

Field Hockey dominates
See, B1



Comedian entertains student body
See, B8

Index

News.....A1-A4
Classifieds.....A5
Opinions.....A6-A7
Clubs/Organizations.....A8
Sports..... B1-B4
Features.....B5-B8

The Eagle Eye

Parsons Union Building
Lock Haven University
Lock Haven, PA 17745
Newsroom - 484-2334
Business Office - 484-2753
lhueagleeye@yahoo.com
lhueagleeye.com

Vol. 67 Issue 2
www.lhueagleeye.com



Lock Haven University's Student Newspaper

Thursday, September 18, 2008

Lunden Administration:

SCC sees new VP, changes in club approvals and senate meeting times

Adam Roberts
Editor in Chief
aroberts@lhup.edu

Student Cooperative Council (SCC) will officially get started with the year's first senate meeting on Sept. 24, but President Chris Lunden has been working on changes for the student government all summer.

Lunden, who ran unopposed last spring, officially replaced former President Will Dowd on May 15.

His summer has been filled with organizing training for his nine-person executive board, which was held in late August, and senate, which will occur at the first meeting.

The executive board, which consists of three elected positions, President, Vice President and Treasurer will include a different face at Vice President then the spring ticket suggested.

Andres Mendoza, a two-year senator, was appointed by Lunden as the acting Vice President.

Mendoza, who must be confirmed by the senate with a two-thirds vote, is replacing Neal Newmark, senior.

Newmark resigned in mid-August when he found out he would be working for the U.S. Border Patrol beginning in January.

Newmark will be walking in the fall graduation ceremonies and using the U.S. Border Patrol Academy as internship credits.

Mendoza will now take over Newmark's workload and perks, receiving 80 percent of his tuition paid.

His appointment came because of his experience and the fact that he, "does what needs to get done," according to Lunden.

"(Mendoza) is in line, goal-wise, with what we want to get done," Lunden said.

One of those things will be the consolidation of senate meetings from two per month to one.

Lunden hopes the move will push more students to become involved if they are only committing to a monthly meeting.

One meeting will also help "maximize time," according to the President.

With two meetings becoming one, Lunden says he is not worried about the meetings becoming lengthy as senators will be given an agenda

with enough time to ask questions.

"People will know what's going to happen beforehand," said Lunden who says his administration is stressing open communication between both the students and the senators.

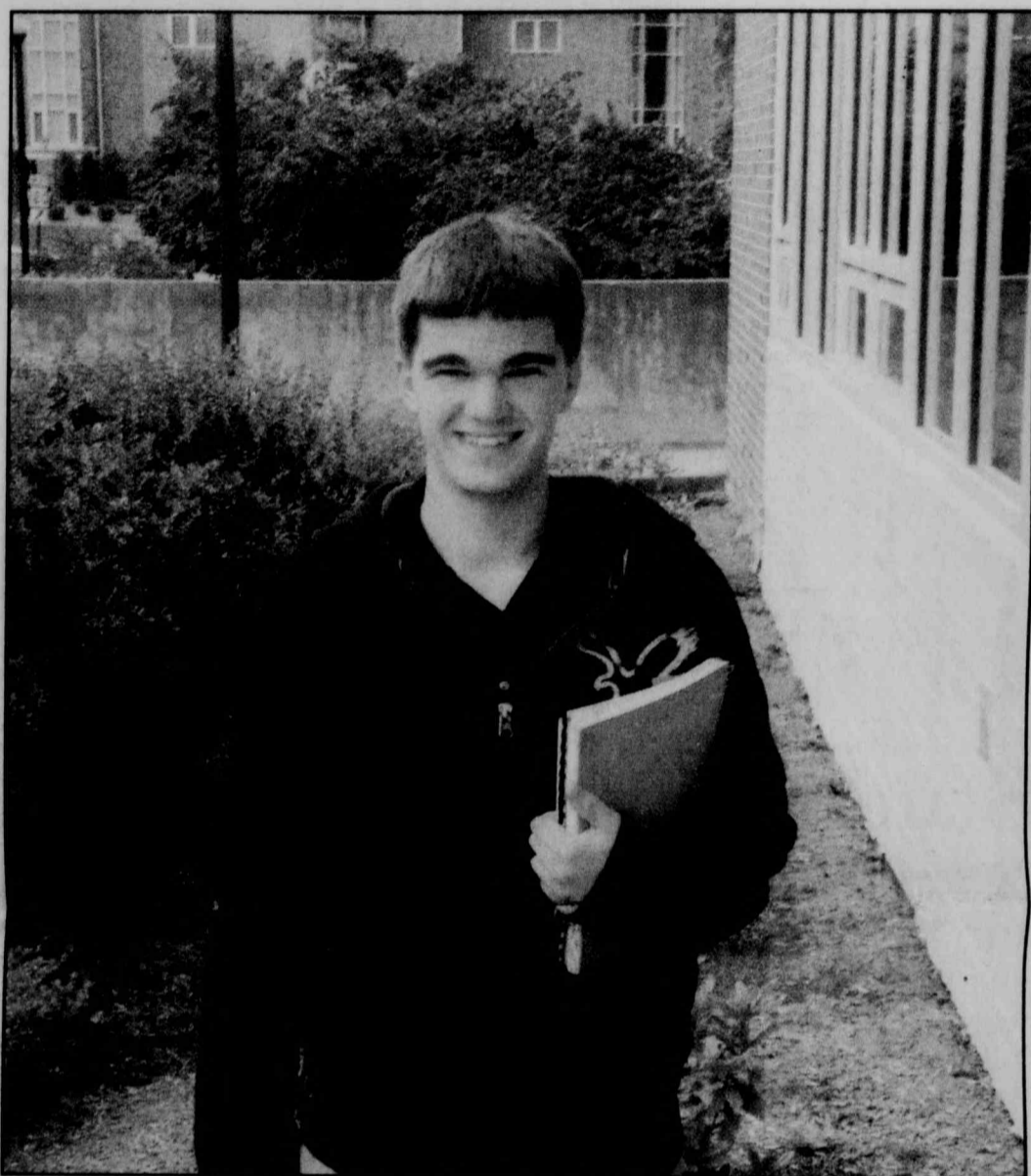
The approval of SCC recognized clubs will also be adapted under this presidency.

While the previous system brought new clubs under the SCC sporadically during the semester, the new structure will uniform the process.

According to Lunden, students interested in forming a new club will meet with the Director of Student Activities, Jodie Smith, or the Assistant Director of Student Activities, Matt Wise.

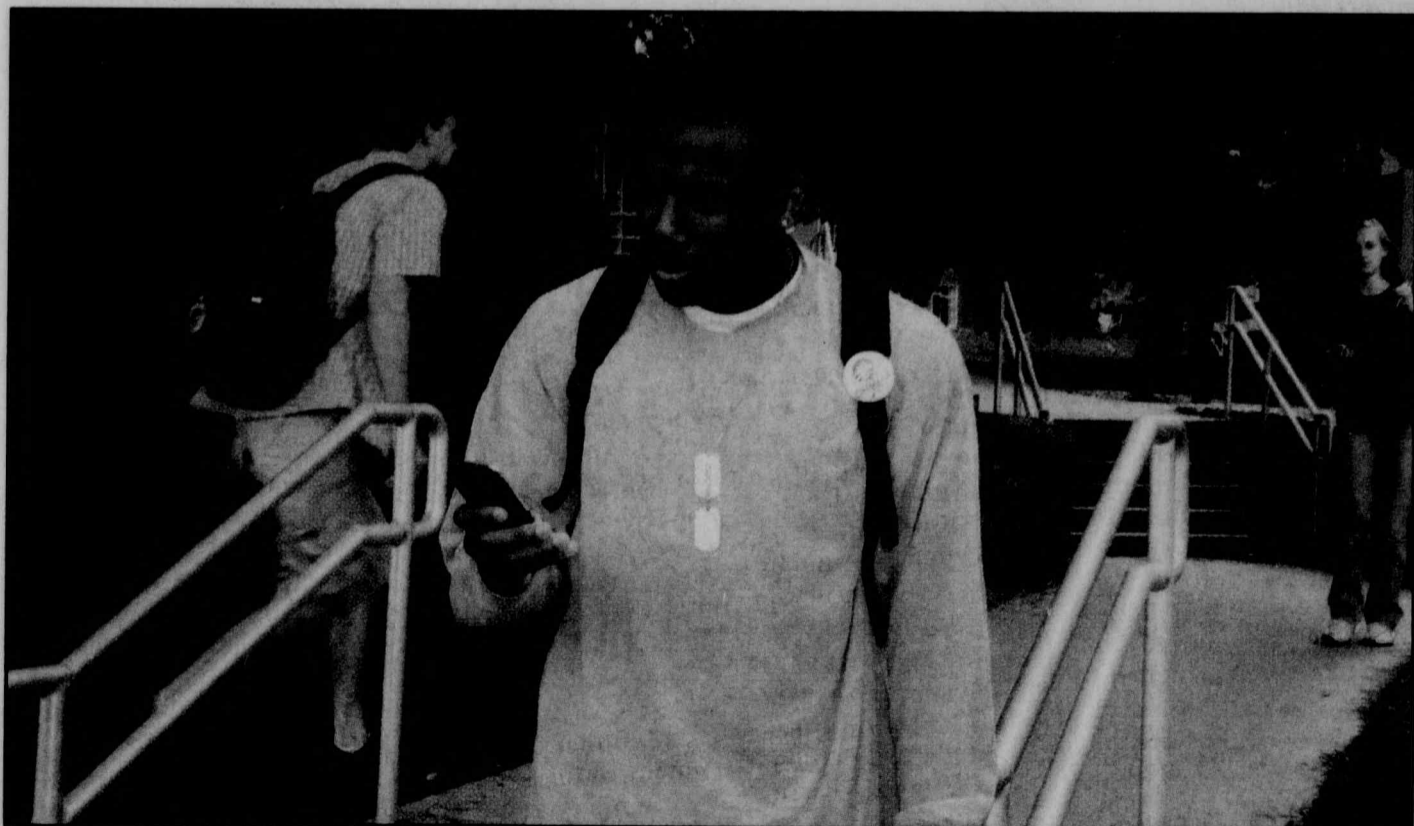
The club founders will then bring their constitution before the Ways and Means committee, the executive board and finally the senate for approval at the last meeting of the semester.

All of Lunden's new proposals need to be approved by the senate to become official.



Adam Roberts/Eagle Eye

SCC President Chris Lunden will work with seniors Donald Amoriello, treasurer, and Andres Mendoza, the acting vice president. The first SCC meeting of the semester will be held Sept. 24 in the PUB.



Adam Roberts/Eagle Eye

Kelvin McLean, senior, checks his text messages on campus. Students can now register to receive university updates on their cell phones through the e2campus program which started last year.

Text messages to alert students

Caitlin Chciuk
Staff Reporter
cchciuk@lhup.edu

Text message alerts are back this semester and returning students, along with new students, must visit the university's

homepage and enter their cell phone numbers to be re-enrolled into the system.

The university joined the more than 250 colleges and universities, last year, in efforts to improve communication to students in the event of everything from a snow day to an

emergency situation. "The University is always looking for additional measures to ensure the best communication to the campus community in the event of an emergency," said Scott Eldredge, director of web development.

The text-message sys-

tem was originally introduced to inform students who signed up of weather-related class cancellations.

See, Alert, A4

Trustees raise student fees

Christina Shuman
News Editor
cshuman@lhup.edu

spent on other tasks other than debt collection.

Students, who fail to pay their student bill on time or those who return after an absence from the university, will find that the fees have increased.

The Lock Haven Council of Trustees has increased the late payment fee from \$30 to \$50.

For students who are returning to the university after more than a semester, must reactivate their account.

The returning student deposit, which used to be \$35, has increased to \$200.

The vast majority of students do pay their bills on time, according to Student Financial Services Office.

By increasing the fee amounts, the office is hoping that even more students will have more encouragement to begin paying their bills on time.

This means that more of the office's time can be

These fees do not change often but changes can occur at any time and it is the responsibility of the Council of Trustees to do this.

LHU took a survey of the other 13 schools that make up the Pennsylvania State System of Higher Education (PASSHE) and found that they have fixed late fees.

Lock Haven will enforce the late payment fee if a student owes more than \$100.

Financial Services requests that students contact them if they have any problems paying their bills on time.

Loans, for instance, may take a while, and as long as the office knows that the funds are on their way, there will be no late fee for the student.

See, Fees, A4

New year, new faces: Dr. Lynn Bruner

Amber Haerberle
Staff Reporter
ahaerberl@lhup.edu

The psychology department has a new face in its ranks, as Dr. Lynn A. Bruner has recently joined the department as a first semester assistant professor on the tenured track.

Bruner has a bachelor's degree in psychology and in music therapy from Oberlin College in Ohio.

She completed her doctorate degree in counseling psychology in 1997 at the University of Pittsburgh.

During her career, she has worked at various college campuses including here at the Haven where she took over for Dr. Dan Tess for a semester as the director of LHU Counseling Services.

Five years ago, Bruner opened an office in downtown Lock Haven.

She is looking forward to teaching here this semester and for semesters to come.

Dr. Tara Mitchell, a fourth year psychology professor added, "Dr. Bruner is a wonderful addition to the department. She combines a strong commitment to the practice of psychology and the research of psychology, making her an excellent instructor and mentor."

Q: What classes are you teaching this

semester and in the future?

A: I am teaching three sections of adolescent psychology and a section of writing in psychology this semester.

In future semesters, I plan on teaching some skill classes such as psychotherapy and counseling skills, as well as theories of personality.

I am also really excited about teaching health psychology, which has not been offered at this university for some time.

Q: What are you most looking forward to this semester?

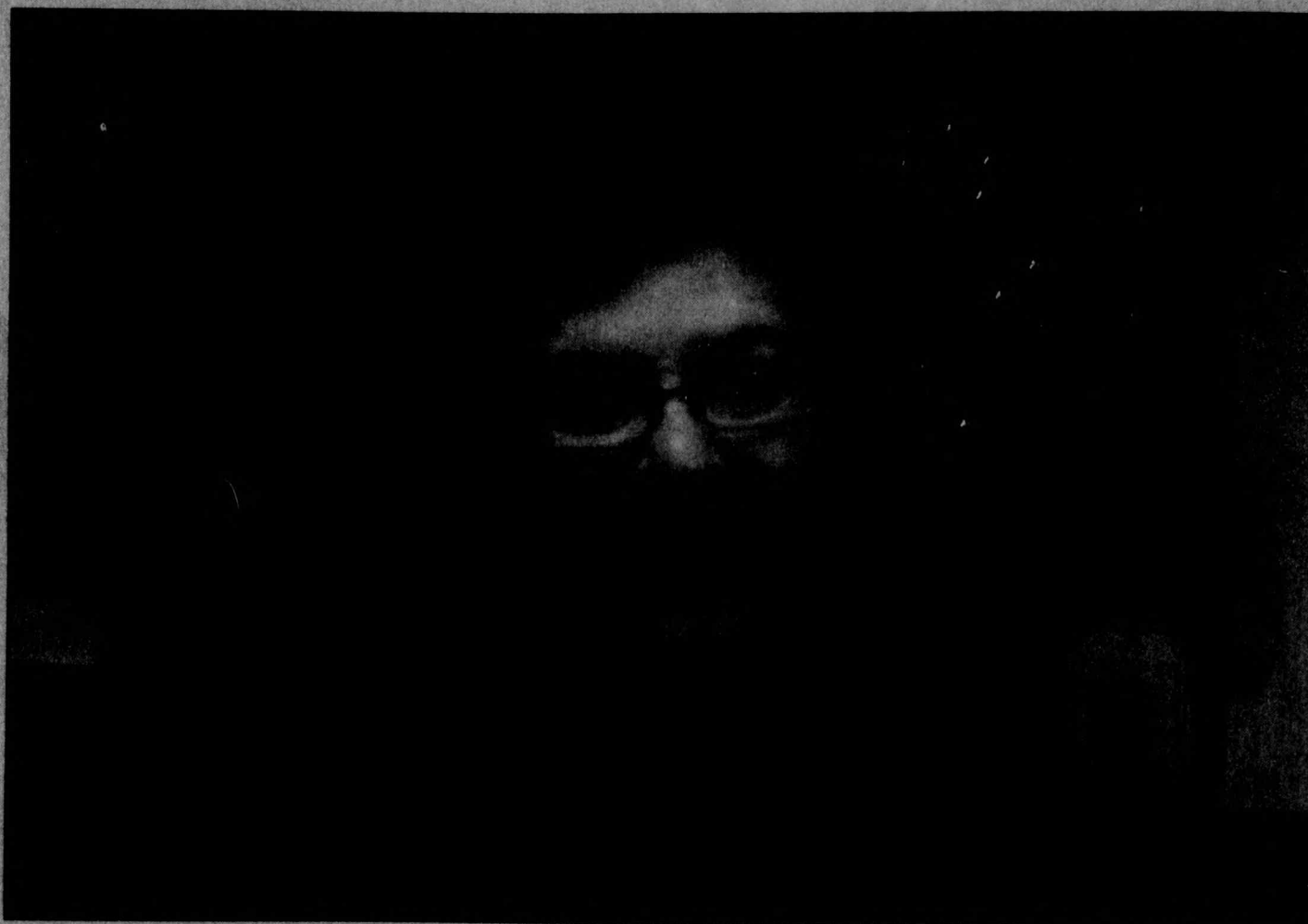
A: I am looking forward to getting to know the psychology majors and having a longer lasting connection with the students from the beginning of their education till the end.

Q: What made you come to LHU to apply for a teaching position?

A: I have worked on a lot of college campuses as a counselor, and I realized that the teaching element came easily to me.

It was a medium with which to put together everything I know.

I also love this department because there are many experienced professors here who are still excited about learning more.



Dr. Lynn Bruner became a new addition to the psychology department and is looking forward to knowing the psychology majors better and loves the department here.

