approached the stage, I caught my sister's eye. She was crying.

Before I knew it, I was crying too. I had known that she was upset about me leaving for a school that's three hours away from our hometown, but I didn't know it had affected her so much. All of a sudden, all of our bickering made sense to me. She was scared of losing me.

Throughout the summer, we talked about how she felt about me leaving. She was nervous about going back to school without me there, and she was nervous about taking over my job at our local diner. But I talked her through it, and as my move-in date rapidly approached, we bickered less and less.

She helped us pack my mom's van and slept on a tiny seat in the back, surrounded by everything I figured I'd need for my freshman year of college. A few hours after moving in, my dorm actually looked relatively "homey," thanks to my sister's awesome decorating and organizing skills.

As we all said our goodbyes, I promised to call home once a day every day, and I told my sister that she needed to keep in touch with me. She said she would.

As the first few weeks went by and I settled into life at The Haven, I talked to my sister only a handful of times. She was busy starting her sophomore year of high school, and she was set on making it an incredible year.

She had a new boy in her sights, and she was always with her friends. I was happy for her, but after being around her every day for fifteen years of my life, I definitely missed her. I kept in touch with her at least once a week, but it wasn't the same.

I missed being able to just go into her room and talk with her. I missed hanging out. But we were both at new places in our lives and it seemed that neither of us had the time.

When I finally went home for summer break, things definitely weren't the same. Sure, we had our talks, but it mostly envoled bickering. Even now, she still has a lot going on in her life.

I want to be there for all of it, but because I am here at Lock Haven, I cannot be there for her as much as I want to be. Still, no matter what, I will always be a text, Facebook message, or phone call away.

Even now, nearly seventeen years later, I am excited to keep taking on the responsibilities of sisterhood. Despite the fact that our connection is not the same as it used to be, I am, and will forever be, her sister. And I will always be here for her.

Thumbs Up . . .



01



Thumbs Down . .

Thumbs Up ...

In China, Fossilized bones resembling saber-toothed tigers, as well as dinosaurs are found.

Bones found may be 100 million years of age.

The bones were seized from the passengers trying to smuggle the items into the U.S.

Thumbs Down . . .

Actor Patrick Swayze, 57, losses his battle with cancer.
He was diagnosed with pancreative cancer in early March 2008.

Swayze is most known for his role in Dirty Dancing, as Johnny Castle.



Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot - button topic that you would like to discuss?

Don't just get red in the face. . .

Write a letter to the editor!

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to

Ihueagleye@yahoo.com with "Opinion Letter"

in the subject line.

Do you like to draw?
Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the Eagle Eye

for the Opinion section.

Send it to Ihueagleye@yahoo.com with "Editorial Cartoon" in the subject line.

Make sure to include your full name, year, major and a phone number where you can be reached.

Derogratory Meaning Stirs Up Staff Members

Sarah Cox Perspectives Editor scox@lhup.edu

Last semester there was a group of students in Robinson supporting the termination on the "R" word. Their mission was to end the use of the word "retarded" in a derogatory manner.

They were asking individuals to sign a petition which asked for the removal of the word from their vocabulary. The petition was a success; they received hundreds of signatures just from LHU.

There was a petition circling the internet asking for people to sign as well. Both were very successful in receiving hundreds of signatures.

Students with a concentration in special education started quite a fuss among the staff. There were

teachers circulating emails about the petition to stop the "R" word. Teachers appeared to be enraged by these actions and were not cautious with there words.

This ultimately caused tension between teachers and students who were helping out with the program. Teachers who had helped organize the program read aloud those e-mails so that the students were educated on all that was said.

Until now, I was unaware of how upset the staff's reactions made me feel. Previously, I had no emotions either way on the happenings because it did not affect me.

As self centered as that sounds, it is the truth. I did not care about what the teachers thought; I only seemed to care when

my friends started sharing their emotions. They were so angry, and I listened as they ranted on for hours. Still after hearing about the words shared by both teachers and students, I did not seem to have an opinion.

Lately, I have been involved with many special needs people. I saw first hand how they react to the usage of this word, and it got me thinking. When the word "retarded" was not even being directed to these individuals it was painfully obvious that they were hurt, it was then that I realized how our actions hurt the feelings of the special needs.

I did not and do not use the word in a derogatory fashion. I use it in such a way to express, stupidity. I do not use it in a manner that is offensive, but I realized that it does

affect those individuals because they had been tortured by the words usage.

So, I took it upon myself to rid the word of my vocabulary. It took some time for me to stop using this word, but I was able to completely eliminate the word from my vocabulary.

Now, I will not be one of those people who offend another human being by the use of one word. I just hope that others, who use the word, can take an oath to stop. If we do so, we will no longer be singling out people.

Maybe those who are of special needs will not feel inferior by other individuals. Maybe they will realize that not everyone is making a derogatory statement against them.

"I immediately knew in this situation that it was wrong. And it wasn't a spectacle, you know. It was actually someone's emotions, you know, that I stepped on and it was very, it was just, it was rude, period,"

--Kanye West told Jay Leno about his actions during Taylor Swifts' acceptance speech at the MTV Video

THE EAGLE EYE

Lock Haven University's Student Newspaper

Keeping an Eye on the Haven

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Wilson's temper tantrum outrageous

Rachel Leavitt **Arizona Daily** Wildcat U. of Arizona **U-WIRE**

Republican Rep. Joe Wilson's, S.C., childish outcry at President Barack Obama's address to congress was disrespectful, juvenile and an unfortunate humiliation for the party he represents.

It is a concern we as future leaders of this country should have, that the highest position of authority in our government is disrespected in such a manner. For all is up for grabs when even the position of president is treated like a contestant "Maury."

Temper tantrums simply have no place in responsible and what is to be respected governance.

On Larry King John Sen. McCain, R-Ariz., shared his opinion of Wilson's outburst, acknowledging that it was "totally disrespectful" and there's "no place for it in that setting or any other."

"He should apoloimmediately," McCain concluded.

Obama spoke in front of Congress on Sept. 9 in an effort to clarify his health care reform proposal and dismiss the fabrications and rumors engulfing his efforts. He confronted concerns regarding the alleged death panels,

explaining, "Such a charge would laughable if it weren't so cynical and irresponsible."

"It is a lie, plain and simple," Obama reiterated, blatantly addressing the fallacious beliefs.

He then moved on to the next "bogus claim" requiring elucidation, the coverage of illegal immigrants granted within the bill.

But announced that this reform "would not apply to those who are here illegally," Wilson, unable to contain himself, pointed his outstretched finger at the of the president United States, interrupting the democratically elected commander in chief, hollering above the audience, "You lie!"

According to The York Times, Rahm Emanuel, the White House chief of staff, encouraged senior Republican lawmakers to find the responsible person and implore him or her to apologize.

In accordance, Wilson's office issued an apology stating: "This evening I let my emotions get the best of me when listening to the president's remarks regarding the coverage of illegal immigrants in the health care bill. While I disagree with the president's statement, my comments were inappropriate and regrettable. I extend sincere apologies to the president for this

lack of civility."

In addition, Wilson called White the House with an apology, which Emanuel accepted on the president's behalf.

Despite his concession, Republicans and Democrats alike remain outraged by Wilson's disrespectful actions.

Post, Robert Creamer, a political organizer, strategist and author, wrote an article with the headline, "Wilson is the Poster 'Child' for the New Republican Party."

Creamer suggests that this action merely amplified the childish antics the Republican Party has taken part in since Obama took office. He proposes that the powerful speech Obama presented to congress directly contrasted Wilson's immature hue and cry.

With two simple words, Wilson's past is under magnification, questions about his participation in a white supremacist organization have arisen and an entire political party is perceived as infantile and inappropriate.

According Press Associated Wilson reports, if doesn't apologize on the House floor for disrupting Obama, which as of Sunday he has refused to do, there will be a vote next week on whether to reprove him.

He doesn't seem to be shedding any tears of remorse in his video

that can be seen on Joe Wilson For Congres s.com.

"On these issues, I will not be muzzled. I will speak up, and speak loudly, against this risky plan," he explains after a halfhearted apology for his heckle.

Clearly Wilson is attempting to trans-In The Huffington . form his embarrassing outburst into a political opportunity and re-cast himself as the victim, and it seems to be working.

> According to CBS News, Wilson has raised around \$200,000 since the incident and has received a disheartening amount of encouragement for his behavior.

> Even Wilson's son Alan, who is running for attorney general of South Carolina. announced in a video that can be found on thesunnews.com, that though he is proud of his father for apologizing to Obama, he is "even more proud of him for telling the truth."

> This is outrageous. Regardless of the legitimacy of Obama's which statements, could take up an entire column on its own, interrupting the president to accuse him of being dishonest in a civil and formal speech is entirely out of line and is a deliberate attempt to undermine Obama's presidency.

Budget Cuts Harm Higher Education

Dunja Nedic Arizona Daily Wildcat U. of Arizona **U-WIRE**

Acquiring a university degree isn't supposed to be easy, but U.S. Census Bureau reported in 2007 that 27.5 percent of America's population completed at least a bachelor's degree. This figure is in sharp contrast to the numbers of students completing the same degree even a few decades ago.

At the University Arizona alone, enrollment has increased from 12,518 in 1960 to approximately 38,800 this year, according to the Office Institutional Research and Planning Support.

Does this drastic increase signify Arizonans have developed a greater interest in the world of academia?

