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Friday, June 22, 1990

Volume 36, Number 35 4 Pages

Lock Haven University

Dike-levee protesters march through Lock Haven

By Terry Day
Eagle Eye Editor in Chief

"Death to the Dike, Death to the Dike, Death to the Dike," was the cry of an estimated 125 people who opposed the the dike-levee marched through Lock Haven yesterday.

Stan Wisniewski led the silent protest from the visitor's parking lot near the tennis and proceed down Water Street to the Jay Street bridge and then to Main Street until it ended at Triangle Park.

The march was like a funeral procession as protesters dressed like pallbearers carried a coffin with a stuffed body with a sign reading "City Council."

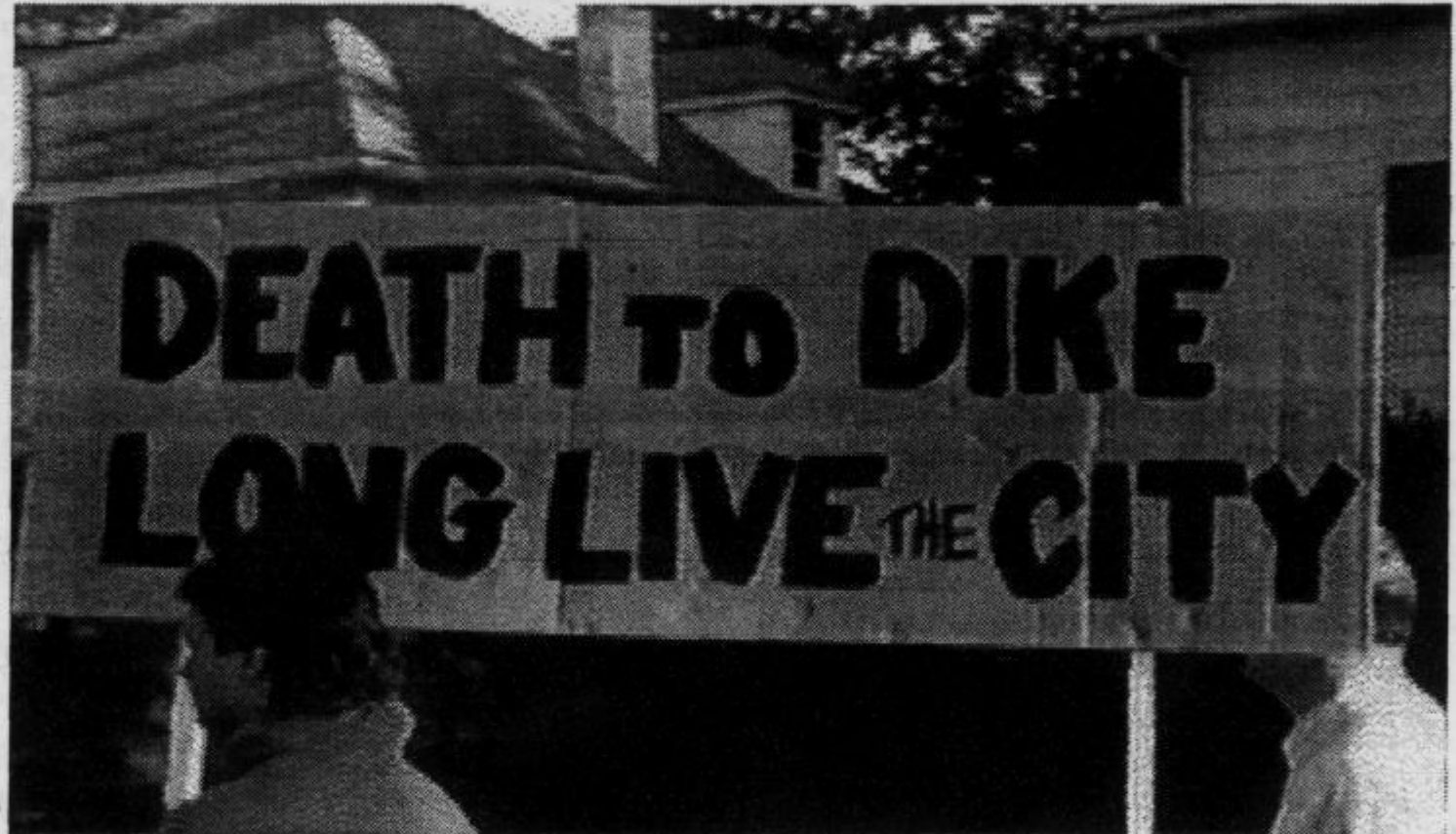
"We feel confident we can beat this," Stan Wisniewski, member of the West Branch Valley Flood Protection Association (WBVFPA), said.