Amber Haerberle/Eagle Eye

Q: Can you give any advice to the students in your classes?

A: Read your textbook and also read for fun... if you want to learn to write you should read.

Reading teaches you how to see the world through someone else's perspective and this will help you to be a better clinician, teacher, etc.

Q: What do you do for leisure activities?

A: I read a lot and because I read more than one book at a time, I have been known to finish a book a day.

I also play the piano, sing in my church choir and bird watch.

Q: What is your favorite quote and why?

A: ...But yield who will to their separation, My object in living is to unite My avocation and my vocation As my two eyes make one in sight. Only where love and need are one, And the work is play for mortal stakes, Is the deed ever really done

For Heaven and the future's sakes.
~ Robert Frost.

This quote is about doing something and not just because you're good at it, but because you love it.

When you work because you care, it gives you the energy to do that little something extra that makes a difference.

Students get informed on presidential candidates

Joe Stender
Opinion Editor
jstender@lhup.edu

University students and faculty gathered in the Hamblin Hall of Flags last Thursday to learn more about the candidates in the upcoming election and why it is important for them to vote.

The event that was organized by Zeta Phi Beta Sorority, Inc. began with a talk by Dr. Kimberly Adams.

Then members of the sorority presented a slideshow to better understand the candidates' stance on issues.

Adams, a former LHU professor and current East Stroudsburg political science professor, talked about how young people, like those on college campuses, will play a major part in this upcoming election.

"Young people's votes can and will make a difference," said Adams, who is a current faculty adviser in Washington D.C. for the Washington Center.

Adams also shared her experiences working on campuses and talking to politicians.

She talked about how this will be a "monumental election" because of how much students are getting involved with this election.

According to her, the students will be one of the major factors in how the election turns out.

She also pointed out how much power and

responsibility, as citizens with the right to vote, students have.

College campuses were an untapped resource until democratic nominee, Barack Obama, utilized the abundance of energy that students and young have.

She spoke about how she used to try and get politicians to come and talk to her students.

Unfortunately, the politicians always seemed to see students as a waste of time because they did not vote.

The politicians would tell her that if it was between talking at a college campus or speaking at corporation of some sort, that they would have to "get out" of the college.

"It is important for students to vote because every vote counts," said Taleah Cooper, president of the Zeta Phi Beta Sorority, Inc.

"If they don't vote, they have no input on the outcome, and their voices will not be heard," she said.

Then the members of Zeta Phi Beta Sorority, Inc. presented a slideshow of issues that were important to the election.

With each issue, they showed the similarities and differences of the two presidential candidates.

Issues that they discussed included economy, education and family values.

There was also a period where members of the audience could

make comments and get answers to questions that they had about either the candidates or the election process.

"Our goal was for students to receive more information on the current candidates and to and to receive about both parties," said Cooper,

According to her, the event was organized with an important mission in mind.

"The event was to give students a foundation of today's election and the role that they play in it," she said.

Though some students follow the election news closely, they still believe that it is important for these types of events to happen on campus, so that students can be informed.

"I knew a lot of this information, but it's good for students to be involved with these types of activities," said Mike Mehrazar, a freshman.

Adams did say that she believed that this election was Obama's to lose, but that if he was not careful republican nominee, John McCain, would take it.

But no matter who wins, Adams was sure to point out that the next president of the United States must work with the other party to find solutions to problems facing the U.S.



Deanna Latson and her crew delivered her lecture on health and nutrition to student body on Sept. 11.

Sean Fakolujo/Eagle Eye

Motivational speaker promotes healthy lifestyle

Sean Fakolujo
Staff Reporter
bfakoluj@lhup.edu

Deanna Latson gave an invigorating speech Thursday night at the Price Auditorium to raise awareness on a variety of health issues.

Among topics discussed were the benefits of living a healthy lifestyle.

Latson and her crew decided to pass some of her experience on the positive aspects of nutrition and health.

Even though Deanna Latson was expecting a baby at the time of presentation, some athletes in the crowd complimented her fitness level.

Latson spoke about her lifestyle before and after attending graduate school.

Before graduate school, she weighed in at 220 pounds and was suffering with a bulimic eating disorder.

At the age of 21, she decided that there needed to be a change in her life.

Latson became a stunning 130 pounds after committing herself to an improved diet.

The effects of the average diet are heart disease and cancer.

"One in two Americans are at risk of getting cancer," said Latson.

Many surprising statistics were brought to the audience's attention.

Latson noted that the average person should also release two bowel movements a day, as this is a good sign of healthy nutrition in your life.

The biggest concern was making sure people know the effects of unhealthy consumption of items such as alcohol and fast food.

Latson showed that even milk can be a negative attribute of a person's diet, whether lactose intolerant or not.

She recommended a substitution of lighter substances such as skim milk.

It can be surprising to hear that the calcium in fat-free milk is easier to absorb than that found in some whole milks.

She also discussed the shape of athletes.

Surprisingly, competitors are at an even higher risk for nutrient deficiencies.

The players, who practice 20 hours a week but eat doughnuts and other junk foods are in the same class as a person who engages in a fast life.

Latson proved that athletes should also watch their health, as they may look good on the outside, but they may have internal health problems.

See, Nutrition, A8

Domestic Violence Awareness Vigil to raise understanding

Danielle Tepper
Staff Reporter
dtepper@lhup.edu

The Women's Studies Program here at LHU, together with H.O.P.E. (Haven Outreach Program for Empowerment), is co-sponsoring a Domestic Violence Awareness Vigil on Oct. 1.

Dr. SueAnn Schatz, the Women's Studies Program coordinator, has high hopes for what this vigil can help to achieve.

"I've always believed that part of being a feminist is actively trying to help women in the community," she said. "A vigil such as this can help women who have been victims of domestic violence to heal, and it can make others aware that such violence is happening and needs to be stopped."

The vigil is a collaborative effort, working with the Clinton County Women's Center as well.

Schatz explained that with this vigil the organizers are asking attendees to bring a donation (sweatshirts and sweatpants, especially larger sizes, flip-flops, linens, toiletries, canned food, office supplies, or money) for the Clinton County Women's Center.

"We hope people will become more aware of and more active in stopping domestic violence," she said.

At the vigil, LHU professors, as well as the director of the CCWC, are

going to share their own personal views on domestic violence.

"We're currently trying to get the provost to speak as well," Schatz said.

Students attending the vigil will also be able to hear fellow classmates' personal experiences with domestic violence, as well as read poetry and talk about the significance of Domestic Violence Awareness Month.

Ribbons will also be passed out.

Dr. Laurie Cannady, an assistant professor in the English department, said that both male and female students will be present, as it is important to remember that all are affected by the issue.

"Domestic violence is traumatic to witness, as well as to experience," she said. "Males need to know that they can also receive help, if they know of someone who has been, or is being, victimized. It needs to be addressed that no one is immune."

Dr. Nicole Burkholder-Mosco, a member of the H.O.P.E. Advisory Board and a member of the Women's Studies Committee, believes that there are many things the vigil can accomplish.

To her, the most important goals to achieve are elevating the awareness on campus of domestic violence and encouraging those who may be survivors of domestic violence to realize they are not alone.

"Help is out there," she said. "It is very hard for a

survivor to talk about his or her experiences, and these memories can haunt a person for a lifetime."

The main goal of the vigil is to bring awareness on campus and to the community, to truly instill the knowledge that this still happens, and can hit close to home.

As an example of domestic violence happening in this particular community, Cannady remembered the tragedy that took place in the Sheetz parking lot on April 8 of last year.

A woman, named Jodi Barrone, was killed by her husband in the process of exchanging their child.

The man pulled out a gun, shot her and then shot himself.

Cannady also explained how she herself experienced domestic violence at the age of 15 and then again at 19.

"I was in the military at that point; strong, with a firm self-esteem. I didn't expect to be tangled in that web again," she said.

"This vigil is to honor all women affected, to show them that we do care, that we are here to teach and to help and we are truly dedicated to empowering women. We want them to know that there is someone they can turn to for support, whether their experiences lie at home or here in Lock Haven. We want our students to leave with their degrees feeling stronger than any bruises, internal or external, they may be hiding."

According to a compiled research by the American Bar Association, approximately 1.3 million women and 835,000 men are physically assaulted by an intimate partner annually in the U.S.

"Stalking, date rape, abuse, murder - these are all things we hope to shed light on with this vigil. It is necessary to draw attention to safety. The statistics are alarming, and college campuses are just a small fraction of the big picture we're looking at. Every day in America, three women are killed which is more than 1200 a year. Something needs to be done," said Dr. Elizabeth Gruber, an assistant professor in the English department.

Schatz also pointed out that 25 percent of all women will be victims of domestic violence.

Therefore, more awareness and education are needed to end this epidemic.

"Domestic violence is a crime that remains hidden because many of its victims are either too ashamed or too scared to report it or get themselves out of their situation," Schatz said. "If we're all more aware of the signs of domestic violence, hopefully we'll be courageous enough to act and help women out."

According to Dr. Lisette Schillig, an assistant professor in the English department, this vigil is an extremely important event for LHU,

as it focuses attention on a problem that continues to be "insufficiently addressed here on campus, in the local community, and in our state and nation."

"A huge turnout for this vigil on October first will send the message that here at LHU, and here in Lock Haven, domestic violence is real," she said. "It is a form of oppression that crosses gender, class, ethnic and racial lines. It concerns each of us, and it won't be tolerated. Acknowledging the existence of a problem is the first step to solving it. That's what this vigil is all about."

Ultimately, this vigil is also about H.O.P.E. and the process they have been going through trying to achieve a women's crisis center closer to LHU campus.

The H.O.P.E. committee, comprised solely of LHU faculty, has been attempting to get approval for space and resources, as well as funding, for a crisis center for over a year.

"It is unreasonable to make students go downtown for help. This university is home to students while they are here; help should be here for them. There are 14 schools in the Pennsylvania State System; Lock Haven is one of the only two that do not have this service available to students. We're hoping that is motivation enough to get this off the ground," Gruber

explained.

According to her, Cheyney University of Pennsylvania, the other school lacking this resource, is also planning on a new center for students.

Expecting to utilize East Campus, H.O.P.E. is waiting for the final approval, striving to be opened by the end of the fall semester.

"We'd like to have artwork on the walls, sponsor talks and readings, have videos, books and discussions. It should be a place for students to go to start healing," said Gruber.

According to Cannady, domestic violence is a violation of trust.

"We would like to help reestablish that trust. It is essential that students feel free to open up, start a dialogue, learn to trust someone and put the pieces back together."

The vigil, which will begin at 6:30 p.m. on Russell Lawn, should last approximately an hour and will end with candlelight to promote unity.

Cannady said, "We hope to create an impact, just by being there and showing support. Most importantly, it will create awareness in students, leaving with the knowledge that you may have saved someone's life just by listening."

Flyers will be posted around campus as the date grows closer with more information for those that are interested in attending.

Dutch Haven Restaurant

210 E. Bald Eagle St.
Lock Haven Pa. 17745

Hours
Tues-Thurs: 11-8:30
Fri 11-9
Sat 5-9
Sun 10-7:30

Casual dining, full bar, lunch and dinner items, daily specials

Including: steak, seafood, pasta, chicken & sandwiches.

Students receive 20% off everyday!

Make your December graduation reservations now!

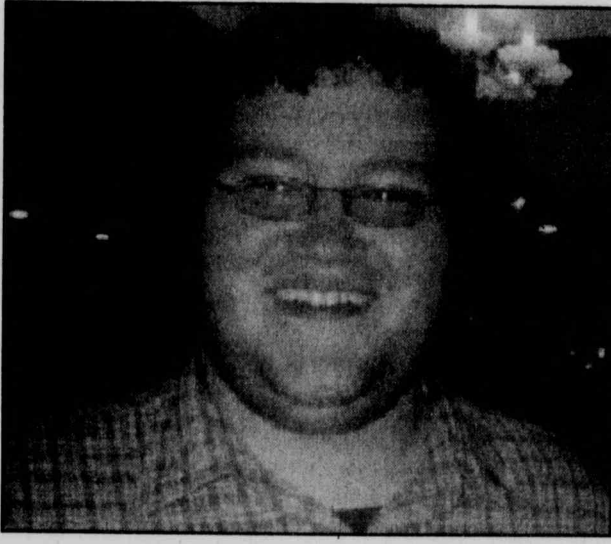
Student Events Calendar Fall 2008

DATE:	EVENT:	LOCATION:	TIME:
Sept. 19, Friday	HAC Big Screen Movie	Price Auditorium	7:00 pm
Sept. 20, Saturday	HAC NYC Bus Trip Young Frankenstein	New York City, NY	7:00 am
Sept. 22, Monday	Homecoming Applications Available	Student Activities Office	8 am to 4pm
Sept. 24, Wednesday	SCC Senate Meeting	PUB 2	6:00 pm
Sept. 25, Thursday	HAC Think Fast Game Show	Price Auditorium	7:00 pm
Sept. 26, Friday	HAC Big Screen Movie	Price Auditorium	7:00 pm
Oct. 2, Thursday	HAC Coffee House featuring Tyrone Wells	Price Auditorium	7:00 pm

If you are involved in an S.C.C. funded club and want your information about an up coming event posted here, send an email detailing your club event information to jredfem@lhup.edu.



FROM THE CAREER SERVICES CORNER: Meet the Peers



Christopher Dubbs

What Career Services can offer: Career Services can offer students a place to get information, whether that be information on majors, resume writing, or just discovering opportunities that are available to you. Come and check it out!
Year: Junior
Major: Computer Science
Clubs and Activities: University Honors, Spanish Club, and Career Services!
Career/Life Goals: I hope to get a job in computer programming and/or testing, preferably with a company that has international opportunities, more specifically in China or Japan.
Favorite Quote: "Find out what you like doing best and get someone to pay you for doing it" by Katherine Whitehorn

Marcelle Stoppay
 Staff Reporter
 mstoppay@lhup.edu

The Peer Career Facilitators in Career Services are trained to assist students with career related questions, critique résumés and help students find information about their major. This year Career Services is welcoming several new peers to their team of three.



Kelly Burke (Returning)

What Career Services Can Offer: Career Services is an office that can offer assistance with many of your career and education questions. The office is especially useful when it comes to preparing a resume one-on-one.
Year: Senior
Major: English Writing and Theatre
Clubs and Activities: University Players
Career goals: I want to work in a casting agency
Favorite quote: Carpe Diem [Seize the day]



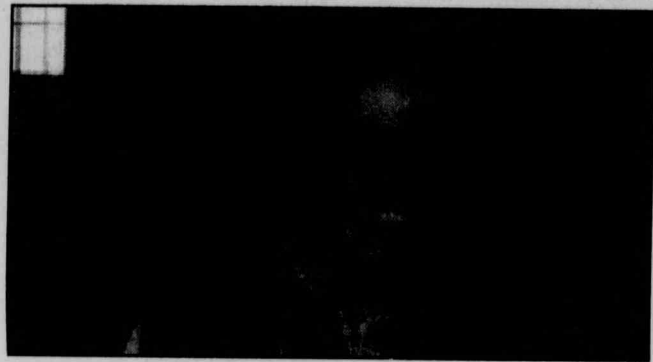
Hannah Stebick

What Career Services can offer: Our office offers a wide range of services including career counseling, resume critiques, and up to date job listings that can help students become more confident in their job search and ease some of their concerns.
Year: Sophomore
Major: Spanish Education
Clubs and Activities: LHU Honors Program, LHU Spanish Club President
Career/life Goals: I want to teach Spanish to high school students. Also, later in my career I would like to go to a four summer program in Mexico to obtain my masters.
Favorite Quote: "Live as if you were to die tomorrow. Learn as if you were to live forever," by Gandhi



Courtney Meyer

Year: Junior; **Major:** Psychology
Clubs and Activities: Honors Admission Team, Secretary for the LHU Psychological Association and just started the organization, Students Committed to the Prevention of Rape.
Career/Life Goals: I want to achieve a Doctoral in Clinical Psychology with a specialization in Trauma Studies. I want to work with individuals, families, couples, trauma victims, and more. A life goal is to take about a month off from my career and explore Europe, go to Italy, England, Austria, Greece, Ireland, and more.
Favorite Quote: Live Laugh Love.



Autumn Riley (Returning)

What Career Services can offer: Career Services has a wide variety of resources that can help point you in any direction, be it grad school, the job and internship search, or helping decide your major.
Year: Senior; **Major:** Psychology
Clubs and Activities: Honors, Spanish Club, LHU Psychological Association
Career/Life Goals: To obtain a Ph D. in Clinical Psychology, teach and conduct research in a clinical setting. And on the side do mental health advocacy.
Favorite Quote: "When given ruled paper, write the other way," by Juan Ramon Jimenez



Ceci Guillan (Returning)

What Career Services can offer: We can offer assistance with the composition and the proofing of student's resumes
Year: I am a first semester senior
Major: I am a Communication Studies Major. Art Minor and French Minor
Clubs and activities: Scuba Diving Club, Yearbook, LHU Mailroom
Career/Life Goals: To travel as much as possible and to be satisfied and content.
Favorite Quote: "It is better to light one small candle than to curse the darkness," by Eleanor Roosevelt

Time For You
 Hair Salon & Day Spa
 680 Frederick Street
 Lock Haven Pa. 17745
 (570) 748-4506

Hours:
 Sunday & Monday: 11am-6pm
 Tuesday-Friday: 8am-6pm
 Saturday: By Appointment
 Walk-ins and appointments welcomed!

- Kids Kuts
- Hair Cuts
- Color
- Perms
- Body Wraps
- Massages
- Sauna
- Pedicure
- Manicure
- Acrylics

Not 21 and looking for a fun filled way to spend your weekends?
 Worry no more!

