

**Creativity  
abounds at  
Open Mic  
Night  
See B8**

**Volleyball wins  
PSAC state  
title  
See B1**

**Index**

News.....A1-A4  
Classifieds.....A5  
Opinions.....A6-A7  
Clubs/Organizations.....A8  
Sports.....B1-B4  
Features.....B5-B8

**The Eagle Eye**  
Parsons Union Building  
Lock Haven University  
Lock Haven, PA 17745  
Newsroom - 893-2334  
Business Office - 893-2753  
lhueagleye@yahoo.com  
lhueagleye.com



Lock Haven University's Student Newspaper

Vol. 64, Issue 9  
www.lhueagleye.com

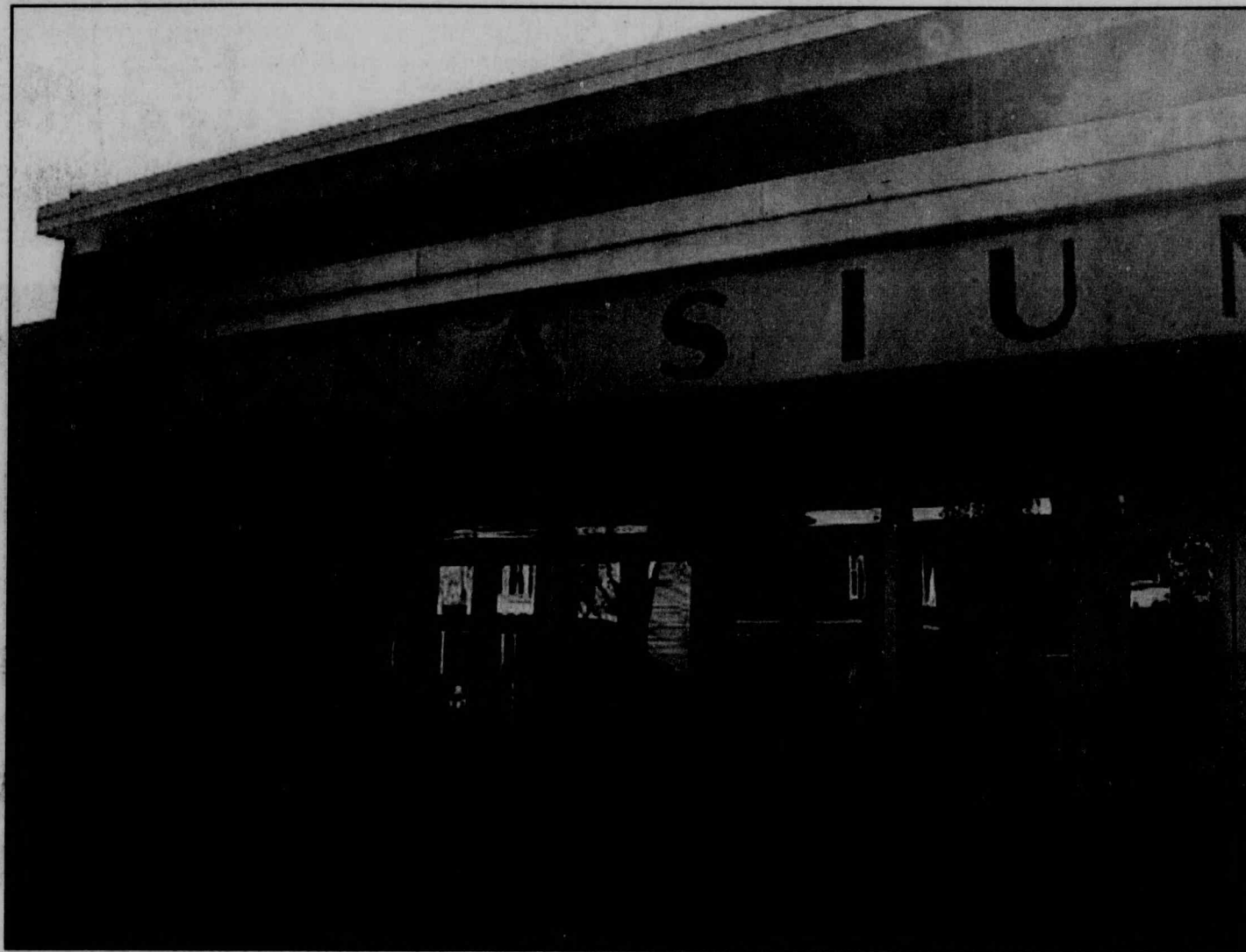


**Showers**  
High: 59° F  
Low: 50° F

Wednesday, November 8, 2006

# Locked out

*Closing of East Campus gym puts a strain on teams, clubs*



Alana Beightol / Eagle Eye

**Due to economic concerns, the gymnasium at East Campus has locked its doors.**

**Laura Theis  
Guest Writer**

The closing of the East Campus gym is causing problems for all of the sports teams on campus as well as student athletic groups.

The gym, which closed over the summer, was the main practice area for the women's lacrosse team. The track and field team also used the gym extensively as well as the field hockey team, the softball team, the men's lacrosse team, and the football team.

Dave Proctor, director of facilities, said it was necessary to close the gym to save energy and money.

"The gym was only being

used partially during the day. No one was there on a permanent basis and it was costing \$100,000 a year to run. That's a lot of money," he said.

Without the East Campus gym, all athletic teams must practice in the Zimmerli gyms, Roger's Gymnasium and Thomas Field House, which is not practical according to Kristen Selvage, head coach of the women's lacrosse team.

"This cramps everyone," says Selvage. "We just want a place to practice where no one will bother us."

The women's lacrosse team had been practicing at the East Campus gym for two years before its closing this summer. Selvage attributed

the team's much improved record over the last two years to the practice space that the East Campus gym provided. Three years ago, the women's lacrosse season record was 16-17. The team's record for the last two years is 31-7.

"That facility helped us tremendously," said Selvage.

At a meeting of the Student Athletic Advisory Committee, a committee consisting of one student representative from each sport, athletes expressed concern about the closing of the East Campus gym.

Even teams that did not practice at East Campus are now feeling the strain of its closing. A sophomore on the men's basketball team said

that the closing of the gym has caused increased traffic on the Thomas Field House floor. This has brought wear and tear that would not be there otherwise and is making the floor less than ideal for the basketball team to practice.

The track and field team is also feeling the impact from the loss of the East Campus gym. Thomas Field House is the only place where pole vaulters and throwers can practice now that the gym is closed. Throwing implements are not allowed in Zimmerli or Rogers, said one track and field team member and Thomas Field House is the

See, Gym, A2

# Undercover investigation puts end to marijuana ring

**Sarah Wojcik  
News Editor**

The state Attorney General's Bureau of Narcotics Investigation (BNI) and the Attorney General's Drug Task Force have halted a marijuana ring through "Operation Fouled Out" and have arrested four students accused of trafficking the drug.

Bruce Kennedy, 20, Ambler, Pa., Rodney D. Armstrong Jr, 21, Harrisburg, Pa., Michael J. Dye, 21, Milford, Pa., and Matthew Eshelman, 22, Fleetwood, Pa., have been identified through the investigation as the primary figures in the drug organization.

Kennedy and Armstrong are current members of the campus basketball team, and Dye a former member. Armstrong and Dye were apprehended at practice the evening of Nov. 2, while Kennedy was arrested following a traffic stop in Lamar, where he allegedly was bringing back marijuana from Philadelphia to sell to an undercover agent in the investigation. Eshelman was apprehended Thursday evening in his off-campus apartment.

After the arrests, police obtained and executed a search warrant for the West Church Street home that Kennedy, Dye and Armstrong shared. They found drug packaging materials as well as a small amount of marijuana.

The under-cover investigation, "Operation Fouled Out", had been begun Sept. 8 with plans of focusing on the alleged arrival of bulk quantities of marijuana in Clinton County from Philadelphia.

According to the charges, the group of students was allegedly purchasing the drugs in Philadelphia for between \$1,800 and \$2,200 and reselling it for upwards of

\$6,000 a pound in Lock Haven depending on the quantity.

Kennedy delivered one-eighth ounce of marijuana to one of the investigators within a university parking lot, according to the criminal charges. Other transactions allegedly occurred in or near the West Church residence, though this area was still considered a drug-free school zone which can result in the mandatory sentencing of a minimum of two years in prison.

According to the State Attorney General homepage the charges are as follows:

Kennedy is charged with four counts of delivery of marijuana, possession with the intent to deliver marijuana, criminal conspiracy and criminal use of a communications facility.

Dye is charged with two counts each of delivery of marijuana, possession with the intent to deliver marijuana and conspiracy.

Armstrong and Eshelman are both charged with one count each of delivery of marijuana, possession with the intent to deliver marijuana, and criminal conspiracy to deliver marijuana.

Having been arraigned by Lock Haven Magisterial District Judge Joseph Sanders, the students were placed in the Clinton County jail. Kennedy was held with \$100,000 bail while other three were held with \$75,000 bail.

Another BNI investigation came to a close on Nov. 1 where nine Mansfield students were charged in a marijuana and cocaine ring after the completion of "Operation Failing Grade", a 16-month investigation that identified the principal figures in the ring to be William Anthony Millsip, 21, Philadelphia, and Rodney Tyshawn Smith, 21, Philadelphia.