This discrepancy can partly be attributed to the ease with which women can now seek a university education, as well as the greater scope of choices offered to young people now.

But the main reason almost a third of Americans now hold a bachelor's degree is there has been constant growth in the number of places

accommodating more and more students passing through the system. Universities tout increased enrollment, omitting the detrimental effect that a greater number of students are going to have on everyone's education.

With extra seats in classrooms comes pressure on teachers to shuffle us through courses at the expense of our learning experience. The difficulty in maintaining the quality of our education comes primarily from two sources: professors' lack of commitment to teaching and the need to acquire funding determined by full-time equivalents.

cumulative The number of full-time equivalents dictates the amount of funding the UA receives. House Bill 2012, signed by Gov. Jan Brewer, states, "the total ... enrollment shall be the basis of providing state aid". Essentially, more units equal money.

President UA Robert Shelton has stated, "[Arizona State University] appropriately, received a lot of enrollment increase money they've because increased enrollment. They should get that money; fair is fair."

His comment sug-

that ASU, regardless of the quality of education it offers, deserves these funding increases just because of student numbers.

The UA is following University suit. administrators have to reconcile these budget cuts and consequently, students have become little more than commodities to secure funding.

Professors have an ethical obligation to teach and, in doing so, teach us to learn. This does not involve spoon-feeding answers and yet, this is the experience students have come to expect: to absorb only enough information in class to enable them to do an assignment.

Sadly, professors are generally happy to deliver if it means they aren't forced to contend with complaints from students and the administraabout tion poor grades.

The sheer amount of time it takes to resolve a dispute over a grade with a student is often time that professors can't afford. There is hope yet, but all professors must recommit themselves to making us into better thinkers and learners.

As long as students continue to demand to be allowed to pass

classes whose requirements we have failed to fulfill, students are the ones who will lose.

Just as professors must grade us according to the merits of our work rather than university politics and funding needs, we must also demand that our educators educate. We should be challenged and made to work hard for our degrees, rather than thinking tuition payments entitle us to receive credits.

Enabling students to pass even when they skip in-class material is a mistake. Cramming 1000 students into a hall and essentially annihilating the potential for any real discussion is a mistake.

A campus where students video stream their lectures at home and take zero pride in their work because minimal effort is expected of them will completely irreparably alter the university experience for the worse.

If we continue to tolerate the damaging effect these budget cuts will have on our education, the UA will become another contributing factor to creating the dumbest highly "educated" generation, ever. And that's nothing to be proud of.

HIS DAY I HISTORY

September 17

-- The city of Boston, Massachusetts was founded in 1630.

-- The United States Constitution was signed in Philadelphia, Pennsylvania in 1787.

-- Francis Scott Key completed his poem The Star-Spangled Banner in 1814.

-- In 1920, the National Football League orginated from Canton, Ohio.

-- Television is finally broadcasted in Australia in 1956.

-- In 2001, the New York Stock Exchange reopens after the 9/11 attacks.

laking |

Joe Stender Editor in Chief jstender Chiep e

Although Lock Classes And the the chance in the chance in

Students can be while waiting for the can day of classes, students are of games; some short try and start a game and Recreation Center.



Lyndsey Hewitt/Eagle Eye

Students participate in many activities thorughout campus, including Ping Pong and Basketball.





The Eagle Eye Student Newspaper needs...

- -News Writers
- -Features Writers
- -Opinion Writers
- -Sports Writers
- -Photographers



Meetings:
Wednesdays at 7
in the PUB

Come Join Us!

Sports

On **Deck**

Schedule Bald Eagle home and away games

Today

Friday

Field Hockey @ Colgate University 4

Men's Soccer vs Mercy 2 p.m.

IUP SAC Crossover vs. Clarion

Saturday

Cross Country NCAA Pre-Regional Meet a Mansfield

Women's Soccer vs. Edinboro 12 p.m.

IUP PSAC Crossover vs. Slippery Rock

12:30 p.m.

Football @ Clarion 6 p.m.

Sunday

Field Hockey vs. La Salle

Monday

Seton Hill

Tuesday

a Clarion

Wednesday

what's LHU soccer starts winning streak

Matthew Ferenchick Sports Writer mferench@lhup.edu

The Lock Haven Men's Soccer team (2-2-1, 1-2 PSAC West) is now on a two-game winning streak with a 3-1 home win over Gannon on Saturday, picking up their first conference win.

After a slow start, a Terrence Gochera goal in the 20th minute of the game gave the Eagles a 1-0 lead; however Gannon's Sean Washek would answer back just a minute later to even the score.

Colin Callaghan would put LHU back in the lead with a 30th minute goal during a loose ball scramble right in front of goal. Lock Haven would hold the lead for the rest of the game, but an LHU Greg Shertzer goal in the 46th minute would settle the score 3-1, as either team wouldn't score again.

"Obviously a must needed win, the PSAC is so close that every point is vital and we don't need to slip fur-

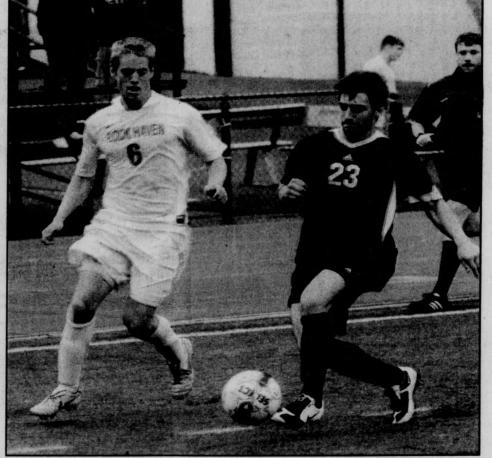


Photo Courtesy of Sports Information

Greg Shertzer tracks down the ball in Saturday's victory against Gannon.

ther behind," Coach Doug Moore. "Now we have to do it all again away at California Wednesday."

The game would get a little scrappy late on in play as three players were sent off. Lock Haven's Colin Callaghan and Mark

Auman were given red cards along with Gannon's Jonathan Simmons, all coming in 68th minute. the Shertzer was also given a yellow card earlier in the game.

Lock Haven had the majority of the opportunities, getting 11 shots on goal, while Gannon

took seven shots. Both goalies were busy throughout the game, as Chris Custer made six saves in a winning effort. Steven Boehmer made seven saves for Gannon, but didn't quite make enough to affect the end result.

With the win Lock Haven takes their

record up to 2-2-1, while Gannon falls to 2-3-1. It was the Eagles first conference win and gave Gannon their first conference loss.

LHU's game on Wednesday, Sept. 9 was the start of their winning streak when it took two overtimes to get a gritty 1-0 away win at Davis & Elkins.

The teams played over 100 minutes of goalless soccer before a scramble around the goal mouth led to a Davis & Elkins own goal. Despite the score line both teams had their chances, but just couldn't put them

Lock Haven got the better of Davis & Elkins with 12 shots on goal, seven of which were on target. Davis & Elkins took 10 shots but only three on target. Freshman Steve Kretzer had a shot ring off the crossbar in the 32nd minute. Sophomore Billy Pasukins barely missed a shot of his own in the 68th minute.

See, M. Soccer, B3

Field Hockey falls to Kent State

Kris Novak **Sports Editor** knovak@lhup.edu

The field hockey team (3-3) dropped to visitor Kent State (3-4) in a 2-0 loss in Sundays

Field Hockey

The Lady Eagles put up a fight that forced Kent State goalkeeper, Kristin Willders, to make remarkable saves.

The Lady Eagles outshot Kent State 12-9 however; they could not find the back of the goal during the 70 minutes of play. Junior Casey Hughes led the Lady Eagles with four shots.

The first goal came in the 10th minute of play on a Kent State penalty corner, scored by Rachel Miller and assisted by Nicole Leach. Seven minutes later Debbie scored again with a hard and low back hand making the score

Neither team would find the back of the goal for the rest of the match.

Lady Eagle, Amy Hordendorf, had a great chance to make it after Suzann Hobart sent in a cross pass but goalkeeper, Willders, made a great play to preserve the 2-0 lead for Kent State.

Hordendorf finished with three shots for LHU.Lady Eagle goalkeeper Erin Terreson had eight saves.

The field hockey team dropped to host, Cornell (4-0), Saturday in an exciting 2-1 overtime match.

The minute match started off slow. The first goal came a half-hour into match when junior, Hordendorf, Amy crossed a pass to senior Suzann Hobart who put it away for the Lady Eagles and gave them a 1-0 lead.

With only 37 seconds left in the match, Cornell found the back of the goal when Kate Thompson scored off of a penalty corner this tied up the match, 1-1, and sent it into over-

Within the first two minutes of overtime, Cornell found themselves with a scoring opportunity off another penalty corner. The first shot was saved by LHU goalkeeper, Erin Terreson. This was not enough to keep Cornell from scoring as Kelly Kantarian blasted a goal off the far post to give Cornell the 2-1 win.

Terreson had nine total saves. Cornell outshot LHU 18-5.

The field hockey team is back in action on Friday, September 18th at 4 p.m. when they travel to Colgate.

Photo Courtesy of Sports Information

The top four LHU runners make thier way to the finish line side-byside in Saturday's Invitational.

Pomerantz leads the pack in cross country

Cain Chamberlin **Sports Editor** cchamber@lhup.edu

The LHU men and women's cross country teams were the top performers in the team races at the LHU Invitational Saturday.

