

Guest speaker defines contraceptive methods

By MELINDA SMALE Staff Reporter

On Monday night Mrs. Sue Congdon, outreach worker and office coordinator from the Family Planning Center at Lock Haven Hospital was the guest speaker at the Human Sexuality Series about Contraceptives.

Mrs. Congdon explained that the center provides health care services to couples and individuals. The objectives of family planning described by Congdon are primarily to provide a freedom of choice, for a woman to decide what type of birth control method

she wants to use. Secondly, the gynecologic health of a woman is very important whether she is pregnant or not. Above all, the health of the entire family is of great concern. The father's health is of grave importance since he is the one who deals with the financial pressures of the family.

"The most widely used method of birth control is the Pill," explained Mrs. Congdon, "it is the safest method and very effective - 99.7% effective."

The Intrauterine Device cont. on page 4



A GLIMPSE OF CHINA - Political Science Professor Shau Chi Yuan elaborated on the past and present status of Mainland China and Taiwan with faculty member Mr. Chu, to continue the Faculty Lecture Series in Bentley Hall Lounge. [Photo by OLLIE SMITH.]

College Choir to celebrate Bicentennial

By KIM GAZABAT Staff Reporter

The College Choir, under the direction of Mr. Gary Renzelman will perform in Sloan Theatre on Thursday night at 8 p.m.

The performance is divided into five parts. Together they represent "An American Heritage Choral Concert," which follows the Bicentennial theme for this year.

The five categories broken down into groups include Popular Stage Music, Folk Music, Revolutionary Music, 19th Century American Music, and music done by 20th Century composers. The show will open with music from the early stages of American and follow through with present day material.

Students reach upward in federal program

By FRED SCHULTZ News Editor

In an interview with Sandra Berkebile, Project Director for Upward Bound, she explained the concept of the program and who is eligible for it.

Berkebile, along with program counselor Cathy Ferrence works with high schools in a nine-county area surrounding the college.

High school students who meet the federal guidelines and financial criteria set up by the federal government are eligible for the program.

Upward Bound is conducted in two phases. The academic phase, which involves weekly meetings of high school students here at the college, includes career choosing, school selection, financial aid, tutoring, and counseling.

Students not only must meet the guidelines and criteria set up by the government, but also must have the academic ability to go on to a postsecondary school. The summer residence phase involves a six week period in the summer for high school students in which they spend time at the college

taking courses in a variety of areas taught by both college personnel and local high school teachers.

T.V. to feature local politician

By BILL STERNER Staff Reporter

The students of WBVB, channel 10, and Dr. William T. Reich announced yesterday the programs for the television this week. This Thursday's productions will mark the third week the television project of Lock Haven State students' has been broadcasting.

Leading the card of programs for this week's entertainment includes the variety news show, "This Week", hosted by anchorman Bill Mahon. The program features a special focus on State Representative Russell P. Letterman. In an interview from early this week, Letterman discusses some very interesting topics of concern to all

those involved in the State College system. Letterman also comments on the proposed revision of the Pennsylvania State Motor Vehicle Code which will eventually affect all motor-licensed residents.

On a much lighter side, Carl Rumbalski, renowned potter and professor at Lock Haven State, will be featured in a special program displaying the talent of pottery. The program, entitled "The Art of Pottery," shows Rumbalski displaying the talents of a stunning art which has been with man for centuries.

Moving from one distinct art to another, "Electric Sports Magazine" will focus on the recent Pennsylvania State Col-

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EAGLE EYE

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Publications of Lock Haven State College. Opinions expressed by columnists and feature writers, including letters to the editor, are not necessarily those of this publication. Letters to the editor are encouraged, but must be signed. Names will be withheld upon request. Contributions should be submitted at the Student Publications Office, PUB Ground Floor.

Performer conducts workshop as choir members sing solos

By WENDY AKELEY Staff Reporter

Victoria Villamil, opera mezzo-soprano, participated in a choral workshop Tuesday morning at 11:00 in Sloan, following her performance Monday night. Members of the College Choir sang solos they have been studying this semester under Mr. Gary Renzelman's direction to an audience of both college and local high-school students.

