



**Lacrosse
crushes
East
Stroudsburg
See, B1**



**University
Players present
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The Eagle Eye

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Wednesday, March 26, 2008

SCC learns of SCUPA grievance

**Sarah Wojcik
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A series of grievances filed by the State College and University Professional Association (SCUPA) against Lock Haven University was brought to the attention of student leadership during a presentation by SCUPA Grievance Chair Michael "Max" McGee on the Feb. 27 SCC Senate meeting.

The grievances take issue with a total of four job positions, three of which are related to the SCC. McGee contends that these jobs should be held by SCUPA members in accordance with the union's collective bargaining agreement.

The three positions in question include the student activities director, held currently by Jodi

Smith, the assistant student activities director, held by Matthew Wise and the student recreation center director, held by Brad Dally. However, if the assistant student activities director were to be made a SCUPA position, the student activities director would be classified correctly as management.

McGee said the union's concerns arose in August after an SCC employee was appointed to a SCUPA "benchmark position," the assistant student activities director.

McGee filed a grievance on Oct. 2, 2007, which he claims was pushed back for months with extension requests made by the former Human Resource Director Alan Anderson. Eventually the grievance was denied by the univer-

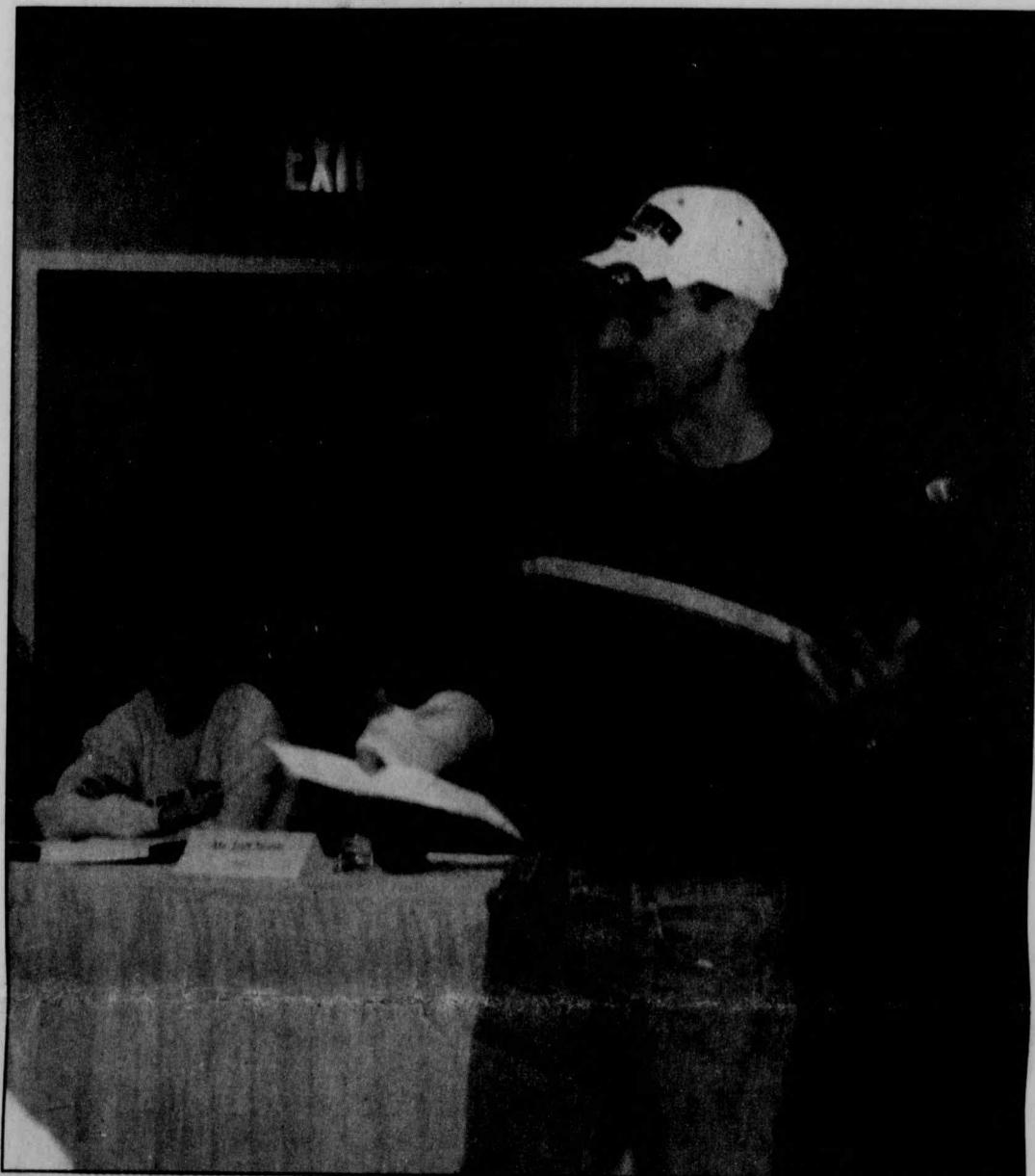
sity. McGee then appealed to Harrisburg for the accelerated grievance hearing in February, which has since been moved to April 14, 2007 due to another LHU postponement.

The university maintained that there was no violation regarding these positions, according to McGee, because those in the jobs are employed not by LHU, but by the SCC.

Though the SCC is considered an entity separate from the university, McGee is skeptical of how distant the two truly are.

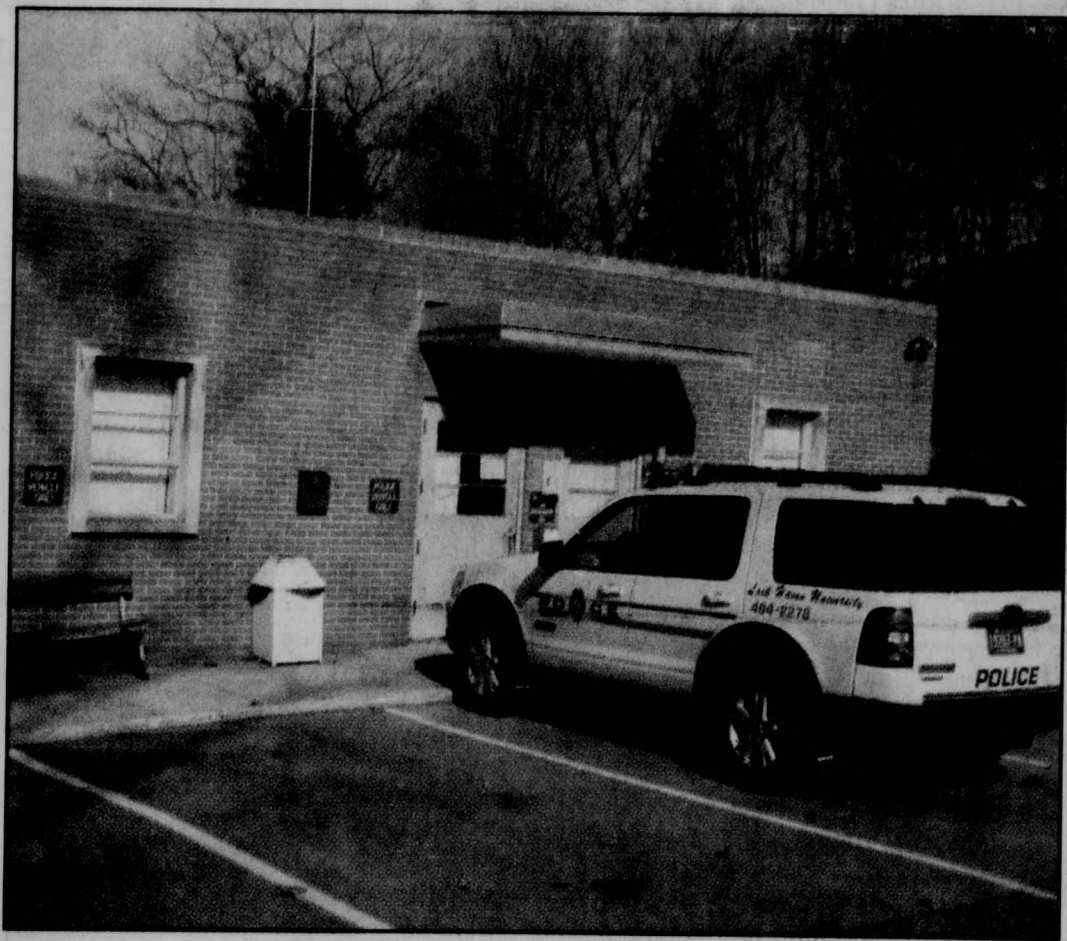
"We feel we've been cut off. The circumstances have led me to believe the university is involved to its hip," said McGee.

See, SCUPA, A2



Sarah Wojcik / Eagle Eye

Max McGee speaks to the SCC Senate about two grievances regarding the assistant director of student activities and recreation center director positions.



Adam Roberts / Eagle Eye

Public Safety receives new emergency number, #711

**Bryn Zeigler
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Lock Haven University has taken another measure to ensure safety on its campus.

In order to assist with quick response to emergencies, a new 711 number has been established to directly contact public safety.

"You can dial it from any campus phone and the call will receive top priority here at the office," said student public safety worker Grace Garraband.

The number is intended for use as an emergency only number.

The regular number 484-2278 is still in place

for calls regarding parking tickets, car lock-outs, or other issues that are normally directed to public safety's attention.

Paul Altieri, Director of Public Safety, provided an example of how the new number will be responded to.

"Let's say we get a 711 call and the address tells us the call is from the PUB and the phone goes dead and the caller hasn't told us the specifics of the emergency," said Altieri. "I can send an officer directly to the place where the call originated."

The 711 number is the second measure that LHU has taken to provide enhanced campus safety.

The first was

E2Campus text messaging. This system sends a mass text to anyone registered to receive one in the case of information that all students need to be aware of. The system was first used this winter as a way to notify students of class cancellation. Registration for the service is available through the university website.

Altieri said, "After the tragedies at Virginia Tech and Northern Illinois, universities across the country are looking at their security procedures. These measures are Lock Haven's first steps in making campus safer."

Call for nominations: tenth annual women of distinction awards

**Amanda Alexander
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The President's Commission on the Status of Women is looking for nominees for its tenth annual Women of Distinction Awards. The awards will be presented to one faculty member, one student and one staff member. This year's selection committee is made up of two people from each of these categories.

"We wanted to have a good cross-section of different people here in the university," said Dr. Erin Kennedy, awards committee chair. Faculty and staff members were chosen from their involvement with the president's commission, but students were chosen through involvement with women's issues.

"We chose [Zakiera Millner] because she's involved in a lot of women's activities on campus, and then I thought it would be nice to have a man... so Matt Frank was recommended because he has taken a lot of women's studies classes," she added.

Students can nominate women for the award by writing a one-page letter and submitting a hard copy to Kennedy's office in Robinson 305. Letters must be submitted by 5 p.m. April 1. Students should keep in mind that the letter of nomination is the only thing the committee looks at when deciding the winner.

"We only go by the nomination letter, which is kind of hard, because we're such a small school and everybody kind of knows everybody who's nominated... but we try to be objective about it. That actually puts a lot of responsibility on the letter writer; to be sure that he or she is painting a good portrait of the nominee," she said.

While past letters Kennedy has seen have focused on more general commitment, she said the committee is looking for letters that focus on service regarding women's issues, such as involvement with mentoring young women or working in the women's center.

"It's important to have a high level of service to the university and the

community... but we tend to choose those who focus on women's issues," she said.

"This is a large campus, there's a lot of good work going on here, and we want these people... to be recognized," Kennedy said, adding that she would like to see ten letters of nomination for each category. Last year there were only three staff nominees, six or seven students, and nine or ten faculty members, but the committee is trying to publicize the event so that students become more aware of it.

Jackie Whitling, a 2007 recipient of the award and former chair of the committee, said students should consider nominating a woman they see as a role model or that they feel a connection with, as a way to reward them for all their hard work and "give them a pat on the back," adding that she was "very grateful" to the person who nominated her last year.

See, Awards, A2

From, SCUPA, A1

Dr. Linda Koch, vice president of student affairs, called the issue one that concerns the "classification of job positions" and said the university has no official comment while the grievance process is still under way.

The university, she added, has no official comment since the grievance is still being pushed through the proper channels.

George Rusczyk, resident director of Gross Hall and a SCUPA member, supports McGee's proposal, calling the bargaining agreement's language rather "clear-cut."

"It worries me about my position and my colleague's positions if people can just go outside the agreement," said Rusczyk.

SCUPA member and Student Life Coordinator at Campus Village, Wendy Walsh is equally concerned.

"I'd like them to be upfront, to say what they mean and mean what they say," said Walsh. "I seriously don't feel that it's right. I feel like the [university] is hiding behind titles."

McGee's appearance during February's senate meeting was his attempt to reach the SCC executive board after he said he was "stonewalled" by SCC administrators.

Speaker of the Senate William Baney gave only five minutes to those making speeches during the meeting because of time constraints.

After passing out a paper explaining the issue, McGee brought SCUPA's concern to the student body.

"The reason that I am here is because I requested to talk to the executive board earlier but for whatever reason was not allowed to do so," McGee said to the senate. "Some people claim I am saying that students are being unethical. That's not what I'm saying. I'm saying the university is being unethical. This is the first time you've had the chance to hear the other side of the story."

Once the five minutes of speaking time expired Sen. Daniel Sullivan made a motion for the senate to allow McGee to finish, which was overwhelmingly approved.

McGee continued with his presentation, calling the on the SCC to seriously examine their role in delegating jobs whose descriptions fit within the realm of SCUPA.

"I don't think the student government should be in the position of union busting and that's what will be happening here," said McGee. "In a few years, you're going to have moved on, but these people in these positions will not. They'll be staying here."

McGee assured the senate that he supported their leadership and activities throughout campus, that he was not there "to be in conflict with the SCC," but to shed light on an issue he felt the students were in the dark about.

"I'm not here to harm the SCC. I just want you to know the facts and to ask

yourself if this is the right thing," McGee explained.

Sen. Zach Smith was the only vote to oppose Sullivan's motion and also attempted to motion for a short recess before McGee went on. He said later that he had been approached twice by McGee about this issue prior to the senate meeting.

"I think the story Max provided us with was very one-sided," said Smith about the presentation. "If the workers, the people who hold the jobs [grieved by McGee] were upset, then they should come forward, but because they don't seem to have a problem with it, I think it's unfair and being taken too far."

The entire issue is not, in Zach Smith's opinion, "the business of the students."

Sen. Josh Reynolds spoke up during the meeting in McGee's favor.

"I think Max really does know his stuff and I support him and I support the union," said Reynolds.

The senator then asked whether he could make any motion to move the senate in the direction of putting these positions "in the right area."

Baney denied his motion, explaining curtly that there no such route available at the time.

Smith thanked McGee for bringing his issue to the SCC, but wanted to hear the executive board's perspective.

President William Dowd denied SCC involvement.

"The SCC is separate from the university," said Dowd, "We have nothing

to do with this issue."

After the meeting, Reynolds and Sullivan explained their opinions on the issue and where they believe the SCC should stand.

"I think it's unfair," said Reynolds, "Maybe corrupt even."

Sullivan believes a dialogue is key and wishes one had begun between SCUPA and the SCC sooner.

"We need sit down, listen and talk to try and understand each other," said Sullivan.

Both senators were upset by what they found to be rude behavior during the senate meeting. At one point during McGee's speech, a total of five senators and advisors, including SCC President Dowd, were absent from the meeting room.

"If you want to be a senator, you're representing students," said Reynolds. "You're going have to sit through speeches."

Sullivan wholeheartedly agreed.

"Everyone's opinion is valued, but you don't have to be ignorant," Sullivan said. "It's just disrespectful."

Once McGee had finished his presentation, Sen. Danielle Steinbacher approached the podium.

"I'm sure Max is near and dear to our hearts," said Steinbacher, "I've lived in High Hall for three years and I appreciate everything those people do for us. But we are also part of the SCC, which is also near and dear to our hearts."

Steinbacher encouraged her fellow senators to mull the situation over carefully.

"I ask you all to be objective," said Steinbacher, "I really am seriously begging you to take your time and not jump to any conclusions."

McGee said he was pleased with the opportunity he received by speaking to the senate.

"I felt I communicated what I wanted to communicate with them. But I didn't want to put them in a box. That's why I didn't ask them to take any action," said McGee.

But McGee said that if nothing changes, he will approach the senate again.

"I'm going to ask them, if nothing else, how, on record, the SCC feels about the situation," said McGee, "because that would show that we've done everything we can."

Walsh hopes a solution comes to light for the sake of students and union members.

"When you outsource, you can lose the professionalism [of certified workers]," said Walsh. "As I sit back and look out how far we've come and how far we have to go I can see that we take one step forward and then two steps back. It's just sad for the university."



Sarah Wojcik / Eagle Eye

From, Awards, A1

Whitling said one of the past winners she helped choose was Dr. Karen Kline, the 2003 winner, who Whitling said was chosen for her commitment to the women's studies program and minor as well as her activities in the communication media discipline.

Another winner Whitling highlighted was Marchal Rote, who won in 2006. Rote was chosen "for her work within the American Cancer Society and within the community." Whitling said the committee also looked at "how they play as mentors for other women on campus."

Whitling said the committee looks at clubs and

organizations that students participate in.

"Sometimes it doesn't have to be a group that they're in that's specific to women, but just that they're involved in everything!" Women in leadership positions within these groups are considered good candidates for the award.

The committee encourages students to nominate someone for the award.

"The nomination doesn't have to be that long! It doesn't take a lot of time to put together," Whitling said.

Students can visit the Woman of Distinction Award Facebook group for more info, or the display set up in Stevenson Library.



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Microsoft Vista to be installed on campus

Christina Shuman
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Students living in the resident halls will find that Microsoft Vista has replaced the XP operating system in the halls' computer labs.