Club 350
 Under 21 Club

N. Grove St., Lock Haven

Open Thursday, Friday, Saturday

\$5 Cover 9pm-12am
 (570) 858-5423

Back to School Sale!
 Buy One, Get One Free
 or 20-50% Off
 (Everything but shoes)

Styles by: Sean John, Baby Phat, Rocwear

Unisex Fashions
 Urbanwear

130 East Main St.
 Lock Haven
 748-2313

From, Alert, A1

But after the tragic incident at Virginia Tech last spring, the system became an ideal way of informing students, faculty, and staff, of any emergency situations on campus.

While students are not required to sign up for the system, it is definitely a good idea to do so.

"The text-messaging technology is one of the newer opportunities available and was a good method to add to our other means of reaching students, faculty and staff quickly and efficiently," said Eldredge.

The system, which is

only used for emergency situations, is free, but standard text messaging rates may apply.

If a student does not want to sign up for the text-message system, it isn't anything to worry about.

The information about inclement weather or emergency situations will still be available on the homepage of the LHU website.

"I think that in the event of an emergency, it's certainly a good idea to find the medium that reaches students efficiently and effectively," said Dr. Richard Van Dyke, an assistant professor of English.

While he himself is not a "cell phone person", he appreciates the program.

From, Fees, A1

The late fee is put in place mainly because of the students who do not respond at all and Financial Services is unsure about their particular situation.

A payment is considered late as soon as the due date passes.

Financial Services provides extra time for students to get their payments in.

No late fees are

enforced even after multiple weeks following the due date.

Along with the late payment fee, the returning student deposit has also increased for similar reasons.

Students, who have left the university for longer than one semester and wish to return, must go through the process of reactivating their enrollment.

Students, who withdraw from the university, must go through Student Affairs.

"Classroom experience tells me that a sizable number of students prefer texting over other communications media. So, it's a match!" Van Dyke enthused.

To register for the text-message alert system, go to the university's homepage; in the bottom left hand corner is an icon with a picture of a cell phone.

Click the icon and follow the instructions to register your information and cell number.

"Being as so many people on campus have cell phones, this system is clearly the best way of sending out an alert," said Eldredge.

Students need to remember that they need to re-register at the beginning of each school

year, as the system is cleaned out each spring when classes end.

"It was a good way to test the system for its efficiency, which proved very effective and received a lot of positive feedback," said Eldredge.

For more information about the text-message alert system, please visit <http://www.lhup.edu/LHU/inclement.htm>, or contact Dr. Linda Koch, Vice President of Student Affairs.

"I like it. It is such a great idea ... I feel a lot safer," said Megan Scott, a Freshman Secondary Education, English major.

Some students unofficially withdraw for personal reasons and simply do not register for next term.

Once a student is out for a semester or more, they must go to the Registrar's office and complete request to return paperwork.

Because this takes much effort and the cooperation of multiple departments across campus, including Financial Services and Student Accounts, the deposit amount was raised to

ensure that the student would stay enrolled.

"The returning student deposit is just that, a deposit. It will be returned to a student, as long as he/she continues to be enrolled at this university. Some may think this to be a fee and it is not," said Patti Jones, Supervisor of Student Accounts.

CLASSIFIEDS

APARTMENTS FOR RENT & ROOMMATES NEEDED

3 Bedrooms in 4 Bed/2 Bath house.
\$325 per person - share utilities with roommates.
Email rhouser@verizon.net or 570-660-7737.

ADVERTISE YOUR APARTMENT OR HOUSE RENTING INFORMATION THROUGH THE EAGLE EYE!

Landlords!
This is the best way to get your apartment and housing listings in the eyes of the students!
Don't wait, advertise today!

Have a house or apartment for sale?
Your advertisement can be shown here!
There's no better way to get your ad seen!

Don't be afraid to let them see you smile every once in a while.

PERSONALS

Welcome back students and faculty! Have a great semester!
-The Eagle Eye Staff

Happy 21st Birthday Ashley Lightcap! Hope you have a great day!

Happy 24th Birthday John Millinder! Enjoy your birthday!

Want to wish a friend a happy birthday? Send an e-mail with their name, birthday, and a special message to lhueagleye@yahoo.com to get your message put in here!

Best of luck to all the athletic teams this season!
Go out there and kick some butt!

Support your athletic teams! They would love your support and your cheers! For a list of team schedules, go to www.lhup.edu to see what team is playing who and when!

Interested in making movies? Want to act, produce, or direct films? Then the LHU Filmmakers and Artist Alliance Club is the club for you! First meeting will be held September 25, location still to be announced!
Email Kelly Monks (kmonks@lhup.edu) or James Blankenfeld (jblanken@lhup.edu) if you are interested in joining!

Congrats to all new Greek members!
Love, Tri-Sigma

Happy Birthday Stephanie!
Have a great day from your friends!

Happy Birthday DAN! Boy are you getting old or what! Anyways have a great day!
-Tina

Amanda Alexander: I have found the most perfect man in the world for you, and no, he does not own a red backpack or shiny dress shoes... actually, his name is Colin, and I have reason to believe he is a God of ***

I'm really glad Facebook has added a new way of stalking people "you might know."
Send in your "personals!" Say something awesome to your friends!!

E-mail your "personals" to lhueagleye@yahoo.com
Is the semester over yet/is it time for Spring Break?

"Is this really really happening right now? Oh it is? Okay, just making sure. Unbelievable." "DON'T GET ELIMINATED!!!"

Advertise in the Eagle Eye!! E-mail lhueagleye@yahoo.com
School is way overrated!!
Grrr...James is a pirate with that eye patch!

Time to go to the Fallon. Money...check, OH! Dancing Shoes!
School just started...so how long until Spring Break?

Posting messages to your friends on the Classifieds page is almost like wall postings on facebook.

It is what it is.

Facebook is my anti-school.

I love Nikki Wasserman!

Congrats to the new EE Staff!! Welcome!! Advertise student rentals in the Eagle Eye. E-mail ads or questions to lhueagleye@yahoo.com, subject line "Classifieds."

Advertise in the Eagle Eye!! Email your submissions to lhueagleye@yahoo.com or call 484-2579.

Have something to say? Shout it out here!! Need a new roommate or want to find a new apartment? Place your ad here!! Send all submissions to LHueagleye@yahoo.com, subject line "Classifieds."

I'm going to educate my children about life with Lifetime Original Movies.

Live life every day to the fullest. Live like you die tomorrow, but dream like you live an eternity.

Amanda, to me you are perfect :) Love, Hip

The gold jacket <3
Facebook is the procrastination tool of college students worldwide.

Send in your "personals!" Say something awesome to your friends!!

"Time to go, buy paintings at the Sal Val!"

Regular thirteen year olds do NOT do those kind of things!!

Everyone will come to my wedding in a gold jacket and we will eat stroganoff!!

Have something to sell? Advertise it here!! Want to say something? Shout it out here!! Need a new roommate or want to find a new apartment? Place your ad here!! Send all submissions to LHueagleye@yahoo.com, subject line "Classifieds."

Do You... Need a roommate, need to sell something, or just want to send a special message to someone?!

Please contact the editor at lhueagleye@yahoo.com, write in the subject line "Classifieds."

See your message in the next issue of the Eagle Eye!!

Submissions must be in by Monday at noon.

OPINION

Waitressing is not easy

Erin Hipple
Editor in Chief
ehipple@lhup.edu

Although many tend to think that a waiter, waitress or server only has to deliver the food and beverages, waitressing encompasses many more features.

And while the common misconception is that waitresses rake in the tips every night, our \$2.83 hourly wage makes us far from millionaires.

Restaurants are busy a lot of the time; you all know that. You've had to wait in line at a favorite eatery; you've held the vibrating buzzer waiting to be seated. So when you finally do take a seat in a restaurant, realize that you are not your server's only customers. Realize that your server has approximately six to ten other tables, and they probably have between four and six people at each.

That means, on average, 40 patrons at a time. That's 40 beverages (assuming each person only orders one beverage). But, I'll bet you've ordered a Pepsi and a water at once, haven't you? That's about ten appetizers amongst the customers, ten desserts, ten refills of bread baskets and so on.

Then the waitress has to take time to actually take your order.

And I'll bet you're the kind of person who hasn't fully decided what you're having, although you may think you have. When your server asks what you're having with your New York Strip, (because the menu blatantly tells you that you get two side dishes), please don't look at her with a blank stare, and ask her what your options are.

The worst case of this, which happens about 90 percent of the time during your server's evening, occurs when every one at the table asks the server to repeat the side dishes, because they were too deaf to listen when he or she said them the first five times.

So, maybe you under-

stand me up until this point.

But, I'll bet you know someone who is a fast drinker; someone who gulps down their soda in three minutes.

This is fine, but what really irks a server is when they refill a customer's soda glass, return it to the table, and someone else requests a refill.

Could you not have asked for your refill while your server was filling your friend's glass? Did you have to empty your half-full glass just so that you could get a refill as well?

Ok, moving on, your food has arrived.

You've ordered your steak medium rare, and it comes out medium well. Your first instinct is to share your harsh words with your server.

Wrong! Let me remind you, your server was not back there cooking your steak. Your server does not cut into your steak before serving it. Your server can only trust that the cooks have done a decent job while cooking said steak.

However, cooks are not perfect either, and frankly, don't care as much about your steak as you would probably hope. They don't have to see you; they don't have to deal with you. The server does. So please, let us kindly know that your steak isn't prepared to your liking; we will not get mad. We will return it for you and have the mistake corrected. If you're mean to us, we're far less likely to be civil with you.

And while this may sound ridiculous, trust me that it happens. Are you sure you ordered your steak correctly? Are you sure you did not order it medium well when you meant medium rare? It happens; we've seen it. We will not make a fool of you in front of your friends or family, though, but trust us, we'll be making fun of you in the kitchen.

So let's pretend you're an "easy customer."

Let's pretend that you only order one drink, you have no appetizers, and your steak has been

cooked decently. Now you think that the server should praise you for being good customers.

But the truth is that we have lots of other patrons, like I mentioned before. And, if you think you are being "easy," you really aren't.

Maybe you don't necessarily need anything from your waitress as often as the table next to you, but you are still a concern on your server's mind. So don't get upset when your server doesn't praise you for being "normal."

A good server knows his or her section of the restaurant like the back of a hand. He or she knows exactly what the man at table six ordered, and what he's having to drink.

A good server can tell you if a customer in his or her section has been in to eat at the restaurant in the past month, and what they had to eat the last time they dined.

A good server has a map in his or her head of the restaurant.

They are also always four to five steps ahead of the game. For example, if table one needs water, and table two needs their appetizer, and table three needs dessert and table four needs their checks, a good server will make one trip into the dining area, carrying all of these items at once.

An unorganized server will make four separate trips, prolonging the wait for all the other tables. A server who thinks ahead is the epitome of efficiency.

So, in essence, I just ask that you take a few moments to really think about how busy your server is, and how much of a hard job a waiter or waitress truly has.

They work long, mostly eight-hour shifts, with no breaks. In a restaurant, there is not time to go outside for a smoke or sit down in a break room. We are constantly on our feet and constantly moving.

Please think about the fact that we are serving you as well as stocking our salad station so you have fresh salads, washing your table linen so that you can sit at a nice table with a

fresh table cloth and most of the time, waiting on numerous other customers.

If the restaurant does not have a bartender, we are making your drinks as well. We are usually making your starters, making your desserts and also clearing your plates as necessary.

Please remember that your server does not have time to stand at your table and gossip with you. We generally do not want to hear your jokes and we do not usually care about your grandchildren or the birthday you're celebrating. Our job is to get you in, get you fed, and get you out in a timely fashion.

Consider the fact that your server is not perfect.

Mistakes do happen; orders do get screwed up. Please be patient. If your server was the type of person to always make these mistakes, he or she would not be a server. It is usually a fluke and is usually handled with care and respect, if you do the same.

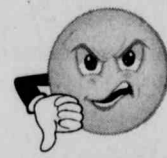
So when you head out to eat next time, keep these things in mind. Also keep in mind that the standard percentage when tipping a server is about 20 percent. If your waitress or waiter did an above-average job, it is not uncommon to tip 25 percent.

If you do not have enough money to tip your server the amount he or she deserves, stay at home, or eat at McDonald's.

We are working for our money, and deserve it as much as you deserve your hourly wage. How would you feel if one day you made your normal, expected chunk of change, and the next day that wage was cut in half?

Those who think that "servers make too much money" are blind. Those who think are jobs are too easy should try doing what we do for just one day, because it takes a strong, motivated, enthusiastic, logical person to be a server. Our job is hard, too.

Thumbs Up . . .



or



Thumbs Down . . .

Thumbs Up . . .

to the rescuers and relief centers, who along with the American Red Cross, helped give shelter to those who lost their homes due to Hurricane Ike.

The numbers of relief centers were quadrupled because of the amount of people affected by the storm.

The centers gave out 1 million meals and bottles of water in only the first 36 hours after Ike hit.

Thumbs Up . . .

to the ten states that are attempting to decrease the amount of carbon dioxide emissions.

The plan, which is set to go into effect in nine days, will set a limit of emissions from utilities and then they will have to pay for each ton after that limit.

This plan has received some criticism but it is nice to see that at least someone is trying to help the environment.

Letters to the Editor

Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot - button topic that you would like to discuss?

Don't just get red in the face . . .

Write a letter to the editor!

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to
lhueagle@yahoo.com
with "Opinion Letter"
in the subject line.

Do you like to draw?
Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the *Eagle Eye* for the Opinion section.

Send it to lhueagle@yahoo.com with "Editorial Cartoon" in the subject line. Make sure to include your full name, year, major and a phone number where you can be reached.

School before fun

Sarah Cox
Staff Reporter
scox@lhup.edu

Gossip floats around this campus, just like any other. That shouldn't surprise or shock anyone. It happens.

I have noticed recently that a lot of the talk in the cafeteria has been about students getting away with being intoxicated. Not just that, but they have been allowed back into their dorms at night.

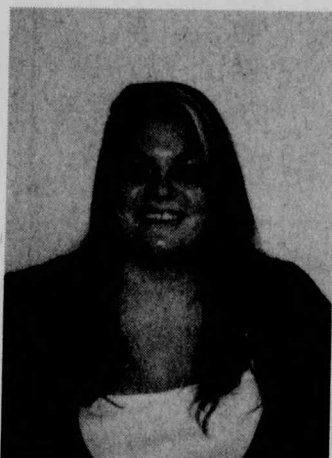
Whether this is rumor or the truth I shouldn't have to be worried with the fact that it is happening somewhere on campus, as a student I shouldn't be babysitting

others who decide to drink. If this is in fact happening, I want to honestly know why the RA's and RD's are letting this go on.

Situations are not being thought through entirely or then again, maybe some people just are not to be trusted with this form of power; the answer will remain unclear to me. It is allowing this campus to slowly be destroyed by the selected individuals who make the choice to get drunk, get high, then get away with going to the dorm.

Ultimately these individuals who are making it through will ruin the experience for all the other students who choose not to do anything at all. It's one thing to get

plastered off campus and keep it off campus, it's another thing to bring it



Sarah Cox

back and pass whatever is left around.

I personally think it is ridiculous that some individuals are allowed

to just walk over any form of rules or regulations the school makes just because they wanted to have fun. When it's keeping people up at two in the morning, something needs to change.

We will as a whole suffer, mainly educational wise and that's just wrong. I did not come to school to drink every night, I came for the learning and social experience, not the drunken experience.

So the next time you decide to drink, think about whether or not you have a place to sleep because if you don't you better find a cardboard box to spend the rest of the night in.

OPINION

THE EAGLE EYE
 Lock Haven University's Student Newspaper
 VOLUME 67, ISSUE 2

Parsons Union Building Newsroom: 570-484-2334
 Lock Haven University Office: 570-484-2579
 Lock Haven, PA 17745 Fax: 570-484-2644

lhueagleye@yahoo.com www.lhueagleye.com

Faculty Advisor Dr. Douglas Campbell	Classifieds Editor James Blankenfled
Editor in Chief Adam Roberts Erin Hipple	Ads Manager James Blankenfled
News Editor Olga Burket Christina Shuman	Online Editor Laura Kucsan
Features Editor Amanda Alexander Kara Wilt	Advertising Bryn Zeigler Marcelle Stoppay
Sports Editor Kris Glad Nikki Wasserman	Business Manager Marceilla Veltri
Opinions Editor Joe Stender	Photography Editor Adam Howard

THE EAGLE EYE, THE OFFICIAL STUDENT NEWSPAPER OF LOCK HAVEN UNIVERSITY, IS PUBLISHED WEEKLY IN ACCORDANCE WITH THE UNIVERSITY CALENDAR. THE ARTICLES, OPINIONS, PICTURES AND LAYOUT OF THE EAGLE EYE ARE THE RESPONSIBILITY OF THE STAFF AND DO NOT REFLECT THE VIEWS OF THE STUDENTS, THE FACULTY OR ADMINISTRATION, UNLESS SPECIFIED. THE EAGLE EYE IS FUNDED BY THE STUDENT COOPERATIVE COUNCIL AND IS PRINTED BY THE LOCK HAVEN EXPRESS IN CONJUNCTION WITH THE WILLIAMSPORT SUN-GAZETTE.

For the record

"I have been president long enough to have seen some tough situations and have seen the resilience of the people dealing with the tough situations."

-- President George W. Bush, on Hurricane Ike's destruction on the Gulf Coast

"I understand he's hungry... so we're staying away from him."

-- Galveston County Judge James Yarbrough, on a tiger getting loose in Crystal Beach, Texas after Hurricane Ike

Appreciate good times

Joe Stender
 Opinion Editor
 jstender@lhup.edu

As I watched the clock turn to midnight last Wednesday morning and the calendar switch to September 10, I felt a bit depressed. This is because; you see last Wednesday marked the twentieth year of my existence of this earth.

Though I knew that this day would eventually come, and in the weeks leading up to this day I wondered what my reaction would be as I turned the "Big 2-0", I can not sincerely say that I was prepared for the shock that came over me as the realization of actually turning twenty hit me.