The men's side came in first out of nine teams in the competition with 17 points, followed by Indiana (Pa.) University and West Chester University in the top three. LHU had a commanding lead over second place IUP that had 91 points.

The Lady Eagles also won their team competition with 38 points, being the best out of the nine team field. West Chester came in second having 76 points and IUP in third with 95.

The women's side

may not have had the first place finish in the individual race but did have three runners in the top five, dominating the front finishers. Sophomore Lindsey Lambert finished the 6K race in second with a time of 22:39.93. Finishing fourth and fifth were freshman, Lindsay Topper (23:16.95) and junior, Alexis Patrick (23:42.77).

The Bald Eagles dominated the individual 8K race, taking the title by sweeping the top four spots. Senior, Brandon Pomerantz took first in the race with a time of 26:24.89, followed Johnson (26:25.27),Mitch Miller (26:25.82), and Nick Hilton (26:26.26). The four came down the stretch side-by-side, all having very impressive finishing times in the race.

Pomerantz's excellent performance and

top-spot finish made him the PSAC Men's Cross Country Athlete of the Week. Leading the top four Haven finish, and the first of 74 runners in the race, Pomerantz took the individual title at the LHU Invitational.

Pomerantz has had many accomplishments in the PSAC, including a seventh place finish the **PSAC** Championships 2008. He also had a ninth place finish at the NCAA Atlantic Region Championships when he made the All-Region team.

In Saturday's cross country meet, not only did Lock Haven have the top four spots but also had eight runners in the top-15, giving them plenty of momentum going into the NCAA D-II Pre-Atlantic Regional meet, hosted by Mansfield University next Saturday.

Meet the new assistant softball coach on page B2.

Fraser joins softball coaching staff

Sara Sands **Sports Writer** ssands@lhup.edu

Lock Haven University is glad

welcome back former Lady Eagle, Danielle Fraser, who has been named the assistant softball coach here at Lock Haven.

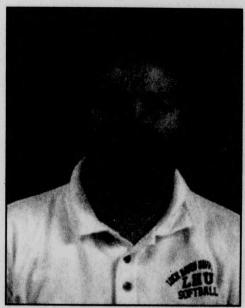
This is not the first time Fraser has coached. In 2007, Coach Fraser was a volunteer student assistant coach for the Lady Eagles, and she has spent the last two seasons as an

assistant coach with Division III Allegheny College in Meadville,

Fraser was a member and a captain of the National Championship softball team. During that season she hit .391 which is the tenth best batting average in school history. "I am very excited to be back here. I had many great experiences at Lock Haven as both a student and

Fraser, "It feels great." Fraser graduated

from Lock Haven in 2006 with a degree in Health and Physical Education. Throughout



her career at Lock Haven, Fraser had many great achievements. She is tenth all time for runs batted in, during the 2004 season she had a .983 fielding percentage, she played 141 games and was a two-time All-Pennsylvania State Athletic Conference First Team selection at first base, just to name

Fraser was asked if she would be using any athlete," said of the strategies that

her past coaches at LHU used, she commented. "Coach Shannon was the assistant coach when I was playing, and she was a

huge reason for the success that we had. So everything has pretty much stayed the same."

"It has been great to have Coach Fraser on board here at LHU," Shannon, "Her knowledge and first hand experience with our program gone a long way in the smooth transition here for LHU Softball.

She has been great for our team and program and I am excited to see her grow in her new position."

'We want the girls to play Haven softball" said Fraser, who has high expectations for the team this year. "We want hard work and dedication." This year's team plans to continue on with the winning tradition that is Haven softball.



Photo Courtesy of Sports Information,

The volleyball team gathers to celebrate thier victories in the LHU Classic against Stonehill and Kentucky State on Saturday.

Volleyball conquers LHU Classic

Cain Chamberlin **Sports Editor** cchamber@lhup.edu

The LHU volleyball team (8-2) had their sixth win in a row on Saturday with wins over Stonehill and Northern Kentucky at the LHU Classic Tournament in the Thomas Fieldhouse.

Volleyball

The Lady Eagles played Stonehill first, winning all three sets (25-8, 25-20 & 27-25) and then Northern Kentucky where LHU won 3-1 (28-26, 17-25, 25-20 & 25-23). LHU put up a total of 42 kills

the three sets against Stonehill and 53 in the four against Northern Kentucky.

Rookie player Xuan Gao had a remarkable game against Stonehill when she had an astonishing 18 kills and hit a .615 with two aces. Sophomore Haley Gribler also lit up the court getting 10 kills and hitting a .421.

Senior Fabiana Gomez had a phenomenal 28 assists in the three-set win over Stonehill, and hit a solid .333 with three kills and three aces.

Gao was just as impressive in the second game against Northern Kentucky as

she was in the first, putting up a .463 and 22 kills out of the 53 team total.

Gomez's assist streak only improved in the second match when she had 41 against Northern Kentucky out of the team total 47, and hit a .222. Gribler had another great match getting 13 kills and digs. Senior Christie Naumann also put up solid stats getting 12 kills and a .261.

The LHU Lady Eagles travel to California (Pa.) University on Friday, Sept. 18 to hopefully keep the winning streak going when they play Clarion and Cal.

Women's soccer downed by Gannon

Matt Ferenchick **SportsWriter** mferench@lhup.edu

The women's soccer team took another tough loss this week as they fell to Gannon by a final score of 3-1.

Soccer

It started off well for the Lady Eagles as Amy Wittman caught a cross from Carly D'Orsaneo and blasted it into the near post in the 25th minute which gave LHU the lead.

Gannon's Amanda Sharbaugh would answer nine minutes later to even the score. The game would remaintied until the 63rd minute when a Kara Prokopchak shot a nicley played ball into the side of the net to give Gannon the lead.

Tenya Francique added another Gannon five minutes later on a well played give and go to put the game away.

Kim Bentley played well as goalkeeper for Lock Haven making seven saves to keep the game close.

Sabrina Chirco

made six saves of her raising money all seaown for Gannon.

The Lady Eagles were outshot 18 to 9 for the entire game. The loss ended a tough week for the girls as

son to help support the foundation which benefits childhood cancer.

The loss drops LHU to 1-4 on the year and 0-4 in conference play.



Photo Courtesty of Sports Information Alissa Gamelier fights for the ball in Saturday's game against Gannon.

they lost 7-0 to Indiana earlier in the week.

Despite the result it was a good day for the Lady Eagles as they wore special jerseys for Alex's Lemonade

Stand. The team will be

The win took Gannon to 2-3 overall, and 1-3 in the conference.

The team will now travel to California on September 16th, before returing home on the 19th for a game against Edinboro.

Bald Eagles struggle to find stride

Doug Spatifore Sports Information dspatafo@lhup.edu

(0-2)fell Shippensburg University (2-1) 49-7 on the road Saturday

Football

The Shippensburg Red Raiders scored 14 points in each of the first two quarters and took a 28-0 lead into the locker room at halftime.

The Bald Eagles used a 12-play, 63-yard drive to put seven on the board in the third quarter, but it wouldn't enough Shippensburg's offense Haven to handle

shirt-freshman Jarrett outing. Kratzer (Reedsville. Pa./Indian Valley) led LHU 63 vards in 12 plays. The drive was capped off by an 11yard run for a touchdown by junior running back Ibrahim Smith (New Bloomfield, Pa./West Perry).

Smith rushed 37 yards on 12 carries. His long run of the day was the 11-yard scamper for a TD. Krazter was 15-for-29 for 111 yards passing.

A trio of players hauled in three receptions for Lock Haven in the loss.LHU recorded 146 total yards of offense, while host-

was too much for The Shippensburg tough to stop and Down 35-0, red-turned in a 471-yard

> Austin (Williamsport, Pa./Loyalsock) led Lock Haven's defensive effort with a seventackle game. Four of his seven stops were solo efforts.

Dean Tortorice (Delmont, Pa./Franklin Regional), Shane Barie (Export, Pa./Franklin Regional) and Wes Plummer (Altoona, Pa./Altoona) all made six tackles in the game. Tortorice also had one interception, while Plummer made 1.5 tackles for a loss and recorded one sack

See, Football, B3

Former LHU pitcher goes pro

Zach Zacharias **Sports Writer** zzachari@lhup.edu

Kristin Erb, former pitcher for the Lady Eagles softball team, is now playing for the National Pro Fastpitch league team, Philadelphia Force.

Erb lives Reading, PA, and has many great achievements in her short career. While looking back at her impressive softball career in college, you can easily see that she was an unstoppable force in her own right.



Erb currently holds eight individual season records and 11 individual career records here at Lock Haven. Last year, Erb lead our Lady Eagles to a 51-6 season.

In the process, she struck out 399 people with an opposition .152 batting average.

She also holds the record for most career wins in D-II with an astounding 168 wins. Some of her many awards include: receiving the Division II Honda Athlete of the Year twice, in 2006 and 2009, 2009 C A

Championship's Most Outstanding Performer, and the list goes on and on. Lock University Haven wishes her luck on her new career.



Photo Courtesy of Sports Information

Ibrahim "Ibby" Smith finds running room against Ship. in Saturdays

From, M. Soccer. B1

Pasukins managed to get the keeper off his line, but a Davis & Elkins defender managed to clear it away before it went in.

Lock Haven Head Coach Doug Moore called it "a scrappy game". Moore thought his team was the better one especially in the second half, where LHU barely missed several opportune shots.