As the university replaces computers, all labs across campus will have Vista because Microsoft has discontinued Windows XP. These changes in the labs will possibly take place during this upcoming summer.

Every few years, Microsoft replaces current operating systems with newer versions.

Students may wish to switch to Vista on their personal computers, whether it is their laptop or PC. The campus' Computing and Instructional Technology Center staff suggests that computers that were purchased with the XP operating system should stay that way.

"We recommend keeping Windows XP on your computer if the computer came with XP. If the computer is less than one year old, then you could upgrade to Vista if you wanted, but we would not recommend upgrading a computer older than one year. If your computer is less than one year old, and you would like to upgrade it to Vista, you should have a minimum of 2GB of memory. To switch to

Vista, you would need to purchase a copy of Vista," said Jeff Walker, distributed systems manager in the Computing and Instructional Technology Center.

Older computers are not fast enough for this newer operating system. In order for Vista to run properly and effectively, it needs a fast processor and a lot of memory.

"Vista has a lot of new features and is a more secure operating system than XP," said Donald W. Patterson, Jr., director of LHU's Computing and Instructional Technology Center.

According to Microsoft's web page, Vista is simple to use and much easier to navigate than XP. The Web Site exhibits ways in which it is better, and these include finding files in only a few clicks, being able to see everything that you have open at a glance using Windows Flip 3D, keeping photos organized in Windows Photo Gallery, keeping your music organized easier, using multiple tabs in Internet Explorer, having the ability to watch and record TV, using sidebars so mini applications are always at your fingertips and keeping kids safer with parental controls.

Microsoft offers many different editions of Vista.

There is Ultimate, Home Premium, Home Basic, Business and Enterprise. The Windows

Vista Product Guide is available on Microsoft's Web Site.

The site also provides an upgrade advisor to help those who are considering updating their current XP operating system to Vista. This advisor gives upgrade options that individuals may have according to their current computer operating status.

There are certain system requirements involved in order for Vista to be an option. Students who wish to update their personal computers to Vista should make a point to make use of this advisor on Microsoft's website.


Windows Easy Transfer is also on the website and this shows users how they can transfer their old information into the new Vista format. If everything works out and the user's system is able to take on Vista, Microsoft offers installation instructions with various tips and product features.

"At first, it was a little difficult to get used to Vista's layout but as I use the computers more and more, it is becoming easier to navigate. I really like the sidebar functions because it allows you to easily access what you are doing and I also like the overall attractiveness of Vista," said Jennifer Bryan, junior elementary education major and current resident of High Hall.



Christina Shuman / Eagle Eye

Jennifer Bryan of High Hall learns the ins and outs of Vista, which will soon be installed throughout the campus' computer system.



Do you have a Faculty, Staff, or Administrator that has gone beyond and above their duties?

Nominate them for a Student Choice Award!

Nomination applications are now available for Student Choice Award. You can pick forms up at the following locations:

Stevenson Library
Bentley Dining Hall
Student Activities Office (between 8 AM and 4 PM)
Student Recreation Center

2 Faculty, 2 Staff, and 1 Administrator will be chosen by the Student Choice Award Committee.

The nominations begin Wed., March 19 and will end Wed., April 2 at 4 PM

Have Questions? E-mail: Wdowd@lhup.edu
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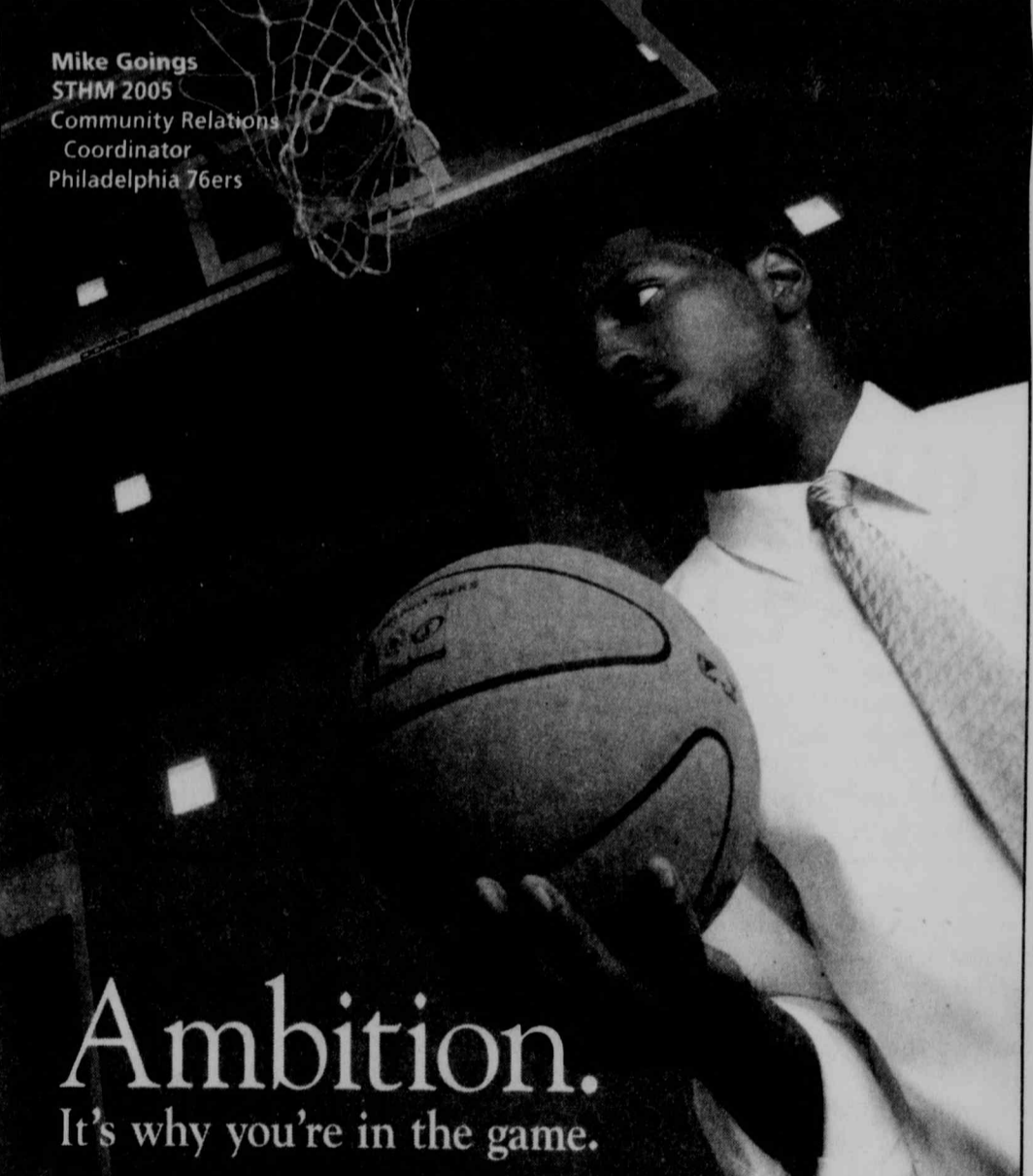
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Students attend Adult and Continuing Education Conference

Joe Stender
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jstender@lhup.edu

Four LHU students attended the Pennsylvania Adult and Continuing Education (PAACE) Conference at Hershey Lodge Feb. 6-8.

This conference was the largest adult education gathering in Pennsylvania. The participants involved were adult education teachers, program administrators, workforce development partners and tutors for adults. The number of participants totaled over 750 people.

The four LHU students, Bethany Bosak, Teresa Folino, Tabatha Gardner and Katrina Williams, all volunteer at the Development Center for Adults (DCA).

This center is in cooperation with the Lock Haven University Literacy Corp. program. Bosak explains that she was excited to help tutor at the development center because she loves to help people.

"I started attending the sessions twice a week for

an hour and a half each day. I ended up tutoring English as a second language. I had no practice in this, whatsoever. As I started tutoring the couple, it became easier and more fun," Bosak explains of her experience volun-

teering at the development center.

These students completed 40 hours of volunteer work as tutors at the center and because of their great job, they were asked to attend the conference as volunteers.

The four also got the chance to speak on a panel about their experience with the Literacy Corp. program. The participants agreed that it was a positive experience. It really gave them great ideas and tips for when

they go out into the professional field.

"Attending the PAACE conference was a great experience and I really enjoyed it. In particular I enjoyed sitting in on one that gave us tips on how to teach certain topics. They

had unique ways in teaching a variety of topics," said Teresa Folino.

Bosak also said about how she learned to better understand the people that she was helping at the conference.

As for Michelle Bates, the DCA tutor coordinator, who also attended the conference she found the information learned to be beneficial to her in her job right now. She attended two helpful sessions, one which was about creative writing with adults and the other which was instructional ideas for corrections education programs.

"It was also good to get together with instructors from other adult literacy programs around the state and share what's going on in our programs," Bates said.

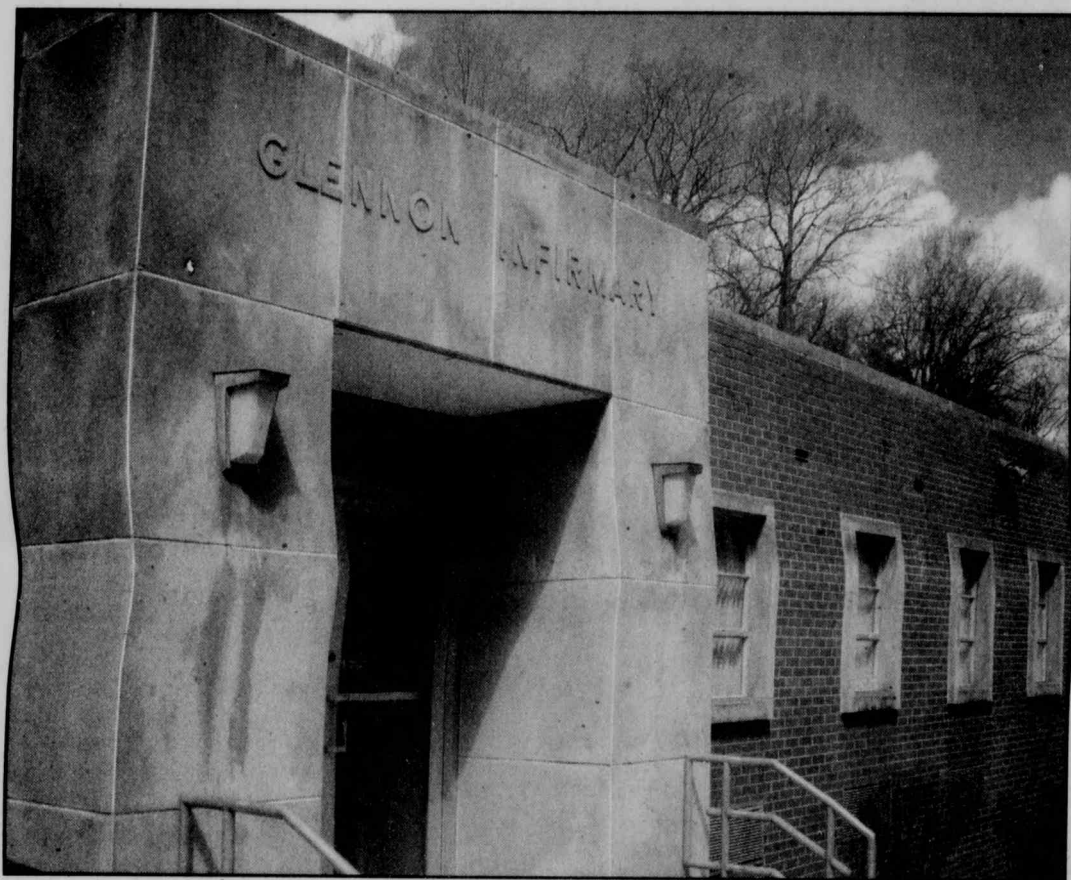
Bates was also grateful to the other 30 volunteers that helped rack up over 800 hours of at the DCA since September 2007.

"Their assistance helps provide the intensive one-to-one instruction for our adult learners," Bates said.



Photo Courtesy of Michelle Bates

Left to right: Michelle Bates, Development Center for Adults, Tutor Coordinator; LHU Literacy Corps Volunteers, Katrina Williams, Teresa Folino, Bethany Bosak, Tabatha Gardner; Dr. Shelia Sherow, Pennsylvania Literacy Corps, State Coordinator attended the PAACE conference in Hershey from Feb. 6-8.



Bryn Zeigler / Eagle Eye

Glennon Infirmary offers illness excuses

Bryn Zeigler
Staff Reporter
bzeigle2@lhup.edu

Caring staff, prompt care, free medication and a written excuse to prove illness are all available in one stop at the Glennon Infirmary.

The written excuses are offered to students as long as they visit when they are still suffering from your infection.

"Students can't come here days after they were sick and ask for a pass," Michelle Peters, Infirmary

Staff LPN said, "but if you can make it here when you are sick we can provide you with care and medication as well as a pass to provide your professors."

The university infirmary acts just like a doctor's office. The only differences are patients don't need an appointment and they can receive necessary medication on the premises directly following a diagnosis.

"If you are living on your own, you are considered an adult and have the responsibility of coming

here when you are sick. If you can't physically make it, make sure we are contacted and we can arrange a trip to the emergency room," Peters said.

The infirmary staff of two physicians assistants, three nurses, and a secretary are available every day of the week but Sunday. They are in the office from 8 a.m. to 8 p.m. Monday through Thursday, 8 a.m. to 5 p.m. on Friday and 8 a.m. to 1 p.m. on Saturday.

credits. Girton said that it's also important for students to be involved in variety of university organizations, and not be receiving any of the following: Presidential, Academic Honors, or Board of Government scholarships nor a full tuition waiver.

Scholarships can be retrieved and should be dropped off in Raub 107 by Friday, March 28.

"It's a little bit hard to figure how to market them," said Girton. "Students are inundated with information. We've tried to get the word out every way we can."

The faculty has been encouraged to pick exemplary students and push them to apply.

The requirements for the scholarship include being a second-semester first-year student who has not transferred. They must have passed and completed at least 15

Women's studies to offer alternative therapies workshop

Jamie MacDonald
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With end-of-the-semester stress just around the corner, the Women's Studies program is offering an alternative therapies session on April 1 at 7 p.m. in the PUB multipurpose room.

The program is open to anyone who has an interest in learning about a variety of therapies. Several presenters are going to discuss the advantages of the techniques, and specifically how woman can benefit.

"I've been getting therapeutic massages monthly for about six years now and in conversations, people often are interested in what they're like and if they make me feel better-which they do," mentioned Dr. SueAnn Schatz, coordinator of the Women's Studies program.

"So I've been wanting for about a year now to plan some kind of event that would introduce people to various ways of thinking about their health and well-being."

Alternative therapies that will be explained are Reiki, pronounced ray-key, therapeutic massage, bio-dynamic craniosacral therapy and yoga.

"I think many people have heard of alternative therapies are curious about them, but aren't quite sure what they are of what they offer, I'm hoping this program can answer some questions," said Schatz.

Schatz explained that these therapies are tagged as alternative because they have been, and to some, are seen as outside the usual treatments of Western medicine. More recently, a growing number of physicians are acknowledging the physical and mental

benefits the therapies can offer.

Joyce Grace Nuttall explained that Reiki is "a system of working with energy for the positive purposes of healing, change, and growth. Reiki is a noninvasive subtle energy modality, and no touch is necessary in this ancient form of natural healing." It is becoming more common in hospitals and hospice, as well as private practice and self-care.

Nuttall is trained in traditional Usui Reiki and has been practicing and teaching in Lock Haven since 1996. She is a Nationally Certified Trager Practitioner and Reiki Master/Teacher. At her own private practice in Lock Haven she sees individual clients and small groups and also does presentations and workshops.

Sandra W. Rishell is presenting therapeutic massage. This offers a variety of benefits for relaxation, depression, anxiety, headaches, sinus problems, carpal tunnel syndrome and even arthritis, along with more advantages for expectant mothers and senior citizens.

Rishell is a certified massage therapist, specializing in therapeutic massage and bodywork using the specific techniques of neuro-muscular therapy, deep tissue therapy, trigger point therapy, connective tissue, Swedish massage, lymphatic drainage message and reflexology.

Rishell has been offering these services for over ten years at 57 Bellefonte Ave. in Lock Haven, and will be able to explain more about the techniques at the program.

Bio-dynamic craniosacral therapy will be presented by Peggy Scott.

This therapy is designed to bring the cen-

tral nervous system into harmony by noting any movement of the cerebrospinal fluid that has been created by trauma to the body. This technique allows the movement of the fluid through the spinal cord and can restore misaligned bones. This therapy is often used to treat mental stress, neck and back pain, migraines, TMJ syndrome and other chronic pains.

Scott has been practicing various therapies over the years and graduated from the Florida School of Massage as a licensed massage therapist. She is also a certified Rolfer and Advanced Rolfer from the Rolf Institute in Boulder, Co., which is another type of therapy. She became registered as a bio-dynamic craniosacral therapist in 2002.

Carmen Michelle Rosypal will be presenting yoga. She is a registered yoga teacher and a Nationally Certified Massage Therapist since 2000, doing all her studies at the Mt. Nittany Institute in State College. Yoga is meant to bring the body, mind, and inner spirit together through a combination of breath and movement. It has been said to bring balance into one's life, and when combined with other relaxation techniques, helps relieve stress and calm emotions. It can be practiced by all ages and body types.

With four different types of therapies and techniques being presented, anyone looking for stress relief can find something that suits their needs.

For more information or to have questions answered, contact Schatz at sschatz@lhup.edu or (570)484-2641.

Four first-year scholarships due Friday, awaiting recipients

Four APSCUF scholarships are still up for grabs for first-year students, according to Dr. Matthew Girton. Each scholarship is worth \$500, which could certainly help with academic expenses.

"When you save that kind of money on your tuition," said Girton, "you can probably all or most of your books."

Unfortunately, most of the \$2,000 worth of scholarship money has no recipients.