It's not that I feel old or that I somehow think that my life is ruined or over because I am no longer a teenager, I just want to know where the time went. Where did the time go that I so irresponsibly wasted on friends, family, school and on occasion,

fun?

Now, it's not that I actually feel that these things were a waste by any means. It's just that looking back; I don't feel that I really accomplished anything. The only things that I really see as accomplishments in these short twenty years of mine are graduating from High School and being accepted to LHU.

Some might say that I am still young and have plenty of time to do something meaningful in my life, but as we all know too well, tomorrow is not always a guarantee. And yes, I know that turning 20 is not the same as getting ready to retire after a full career, but an average life expectancy is somewhere around 70 or 80.

So, according to this information, I have some what successfully completed about a quarter of my life.

As I thought about completing one-fourth of my life, I had to stop and say, "Wow". My life had always seemed so young. Even a half a year ago, I

felt as if I was still the scrawny, little kid who could do anything with the world as a big-time eighth grader.



Joe Stender

Now, I'm a 20 year old sophomore in college, and like many of you, I'm asking the same question, where did the time go? No, the time did not just magically disappear and we cannot go and dig it up in a treasure chest somewhere under an "X", we lived it.

Every second of our lives goes by just as fast as

the next, good or bad. And like it or not, we cannot get that time back, we can only hope to do better the next time.

So as I look back at these twenty years, I realize that life is too short to worry about things that you cannot control. Time will pass at the same rate as it always does, but it takes such a milestone as being two decades old to make you appreciate the time that you wish away.

I can remember times when I am sitting in class just wishing that it was an hour later or it was two days from that point. Now, as I sit in class, I still don't want to be in class, but I never wish away that time. I just appreciate it and go with the flow.

So, what have I learned in the past twenty years? I have learned that I know nothing, but I'm willing to do better and learn all that I can. As I see it, everyday and experience is an opportunity, an opportunity to do better then before and to make a better future.

Plan to stay young

Adam Roberts
 Editor in Chief
 aroberts@lhup.edu

From birth our birthday celebrations are made up of a series of milestones buffered by relatively meaningless dates on the calendar.

The first birthday is a joyous occasion on which a newborn bursts out of the cocoon of being called a three-month-old or a nine-month-old and becomes a solid year.

The majority of the pre-adolescent years from then on mark, humorous puns like the terrible twos, academic years and increasingly extravagant birthday parties including ponies, clowns and balloon animals.

The teenage years are where the birthday milestones stack up, pushing us further into freedom and rebellion. Age 13 is the first of these dates, where a child becomes a teenager and a parent becomes fearful.

Next is the ever-important 16th birthday. This occasion is where the rubber meets the road, quite literally, and

Pennsylvanian teens get their driving permit and six months later their driver's license.

To that point in life nothing could be better than packing nine high school freshmen into a four-door Chevy Cavalier to go to the mall and hang out; not that I ever did that.

Next is 17, which aside from being able to legally be admitted to R rated movies can be chalked up as a wasted birthday.

After attending 52 weekends worth of dirty movies it's time for a change. Luckily that change comes in the form of age 18, when we officially become adults.

Adulthood comes with registering for the draft and being tried in adult court, but the perks far outweigh the formalities. Being able to check out strip clubs, smoke (not on campus, of course) and vote are impressive benefits of turning 18.

The next two years inevitably crawl by, lacking any benefits. These birthdays may actually force us to forget the glory days of 16 and 18.

That's when the Holy Grail hits; good ol' 21.

The long awaited free pass that gets us into all of the bars and clubs our dear older friends have touted as heaven on earth.

This birthday celebration affords us two rare and phenomenal occasions. The first is free drinks. When someone turns 21 there is a natural reaction among all bar patrons to give them free alcohol. No other birthday gives us this luxury.

Secondly, the 21st birthday also gives us a get-out-of-jail-free-card when it comes to social faux pas. Essentially, this is the one year in our lives we can act like sloppy lunatics and be a hero to our equally sloppy friends.

Last week, I exited the last age worth getting excited about. I turned 22. Sure, there are some birthday's to look forward to from here on out like 35, when I can run for President, and 65, when I can retire, but basically the rest are solemn occasions.

For the rest of my life I will reach benchmarks like 30, 40 and 50 on which I will be forced to look my life in the face and see if it's shaping up. The excitement of birthday's is

gone. Far too many of my friends have already called me old so, I have developed a plan.

Birthdays are, after all, just anniversaries of the day we are born. I propose once we reach the ultimate birthday we just start over.

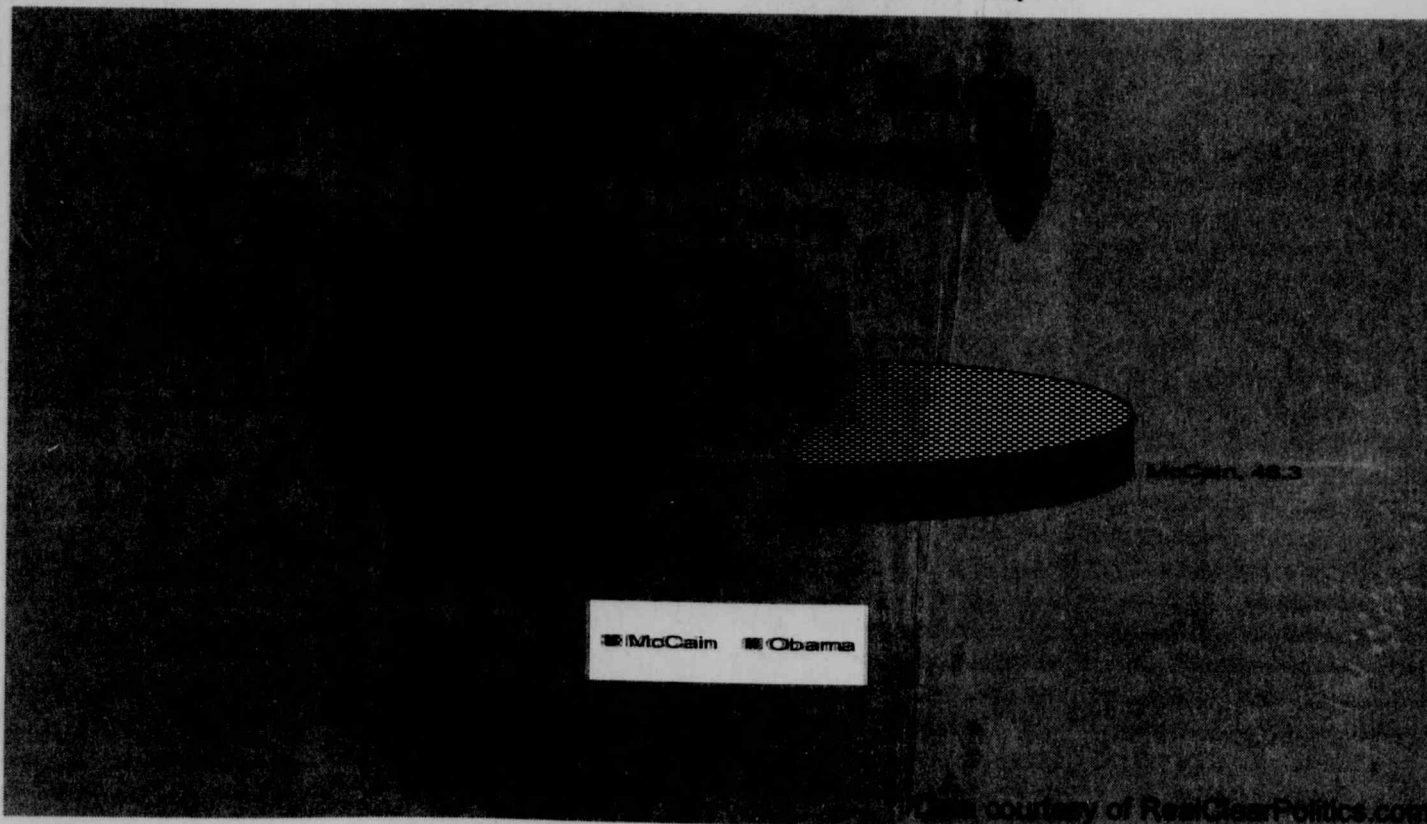
After celebrating the one year anniversary of my 21st I can say, after the headache wore off, that I feel young and refreshed. No one has called me old and I no longer fear the benchmarks like 30.

This system will work long into my life. While others are reaching 42-years-old and diving headlong into their own mid-life-crisis; I will be turning 21, again.

Similarly, when my friends turn 63 and near retirement I will be turning a bright-eyed 21.

I have already received plenty of anniversary wishes, including a great anniversary card from my mother, so I know this re-writing of our current birthday system works.

Join the revolution; celebrate your anniversaries from 21 on.



Haven Spotlight

Study Abroad opens horizons

Brianna Rodia
Staff Reporter
brodia@lhup.edu

Students who are interested in studying abroad gathered together on Monday, Sept. 15, to get more information about the program here on campus.

Studying abroad means taking college courses with universities around the world that have partnered with Lock Haven University.

Students are able to achieve college credits within the setting of a different culture.

Jennifer Creamer, dean of the Institute of International Studies (IIS), says that everyone should travel at least once in their life.

According to her, there is no better opportunity than right now.

The study abroad program is an opportunity for students to gain confidence and experience while staying focused on their academics.

There are nearly 20 countries with many dif-



Brianna Rodia / Eagle Eye

From Left to Right: Karen Everett, Madeline Hoff, Felix Noy, Jose Soto, Kevin and Brian McIlwee share their experiences abroad with students who came for Study Abroad Open House on Sept. 15.

The most common question is no doubt about how much it would cost a college student to travel such far distances.

Surprisingly, it costs no more than the cost of a student's college tuition.

Room and board, however, is not included in

No matter what your major, everyone has the opportunity to study abroad.

During the meeting at the PUB on Monday night, the president of Study Abroad, Kevin Miller, spoke to the students about how they should take advantage of

listened to a panel of students who had already study abroad express their positive outlook on their experience.

"You have to see it, otherwise, it's impossible to describe," Kevin McIlwee, a senior, said about his several experiences in China.

The students who are interested in the study abroad program found the meeting very helpful.

"The open house was incredibly helpful and very thorough which helped a lot," Sadina Todorovac, a freshman in international studies, said when asked about how she benefited from the information.

"I would definitely love to go to Russia as soon as I can." She claimed.

If you are a student who is possibly interested in studying abroad, stop by 126 Akeley, pick up an application and learn about the requirements.

Karen Everett and Jose Soto, who work in the office, are both students who have previously studied abroad, so feel free to ask them about their previous experiences.



Brianna Rodia / Eagle Eye

Felix Noy and Jose Soto participate in student panel to answer the questions from prospective study abroad participants.

ferent time frames for students to choose from.

The short term trips are open to any student, no matter what year they are in.

However, the semester and year-long trips are available to any students standing in at least their second semester of sophomore year.

the tuition overseas.

Therefore, the student would pay for the time-frame of courses, and then the money that would have been used toward dormitory housing, can be used overseas for whatever living arrangement is proposed.

studying abroad.

"Studying abroad will change your perspective, and change your life," Miller said to the approximately 30 students who attended the meeting and showed interest in studying abroad.

The prospective study abroad participants then



Adam Roberts/Eagle Eye

Many signs can be seen around campus as a way of enforcing the new law recently put into effect.

Smoke free

Christina Shuman
News Editor
cshuman@lhup.edu

The campus, along with locations defined as "public places" throughout the Commonwealth, no longer tolerate smoking.

The Pennsylvania Clean Indoor Air Act went into effect last Thursday and focuses on the workplace, as well as, educational facilities. Carrying a lighted smoking device is not permitted.

Since the act went into effect, it became the responsibility of the Pennsylvania State System of Higher Education (PASSHE) to take action and prohibit smoking on the entire campus.

Employees and students who continue to light up on campus will be violating this law.

The campus' previously designated smoking areas will be closed and all previous smoking arrangements will be discontinued.

It is the policy of PASSHE that any complaints regarding a possible violation of this Act are to be referred to the Department of Health or a County Board of Health for proper enforcement. Complaints that are made to the university police will be referred to the same departments.

A smoke-free university campus is unprecedented among the state-funded Pennsylvania universities.

With all this happening so fast, students who smoke on campus, are not thrilled, to say the least.

Look for the article in our next issue. . .



HALLOWEEN STORE

37 Bellefonte Ave

USE THIS COUPON FOR

5% Discount with a Purchase of \$5.00 or

10% Discount with Purchase of \$10.00 or more!

*Some items may be excluded from discount use. Offer good through September 20th, 2008.

WWW.SPOOKHAVEN.COM

TEXAS LUNCH 204 E. MAIN ST. LOCK HAVEN (748-3522)

CELEBRATING 90 YEARS BREAKFAST SERVED ALL DAY

Breakfast
Eggs, Ham, Bacon, Sausage, Home fries, Corn beef Hash, Hot Cakes, French Toast, Bagels,
Breakfast Sandwiches, Greek Eggs, Steak & Eggs, Cold Cereal & Oatmeal
Omelets- Ham or Bacon & Cheese, Greek, Western, Veggie, Steak & Cheese, Steak & Feta, Spanish, Mushroom & Cheese

Sandwiches
Texas Hot Dog, Big Fresh Hamburgers, Grilled or Breaded Chicken, Hot Sausage, BLT, Ribeye Steak Sandwich, Grilled Cheese, Fried Fish, Gyro, Hot Beef, Turkey or Meatloaf, Ham or Turkey Club, Chicken Fingers

Salads-Steak, Grilled Chicken, Greek, Chef & Toss

Dinners
Filet Mignon, Ribeye, Veal & Chicken Parmesan, Fried Shrimp, Meatloaf, Pork Chops, Liver & Onions, Veal Cutlet, Pork Tenderloin, Fried Chicken

Hours: Mon-Thurs 6am-9pm Fri & Sat 6am-10pm Sun 7am-2pm

From, Nutrition, A2

Deanna Latson gave everything you need to know about possessing good health.

She even gave out free fruit and supported drinking milk and water, as opposed to healthier beverage choices that students may make.

Contrary to popular belief, Latson announced that it is better to have a fit body than to be considered skinny.

Latson's father provided inspiration in her life, as he was once on 16 different medications and was able to prolong the quality of his life. He did this by making healthy choices and having a balanced diet.

Her words inspired the audience to leave there considering their own choices.

What's On Deck

Home & Away Fall Sporting Events

Today

No Events

Friday

Cross Country @ Monmouth University
4:15 p.m.

Saturday

Football @ Indiana University (Pa.)
4:00 p.m.

Field hockey vs. Colgate University
1:00 p.m.

Women's Soccer vs. Kutztown U.
6:00 p.m.

Men's Soccer @ Shippensburg U.
3:00 p.m.

Volleyball @ Millersville U.
2:00 p.m.

Volleyball vs. Bloomfield College @ Millersville
4:00 p.m.

Sunday

Field Hockey vs. Bucknell University
1:00 p.m.

Monday

No Events

Tuesday

Men's Soccer @ Slippery Rock U.
2:00 p.m.

Women's Soccer @ Slippery Rock U.
4:00 p.m.

Volleyball @ West Chester University
7:00 p.m.

First win at Smith Field

Adam Roberts
Editor in Chief
aroberts@lhup.edu

Senior midfielder Blair Wynne was named the Northeast Conference (NEC) Player of the Week for the second time in a row after scoring four of the Lady Eagles' (4-2) six goals this weekend against Cornell and then Lafayette.

Field Hockey

Wynne's biggest moment of the week came against in the rainy contest against Cornell at Charolette E. Smith Field on Friday evening.

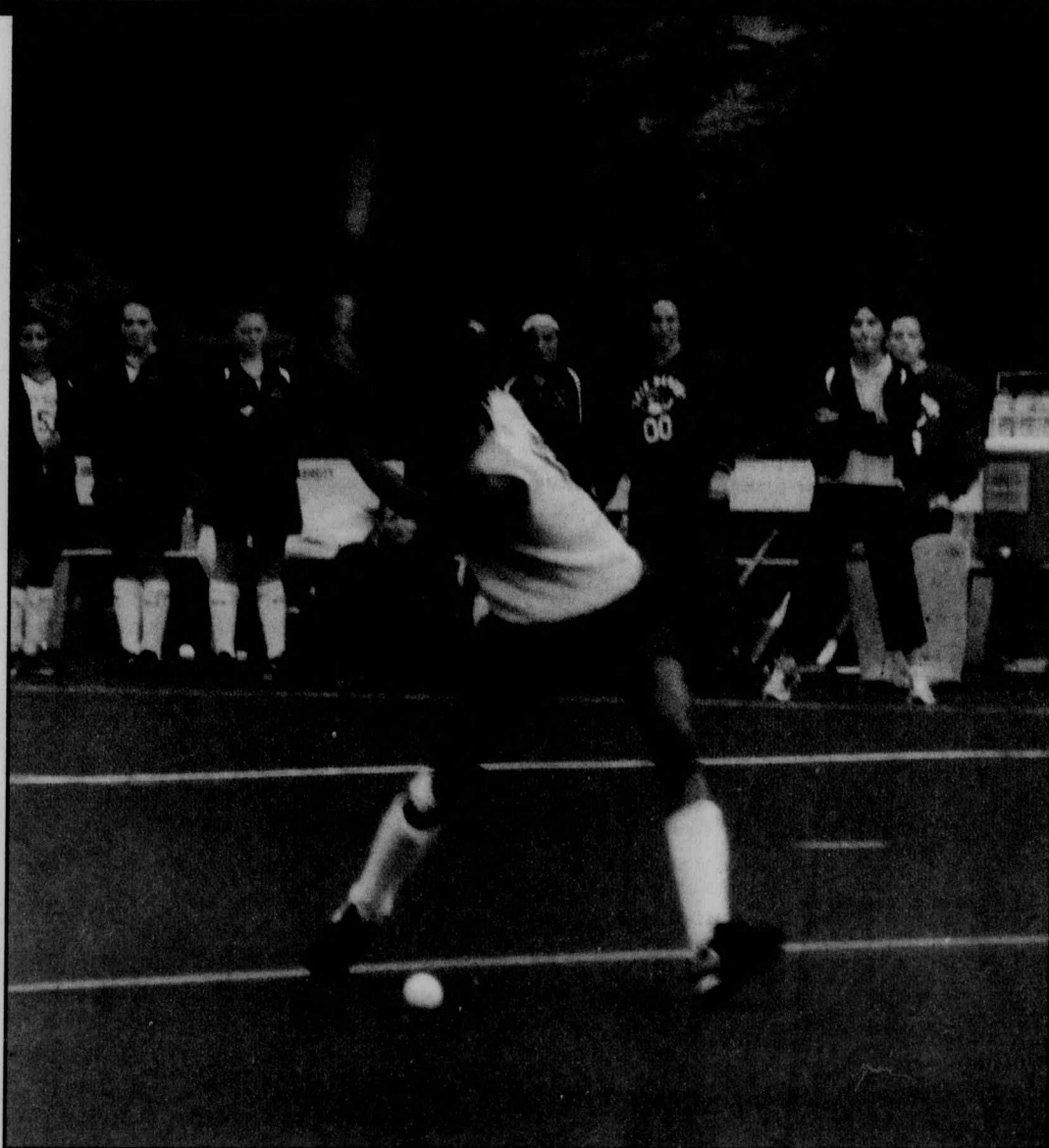
The Lady Eagles were trailing by 2-1 as the clock showed less than two minutes to play. Wynne, who scored the team's first goal off of a corner where she

was assisted by Alanna Lewis and Suzann Hobart earlier in the second half, laced in a hard shot, knotting the game 2-2.