LHU's Colin Callaghan led all players by putting two shots on target. In all, seven Lock Haven players and eight Davis & Elkins took a shot, but none of them managed to score, at least for their own team. Both teams have their goalies' to thank for keeping them in the LHU's Chris game. Custer made three saves, while Davis & Elkins Timothy O' Toole had a busy night having to make six

saves. In the end it was a lucky bounce that prevented a draw.

The Eagles picked up their first win of the season after getting off to a slow start. Meanwhile, it was Davis & Elkins first loss of the season dropping their record to 2-1

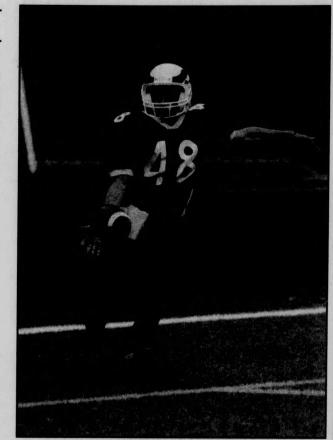
After these two wins, LHU will be at home on Sept. 18 for a non-conference game against Mercy.

From, Football, B2

Shippensburg quarterback Chad DiFebbo was 11-for-14 passing and racked up 199 total yards through the air. Chad Halterman scored two touchdowns for the Red Raiders in the win.

Lock Haven is back in action on Saturday, September 19 when the Bald Eagles travel to Clarion University, the site of the LHU's last win (2006 seasonfinale) for a 6 p.m. kickoff.

It will be the Pennsylvania State Athletic Conference (PSAC) West opener for both teams. The Bald Eagles return to The Haven for a Sept. 26 date with Mercyhurst on homecoming.



Courtesy of Sports Information

Paul Causey punts from back in the end zone in Saturday's game.

Pitt fans have right to boo

Shane Levy The Pitt News U. Pittsburg UWIRE

Over the weekend, the Pitt football team opened its 2009 season in impressive style with an overwhelming victory over the Youngstown State Penguins 38-3. Surely. a victory of that magnide should help ease any concern or skepticism that Pitt students and fans might have about the 2009 season.

Coming into this college football season, I was very skeptical about the potential success of the Panthers, given the departures of significant several players — like LeSean McCoy and Scott McKillop. However, the Panthers play on the field Saturday afternoon quickly made me rethink my predisposed notions about year's squad. The dynamic play of freshman running back Dion Lewis almost made me forget about last year's star running back, and Pitt defense wreaked havoc on the clearly overmatched Penguins. Even backup quarterback Tino Sunseri looked impressive in his brief outing this past weekend.

On Sunday, however, the impressive and, for many Pitt fans, reassuring, play of the Panthers was overshadowed by a gesture directed at notoriously inconsistent quarterback Bill Stull. The Field crowd booed Stull loudly on the second drive of the game after consecutive incomplete passes, and later again in the 3rd quarter. Even more, when Sunseri entered the game, he got a cheer so loud one might have thought he was Dan Marino, or that someone accidentally played

Caroline" too early.

On Post-Gazette sports columnist Bob Smizik's blog on Sunday, Smizik took serious offense to the crowd's derision of Stull, calling it both "ugly and mean-spirited." Smizik's colleague at the Post-Gazette, Ron Cook, described the boos as simply pathetic. Cook's sentiwere reiterated Tribune-Review columnist Joe Starkey, who went so far as to say that the booing "is pathetic and needs to

Perhaps after my four years as a Pitt student, I am still not acclimated enough with the sports culture Pittsburgh the region to understand these sentiments. But to cast outrage over an incident as common and insignificant as fans booing poor performance on the field of play is itself an out-

Growing up in the shadows of New York City, I was, and am struggling to continue, to cheer heartily for the New York Knicks, Jets and Mets. It does not take an avid sports fan know that those franchises have not had the same levels of success as the Penguins or Steelers. Seventeen consecutive losing seasons is one feat the Mets have yet to conquer, though.

Enduring such painful hardship on the football field, basketball court and baseball diamond breeds fans to rain boos on athletes at virtually every moment of every game. The Mets collapsing two out of the last three years in September only to watch the hated Philadelphia Phillies on and win the World Series, Doug Brien missing two potential game-winning field goals to send

the Jets to the 2004 AFC Championship Game, the entire operation of the Knicks franchise — all of these things have virtually embedded the art of booing in my DNA.

Let us not forgot recent Pitt football history, either. The 2008 Pitt football season was met by high expectations and resulted in less-than-stellar results, capped off by disastrous Sun the Bowl in which the Panthers lost to Oregon State 3-0 — a loss that can be attributed to Stull's disastrously poor play, among other

This year, much like many of the recent seasons in Pitt football, is one marked by high expectations. In a down year for the Big East, Pitt has enough talent to finally take the conference crown, which would be its first since 2004. The combination of high expectations and Stull's inconsistent and sometimes costly play was merely a powder keg that finally burst.

Over the course of Dave Wannstedt's tenure as head coach of the Pitt football team, he has consistently produced top-25 recruiting classes. Year after year, the Pitt football program is replenished with new and exciting young talent. Yet year after year, the Panther faithful have been let down by poor results.

The mounted frustration and let downs of past seasons needed to be heard. It is unfortunate that Stull bore the beating of the Panther faithful, but it was not uncalled for. The Panther fans were not wrong in booing Stull. The gesture might have been a bit premature but far from unjustified.

This Day in Sports...

September 17

1920 - The NFL organizes in Canton, Ohio

1937 - First NFL game in Washington, DC: Redskins beat NY Giants 13-3

1956 - Yankees clinch thier 22nd pennant on Mickey Mantle's 50th homer of year

1954 - Rocky Marciano knocks out Ezzard Charles in the 8th round for heavyweight boxing title at Yankee Stadium

1983 - Chicago White Sox clinch their firstever AL West championship

1986 - Mets clinch NL East Championship

1992 - NFL decides to suspend World League Football

Blount: The dead Duck

Cain Chamberlin Sports Editor cchamber@lhup.edu

There is always that one guy on the team who likes to showboat after scoring or making a good play in the game whether it be in the playoffs, regular season, or even a scrimmage.

Luckily, most leagues in any sport have banned arrogance like this, as we all know calling it "unsportsmanlike conduct." But what happens when the "victory dance", which the unsportsmanlike conduct penalty commonly pertains to, becomes a slug fest?

This past weekend in the college football opener, the 240 pound, 6-foot-2-inch Oregon tailback LeGarrette Blount took a cheap shot, punching Boise State's Byron Hout in the face after Oregon lost 19-8. Blount had to be restrained by his assistant coach and security guards and escorted off the field because he started to show hostility towards

a BSU fan as well.

Blount's blindsiding hit to BSU's defensive end could cause major problems for him the future. He has already been suspended for the rest of the season, and I for one have no problem with that.

Player's in professional football like star receiver Terrell Owens, are known for their end-zone dances and cocky behavior. This can become very cliché and annoying; normally ending in a 15 yard penalty; but when the arrogance takes a violent turn, whether pro, college, or high school level, its time to put the foot down.

Not only did Oregon head coach Chip Kelly make the wrong decision by not just kicking Blount off the team, Kelly was indulging his behavior. "This moment last night will not define him," Kelly said in an interview after Thursday's game. I feel that it did define his character in one word; coward.

At first, I wasn't sure if Blount would even want to stay on the team, considering his sucker-punch stunt landed him on the bench for his senior year.

This current situation reminds me of the off-campus fight that involved ten Penn State football players in 2007. The school temporarily expelled four of the students while the other six were given different periods of probation time, which I felt was a reasonable decision.

I was very impressed with Coach Joe Paterno's course of action, when he ordered the entire team to take part in community service because of the fight. I was fond of his "You play as a team, you

suffer as a team" philosophy.

Considering Blount acted alone and not with nine other teammates the blame is all on him, so I think it's a good opportunity to finally make an example of an athlete who likes to lash out and then feel he should only receive a slap on the wrist.

Former coach Mike Bellotti said after the game, that the future of Blount would be up to the university. The athletic director and the school president decided that Blount could stay on scholarship and keep practicing with the team during his season suspension.

Here's my take. Call me cruel, but I feel that someone who receives a scholarship should live up to the responsibility of that award, and not act like a crazed lunatic; so I feel he should have lost that. I do feel he should be able to remain in school, because although he did punch someone on national television, that's still no reason to ruin his education.

Finally, the coach, school president and athletic director should not have let Blount continue playing or even practicing with the team.

His college football career should have ended on the spot.

Kris and Cain's NFL Picks

<u>Cain</u> Hou @ Ten Titans NO @ Phi Saints Ari @ Jac **Jaguars** Oak @ KC Chiefs Cin @ GB **Packers** Min @ Det Vikings STL @ Was Redskins NE @ NYJ **Jets** Car @ Atl Falcons TB @ Buf Bills Sea @ SF Seahawks Bal @ SD Ravens Pit @ Chi Steelers Cle @ Den **Broncos** NYG @ Dal Giants Ind @ Mia Colts

Kris Titans Saints Cardinals Raiders **Packers** Vikings Redskins **Jets Panthers Bucs** 49ers Chargers Bears Browns Cowboys **Dolphins**

Overtime penalty kick lifts Penn State men's soccer to victory

Ben Scalina Daily Collegian Penn State UWIRE

Eight offsides calls, 108 minutes of soccer, a red card and numerous missed opportunities set the stage for Frank Costigliola. The senior midfielder didn't disappoint.