Ron Baker, another member of the WBVFPA, feel that Lock Haven City Council has lied to the citizens three times.

The first was the referendum in November 1987. "They told us that it wouldn't cost a cent," Baker said.

Second was the \$1.5 million the city spent and the third \$5 million floating bond which led to a "tax increase almost 5 mils," according to Baker.

Baker said that the people can't afford to



Protesters bore a sign explaining their view on the dike-levee as they march silently down Water Street yesterday. (Photo by Terry Day)

pay for it.

The estimated cost of the project is \$4.8

million, according to Tom Svec, a member of the WBVFPA.

Baker said all the WBVFPA wants is another referendum in November, but was turned down by city council.

According to Baker, the WBVFPA are looking for an alternative to the dike-levee. He said, "We will go with an alternate not only for Lock Haven, but for all of the West Branch."

Tom Svec said the WBVFPA is looking "to push for a valley-wide solution."

According to Svec, it will cut the back yards of some of the house and tear down nearly 200 houses and buildings.

The city council has approved the dike-levee but WBVFPA has hired a lawyer in an attempt to stop the project. The city council has approved \$50,000 for legal fees.

The dike will be a wall on both sides of the Susquehanna River. The University will lose the visitor's parking lot if the dike is built, according to Baker.

SCC Interim committee discusses Bentley problems

By Terry Day
Eagle Eye Editor in Chief

The Student Cooperative Council Summer Interim Committee discussed the problems with Bentley Dining Hall.

"Our big concern is why not expand the hours," Interim Committee Chairperson Lynne Gentile said.

"I talked to Meg (Dennehy, assistant director of Food Service). She said that they're not going to expand the hours for

the summer," Gentile said.

According to Tim Susick, the associate dean of Student Affairs, he will look into the possibility of expanding the hours.

The hours are based on last year record of the number of people served said Susick. Another concern was the crowding situation.

"We will always have two bays open. We may have to flip-flop awhile (from upstairs to downstairs)," Susick said.

Susick added, "Please bear with us. We are trying."



The coffin which the pallbearers carried through Lock Haven as part of the march yesterday. (Photo by Terry Day)

OPINION/EDITORIAL

Expressing frustration causes by Bentley Dining Hall

Dear Editor:

I am writing this article due to immense frustration. Last semester, Spring, I suffered and I am sure so did others. The food Bentley served was absolutely ridiculous. There were leftovers which were total unedible.

Every day, morning through evening, I could not bring myself to eat the food; WHY. I asked myself this several times. I thought maybe it was just me. It definitely was not me. I would come for lunch and had to resort to salad which I am not fond of.

Then I would lose my appetite and say maybe the dinner might be better, but noooo! Instead the dinner would be worse. I would understand if the food was properly cooked and if I still had not eaten it, it would have clearly been me.

But ordering out EVERY DAY is

ridiculous! I could be investing that money into something else. All my returned checks are written out to either Pizza City or Little Caesars. I do not want to continue to order out. Being an International Student I cannot afford to spend money on food when I have already paid for food to this University. The school fees keeps on increasing and I get even less for the money I paid.

WHY IS IT, that when it is Parents Day or some camps like last weekend when the basketball camp came, I enjoyed the food? Friday and Saturday were fairly decent. However, when the camp was over we were fed the same unedible stuff? Why? Why? Why?