In the seven on seven, sudden death overtime period Coach Pat Rudy says she was confident she could put a better lineup on the field than the opposition even though she admitted the Lady Eagles didn't play their best game up to that point.

Less than seven minutes into the period Wynne and sophomore Amy Hordendorf broke away towards the goal. The two passed back and forth with Hordendorf, the week one NEC Player of the Week, drawing out the goalkeeper and laying a perfect leading pass to Wynne.

See, Field Hockey, B3



Adam Roberts/ Eagle Eye

Blair Wynne drives for a penalty corner during Friday's overtime win against Cornell. Wynne scored four goals this weekend leading the 4-2 Lady Eagles.

Volleyball jumps to 'driver's seat'

Lady Eagles reach 13-0, defeating four teams in five days

Erin Hipple
Editor in Chief
ehipple@lhup.edu

The volleyball team was alive this weekend as they continued their perfect season stretch during the Bob Chu Invitational and then defeating Shippensburg Tuesday night.

The invitational consisted of three matches for Lock Haven. Match one was held Friday night against C.W. Post, and matches two and three were held on Saturday against Ohio Valley and Wilmington.

The Lady Eagles swept the competition during all three matches, leaving Coach Tom

Justice very pleased.

"The team played very well, generally speaking," said Justice. "I was very pleased with their performances overall."

Key players for the outside attacks were Christie Naumann and Christina Laury who both played "very well," according to Justice. Naumann raked in 14 kills.

Justice also said that Stacy Borgia and Haley Gribler were strong middle players.

The game's number one setter, according to Justice was Fabianna Gomez with Caroline Acosta as the number two setter.

Justice complimented Elizabeth Metzmaier for her two kills out of four during

the match against Ohio Valley and Arlana Roland for three kills out of six during the match against Wilmington. Juliana Nascimento was also recognized for playing the right side very well.

"This weekend was a complete team effort, though," said Justice. "We were able to use virtually everyone on the team."

Justice believes that a strong component in the matches was the team's combination attack, which he compared volleyball to football, in that good control is key for a good offense.

See, Volley, B4

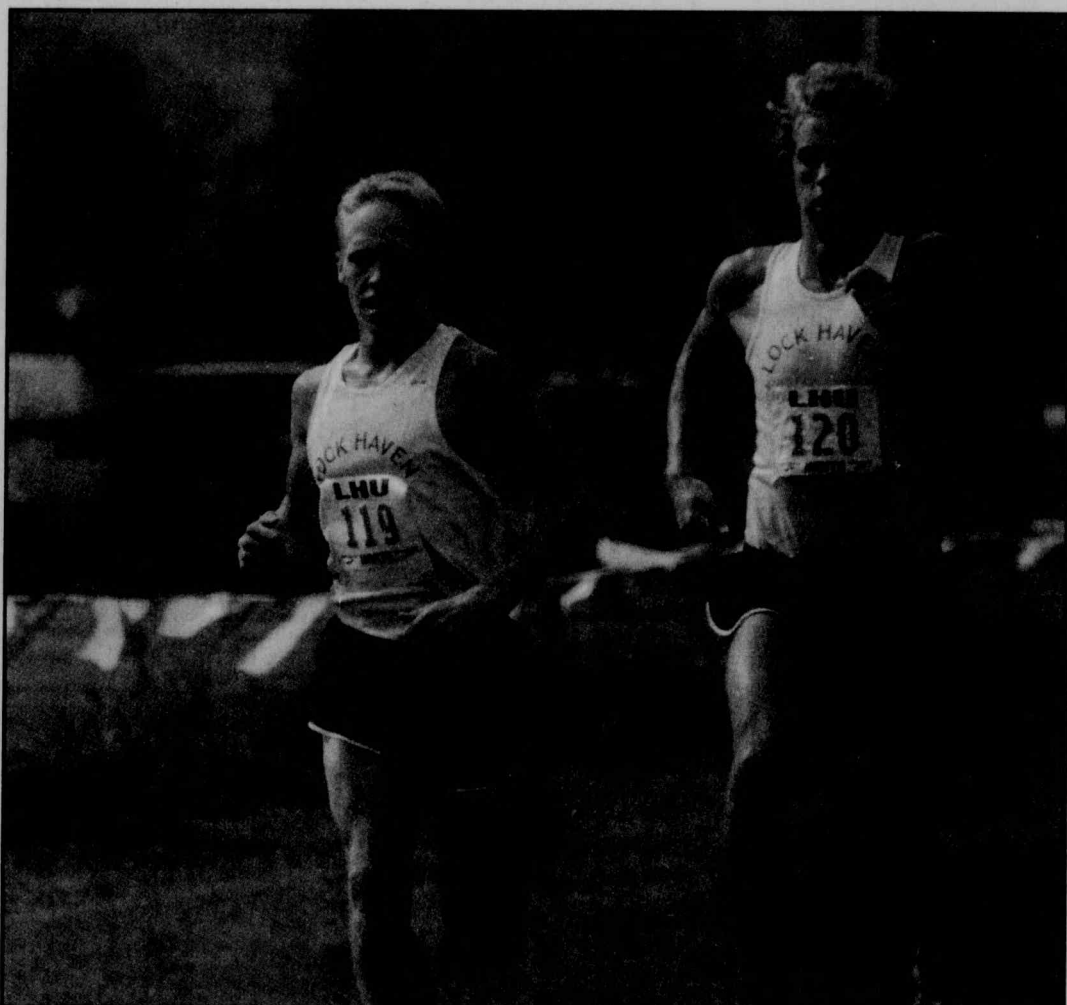


Photo Courtesy of Sports Information

Tim Getz, left, alongside Nick Hilton led the way for the men's cross country team finishing first and second place, respectively.

Cross country dominates in invitational

Kris Glad
Sports Editor
kglad@lhup.edu

For the second straight meet the cross-country team showed why they are ranked in the top 10 of the NCAA division II Atlantic Region as the Men's team took the top spot in the LHU invitational, while the women's team took second place in the meet.

Cross Country

"It was great for the men to win at home in front of their fans. They've worked very hard this

week, and were racing on tired legs, so we were very pleased with the results. Each week different team members have stepped it up, and we should only get better as the season progresses. I was very pleased with how the men worked together and helped each other during the race," said Coach Aaron Russell.

Tim Getz lead the way for the men's team as he took first place in the 8 K course with a time of 26:24.20 minutes.

See, XC, B2

INDEX

LHU Sports B1-B4

Features B5-B8



Women's soccer wins 2 straight. See, B3



Exhibit shows Godeke's reality. See, B8

Overtime win adds to four undefeated games

Kris Glad
Sports Editor
kglad@lhup.edu

If the men's soccer team was going to turn their rather young season around, they did it at the best possible time with their latest win over Mercy College.

Men's Soccer

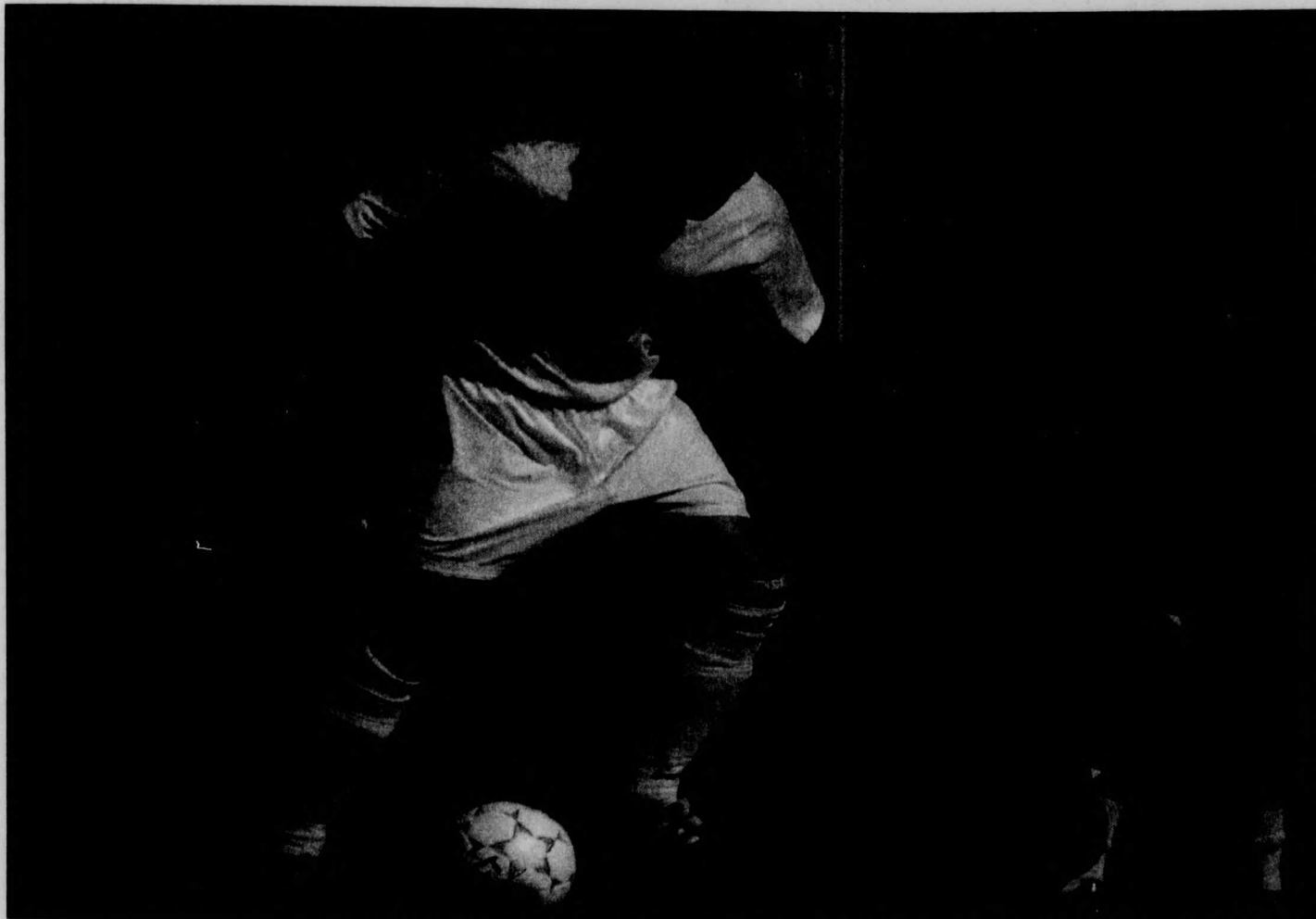
With that win, the Bald Eagles extend their unbeaten streak to four after dropping the first three games of the season.

"I feel like we are finally hitting our stride with the past few games. We had a slow start but all our games were away which can be difficult but now we are figuring it out," said Andrew Clemens, junior midfielder.

Over this past weekend, LHU headed north to New York to take on Molloy College on Friday and then Mercy College on Sunday.

In the game against Mercy, the Bald Eagles struck first at the 19th minute with Clemens netting not only the first goal for Lock Haven, but also his first of the season. The lead was short-lived as Mercy tied it up less than a minute later.

The second and winning goal for Lock Haven came at the 64th minute, with Mark Auman sending a corner kick to Paul



LHU's Paul Hockett, number nine, scored the game-winning goal in the overtime game against California University. The goal was the first the Bald Eagles had scored at Hubert Jack Stadium.

Brungard, who sent past the Mercy goalie for his first goal ever for LHU.

This was an example of some of the younger players stepping up for the team, which is what Coach Doug Moore likes to see.

"The freshmen as a group have done well," said Moore.

The first game in the roadtrip saw the Bald Eagles come to a draw

against Molloy College with a score of 1-1.

Lock Haven kept it close with Molloy the whole game until the 83rd minute when Greg Shertzer got LHU's lone goal of the game.

While Molloy was able to come back shortly after that, LHU would hang tough for the 20 minutes of overtime to get the tie. The tie was the first since October of 2006 for the

Bald Eagles.

While the success was seen away from home, the Bald Eagles earned their first victory at home for the season.

The victory wasn't only the first of the season, but also the first at the Bald Eagles new playing field at Hubert Jack Stadium.

"(Lock Haven) has a tradition of winning at home, I hope this starts a

new tradition," said Moore.

On Tuesday, Sept. 9, the Bald Eagles faced off against fellow Pennsylvania State Athletic Conference foe, California (Pa.) University with LHU winning in 1-0 in overtime. While Lock Haven worked hard on both sides of the ball California fought just as hard.

LHU finally scored

within the first two minutes of the overtime period when Paul Hockett took a free kick outside the California goal, despite it being hit by a California defender the ball found its way to the goal for the Lock Haven win.

"The game against California really sticks out in my mind because I felt like that was the first game where almost everyone was on their top game," said Clemens.

Lock Haven will look to extend their unbeaten streak as they, at press time, had played New York Institute of Technology at Hubert Jack Stadium.

"The last couple of games have all been tough, especially with six of the first seven on the road, and staying away from home the last two weekends in N.Y. and Pittsburgh. I feel like team chemistry has built on away trips. Even though we have been away so much, we look forward to home support for upcoming games," said Bill Trimble, goal keeper.

After the game against NYIT the Bald Eagles will go on another roadtrip, which will be their last featuring consecutive games on the road for the regular season. They will go to Shippensburg University on Saturday, Sept. 20 and then to Slippery Rock University on Tuesday, Sept. 23.

Athletic training: Education and hands-on experience

Kris Novak
Sports Reporter
knovak@lhup.edu

The athletic training program is designed to educate students in the classroom while giving them the tangible, hands

on experience. This gives the students the ability to work with the faculty as athletic trainers for the athletes here at the university.

The program requires the students to major in health science/athletic training. This means the students will take courses

like anatomy, biomechanics, care and prevention of athletic injuries and therapeutic exercise and rehabilitation just to name a few.

The program also gives students the option to double major if they wish to pursue a teaching certification or add another major.

Once accepted into the program the students are assigned to a sports team for the entire season. They arrive early and prepare for the practices and games and do not leave until every athlete is taken care of after the games.

The students are expected to dress and act professional while on "duty" and receive grades and evaluation on their performance in the training room.

The students of the athletic training program, while holding a full-time academic schedule, play a huge role of the athlete's physical health.

The men's soccer coach, Doug Moore, said that having the athletes present at every game is "Absolutely vital to the coaching staff" due to the ankle and knee injuries along with the minor injuries that need to be tended to such as bumps, bruises, strains and blisters.

This is a big help to the athletic training faculty due to the fact that all athletes could not be tended to without the students. "Between games is when (the trainers) do their work" says Moore. "They do their best to give me the most athletes to play for each game."

The students of the athletic training program also feel that it is a great program because it gives them the education need-

ed while giving them personal responsibilities. Athletic training student, Miranda Fisher says, "I really like our program because it is challenging yet satisfying. The students have a close working relationship with our professor which is great, not only in the classroom, but the clinical setting as well. It gives us an extension from the classroom because of the hands on experience. What we learn in the classroom is what we do with the athletes."

The athletic training program has come a long way since 1977. It was started by Mr. David Tomasi, who was the sole professor of the program teaching a total of eight students. Currently however, the program consists of six full-time professors who not only teach full class schedules in the health science department but also serve as trainers for all varsity athletic teams. Tomasi was inducted into Pennsylvania Athletic Trainers' Society Hall of Fame in 2001.

From, XC, B1

Getz wasn't the only Bald Eagle to place in the top five; in fact LHU had two other runners place in the top five in the men's race. Nick Hilton came in second with a time of 26:24.59 and Brandon Pomerantz came in third with 26:24.00.

While those three came in the top they weren't the only top runners to do well. Mitch Miller took fifth place with a time of 26:49.08 and Andrew Johnson took ninth place with a time of 27:04.24.

With the top five runners coming in at first, second, third, fifth and ninth, LHU was able to score 20 points and take first place.

"It felt really good to bring this win home on our own turf in front of the LHU fans and parents, it's always a little bit sweeter to have a good day at home," said Nick Hilton.