# Campus protects students from aggressive marketing

reckon with the financial cost that followed. Her credit card seemed to be her only hope.

"I was thankful for having my credit card," said Waters, "because I had no other money at the time, but now it's gaining interest."

The interest rate on Waters' Mastercard has slowly driven the initial \$1,000 cost for electrical and body work higher and higher.

"It was a blessing at the time, but now it's a burden," Waters said.

Such is the case for many college students who find themselves signing up for a credit card - be it to build their credit history or to ensure a source of money in case of emergencies.

Credit card companies

have made it easier and easier for college students to apply for cards by not requiring a prior credit history or a steady source of income. Students then find signing up for the card to be a breeze, but often discover the consequences of careless spending to catch up with them faster than they may have expected.

According to the most recent credit card survey in 2004 by Nellie Mae, an education foundation that provides loans for higher education, about 76% of undergraduate students began the year with credit cards. This is an 8% decrease from usage in 2001 and more than half of the students carry a balance that is under \$1,000.

Most students in the Nellie

Mae survey reported direct mail as the main venue through which credit card companies attempt to recruit new student users.

A USA Today article that appeared in early October cited the aggressive strategies of credit card companies to market on campuses by using gifts, food and other incentives to encourage students to sign up for the card. Many schools, however, are placing serious restrictions for the allowance of credit card companies to use the school as a hunting-ground for new clients. Lock Haven University is one such school.

Facilities Coordinator Marchal Rote explained that the rising amount of student

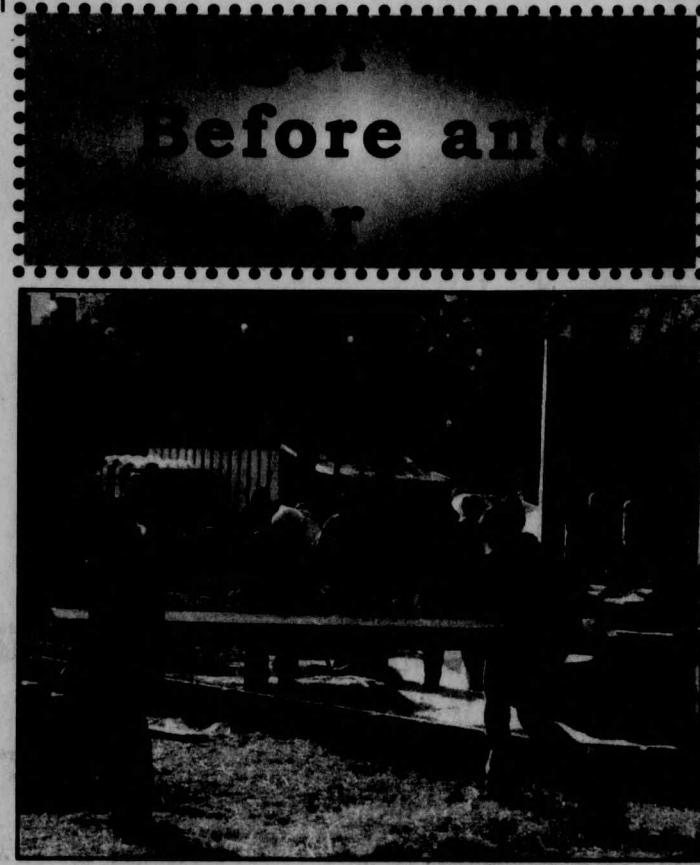
See, Cards, A2



Google Images

**Sarah Wojcik  
News Editor**

It was junior Amy Waters' first time driving in the risky winter weather of central Pennsylvania. When she lost control of her car in Penn State and fish-tailed into a telephone pole, Waters was forced to



Sara Gerber / Eagle Eye



## Illicit questions warrant caution

**Brandy Rissmiller**  
Staff Reporter

While conducting job searches and interviews, students seeking employment may come across questions that may be illegal or are unnecessary in determining your competency for the position in which you are applying.

"You need to be aware of your rights and learn to carefully weigh your answers to such question," said Autumn Riley, a peer career facilitator at Career Services, adding, "If you choose to answer them at all."

But what constitutes an illegal or unnecessary question?

"Some topics that are inappropriate are giving out your social security number before you are hired and questions concerning your race, color, religion or national origin," said Riley.

To go along with the topic of religion, questions about availability to work on weekends and holidays have an

exclusionary effect on people who follow certain religious practices and should not be asked unless they are justified by business necessity.

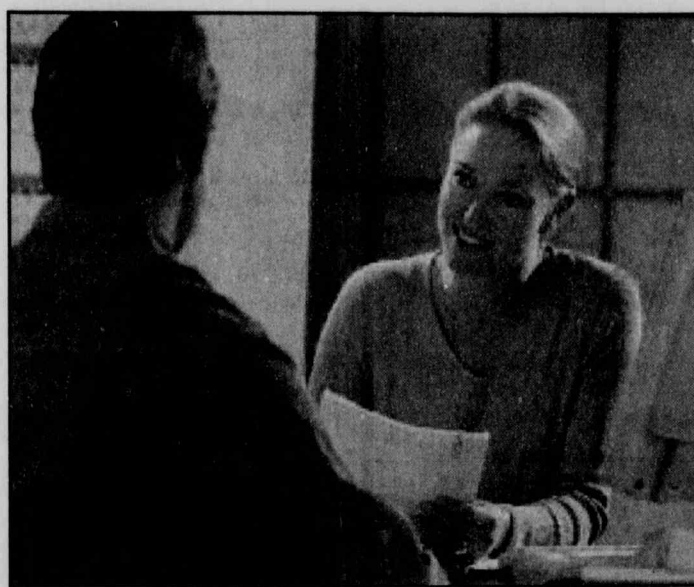
Questions about fluency in English can be a way of determining ethnicity. Questions about language competence are appropriate only when job-related.

Questions concerning your health and whether you have any disabilities are, for the most part, illegal with a few discrepancies.

"There is an exception to that rule, however," explains Riley. "A question that pertains to the job would be okay, like 'can you lift a fifty-pound box and carry it 100 feet?'"

Age, height and weight are three more questions that are illegal, along with questions concerning marital status and whether an applicant has any children.

Without proof of business necessity, an employer's use of arrest records to disqualify job applicants is unlawful discrimination. If a question is asked concerning conviction



Google Images

records it should be accompanied by a statement that a conviction record will not necessarily be a bar to employment and that other factors, such as your age at the time of the offense, the seriousness and nature of the violation and your rehabilitation, will be taken into account.

"Also, unless it is job related, you should not be asked about your credit history or your financial status," says Riley.

All questions in job interviews and on applications should concern real work-related qualifications. Be aware if you decide not to answer certain questions, your chances of employment could be jeopardized.

You must decide whether you would want to give an employer confidential or unnecessary information or whether you would want to work for an employer who asks inappropriate questions.

From, Gym, A1

only facility, other than East Campus, with pole vaulting capabilities.

This is causing scheduling conflicts with all the other sports practicing in Thomas Field House.

The track and field team also has equipment locked in the gym that they cannot get access to.

"We have a meet in less than a month and we can't get our mats," said Heather Leverington, the throwing coach on the track team.

Along with the issues of space, Selvage is also worried about the safety of her team.

"Zimmerli gyms are just not safe for our sport," she said.

The gym at East Campus is the only gym that is wide enough for the lacrosse team to do game-like drills. Selvage said that to practice at Rogers or Zimmerli, the girls would need to adjust their practices so no one gets their practices so no one gets hurt, which means practices that are less game-like and ultimately less beneficial.

Selvage said the team will practice outside when-

ever possible, but the cold weather makes for difficult conditions.

"To get focus from my athletes, they can't be freezing," she said.

Selvage said that the lack of space also affects student groups who usually meet in Zimmerli and Roger's Gymnasium.

"We need varsity gym space and that pushes out student groups," she said.

Everyone on the Student Athletic Advisory

Committee agreed that they needed the East Campus gym to practice properly. The members said that they were willing to clean the gym themselves and would practice without heat if the gym would be reopened.

The athletes on campus are aware of the money issues surrounding the closing of the gym, but one sophomore softball player wonders if it will still be cost effective in the long run.

"The problems equal more than the cost of running the gym," said the softball player. "We're representing our university and if we can't train properly, we can't properly represent our school."

From, Cards, A1

debt has become a cause for concern from the university.

"In the past we allowed credit card companies to come on campus with no problems, but as years progressed we saw more and more students coming into financial straits," said Rote.

Since this escalation of debt, credit card companies are no longer permitted to set up tables in hopes of recruiting students. The only instance where these companies can come to campus is when they are acting as a fundraiser for a campus club or organization.

And even under this instance, there are policies in place to curb the company's power in recruiting.

According to Dan McCormick, the policy went into place about five years ago. Credit card companies must only use a space in or adjacent to the PUB or Bentley and are not permitted to pay the group that sponsored their presence on a per application basis, but only through a flat rate. This was enacted in hopes of lessening the aggressive nature of the company's purpose on campus.

Rote cited poor education on the topic of credit cards and the ramifications of the debt they can accumulate as one of the reasons that students may find themselves so in rapidly increasing debt.