I feel like crying out of frustration. I will seriously break down; breaking down over the food is not humane. Am I emotionally disturbed or something, if not I'm getting there.

Sheesh! I seriously demand something be done to this situation.

Another thing is this: we have green label tags on us that to an observer looks like we come from an institution. I was asked this question along with several others, "Are you from the nearby hospital?". Now nothing can be get more humiliating than this.

When I was assigned this "tag", I complained straight off saying this is very humiliating, but I was told "it was not." Says who? You try wearing this and see how you like it if people ask you the same questions. O.K. The "tags" are supposed to identify us as having a meal plans and are supposed to get us through the lines faster.

What happened this weekend? There should have been a separate line for the students. We do not have all day to wait for the lines. We do

have work to do. We could not jump the lines even though we have the "tags." Jumping in lines is also rude, so it is out of the question. So when the next camp arrives please be more organized.

The bottom line is this: something has to be done about this situation otherwise I will be forced to file an official complaint to the University. The new catering system is going to be put into effect in the Fall I fear. Is the food going to be the same... or worse? At this rate am expecting much. Another question is shouldn't the incoming freshmen be informed of this.

Sundeep S. Kalsi
President

International Student Association

"Stay with us" after you graduate from LHU

By Terry Day
Eagle Eye Editor in Chief

As I wandered among the alumni last Saturday, I realized that it is not long before I will join them.

As an alumnae from the class of 1942 said to me, "stay with us," I believe that mean for us to stay close to Lock Haven and to visit every chance you get. When you receive news of an alumni day, don't just throw it away or forget about try to make it back to the "Haven."

For her, Bentley Dining Hall was home, literally. She told me she used to live where Bentley is today.

She always remember the exact date, place, and time she meet her husband.

Then, there was an alumni from the class of 1940 who pointed to Zimmerli Gymnasium, Himes Hall and Robinson Hall wondering what they were.

But, he remembered taking a picture of Glenn Cunningham, an LHU athlete, in from of Thomas Field House.

In 1940 and 1942, the only building on campus were Rogers Gymnasium (built in 1896), Akeley Hall (built in 1929), Price Performance Center, Thomas Field House, and Sullivan Hall (all built in 1938). Sullivan Hall was originally the library.

"Stay with us."

Not matter where you go after you graduate from LHU, you will take the many memories of your days here. Like the alumni before us, some day when you visit the campus again you may see a new building or a renovated one.

With the expansion of the Parsons Union Building and renovation of Bentley, I wondered what I will be saying when I visited Lock Haven University for the first time after I graduate (hopefully) in December.

When I come back, I can said I vote for the PUB expansion and the Food Court system which led to the renovation of Bentley.

"Stay with us."

Retirees of the 1989-90 academic year

-Dr. Isidore Becker, professor of English with 20 years of service

-William Burdett, associate professor of Health, Physical Education, and Recreation and chairperson of the Department of Recreation with 15 years of service

-Calvin Buck Calhoun, stock clerk in the Department of Athletics with 19 years of service.

-Thomas Eldred, a tradesman helper and plumber in the Maintenance Department with 19 years of service

-Harold Hacker, chairperson of the Department of Motor Performances and associate professor of Education and Human Services with 31 years of service

-Marian Heckel, assistant accountant, with 10 years of service

-John P. Irwin, professor of Philosophy with 25 years of service

-Charles Kent, University archivists and associate professor of History

-C. Herbert Larson, Director of Career Planning and Placement and former Director of Educational Development and Student Employment Center with 24 years of service

-Earnest E. Lundy, associate professor of Foreign Languages and former chairperson of Foreign Languages

-Michael Peplow, associate professor of English and former chairperson of English, Philosophy, and Journalism

-Joseph Perri, custodial worker with 20 years of service

John P. Smith, equipment operator and former ground keeper with 18 years of service

-Barbara Soderlund, clerk stenographer in the Department of History, Political Sciences, and Economics with 17 years of service

Kenneth Soderlund, Director of Personnel Department with 17 years of services

-Dorothy J. Tressler, custodial worker in the Maintenance Department with 13 years of service.