CLASSIFIEDS

TRAVEL/EMPLOYMENT OPPORTUNITIES & CAMPUS EVENTS

ATTENTION LOCK HAVEN STUDENTS & COMMUNITY MEMBERS!!

All majors are welcome!

An internship at Lock Haven Women's Center is an exciting opportunity to gain real life experience in the work force for future employment as well as helping victims of domestic violence and sexual assault. The center accepts two interns a semester including the summer. No fee is required for interns; the training is part of the program.

Services provided at the center include a 24 hour hotline, safe shelter, support groups, counseling, and much more. All services are free and confidential.

Volunteers are always needed. Training will be offered in May, for volunteers there will be a small fee for instructional materials. Call for details (570) 748-9539. Ask for Dawn.

Email: ccwcvolunteer@kcnet.org

Someone can be safer because of you!

Attention Campus Student Groups and Greeks!

Campus-Community Health Fair and Wellness Day!!

Thursday, April 17th, 2-7 pm in the Student Recreation Center.

Publicize your group, perform service and promote wellness with an activity.

Contact Dr. Rick Schulze, Dept. of Health Science, 135 Health Professions Building, fschulze@lhup.edu.

Exhibit space is free.

STUDENTS: Scholarship Available

Do you plan on attending LHUP, Penn State (including PA College of Technology), Lycoming College, Bucknell University or any of their branch campuses for the Academic Year 2008-2009? Are you a graduate of a Clinton or Lycoming County high school in Pennsylvania? If so, you are

eligible to submit an application for a Mary Ann Fox Scholarship. Applications are available in the Office of the President in 202 Sullivan Hall.

Deadline for return of applications is April 10, 2008.

Help Wanted

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PERSONALS

HAPPY BELATED BIRTHDAY NICK KAPUSTA!!

"Is he 18 yet?"

-Jen, never ask that ever again. Thanks!!

Advertise in the Eagle Eye!! E-mail lhueagle@yahoo.com

Clearwater <3 Take me back!

Megan, Why is it that when we are under a tornado watch, your brother cares and mine doesn't even know I am out of the state.

Send in your "personals!" Say something awesome to your friends!!

Have something to sell?

Advertise it here!! Want to say something? Shout it out here!! Need a new roommate or want to find a new apartment?

Place your ad here!! Send all submissions to LHUeagle@yahoo.com, subject line "Classifieds."

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I am a really cool Art Major at LHU & aspiring realtor. I am looking for two awesome house mates & some tenants. I have a 1-4 bed room apartments available for groups.

Price's range from \$300-325 per student.

All utilities are included.

If you are looking for comfortable place to live & an easy going landlady, please give me a contact. alicerents@gmail.com

-Isn't the water really cold? -Well, after a while you just forget you have legs.

"Dave Matthew is my hubby and Ryan Sheckler is my boyfriend." -Jen

Hope everyone had a great Spring Break!

Advertise student rentals in the Eagle Eye. E-mail ads or questions to lhueagle@yahoo.com, subject line "Classifieds."

"I am just taking back what is rightfully mine." -Oh Misha!

Do You...

Need a roommate, need to sell something, or just want to send a special message to someone?!

Please contact the editor at lhueagle@yahoo.com, write in the subject line "Classifieds." See your message in the next issue of the Eagle Eye!!

Submissions must be in by Monday at noon.

OPINION

Give the Heroes a chance

Jamie MacDonald
Staff Reporter
jmacdona@lhup.edu

As another spring concert here at LHU quickly approaches, one thing has been brought to my attention. The announcement that the headlining band is going to be Gym Class Heroes, and it did not take long for the moans and groans to follow.

In my close to four years here, once the announcement is made, the question of "are there ever going to be any good bands?" seems to pop up everywhere. Hearing this question over and over again, along with reading the comments posted on the Eagle Eye website, really brought me to think about the whole spring concert process.

HAC allows students to vote for who they want to headline the spring concert.

cert. In reading the article Concert goes to 'Gym Class' in the February 27 issue, it clearly stated that T-Pain was the first choice, but due to scheduling conflicts, HAC was unable to book him. Gym Class Heroes was then contacted, being that they were the student body's second choice.

This made me ask one question: How many of those people who feel that Gym Class Heroes is not a "good band" went out and voted for who they would like to see at the spring concert?

Unfortunately, each year we may not see the number one choice, but HAC does offer the students the opportunity to give them their opinion and HAC does what they can to fulfill the student body's choices.

Many factors play into what artist actually comes to LHU to play, so it is not as if HAC is simply picking the artist that they

want to see. It involves artist schedules as well as LHU's availability. Artists



Jamie MacDonald

also have to accept the contract so it is not as simple as vote and the artist automatically comes.

It really makes me wonder how many people actually take the time to go and vote to voice their opinion, because I think those people may have the right to complain. And I'm not saying that every person I have overheard did

not vote for the concert, it is just something to think about.

Also, in reality, not every single person is going to be pleased with the spring concert choice. Not everyone has the same taste in music so it is going to be hard to please everyone.

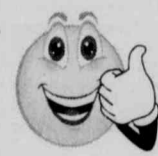
According to the Eagle Eye's online poll, 39 percent of students who shared their opinion there "hate" the fact that Gym Class Heroes is going to be playing here.

That again raises the question of how many of those students actually voted. And points out that not everyone is going to be satisfied with the outcome. I think students who are unsure of how they feel, and may not have really listened to the band, should come out with an open mind. We have already paid for it, so go out and have a good time.

Thumbs Up . . .



or



Thumbs Down . . .

Thumbs Down . . .

to Fox Broadcasting for refusing to pay a \$91,000 indecency fine to the FCC for an episode of a reality show that aired in 2003.

Fox claims the fine is unconstitutional. Perhaps it is. The media conglomerate should argue its side and exercise its legal rights, but it should follow the ruling of the FCC in the meantime.

Fox is not above the law.

Thumbs Down . . .

to Germany's National Democratic Party, whose chairman Simone Herbeth is being charged with incitement and defamation over a pamphlet the party issued before the 2006 World Cup.

The pamphlet featured a white German soccer uniform with the number 25 - worn by a half-black player at the time - followed by the phrase "White, not just a jersey color! For a real NATIONAL team!"

Party spokesman Klaus Beier is defending the flyer by saying the number wasn't printed clearly and wasn't meant to target a specific player. He did not, however, disavow the racist sentiment.

For some reason, I'm just not inclined to give a racist German political party the benefit of any doubt.

Patriotism and dissent

Chris Hoskavich
Opinion Editor
choskavi@lhup.edu

Enough has been written about the potential effects Barack Obama's pastor Jeremiah Wright's controversial comments may have on Obama's campaign that anything I could say would only be redundant.

I've noticed an important and less-addressed phenomenon surrounding the incident, though, that doesn't involve racism or poll numbers.

I noticed it when somebody defending Wright's "God damn America" comment noted that Wright is, in fact, a true patriot for expressing dissent.

I have heard this idea many times before and I've rolled my eyes every time. What a load. The idea that someone is patriotic simply by virtue of dissent is political posturing at its most ludicrous.

I've heard it from people defending the practice of flag-burning as well as those who claim the United States of America is an imperialist, fascist, xenophobic, racist nation with a Nazi for a president (who are more prevalent than we might like to think).

Can Americans who support these ideas possibly love their country? I

know I wouldn't.

I love my country because I believe it is a fundamentally good country with amazing people, a rich cultural heritage and, even if it sometimes does-



Chris Hoskavich

not seem it, a fair and effective system of government.

People who venomously decry the United States in one breath and tout their patriotism the next are simply attempting to minimize the backlash against their misguided self-hatred by those who are willing to call it what it is. After all, you can't win the trust of the American people if they know you hate them.

At this point, I feel the need to clarify that I am not equating dissent with a lack of patriotism.

We are entitled to express disagreement with government policies and common practices,

and quite often we should. Otherwise, your faithful opinion editor would be out of a job.

It is important to make the distinction, though, between the actions or beliefs of a government official or administration and the nation itself. Those who, in their ideology or rhetoric, do not, are the ones I make absolutely no qualms about calling unpatriotic.

A good historical example of this distinction can be found with the orator and writer Frederick Douglass.

Douglass was a great American and, I am proud to say, a fellow republican. By the end of his career, he was dedicated to this country and knew that, perhaps more than any country on Earth, the United States provided the opportunity for social progress and change.

He did not begin his career this way, though. Douglass seemed to have nothing but contempt for the United States as a young man, and referred to the Constitution as a "pact with the devil."

It is not hard to understand why, either. Douglass was born into slavery and, even after he achieved his own freedom, the institution was deeply ingrained in the fabric of much of the country. Even outside the South, racism was pervasive and reflected in laws.

He was unpatriotic and it was perfectly justified.

What Douglass came to realize, though, is that this country and the promises of its Constitution belonged by natural right, even if not in practice, to him and his people as much as they did to any white person. He realized that he was an American.

By viewing national politics and his role in America from this perspective, Douglass accomplished more in terms of combating slavery than ever before and helped set the stage for the Civil Rights movement a century before it culminated.

The point I am trying to make is that America is not one particular ethnic group and it is not the federal government or its policies. It is all of the people who live here and our shared culture and history. It is one thing we all have in common.

So when an American burns a flag or says "God damn America," it hurts me on a personal level.

These actions may be rooted in dissatisfaction with people in power, but they are ultimately a rejection of all people who comprise this nation, the collective community we form and the basic principles behind our founding.

This can only be described as the absolute antithesis of patriotism, even if the perpetrators are expressing "dissent."

Letters to the Editor

Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot - button topic that you would like to discuss?

Don't just get red in the face. . .

Write a letter to the editor!

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to lhueagleye@yahoo.com with "Opinion Letter" in the subject line.

Do you like to draw? Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the *Eagle Eye* for the Opinion section.

Send it to lhueagleye@yahoo.com with "Editorial Cartoon" in the subject line. Make sure to include your full name, year, major and a phone number where you can be reached.

Democratic Presidential Nomination Pennsylvania Primary Averages

as of 3/25/08

Clinton.....52.3
Obama.....36.3

Courtesy of RealClearPolitics.com

OPINION

THE EAGLE EYE

Lock Haven University's Student Newspaper
VOLUME 66, ISSUE 7

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For the record

"I believe he is the kind of once-in-a-lifetime leader that can bring our nation together and restore America's moral leadership in the world."

-- Gov. Bill Richardson endorsing Sen. Barack Obama for president

"You don't choose your family, but you choose what church you want to attend."

-- Sen. Hillary Clinton on Obama's pastor's controversial remarks

Honor societies are a big deal

Davis "Mac" Stephen
University of Arkansas

It's the time of year when honor societies begin sending invitations to prospective members.

Unfortunately, many of these invitations end up in the trash. But before you toss them out with credit card offers and unwanted catalogs, you would be well served to reconsider the benefits of membership. Select honor societies offer valuable opportunities and resources that can benefit you well beyond your college years.

The most prestigious honor societies dispense hundreds of thousands of dollars in scholarships and awards to their members. They also offer networking, training and leadership opportunities, mentorship programs, career assistance, and discounts on a variety of products and services. Those that have been around for many decades, if not more than a century, are recognized and

respected by all graduate and professional school admissions committees.

Honor societies can be either all- or multi-disciplinary or they may draw their members from a specific discipline. Phi Alpha Theta (History) is discipline specific. Others place emphasis on leadership and service, in addition to academics. Omicron Delta Kappa (ODK) is one such honor society. Several honor societies recognize freshmen and sophomores. Others recognize upper-classmen only.

With so many honor societies, how do you decide which to join? You may receive invitations from several. While there is no limit as to how many honor societies a person may join, time and money necessitate your making choices.

When selecting an honor society, it's important to do your homework. When you receive an invitation, examine it carefully and take time to review the organization's Web

site. Call or email the local chapter officer. A legitimate honor society will include this information on its invitation to membership. Ask yourself these questions: Do they offer scholarships and awards? What are the benefits of membership? When were they founded? What are the criteria for membership?

Criteria for membership are perhaps the most telling measure of legitimacy and value. The more prestigious societies, including Phi Beta Kappa and Phi Kappa Phi, have extremely high academic standards for admission. For instance, to be invited to membership in Phi Kappa Phi, an all-discipline honor society, you must be in the top 10 percent of seniors or top 7.5 percent of juniors. An invitation to Phi Kappa Phi is significant because it means that you are among the very best and brightest at your university—not just in your chosen field of study, but among all academic disciplines.

Despite the demonstrated value of membership in such honor societies, the number of students accepting invitations has declined. That's because many students underestimate the value of membership.

Some students may question the fee involved in joining an honor society. They shouldn't—legitimate, non-profit honor societies are not "money machines." Their officers on your campus are volunteers in the truest sense of the word. Dues are necessary to fund the chapter's initiation ceremony. A portion of the dues also may go toward funding awards and activities for the organization's chapters and members.

If you are one of the deserving students who receive an invitation to an honor society such as Phi Kappa Phi, congratulate yourself, then call and brag to your parents. It IS a big deal! And you owe it to yourself to consider seriously what they have to offer.

What is normal?

Ron Soltys
Kent State U.
U-Wire

A classic argument often spews the all too familiar statement, "That isn't normal."

A counter question in response might be "What is normal?"

I browse the Internet furiously; I read blogs and lurk on forums. I meticulously flip from discussion to debate, letting all the fervent or sarcastic remarks coagulate in the storm of my mind. Relative terms are inescapable; they are so limited. By their very nature they are incomplete, they are broken -- and yet we are a victim to their convenience and short-sighted reliability.

These snippets intrude any and every aspect of our character; they can be positive or negative. I suppose for the sake of relativity I will dig into the

description of a "normal" college student.

Younger people tend to feel college life is something glamorous, a "nothing's holding me back anymore" free-for-all of whatever vice you can get your hands on -- a new challenge, a new you, a new world to explore. Not every high school student sees college as nothing more than a good time, but the prospect of an atmosphere unfiltered by parental guidance tastes all too sweet to kids who feel resentment toward their parents for not letting them experience anything for themselves.

Conversely, the "Greatest Generation" and their immediate successors see college as nothing more than expensive daycare; college students party all night, sleep all day and have sex everywhere with anybody possible. The party-hard lifestyle that movies and

social stigmas embolden becomes the model for popular opinion, a vision that comes to fruition all too often on campus. They only see the thin layer of college life that composes a small fragment of the actual experience -- one that, while varied, derives much of its substance from work and study.

Anybody walking down campus can regard a sea of faces and think to themselves whatever they want about all the college students they pass. Maybe that girl on the phone with the boots with the furr is a slut. Maybe that guy with the North Face jacket and hipster sunglasses is another binge-drinking delinquent. You will probably never see those people again, so what does your snap judgment bring that is at all meaningful?

The reality of the matter is that there are thousands and thousands of people at this campus, and

what people think of this college applies readily to only a small sample of students. A blindingly large portion of the students I have befriended at this university are both intelligent and mature. They've provided me with a positive image to look toward, a niche of young adults aspiring to be educated in some way, shape or form.

The fact that a small sample of conduct at college seems juvenile to some does not diminish the personality or accomplishments of people who work very hard while they are here. The menial things we believe as knee-jerk reactions dissolve almost entirely as we get to know people.

College is more than a party, a realization that comes to all of us -- and hopefully is brought to the attention of others, younger and older, who are on the outside looking in.

Letters to the Editor

Look both ways

D. Mark Stevenson
LHU Mailroom Supervisor

"Look Both Ways." These words should echo in our minds from our childhood whenever we cross the street. However, it is my experience over the past few semesters that many of our LHU students are ignoring those 3 words of wisdom that have been passed down from generations before.

The streets surrounding our university, Fairview, Susquehanna Avenue, Water Street, as well as Glen Road are a-buzz everyday with students on their way to classes, meetings, lunch, etc. And I'm finding on my way to and from work, and home for lunch students will walk straight out into traffic without even looking. Whether talking to friends, looking in a book, or listening to their iPods they step off the curb without hesitation and drivers need to be made aware of this. I'm always cautious when coming in because of this. Just this morning I witnessed a young lady reading a book. I saw her coming and I slowed down and sure enough she walked right out onto Fairview street without even looking up from her book.

I just want everyone to be safe and felt compelled to submit this article.

The meaning of Olympic Uniforms

Yu Gao
Asian Student Association President
ygao@lhup.edu

The Beijing Organizing Committee of the 2008 Olympic Games (BOCOG) chose the design of staff, volunteer and technical official uniforms for the games. They feature "lucky clouds," which combine Olympic concepts with Chinese characteristics.

BOCOG staff uniforms are red, volunteers' are blue and technical officials' are grey.



Those unifies are bright and harmonious. But here's why they chose those colors, in my opinion: 1) they want to separate the duties; 2) according to the color symbolic significance. In the Color symbolic significance: red stands for Passion; Grey stands for fining and Gentle; blue stands for Profound, the reason, and honest.

Haven Spotlight

Celebration without celebrating

Olga Malyavskaya
Feature Editor
omalyavs@lhup.edu

Despite merry Irish music, go-green decorations and delicious Irish snacks, including traditional potato bread, the celebration of St. Patrick's Day took a serious tone, as the participants discussed the problems Northern Ireland and the Republic of Ireland are facing today.

The event that took place in the PUB on March 20 was organized by the Institute of International Studies (IIS) in attempts to encourage students to participate in study abroad programs at LHU.

"The point of the event was to promote Irish culture and also study abroad," said Rosana Campbell, acting director of the IIS.

To start a discussion, two students who went to Ireland shared the pictures they'd taken, as well as their experiences and deepest impressions of the country and its people.

Ryan Murphy, a senior in business administration, studied in Dublin, Ireland, about a little bit over a year ago.

"One specific reason I studied abroad in Ireland is because my great grandfather actually lived there, and I wanted to see where my ancestors were from," he said.

Murphy admitted that living in Ireland and meeting people from all over the world was a life changing experience for him.