The most simple advice in avoiding an endless abyss of debt would be to promptly pay the bill off as it comes in each month, and keeping up awareness on the interest rates and their constant fluctuation.

Knowing first hand that it can be easier said than done, Waters offers this advice,

"Just be careful."

## Senate probes safety of elevators, President Wise vetoes ambiguous bill

**Chris Hoskavich**  
Guest Writer

Elevator safety and approval of a recent presidential veto topped the agenda at the Student Cooperative Council (SCC) Senate meeting last Wednesday.

Sen. Candace Claus raised the issue of potentially hazardous conditions of elevators in buildings on campus. The senator was specifically concerned that elevator doors close too quickly, posing a danger to people stepping into the elevators.

"The elevator in Raub almost ate me alive," said Claus.

Linda Koch, vice president of student affairs, said that problems concerning the university's elevators stem from the age of the machines.

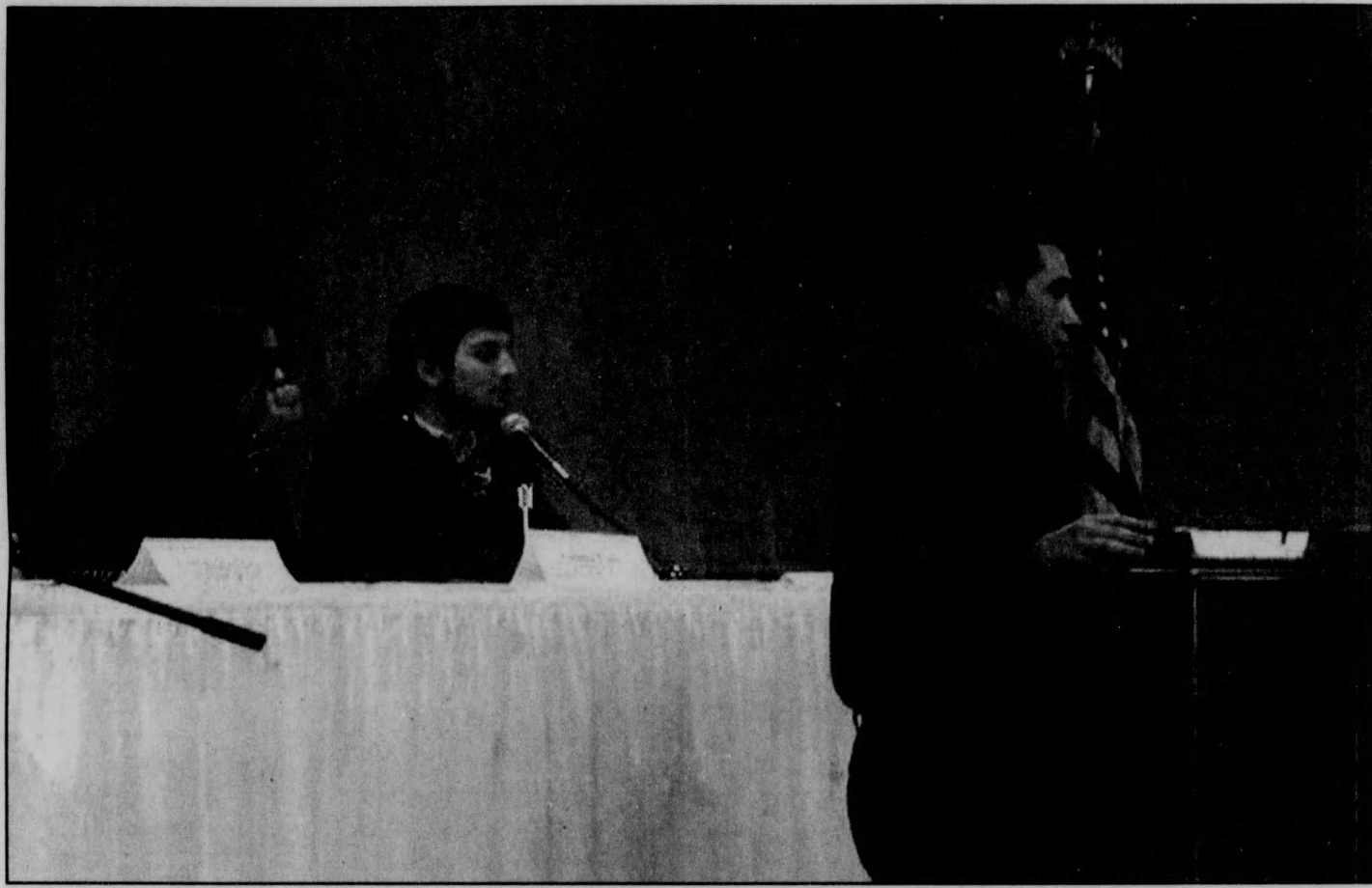
She said that LHU does not handle maintenance of the elevators directly, but contracts a service company to do so. She assured the Senate that the issue would be addressed.

"Certainly we don't want unsafe elevators," Koch said.

The Senate also approved SCC President Matthew Wise's veto of a bill that was passed by the Senate at its Oct. 18 meeting.

The bill stated "a club that is having their constitution discussed by the Senate must have representation there for the constitution to be discussed."

It was introduced in response to an incident at the Oct. 4 Senate meeting in which no member of the



Alana Beightol / Eagle Eye

**Matt Wise addresses** the Senate regarding the use of a presidential veto of a previously passed bill due to its wording. The majority of the Senate approved Wise's veto.

Fencing Club was present for the voting on its request for funding.

The bill would require that the same procedure be followed in all future instances of a club not being represented at a Senate meeting in which its constitution is to be discussed. Wise vetoed the bill because of its wording, not its intent.

"There is possible ambiguity in the language throughout the document," said Wise.

Wise cited the bill's second sentence as an example.

It says that "if there is not representation from a club the constitution will be tabled until the next session of the Senate."

Wise expressed concern that the term "session" might be interpreted to refer to the Senate's spring or fall sessions, as opposed to its biweekly meetings.

Sen. Justin Seitz, who wrote and introduced the bill, agreed with Wise.

"I'm in support of rewriting this bill to eliminate

ambiguity," said Seitz.

In the course of discussing the veto, some senators expressed dissatisfaction with the bill entirely. Sen. Zachary Smith said that he felt the bill was unnecessary.

"I just don't think it's necessary to demand (club members') time," said Smith.

Other senators disagreed.

Sen. William Dowd said that it was important for members of clubs to make an effort to answer any questions the Senate may have

before they vote on the constitution.

"I like for someone from the club to be here," said Dowd.

The discussion began to get heated before it was stopped by Speaker of the Senate William Baney for veering off the topic of the veto. The veto was then voted on and passed by an overwhelming margin.

"The veto stays," said Baney. "The bill has been destroyed."

### Attention Clubs and Organizations!!

All clubs and organizations, funded or non-funded, who would like to fundraise on campus are going to have to submit a Campus Fundraising Request Form.

Any fundraising activities must be submitted to the Student Appropriations Committee for approval before any advertising is placed on campus and a week before the event.

Forms are found in the SCC Offices outside the Treasurer's door and are due by Monday at Noon to be considered for Tuesday's meeting.

Consequences will be given if this policy is not followed.  
From the Office of the Treasurer, SCC, INC.

**PAPA JOHN'S**

**NOW HIRING**  
**\$7 - \$10 per hour**  
**Inside Team Member**  
Depending on Experience

Ideal candidates must be responsible, dependable and available to work all shifts.

**Drivers**

Drivers can earn up to \$12 per hour. Must have clean driving record and a minimum of 2 years driving experience.

If you would like to become a Papa John's Pizza team member stop by:

**308 High Street**  
**Lock Haven, PA 17745**  
**570-893-1772**





Courtesy LHU Public Relations

## Allen bolsters female leadership at forum

**Stephanie LaSota**  
Opinion Editor

Promoting women in higher education and leadership roles was the goal of the Pennsylvania chapter of the American Council of Education Network forum held in Hershey, Pa., on Oct. 29 and 30.

Dr. Cindy Allen, director of student teaching and field placements, was nominated by President Keith Miller to attend the forum, presented by the ACE Network Office of Women in Higher Education and titled "Women Leaders of the 21st Century: IDEALS (Identifying, Developing, Encouraging, Advancing, Linking and Supporting)."

Along with the duties attached to her title at LHU, Allen is also the state coordinator for a Pa. grant that provides workshops for public school health educators.

"The fall is usually a busy time for me. We have our workshop scheduled for the fall and the report for the grant is due in the spring," said Allen.

Allen does not rule out the pursuit of greater leadership roles at the university level in the future.

"I'm looking forward to the future and seeing if there are some doors that open," she said. "By attending these conferences I can see what obstacles others have encountered and can take it from there."

President Miller said that Allen's varied experiences at the university are helpful in participating in such a conference.

"Dr. Allen has had a very successful tenure at Lock Haven University. She is well respected amongst faculty peers and administrative colleagues," he said.

Allen said she was excited that President Miller sees the importance in encouraging faculty members to attend conferences like this one that celebrate and work toward enhancing greater female roles in university leadership.

Many university presidents presented sessions at the two-day forum in the decadent Hotel Hershey, including Pennsylvania State System of Higher Education Chancellor Dr. Judy Hample. Allen included Hample's name in the list of powerful and influential women whom she admired at the conference.