Villamil commented on each performance, giving her basic impressions of the singers' presentations. "All song is basically storytelling," she explained. "You really have to exaggerate in singing" to get the message across. She believes that although it is not always necessary to understand the words of a song, it is important for the singer to convey the piece's mood or atmosphere. She added, "I feel very strongly about listening to compliments and criticism from everyone," and urged the soloists to listen to any criticism they might receive and then make up their own minds as to who judged them rightly and who judged them wrongly.

Villamil then sang pieces from her Bicentennial program including Charles Ive's "Anne Street", Aaron Copeland's "Going to Heaven", and Charles Griffith's "We'll to the Woods". She illustrated what she had earlier pointed

out to the soloists, that one should play around with fun, little touches in each song to make if come alive. Her singing style, animated and versatile, kept the audience

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Greeks Speak

By BILL MCCOMAS Staff Reporter

With the fraternity housing situation still an issue, the Interfraternity Council (IFC) has been actively working on a plan to alleviate the problem. Presently, the individual fraternities are located at various places around the college, and many still have quite a bit of work to do to bring their houses up to the standards set by the building code office in Lock Haven. Others either don't have a house or are renting one. The IFC plan would relocate the fraternities in one area, and while each would still have their own house, they would be built as multi-unit dwellings rather then converting an existing property.

The land that the IFC is presently investigating is located on Glen Road near the site of the old foundation on college property. The land could be purchased from the college by the IFC and developed with electricity, water, etc. for future purchase and eventual building by the individual groups involved. The administration seems in favor of this plan which would create a fraternity complex similar to those at many other colleges and would help eliminate problems with both the city code office and the community. At this time, the idea is still in preliminary stages with questions remaining that include financial backing and the expected date to begin the work.

Elderly visited weekly by volunteers

By MELINDA SMALE Staff Reporter

"The program is designed to provide companionship for the elderly people at Susque-View, and to show that someone does care, counteracting any feeling of abandonment and rejection," explained Mrs. Delores Lynch.

Mrs. Lynch is the coordinator of the Susque-View Volunteer Program at LHSC. This semester 20 LHSC students meet with two elderly Susque-View residents for an hour each week.

In many cases the students are the residents only visitors. "Sometimes a student will visit their assigned resident and hear the same story week after week. Some of the residents can't remember from week to week that they are meeting with the same student," continued Mrs. Lynch.

"Those that are able, attend a program on campus in the Spring - usually the Aquafins of a play," she reported. Other programs the volunteers have arranged for the residents are the annual Christmas Party and a Spring/Easter Party. This semester a Spring Party is planned for Wednesday, April 7.

Anyone interested in helping with the party or the volunteer program should see Mrs. Lynch in Bentley 10. "Any student can volunteer. You don't have to be a Social Welfare major," Mrs. Lynch pointed out.



Men's, women's b-ball intramurals enter finals

By WENDY AKELEY Staff Reporter

Several intramural activities are slated to be starting soon, while intramural basketball for men and women is heading into the final rounds of competition.

In the men's basketball playoffs eight teams went into last night's quarter-finals. These teams included defending intramural champs Lambda Chi Alpha and runners up from last year's Phi Mu Delta. Also included were the Limies, Downtown Hoop, No-Names, Sigma Pi, Tau Kappa Epsilon, and the Playground.

The semi final round will be tonight at 7:30 p.m. with the finals coming up tommorrow at 8:15 p.m. in Thomas Fieldhouse.

The women's intramural basketball playoffs has six teams remaining in the quarterfinal round: Second Russell, Russel Roundies, Third Mc-Entire, Segram's Seven, Team B, and Kappas and Friends.

The semis will be this evening at 6:30 p.m. and 7:30 p.m. and the finals will be played in the Fieldhouse tommorrow evening at 7:00 p.m.

Intramural activities sched-

uled to begin shortly are swimming and volleyball. Intramural wrestling has been postponed until April 5.