"I got to see all parts of Ireland, both the country side and the city life, and I fell in love with the place to tell you the truth," he said.

Traveling around the island, Murphy had an opportunity to meet and talk to many Irish people over the pint of Guinness.

However, the things he learned shocked him.

"I never thought there would be so much difference between the North and the South," he said. "I thought it was basically one island and everyone was happy, but when I got there, I noticed that people didn't get along as well as I thought they would."

Seeing so-called peace walls between Catholic and Protestant neighborhoods was quite shocking for Murphy, as he remembered hearing about certain areas where bombings and violence were still going on and how frightfully quiet his guide was when they were walking through those areas.

For Megan Fee, a junior in business administration who went for a short term spring break trip to Northern Ireland with Dr. Todd Nesbitt, the most shocking experience was her trip to a youth center in the protestant area where she met a group of 13-year-old students who said that they cannot leave the area because they will get threats and beatings if they leave on their own.

"They can't even go to the mall which is maybe a 10 minute walk from where they live without going in a taxi or a bus or something," said Fee.

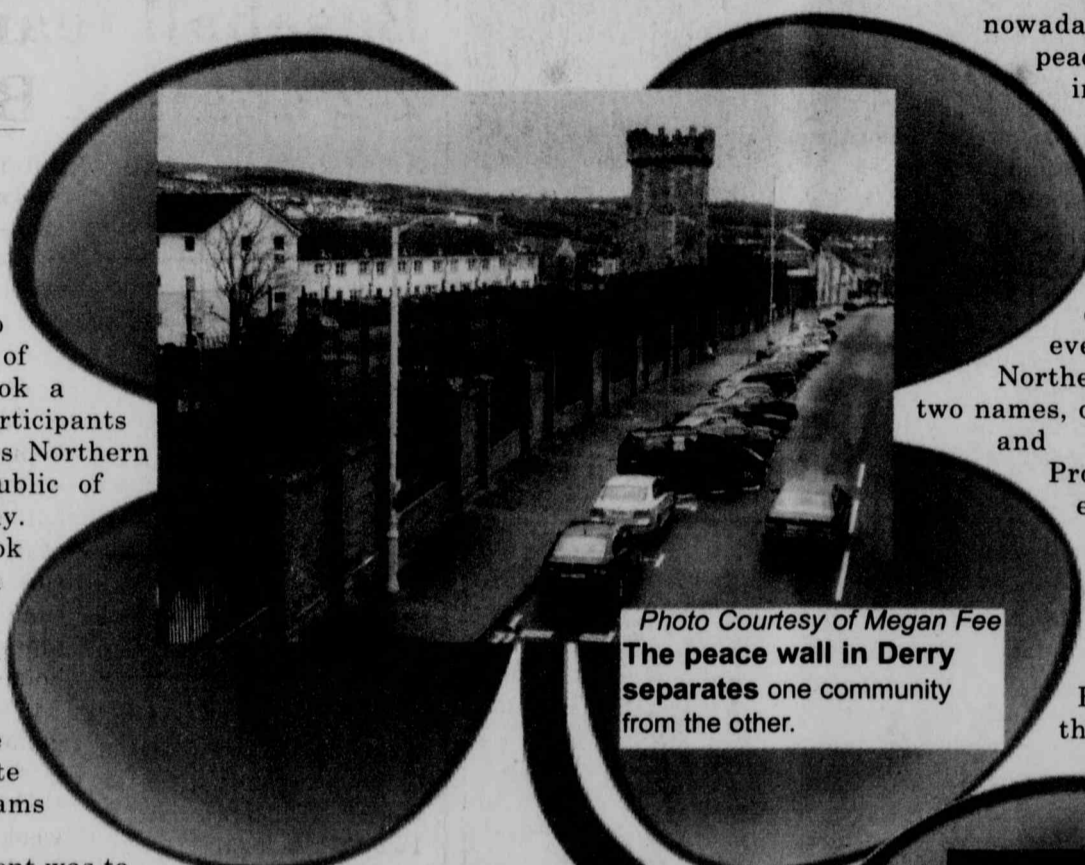


Photo Courtesy of Megan Fee
The peace wall in Derry separates one community from the other.

nowadays with the peace walls separating the neighborhoods and desperate struggle for identity.

The students discovered that almost everything in Northern Ireland has two names, one for Catholics and one for Protestants. For example, the very name of the city, Derry will remain Derry for Catholics only. For Protestants, this is London

town with his team to play soccer, and on that day 11 bombs blew off the whole way up the main street damaging all the businesses.

"That was probably one of the more traumatic days, not because I didn't see it myself until after, but because my family was there," said Campbell. "And you didn't know what was going on, and whether everybody was okay."

Speaking about Northern Ireland today, Campbell said that the Belfast agreement basically helped his country of origin to develop to the point where people can go and enjoy it just like any other European city.

"However, you still have to be careful what you say and who you're with," warns Campbell.

Unfortunately, even a taxi will not be much of a help in some areas where division strikes the most.

Fee recalls that during her trip to Derry and Belfast, Northern Ireland, she took a cab that said 'Derry taxi' on it. When she told the driver to take them to a protestant area, he actually had to take the sign off of the cab before entering the area to avoid any possible troubles.

"I knew some things that happened in Derry and Belfast, but I didn't know much until I got there," Fee said. "I was actually a little shocked as I didn't expect to see something that drastic."

As Dr. Todd Nesbitt explained, the troubles in Ireland began in late 1960s with a formation of paramilitary organizations to resist British occupation, particularly Catholic paramilitary organizations.

Derry, just like the Belfast Agreement (peace agreement in 1998) will be the Good Friday agreement for Catholics.

As Murphy recalls, he witnessed some pubs declaring 'no color' days to avoid fights breaking out which means that you can't wear green and orange if you're rooting for Ireland you can't wear like and red and blue if you support the United Kingdom.

Peter Campbell, associate director of athletics who was born and raised in Northern Ireland, shared with the audience his experiences of growing up there in 60s.

He was the fourth of the six children of the family of Catholic mother and Protestant father.

During his childhood, Campbell had seen many things, among which was the one that he still remembers of the scariest and "eye-opening."

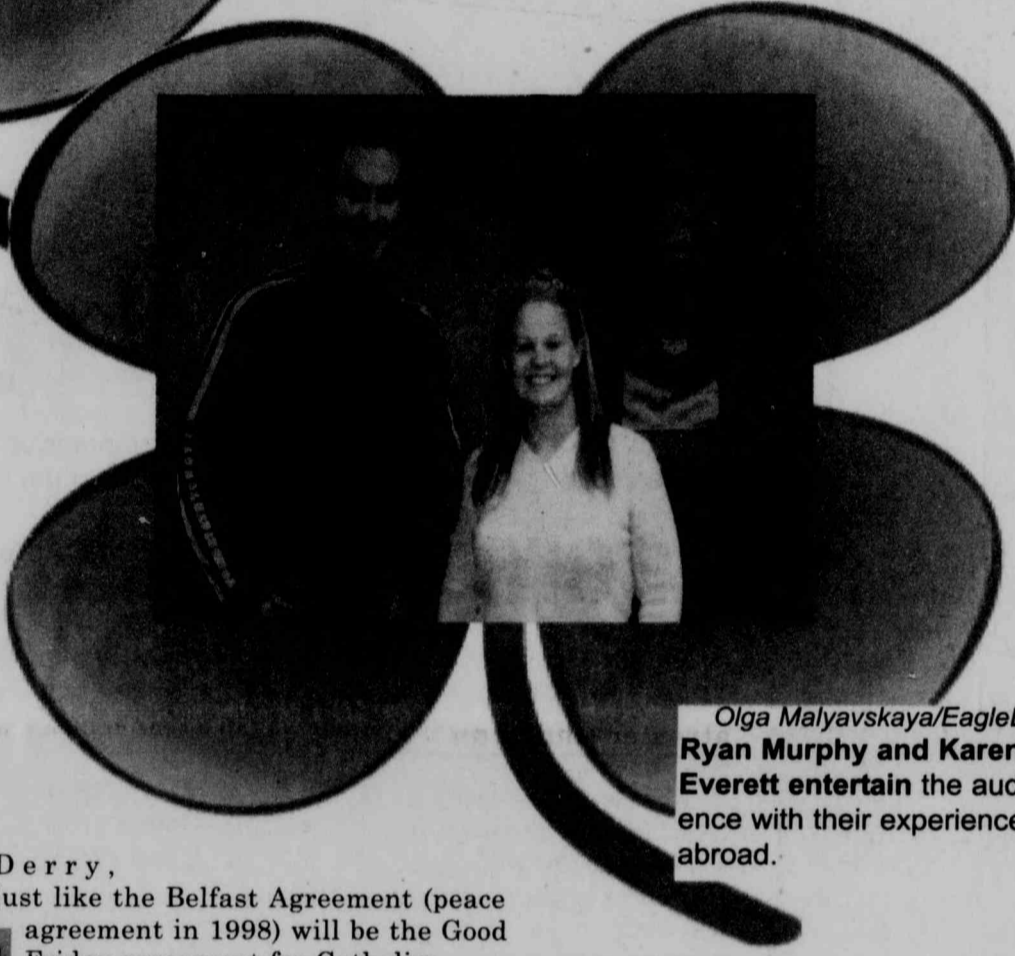
When he was 11, he went out of

According to Karen Everett, the student assistant in the IIS, the event was the second in the series of thematic evenings.

"We had the Chinese New Year before, and now we decided to have theme nights probably about once a month to promote more study abroad," she said.

Next month the IIS is planning to organize the Russian Easter, and for May they are going to celebrate Cinco de Mayo, the Independence Day of Mexico.

Images Courtesy of Google Images



Olga Malyavskaya/EagleEye
Ryan Murphy and Karen Everett entertain the audience with their experiences abroad.

Who was St. Patrick?



To open the celebration, Karen Everett, international studies major and the student assistant at the IIS, offered some less known facts about the figure of St. Patrick.

Did you know that...

1. As a 16-year-old British boy, St. Patrick was captured and taken as a slave to Ireland where he worked as a shepherd for six years until he escaped?

2. March 17, around 460 A.D., is the day St. Patrick died?

3. St. Patrick, being one of the most well-known saints, have never been actually canonized by the Pope?

Since that period of time a series of events took place that led up to a boiling conflict between the IRA (Irish Republican Army) and the British state.

According to Nesbitt, famous Bloody Sunday incident in Derry on Jan. 30, 1972, was "the straw that broke the camels back," as 26 participants of a civil rights march were shot by British Parachute Regiment. Thirteen people, including minors, were killed immediately.

"Many folks [...] will refer to Bloody Sunday as the point in Northern Ireland which changed everything," said Nesbitt. "There were many Catholics at that point who were anti-militant with regards to assisting the British state. After that peaceful march on Bloody Sunday in 1972 a lot of Catholics then signed up for the IRA in response to that."

As the travelers to Northern Ireland found out, the division into Catholics and Protestants (pro-British) goes on

A bit of history...

Information courtesy by discoverireland.com



6000 B.C. - Ireland was first inhabited by Stone Age people;
795 A.D. - The Vikings attacked the island for the first time, and in the next century Olaf the White founded Dublin (Dubhlinn);
Mid 12th century - Ireland fell under the rule of Britain;
1912-1922 - The War of Independence took place which resulted in division of the Ireland into Northern Ireland (a part of United Kingdom) and the Republic of Ireland.

Inside . . .
Terry makes
school history
B2

The Eagle Eye

Lock Haven University's Student Newspaper

Features . . .
Ron Fleeger and
the Strangers
rock Caffeine
Nation
B8

SPORTS AND FEATURES

Volume 67, Issue 7

www.lhueagleeye.com

Wednesday, March 26, 2008

What's On Deck

Home &
Away
Spring
Sporting
Events

Today

Softball vs. ESU
2:30 p.m.

Thursday

No Events

Friday

Baseball @
California U.
12:00 p.m.

Softball vs.
Clarion U.
2:30 p.m.

Saturday

Baseball vs.
California U.
12:00 p.m.

Lacrosse vs.
Millersville U.
1:00 p.m.

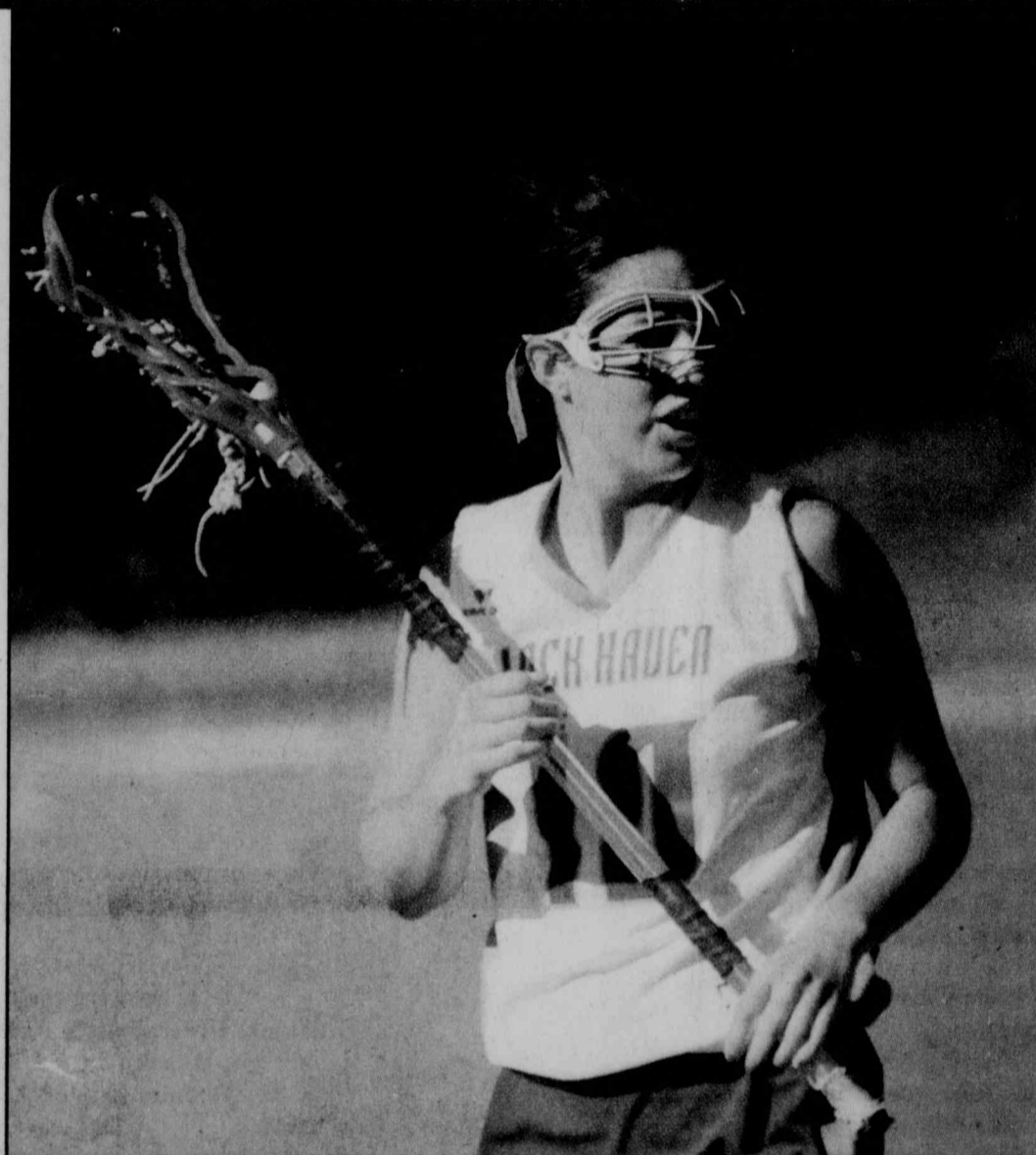
Softball vs.
Slippery Rock U.
2:30 p.m.

Sunday

Track and Field
LHU Home Meet
9:00 a.m.

Monday

Lacrosse vs.
Gannon U.
7:00 p.m.



Archived Photo Courtesy of Sports Information

Jessica Blickenstaff, seen above, had an impressive day in the LHU home opener, scoring four goals and adding an assist in the Lock Haven 23-6 win.

Lacrosse destroys ESU

Alan Trexler
Sports Reporter
atrexler@lhup.edu

The women's lacrosse team opened their PSAC schedule with wins over IUP and East Stroudsburg last week.

Lacrosse

The Lady Eagles (3-1) overcame a slow start to win 17-5 at IUP on Wednesday and used a team effort to cruise past previously undefeated East Stroudsburg 23-6 in their home opener Saturday.

Lock Haven, ranked #6 in Division II, treated the home crowd to an impressive offensive display Saturday afternoon. LHU

scored eight times in the games first ten minutes on their way to a season high 23 goals.

Head Coach Kristen Selvage was happy with the way her teams execution.

"They played really well today," said Selvage. "It was a team effort. Everything that I have been asking them to do they did really well. I am really happy with their performance."

Nine Lady Eagles recorded goals on the day, led by sophomore Leigh Titus who netted a game-high five. All-American Jessica Blickenstaff also had a strong afternoon, finishing with four goals and an assist.

Senior Caitlyn Watts

controlled the game with an impressive performance on both ends of the field. Watts finished with two goals and four assists for a team-high six points. She also was strong defensively, causing three turnovers and scooping up three ground balls.

Watts attributes the teams' strong performance to being ready to go from the opening whistle.

"There was a lot of intensity in the warm up," Watts explained. "We knew we had to get our heads together and come out with intensity in the first half and take the game to them. I am really pumped about the way we started off the first half."

See, Lacrosse, B3

Track and field chase down eight first place finishes

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After a grueling indoor season, both the men's and women's track and field teams were in competition this past weekend as they opened up the outdoor portion of their season at the Lynchburg Invitational.

Track and Field

Nabbing a total of eight first place finishes, both the men's and women's sides had standout per-

formances this past Saturday, the team seems to be picking up from where they left off with no apparent signs of slowing down.