With 2:20 showing on the second overtime clock, he calmly thumped his penalty kick into the Hartford (2-1-1) goal for a frantic 1-0 victory for the Nittany Lions (4-1-0).

It was a frustrating Sunday afternoon for Barry Gorman's side, as the Hawks sat back on defense and simply tried to keep Penn State off the board and leave Jeffrey Field with a draw.

The plan nearly worked.

Hartford goalkeeper Nenad Cudic posted 10 saves behind a strategy that often had eight or nine players back defensively, and the Hawks were in sight of their desired result as time ticked away in the second overtime. Then, substitute midfielder Marco Ciarla found some space deep in Hartford territory and crossed the ball into the Hawks' penalty area. The ball hit a Hartford hand in front of net, and referee McMullen pointed to the penalty spot.

After his winning kick, Costigliola said he wasn't worried about what Cudic was planning in goal.

"I concentrate on myself," he said.
"Sometimes goalies come up big; sometimes they get a good jump on it and it's luck, but I just concentrated on putting it on my spot. If he saves it, that's on him. I hit the spot; 99 percent of the time it's going in."

Jason Yeisley, the reigning Big Ten Player of the Week, was held pointless for the first time this sea-

son.

However, he and fellow forwards Corey Hertzog and Treavor Gelsinger created opportunities throughout the game, particularly after the halftime whistle. The trio combined for 11 shots, seven of which were on goal, but Cudic was up to the task.

"Whenever you play a team that will sit in, it's always frustrating," Yeisley said. "We prepare for that in practice, and that's when we just keep passing the ball around. As you saw today, we're getting our opportunities, we just weren't finishing."

Penn State had a man advantage for the last 37 minutes of the game, as Hartford defender Anthony Buehler was sent off in the 71st minute after earning his second yellow card of the game. The second caution came when Buehler threw Hertzog to the ground after the Penn

State sophomore won the ball off a throw-in.

After the ejection, Hartford pulled back even more. Gorman praised the Hawks' restraint in executing their gameplan.

"Obviously, when they went down a man, they still stayed very disciplined," Gorman said. "Our only concern was if we get caught on the break, so that's why we keep telling the guys, 'You've got to keep moving the ball.'

The Penn State defense posted its third shutout of the season, as Warren Gross was required to make just two saves and the back line took care of the minimal pressure Hartford offered.

With the win, Penn State completed an undefeated weekend at the Penn State Classic. The Nittany Lions took down Hofstra by a 5-1 margin Friday night, as Hertzog and Matheus Braga each scored two goals.



Photo Courtesy of Google

Adam Gunn drops into coverage.

Pitt linebacker named Big East defensive player of week

Jay Heurbin The Pitt News U. Pittsburgh UWIRE

With an impressive performance in Buffalo, Pitt line-backer Adam Gunn was named the Big East defensive player of the week.

During the Panthers' 54-27 win against the Bulls, Gunn tallied 11 tackles and three sacks.

Gunn was a presence throughout the game for the defense, and his three sacks resulted in pushing the Bulls back for 25 yards.

Late in the fourth quarter, Gunn came up with a huge sack as Buffalo closed in from the Panthers' 14-yard line. The sack, with Pitt holding a 13-point lead, pushed the Bulls back to the 20-yard line, where the Panthers eventually took over on downs.

In two games, Gunn has recorded 19 tackles, five sacks and 5.5 tackles for loss—leading the team in all categories. He also sits tied for second in the nation with 2.50 sacks per game and fourth with 2.75 tack-

les for a loss per game.

He's been a staple of the Panthers' strong defensive play up front.

Gunn is playing in his first games since a season-ending neck injury in the Panthers' first game of the season against Bowling Green. Gunn applied for and was granted a sixth year of eligibility.

Following his undergraduate studies in communication and rhetoric in 2008, he enrolled in the Graduate School of Public and International Affairs. Gunn said he plans to graduate after the fall semester.

His performance this year is good news for the Panthers after the departure of one of the best conference and national line-backers last season, Scott McKillop, who now plays with the San Francisco 49ers in the NFL

The Panthers (2-0) will host Navy (1-1) at Heinz Field on Saturday. Kickoff is set for 6 p.m.

High expectations for PSU Football season

Kris Novak Sports Editor knovak@lhup.edu

Well Penn State fans, it's another season with high expectations. Hmm, it sounds eerily familiar from last year. That's right, Penn State had tons of national championship talk after Texas Tech beat Texas. Remember what happened though? Nobody and I mean nobody (except for Iowa fans) saw past the Hawkeyes. I am not dissing Penn State by any means because I am a huge PSU fan. I am saying that we should not count our chickens before they hatch, again. Penn State is now 2-0 sitting easily in the top of the division, you think to yourself, "Hey we are looking good." Think again. Penn State really did not dominate

Akron the way they were supposed to. Their starters didn't even take a seat until the 4th quarter of play. In the second half alone, PSU failed to find the end zone and gave up a score to the Zips. This means that Akron, yes Akron, outscored Penn State 7-0 in the second half. It was a 31-7 victory, but a poor second half performance and overall mediocre performance by Nittany Lions. They were unable to run and their secondary was awful.

Against Syracuse, PSU never really took hold of the game. Although never giving up control of the game, Penn State only managed to win 28-7 to a team that really isn't stacked with playmakers. Not to mention their quarterback was a converted basketball

player who was revoked his position at Duke. PSU was unable to run yet again on a feeble defense. Royster did however make a beautiful play on a short reception he took the distance. Even though holding a 28-0 lead the Nittany Lions mediocre secondary gave up a score.

However the upside to PSU was against their ability to pass. Who wouldn't be able to pass with perspective first rounder, Daryll Clark.

It seemed as though Penn State went into both games with a big head, just like last season. They were on pace for a National Championship but could not see past Iowa. They need to settle down and realize that anything can happen on Saturday.

A Syracuse

Orangemen reporter even said, "Penn State showed little emotion on both sides of the ball. Their sideline was relatively quiet the entire second half and it seemed as if they were going through the motions."

If Penn State wants to make a run at the N a t i o n a l Championship this season they need to remodel their attitude while continuing to make plays. Iowa and Ohio State are not going to back down this year, not to mention Michigan looked very impressive the past two weeks.

Let's just hope that Penn State can keep their eyes on each game, each week and focus their energy and efforts into that game rather than have their greedy eyes on the prize.



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Arts & Entertainment

Lock Haven: Then and Now

The Roxy Movie Theatre

Vickie Frantz Guest Writer vfrantz@lhup.edu

The Roxy Theatre was originally called Dreamland, and began construction in 1920. The theater was completed in 1923, but it suffered major flooding in 1936, which caused severe damages..

Sometime after the flood the theater was restored and during that time an Italian artist was hired to paint a mural on the walls of the cinema. The mural is still there today, depicting scenes

of mythological characters. Over time, the scenes faded and became dirty, so the mural had to be restored.

On April 11, 1998 local artist, Gary Lamey, began the work of restoring the scenes.

One of the earliest employees was a man named Oscar, who began working at the Roxy when he was only 16 years old. He was hired to ride his bike around the downtown area and paste movie posters on the outside walls of local businesses. In later years, he worked as the film projectionist.

He recalls the day of

the flood, and said, "I was in the projection room and saw the seats from the main floor float almost up to the balcony level."

Oscar continued to work as the projectionist until 1993, when he was replaced by the current projectionists John and Joe.

In the year 2000 the theater was purchased by Nancy and Ernie Renniger, and they currently own the theater today. Their goal was to again restore the theater back to working order and maintain it as a functioning cinema, so they later added an addition of two more screen rooms.

In 2004, art students from Central Mountain High School, led by art teacher Ronald McGinniss, painted murals on one of the walls in the new hallway leading to the addition.

The murals depict popular characters and scenes from films dating from the 1930's to 2004. Some of the films depicted are Casa Blanca, The Sound of Music, and The Lion King, as well as many more.

The students who did the paintings are:
Bryan Gentzel,
Margaret Snow, Shane
Moore, Sara Hamilton,
Michelle Myers, Dawn
Brown, Justin Walker,
Dezerea Segura, Laurel
Confer, Brian Raines,
Megan Spangler,



Vickie Frantz / Eagle Eye

The Roxy Theatre is Lock Haven's "only source of entertainment."

Katrina Guitner, Kara Martin, Amanda Brungard, Kelly McManus, Jake Smith, Brooke Bardo, Tracey Rishel, Jimmy McGowan, and Marissa Barner.

In 2005, art students from Central Mountain High School again returned to paint the other hallway wall. This mural represents films in a format that resembles movie posters. Films such as Rocky and Bullwinkle, The Grudge, and Pearl Harbor are represented among a few others.

The students who painted these scenes are: Biony Bhatt, Kyrie Andrus, Corey Beck, Sarah Berfield, Andy Gonzales, Jenny
Johnson, Kristina
Kreitz, Sarah Eckholm,
Sara Wolfe, Annika
Johnson, Cassie
Englert, Crissy
Englert, and Mindy
Boyer.

As the interior of the theater has changed since 1936, so have the prices. Ticket prices in 1941 were: Matinee Adults 40 cents, Evening adults 55 cents, and children 17 cents. In the year 2000 the prices changed to: \$4.00 for adults and \$3.00 for the matinee and children. Today the prices have gone up to \$6.00 for adults and \$5.00 for the matinee, children and senior citizens over 65.