Allen said she most enjoyed the female university leaders who spoke of their career path to the presidency. She also enjoyed the sessions geared toward handling budget issues for people in administrative roles.

Representatives from 29 different universities in the state were present at the forum, according to Allen. The varied sessions included topics like how to promote more diversity at the college level and case studies on the dynamic between university administration and their constituents.

The conference is held every two years and Allen acknowledges it as a great opportunity to learn new things and meet helpful people.

"It was a time to network, but it was such a support group," said Allen. "I would definitely recommend it."

## PASSHE Board approves unrealistic budget request for 2007-08 year

**HARRISBURG** - When the Pennsylvania State System of Higher Education's (PASSHE) Board of Governors approved its 2007-08 funding request (in October) in Harrisburg, the pure numbers themselves did not raise many eyebrows.

Like last year, the PASSHE Board has voted to ask the Commonwealth for a 6% increase in funding. Last year's request contained an assumption that tuition would increase 3.1% if the appropriation request was granted. This year, the assumption is that tuition would increase just 1% if the full 6% appropriation request is awarded.

The big difference this year is that the PASSHE claims its budget forecast and appropriations request contains no provisions for salary increases for faculty, coaches, staff, or campus police.

For Pat Heilman, president of the union representing nearly 6000 faculty members and coaches at the 14 PASSHE universities, the Board's decision not to

include any projections for salary increases was both unrealistic and short-sighted.

"While it is true that the contractual numbers were right in front of the System when it came time to prepare last year's appropriations request and that is not the case this year, making a formal funding request without allowing for any salary increases whatsoever just doesn't make any sense," Heilman observed.

"Last year's budget request contained the assumption that the total cost of employee salaries would increase by 4.6% (adjusted down from 5.9% after allowing for changes in complement). Now, this year, they turn around and ask for the same 6% increase in appropriation while trumpeting a small 1% increase in tuition."

The PASSHE claims it did not factor in a figure for salary increases because none of the figures were known. Heilman has another idea.

"This way, when negotiations are completed they will

attempt to assign any additional tuition increases to the faculty members and coaches. They can say, 'We targeted just a 1% increase in tuition, but our contract settlements have forced us to increase the tuition further.' This move is nothing more than posturing for negotiations."

The PASSHE claims that this is the first time the PASSHE has encountered a situation where all of the collective bargaining agreements are coming due at the same time, and that is the reason for the salaries being placed at zero.

A review of historical data shoots down that assertion.

"In January, 1992, APSCUF and the PASSHE Board approved a 1-year extension of the faculty contract that wasn't due to expire until June 30, 1993," Heilman said. "The extension took the contract to June 30, 1994, and APSCUF's State Newsletter notes that one of the key factors involved in seeking the extension was a 'desire to

remove APSCUF from the negotiations cycle with AFSCME.' So, there have been time periods where our agreements have featured separate ending dates as well as the same expiration dates."

Heilman reiterated APSCUF's desire to achieve fair settlements for the faculty members and coaches, and to do so soon.

"We sent a letter to the PASSHE on February 14 of this year, indicating our desire to begin bargaining in June. We had hoped to conduct many bargaining sessions throughout the summer months, enabling us to reach an early settlement. That obviously never materialized."

"It has been APSCUF's goal from day one to avoid the negative situations that nearly led to strikes in 1999 and 2004," Heilman stressed. "The earlier we can achieve a settlement the better. That way, faculty members, coaches and students can focus on teaching, coaching and learning."

## Students attend the PSAHPERD

**Sierra Shaheen, Megan Salmon, Deborah Kinsey, Linda Woods Huber (1972 LHU alumni and PSAHPERD Executive Director) and Joseph Cowan (right) attended the Annual PSAHPERD (Pennsylvania State Association of Health, Physical Education, Recreation, and Dance) Student Leadership Conference Sept. 29 - Oct. 1. As well as extensive learning, students could also engage in physical activity such as a high ropes course.**



LIVE MUSIC AT  
**UNCLE ALBERT'S**

**KEVIN VOLZ**

Friday November 10, 2006

Phone: (570) 748-7838  
Fax: (570) 748-8875  
Across from Arby's

- + Candles
- + Items for all occasions
- + Sports equipment
- + Christmas Shoppe Open NOW!!
- + T-shirt Burners and Tarts
- HUGE SELECTION

**UNKEL JOE'S WOODSHED**  
ROUTE 150 WEST  
LOCK HAVEN, PA 17745

**PIZZA HOUSE**  
120 Woodward Avenue  
Lock Haven, PA 17745  
748-7305

PIZZA		Cheesesteaks		STROMBOLI	
10"	14"	10 Inch	14 Inch	Regular	
\$4.95	\$8.50	Cheesesteak	\$5.40	\$6.35	served with ham, salami, pepperoni, green peppers, sauce, and cheese
TOPPINGS		Special Steak	\$6.00	\$6.75	Small \$6.25
\$1.10	\$1.50	Pizza Steak	\$5.40	\$6.35	Medium \$10.50
Pepperoni-Sausage-Onion		Pepperoni Pizza Steak	\$5.95	\$6.75	Large \$12.25
Green Pepper-Black Olives		Submarines		Steak	served with steak, grilled onions, sauce and cheese
Canadian Bacon-Ham		Cheese Cosmo	\$3.50	\$4.55	Small \$7.25
Banana Pepper-Mushroom		Pizza Cosmo	\$3.90	\$5.05	Medium \$12.50
Anchovies		Italian	\$3.90	\$5.60	Large \$15.25
PIZZA HOUSE SPECIAL		Salami & Provolone	\$3.60	\$4.90	<b>CALZONE</b>
\$10.25	\$15.15	Regular	\$4.10	\$5.25	loaded with Ricotta Cheese, Ham, Mozzarella Cheese
SPECIALTY PIZZA		Ham & Cheese	\$3.90	\$4.55	Small \$6.25
White Pizza 10"	\$4.95	Ham & Cheese Cosmo	\$4.25	\$5.30	Medium \$10.50
14"	\$8.50	Turkey	\$4.25	\$5.30	Large \$12.25
16"	\$9.75	Turkey Cosmo	\$4.50	\$5.70	<b>SIDE ORDERS</b>
White Veggie Supreme	16" \$11.50	Ham & Turkey	\$5.50	\$6.70	Japanese Popover(6) \$4.99
Pepperoni Rolls	\$1.99	Canadian Bacon	\$4.55	\$6.00	Munchies(12) \$3.95
Sausage Rolls	\$1.99	Tuna	\$4.28	\$5.75	French Fries \$2.10
Sicilian Pizza	\$12.25	Tuna Cosmo	\$4.50	\$5.95	Mushrooms(24) \$3.95
Sicilian Special	\$19.95	Meatball	\$4.25	\$5.75	Zucchini Sticks \$3.20
		Meatball Parm	\$4.90	\$6.10	Manzanilla Sitch(6) \$4.99
		Sausage	\$6.10		Caiflower(24) \$3.30
		Sausage Parm	\$6.30		Onion Rings \$3.75
		Chicken Steak	\$5.40	\$6.35	
		Extra Meat	\$1.00	\$1.75	
		<b>WINGS</b>			
		Regular-Mild-Hot-BBQ-Cajun	Grilled Chicken	\$7.95	
		1/2 Dozen \$3.25	Steak	\$8.95	
		Dozen \$5.25	Chef	\$6.95	

**GREEK LETTERS**  
available locally at

**FITNESS UNLIMITED**  
REAR 121 E. MAIN STREET LOCK HAVEN, PA

GREAT PRICES---FAST TURN AROUND---QUALITY SERVICE

STOP BY TODAY OR CALL 570-748-4164

\$10 OFF of every 2 sets with this ad



## Band uniforms need update after 14 years of use



Photo courtesy of Brandon Apter

The wear and tear of the band uniforms is becoming apparent as one student performs.

**Megan Bream**  
Guest Writer

Due to their condition and an increasing number of members, new uniforms are a necessity for the band.

Purchased in 1992, the uniforms were adequate and appealing to members and the audience. With a time period

spanning 14 years later, the quality of the fabric is starting to fray and discolor.

Drum major Pamela Brungard feels the appearance of the uniforms can take away from the appeal seen by the audience.

"Getting new uniforms is extremely important because the current ones simply do not

fit our band members. We use them both during the fall marching season, as well as in the spring for concert band," said Brungard. "They create a very uniform look for the indoor concerts, and that can help to keep the audience concentrated on the music that we perform rather than the clothes that we are wearing. It makes us work as an ensemble towards our common goal of great musicianship and beautiful art without having one person or another stand out."

It is common for most state schools nowadays to have their band uniforms replaced every eight years, which would make Lock Haven's almost twice as old as some. Duplicate uniforms of the already existing ones cannot be purchased because the style is no longer being made.

A size issue is also a problem for few members. Because of the lack of uniform sizes, five members were wearing regular black pants at last spring's President Concert.

Tau Beta Sigma, the bands' sorority, is in charge of the upkeep of the uniforms.

"If there are alterations that we can't handle, they are then sent out to a seamstress which can become pricey," said Vice President of Service Melissa Teller. "This year, six uniforms had to be sent out and

about 10 other alterations."