While the men's team experience success in the meet, the women's team ran hard to take second place in the meet with three runners finishing in the top ten.

"It's the best performance we've had at this meet by our team, however, and I really believe in this group of women. I think they've got a lot of spunk and are hungry to go after it here later in the

season," said Russell.

Shala Simms was the top women's runner for Lock Haven as she came in third place with a time 23:01.82 minutes. Lindsay Lambert followed closely behind with a time 23:06.48.

The only other Lady Eagle to break into the top ten was Alyssa Douma, as she took eighth place with 23:27.25.

"The lady's took second but we were very strong and next time the outcome will be different," said Lambert.

The women's team was able to take second place with the top five runners getting third, fourth, eighth, sixteenth and eighteenth, giving them 49 points and second place in the meet.

"I'm very excited for this season. I think that we will surprise a lot of people," said Douma.

Both cross Country teams will look to keep their dominate performances going as they will travel to Monmouth University for the Monmouth Invite on Friday, Sept. 19th. After that, the LHU runners will be getting ready for the Pre-Nationals meet at Slippery Rock University on Oct. 4th.

Phone: (570) 748-7338
Fax: (570) 748-6875
Across from Arby's

+ Candles
+ Items for all occasions
+ Sports equipment
+ Christmas Shoppe Open NOW!!
+ Tart Burners and Tarts

UNKEL JOE'S WOODSHED
ROUTE 150 WEST
LOCK HAVEN, PA 17745

Shear Talent

Walk-in's welcomed! Appointments appreciated!
202 E. Main Street
Lock Haven, Pa 17745
(570) 748-6766
Located by Texas Lunch

Tanning Bed!
Accepts Mastercard & Visa

Call Heather for appointments!

Bonnie's
Hair Nails Tanning
Salon

"Total Beautification Experience" A Full Service Salon
131 E. Main St., Lock Haven Phone (570) 748-3055
Mon.-Fri. 8-8, Sat. 8-4, Sun. Seasonal

* 10 Tanning Units * *No Membership Fee
* Air Brush Tanning * needed for tanning beds!
(Specials now through Winter Break!!)

* All new Formastar body wrap system *

Register today for 2008 Intramural Sports

Volleyball (Co-ed)
Outdoor Soccer (Co-ed)
Tennis (Men's)
Tennis (Women's)
Men's Basketball (5x5)
Women's Basketball (3x3)
Flag Football (full)
Racquetball (Co-ed)

Registration ends Friday 9/19

Six goals push soccer to two-game win streak

Nikki Wasserman
Sports Editor
nwasserm@lhup.edu

The women's soccer team collected back-to-back wins after defeating PSAC West opponent Edinboro and the Lady Cats of the University of Pittsburgh-Johnstown.

Women's Soccer

The Lady Eagles were on the road this weekend where they beat conference opponent, Edinboro in a 3-1 victory on Saturday. In the first half sophomore forward, Arielle Gordon netted two goals, giving the Lady Eagles a two goal lead at halftime.

In the second half, Brianna Orth scored a head goal off of a Lindsey Blessing corner. To revive the Fighting Scots from a shut out Edinboro forward, Rachel Dahlstrand scored bringing the final score to 3-1.

The Lady Eagles came back home where they played UPJ in a 90 minute battle, where they dominated most of the game.

"We worked as a team and had good passing and combinations," said Gordon.

Within the first two minutes Gordon scored a left footed goal which sailed high and fell in the inside of the net, setting the team up for an early lead.

It was not long before team mate Melinda Dodson found the net for her first goal of the night. Dodson kept the pressure on with nine shots on the game. The team worked together denying UPJ any time to capitalize.

"The first half we played together and smart. We kept the run of the game simple. The second half was a little more hectic, but again we still played smart and did good capitalizing on our opportunities," said Dodson.

Just as the game was approaching the end, Dodson had a breakaway taking a shot past the goalkeeper and found the net leaving only ten seconds left to play.

The final score was 3-0 in favor of the Lady Eagles. Goalkeeper, Kim Bentley saved all three shots on goal in the shutout.

The Lady Eagles (3-3) played Wednesday night against Clarion University (1-3-2). Be sure to check out the women's soccer team Saturday at 6 p.m. where they will face Kutztown University.

Game attendees may have the chance to participate in the LHU SCC Bookstore soccer skills challenge at halftime. At every home game fans will have the opportunity to win free t-shirts courtesy of the bookstore.

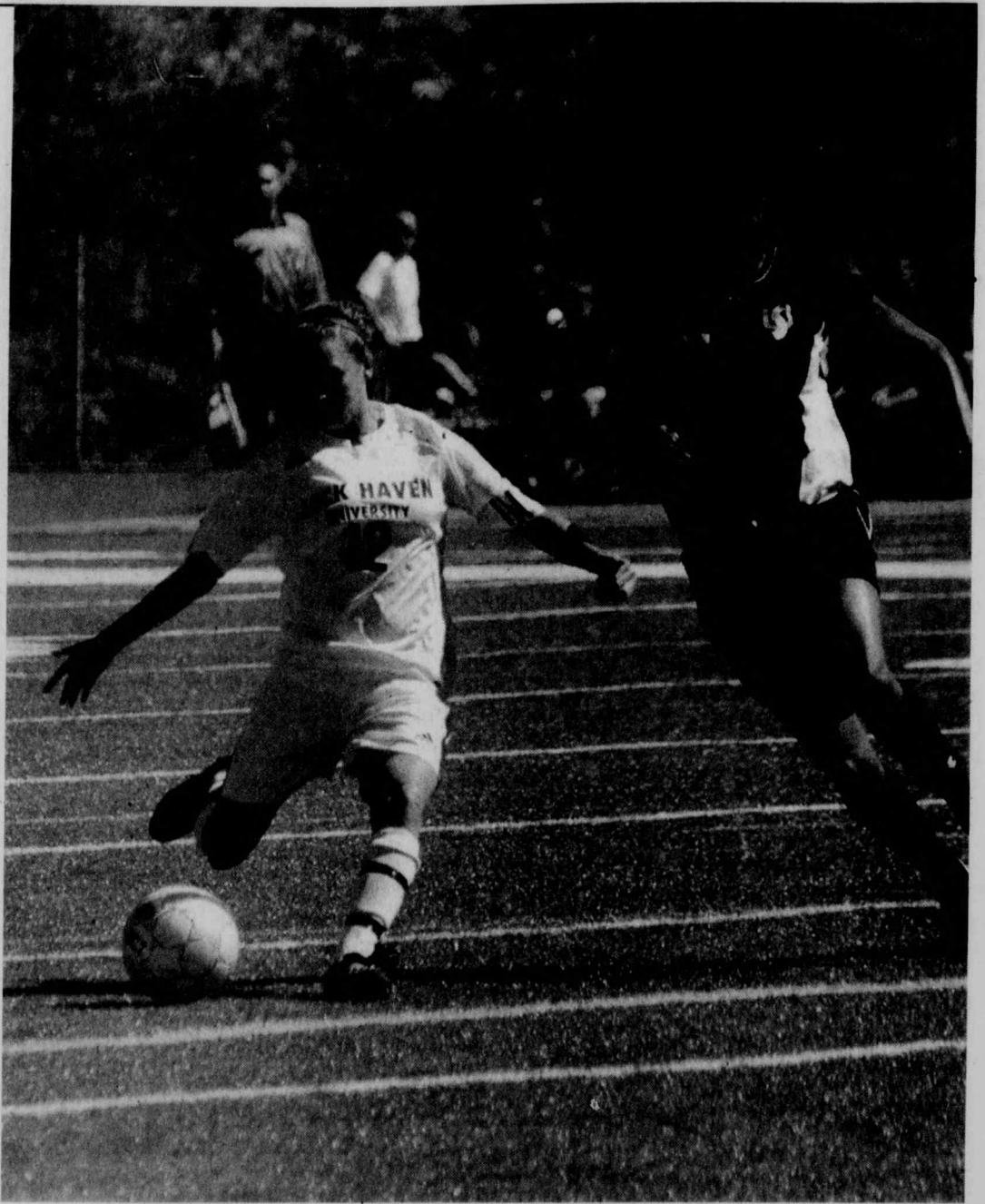


Photo Courtesy of Sports Information

Arielle Gordon scored one goal in the 3-0 win over University of Pittsburgh-Johnstown.

Football suffers tough defeat against Ship's Red Raiders



Nikki Wasserman / Eagle Eye

The Bald Eagles' offensive line protected Quarterback Jarryd Burkett during Saturday's home game against Shippensburg's Red Raiders, where he earned 53 passing yards. Shippensburg came out on top with a score of 36-0.

Brandon Apter
Sports Reporter
bapter@lhup.edu

The football team (0-3) suffered a tough defeat to the Red Raiders of Shippensburg this past Saturday at home. The Haven could not put up consistent drives and failed to make the big plays.

Football

Ship would receive the ball first, using up five minutes of clock to set up a 28-yard field goal that was missed by kicker Kyler Ford. This would give the Bald Eagles a chance to capitalize on a Ship mistake. They would not get any luck as LHU would go three-and-out after a holding penalty.

Ship running back Chris Infante would find a

hole in the defense as he rushed for 21 yards before finally punching it into the end zone for an early 7-0 Ship lead. After two incomplete passes and a two-yard rush on the next Haven possession, they would have to punt again setting the Red Raiders to score again.

Behind Quarterback Chad DiFebbo, Ship drove the ball down the field in just over four minutes and handed it to Chris Infante for another score. They would miss the extra point as Ship would take a 13-0 lead early in the second quarter.

On the next Bald Eagle drive, they got their first 1st down of the night thanks to the rushing plays by freshman Quarterback Jarryd Burkett. Burkett had his second start under center on Saturday and it was a learning experience. "It is a great feeling knowing that I am only a freshmen

and this will help me get better for years to come," said Burkett.

Ship would score once more before the half as DiFebbo would hit receiver Mike Harris for a 24-yard score after a costly Lock Haven fumble. A two point conversion attempt would fail as the teams went into the locker room with Ship leading 19-0 at half.

The second half was not much different as Brad Catherman rushed in for a score to give Ship a 26-0 lead. The Red Raiders would tack on another TD and a field goal to close the game out 36-0. The bright spot for LHU in the second half was a recovered fumble that set them up with great field position only to be forgotten by an interception on the next play.

Freshman Jarryd Burkett finished the day 12-for-28 for 53 yards and an interception. Micah Coleman would lead

receivers with two catches and 15 yards while Cameron caught three passes for 14 yards. On the defensive side, Shane Barie led all with 9 tackles and Aaron Pryor and Shawn Crebs would contribute with seven a piece.

Looking back on the game, Coach John Klacik saw some things that were good and some that needed work. "I think our special teams our playing very well. We need to develop a running game," he said. "I think Burkett has handled the position well and will continue to develop into a super signal caller."

Burkett and the rest of the Bald Eagles have a tough test ahead as they travel to No. 21 IUP on Sept. 20. Last season LHU fell to IUP at home 44-13. IUP is coming off of a convincing 63-3 victory over Millersville in week three. Kickoff is slated for 4 p.m.

From, Field Hockey, B1

Wynne turned on her increasingly legendary speed, laid out and tapped the ball in for her third goal of the game.

"I didn't even think about it until some one said hat trick," Wynne said of her performance.

According to Rudy, Wynne's exceptional game is a product of her speed.

"I would put her against anyone in the country," Rudy said. "If Blair gets space; it's over."

Riding high from the emotion of an overtime thriller served as a motivator for Wynne coming into the next contest. Wynne says she wasn't as motivated to win again as she was to avoid back-to-back overtime games.

On Sunday, the Lady Eagles were back on the field against Lafayette, for what Rudy called the team's best game all season.

Lafayette came to LHU with high hopes after beating No. 19 ranked Temple, but the Lady

Eagles were able to frustrate them early.

"They had trouble adjusting to our press," Rudy said.

Wynne struck first in the 3-1 win with a drag-flick goal off of a penalty corner.

In the second half Amy Hordendorf and freshman Kristi Shepps netted goals for the Lady Eagles.

Midfielder Megan Albert also had a noteworthy game according to Rudy.

Teamwork was key in Sunday's victory, and Wynne attributes the effort to Rudy's pep talk and the team understanding their assignments.

"We were knocking the ball around, working as a team," Wynne said. "(Rudy) talked to us in the locker room and everyone knows what she wanted them to do."

On Wednesday the Lady Eagles traveled to LaSalle University before returning home to face Colgate at 1 p.m. on Saturday.



Your NETWORKS for LHU
Athletics

visit havensports.com



From, Volley, B1

"I was pleased with the performance of our combination attack, which depends on our middle attack," said Justice.

"A good analogy is when the blocking pocket is broken down in football, all your plays come down to that... it's just the same with volleyball, except it's not blocking, it's passing," said Justice.

"You can tell if the setter had the ability to create good offense by how the middle attackers play... the setter then sends the ball to the hitter."

Justice said that these combination attacks have

been a focus for the team, because success relies on good ball control.

"We're starting to gain momentum (as a team)," said Justice. Our confidence level is growing and that is very important when going into PSAC play."

Justice said that their match against Shippensburg, which was held at 7 p.m. on Tuesday, was their number one competition in the eastern division, as far as polls go, but the Lady Eagles pulled through, winning their matches 25 to 23, 25 to 20 and 25 to 13.

Naumann and Borgia led the kills with 10 each, and kill percentages (which are much like batting averages, said Justice), were high.

Borgia's kill percentage was 500, Naumann's was

368, Nascimento's 421 and Gribler "came through big time" with a 600 kill percentage.

According to Justice, Gomez had 33 assists, and in a normal game, 11 or 12 are considered "pretty good."

Leading the digs for the ladies was Laury with seven, followed by Naumann and Borgia who had five digs each.

Borgia and Nascimento also brought in three block assists each.

"This is definitely the kind of beginning we like to see," said Justice. "It puts us in the driver's seat, having beaten our number two and number three. But, we still have a lot of work to do."

Coach's Corner

This week: Women's Soccer Coach, Heather Davis

Sarah Cox
Staff Reporter
scox@lhup.edu



Heather Davis has been the coach for the women's soccer team since 2005. This will be her fourth season, and still today, she has an undeniable connection to the players.

Davis, originally from Massachusetts, had 11 years of coaching prior to coming to the university. She was an assistant coach from 1997-1998 at Washington and Lee University, and also held the position as head coach at Carnegie Mellon University from 1998 to 2005.

At Carnegie she guided the Tartans to a 67-44-12 record and allowed them to participate in the East Collegiate Athletic Conference (ECAC) Mid-Atlantic tournament Championships in 2003 as well as 2004. These experiences alone show the promise that Davis has to offer.

Davis enjoys playing soccer as well as coaching it. In high school, she was involved in track and was also a member of the ski team. In college, Davis not only participated in soccer for four years, she also learned the intense sport of lacrosse.

Davis was also a Plymouth State College player. She earned Second Team Regional All

American honor as a midfielder in 1994 and 1995. That following year, Davis earned her B.S. in Physical Education/Exercise Science. Davis later moved on to the University of North Carolina at Chapel Hill to complete her M.A. in Physical Education/Sports Administration.

According to Davis there is a difference between college and high school intensity levels.

"There is certainly a higher time commitment between high school and college. As a player matures the level naturally gets higher, faster. I enjoy working with young adults at the college level and the challenges that presents. High school coaching has a different set of challenges, I would imagine," said Davis.

Her insight to the world of not only women's soccer, but college sports, allows a better understanding of the demands that come along with coaching. Not only does the intensity level grow, so does the demand to have a strong and driven coach. Davis has those characteristics. She seems to be the kind of coach that, no matter what the game comes down to, she knows that her team has the ability to win; it is just unleashing that threat.

When asked about viewing her life from a different perspective and what she would be doing

right now if not coach, surprisingly, she said she would like to teach.

She said, "I enjoy the teaching/learning aspect of coaching very much, so that would keep me in the education field."

Seeing that Davis has this attraction to teaching and learning from others makes her a better coach ultimately.

When Davis is not supporting her team out of the game field or practice field, she coaches with the Pennsylvania West State Organization and is a member of the region 1 coaching staff. Davis also holds a USSF "A" coaching license above everything else.

Many believe Davis is an inspirational person and coach. She has much to offer not only the university's sports organizations but the school as well. She is a strong woman who deserves much recognition for all of her duties and positive lifestyle.

Sept. 11 still vivid for Illini gymnast

Meghan Montemurro
Sept. 11, 2008
U-Wire

Seven years ago, 12-year-old Daniel Ribeiro sat in a classroom as a seventh-grader at Cavallini Middle School in Upper Saddle River, N.J., about a 15-minute drive from Manhattan.

It was a typical Tuesday, that tragic Sept. 11, 2001, though that is often said of generation-changing events.

The Chestnut Ridge, N.Y., native first sensed something was happening when all the teachers left the classrooms.

"We were like, 'What's going on?'" the current Illini gymnast said. "We had no idea what was going on."

As the teachers convened outside, the middle school students looked on in confusion. Soon after, Ribeiro and his fellow classmates were given an early recess, at which point the now-Illinois sophomore saw smoke in the sky.

"We could see the smoke. We didn't know what was going on. We had no idea," Ribeiro said.

As the school day progressed, kids were pulled from school, though Ribeiro was not.

"There were 500 people in my school, about, and I think there were only

around 100 at the end of the day," said Ribeiro. "In my last class there were only, I think, three kids and we were just looking out the window watching the other kids leave one by one."

Still out of the loop on the day's events, Ribeiro was greeted by his then eight-year-old sister, Alexandra, as she ran up to him and told him the devastating news; the World Trade Center fell, which his father, John, confirmed as he got into the car.

Ribeiro couldn't believe it.

After arriving home, Ribeiro watched the television coverage of the attacks and came to

realize the smoke he saw during recess came from the World Trade Center.