The snack bar prices have also changed. In 2000 the price for popcorn was \$1.00 for small and \$3.00 for large. Today, the cost is \$1.50 for small, \$2.50 for medium, \$3.50 for large and \$4.50 for extra large. In addition to popcorn and soda, today you can enjoy nachos as well. management can also get you Domino's Pizza upon request.

As a Lock Haven University student, you can get discount movie tickets in the Parson Building on campus. Tickets are available in the Student Activities Office.

Vickie Frantz / Eagle Eye
The walls of the Roxy are covered with paintings done by Central Mountain HS students.

Spotlight: LHU's hidden talent

For the love of music

Biancha Kranzley Guest Writer bkranzle @lhup.edu

From the small town of Hookstown, PA, Shelby Straight, a current freshman here at Lock Haven University, grew up loving music.

At a very young age, Straight was inspired by her grandfather, Charles Straight, when they would ride in the car together, and sing along with the radio. As Shelby got older, her interest in music began to grow as well.

She was in her high school and church choir, where she was praised for her beautiful voice after performing solos. Her choir would even perform songs in various languages such German, French, and Latin. Straight really enjoyed being in the choir because, helped me learn about different cultures," she said.

Straight's ambitions to become a famous singer seem to completely grasp her. When she was only 13 years old, she and her friends started a rock band named The Rebel Chicks, where she was the lead singer. Even though she was in a rock band, Straight is particularly fond of Country music, and her favorite country singer is Reba McEntire.

Most people don't know that Shelby is a twin. She jokingly said how she inherited most of the singing talent between her and her sister Holly.

As of now, Straight has not declared her major yet, but in the future she hopes to major in Music. She originally wanted to be a music teacher, but she said that because she loves singing and performing so much, she hopes to become a singer. When she finishes college, she plans to move to Tennessee and watch her singing career grow.



Aurica Hurst Guest Writer ahurst@lhup.edu

Entering Lock
Haven as a freshman
from North
Philadelphia,
Marcellus Smith is a
R&B singer/songwriter, in a world of
rappers.

He realized his talent at the age of eight and never looked back. Though he favored Michael Jackson's singing style, especially in the song "Please Don't Let Go of My Hand," his favorite R&B artist is now Neyo. Marcellus considers Neyo a lyrical king. Being a songwriter himself, Marcellus finds Neyo's "swagger," the hottest in the R&B game.

Cell (as friends call him), first performed in a talent show at a local middle school called Central Field Middle. When he sang "You Should Let Me Love You," by Mario, the crowd stood to their feet and the preteen girls melted.

The young R&B singer/songwriter says that his mom is the one

who motivates him the most, and especially to be different from the majority of men who also rap in his home-

town.

"I sing because it makes me feel good and it makes others feel good," said Smith. Since Smith can sing and write, he relates a majority of his songs to his own life experiences and/or just life situations that listeners may find themselves in.

Living in Philly gave the young artist ample opportunities to move forward with his singing career, so it's not surprising that by age 16, Smith was signed to ReAct Management.

Smith had his most memorable performance at 1310 N. Broad St. in Philadelphia. He sang a duet with a fellow ReAct member, and they performed an original piece called "It's Gotta Get Better."

After only a year of being signed with ReAct Management, he decided to rip up his contract because they showed more attention to the rappers who were racking in \$500 a performance. Smith

knew that his future held greater endeav-

In the future he hopes that his singing and songwriting talents will be the blueprint for his own business success.

ss success. When asked to give advice to any up and coming singer/song-writer, Cell only had one thing to say, "The more people put you down, the more you should want to prove them wrong."



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Jay-Z returns to the music scene:

A review of his latest CD

Antoine Goode Guest Writer agoode@lhup.edu

Back with his eleventh studio album, rapper Jay-Z is set to make history. If his latalbum Blueprint 3" reaches number one on the Billboard Charts, he will surpass the legendary Elvis Presley in most number one albums sold.

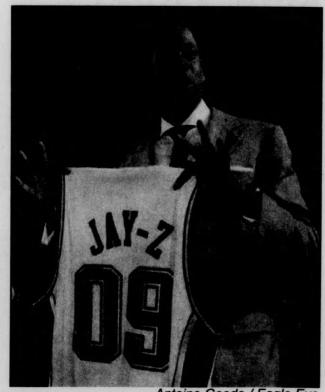
After the rapper claimed he would go into retirement after the release of "The Black Album" in 2004, he has returned to the music scene in 2006 and has thus far released three more albums. With mixed reviews on his comeback album "Kingdom Come" in 2006, the rap icon has shown that he has grown as an artist and that he can rap about other subjects rather than sex, drugs and money.

With die-hard fans wanting to listen to the "old" Jay-Z, the rapper who spoke on such things, went back into the studio in 2007 to show the world he still has what it takes to hold the title "The Best Rapper Alive." His "American album Gangster" coincided with the movie "American Gangster" starring actor Denzel Washington, and was released the same day the movie hit the Box Office.

Since 2007, the rapper took a short break from the mic to pursue other ventures, such as his partnered ownership of the New Jersey Nets, and his "40/40 Night Club," as well as signing a new deal with Live Nation after buying out his contract to Def Jam.

Despite his busy schedule, Jay-Z still finds time to get into the studio and make records. Even though he did not release an album in 2008, he remained present in the industry by making guest appearances on popular records last year.

He was featured in songs such as Lil Wayne's chart-topping Hip-Hop anthem "A Milli," to Coldplay's radio smash "Viva la Vida." But it wasn't until fellow label-mate,



Antoine Goode / Eagle Eye Jay-Z poses for pictures while holding a personalized basketball jersev.

"The Glow in the Dark Tour," where Jay-Z made a surprising guest performance, and showcased a snippet of his new song entitled "Jockin' Jay-Z."

He performed a verse of the song, which caused speculations of a sequel to previous albums "The Blueprint" and "The Blueprint 2 (The Gift and The Curse)" to come about.

The official first single of the album entitled, "D.O.A." (Death of Auto-Tunes), released this summer. The controversial song took a shot at a vast amount of musicians who use the ever-sopopular "auto-tune," a sound which recent artists like Zapp & Roger and Teddy Riley use to enhance their vocals on tracks.

The art form was then brought back to life by rapper/singer "T-Pain" who has had much success with autotune, making it sort of his personal style. It wasn't until artists such as, Kanye West, Lil Wayne, and Ron Browz began to take over the art form and use it to add to their own suc-

It didn't take long before the auto-tune sound was used on practically every song on the radio. The sound became very extremely repetitive to listeners, so Jay-Z took it upon himself to change things up. Although the song was not a commercial hit, Jay-Z created a buzz and everyone had their own opinions about the song.

On September 8, 2009, Jay-Z's latest album "The Blueprint

local music stores, and on September 11, 2009 (which was the same release date of the prequel "The Blueprint" in 2001), it was released on iTunes for digital download.

There is a total number of fifteen tracks on the album, all ranging from upbeat club songs like "On to the Next One" (produced by Swizz Beatz) and "Off That" featuring a popular new artist named Drake (produced by Timbaland) to laidback tracks like Ambitious" featuring Pharrell (produced by The Neptunes) and "Young Forever" featuring Mr. Hudson (produced by Kanye West).

The album is very well laid-out; every song packs subliminal punch lines that will have the listener rewinding the track to hear exactly what was said. With his popular song "Run This Town" featuring Kanye West and Rihanna on the Billboard Charts, Jay-Z shall continue his commercial success and hopefully sell a decent amount of records.

This is very tough, due to illegal music downloads, bootlegging, and fans not being able to afford CDs. I personally like the album; I think Jay-Z has progressed as an artist and it shows. He is in his late thirties and is still very relevant in the Hip-Hop genre.

My personal favorites on the album are "Empire State of Mind" featuring Alicia Keys, and "A Star is Born" featuring his new artist J. Cole. Each song showcases the talents of a great lyricist (who doesn't

write lyrics down, they are all mental). I would highly recommend album to anyone who has ever been a fan of Jay-Z. Even if you're not a fan and just want to hear nice beats, go out and purchase the album. I'd give the album a decent four out of five "The stars. Blueprint 3" is in stores now, go out and pick up your copy today.



Eagle Eye

Avenue 209 is located on Bellefonte Avenue, next to Wendy's.

"Rock the Haven" **Talent Search**

Lyndsey Hewitt Photo Editor lhewitt2@lhup.edu

Avenue 209 Coffee House, the new hot spot in Lock Haven for college kids and families alike, will be hosting a "Rock the Haven Talent Search" contest beginning Thursday, September 17th and continuing until October 15th.

Avenue 209 will be working with Music One, a local music store also in downtown Lock Haven, to provide an "American Idol-ish experience".

-- Each week one person will be selected by the judges to proceed to the final round.

-- Each participant has 15 minutes to set up and perform.

-- The audience will participate in the judging through a ballot system.

-- This contest is has 5 contestants for

open to bands and solo artists and there is no fee to enter.

-- Registration forms are available at Avenue 209 Coffee House or at Music One.

Although all participants will be rewarded for their performance, the grand prize is a Tascam 8 Channel portable recording studio, which is valued at about \$1,000 at retail price. It is being donated by Music One. Four salons have also agreed to give the winner of each night a free make-

"This contest will be a great opportunity to give some local musical artists a great incentive to come out and perform. We hope that it'll be a big hit and bring in some very talented people," said Reves. James the barista newest Avenue 209, and also a Lock Haven University

So far, Avenue 209

the first night.