They repair zippers, replace buttons, and hem the sleeves to fit each member.

"As a group, we do our best to make the uniforms look good - and they do look good from a distance. But if you get close to them, you can see the wear, tear, and the safety pins that are holding the uniforms together at this point," Brungard said.

There are currently 52 members in the band; an increase from last year. Due to

the university's possibility of having music education as a major here in the future, uniforms expansion is a must.

The band has formed a Uniform Committee, headed by band president Justin Wilhelm, to work with the SCC to take a proposal to the Executive Board.

"We are currently trying to fundraise with the alumni of the band," Wilhelm said. "We are hoping to send a letter out to them requesting donations that will be used to buy the

new uniforms. We do not have a specific goal at this point because we are not sure what amount we will be able to get from the SCC or even from the LHU Foundation. We are trying all of these outlets first before setting that goal."

The committee meets weekly to secure funds needed. The overall cost per uniform will average out to \$200 each. With the need of 100 uniforms, that will make their total cost about \$20,000.



Photo courtesy of Brandon Apter

The band marches to the bleachers after a show during a football game.

## Annual student fair promotes beneficial lifestyles, raises awareness about health misconceptions in Rogers Gym

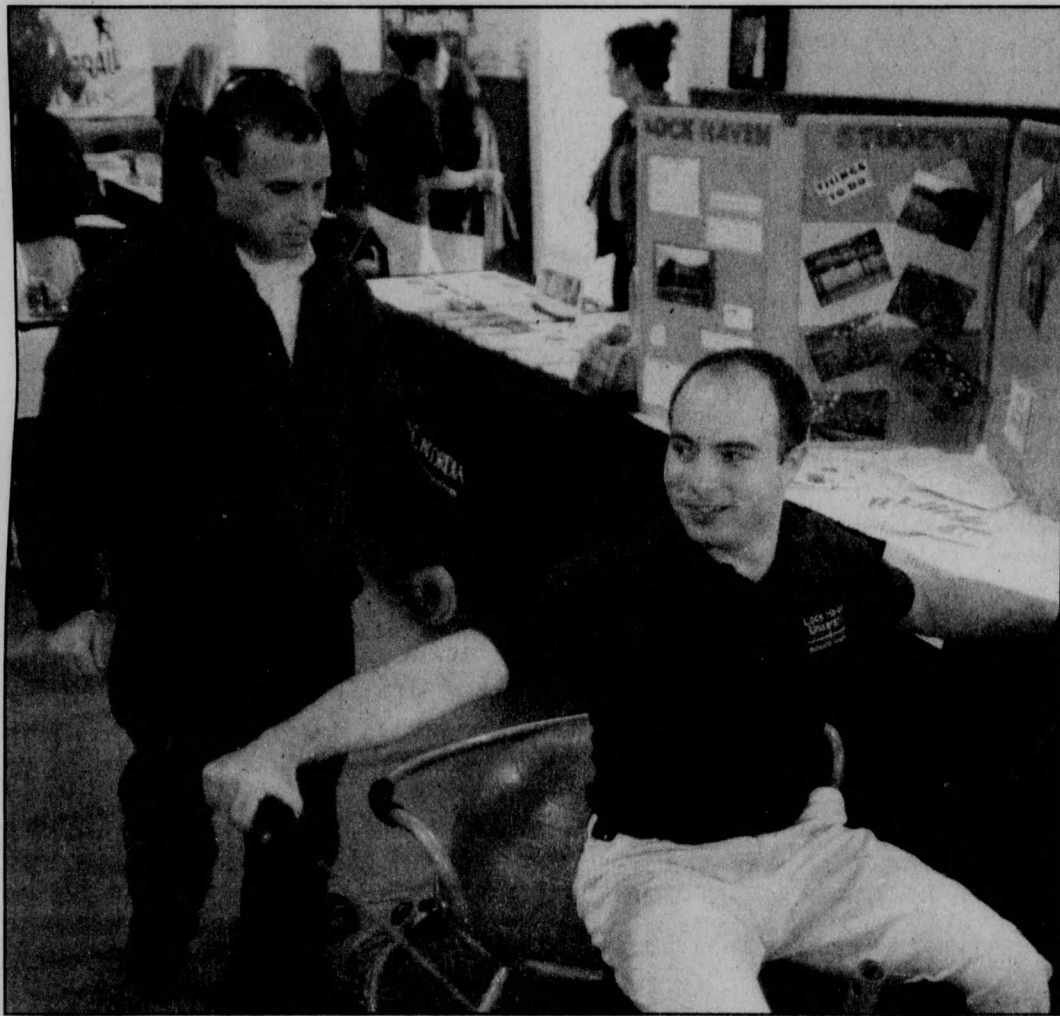


Photo courtesy of LHU Public Relations

Vincent Stasik, senior recreation major, demonstrates one type of arm exercise with the new Versa Ball under the supervision of Student Rec Center Director Brad Dally at the Student Health Fair on Thursday.

**Daniella De Luca**  
Editor in Chief

The annual Lock Haven University Student Health fair hosted vendors and a guest exercise instructor on Thursday, Nov. 2, to increase health awareness and involvement in physical activities.

"The fair is important to the university mixing leisure with health information as a way to reach out to the community," said senior recreation major Christina Rasnake.

Planning for the event held in Rogers Gymnasium began at the start of the fall semester as the Health Promotion in the Worksite class began to organize under the direction of Dr. Rose Ann Neff.

"The students have been doing a fantastic job planning and implementing the health fair," Neff said. She added that she notices an improvement every year and credits it to the evaluations they do as a class as a way to get feedback.

One of the new features this year was a guest,

Marilynne Cornel. She was invited to lead chair exercises during a portion of the time allotted for the fair. In addition to exercise instruction, she has had experience as a resource specialist, dance instructor and as a movement therapist.

Several booths were also open for information, tutorials, demonstrations and giveaways. Booth sponsors were from Lock Haven, Williamsport, Danville and several other Pennsylvania locations. American Red Cross, Geisinger Health, United Way and Home Security were just a few groups represented. Rock River and Trail Outfitters, Fitness Unlimited and Lock Haven YMCA also offered some representatives from downtown in addition to many more.

Physicians Assistants from Lock Haven Hospital took blood pressure and measured glucose levels for those of participants.

The goal of the fair each year remains consistent, and recreation majors as well as Physicians Assistants were on

hand to circulate and answer questions to fair attendees.

"We are making health issues more known and that there are other ways to lose or maintain weight in addition to exercise," said senior Laurie Neyhard, using the example of nutrition paired with exercise.

Student Rec Center Director Brad Dally offered a demonstration of the rec center's newest toys - the Versa Ball equipment with the help of senior recreation major Vince Stasik.

"Basically we're showing off what we have at the center. The Versa Ball is small but versatile," Dally said. The ball, frame and resistance bands can be used for abdominal exercises as well as back, arms and torso. The apparatus is available for use upstairs in the Student Rec Center.

"The fair this year offered so many different types of agencies, and it was bigger than ever before. It was a very educational experience for everyone involved," said senior recreation fitness major Melissa Moors.

## Susquehanna River may see increase in fish population

**Erin Hipple**  
Editor at Large

Representatives of the U.S. Fish and Wildlife Service gave a presentation about a proposed fish passage program to the Lock Haven City Council during Monday's meeting.

Larry Miller, chief project manager of the U.S. Fish and Wildlife Service explained the goal of the program is to help re-introduce the American Shad, a type of fish, into the Susquehanna River.

"This is a congressional appropriation to install a fish passage into the West Branch of the river. We need to contract with an engineering and contracting company to construct our final idea and estimate the costs," said Miller.

The money for this project was given by the federal government to the PA Fish and Boat Commission which will be in charge of overseeing the project.

Scott Carney, chief of the habitat management division of the PA Fish and Boat Commission, is in charge of administering funds for construction and design.

"We are deep into the passageway's project and the conceptual designs are finished. We are at the final design phase and very close to having all of the money. We're just waiting for our bids on the contractors to close," said Carney.

Dick Quinn, a fishway engineer from the PA Fish and Boat Commission explained how the passage will help the flow of most fish, especially the American Shad, and that the passage will require minimal maintenance.

The small amount of maintenance that will be required, however, will be the responsibility of the dam owner. In this case, the owner is the city of Lock Haven.

"It is going to be four feet wide and made of concrete and wood," said Quinn. "The

passage will be open from March through June. We request that collected debris be removed from the passage's trash rack at least twice during the migratory period."

Quinn and Carney also suggested that if the city was unwilling to take care of the maintenance, the university or high school may be interested in an "Adopt a Fishway" program that would allow students to take care of maintenance.

On average, 10 million Shad are stocked in the Susquehanna River each year, while a phenomenal 1 in 450 survive. Councilman Jonathan Bravard hopes that with the instillation of this passage will come excessive tourist dollars.

"I think it's a great way to see an improvement in the city. Shad is a common sport fish and we have the potential to raise \$5 million, in tourist money. It will definitely be worth it," said Bravard.

# YOUR VOTE COUNTS!



Fill out the 2007 Spring  
Concert Survey!