Leading all Haven runners on the men's side were Nick Hilton, Paul Martin and Brandon Pomerantz.

In the 3000m steeplechase Hilton took home first place in a PSAC qualifying time of 9:50.53.

"Hilton performed really well in the steeplechase," said Head Coach Aaron Russell. "The steeplechase is a complex com-

petition, and for him as a freshman to go out there and do what he did we were really happy with the results."

Teammate, Martin, set his first NCAA provisional qualifying mark of the short outdoor season with first place finish in the 110m high hurdles in a time of 14.52, while Pomerantz earned an impressive first place finish in the 5000m run at a time of 15:17.10.

See, T & F, B2

Baseball team goes 2-2 against Bloom

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With spring officially here that means the weather should cooperate for some baseball action. Somehow Mother Nature didn't get that note as is delivered some cold weather to LHU's baseball series with Bloomsburg University.

Baseball

But despite the wind and snow LHU took two of the four games against the Huskies to improve to 8-12 on the season.

"The cold was not a big factor, but the wind really hurt us as we hit quite a few balls that the wind held up and Bloom caught. I can think of three that

would have left the ball park," said Head Coach Smokey Stover.

To start the first game at Foundation Field sophomore Josh Rote pitched 6 2/3 innings for seven strikeouts. Throughout his time on the mound he only walked three batters and gave up just five hits and three runs.

While most of the time out there he was able to keep the Huskies at bay,

but in the fifth inning it was a little tricky with the score tied and runners on bases ready to run home. With the help from the LHU players in the field he was able to get out of the jam.

While LHU's defense kept BU from scoring, it was the one run that the offense scored that helped seal the victory and that run came at LHU's first time at bat. Sophomore Mark Strouse nailed a home run to give LHU the 1-0 victory to start the game.

Strouse was named the PSAC west player of the week, not only because of his lead off home run but because he was 7 of 13 when he went against Bloomsburg including two RBIs and the home run. Also made some terrific diving catches in the outfield and stole two bases against Bloomsburg. The series was the home opener for Lock Haven,

"It was good to finally be home playing a game on a field that we are used too. No better feeling then playing at home in front of our fans supporting us," said third basemen Tim Bremen.

See, Baseball, B4



Archived Photo Courtesy of Sports Information

Mark Strouse, seen above, started Lock Haven off with a bang last Friday as he lead the first game of the double-header off with a homerun.

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Four boxers crowned at Ocean City
See, B2



Rec. Society holds Great Pool Challenge
See, B8

Boxing crowns four ECB Champions



Photo Courtesy of the Boxing Team

All five members of the boxing team, seen above, placed in the top two at Ocean City. Josh Wisniewski, Addy Pizarro (first row left and center) as well as Aaron Lynch and Danny Marrero (back row) all placed first. William Gross (bottom right) placed second.

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The defending National Collegiate Boxing Association team champion, the LHU Bald Eagles, had four of their top boxers win Eastern Collegiate Boxing Association (ECBA) titles this past Sunday in Ocean City, MD.

Boxers from 10 eastern schools, U of Maryland, USMA, USCGA, PSU, Gettysburg,

Shippensburg, Salisbury, Mansfield, VMI, and LHU competed in the three-day competition.

Leading the Bald Eagle delegation was defending national 125lb. champion, Josh Wisniewski, who took top honors in the weight class.

Wisniewski scored an exciting 2-1 split decision win over USMA'S (Army) Danilo Garcia to gain the title. One of just seven

four-time Eastern (ECBA) Champions, Wisniewski's career is now 24-9.

Wisniewski advanced to the championship bout with an impressive 3-0 decision over PSU'S Jake Winowich.

Winning his third eastern title was senior 132lb. co-captain, Addy Pizarro who decided Mansfield's Jarrell Hill, 2-1 in the championship bout.

See, **Boxing**, B3

Terray splashes into history

Alan Trexler
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Freshman Amanda Terray capped the most successful swimming season in school history over spring break by leading Lock Haven to a 26th place finish at the national championships in Columbia, Mo.

Swimming

Terray, the first LHU swimmer to qualify for the national championships, earned All-American status in both backstroke events. After a sixth-place

finish in the 100-yard event Friday, she closed the season by placing third in the 200-yard race Saturday night.

Coach Andrew Waeger was thrilled about her performance.

"This season was very much a roller coaster for Amanda and I am so proud of the fact that she ended up on top," said an excited Waeger. "I think we can make some adjustments to how we train next season to build upon this year's successes to continue doing some great things."

In her first race at nationals, Terray recorded

a 24th place finish in the 50-yard freestyle. She finished the race in 24.22, which was good for a lifetime best.

Terray swam five races over the weekend, recording lifetime bests and school records each time.

The team finished second among women's only programs and ninth overall at the PSAC Championships in February.

Lock Haven finished 5-3 in dual meet action, and in the process avenged losses to both East Stroudsburg and Millersville last season.

From, T & F, B1

"For his first time running the 5000, Pomerantz did extremely well," said Coach Russell. "He worked very hard for this and it paid off for him."

Not to be outdone, Logan Wolfe placed in three of the competitions in which he competed.

In the discus, Wolfe managed a second place finish with a toss of 142'0", while finishing fifth in the hammer with a throw of 132'3". Rounding out the day, Logan took a seventh place finish in the shot put at a mark of 42' 4-1/4".

Other Bald Eagles to have productive days were Randy Silvia, taking second in the hammer throw with a toss of 161'7", Justin Lockley, who set PSAC qualifying marks in both of his events, the 100m dash and 200m dash.

In the 100m, Lockley clocked in at a time of 10.97 which was good enough for a third place finish. In the 200m, Lockley took home sixth in

a time of 22.47.

"As a team, everyone performed pretty well," said Coach Russell. "It was a good start to our outdoor season."

On the women's side, the Lady Eagles fared just as well as the men.

Jen Andrews dominated the day, as she placed in three separate competitions which included two first place finishes.

Andrews took home first in both the shot put and hammer throw with marks of 41'5" and 139'7". She rounded out her standout day with a respectable sixth place finish in the discus with a throw of 114'4".

Also grabbing individual first place wins were JaKia Gumby and Kristie Warren.

Gumby finished first in the discus with a mark 123'9", while falling just short of teammate, Andrews, in the shot put and hammer throw with a pair of second place finishes. Teammate Alaina Leonard made it a 1,2,3 finish for the Haven in the hammer throw taking

third in the event with a mark of 136' 7".

Warren added to LHU's already impressive day with a first place finish in the long jump with a leap of 17'0". Warren also took home fifth in the triple jump with a mark of 34' 3-1/2".

Rounding out the first place finishes for the Haven was the team of Meagan Wolf, Shala Simms, Ashley Hartman and Alyssa Douma. Comprised together, the four women took home first in the 4x400m relay in a time of 4:00.90.

Individually, Simms nabbed an additional second place victory in the 1500m at a time of 4:56.38, while Wolf captured a third place finish in the 400m int. hurdles in a time of 1:07.62 and a fourth place finish 400m dash, clocking in at a time of 59.36.

Both the men's and women's track and field teams will be in action this Sunday at Hubert Jack Stadium. Events are set to begin at 9:00 a.m.

Lady Eagles finish second in PSAC, third in NCAA

Audrey Ward
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The Lady Eagles indoor track team placed second at PSAC's and performed well at the NCAA championships wrapping up another great season.

Track and Field

Despite only having 18 members representing the team at PSAC's, the Lady Eagles proved to be tough competitors against first placers Slippery Rock and Shippensburg.

"Even though we didn't take first it's still an accomplishment, especially with the lack of members on our team that made it to PSAC's. Our LHU Lady Eagles

only have 18 members on our PSAC track team while other schools that finished ahead of us had 30 plus members," said senior Jen Andrews.

In the Throws event, Andrews placed second in shot put and third overall in the women's weight throw.

Andrews is eager to finish her senior year and last outdoor track and field season.

As for freshman Carlene Lewis, she felt that she did okay for her first time competing at PSAC's for LHU.

"Track is a mental sport, and once one has doubted him or herself he or she has already lost the race," said Lewis who placed 16th overall in the 55m dash.

Even though Lewis did her best, she knows

that she will improve in the outdoor season.

The PSAC's were held on March 1 at East Stroudsburg University.

While most of us were away on Spring Break, the Lady Eagles participated in the last meet of the indoor season; the NCAA championships on March 15th.

The NCAA championships were hosted by Minnesota State University-Mankato.

The Lady Eagles placed 3rd overall, finishing their season on a high note.

Even though the indoor season is over, the heat continued this past Saturday at the Lynchburg Invitational in Va. with the start of the outdoor track and field season.

Sports Editors:
Garrett Graziano
James Cooney

Sports Reporters:
Alan Trexler
Kris Glad
Brandon Apter

and a very special thanks to Adam Roberts

Ashnault, Fittery and Hepburn represent LHU at Nationals

The three wrestlers took part in the Division I National Wrestling Championships held in St. Louis this past weekend

Kris Glad
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It is hard to find a little bit of Lock Haven in any big city, but some was found last week in St. Louis and it was three of LHU's best wrestlers.

Wrestling

They were there to compete in the NCAA Division I Wrestling National Championships.

The three wrestlers that went were redshirt-juniors Matt Fittery and Ben Hepburn as well as freshman Billy Ashnault.

Ben Hepburn wrestled at 197-pounds and in his first match was against the tournaments No. 1 seed wrestler at 197-pounds, American University's Joshua Glenn.

Hepburn wrestled tough and didn't give up, but despite his efforts he

lost the match 2-0.

In his second match Hepburn pulled out the 2-1 victory over Gardner-Webb's Dustin Porter.

His final match Hepburn fell 5-2 loss to Rider's Timothy Morrison, the tourney's 11th seed.

With the NCAA tournament Hepburn ended the year 18-15.

Fittery wrestled in the 149-pound weight class. In his first match he took on Missouri's Joshua Wagner, defeating him 11-6 for his 24th win of the year.

Fittery would drop the next two match's, first to No. 11 Ryan Lang of Northwestern University 11-4 and then to Lehigh's Trevor Chinn 10-3.

His win in the tournament was just one more for his already team high for the season.

The lone freshman in the tournament for LHU was Billy Ashnault.

He went 0-2 in his NCAA debut but they

were close matches.

First, Oregon's Ryan Dunn defeated him 12-11 and then he lost to UNC-Greensboro's Jeff Hedges 5-2. Ashnault finished the season 12-17.

"It was awesome to compete at nationals and get that experience but I would have liked to do better," said Billy Ashnault.

For the season the Bald Eagles had a record of 9-8 for the season including a record of 2-4 in Eastern Wrestling League (EWL) Action.

This an improvement from the season before in which the team went 8-6 in the 2006-07 season. The team will lose a couple of seniors but will retain a core group of young wrestlers just waiting for the next season to get back out there, including the freshman Ashnault.

"Now that I know what to expect, I can't wait to start training and improving," said Ashnault.

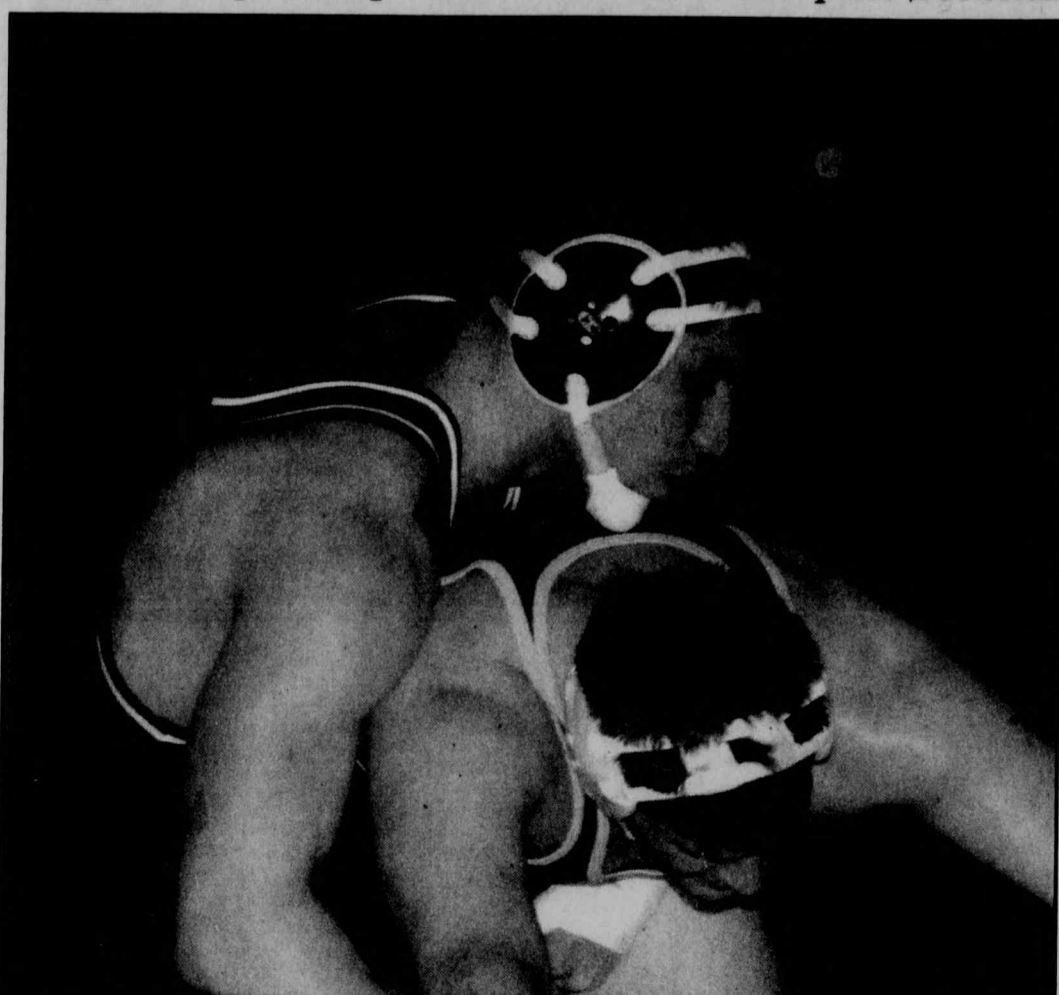


Photo Courtesy of Sports Information

Ben Hepburn, seen above, was one of three LHU wrestlers to compete at Nationals. Hepburn was joined by teammates Matt Fittery and Billy Ashnault.



Archived Photo Courtesy of Sports Information

Kristin Erb, seen above, currently leads the Lady Eagle softball team in wins with 12. Erb picked up four wins in Salem, Virginia.

Softball sweeps Salem

James Cooney
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The Lock Haven Lady Eagle softball team capped off an impressive weekend this past Saturday with a 9-1 victory over Shepard University in five innings.

Softball

It was the fifth win in the Salem Tournament for LHU. The Lady Eagles finished 5-0 in the three day tournament.

Lock Haven brought their bats on Saturday as the belted six homeruns in the pair of games, five coming against Shepard.

Amanda Roosa hit two round trippers and drove in three runs to lead Lock Haven offensively. Sarah Norris, Ili Lopez, and Amanda Gutmaker each chipped in with one homer.

Julia Popovich continued to roll from the circle as she picked up the LHU victory allowing one run on five hits.

She struck out four and

allowed only one free pass. Popovich's win was her fifth as she is 5-0 on the season.

In the first game on Saturday LHU was also victorious with a 5-0 win over nationally ranked Grand Valley State. Kristin Erb went the distance for Lock Haven picking up the shutout.

Erb allowed only four hits and two walks. She fanned nine.

Lock Haven scored their five runs on a combined 12 hits, three of them coming from Sarah Norris. Erb was successful at the plate as well going 2-4 with a homerun and four runs batted in.

Also helping the Lady Eagles cause were Brittany Muthard and Nancy O'Connor. Each going 2-3 at the plate with a run scored. O'Connor's biggest day was on Friday, however.

Lock Haven was engaged in a 1-1 pitching duel with St. Joseph's (IN) going into the bottom of the seventh of game 1, when O'Connor smacked a solo homerun over the

fence to give Lock Haven the 2-1 victory.

Erb picked up yet another win going the all seven innings for Lock Haven. LHU's only other run came from Brittany Muthard solo homerun, which was her third of the season.

Game two of Friday was yet another pitching duel as Lock Haven ousted Northwood, 3-0.

For the Lady Eagles it was the same story as most of the tournament, all three LHU runs came off of round trippers.

Amanda Roosa hit a two run shot and Erica Eisenbise hit a solo homerun giving Lock Haven three runs. Kristin Erb picked up another complete game.

Last Thursday, the first day of action, Lock Haven picked up an impressive 11-2 win over Gannon University.

The Lady Eagles will be back on the field today as they host East Stroudsburg at Lawrence Field. The first pitch is scheduled for 2:30 p.m.

On The Bench 4 EVER

Adam Roberts
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September 27, 1992 the era began.

I was fresh off my sixth birthday living in Green Bay, Wis. Little did I know that 16 years later I would be a journalism student in Pa. reminiscing about my boyhood, and for that matter adolescent, teenage and young adulthood hero, Brett Favre after his retirement.

Being raised in Green Bay by two season-ticket-holding, Packer-praising Cheeseheads (even though my mom still contends that only tourists actually wear the plastic cheddar headgear) I was groomed to pray at the steps of Lambeau Field.

Just like any other Wisconsin bred Packer fan I developed a family-like connection to my team early on. Last names are barley used when referring to Packer stars and the informal first-name basis is assumed in times of glory or peril.

Even with a cousin named Brett (allegedly not after Favre) my mind still jumps to number four at the mention of that first name.

As the years passed and my understanding of the game increased I really started to appreciate Brett's style and flare. An entirely new perception of interceptions, comebacks and heart is developed after years of watching the Mississippi native.

As far as interceptions I barely flinch when the Packers give up a turnover. While fans of other squads curse their QB for the blunder I now view an interception from Favre like a quarter lost in a slot machine-the quarter is gone, but we were so close to the jackpot we might as well plug another quarter in and hope for the best.