The attacks on the Twin Towers hit close to home and not just in proximity. The father of Ribeiro's best friend, Bryan Teaton, was a police officer in New York. Officer Mike Teaton had a meeting on floor 107 in the North Tower. Running late, Teaton grabbed a quick breakfast with fellow police officer Moira Smith. Approximately two minutes later, American Airlines Flight 11 crashed into the North Tower.

Thinking it was a bomb, Teaton went down to check the basement and subway to gather and

assist people while Smith headed up into the World Trade Center. When the building collapsed at 10:28 a.m., Teaton was in the subway system, which ultimately saved his life, and escaped by walking through to the next street stop.

Unfortunately, Smith did not survive the tower's fall. She was the only female police officer to die on Sept. 11.

"Although it was great that he survived and helped save people's lives, for the next two weeks he was devastated, digging through the remains looking for her," Ribeiro said of Teaton.

"You realize how easy it is to lose somebody, how something like this - just like that," Ribeiro said with a snap of his fingers. "One of my friends, boom, lost his father. Anybody can be gone at any moment."

The day's devastating events impacted Ribeiro's personal relationships as well as his gymnastics life.

The final words spoken by Flight 93 passenger Jeremy Glick reverberated across the country on that fateful day: "We're going to rush the hijackers."

Glick's daughter Emerson was only three months old when the hijacked United Airlines Flight 93 crashed just outside Shanksville, Pa., en route to Washington, D.C.

Glick's nephew, who was only six or seven at the time, was "extremely upset" when he arrived at U.S. Gymnastics Development Center II, which is both owned and run by Ribeiro's parents, John and Michelle. Emerson is now a gymnast training at the center in New Jersey.

For an event which many people can pinpoint when and where they first heard of the attacks, things were put in perspective for Ribeiro, even at a relatively young age.

"Because I was so young, it took me a while to understand it, but just being that I was so close and so many stories, friends losing people, friends just going to the city begging people if

they've seen their dad or their brother, in the sense it hit a little harder, hit at home," Ribeiro said.

When asked if it seemed like the attacks and fall of the World Trade Center had happened seven years ago, Ribeiro replied, "Not at all. I feel like it was two, three years ago."

"It's still something that I feel like nobody should ever forget and everyone should look at it as a day to really look at your friends and family and can't take them for granted, because this can happen at any time."

Sept. 11, 2001 brought the nation and American families together. It was no different for Ribeiro, who bonded with Illinois freshman Austin Phillips. Phillips is from Mahwah, N.J., and worked out at

the Ribeiro family's gym as well.

"This was a time we needed to come together, to work together because there were people that were hurting, families that were devastated and everyone needed to help those people."

Ribeiro said he grew up a lot that year and realized what was most important to him.

"That was a time period that, for me, I really found my close friends and who I cared about and who I needed to spend time with," Ribeiro said. "You can't take it for granted. Spending time with your friends and your family is that much more important."

— Daniel Johnson contributed to this report

SUMMER END SAVINGS!

EVERYDAY SPECIALS
 State Inspection (includes tax) \$13.00
 Oil Change (9 qts. of oil, some filters result an extra charge) \$25.95
 Wheel Rotation \$10.00
 Transmission Service \$75.00 & up
 Computer Diagnostic Service, Full Engine Service, Full Exhaust Systems, Full Line of Brake Service, Tires - Sales & Service

WASH, WAX PACKAGE
 Hand Wash & Chamois
 Interior Vacuum
 Hand Wax
 Clean Windows - inside & out
 Clean Interior
 Clean Wheels & Dress Tires
 Exterior & Interior Buff
 \$49.95

EXTERIOR & INTERIOR PACKAGE
 Hand Wash & Chamois
 Interior Vacuum
 Hand Wax
 Clean Windows - inside & out
 Clean Interior
 Clean Wheels & Dress Tires
 Exterior & Interior Buff
 \$89.95

WASH, WAX PACKAGE
 Hand Wash & Chamois
 Hand Wax
 Dress Tires
 \$39.95

WASH, WAX PACKAGE
 Hand Wash & Chamois
 Interior Vacuum
 Hand Wax
 Buff Exterior
 Dress Tires & Wheels
 Steam Engine
 Clean Interior
 \$49.95

COMPLETE DETAIL
 Hand Wash & Chamois
 Interior Vacuum
 Clean Windows - Inside & Out
 Carpet Shampoo
 Hand Wax
 Buff Exterior
 Dress Tires & Wheels
 Steam Engine
 Clean Interior
 \$139.95

HAND WASH & CHAMOIS PACKAGE
 Hand Wash & Chamois
 Hand Wax
 Clean Windows - Inside & Out
 Clean Interior
 Clean Wheels
 Clean Tires
 \$99.95

ANASTOS BROS. AUTO SALES
 Tony Anastos
 308 E. Church St., Lock Haven, PA
 Phone (570) 893-6898
 Toll Free: 1-877-ANASTOS
 www.anastosbrothers.com
 Check our full inventory online

We have so much to offer...
 Great Service
 Friendly Atmosphere
 Sales, Leasing
 Full Service Dept.
 Full Detail Dept.
 Full Line of Late Models
 Inexpensive Vehicles
 Financing
 Warranties
 Life & Accident
 Health Insurance
 All Trades Welcome

ALL MAKES & MODELS TO CHOOSE FROM
 FULL SERVICE DEPARTMENT
 GIFT CERTIFICATES
 AVAILABLE FOR EVERY OCCASION

Retiring with care



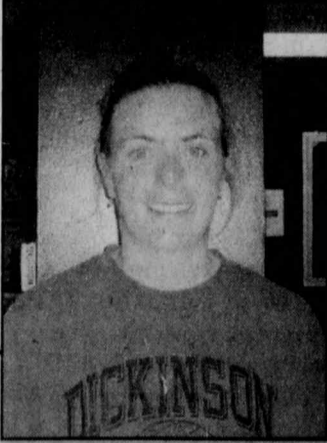
Nikki Wasserman / Eagle Eye

Head football coach, John Klacik along with president Keith Miller and Athletic Director Sharon Taylor honor, Mike Packer Saturday night. Packer was a former quarterback for the Bald Eagle football team. Packer then served as a coach for Lock Haven High School, before becoming a free agent for the New York Jets. The No. 12 jersey he wore during his college years is now being re-retired.

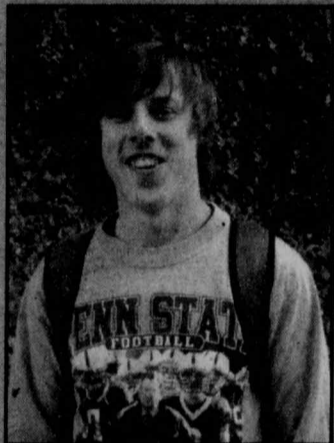
HAVEN LIFE

Question of the Week

How do you feel about the smoking ban on campus?



Name: Kirstin Sowers
Year: Senior
Opinion: "I'm used to it because I'm from Delaware (they already have 'no smoking' laws). I'm not a smoker so I don't really care."



Name: Carl Tull
Year: Senior
Opinion: "I don't smoke. I'm OK with it."



Name: Perihan Yurtseven
Year: Junior
Opinion: "I feel imprisoned. I feel bad for people that live in the dorms. I'm old enough to smoke. There should be smoking areas."



Name: Eugeniya Kolesnikova
Year: Senior
Opinion: "I think it's the best thing they could do. Smoking kills."



Name: Mark Politi
Year: Senior
Opinion: "I think it's sudden. There was no warning. I feel bad for my roommate (who is a smoker), but I'm not a smoker."

Internship Spotlight: behind action news

Amanda Alexander
 Features Editor
 aalexan3@lhup.edu

Many times while watching the news, we are just about to change the channel when something catches our attention and makes us stop. If you watched WTAE Channel 4 Action News, Pittsburgh, this summer, that something may have been Becca Gregg.

Gregg was a summer intern with WTAE, the No. 22 news station in the country, which covers all of western Pennsylvania, as well as some areas of Maryland, West Virginia and Ohio. This was Gregg's first internship.

As one of two interns in the promotions department, Gregg had a variety of duties from day to day.

"There were so many responsibilities," she said, adding that although she only did the internship for three credits, she typically worked five days a week from 10-5, as there was too much work to be done for only a few hours a week.

Gregg spent plenty of time doing "promotional writing," for upcoming newscasts. Those little snippets in between your favorite TV shows that give you a preview of the upcoming news can be just as important as the news itself—they keep you watching. She also wrote a daily promotional email that puts synopses together of all the shows and their most important topics.

Gregg's description of a typical day starts out

with catching up on the day's headlines. Gregg and her fellow intern spent most mornings reading news updates on the computer, as reporters sent in updates from their Blackberries. The interns would watch the news at noon and attend a meeting with producers at 1:45 to go over everything that needed to be prepared for the 5 p.m. news. After hearing the top stories planned, Gregg would write a promotion for the evening to get people to "stay tuned" for whatever was coming up that night and get video from reporters to accompany the promotion.

On top of these daily tasks, Gregg spent plenty of time planning events. One of these events was

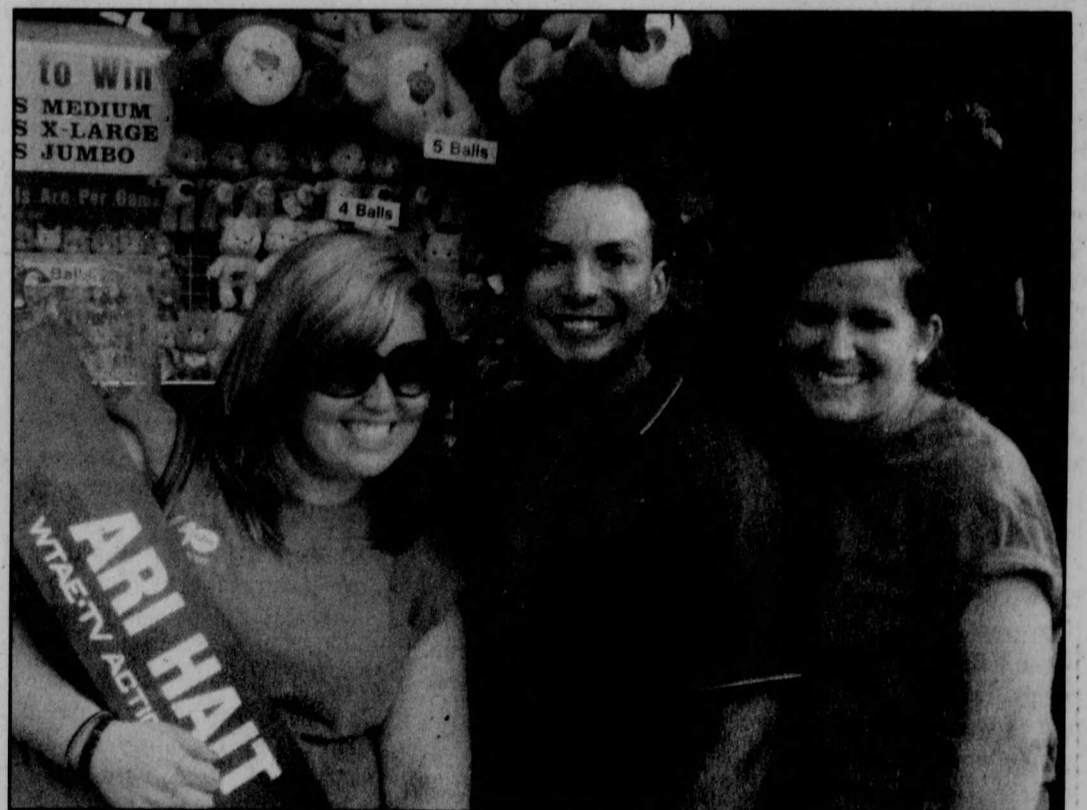


Photo courtesy of Becca Gregg

Becca Gregg, along with fellow intern Carolyn Klasnick and supervisor Heath Myrick, plan an event for WTAE-TV.



Photo courtesy of Becca Gregg

Gregg poses behind the Channel 4 Action News desk where she was an intern this summer.

the annual WTAE-TV Day at Kennywood event, which was held Thursday, July 10. This is a day for the public to get to know their favorite TV personalities. News anchors, reporters and meteorologists from the Channel 4 Action News team make appearances in the park and sign autographs. For this event, Gregg was in charge of calling and booking entertainment and booking vendors.

Although her internship was unpaid, Gregg still found it to be a rewarding experience on many levels. "I loved going in every day," Gregg said. Her favorite aspect of the internship was becoming a part of the team. "They really treat

you like an employee there," she said, adding that she didn't know what to expect on the first day but "we didn't have to get coffee once."

One of Gregg's favorite aspects of working at a news station was getting the inside scoop. "I loved being an insider," she said. Gregg got to hear about news as it was happening instead of after the fact, and one of her most exciting moments on the job was going out on the beat with one of the reporters.

She also gained valuable insight into the field and received plenty of advice from her superiors. Gregg was especially honored to get advice from beloved Pittsburgh

anchor Sally Wiggin. "I got to talk to her so much," she said excitedly.

Gregg said she would recommend her internship to anyone who's interested in working in TV. "It was such a good experience," Gregg said, adding that the internship confirmed her career path and made her feel like she's in the right major. It also gave her confidence that she'll be able to survive in the real world.

Surprisingly to Gregg, it also encouraged her to keep pushing herself to excel in college. "It really just gave me the drive to do better," she said.

See, Intern, B7

HAVEN LIFE

Staff profile: clerk offers a snack and a smile

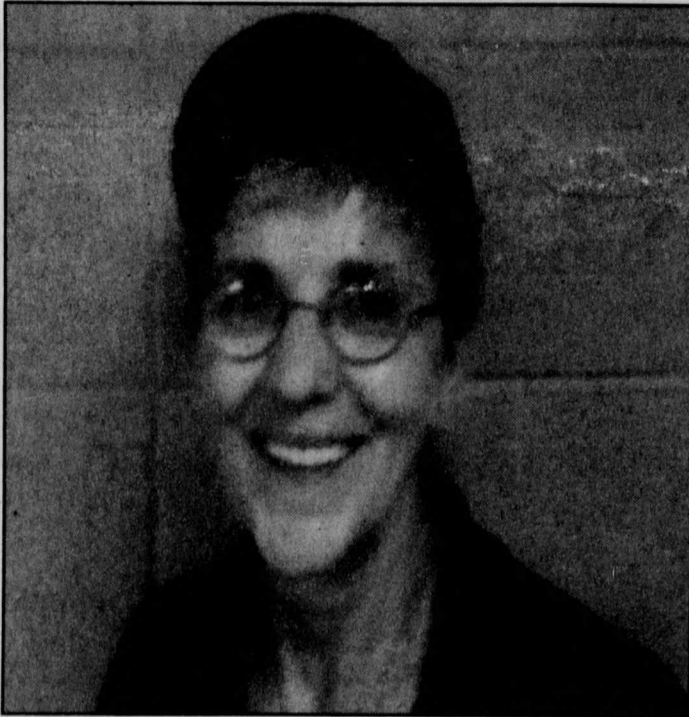
Kris Novak
Staff Reporter
knovak@lhup.edu

If you have ever gone into the C3 convenience store located on the first floor of Robinson for your morning coffee and bagel, the one thing that you may recall is the happy-go-lucky clerk who calls everyone "honey."

Her name is Ellen Kramer and she is the spotlighted staff member for this issue.

Kramer has been working in the food service industry for an amazing 28 years.

She emphasized that working with the students has always been



Kris Novak / Eagle Eye

Ellen Kramer enjoys chatting with students, spending time with her grandchildren and riding her Harley Davidson motorcycle.

the best reason to come into work every day because she loves being around the young people that attend Lock Haven University.

"I really think that the kids that go to school here have kept me here for so long... I think I would have retired a long time ago if it weren't for them" she said. "I really do love working with students... I actually hate when I'm not working because I love coming here and talking with all of the kids."

When asked what she likes to do in her spare time, she answered, "I absolutely love to spend time with my two great-grandchildren. They are and always will be a big part of my life."

One might also wonder what hobbies Kramer enjoys. When asked what she liked to do as a hobby she surprisingly answered, "I like to ride my Harley."

Yes, Ellen Kramer has a Fat Boy Harley motorcycle and rides it quite frequently.

"It isn't really something you might look at me and think, but I do love riding my motorcycle," she said.

The students of LHU also love going to the C3 convenient store not only to buy their morning refreshments or a quick snack in between classes, but because they love talking to Kramer.

Freshman Willy Trahten said, "Every day between classes I go

to the store and leave with the same thing every day: a Mountain Dew and a smile."

As you can see Kramer not only serves the students food and drinks, she also gives everyone a boost in their daily college lives.

So the next time you go into Robinson before your classes, make sure you stop into the first floor convenient store and visit Ellen Kramer.

The very happy, caring, energetic biker clerk will always leave you with a smile on your face.

Professor teaches how to listen

Olga Burket
News Editor
omalays@lhup.edu

To many, asking questions, giving advice and reassuring one's partner in conversation are the signs of a good listener.

To Richard "Dick" Fetzer, an elementary education instructor at LHU and the author of a recently released book, "Please Listen to Me!: A Christian's Guide to Reflective Listening," those and seven other things are so-called "stumbling blocks" that inhibit effective communication.

"It's unfortunate that people in our culture really do not know how to listen with their heart to someone else," Fetzer said. "In reality, if you have just one person in your life who really listens to you without giving advice or judging or bombarding you with questions, you are a very fortunate person. Many people have no one in their lives who will really listen to them."

The author admits that he witnessed many times how powerful and freeing it can be as one person sincerely listens to another, and it was his desire that people would learn to real-

ly listen that inspired him to write the book.

"Please Listen to Me!" is Fetzer's first book, the rough draft of which was started in 2001.

Three years later, his wife, Joanne Luree Fetzer who has a degree in English education, began to edit what he had originally written.