Some of the judges include "Mark the Shark", a local DJ, and Mike Romanesky from the band "Red Monday".

While the Rock the Haven Talent Search will be going on, Avenue 209 also has a happening schedule each week and encourages everyone to stop

Wednesday nights at 7 p.m. is Open Mic Night and artists of all kinds are welcome to come and perform on

Thursday nights at p.m. is "Writers Group" meetings, where anyone and everyone is welcome to come and discuss their own writings, critique, and talk about books.

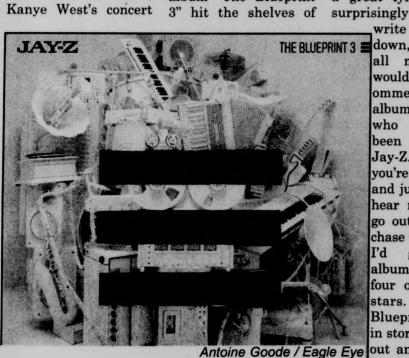
On Fridays and Saturdays, Avenue 209 usually hosts some sort of live musical performance, which is open to the public.



The above flyer is available at the PUB for anyone interested.

For more information about the "Rock the Haven Talent Search" call: (570)748-6738

Hours of Operation: Mon - Sat: 7:00 am - 10:00 pm



Jay-z's new album, "The Blueprint 3" promises more of his signature talent.

Expand your mind by expanding your horizons:

The benefits of studying abroad during your college years

Jenalyn Meacham Guest Writer jmeacham @lhup.edu

How many foreign exchange students have you talked to so far this semester?

Not many students know that LHU has approximately studying here this semester; out of that, 53 are even 4-year students. In a short span of time, it is easy to see the differences between their culture and ours. The most common answer among these students? The food. Overall, they have reported that they are enjoying their time here as they learn more about life in the U.S.

Lauren Wright from England hopes to gain more confidence while she is here. She finds it interesting how, although we may speak the same language, she sometimes has no clue what someone is saying.

Wright joked about how she has almost been run over 10 times: "Everyone is driving on the wrong side of the road." Wright laughed. Though it has been quite a culture shock and she describes the United States as "a different world," she has come here to "do as the Americans do."

Olga Cherevko is a sweet, soft-spoken junior from Ukraine. She is excited to learn more about the American Education System and to meet new people.

Olga said she thought a big difference from her home is "how open and friendly Americans are." Olga went on to explain why she chose the United States, and said, "I have been to Poland and Hungary, so why not try the United States?" Olga recom-

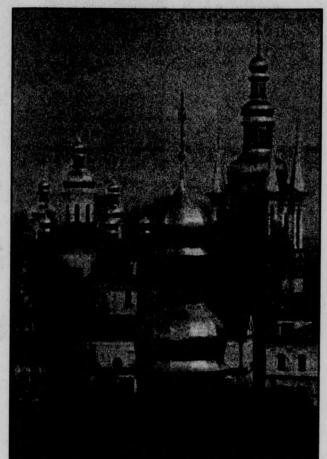


Photo courtesy of Google Images

mends that everyone visits Ukraine.

Julianna Nascimento, a senior from Brazil, started out in Kansas and ended up in Lock Haven. Nascimento came here for the volleyball program and has been here for 2 years.

She hopes to make the best out of this year because she will be graduating and heading back to Brazil. She is sad to leave her friends that she made here. Julianna said, "I have had a great experience in Lock Haven and will miss it a lot."

Not only do some students come to Lock Haven from other countries to study, they also come to Lock Haven to study abroad through the excellent program offered.

Min Feng from China is one of these students. She traveled with Lock Haven to London this summer and had a blast. She had three days of classes a week and went to 11 theatre productions! Min lived in a "flat", or apartment, where she was able to experience

everyday life in London. She describes London as "a very cosmopolitan city. Everyone dresses up everyday, and there's so much going on."

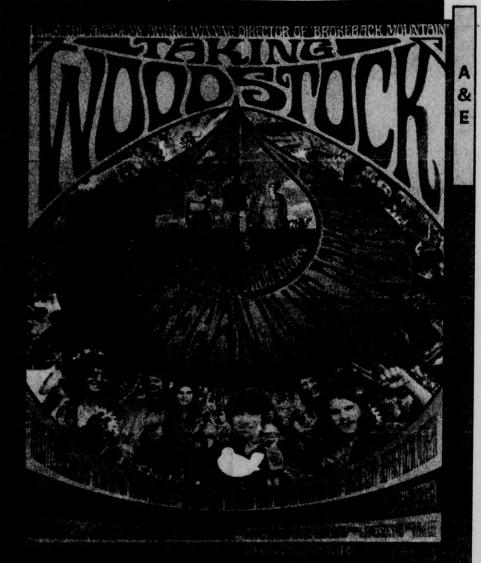
She also described how the British language differs from the English language. In London, instead of saying "dollar bill" or "cash," they call paper money "notes" and the subway is called the "tube." As for navigating around London, "It's so much easier than navigating around places like here or New York." Min "London was such an amazing experience!"

These world travelers have various cultural backgrounds and plenty of stories to share about their experiences. Don't hesitate to introduce yourself and learn something you may not have known before about a foreign country; who knows, maybe it will spur your interest to do the same.



Photo courtesy of Google Images

Students that wish to travel to new and exciting places should visit the Study Abroad office in Raub Hall for more information.



AriannaSchimek / Eagle Eye

"Taking Woodstock" made its official theatre debut on 28 August 2009 in honor of the 40th anniversary of the Woodstock Festival.

Sex, Drugs, & Rock and Roll

A review of Ang Lee's new film "Taking Woodstock"

Arianna Schimek A&E Editor aschimek@lhup.edu

Woodstock was a music festival, regarded as "An Aquarian Exposition: 3 Days of Peace & Music," that took place at Max Yasgur's 600-acre dairy farm near White Lake in the town of Bethel, New York, from August 15 to August 18, 1969.

The name Woodstock alone evokes so many themes in the mind from the 1960s counterculture to the explosion of youth music and sexual liberation.

Ang Lee's "Taking Woodstock," focuses on some of those themes and creates an enjoyable, uplifting movie that brings modesty to a subject that has become synonymous with extravagant myth-making.

"Taking Woodstock" operates on the principle that contemplation of historic events from the margins can be more revealing than from the hot center.

Most of the concert takes place out of sight of the camera, and although it shows an immense traffic jam; fields littered with trash and hippies gleefully sliding through mud, "Taking Woodstock" pointedly shies away from spectacle, the better to focus on how the lives of individuals caught up by history are transformed.

Comedy performer, writer and stand-up Demetri Martin plays Eliott, the main character from whose memoir, "Taking Woodstock: A True Story of a Riot, a Concert, and a Life" (written by Tom Monte) the film was adapted. Eliott is a sweet, calmmannered, semi-closeted gay interior decora-

tor who has returned home from living in Greenwich Village, to the Catskills to help his parents, Jake (Henry Goodman) and Sonia (Imelda Staunton), Jews who emigrated from Russia, keep afloat their financially failing motel.

As the head of Bethel's Chamber of Commerce, Elliot offers the motel as a home base for the promoters of Woodstock Ventures after the company loses its permit for an arts festival in the nearby town of Wallkill.

Eliott also smoothes the way for Max Yasgur (Eugene Levy), the dairy farm's owner, and Michael Lang (Jonathan Groff), the festival's prime mover. to make a deal. Mr. Groff's Lang is presented as a suave hippie capitalist with a streak of grandiosity; appears, knight like, atop a horse near the end of the movie.

In a relationship that is made much more emphatically in Mr. Tiber's memoir, the movie explicitly connects Woodstock to the gay-liberation movement and the Stonewall riots, which took place two months earlier that summer.

"Taking Woodstock" is a gentle, meandering celebration of personal liberation at a moment when rigid social barriers were becoming more permeable, at least among the young.

Elliot and his parents lead the list of those experiencing pangs of enlightenment amid the hippie swarm. The little bit of the concert that is shown during the movie is a glowgolden circle glimpsed in the far distance amid a throbbing acid haze outside the van of a gentle hippie couple, where Eliott trips on LSD for the first time.

Elliot is cuddled and caressed by both the girl and the boy. The trip sequence is benign compared to other various sequences in movies depicting the infamous psychedelic period. Elliot also takes inspiration from Vilma (Liev Schreiber) a ferociously masculine, kindhearted, dressing Marine who appears at the motel and provides its securi-

their moment of enlightenment, Jake and the dismal; penny-pinching Sonia surrender their inhibitions after ingesting some hash brownies, and suffer a major case of the giggles, which happens to be one of the funniest scenes in the movie. healing also extends to Elliot's high school friend Billy (Emile Hirsch), a paranoid Vietnam veteran suffering from posttraumatic stress disor-

All in all as a movie buff, and intense fan of the 'talented musicians who rocked Woodstock, I was very impressed with the film; however I expected more recreated footage of the actual concert and its performers, but then again, it would have been nearly impossible to recreate such rock and roll legends like Jimi Hendrix, The Who, Janice Joplin. Nash & Young, and 28 others.

The film depicts the overlooked story behind the creation of the legendary Woodstock Festival, which makes it just as fun to watch. The film opens the eyes of viewers of all ages and generations, to see the everlasting impact of an amazing "3 Days of Peace & Music."