-Victoria Walker, library assistant with 22 years of service

M. Patricia Weaver, Administrative Assistant for Academic Affairs and former clerk in Akeley School and Education Department with 27 years of service

-Gilda M. Wise, custodial worker in Maintenance Department with 20 years of service

-George Zakem, former director of Computer Center, supervisor of Data Processing, Registrar and director of Records Department and associate professor with 21 years of service

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FEATURES

Confessions of a dangerous mind...

The top thirty ways to break a relationship

By Steven Infanti
Eagle Eye Features Editor

Here it is, the complete listing of the Top 30 breakup lines people use when they want to end a relationship, and what each one means.

1. We have to talk. (Translation: I have something to say that you're not going to want to hear.)
2. We can still be friends. (Translation: I hope you don't mind if I still come to your parties.)
3. We don't have enough in common. (Translation: Mainly, I want to have sex, and you don't.)
4. I don't want to hurt you. (Translation: But better you than me.)
5. You're a great boyfriend/ girlfriend but I don't think I should go out with you. (Translation: It's a rule, I have to date somebody who will treat me like dirt.)
6. I'll hate you if we keep going out. (Translation: This way you'll hate me first, and I can tell everybody about what a jerk you are.)
7. You deserve somebody better. (Translation: I don't care who you go out with as long as it isn't me.)
8. I'm not ready for a commitment. (Translation: I have to keep my options open in case somebody better comes along.)
9. I'm not quite over my last relationship. (Translation: Thanks, I made my ex-boyfriend/ girlfriend jealous and I no longer need you.)
10. It's time to move on. (Translation: I know I have.)
11. Silence. (Translation: If your phone isn't ringing, you can assume it's me not calling.)
12. I've been hurt too many times in the past. (Translation: This time I'm getting in the first strike.)
13. I just need time to myself. (Translation: Your sexual input is no longer desired.)
14. I need to see other people. (Translation: It's OK to buy me presents or take me out to dinner; it's just that I need more than one person doing this for me.)
15. It would never work out. (Translation: I like money and you don't have any.)
16. I feel I'm just using you. (Translation: Your credit cards are at their limit.)
17. You'll get over me. (Translation: I'm over you.)
18. You'll find somebody else. (Translation: I already have.)
19. You're not compulsive enough. I like to just get up and go. (Translation: Maybe if you bought a car.)
20. You just don't "flip my trigger". (Translation: Although you do turn my stomach.)
21. This relationship isn't going anywhere. (Translation: We haven't been invited to a decent party since I started going out with you.)
22. I'm feeling suffocated by you. (Translation: For once, I'd like to turn around and not see you standing there.)
23. You're just not what I'm looking for right now. (Translation: Whatever I'm looking for, it's certainly not you.)
24. We met at the wrong time. (Translation: Try me when your pimples clear.)
25. I don't want to be known as somebody's boyfriend/girlfriend. (Translation: Call me only if you're in the mood.)
26. I don't want a relationship, it's the chase that I enjoy. (Translation: Slam, bam, thank-you mam/man.)
27. I'm just really confused right now. (Translation: Is there any way I could get the sex, the gifts and the dinners without having to spend time with you?)
28. I'm leaving because I'm unhappy with the physical part of the relationship. (Translation: Call me if any of your body parts actually grow.)
29. My old boyfriend/girlfriend still has me on and string, and I'm really confused right now. (Translation: Let me compare the presents, the sex, your clothes, your builds, and the dinner and then I'll make a decision.)
30. I'm not sure I can trust you. (Translation: I'm tired of sitting outside your room in pajamas, waiting for you to holler, "Next!")

Of course, if you find yourself getting in and out of relationships faster than some people do their cars, just use the number.

Bodybuilding champ takes no shortcuts

By Steven Infanti
Eagle Eye Features Editor

When Steve Lee Saylor displayed his winning physique at the Empire-Keystone Bodybuilding Championship on June 9, it marked the accumulation of five years of intensive training.