"She is the reason I completed the book. She was beside me every step of the way and I will be forever grateful for such a dedicated wife," said Fetzer.

After about three more years of writing, proof-reading, editing and re-writing, the book was sent to the publisher in August of 2007, and it was finally released in June 2008.

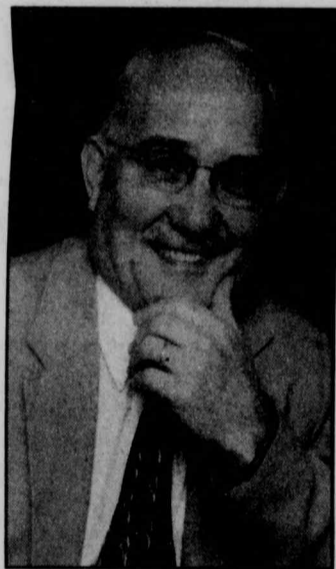
Fetzer based his book on the idea of reflective listening, which he was first introduced to in 1972 at a workshop for teachers on LHU campus.

"It is interesting to me how I have come full circle... This campus is really where it all started for me, and I think it's neat that it's also where I've been while writing the book, and it's where I'll probably end my academic career," he said.

According to him, reflective listening con-

sists of hearing accurately what another person tries to communicate through words and body language.

The author explained that reflective listeners rephrase what the speaker is saying and then await



Richard Fetzer

clarification that they have heard the speaker accurately.

Unfortunately, becoming a better listener is harder than it seems, as there are many bad habits or "stumbling blocks" that can affect a person's ability to listen.

In his book, Fetzer reflects on how to avoid the 10 most common communication problems and

how to move a conversation to a deeper level.

According to him, these blocks are asking questions, giving advice, answering questions, self-editorializing, changing the subject, reassuring the speaker, pretending to listen, not attending the speaker, not providing the proper physical setting and telling the speaker, "I know exactly how you feel!"

In his weblog at <http://richardfetzer.authorweblog.com>, Fetzer states that asking questions is one of the most misleading, yet the most common tactics used in conversation, as people are taught that it is a great way to draw someone into conversation.

However, asking questions will not bring the desired results because, as Fetzer explains, nobody wants to feel interrogated.

"Listening with your heart is not about you; it's always about the other person. Asking questions makes it about you and what you want to gain," he said.

The author called his book "A Christian's Guide to Reflective Listening" because he considers himself a Christian and provides a lot of spiritual

encouragement throughout his book.

"I have seen too many Christians hurt others when they actually thought they were being helpful. I know that many Christians have good intentions and a strong desire to help others, but when it comes to listening too many do not know how to truly focus on the other person," he said. "It is my prayer that everyone, but especially Christians, will learn this skill so that they can truly share God's love and allow hope and healing to take place in the lives of others."

Fetzer said that he had become a Christian only a few months before he was introduced to the skill of reflective listening.

He gives much credit to God for inspiring him to learn this skill and for giving him the motivation and perseverance to write the book that can help people become better listeners.

"People are often overwhelmed by their emotions and need someone to help them untangle them. Many times a person will have a need to share something that is bothering him or her, but there is no one who will really listen to them," said Fetzer,

explaining why it is important to improve one's listening skills.

Born in Bellefonte, Pa., Fetzer was an elementary teacher for 35 years before retiring from the public school system in 2002.

Since then, he has been teaching on the university level at LHU in the early childhood and elementary education departments.

"It has been interesting to have in class some of the children of my former sixth-grade students," Fetzer said. "This year I even have a student in my 204 course who I taught in the third grade!"

Together with his wife Joanna, Fetzer founded People to People Ministries in 2004 to offer seminars on learning styles and communication skills.

"It is my passion to equip others with a skill that can improve all their relationships - that of reflective listening," he said.

His message to LHU community is simple, yet heartwarming:

See, Listen, B7

Lock Haven University's Filmmakers and Artists Alliance Organization

Interested in making movies? Interested in acting?

Want to get involved in the behind the scenes of movie making?

Then come out to **The Filmmakers and Artists Alliance very first meeting** to find out how you can be apart of Lock Haven's very own movie making organization!!!



Lights...
Camera...
ACTION!!!



Thursday September 25 @ 5 pm. Location to be decided.

Open to anybody interested! Email jblanken@lhup.edu

Student Rec Center Events September

Ongoing-SRC Fitness Classes-Schedules are available at SRC Front Desk and online at SRC website.

*Wednesday, September 17-Woman's climbing clinic.
6pm @ SRC Rock Wall.

*Monday, September 22-IM Sports begin.

*Wednesday, September 24-Bouldering clinic.
6pm @ SRC Rock Wall.

*Sunday, September 28 - Self-Defense Class begins.
7-8:30pm @ SRC Dance Room.

HAVEN LIFE

Poet to share work:

Toi Dericotte reflects on personal struggles during reading on Sept. 24 in PUB MPR.

Amanda Alexander
Features Editor
aalexan3@lhup.edu

In a short story called "Kin," Toi Dericotte reflects on a conversation between two fourth-grade boys in which one tells the other he couldn't be Dericotte's son because his skin is black while Dericotte's skin appears to be white.

Dericotte says,

Maddox-Hafer said Dericotte was chosen because of her unique perspective, which adds to the diversity of the program.

"She's very open about the things she struggles with," Maddox-Hafer said, adding that Dericotte's "hard-hitting prose... deals with issues of race, class and gender... and about being a writer, too."

Hafer said.

The vivid details of the poems and short stories make it easy for readers to transport themselves to the time and place in which they occurred.

In the literature and creative writing classes that have been reading Dericotte's works, Maddox-Hafer said, "I've had a wonderful response from the students... they are intrigued by the way she approaches the subjects."

Students will get a chance to speak with Dericotte and get writing tips after the reading, at which time they can also purchase her book, or at one of the on-campus events which she will attend.

Tuesday, Sept. 23, Dericotte will attend a dinner with the Women's Studies Center.

She will hold a lunch with students Wednesday sponsored by the Black Student Union and the Office of Human and Cultural Diversity, which any student may attend.

She will also visit creative writing and literature classes throughout her stay.

Maddox-Hafer said she hopes students will take advantage of the opportunity to meet Dericotte.

"It's... really nice to meet writers face to face. It's kind of an eye-opening experience," she said. "I hope it inspires students... that they can do this as well."

To R.S.V.P. to the lunch with Toi Dericotte, contact Laura Kennedy at lkennedy@lhup.edu.

Recommended by one of last year's Up-Write Reading Program Contributors, Fiona Cheong, Dericotte is an English Professor at University of Pittsburgh and has published four books of poems.

Her memoir, "The Black Notebooks," received the Ansfield-Wolfe Award and the 1998 Caucus of the American Library Association Award and was a "New York Times" Notable Book of the Year.

Dericotte has won two fellowships in poetry from the National Endowment for the Arts and two Pushcart Prizes.

She is a judge for the Lenore Marshall Award sponsored by the Academy of American Poets and the co-founder of Cave Canem, the first workshop/retreat for African-American poets.

her life," he said. "There is a whole world of hurting individuals just pleading for someone to 'please listen to me!' The skill of reflective listening can make such a difference in our lives - at home, at school, at work, etc."

Those who are interested in obtaining a copy of the book can go to D. Dashem Books on Main Street in downtown Lock

Haven.

The book can also be purchased online at any of the major bookstores, such as Amazon.com, BarnesandNoble.com, Christianbook.com or eBay.

Having the book signed by the author will be possible at a book-signing at Barnes & Noble in State College on Saturday, Oct. 11.



Photo courtesy of Google Images

All-star cast delivers many laughs but lacks substance

Danielle Tepper
Staff Reporter
dtepper@lhup.edu

A full cast of A-list stars shows a darker sense of humor in the Coen brothers' screwball comedy "Burn After Reading."

The film has the potential to provoke meaningful thought; instead it merely causes one laugh after another at each twist and turn of the wacky plot.

Ethan and Joel Coen are the smart laughers, creating films that allow audiences to forgive the silly plot because of the deftness of the character interaction and wordplay. Creating roles that tangle together in a web of blackmail, adultery, and comedic antics, the Coen brothers allow each actor to sink comfortably into a character that takes next to nothing seriously.

Osbourne Cox (John Malkovich) has just been fired from the CIA for his drinking problem. While being unceremoniously booted from headquarters, he repeats incredulously, "I have a drinking problem?"

Cox thinks that by waiting until precisely 5 p.m. to start consuming

his vast array of alcohol, this clearly cannot be true.

Angrily asking whose ass he didn't kiss, he storms out. His plan for revenge is to write a memoir of the inner workings at Langley, VA, unsuspecting of the disc soon falling into the wrong hands.

Linda Litzke (Frances McDormand) and Harry Pfarrer (George Clooney) are both trying to find love. Linda works at Hardbodies, a local gym, and is obsessed with trying to find enough money for multiple plastic surgeries, which she believes will help her lack of success finding a partner through the Internet.

Harry just so happens to be married, despite his current successful dating streak. He and Linda meet and seem to like each other. Harry is a U.S. Marshal, and is also having an affair with Cox's wife, Katie (Tilda Swinton). A very tangled web indeed.

Perhaps the most comical character is Chad Feldheimer (Brad Pitt), Linda's Hardbodies co-worker, a gum-chewing, dim-witted physical fitness trainer sporting frosted hair and an iPod. Linda and Chad find

Cox's memoir on the floor of Hardbodies, and decide to earn money by either blackmailing Cox himself, which doesn't go down so well, or selling it to the Russians.

The CIA hears word and gets involved, but is unsure how to proceed. "Report back to me when it makes sense," a CIA superior (J.K. Simmons) says when hearing the story.

The movie throws curveballs left and right, including unexpected murder and interesting construction projects in Harry's basement.

Supporting characters such as Linda and Chad's boss (Richard Jenkins), and a CIA officer (David Rasche) add to the film's charm. The entire cast is obviously having a great time portraying such off-the-wall characters.

A film that pokes fun at what lies beneath our society, "Burn After Reading" has been top at the box office since its release, and for good reason.

It gives fresh perspective on the fact that for the most part, at some point or another, even people as high up as members of the CIA have no idea what's going on.



Photo courtesy of Marjorie Maddox-Hafer

Toi Dericotte writes poetry and prose about issues like race, class, gender and being a writer.

"Schools with predominantly white children want to teach the concept of the human family by including pictures of black people in texts. But valuing the other, learning we are all the same blood, is not a lesson one learns with the mind."

On the contrary, the lesson must go deeper than that, and Dericotte attempts to teach people this lesson through a different channel—the heart—with her thoughtful and straightforward writings. Dericotte will read from some of her works as part of the Up-Write Reading Program at 7 p.m. Wednesday, Sept. 24 in the PUB Multipurpose room. Dericotte will read selections from her memoir, "The Black Notebooks," and some of her poetry.

The event, which is free and open to the public, is sponsored by the English department, the Women's Studies Center, the Black Student Union and a social equity grant from the Pa. State System of Higher Education, Office of the Chancellor.

Professor Marjorie

From, Listen, B6

"If you will take the time and put in the effort to learn this skill, it will make such a positive impact on your life! You will be able to sit in the presence of a person who is hurting and really help that individual work through an issue in his or

From, Intern, B5

"It made me think of what I'm capable of." While before, Gregg said, she shied away from leadership positions in things like Havenscope, now she feels more comfortable trying new things.

Gregg said she would definitely recommend that everyone have an

internship. Learning the ins and outs of the job she wants to have in the future took a lot of pressure off her and let her know what to expect when she graduates. She added that it gave her an edge over the competition; her internship has given her experience that people without internships can't claim to have.

While Gregg recognized the value of her internship, she said stu-

dents can't wait around to find one like hers. "You can't really wait for it to fall into your lap. You have to contact them," she said. "Be proactive."

If you're unsure about where to begin looking for an internship, contact Anita Casper, Internship Coordinator for Career Services, at 570-484-2247 or acasper@lhup.edu, or visit her office in Akeley 114.



Photo courtesy of Becca Gregg

Becca Gregg shows her excitement for Pittsburgh Action News this summer.

HAVEN LIFE

Funny faces and witty phrases

Nikki Wasserman
Sports Editor
nwasserm@lhup.edu

The Haven Activities Council (HAC) along with the Student Cooperative Council (SCC) sponsored the Night of Comedy on Friday Sept. 12 in Price Auditorium.

The show featured Dylan Mandlsohn. As stated in the HAC release, "Mandlsohn recently starred in his own Comedy Now special for Comedy Network and CTV. He was



Nikki Wasserman / Eagle Eye

Tom Cotter shocks students with his "time release" jokes.

a back-to-back finalist at both the San Francisco and Seattle Comedy Competitions."

Mandlsohn was involved in theater as well as the teaching program at the University of Windsor, which is located in Canada. He said the greatest place he ever performed was the Luther Burbank Center in Santa

Rosa, California.

"It was the first time I performed in a sold out theater. There were 1,600 people. The set was ridiculous. It was a 10 minute set, and I only spoke for five minutes. It was the best night, it was exciting to perform...the laughs are right on top of you," said Mandlsohn. "It was a dream," he added.

Mandlsohn hopes to get into the movies, and with his character like facial expressions to his zany improvisations he may

release.

This is only the second time Mandlsohn and Cotter did a show together. Mandlsohn said they did a lot of catching up when they arrived. Also adding what amazing talent Cotter has and said "I learn from him."

Cotter had a lot of energy and was very quick witted. While performing he told the audience to keep up.

Sometimes things didn't make sense at the moment but taking a few seconds to realize what just happened made the audience laugh even more. "We didn't have time to

take a breath, he had us laughing from start to finish," said senior Lindsey Griffith.

A few audience members had to leave early, or simply use the bathroom. Either way it didn't get by Cotter. He made it a point to pick them out and make a joke that had everyone laughing. After that it made people wonder what was going to happen next.

Cotter graduated from Dennison College alongside actor, comedian Steve Carell.

Cotter got married in 2001 to fellow comedian Kerry Louise who appeared on Last Comic



Nikki Wasserman / Eagle Eye

Dylan Mandlsohn's facial expressions show his crazier side.

Standing. They had a show together "Two Funny" which aired on the Women's Entertainment

Network. Although, the series only lasting a season, he said it was a great experience.

Cotter will be performing on a cruise and then appearing in the Hong Kong Comedy Festival.

"I am very excited, I appreciate western entertainment," explained Cotter. He also said he would love to perform in Iraq.

Both performers incorporated the crowd and had them laughing from beginning to end. The performers made connections that hit home with some audience members.

"I enjoyed the show very much, they were hilarious. I loved the way they incorporated people. I would definitely recommend other events like this," said freshman Megan Homicz.



Nikki Wasserman / Eagle Eye

The two comedians incorporate the crowd in their routines.

Artist depicts his own reality

William Dowd
Staff Reporter
wdowd@lhup.edu

The Art Department and Fine Arts Society held a reception for the current art exhibition in John Sloan Fine Arts Gallery Sept. 10.

The gallery displays the work of artist Jason Godeke. Godeke, an assistant professor at Bloomsburg University, was chosen to showcase his work by a committee composed of LHU Professors Vance McCoy and Jason Bronner, along with student representative Alice Alexandrescu.

Godeke is a graduate of Yale University where he received his undergraduate degree in art.

Following his undergraduate studies he went on to receive his Master of Fine Arts degree from Stony Brook University in Manhattan.

The reception was open to the public giving viewers the opportunity to ponder the art while enjoying light refreshments.

The art on display includes works in pastels, charcoal, oil on canvas and other mixed mediums.

The scales of his paintings are diverse ranging from three feet to life size.

Some of his paintings are theatrical using a technique called chiaroscuro where light and dark are rationally placed to give a dramatic feel to the painting.

Professor Ray Heffner,

chair of the art department, gave the opening remarks thanking everyone for coming.

"We have a strong show that is emotionally charged," said Heffner referring to the subject matter Godeke covers in his art, which is very personal and deals with interactions between men.

Different themes in Godeke's work have also included interaction between men in contexts such as sports, the military, or within the nuclear family, as well as hate-crime murders of gay men.

Godeke's painting *Dad and Son with Capture* carries the Biblical overtones of the story of Abraham and Isaac in the Old Testament of the Bible.



Photo courtesy of Alice Alexandrescu

This painting by Godeke, called *Still Life with Tree*, shows an unpleasant reality the artist pictures in his mind.

"The stories of the Bible are fascinating to me," said Godeke. He attempts to use these Biblical tales to relate to present day.

"There are common relations to our contemporary cultural heritage," said Godeke.

Godeke is a painter who finds physiological aspects fascinating as well, often times working off themes that are horrifying.

Godeke explained that some of the narratives are very unpleasant; however, to him they are realities.

"(They are) even unpleasant to my shrink," adds Godeke.

The paintings are just as horrifying for Godeke

himself to handle. He once painted an allegory that deals with a child dead on the side of a road. Eventually Godeke had to cover the painting up by layering it with fluffy stuffed animals.

When dealing with hate-crimes specifically targeted toward gay men, Godeke first realized he wanted to do still life paintings that center on crimes he read about.

"I read about a gay man being stabbed 60 times," said Godeke. He found this very unsettling and disturbing, and felt that painting was a means of expressing how he felt.

Nathan Fought, an art major, couldn't put a finger on the meaning of the

paintings until he received a little help from Godeke's presentation.

"The fact that the underlining message of the art's meaning is so deep you need the artist to explain it is pretty interesting," said Fought.

Godeke's art work has been reviewed in *Art in America*, *The New York Times*, *ArtWeek*, *The San Diego Union Tribune*, *Philadelphia City Paper*, *Williamsport Sun Gazette*, *Critical Reflections*, and reproduced in *Harper's Magazine*.

Godeke's art will continue to be on display until Oct. 3.



Photo courtesy of Alice Alexandrescu

From left, Professor Ray Heffner, Alice Alexandrescu and Jason Godeke, organized the exhibit.