Take some time & fill it out!  
Wednesday, November 8th

Bentley - 11:00am-1:00 pm & 5:00pm-7:00am



# CLASSIFIEDS

## TRAVEL & EMPLOYMENT OPPORTUNITIES

### IN NEED OF A VACATION?

Call STS for the best deals to this year's top 10 Spring Break destinations! Earn the highest rep. commissions! Ask about our group discounts! Voted best party schedules.  
1-800-648-4849  
www.ststravel.com

### Employment Opportunity

PT positions available working in our group homes that serve individuals with developmental disabilities and mental health issues. Earn up to \$8.25/hr for awake time (\$5.15/hr for sleepovers). We also have several FT positions at \$9-\$10/hr. Hours include evenings, weekends, and holidays. \$100 sign-on bonus after 45 days for all positions. Apply online or at our main office M-F: 8:00 A.M. - 4:00 P.M.  
Strawberry Fields, Inc.  
3054 Enterprise Drive (Cato Park)  
State College, Pa 16801  
www.sfionline.org

### Recreation Internships Available for Summer 2007 in NEPA

Camp Archbald is now seeking applicants for Assistant Camp Director, Program Director, and Business Manager. Other positions are available. Competitive salary, 8 to 15 week internships, paid training, room and board provided.  
Contact Phileshia Dombroski,  
LHU Alum 1994  
phil@spgsc.org

### Do You...

**Need a roommate, need to sell something, or just want to send a special message to someone?!**  
Please contact the editor at lhueagle@yahoo.com, write in the subject line "Classifieds."  
See your message in the next edition of the Eagle Eye!!  
Submissions must be in by Monday at 4:00 P.M.

## APARTMENTS FOR RENT & ROOMMATES NEEDED

### Apartment for Rent!!

Apartment available to rent immediately...  
\*2 bedroom  
\*washer/dryer  
\*off street parking  
\*6 blocks from campus  
\*prime neighborhood  
If interested, call (570) 460-4726

### Roommate Needed!!

Available Immediately  
\*Includes: Water, Sewage, Garbage, and Electricity  
\*2.5 miles from LHU  
Semester Special ONLY \$250/month  
If interested, call: (814) 933-6864

### Roommate Needed!!

Roommate needed to take over part of a year lease on an apartment...  
\*\$295/Month  
\*Utilities included (except: electricity, cable/internet)  
\*Close to campus  
If interested, call Maggie at (717) 586-3906

### Off Campus Student Housing!!

Available immediately and second semester:  
\*Vacant bedroom in four-bedroom apartment, 2 bath, off-street parking, laundry facilities, \$285.00: includes water, sewer, trash, heat.  
\*Vacant three bedroom home, 1 and 1/2 bath, nice wood floors, off-street parking, \$330- three students, \$245- four students: includes water, sewer, trash, heat.  
If interested, call 726-440 or 660-1379.  
Also ask about housing for the 2007-08 school year.



Davis Real Estate, Inc.

### Student Rentals Available!

Now leasing for the Spring 2007 semester. One, two and three bedroom apartments. Most utilities included semester leases.  
Call DAVIS REAL ESTATE INC. at 748-8550 or email: jenniferr@davis-realestateinc.com today for your personal showing. Some units close to campus still available!

### Roommate Needed!

Starting January '07  
\*\*Cheap, nice, and close to campus\*\*  
If interested, call: 570-748-3279

### Student Rentals!!

3-4 bedroom houses located across from Campus Village.  
If interested, call: (570) 660-0228

**HAPPY 21ST BIRTHDAY ALYSSA HOOVER!!**

**HAPPY BELATED 21ST BIRTHDAY JACLYN KING!!**

KDR,  
Thanks for a great Halloween.  
Love,  
Zeta

Little Fish,  
I hope your fin is on the mend.  
Love,  
Big Fish

Yeah, go right ahead and rev your engine.  
I'll call Kathy.

Puffy's Good Day -- it's award winning.  
Grandma Dotty.

I always take my shoes off when I go into Grandma's house.

Mawkward.

Boulder Bash this weekend!!

Yes, hi, Kathy, I have a complaint to file and I need you to tell me if it's legitimate or not.

Family weekend at the Yellow Palace.

So he's not the brightest crayon in the box, but he's cute.

Amanda, Three strikes and I'm out. One, two and I'm heading towards number three.

Have something to sell? Want to shout out to your friends? Send your messages to LHUeagle@yahoo.com, subject line -- "Classifieds."

We're like the snobby, city girls in the corner with our noses up in the air.

Water street, in what city?

Get ready, you're on deck. Thanks for the warning, Jen.

Kacie, Do you want me to go next door and place your food order?

Black is a slimming color.

The songs over, but she's still doing the helicopter.

Just two weeks until Thanksgiving!!

I'm feeling very out of place in my sweater and GAP jeans.

This is real polar bear? No, it's Grandma Dotty.

What ham did you slap?

Not the one I just bought.

Way to go Crimson Powderpuff!!

She tried to steal the honey and got caught.

Stay out of the blacklight for a while.

Well there goes our security deposit.

Ler, Didn't you hear? Happy cows do come from California?!

Amanda, Your dad and my grandfather bonded over napping.

News keeps happening even though you didn't read your USA Today.

"It's Friday night and there's nothing going on? That's alright, lets stay at home and watch Dateline."

Only two more issues of the Eagle Eye remaining in the fall semester.

I know you all have friends or someone you would like to say something to. Why not leave them a message on the Classifieds page? Contact the editor at lhueagle@yahoo.com, write in the subject line "Classifieds." It's free for students and students love free stuff, right?!



# OPINION

## Misunderstandings regarding religious philosophies can cause distorted criticisms

Dear Editor,

I would like to respond to Joseph Melber's opinion article entitled, "Religious intolerance may stem from Christian Philosophies" which appeared in the Nov. 1 edition of the Eagle Eye.

At the outset, I agree that far too often violence has been justified in the name of God by Christians. Further, I concur with Melber that the flaws of humanity are responsible for the violence associated with religion.

People populate the Christian church, and people are not perfect, regardless of whether they are Christian or not. From a theological perspective we would say that human beings, for all their virtues and good intentions, are prone to sin - to act in ways that are contrary to God's plan.

Nevertheless, even though Joseph and I share some common ground on this topic, I feel that his column is flawed on several important levels.

First, there is the title of Melber's article which links religious intolerance to

Christian philosophies. I would disagree.

Recall that Jesus did not advocate change through violence and coercion, but through an ethic of love for everyone, even one's enemies. Early Christians took this philosophy to heart.

For example, early Christian converts were expected to change professions if they were soldiers. The violence, asked of a soldier at times of war, was not seen as compatible with the Christian way of life.

It's not Christian philosophies that cause intolerance and violence, but the flawed people who sometimes distort or misunderstand Christian philosophies.

In this regard, my main criticism of Melber's article is its tendency to make religion a quick and easy scapegoat for the horrific evils we see in history. The truth is not so simple.

Intellectual integrity demands that we also consider the implications of culture as well as political and economic realities. These historical reali-

ties, while not absolving religious people of all guilt, certainly influenced the final outcome of some pretty dreadful chapters in history.

In the case of the crusades: Barbarian invasions, the conditions of feudal society and political quagmires between eastern and western Europe all played a roll in the final outcome.

**"It's not Christian philosophies that cause intolerance and violence, but the flawed people who sometimes distort or misunderstand Christian philosophies."**

- Jeff Schaffer

Second, Melber also asserts that the pope "is treated as a god on earth." This is a gross misunderstanding of Catholic practice and belief.

Catholics honor the pope as a leader of the Church, a successor to St. Peter and a symbol of unity, but to see him as a god would be considered by us to be idolatrous.

Yes, we have had some popes who exemplified the human tendency to sin. But we have also had some faith-filled leaders such as John XXIII and John Paul II who advocated peace and tolerance across the

world and had the humility to apologize for past mistakes.

Third and finally, Melber criticizes Christians for their conservatism, especially with regards to their political activism on the abortion issue. I should warn Melber that it would be difficult to categorize all Christians as conservative.

For example, there are liberal evangelicals, such as Jim Wallis who speak to the issues of poverty, the environment and criminal justice. And with respect to Catholics, our church may be rather conser-

vative on the abortion issue but we are quite liberal on social justice issues like capital punishment, immigration and the war in Iraq.

I would also caution Melber that the establishment clause of the first amendment is good news for both Christians and non-Christians alike.

The good news for Christians is that it guarantees the free exercise of religion. Thus, as citizens, Christians have the right and duty to political involvement.

The good news for non-

Christians is that this clause helps preserve equal footing for everyone by prohibiting the establishment or support of a state religion.

Thus, you are well within your rights to argue against the political agenda of Christians and question their ability to truly serve the common good of our country. But in the end, it is up to the political process to decide what's best.

In conclusion, as a Catholic campus minister serving the LHU community, I have no problem with criticism aimed at my Church or the way Christians sometimes behave. I've been known to voice some criticisms myself.

However, I hope such discourse will exemplify tolerance for the broad spectrum of religious expressions on campus and display an adequate understanding of their practice and belief.