Saylor, a health science major, took first place in the Men's Short Height Class in the Pennsylvania-New York area competition, which was held in Waverly, N.Y.

The 5-foot, 6-inch senior is no stranger to rigors of working out.

"I first started lifting weights when I was in ninth grade," he explained. "I was playing football, and since I wasn't very tall, I would lift weights to develop my muscles so I could keep up with everybody else."

"When I stopped playing football, I looked at bodybuilding as a way to continue with my weightlifting."

Since he turned to bodybuilding, Saylor has entered many bodybuilding contests and has placed in every one. He has also done it free of steroids, an achievement he's very proud to have made.

"I don't use steroids, and all the contests I enter are steroid-free competitions," Saylor said. "I like to compete in sports to the best of my natural ability. If people are going to use steroids than I don't think they should be competing in the same sports with other people."

"If you feel the need to take steroids in order to become a good athlete, than maybe you should take up ping-pong or something."

Saylor works out two hours daily, six days a week for a competition. If he's not getting ready for a contest than he only works out four days a week.

"When I get down there to train, I'm all business."

Saylor revealed that Roger's Gym is one of the best gyms he has trained in but he cites his diet as being the most important part of his training routine.

"Weightlifting is only about 20 percent of bodybuilding," he pointed out. "Your diet is about 80 percent of your training program."

In order to maintain a physique of maximum muscle with minimum fat, Saylor cuts out all junkfoods, sugars, fried foods and alcohol.

"Some nights I really miss just being able to go out and grab a slice of pizza or a few pieces of toast and honey, but the diet is worth it when you place in a competition."

Saylor admits his recent win was a little bit unexpected. He broke his thumb during a skiing accident in February, 1990, and had to have a steel-pin inserted in his thumb to hold it together.

"I missed two months of training, and two other competitions that I had planned to compete in before the Empire-Keystone contest."

Saylor hopes to continue with his body-

building but he's not sure if he will every turn professional.

"I'm having a lot of fun with it, and I know I can incorporate this with a career in health science," Saylor said. "If anybody out there has an interest in bodybuilding stick with it and don't take any shortcuts."

Saylor's next competition will be the American Natural Bodybuilding Association's U.S. National Bodybuilding Championship. The contest will be held November 10, 1990 in Pittsburgh.

Saylor will be going there with no help from steroids.

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NEWS

Three Alumni inducted to the Roll of Service

Lock Haven University honored six local alumni during Alumni Day ceremonies on campus Saturday.

Following the rededication of Akeley Hall, University Emerita Leona Heisey, Dr. Bertha Mayes and Helen C. Waterbury were inducted to the Roll of Service.

Employed at the University from 1947 to 1986, Heisey retired as the chairman of the Department of Library Services. She also served as an assistant librarian, children's librarian and reserve room librarian.

Mayes served the University from 1963 to 1986 as the chairman the Early Childhood Education Program, professor of education, and project manager of Lock Haven Head Start Center. The former Akeley School kindergarten supervisor, also served as an education consultant in Argentina and participated in the faculty exchange in Australia.

Waterbury retired from the University in 1972 with 25 years of service. A former assistant professor of elementary education and first grade teacher at the Akeley School, Waterbury organized the Clinton County

Association of Childhood Education. She is recipient of the Early Childhood Education Golden Bell Award.

The 1990 Distinguished Educator Award was presented to Dr. Ronald E. Hess, a 1960 university graduate. A professor of chemistry at Ursinus College, Collegeville, Pa., Hess received several distinguished teaching awards. He was recently named the first Brown-Wagner professor in the Health Sciences Department at Ursinus College.

Retired educator Timothy J. Ferguson received the Distinguished Service Award. The 1925 graduate taught in the Williamsport area until his retirement in 1966. Ferguson has been active member of the university Alumni Association, servicing on the Alumni Executive Committee.

This year's Alumni Achievement Award was Lewis A. McGill, a member of the class of 1950. The retired assistant superintendent of the Keystone Central School District has been an active member for the University Alumni Association, serving as president of the Bald Eagle Chapter.