Similarly, while fans of other quarterbacks fear the last minute drive I grew to desire them. In a two minute drill situation Favre was nothing short of clutch throughout his 16 year career in green and gold.

Sure his last drive as a Packer ended in an interception in a do-or-die situation, but it was just another quarter in the slot of his extremely profitable career.

Brett's kidlike exuberance also shaped my perception of him and the game. Even as a 38 year old, Favre conducted himself like I did as a 12-year-old emulating him in my backyard.

In an era where professional athletes are constantly accused of being money-hungry Brett carried himself like he was playing for a cold Miller Lite and a bratwurst.

My mind is littered with examples of Favre's childlike joy and enthusiasm. His backyard trash talk always amused me. He was never cocky, just earnestly confident.

When Warren Sapp played for the Tampa Bay Buccaneers and both the Packers and Bucs were in the since defunct NFC Central, Favre and Sapp would banter back-and-forth. Favre never backed down from the mammoth D end, rather he taunted and joked with the big man in between plays.

Over the years I have also seen Brett play practical jokes, throw snowballs and laugh through game after game.

His career achievements and certain first-ballot Hall of Fame entry speak for themselves. Over what essentially amounts to my lifetime as a football fan I have wit-

nessed many sides to the player, the man and the father that make up Brett Favre. And there were moments that define him for me.

The most recent one came on Thanksgiving this season. During FOX's pregame show, the network aired a segment that looked at Favre through the eyes of some of the greatest American athletes to ever grace us with their skills.

The likes of Wayne Gretzky, Lance Armstrong, Cal Ripken Jr., Larry Bird and more all thanked Brett for his contribution to sports and culture.

The segment was well-organized and touching, but the most incredible moment came when the screened blackened and a simple quote appeared on screen.

"I am the greatest and you are the latest. Welcome to the legends club."

That quote was submitted to the network by Muhammad Ali.

Sure, me and my fellow Packer faithful love and respect Favre, but to hear it from other people who fans around the world love and respect really changed my perspective.

On the field Favre also wowed me throughout his career. Aside from countless regular and post-season games from 1992-2008 that I watched there were two that I will never forget.

It was January 26, 1996. My brother, sister and I huddled around the T.V. while my grandmother finished cooking doughnuts (for what I'm sure is the one and only time I was ever allowed to have doughnuts with dinner) as Super Bowl XXXI commenced.

The reason my grandmother was cooking us doughnuts is because my parents were lucky enough to make the trip to New Orleans to witness history first hand. It was the first time the Packers had made it to the big one since Super Bowls I and II. This was a big deal.

I remember looking for my parents in the sea of people and then being mesmerized by the Packers performance.

They simply dominated the New England Patriots.

On December 22, 2003 I was back in Green Bay for the Christmas holiday. Unfortunately, the Pack was on the road in Oakland so I would have to settle for watching the game on T.V.

This was slated to be a regular Monday Night Football game, but instead Brett burst through tragedy and ran straight into history.

Just one day earlier Brett's father and high school coach, Irvin Favre died of a sudden heart attack. Instead of leaving the team Brett stayed with the Pack and played as he figured his dad would want him to do.

Playing after such a sudden loss was one thing, but Brett was unstoppable throwing for 399 yards and four touchdowns.

Even though many people have moved past Brett's announcement that he is retiring I couldn't let his legacy go without a proper tribute from a budding sports reporter and fan who has followed his whole career.

Now I have no choice but to look forward to a season with a new-comer named Aaron. I can only hope he will inspire young fans the way his predecessor did.

From, Boxing, B2

Pizarro had also won a split 2-1 decision over Gabe Nelson, USCGA, in the semi-finals. Last years' national semi-finalist, Pizarro's career record is now 23-3.

Earning his first eastern title was senior co-captain Danny Marrero, 156, who decisioned Army's Will Myers 3-0 to earn the title.

Marrero increased his career record to 21-7. He won his semi-final bout on Saturday night with an impressive 3-0 win over Steven Nichols, VMI.

At 139, freshman, William Goss, won a third place medal with an upset 3-0 decision over E.J. Mead, U of Maryland in the semi-finals.

In the championship bout on Sunday, Goss dropped a 3-0 decision to Army's Terrell Anthony in an exciting bout. Goss, considered the Bald Eagles' top freshman, is now 4-3 (career record) and became LHU's fourth national qualifier.

The Haven's 195lb., Aaron Lynch, a senior with an 11-8 career record decisioned Army's Jody Chapman, 3-0 to win the title on Sunday. Lynch, who finished second in the 2007 National Collegiate Boxing Association championships, was a top seed in his weight class and

From, Lacrosse, B1

Amber Hoch and Kari Sielski each scored three goals while Rachael Williams and Jamie Uzialko chipped in two goals apiece. Uzialko added two assists for a four point afternoon.

Sophomore Goalie Kira Nuttall was fantastic in the net allowing only six goals while stopping 10.

On Wednesday LHU opened their PSAC schedule with a 17-5 win at IUP.

After a sluggish first half, the Lady Eagles turned up the intensity

and outscored IUP 12-2 in the second stanza.

Sophomore defender Krystalle Neighbor led a strong defensive performance, recording four interceptions on the afternoon.

Uzialko led the team with a game-high five goals. Blickenstaff scored four goals and added three assists on her way to seven-point day.

Blickenstaff's efforts earned her PSAC player of the week honors. She finished the week with 12 points, scoring eight goals and setting up four others.

Over the break the Lady Eagles headed south to open their season

against two of the nations better teams. LHU notched their first win of the season with a 12-8 win over Pfeiffer. Blickenstaff led the team with a game-high six goals.

In their second game of the season Lock Haven fell two second ranked Limestone 16-13. Titus led the team with six goals, while Blickenstaff and Hoch each scored twice and added two assists.

The Lady Eagles are back in action on Saturday at 1:00 p.m. when they host Millersville at Charlotte Smith Field.

Check Back

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Sports information gets new look for the spring semester

This spring the Lock Haven University athletics will have a new look.

No, it's not just the freshman dotting the lineup or the handful of transfers donning the crimson and white for the first time.

This spring the Haven's baseball, lacrosse, softball and track and field teams will be the first to sport the new brand new Lock Haven athletics logo.

Recently the LHU department of athletics and Sharon E. Taylor, Director of Athletics unveiled the sharp new logo to be used by all Bald and Lady Eagle programs.

The logo gives Lock Haven a crisp, fresh look.

The new logo was voted on by the entire LHU coaching staff and will be used by every Haven athletic program from this point

The former logo with

the crimson eagle in flight had been around since the mid-90's and the department felt it was time for a change.

Taylor is pleased about the new logo's clean, crisp look and says it's easy to use. She is also pleased that every team will sport the same logo which is important for the identity of Lock Haven's success.

Story and photo courtesy of Sports Information

Penn State University to offer a class on Joe Paterno

Jocelyn Syrstad
The Collegian (PSU)

Neil Rudel, an editor for the Altoona Mirror, has been covering Penn State football for 31 years and has been dealing with Joe Paterno for just as long.

At the beginning of his career, Rudel said Paterno was an equal combination of charming, humorous and maddening. He was entertaining and had a great sense of humor. As the years have gone on, those traits have diminished.

"Joe Paterno has become more distrustful in regards to the media," he said. "He looks out and sees his grandchildren, and that makes him uncomfortable. This is a young business, and there is a big age difference there. I am 51 and considered old."

Mike Poorman, who has been covering Penn State football since 1979, has also seen these changes. He feels studying Paterno and the media will give College of Communications students a different perspective on their major, so he worked with the department to develop the class Comm 497G: Joe Paterno, Communications & the Media

The class, which will explore how Paterno's relationship with the media has changed over the years, will be offered in fall 2008

and will be available to juniors and seniors.

"Penn State is Joe," Poorman said.

"He is unique in academics, athletics, stature and for what he says. Very few people have approached that level. He is a great benchmark for the growth and development in sports media in the last six decades."

Poorman said the class is "not a fan's view of Joe Paterno." Rather, the class will take a historic look at how the press has covered major college football throughout the years.

Experts will be brought in to lead lectures, students will get the opportunity to attend a press conference and Poorman is even trying to get Paterno to come and talk with the class, although nothing is official yet.

"Mike is pretty excited about this class," said Jamey Perry, assistant dean for academic services. "It's not a mainstream course, rather it's a fascinating opportunity for students."

One of the main objectives Poorman has set for the class is to compare and contrast the media coverage of sports of the past and present and relate that back to Paterno.

Rudel described a Friday night media session that Paterno would hold

with some members of the media, when the group would enjoy a couple of beers and chat off the record.

The Altoona editor said this session was not held from 2004-2005 because something Paterno said during that time was leaked to the public.

The session resumed in 2006, although Paterno was still wary of whom he could trust.

"Paterno manages the media on his own terms," Rudel said.

"I have been around him for a long time, and there were times when I laughed with him and there are times I was frustrated with him. Overall, it has been a blessing."

The class will be offered in the fall as a special topics course, meaning it may not be offered regularly.

There are 60 spots for communication majors who have met the prerequisites.

To say Poorman is excited to start the class is an understatement.

He has been setting it up for about five months, but he has thought about doing a class on Paterno and the media for several years now.

"Paterno is the one person who makes sense to me in regards to the changing media," Poorman said.

"You couldn't do this with many other coaches."

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From, Baseball, B1

While the first game went in LHU's favor the second didn't, as Bloomsburg won 13-0. Senior Pat Young put forth a solid effort as he pitched five innings with six strikeouts. Though they tried the LHU bats just couldn't find their mark. With two games down at Foundation Field it was time to Bloomsburg to finish off the series.

With both teams battling cold wind blowing the balls around, Saturday saw something not usually associated with baseball, which is snow. But the doubleheader went on despite the fact there was snow on the ground. In the first game the Bald Eagles needed some extra innings to capture the victory but they got it from Teddy Stake, who singled in the top half of the eighth inning drove in Mark Strouse to give the Haven the eventual game-winning run.

LHU got plenty of help

in the first game especially from junior Zach Schuler, who was 2-for-3 with two RBI's and sophomore Evan Petro who went 2-for-4 with two RBI's.

Freshman Jordan Yohn got the start for LHU. He went 6 2/3-innings, giving up 10 hits and eight runs. He struck out three and walked three. Fellow freshman Andrew Simonik got the win as he pitched 1 1/3 innings and fended off the Huskies from scoring.

The second game was a lot closer than the previous day's second game, as Bloomsburg bested LHU 1-0. Freshman pitcher Tyler Rumsey pitched in all six innings of the game while giving up five hits and one run. He also struck out two batters. Both Strouse and Schuler both went 2 for 3 in their at bats.

"We saw a lot of good things in the games so we're just going to stay positive," said pitcher Andrew Simonik.

At press time LHU was preparing for their double-

header against Columbia Union College on Tuesday March 25th. The teams split a series earlier in the season and will finish their regular season meetings for this season beginning at 1 P.M. After that the Bald Eagles will travel to California University (Pennsylvania) on Friday March 28th and then finish the series at home on Saturday beginning at noon.

With still a lot of the season to be played out this young LHU team knows they have tons of potential on this team and are looking to exploit it and have a successful season.

"I feel that we will continue to improve on our small mistakes and as we do that, the sky is the limit," said pitcher Josh Rote. "We have a lot of talent up and down the lineup and it is loads of fun to play with this group of guys. If we can string a couple of win streaks together and get hot, you never know what could happen."

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HAVEN LIFE

First-time headliners perform covers and original songs at Caffeine Nation

Amanda Alexander
Staff Reporter
aalexan3@lhup.edu

Ron Fleeger and the Stranger added a classic rock feel to some modern-day covers and played some of their own acoustic songs during their first headlining performance Friday evening at Caffeine Nation.

The vocals and acoustic guitar skills were provided by Ron Fleeger, while Keith Kavanaugh and Ian Fink filled out the sound with drums and an electric bass, respectively.

Fleeger, whose voice was reminiscent of Pearl Jam's Eddie Vedder, but a little bit rougher around the edges, said he didn't want the band to be placed in a specific genre. "Everybody's trying to put their own label on their own niche," he said before the show. All of the band's songs are written by

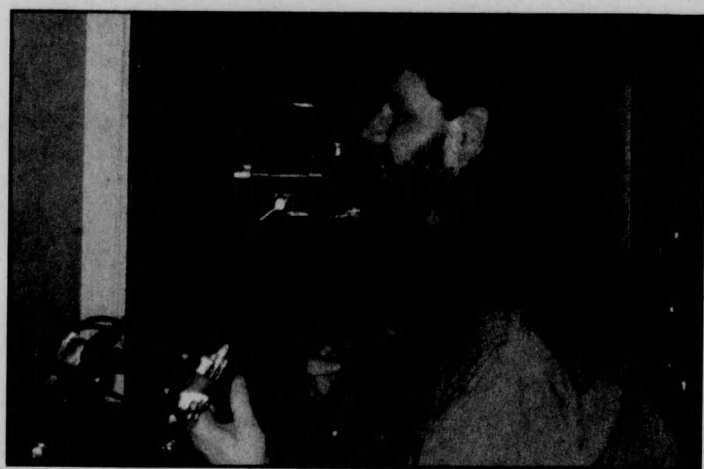


Photo Courtesy of Josh Garner

Ron Fleeger and the Stranger perform at Caffeine Nation on March 21, singing some covers and also some of their own acoustic songs. The lyrics for Fleeger's songs come from whatever inspires him.

After the band played 14 songs, they took a break for Fleeger to play a few solo acoustic songs of his own.

While the extra instruments really filled out the other songs, Fleeger's solo songs tended to run together. However, his passion for the music was obvious in his voice and

cate chords that led to a passionate, no-holds-barred chorus.

Ron Fleeger and the Stranger became a band in 2007.

While Fleeger and Kavanaugh had "jammed for years" together, they both jumped around from band to band.

Fleeger's most well-known band was Entity, which he described as "kind of a prog band," and he was also in some punk bands.

Kavanaugh said he tried out "a little bit of everything."

The two started out playing just for fun, but soon they started to become more serious and decided to add a bass player.

Fink only learned bass six months ago, but Fleeger and Kavanaugh didn't mind his lack of experience.

"We just found him on the side of the road," Kavanaugh said jokingly.

As the band began to get more serious about their music, everything "just kind of clicked," said Fleeger.

The band only has seven songs at this time, but Fleeger pulls from a collection of about 40 songs he has written throughout his life.

Fleeger said he began writing at age 14. His favorite song to play is an original called "Live for Life" because he "just really likes[s] the vibe."

Kavanaugh's favorite song to play is "Beds are Burning" by the Moody Blues, and Fink, who had a hard time choosing a favorite, finally decided on "Man on the Moon" by R.E.M.

Fleeger said he has no specific idea that he focuses on when he writes lyrics, but just writes about "just what inspires me."

The band's goals for the near future include recording a demo for their Myspace page, www.myspace.com/ron-fleeger, and putting together press kits.

Kavanaugh joked that the band's next goal is to be "huge in Japan."

The band does not currently have any future shows lined up.

"The main focus is... we want to get our demo taken care of," said Fleeger.

Ron Fleeger and the Stranger advise anyone who wants to get involved with music to practice as much as possible.

Also, said Fleeger, "Never stop, no matter what anybody says."



Photo Courtesy of Google Images

In "Drillbit Taylor," Wilson starts out trying to scam a couple of young kids, but by the end becomes close to the boys and tries to fix his mistakes.

From, B vs. B, B7

The boys aren't the only ones that are gaining something from Drillbit's being in school, as Taylor begins a love-connection with one of the English teachers.

Drillbit also puts the bullies through so much during the day that they don't have the energy to bully the three boys, until the one bully finds out that Taylor is not a teacher but a homeless army veteran.

When the bullies confront Drillbit in front of the boys, the boys feel betrayed because Taylor was not truthful with them. To make it worse, the boys are ransacked by Taylor's homeless buddies.

The rest of the movie is Drillbit's attempt at making things right with the boys. It leads up to a pretty predictable ending.

The movie was good, but not great.

When you see the names 'Judd Apatow' and 'Seth Rogan' attached to the movie, your expecta-



tions rise to a whole new level. You expect a movie with non-stop jokes that make your sides hurt from laughing so hard. This movie is not that.

I'm not sure if they were trying to do this or if they just couldn't think of any other kinds of characters, but the three boys are almost exact clones of the three kids in "Superbad," just younger.

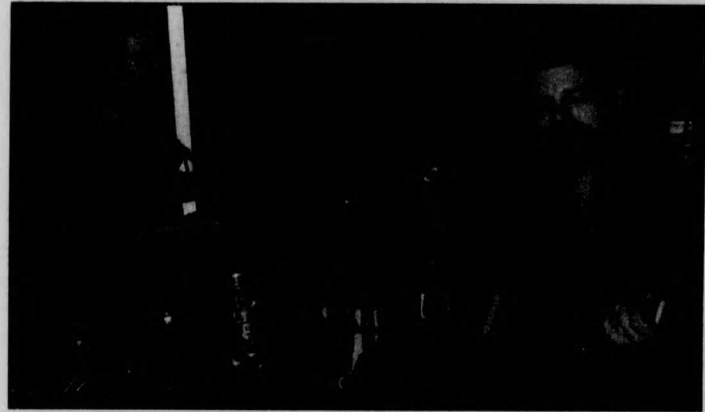
Ryan is overweight, curly-haired, loud and cocky like Seth. Wade is a scrawny, shy kid that just wants to fit in like Evan. Emmet is the Fogell type character. He is just a weird and awkward kid

that hangs out with the other two kids.

The one great thing about the movie is the acting. Though the characters are similar, the actors do put their own spin on the characters.

Owen Wilson plays the part of Drillbit great and the kids are genuine with their performances.

Remember that this movie is not like "Knocked Up" and "Superbad." You have to leave those expectations at the door to enjoy it or else you'll be waiting for the genius-comedy to come and it never will.