**Jeff Schaffer**  
Catholic Campus  
Minister  
LHU Newman  
Community

## 'An eye for an eye' is the best policy to follow when it comes to Hussein

Garrett Graziano  
Sports Editor

I never thought in a million years that I would live to witness one of these, but finally, a good ole' fashioned execution. It's about time. Now, move on over Joan of Arc.

I know some of you out there are asking yourselves right now what the big deal is. We execute people all the time, right?

Yes, we do. However, when is the last time that the U.S. government executed the leader of a country, let alone handed the leader of a country.

Ever since that faithful day that Saddam Hussein was found buried in that little fox hole, I knew that the end result of his trial would include some

form of capital punishment. But I never thought it would involve such a barbaric ritual as a hanging.

Then again, when you really sit down and digest the concept - is a hanging really that barbaric when you are hanging a barbarian?

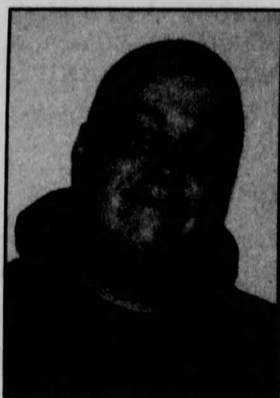
I think a hanging may be a little too simple. I would even venture to say a little too weak. Why not burn him at the stake, or perhaps subject him to lethal gas as he has subjected so many of his own people to?

In fact, the worst thing you can actually do is keep a man like this alive so he can sit in suspense of the eternal agony that awaits him when he eventually passes on.

This may sound a little morbid and I know ethical values would be called in to play, but I sincerely hope that they

broadcast his execution.

Just like public executions of old, I fully believe people should be able to look him in the eyes as he stares out at



Garrett Graziano

them one last time.

It is not because of any remote enjoyment of watching someone losing their life, but more about the one chance for the families of all his victims

to see the ultimate justification for the sorrow and agony he has inflicted upon Iraq for so long.

We know a lot of things may not have gone right in this war. It surely is not a crowd pleaser for the Iraqis or for Americans alike.

Through all the shenanigans, lies and miscues, I don't think anyone is too sad to see a dictator like that lose his power and, I guess now, his life.

Please do not be confused by my little rant here. I am in no way one of those radical right wing Republicans.

I just believe in the notion of "an eye for an eye." If you are going to inflict pain and suffering on innocent people, then you yourself deserve that same pain and suffering, maybe even more.

## Under-inflated tires add to pollution

Dear EarthTalk: Is it true that driving with soft tires wastes energy and results in more pollution?

-- Nanci Graham, via e-mail

When tires are not inflated to the pounds per square inch (PSI) rating recommended by manufacturers, they are less "round" and require more energy to begin moving and to maintain speed.

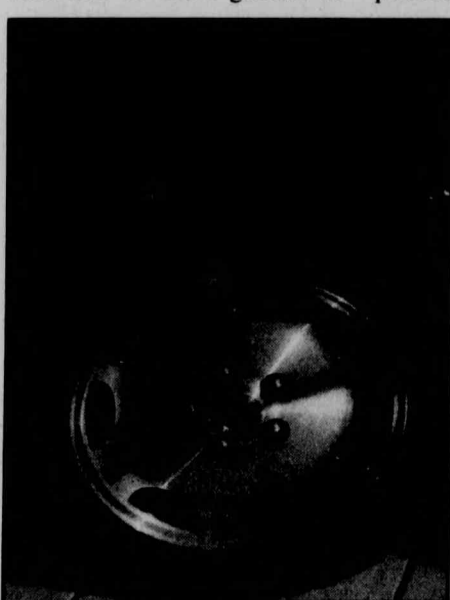
As such, under-inflated tires do indeed contribute to pollution and increase fuel costs.

An informal study by students at Carnegie Mellon University found that the majority of cars on U.S. roads are operating on tires inflated to only 80 percent of capacity.

According to the website, fueleconomy.gov, inflating tires to their proper pressure can improve mileage by about 3.3 percent, whereas leaving them under-inflated can lower mileage by 0.4 percent for every one PSI drop in pressure of all four tires.

That may not sound like much, but it means that the average person who drives

12,000 miles yearly on under-inflated tires uses about 144 extra gallons of gas, at a cost of \$300-\$500 a year. And each time one of those gallons of



Courtesy of Getty Images

**Vehicles running on soft tires contribute nearly 3,000 extra pounds of carbon dioxide to the environment annually.**

gas is burned, 20 pounds of carbon dioxide is added to the atmosphere as the carbons in the gas are released and com-

bine with the oxygen in the air. As such, any vehicle running on soft tires is contributing as much as 1.5 extra tons (2,880 pounds) of greenhouse gases to the environment annually.

Besides saving fuel and money and minimizing emissions, properly inflated tires are safer and less likely to fail at high speeds. Under-inflated tires make for longer stopping distances and will skid longer on wet surfaces.

Mechanics advise drivers to check their tire pressure monthly, if not more frequently. The correct air pressure for tires that come with new vehicles can be found either in the owner's manual or inside the driver-side door.

Beware, though, that replacement tires may carry a different PSI rating than the originals that came with the

car. Most new replacement tires display their PSI rating on their sidewalls.

Also, tire pressure should be checked when tires are cold, as internal pressure increases when the car has been on the road for a while, but then drops when the tires cool back down.

It is best to check tire pressure before heading out on the road to avoid inaccurate readings.

CONTACTS: Carnegie Mellon Today, "Save Gas, Money and the Environment with Properly Inflated Tires," [www.cmu.edu/cmnews/extra//050921\\_tire.html](http://www.cmu.edu/cmnews/extra//050921_tire.html); FuelEconomy.gov, "Keeping Your Car in Shape," [www.fueleconomy.org/feg/maintain.shtml](http://www.fueleconomy.org/feg/maintain.shtml).

GOT AN ENVIRONMENTAL QUESTION? Send it to: EarthTalk, c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; submit it at: [www.emagazine.com/earth-talk/thisweek/](http://www.emagazine.com/earth-talk/thisweek/), or e-mail: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com). Read past columns at: [www.emagazine.com/earth-talk/archives.php](http://www.emagazine.com/earth-talk/archives.php).

## Letters to the Editor

Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot-button topic that you would like to discuss?

Don't just get red in the face...

## Write a letter to the editor.

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to [lhueagle@yahoo.com](mailto:lhueagle@yahoo.com) with "Opinion Letter" in the subject line.

Do you like to draw? Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the Eagle Eye for the Opinion section.

Send it to [lhueagle@yahoo.com](mailto:lhueagle@yahoo.com) with "Editorial Cartoon" in the subject line. Make sure to include your full name, year, major and a phone number where you can be reached.



# OPINION

## THE EAGLE EYE

Lock Haven University's Student Newspaper  
VOLUME 64, ISSUE 9

Parsons Union Building  
Lock Haven University  
Lock Haven, PA 17745

lhueagleye@yahoo.com www.lhueagleye.com

Faculty Advisor  
Dr. Sharon Stringer

Online Editor  
Kara Wilt

Photographers  
Alana Beightol  
Garrett Graziano  
Kasey Le  
John Reith

Advertising  
Sarah Goetter  
Jennifer Hayes  
Cory Messinger

Circulation  
Trey Buehler

Financial Manager  
Christina Fried

Staff Reporters  
Brandon Apter  
Patrick Bower  
Kris Glad

Ads Manager  
Sarah Goetter  
Erin Hipple  
Nicole Jacobs  
Moshe Jenkins

Copy Editor  
Jennifer Dell  
Len Mahonski  
Nicole Pinto  
Brandy Rissmiller  
Kara Wilt

THE EAGLE EYE, THE OFFICIAL STUDENT NEWSPAPER OF LOCK HAVEN UNIVERSITY, IS PUBLISHED WEEKLY IN ACCORDANCE WITH THE UNIVERSITY CALENDAR. THE ARTICLES, OPINIONS, PICTURES AND LAYOUT OF THE EAGLE EYE ARE THE RESPONSIBILITY OF THE STAFF AND DO NOT REFLECT THE VIEWS OF THE STUDENTS, THE FACULTY OR ADMINISTRATION, UNLESS SPECIFIED. THE EAGLE EYE IS FUNDED BY THE STUDENT COOPERATIVE COUNCIL AND IS PRINTED BY THE LOCK HAVEN EXPRESS IN CONJUNCTION WITH THE WILLIAMSPORT SUN-GAZETTE.

## Students should not allow university-induced stress to overwhelm them

Nicole Pinto  
Staff Reporter

Since the clocks have fallen back and given us an extra hour, it seems as if time hasn't changed at all, if anything, the pace has begun to pick up.

The days are getting colder and darkness settles in early letting sleepiness get the best of us all. The reality of how well you're doing in classes has hit home that it might not be what you expected.

Expectations are high as assignments are rushing in, between presentations and papers, more tests and quizzes in a week. All of this seems to happen at once. It's enough to bring anyone to their breaking point. I encourage you to look at the big picture here.

College is a once in a lifetime experience that you are fortunate to have now while you're young. But how fortunate are we to have all of these stresses: hair pulling, tears and lack of sleep?

Well if you look at it that way, not so fortunate at all. This is what sets college apart from any other institution.

This "adult life," when you are making decisions on your own and are being responsible for your actions, becomes tough when you feel the walls closing in around you.

So much to do and so little time is probably the most accurate way to sum up college life.