Akeley Hall rededicated this past weekend as part of the Alumni Day festivities. (Photo by Terry Day)

Polish and Soviet universities reach agreement on exchange with LHU

University President Craig Dean Willis traveled to Poland and the Soviet Union recently to sign exchange agreements with two Eastern European universities.

In Lublin, Poland, Willis extended the student/faculty exchange with University Marie Curie Skłodowska (UMCS) until the year 2000. The 15-year-old program is one of the largest and oldest continuous exchanges between an American and Polish university.

Dr. Willis then traveled to the Ukrainian City of Chernivtsi, where he successfully entered into an agreement with Chernivtsi State University—one of the Soviet Union's premier institutions of higher learning.

The exchange program will begin in the fall 1990 semester when three Chernivtsi students arrive at Lock Haven University and four Lock Haven students travel to the Ukraine to study.

According to the terms of the agreement, the exchange program will link the two universities until the beginning of the 21st century.

"In a rapidly changing world where global competition plays an important role in a nation's economy, these agreements will provide Lock Haven students with language skills and cultural experiences second to none," Willis said.

"Two of the students headed for the Soviet Union have already studied in Poland and Yugoslavia. Both of them speak Polish and Croatian and by this time next year

they will have added Russian. There is little doubt in my mind that they will be assets to any company interested in doing business in Eastern Europe.

Moreover, when the Polish and Soviet arrangements are combined with our program with the University of Zagreb in Yugoslavia, Lock Haven University will offer its students and faculty, as well as the Pennsylvania business community, unrivaled opportunities."

John W. Johnston, dean of the Institute for International Studies, stressed that the potential significance of these programs extends beyond academics and career opportunities. "The Commonwealth of Pennsylvania is home to thousands of Polish-Americans and has one of the largest concentrations of Ukrainian-Americans in the North America," he said.

"Lock Haven University's contract with political and business leaders in Lublin and Chernivtsi auger well for a Pennsylvania business advantage in Eastern and Central Europe."

The exchange program has already had a positive affect on the Polish city of Lublin. Johnston attributes the establishment of the first Rotary International Club in Lublin directly to Lock Haven University's relationship with UMCS.

He also noted that Willis, a Rotarian, discussed the possibilities of establishing a Rotary Club in Chernivtsi with the Ukrainians.

Dance Club performs at Carnegie Hall

The Dance Club gave an electrifying performance June 9 at the Ole Bull Music Festival Awards Concerts at Carnegie Hall in New York City.

They joined 200 of the country's most talented young entertainers in the annual tribute to Norwegian violinist, Ole Bull, and 800 Norwegians settlers who perished in the lost colony of Oleana in lower Potter County in 1952.

This marked the 37th year the great-grandniece of Ole Bull, pianist Dr. Ines Bull, has orchestrated the highly-acclaimed festival.

It was her personal invitation that University President Craig Dean Willis and the Dance Club participated in this year's festival.

Performing their adaption to Jasnet Jackson's "Rhythm Nation," students dancers Amy Hund, Cori Grachek, Tommy Johnson, Aaron Rose, and Effie Yaeger entertained the capacity crowd with their high energy, precession movements. They were accompanied on the piano by Wallace Barnes.

They were followed on stage by Howard Lucas, Dance Club advisor and instructor of motor performance, who lit up the stage with his upbeat solo performance.

The keynote speaker was at the October 1989 Ole Bull Music Festival in Galeton, Pa., Willis was asked to address this year's festival awards winners at the Carnegie Hall concert.

Dr. William Irwin elected president to Eastern Financial Aid Association

Director of Student Financial Aid, Dr. William A. Irwin, was elected president of the Eastern Association of State Financial Aid Administration for the 1991 year. He is currently serving as president-elect for 1990.

The Eastern Association (EASFAA) is a professional organization for Financial Aid

Administrators and serves New England, Middle Atlantic States, Puerto Rico, and the Virgin Islands.

Irwin is the past president of PASFAA, Pennsylvania Association of Student Financial Aid Administration.

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