Fleeger, who said his influence includes "rock and roll of all ages and genres," but one of his absolute favorite bands when he was growing up was the Moody Blues.

Fleeger only describes the band's music as "acoustic rock and roll," which allows them to jump around to whatever genres they like.

The band played several covers, opening with "Story of My Life" by Social Distortion and mixing in songs from bands such as Radiohead, The Decemberists, Tears for Fears, and the White Stripes.

Although the songs were easily recognized by the audience, the band put their own spin on each of them and made them unique by adding a twangy quality and more of a rock and roll feel.

The show, which took place from 8 p.m. to 10 p.m., was a little too long for a single band, but the 28 songs showed the diversity of sounds the band was willing to embrace and make their own.

Even though Fleeger's voice was similar to Vedder's, the band even made the Pearl Jam song "Last Kiss" sound more playful and fun.

All the songs had an upbeat tone, even those that were originally a little depressing. The band's joy in playing was obvious from their enthusiasm, which never dimmed as the night wore on.

his presence, and the songs were still enjoyable.

Most of the original songs the band played were more focused on vocals, with slow rhythmic drumbeats and the guitar providing a melodic background.

The band seemed more comfortable taking instrumental leaps with old standbys, such as Billy Joel's "Only the Good Die Young."

Fleeger and the band gave the song a folksy vibe and made it a little more rough and playful than the original.

Fleeger told the audience that a love for Billy Joel is one of the few things he shares in common with Fink.

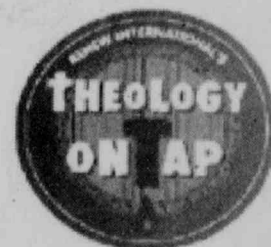
One moment during the show that stuck out was the duet between Fleeger and Joshua Garner on the Doves song, "Caught By the River." Gardner's voice lent harmony to the song that made it really come to life, while Kavanaugh played tambourine in the background.

Another great moment was the cover of "Seven Nation Army" by the White Stripes. While the band added their own unique flavor to the song, it still reminded the audience of the original because of its strong, unforgettable bass beat.

The band's best original song was "Leaving Here," which Fleeger described as "dark and depressing." The song had quieter verses with intri-



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SPONCERS: Newman Community: Campus Ministry
 Serving LHU Catholics & Friends
 St.Paul's Episcopal Church

MARCH 27: Keeping the Faith in a Secular World.

Dr. Carol Latronica-Dean of Student Development, Student Affairs
 We all know living our faith is a full time job. The challenge, though, is to live our faith in a secular school or workplace in a way that honors our faith as well as the faith of others. Join us for a discussion on how to live in both worlds!

APRIL 3: Why Spiritual People Should Care for the Earth!

Jeff Schaffer-Catholic Campus Minister, LHU Newman Community
 Protecting the environment is one of the most important issues of our time. So why is the church absent from the fight to protect it? It's not! Join our discussion about Christians saving the planet.

APRIL 17: In Search of a Spirituality that Satisfies.

Fr. Will Lawbaugh-Pastor of St.Paul's Episcopal Church
 Most of us claim we are spiritual but not religious. However, the two need not be mutually exclusive. Let's look at various forms of spirituality that lead us to a deeper relationship with God and the mystical body of Christ.

For more information about the events : <http://ministries.dioceseaj.org/thucatholic/>
 For more information on Theology on Tap : <http://renewtot.org/>
 Have questions call Jeff Schaffer at (570) 748-8592

HAVEN LIFE

Five things to do before you graduate

Haven's Hot Happenings

3/27- "Let Her Voice Be Heard"
When: 4 p.m. - 5 p.m.

Where: Meet and greet room, Stevenson Library

3/28 - Spoken Word with Travis Watkins
When: 7 p.m.
Where: Price Performance Center

3/30 - Masterworks Concert
Lock Haven Community Orchestra and Community Chorus
When: 3 p.m.
Where: Price Performance Center

4/1 - "Alternative Therapies"
When: 7 p.m.
Where: PUB Multipurpose room

4/2 - Screening: Spike Lee's 4 Little Girls
When: 7:30 p.m.
Where: Hamblin Hall of Flags, Robinson LRC

Garrett Graziano
Sports Editor
ggrazian@lhup.edu

As of right now, there are 45 days left until graduation, 44 if your ceremony is on Friday night.

It may seem like a while, but we all know "time flies when you're trying to get the hell out of Lock Haven."

And within these few precious weeks, those of us who are graduating have a busy and bumpy road ahead of us.

Hopefully most of us have our "stuff" together by now, but I know that there are a few of you out there that are oblivious to what you need to get done in order to move on in life.

That's why I've made a list, per say, of the five things you need to, may want to, or should do within the next month or so.

#5

Buying your cap and gown - Unless you're not walk-

ing, you should have already purchased your ceremonial cap and gown. I know it's an unnecessary last payment in your college career, but it's a necessary evil in order to take part in the graduation ceremonies.

If you're dense and still have neglected to buy the cap and gown, I suggest you get down to the book store ASAP.

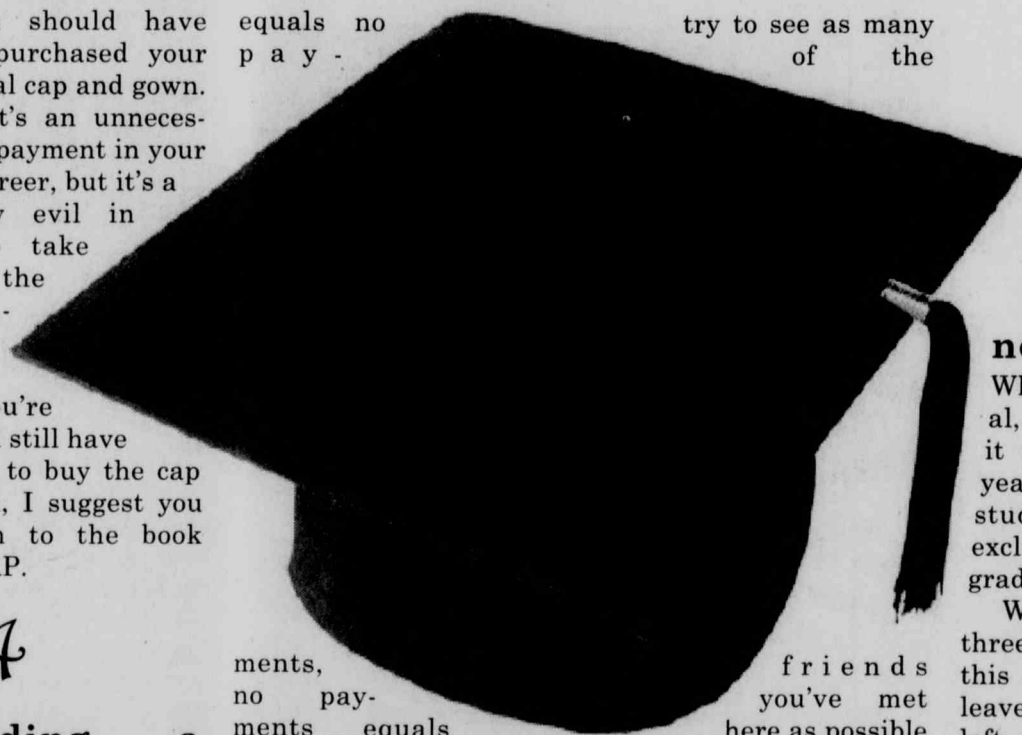
#4

Building a resume/portfolio and looking for jobs - Getting a job is the whole reason you're here. Make sure your resume and portfolio are up to date and filled with all the necessary requirements.

It's also not a bad idea to start scoping out your particular job scene. Remember, you loan students start paying back in six months. So keep this in mind, no resume equals no job, no job

equals no pay -

try to see as many of the



#1

Leave with no regrets -

While college, in general, is not as exclusive as it used to be in prior years and decades, as students here we are exclusive by our choice to graduate from LHU.

We've given our last three-five years of life to this place, so before you leave make sure you've left no stone unturned, endeavor undiscovered and social relationship undone.

It's the easiest of the five things to do, so make sure regret is not your lasting legacy at this university.

Good luck to everyone from the class of 2008, hopefully you don't carry credits over to 2009.

ments, no payments equals you stuck without a paddle up that infamous creek.

friends you've met here as possible and cherish each others company, because after May 10, all we are are memories.

#3

A weekend for friends - Hey guess what?! There is a good chance you'll never see most of your friends once college ends, so make this time count. Save the petty drama and enjoy these last remaining weeks.

Take one weekend and

#2

Don't fail - Sadly this will happen to someone, probably me. I know all about senioritis, but realize that you still have an academic role to uphold and if you slip up it may determine if you graduate or not.

Majors from A to Z:

Computer Science & Computer Information Science

Olga Malyavskaya
Feature Editor
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instruments and machines we use today, and its importance will continue to grow. A workforce skilled in maintaining and enhancing this software is absolutely necessary."

Completing either one of the two programs is even harder than it sounds.

Both programs

essential in both programs, as well as a strong background in mathematics.

In addition, possessing communication skills will be a huge plus for those who want to proceed with a career in CS/CIS field, as the clearer you can understand what the clients really want, the easier it

recent LHU graduate with a bachelor's degree in computer information science, proves that achieving such a bright career seems to be quite a challenge.

After graduating college in 2007, Hamm went on to additional training for the U.S. Army to become an officer.

During this training

job.

About a month ago, he took a position of the lead technician for a newly opening store, The City (a.k.a. Circuit City).

At the moment, his typical day consists of stocking shelves and learning as much as he possibly can about inventory systems, displaying items properly, organiz-

ment or learning more from an entry level programming position.

Nonetheless, his job search experience helped him gain some insights on getting a job in the computer technology field.

"Most of the job offers I am seeing in the Columbus area want at least one year of practical experience. College courses do not apply," said Hamm. "I repeat college courses do not apply. Students need internships or something outside of the school environment."

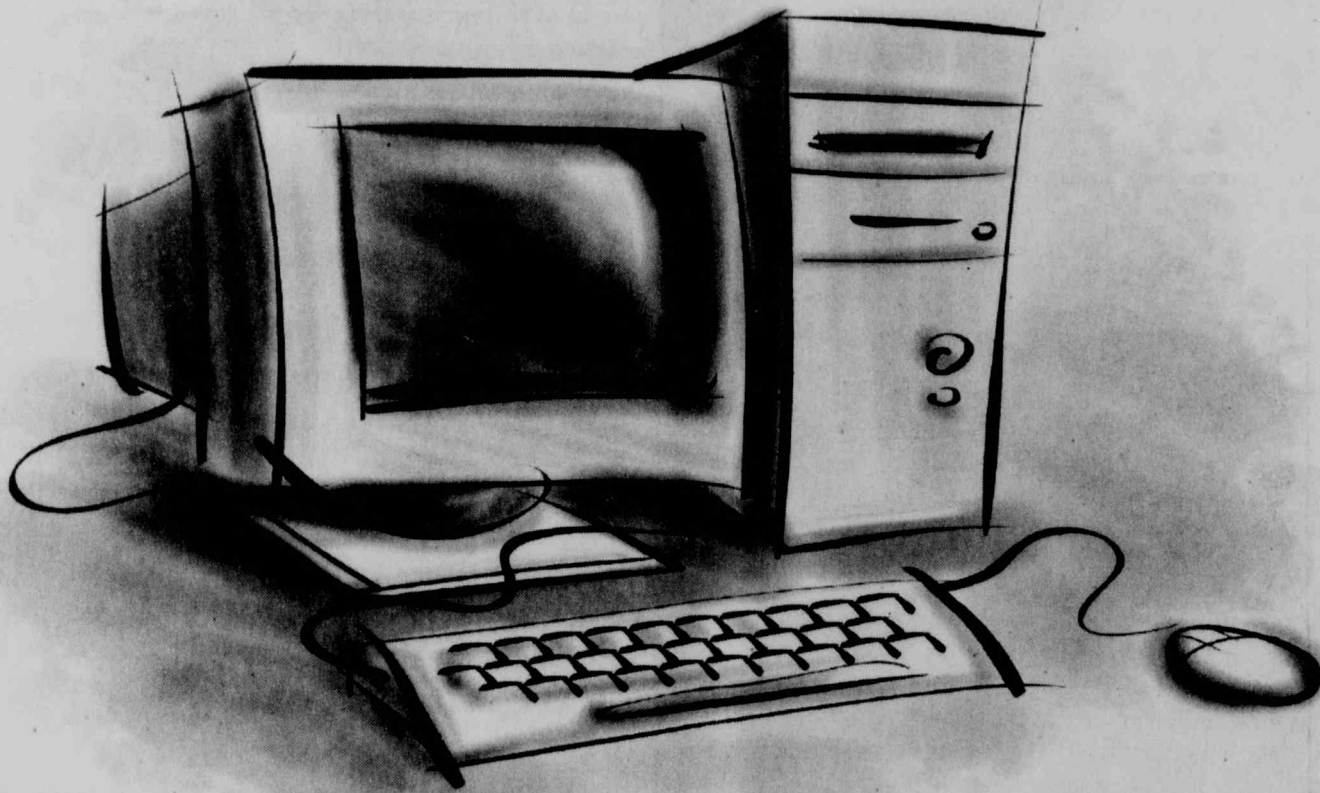
Hamm also found out that employers are using staffing agencies to find candidates and that most offered positions are temporary.

"Developers are no longer being hired onto companies kept. Half of the jobs I have applied for have been anywhere from two to six month positions," he said.

Finally, Hamm learned the importance of being able to talk to people and work in a team.

"You must be at least some sort of a people person. Some people can do this naturally while others may want to be left well enough alone," recommended Hamm. "Most of the icebreakers we do are similar to what the Resident Assistants do in their first week of training. It may behoove you to ask a few of them what they do before school starts."

Photo Courtesy of Google Images



require serious commitment to the field.

"Unlike other disciplines, clarity of understanding and preciseness of expression are absolutely essential in this field. Machines do not tolerate fuzziness, and this is one field where you really cannot 'wing' it," said Pillai.

As he pointed out, good analytical skills are

will be to satisfy and even exceed their expectations.

According to www.payscale.com, working in the field can be very lucrative, as a certified software developer makes a median starting salary of \$50,000 a year and over \$80,000 in four years.

Yet, the story of Nathaniel Hamm, a

he was offered a few entry level Java and .Net programming jobs, but he couldn't accept those jobs at the moment.

The fall of 2007 brought him the completion of the training and a small data entry job with an hourly pay of \$10.

Unfortunately, with a higher cost of living in Columbus, Ohio, Hamm kept looking for a better

ing the shelves to look neat and professional and trying to get to know everyone's name and personality.

Even though this job offers some nice benefits and pays better, Hamm would not call it a 'career' just yet.

He admits that he would rather spend time being more hands on with web design/develop-

For those who find pleasure in working with and being around computers, solving complex differential equations or even creating video games, majoring in computer science and computer information science can be an ideal choice.

Lock Haven University offers these two computer-related programs that are designed to provide students with unique sets of skills.

According to Dr. Krish Pillai, assistant professor of computer science, the computer information science (CIS) curriculum takes students along the track of information technology and technology applications, including storage, management, retrieval and distribution of information.

As for the computer science (CS) program, it gives students enough skills to create new applications and tools, write efficient code and get exposed to tools and frameworks that help them construct their own software.

Eventually, the CS majors can build a successful career in the field of efficient application development.

"[CIS] and CS are two fields that offer students the opportunity to do creative and challenging work, and both have tremendous growth potential over the next few decades," said Pillai. "Software is a necessary component of all devices,

HAVEN LIFE

'Cheesey' cover band rocks the 80s

Jessica Horbach
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The 80s return to State College every Friday night.

The Saloon, a basement bar on the corner of Heiser Street in State College, is home to a 80s cover band known as Velveeta.

When most people say Velveeta, you automatically think about yellow cheese. But when you are at the saloon and people say Velveeta you think of a great cover band that plays all of those 80s songs that you know and love.

Velveeta plays the saloon every Friday night, rain or shine, although they do go on a few breaks now and then.

For the 21-year-old and over crowd who enjoy live music, driving to State College to see Velveeta is well worth it. You will feel at home, and as soon as that music starts playing you will be

singing along with everyone else.

The Saloon gets very crowded on a Friday night, so if you are okay with people jumping, dancing and knocking you around, then the Saloon is the right place for you.

The band starts setting up around 9 p.m. with the set beginning at 10 p.m. and rocks all night long with a short break in between sets.

drums and vocals, and Mike Lee - guitar, off-key vocals, slide whistle, hand claps, and sometimes bass.

Velveeta rocks the 80s music with songs like "Sunday Bloody Sunday" by U2, "Jessie's Girl" by Rick Springfield, "Dancing With Myself" by Billy Idol, "Sweet Caroline" by Neil Diamond and "Summer of 69" by Bryan Adams.

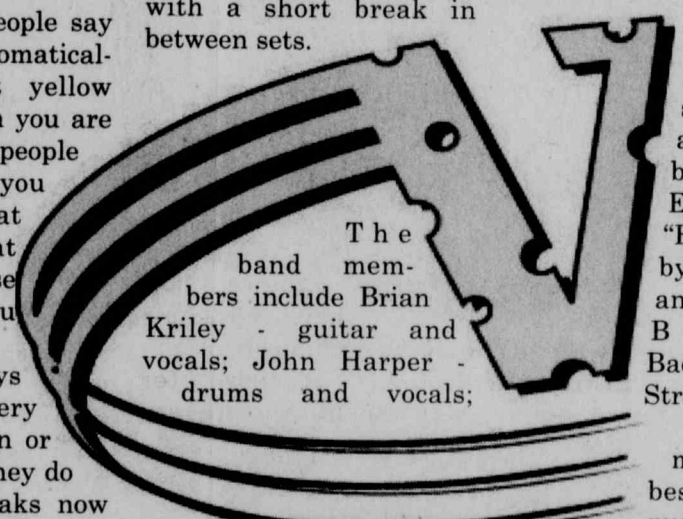
Velveeta also throws in some 90s songs such as "Middle" by Jimmy Eat World, "Hash Pipe" by Weezer and "Little Black BackPack" by Stroke 9.