Reading Corner:

Sharing our love of literature with yours

Jared Conti is a non-traditional senior majoring in English with an emphasis in writing. He will be interviewing readers around campus to find out who, what, and why they read, so that fellow book lovers can discover new material to enjoy. But first, he will introduce himself!

Q: What are you reading right now?

A: I'm reading DC Comics' Green Lantern and Green Lantern Corps "Blackest Night" crossover event. GL is brought to us by Geoff Johns and Doug Mahnke, GLC is helmed by Peter Tomasi and Patrick Gleason.

Q: Are you enjoying it? Why or why not?

A: Absolutely. Nothing better than creepy, undead superheroes. And Green Lantern, of course.

Q: When did you first start reading?

A: I've been reading longer than some of you have been alive.

I started getting into comics again a couple of years ago with a really great "Amazing Spider-Man" issue written by J. Michael Strayzinski. Bitchin' tribute to the real heroes of 9-11. First comic to make me cry, swear to God.

Q: What do you like to read most?

A: Comics tickle my fancy in how they can have complete stories wrapped up in a single issue, and others that take months to follow, opening up new ground for bigger and better stories. But I'll admit to being an easy read. As long as I'm hooked, you can normally keep me up all night.

Q: When and where do you typically read?

A: I'll read anywhere, just as long as I can find me some free time with everything else I've got going on. Much easier than getting to my writing.

Q: What do you recommend to other readers?

A: DC's pulling out all the stops with "Blackest Night", but I'd start with Johns' "Green Lantern: Rebirth". Digging Peter David's "X-Factor" as well as Robert Kirkman's "Invincible" and "The Walking Dead".

Q: Favorite authors?

A: I'd like to say what I'm writing personally is the best thing I've got going. There's so much I want to get out there, but it's hard pulling all the little voices out of my head. I'm trying to get something a little different down on paper that no one's tried before so I can finally have something I'm jonesing for where I can get it all in one place, ya dig?

Q: Favorite English professor? A: That would be telling.

Q: Favorite English class?

A: Enjoying fiction workshop right now. I sit near Tepper and bug the snot out of her.

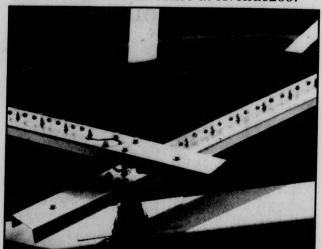
Q: Favorite book?

A: Could read King's "Dark Tower" series over and over again. Tana French's "In the Woods" got me back into reading from the Faulkner slump last semester. Would love to re-read "The Book of Joe" by Jonathon Tropper.



Photo of the Week:

Each week there will be a picture of a place on campus that you may not recognize: we challenge you to guess what or where you think it is! The first person to email us the correct answer at lhueagleye @yahoo.com will win a free small coffee at Avenue209!



Now **Showing at** the Roxy:

Julie & Julia (PG-Thurs Sept 17 7Pm Fri Sept 18 7Pm

Sat Sept 19 2Pm

Sun Sept 20 2Pm Final Destination R-ID Needed! (R) Wed Sept 16 7Pm

Thurs Sept 17 7Pm

9 (PG-13) Fri Sept 18 7Pm,9:20Pm Sat Sept 19 2Pm, 7Pm, 9:20Pm Sun Sept 20 2Pm,7Pm

Mon Sept 21 7Pm Tues Sept 22 7Pm Wed Sept 23 7Pm Thurs Sept 24 7Pm

Jennifer's Body R-ID Needed! (R) Fri Sept 18 7Pm,9:20Pm Sat Sept 19 2Pm,7Pm,9:20Pm Sun Sept 20 2Pm,7Pm Mon Sept 21 7Pm

Tues Sept 22 7Pm Wed Sept 23 7Pm Thurs Sept 24 7Pm

Gamer R-ID Needed! Fri Sept 18 9:20Pm Sat Sept 19 7Pm,9:20Pm Sun Sept 20 7Pm Mon Sept 21 7Pm Tues Sept 22 7Pm Wed Sept 23 7Pm Thurs Sept 24 7Pm

Tepper's Top 10

Your weekly source for all things entertainment!

1. Movies: Transformers 2 will be playing in Price at 7 on Friday. Admission is free to LHU students! See the Roxy listings for recent movies.



2. TV: This week's season premieres are as follows:

September 17 Survivor: Samoa (CBS), 8:00 PM/ET Bones (Fox), 8:00 PM/ET Saturday Night Live Weekend Update (NBC), 8:00 PM/ET Parks and Recreation (NBC), 8:30 PM/ET The Office (NBC), 9:00 PM/ET Fringe (Fox), 9:00 PM/ET Community [moves to 8:00 PM/ET October 8] (NBC), 9:30 PM/ET It's Always Sunny in Philadelphia (FX), 10:00 PM/ET

September 20 Curb Your Enthusiasm (HBO), 9:00 PM/ET

September 21 Heroes (NBC), 8:00 PM/ET Dancing with the Stars (ABC), 8:00 PM/ET House [2 hour premiere] (Fox), How I Met Your Mother

(CBS), 8:00 PM/ET Accidentally On Purpose (CBS), 8:30 PM/ET Two and a Half Men (CBS), 9:00 PM/ET The Big Bang Theory (CBS), 9:30 PM/ET CSI: Miami (CBS), 10:00 PM/ET Castle (ABC), 10:00 PM/ET

September 22 NCIS (CBS), 8:00 PM/ET NCIS: Los Angeles (CBS), 9:00 PM/ET The Good Wife (CBS), 10:00 PM/ET The Forgotten (ABC), 10:00 PM/ET

September 23 Mercy (NBC), 8:00 PM/ET The New Adventures of Old Christine (CBS), 8:00 PM/ET Gary Unmarried (CBS), 8:30 PM/ET Criminal Minds (CBS), 9:00 PM/ET Law and Order: Special Victims Unit (NBC), 9:00 PM/ET Modern Family (ABC), 9:00 PM/ET Cougar Town (ABC), 9:30 PM/ET CSI: NY (CBS), 10:00 PM/ET Eastwick (ABC), 10:00 PM/ET



3. Music:

Download this - "Two is Better Than One" by Boys Like Girls featur- missing Dan. The big Place chicken between ing Taylor Swift.



Weiner's

4. Books: I just finished reading

Jennifer

newest novel "Best Friends Forever" and highly recommend it to any chick-lit lover! From Publishers Weekly: "Chick lit doyenne Weiner offers airtight proof that the genre thrives with this clever. sad and sweet turn on Thelma Louise-style rage. Juggling the politics of broken families, heartbreaking betrayal and shaky self-esteem, two girlhood pals-ugly duckling Addie and wounded beauty Valerie-reconnect after their high school reunion, where Valerie exacts a long-in-coming revenge on smug forbeau Swansea. But the payback gets more complicated when police chief Jordan Novick, nursing a broken heart and a crush-at-first-sight with Addie, is called in to investigate Dan's

disappearance. Along

the way, Val and Addie

stage what may be the funniest not-quite-heist ever pulled off as they evade the heat over the payoff, of course, is that Addie and Valerie mend the mean-girls misunderstanding that drove them apart as teens and discover the shared pain and loss that bound them as kids and, once again, as adults. This beach read



with its wit and wisdom."

5. Food:

Tired of eating at Bentley? Take your roommate[s] to Weis for a shopping trip and whip up dinner in your dorm or apartment kitchen. Try this recipe for chicken piccata:

4 skinless boneless chicken breast halves 3 tbsp butter.

room temperature 1 1/2 tablespoons all purpose flour Additional all

purpose flour 2 tbsp olive oil 1/3 cup dry white wine

¼ cup

fresh

lemon juice 1/4 cup canned low-salt chicken broth

¼ cup drained capers (optional, but

¼ cup chopped fresh parsley

2 large sheets of plastic wrap. Using meat pounder or rolling pin, lightly pound chicken to 4-inch thickness. Sprinkle chicken with salt and pepper. Mix 1 tbsp butter and 1 1/2 tbsp flour in small bowl until smooth. Place additional flour in shallow baking dish. Dip chicken into flour to coat; shake off excess. Heat 1 tbsp oil in heavy large skillet. Add chicken and cook until golden and cooked through, about 3 minutes per side. Transfer chicken to platter; tent with foil to keep warm. Bring wine, lemon juice and broth to boil in 1 skillet over medium-high heat. Whisk in butterflour mixture and cook until sauce thickens slightly, about 2 minutes. Stir in capers, parsley and remaining 2 tbsp butter. Season sauce to taste with salt and pepper. Pour sauce over chicken and serve.



6.-7. Theatre/Travel: Satisfy your love of the performing arts by signing up for the NYC

bus trip and accompanying fellow students to see the Broadway production of Shrek the Musical! Cost is \$35. Sign up in the PUB today, seats go fast!



8. Crafts:

Use yarn to string photos and mementos from home across the walls of you dorm/bedroom. It's a convenient and useful way to keep home close to you!

9. Weekend Free Time:

While the weather is still semi-warm, take a walk with your friends and explore downtown Lock Haven. There are countless little shops and treasures to find: you may even find one of them featured in one of our future Local **Business Profiles!**

10. Quotes from People 20-35 Years Old:

Whenever I'm Facebook stalking someone and I find out that their profile is public, I feel like a kid on Christmas morning that just got the Red Ryder BB gun that I always wanted. 546 pictures? Don't mind if I