Intramural swimming will have a single meet which will feature ten events, including four relays and six individual events. Included in the meet will be the 200 yard medley relay, 50 yard backstroke, 50 yard breaststroke, 50 yard freestyle, and 50 yard butterfly; also the 100 yard back relay, 100 yard free style, 100 yard breaststroke relay, 100 cont. on page 4



Action is delayed during the Penn State - Lock Haven women's varsity contest following a foul committed by an Eaglette player. The Eaglettes went on to win the contest 75-72 in overtime, the eighth victory of the season. [Photo by OLLIE SMITH.]

Haven women take Pitt in close game

By MARY FEUSNER Women's Sports Editor

In varsity action last week, the Eaglettes were host to the University of pittsburgh on Saturday afternoon. Pitt fell victim to the Eaglettes on their home court. A 60-54 win was the Haven's seventh victory of the '76 season.

The Haven's early lead of 17-8 pleased the spectators at the fieldhouse. Hudson and Ogle tossed the ball through the hoop for eight and seven points respectively. After a break in the action, Pitt returned to the court to employ their deliberate offensive set up. For the most part it was effective as they narrowed the Haven lead to two at the half. Pitt's Raymond, Jones and Senkowski had hit for seven points. Lock Haven's Hudson had worked inside for 12 points.

Pitt gained possession of the toss that started the second half. The Pitt guard hit from 15 feet to tie the contest at 31 all. It took Lock Haven four minutes to put points on the board in the second half.

A time out at 15:43, saw Pitt in the lead by four. The next ten minutes was marked by an exchange of baskets, but Pitt still retained the lead. At 2:33, guard Colleen Hacker ripped the cords for two points putting the Haven in the lead, 53-52. Hacker seemed to be the Haven spark in the closing minutes. When two Pitt players left the game with five fouls, the Haven took advantage. The game ended with the score, 60-54.

Barb Hudson was the only cont. on page 4

Fast, furious action expected Saturday

By GARY BRUBAKER Staff Reporter

Action will be fast and furious this Saturday afternoon as the 1976 Lock Haven United Indoor Soccer Tournament gets underway at noon in Zimmerli gymnasium.

Sponsored by the Lock Haven Soccer Club the \$10.00 entry fee from each of the 17 teams entered in the tournament will go towards the purchase of the team and individual awards. The remaining funds will be used in purchasing new uniforms for the 1976 Bald Eagle Soccer Team as well as to aid in paying entry fees for other indoor tournaments which the Haven may enter for the remainder of the season.

The seventeen entries will

be divided into four divisions; A, B, C and D with each team playing a respective team in their division in round-robin competition. The top two teams in each single division with the best record will then advance to the quarter-final elimination competition to determine the champion.

Thomas Fieldhouse will be the site of the quarter-finals through finals competition and will allow interested spectators to enjoy this fast-growing type of soccer competition.

Each game will consist of two seven and one-half minute halves. Overtime periods will be used only to determine the winners in the quarter-finals through finals competition.

Quarter-final action is set to get underway at 3:20 p.m., semi-finals at 4:40 p.m., consolation finals (for 3rd place) at 5:20 p.m. and the championship game at 5:40 p.m. This schedule is tentative because overtime games would naturally change the starting times of the different rounds.

Trophies will be awarded to the first, second, and third place teams.

Awards will be given to the top two individual players in the tournament and as an added feature, a "Most Valuable Player" trophy will also be awarded.

"Indoor Soccer is a fastermoving, more competitive game than outdoor soccer," stated Roger Bernecker, coordinator of the tournament and co-captain of the 1976 Lock Haven Soccer team. "You play the ball off the walls

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Lady jayvees sustain first loss of season

By MARY FEUSNER Women's Sports Editor

The University of Pitt jayvees handed the Haven jayvees their first loss of the season on Saturday afternoon.

First half action was dominated by neither team. The score at the half was, 35-33, in Pitt's favor.

A recharged Haven team returned to the court after the half time break. They pulled to a four point lead in two minutes. At 13:00 it was all tied up again at 45 all.

Reserve forward Lois Kapp came off the bench in the final minutes and performed well at both ends of the court. Lois hit

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Cuban singer to perform in Bentley tonight

Alicia Olno a native of Cuba and now residing in Florida will be performing at a coffee-house tonight. Alicia was featured as a lead vocalist and guitarist with the international music show "Up With People." Alicia's major worldwide appearances include programs for the King and Queen of Belgium, Expo '70, and the 1969 Presidential Inauguration.