Live music is the best kind of music when it comes to going out on a Friday night, unless you are into DJ's playing all remixes and dance music where people on the floor think that they have



Photo Courtesy of Penn State's Velveeta web site

Velveeta is an 80s cover band that can be found playing at the Saloon in State College every Friday night at 10 p.m. Many of their songs stem from some of the most popular songs of the 80s, but they also throw in a couple of well known songs from the 90s.



The band members include Brian Kriley - guitar and vocals; John Harper - drums and vocals;

Velveeta

www.80scheese.com

Brent Martin - keys, guitar and banter; Stephen Bentz - bass, guitar,



to be all over each other to feel like they are dancing.

Every time I've seen Velveeta play, which is around 20, they have never disappointed me.

My favorite song that Velveeta covers is Journey's "Don't Stop Believin'."

This song gets everyone on his or her toes and singing along.

All ears perk up and toes start tapping when that intro begins to play.

Everyone's attention is on the band throughout the whole night, waiting to

see what song is going to be next.

People come pouring in all night to see Velveeta. Some people leave, but more and more people go in.

All of the songs that Velveeta covers in their sets are awesome. They make cover bands look good and they have their own original spin on things.

Every member of the band has a piece in each song that shows off their individual talents and they seem to truly enjoy

what they are doing.

Velveeta members have been rocking in the State College scene since 1995 and don't seem to be ending their career any time soon.

You can see Velveeta every Friday night at the Saloon in State College. On other nights, you can also see them at other clubs or bars around the State College area.

To view Velveeta's schedule, learn more about the band and their history, visit www.80scheese.com.

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Bodyguard vs. Bullies

Joe Stender
Staff Reporter
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If you are tired of being bullied and have found that hiding, facing them, or telling an authority figure has not worked, then maybe you need to find a new approach to the problem.

What if you would no longer have to worry about the bullies because someone else would be watching your back and taking care of anyone who tries to mess with you?

"Drillbit Taylor" suggests that hiring a bodyguard may be this new solution you were looking for.

The movie starts out with two new freshmen, Ryan and Wade, at a high school. They have big hopes of becoming the coolest kids in school and getting girls to notice them, but this plan goes horribly wrong. First, they wear the same shirt to the first day of school, and secondly Wade tries to stop two bullies from stuffing a kid in a locker.

After heroics in the hall, the kids gain two big problems: the boy they saved, Emmitt, thinks that

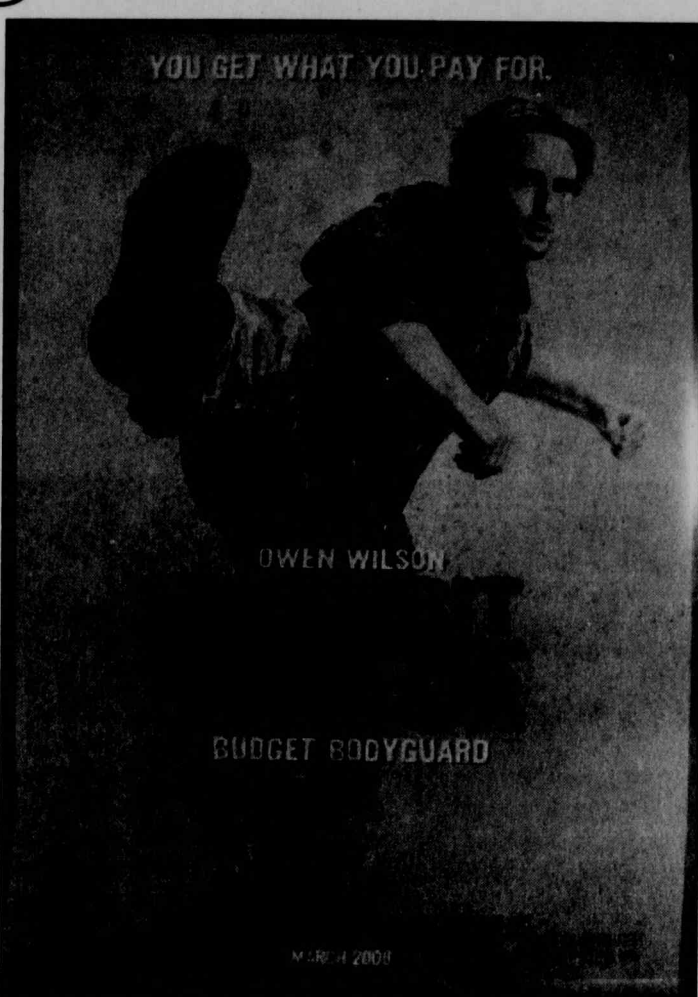


Photo Courtesy of Google Images

"Drillbit Taylor" stars Owen Wilson as a retired Army veteran who will do anything to get rich quick including becoming a bodyguard for a couple of kids who are being bullied at school.

they are best friends and won't leave them alone, and the bullies now focus all of their attention to making the three boys' lives incredibly horrible.

After failed attempts at

telling the principal and talking to the bullies, they do the only thing left to do, hire a personal bodyguard.

The boys go through an intense interview process that brings the likes of

Chuck Liddell and a big guy that claims to be Tupac's bodyguard still.

Then, the ultimate hero walks in, Drillbit Taylor (Owen Wilson), an army veteran who lives on the street and thinks of ways to get rich quick.

Taylor wows the kids with his expertise in different fighting techniques.

The boys hire Drillbit at a rate of \$300 a week and believe that he is there to seriously help them. But Taylor is only there to get all the money and belongings he can in order to move up to Canada with his bum-friends where he believes he will have a better life.

As he spends time teaching the three boys lessons in fighting that he makes up off the top of his head, Drillbit begins to become attached to the boys.

After the attempts at having the boys defend themselves, Taylor goes undercover in the school as a substitute teacher in order to keep a closer eye on the situation.

See, B vs. B, B5

Visit our booth at the job fair:
Lock Haven University of Pennsylvania
Thomas Fieldhouse
February 28, 2008
12 p.m. - 3 p.m.
Low cost housing and internships available for qualified applicants. EOE.

CedarPoint
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HAVEN LIFE

Racking balls to raise donations

Jamie MacDonald
Staff Reporter
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As the annual Relay for Life, held by Colleges Against Cancer, rapidly approaches, clubs and organizations are doing what they can to get involved and raise money.

LHU's Recreation Society held the Great Pool Challenge on Thursday, March 20, in the PUB game room to bring their total donation to \$252.70, just shy of their \$300 goal.

"It's hard to pick an idea that you know is going to go over well with people," shared Antonio

Zucco, the senior recreation major who planned the event. "I went with a pool tournament because people like to play it and we have the facilities for it."

Although the turn out was not as large as Zucco had hoped, the devoted crowd kept the tournament going for over three hours.

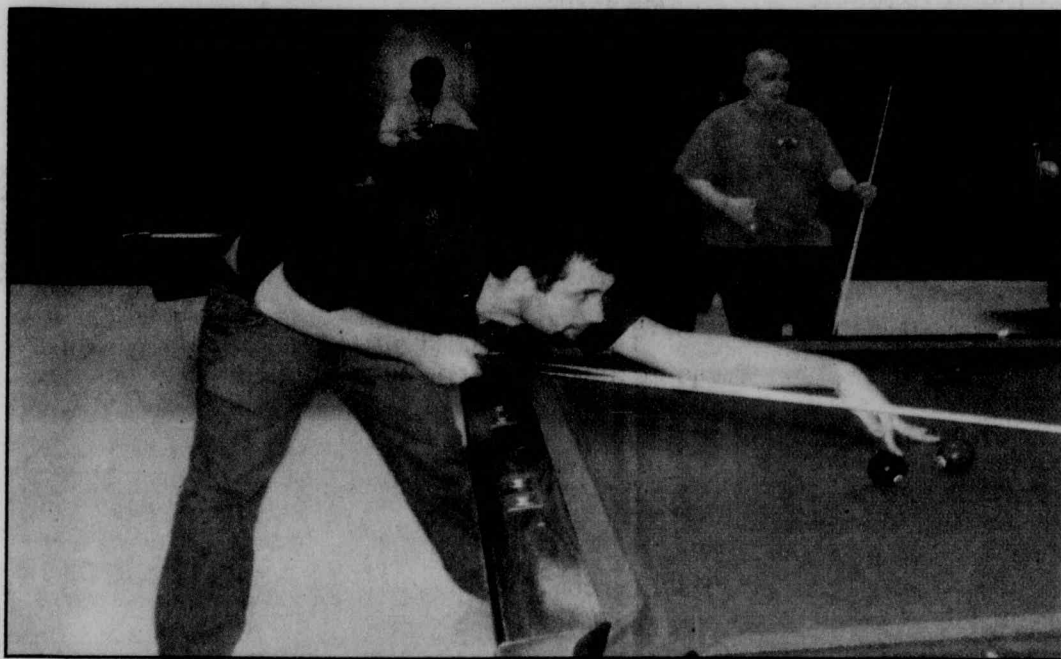
"Planning it the week after Spring Break made it hard to advertise because I only had about three full days," explained Zucco. "And with the Spring Holiday weekend, a lot of people went home Thursday night, leaving a limited number of people

to come out."

But overall, Zucco was pleased with the turnout. The night turned into nine long games of pool. The bracket was set up with a best of three advances rule, which brought about many intense third games.

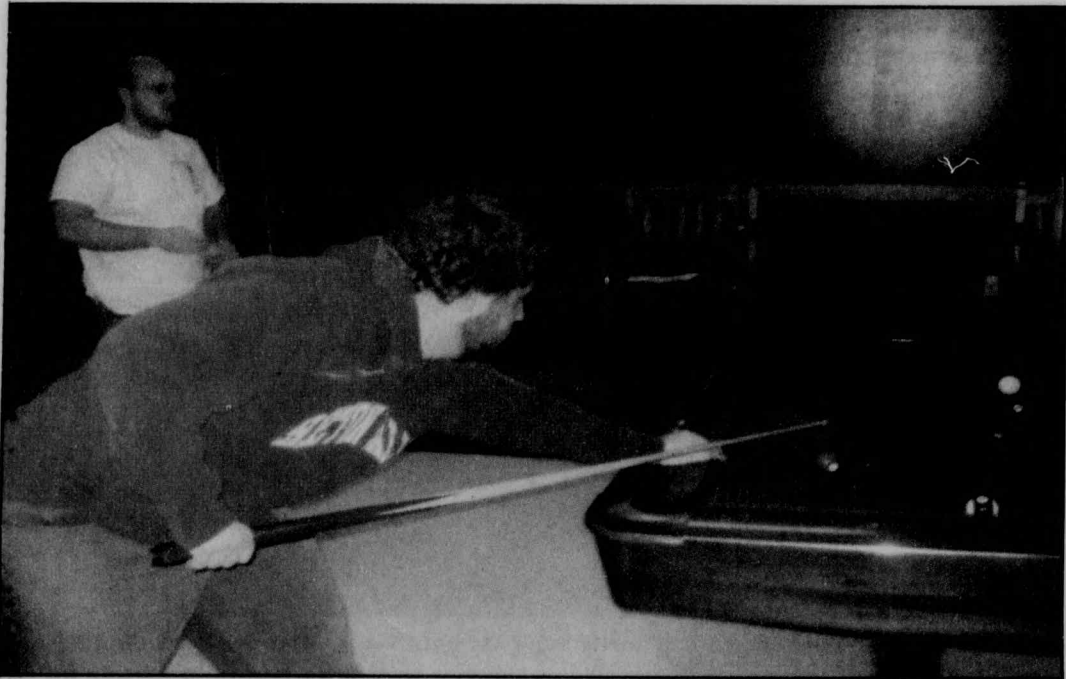
Zucco had pulled together a series of rules to form a basic 8-ball tournament that all players had to agree on. In case there were any questions during play, there were also volunteer judges that would make the final call.

There were rules on calling shots, racking and breaking the balls, hitting the ball, ball groupings of solids and stripes, shoot-



Jamie MacDonald/Eagle Eye

The Recreation Society held the Great Pool Challenge in the PUB game room to help get donations for the annual Relay for Life. (Top) Casey Cordrey taking a shot during the final round against Sean Andrus. (Bottom) Mark Politi taking a shot with volunteer judge Matt Pullen watching in the background.



ing, the eight ball, as well as jumps and scratches, and of course, winning the game.

The bracket was set up as people joined the tournament, which turned into a five game series start. Participants were Casey Cordrey, Justin Struble, Gabe Fultz, David Brumbaugh, Brian Becker, Zane Tywalk, Dawn Belcher, Sean Andrus, Mark Politi and Justin Sipe.

All who participated were suggested to donate

\$2, but with ten participants, the event was still able to raise \$27, which helped to bring the Rec Society closer to their goal.

Coming in third place, Brian Becker received a certificate of participation and a \$5 gift card to Blockbuster.

All the participants and volunteers hung around to watch the highly anticipated final round between Casey Cordrey and Sean Andrus. Sean Andrus took second placed and received a certificate

and a \$5 gift card to Blockbuster. And after the long and grueling match, Casey Cordrey placed first, winning a \$10 gift certificate to Sheetz and the tournament bracket with his name in the champion slot as his certificate of participation.

The Rec Society is planning other events to continue to raise money to reach their goal for Relay for Life so look around campus for future announcements.

Horton hears "Seussical"

Jessica Horbach
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The LHU University Players along with some of their friends, The Cat in the Hat and Horton the Elephant, will be performing "Seussical" in the

Throughout this zany musical, you will be hearing various musical tastes ranging from Latin to pop, swing to gospel, and R&B to funk.

Stephen E. Haynes, assistant professor in the department of performing arts—theatre division, will be directing

how to read, as stated in the press release.

The curtain time for "Seussical" is 8 p.m. with the Saturday matinee beginning at 2 p.m.

For all LHU students with an ID, tickets will be free. For adults, tickets

are \$5 and for all non-LHU students and seniors, tickets will be \$3.

Tickets can be purchased at the door or you can get them in advance in the SCC Business Office in the PUB.



Sloan Theatre April 3, 4, 5 and April 10, 11 and 12 with an additional matinee on April 17.

"Seussical," written by Lynn Ahrens and Stephen Flaherty, is a "musical romp" that incorporates the popular children's books of Dr. Seuss, such as "Horton Hears a Who!" and "The Cat in the Hat," as stated in the "Seussical" press release.

"Seussical" and will also be serving as scenic, lighting, and costume designer and technical director.

While designing this new world of Dr. Seuss, the design team did not rely on the books themselves, but looked toward the inspiration behind the books, which was the thought that Dr. Seuss wrote his books so that they could teach children

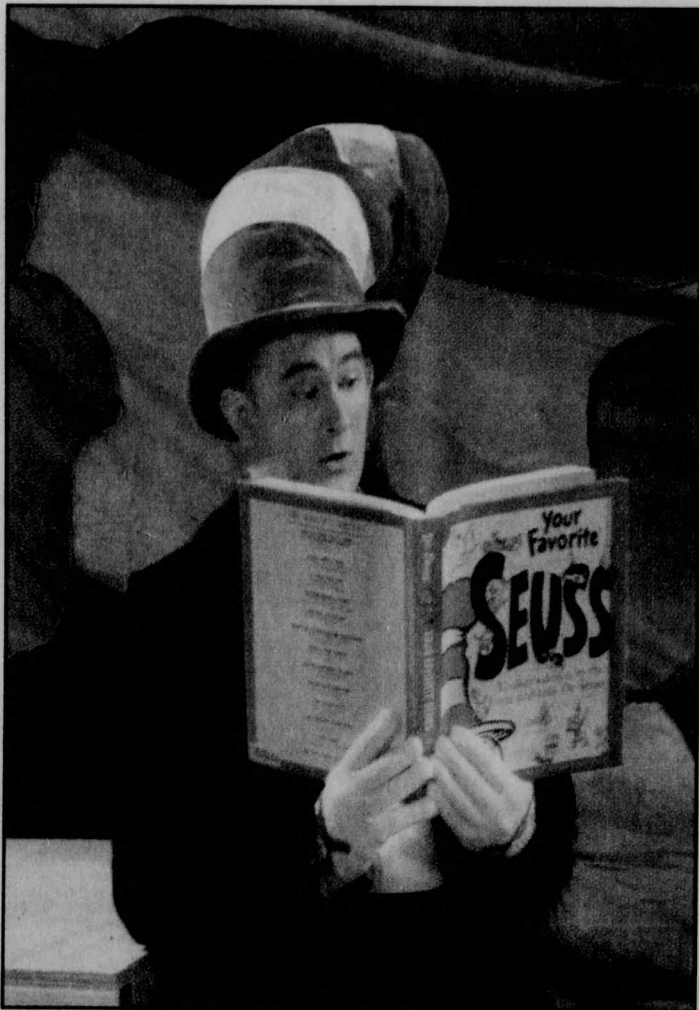


Photo Courtesy of Dr. Christine Woodworth

"Seussical" will be performed in the Sloan Theatre on April 3, 4, 5 and April 10, 11 and 12 with a matinee on Saturday, April 17.

(Left) The Cat in the Hat, played by Dennis R. Berfield, shows JoJo (Nikki Wasserman) the world of wonder that awaits him;

(Center) The Cat in the Hat (Dennis Berfield) mischievously reads the stories that inspired Seussical.

(Right) Horton the Elephant (Glen Vandermark) patiently cares for Mayzie's egg;

(Bottom Left) General Gengis Khan Schmitz, played by Joseph Vaiana, frightens young JoJo (Nikki Wasserman), as his parents (Kirstyn Walter and Jackson Long) look on;

(Bottom Right) JoJo (Nikki Wasserman) pulls the Cat in the Hat (Dennis R. Berfield) away from peril.