Currently, Alicia is touring Florida, coming to central Pennsylvania for performances at LHSC and the State College area before heading to the Midwest.

Alicia is a very versatile artist having written and composed 30 original songs. She also performs songs by the Eagles, America, Elton John, and James Taylor, plus many more Spanish and American hits.

The coffeehouse tonight sponsored by the Residence Hall Association (R.H.A.) is scheduled for 8 p.m. in Bentley Lounge. Admission is free and all are invited to attend.

guest

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or I.U.D. was said to be the second most widely used method. The I.U.D. is reported to be 97% effective.

"With this back to nature kick, many women are using the diaphram," commented Mrs. Congdon, "it is becoming very popular." One reason given for its popularity is that some women don't want to hurt their bodies by taking synthetic chemicals. Other contraceptive methods discussed were the Rhythm Method, various creams, jellies, and foams, and the Billings Method. The latter is the newest type of contraceptive method offered, but it is still in the testing stages.

Mrs. Congdon reported that the Family Planning Center at the hospital is opened Monday thru Friday from 8:30 a.m. to 5:00 p.m.

performer

cont. from page 2

with her even during piano interludes where, although she had ceased to sing, she continued to keep the pulse of the song. Ending with "St. Louis", a popular song of the early 1900's, Villamil sent her audience out singing.

haven

cont. from page 3

Haven player to hit in the double figures with 24. Ogle and Landis added nine and eight points respectively. Rebounding honors went to Hudson and Ogle with 13 and 10 respectively.

Raymond, Loeffler, Jones and Senkowski had 13, 12, 11, and 11 points respectively for Pitt.

t.v. to feature

cont. from page 1

lege Athletic Conference wrestling championships which were held at Bloomsburg last weekend. Hosted by Bill Sterner, guests include Ur. Ken Cox, head mentor of the Eagle matmen, and the 1976 PSCAC, 158 pound champion George Way. Cox and Way will discuss the recent tournament at Bloomsburg, and will give wrestling fans a preview for this week's Eastern Wrestling League championships at Penn State.

Rounding out the schedule for the evening will be "Interview," hosted by Priscilla DePew. This week's program highlights the Maylaysian exchange students at Lock Haven State.

Programming is scheduled to begin at 7 p.m. Thursday, and wind up at 11 p.m.

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men's,

cont. from page 3

yard backstroke, and the 200 yard freestyle relay.

The meet will be next Tuesday, March 2 at 7:00 p.m. in the Zimmerli Pool. Rosters are due Friday, February 27 before noon.

For additional information on any intramural activity or a roster call Mr. Burdett at ext. 264 or go to Zimmerli 111.

lady

cont. from page 3

for six points and pulled down five rebounds but her efforts, along with the team's efforts weren't quite enough to pull the Haven through. The Haven lost the contest 71-68.

Maureen Brady hit for two game high 22 points in the losing cause. DiGiacoma and Fry of Pitt hit for 20 and 18 points respectively.

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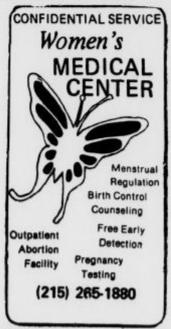
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and the only thing that stops play is what is called a 'high ball,' where the ball is kicked higher than an imaginary eight foot high mark that encircles the playing area. If a ball goes above that mark the team whose member made the kick forfeits control of the ball and the defensive team takes over."

Teams competing in the tournament are: Division A, Bucknell A, Indiana B, Chambersburg, and East Stroudsburg. Division B: Lock Haven B, Montgomery County Community College, Temple, and Elizabethtown A. Division C: Slippery Rock, Elizabethtown B, Scranton A, Bucknell B, and the University of Pittsburgh at Johnstown. Division D: Lock Haven A, Indiana A, Scranton B, and Muklenburg.

Announcement: On March 1, questionnaires concerning LHSC Impact on Lock Haven will be distributed by Hall counselors to all dorm residents.



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