The reason why most people feel all of this pressure is because they had to have slipped off track somewhere.

There are consequences for actions, and skipping class or assignments can hurt a lot more than one would think. Slipping off of the track is easy and the most difficult challenge is getting back on.

While you're off track it seems like you get stuck in a place of timelessness. The time goes by without any real self accomplishment and leaves one feeling a state of depression.

The more time that passes in a state of worthlessness, the more depressed one finds themselves. It becomes a vicious cycle. Skipping one class may lead to a negative attitude as if to say, "Well I already missed that class three times, so my grade can't

## Dependence on oil keeps U.S. from tackling important issues

Joseph Melber  
Guest Columnist

Due partly to a bustling economy and partly to a concept coined as "American exceptionalism," the United States as we know it exists somewhat as a slave to the prices of oil.

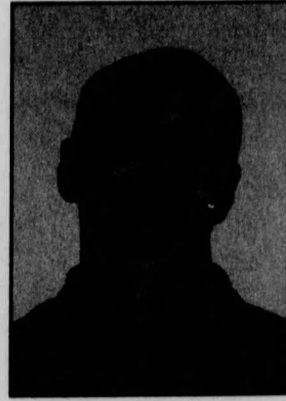
While we drive around in gigantic gas guzzling vehicles along the largest highway system in the world, oil rich countries in the Middle East have created an entity which now has just as much sway in politics as any other organization in history.

This entity is the Organization of Petroleum Exporting Countries (OPEC) and it has held the developed countries of the world in its clutches for more or less of recent history.

Technically this is a cartel, a union of many different firms engaged in price setting, much like the Carnegie steel monopoly in the history of the U.S. before trade barriers were made illegal by the Sherman act.

Although OPEC would have been broken up by now if it were a U.S. firm, it is an international cartel in which rules do not apply.

Due to the power over the developing and developed world along with the problems that its overwhelming power creates, OPEC's creation is my second most detrimental event in human history negatively affecting today.



Joseph Melber

The amount of wasted resources due to this price setting is astronomical. To simply look at the owners of the oil rights in the member countries and their wealth will give an exact understanding of how much money is lost due to the inflationary pressures of oil prices.

Not only does the money of oil consumers flow out to support the artificially set prices of oil, but consumers also suffer due to the frictional effects of inflation such as the expense of businesses to continually change prices of their goods which are inevitably

passed on to the consumer.

In addition, persons who invest are left continually less likely to do so as the continued depreciation of currencies sometimes out-perform the financial securities they invest in, thus making the consumers in developed countries more wasteful with their consumption than they already are.

This high importance of oil held in the hands of so few has an even more serious consequence that no matter how hard politicians try to mask, the public seems well aware of it.

The federal government which is in control of the most powerful army in the world, the United States, is in a continued struggle to stabilize relations in the Middle East while leaving more serious matters untouched.

It is a common idea now that the United States invaded the state of Iraq in the name of oil. Even if it is not the case that the U.S. appointed dictator, Saddam Hussein (yes, he was put in power by the United States) was certainly driving up oil prices at high rates.

The problem with this focus on oil is that a situation that could and should have been solved by now, such as the Sudanese genocide, goes on unopposed.

If the international community does not soon turn its attention to this huge human rights problem it will not turn out like Rwanda, it will be worse.

Finally, my moral for this week runs along the line of the value of human life. If the United States would turn its attention away from the Middle East and fight in Sudan, how high can oil prices really go?

Most resistance fighters in the Middle East are well equipped, but the owners of oil rights have massive quantities of weapons at their disposal to protect their investments, but simply would rather have the U.S. handle any situation that comes up.

I ask this, how high can oil prices rise if we force oil producers to handle their own problem: twenty cents, thirty cents?

Are we really not willing to accept this inconvenience to free up troops to fight a battle that really matters in Darfur?

\*\*\*This is the ninth in a series of ten columns concerning the top ten historic events that have the greatest negative impact on life today, according to this writer.

## Impatient people on campus must learn to think more empathetically

Jamie De Angelis  
Guest Writer

Picture this; you're in line at lower Bentley and the place is jam-packed with ravenous students. You are hungry and you have a 12 o'clock class you have to get to, so you are in a hurry.

There is only one line to pay for your food, you're the seventh person in line, and there is one cashier working and it's her first day on the job. Expectedly, you and everyone waiting along with you are getting antsy.

Finally, the line begins to move and eventually there is only one person in front of you now. You think you are about to be home free, but wait, there is a problem with how the cashier rang up a student's meal.

In a situation like that, one has a variety of choices on

how to deal with it. Option A is you continue to be polite with the cashier because clearly they are having difficulty and Option B is that you throw a tantrum. Of course, the student chose the latter.

I experienced an event not unlike that recently and was amazed at the fact that the person in front of me was so blatantly rude to the worker and proceeded to act like an eight-year-old who has just had their toy stolen.

Ten minutes later, after the person argued ruthlessly with the worker, the problem dissipated due to the worker's passivity and lower Bentley returned to its usual chaos.

Maybe I'm old-fashioned, but I couldn't help but wonder if the concept of 'respect your elders' had flown right out the window.

Being away from home and being thrown into the college atmosphere can be a shock for some because our

parents aren't here to oversee all our actions, but there is no excuse for rudeness.

Even if you didn't have someone instilling morals in you your entire life, you should still know the difference between being polite and being downright offensive.

But my gripe has less to do with the person who is ill-mannered and more to do with the person who is putting up with it. The cashier chose to hold herself together and be courteous despite being told that the cashiers were "wrong" and "didn't know what they were doing."

If I had been in her place, I cannot say that I would have reacted in the same way. Of course, every decent worker knows that the customer is always right, but saying it and adhering to it when difficult customers come around are two different things.

I commend those who put up with people such as that,

but I also warn them. If you always let people get away with being rude, how will they ever learn that it is not okay to treat people that way?

It's a challenge to say in the very least, but it is doable.

And those of you who are like me and have witnessed other students belittling someone and have not said anything, I challenge you to be the one who puts them in place.

The idea is simple- treat others the way you would like to be treated.

I'm sure if the scenario was switched around and the student had to play the part of the cashier on the first day of her job, trying to serve a line of people and distinguishing the million little buttons of the cashier, she would not appreciate it if a rude person came along and gave her a hard time.

Karma is a funny thing.

improve now, and so why should I go?" Well here is your reason to go.

Go for yourself. Your grade can improve. Skipping more classes because of that negative attitude can only make it worse.

It may not be what you wanted it to be, but putting in effort will get you out of your slump.

Once you start going back to classes you will feel a sense of self-worth again. You will feel like you are accomplishing something that you really want.

There are ways for you to wake up out of that "twilight zone" attitude.

It's okay to let out a good cry once in awhile, but instead of crying alone find a good friend or family member to talk to.

If you're having trouble keeping up with your classes and club activities, write an email or see a professor

directly and explain your situation. The professor is more than likely going to understand that sometimes students get overwhelmed and lose their bearings.

See if there is anything you could do to make up for your lack of motivation to accomplish your expected duties.

It looks better to be accountable for your actions and show that you care, then to sit back with no regard.

Get yourself organized. Find a set schedule that works for you. Make sure to plan out projects ahead of time. If you have a lot to do in one week, start early on the weekends.

No one says you have to give up your Saturday night, but giving up your Saturday afternoon might not be so bad.

Don't forget to schedule in free time for yourself. Most people fall into this slump because it's all work and no play.

Without any play or reward, people lose motivation. Make sure when you do something you're proud of, you reward yourself.

After receiving a good grade on something you worked hard on, go ahead and put it on your refrigerator or call Mom and let her know. It may sound funny, but it will make you feel good.

If there are certain people bringing you down, just remember those that you do have.

There are plenty of people in this world that care about you and those that do not care are not worth your time.

Most people that try to bring you down are jealous of you. They are afraid you will accomplish something they will not, and this is their only way to be ahead of your greatness.

These negative people will always be in your life, and learning to cope with them in

college will help you to deal with them better in the future.

After college and going through all of these endless tasks you will have accomplished everything you ever dreamed. You made it through sleepless nights.

Less than through the unhealthy diets like endless peanut butter and jelly sandwiches.

You have overcome completing more tasks at once than you ever thought you could. You have risen above those malicious peers who have tried to drag you down.

You will have that degree in your hand, and now your possibilities are endless.

All of this stress will be something of the past. So let it go now, and save your self the trouble.

You already know that once college is over you will think, "Why did I stress so much when I finished just fine?"



# Haven Spotlight



Garrett Graziano / Eagle Eye

Adam Wolfe and Britton Kreitz graduated from the U.S. Army Airborne School in September after having earned their wings.

## Airborne certified

### ROTC leaders earn their silver wings

Daniella De Luca  
Editor in Chief

For the first four seconds after you jump out of a plane, you're a rag doll.

At least, that's how Britton Kreitz described his experience with the U.S. Army Airborne School in Fort Benning, Georgia.

"The sky is unforgiving," he said. "Jumping gives you a tremendous rush, but there's also a tremendous concern. It's not your average, leisure skydive. There are a million things you have to remember."

Kreitz was one of two ROTC members sent to represent Lock Haven University this summer. The other was Doug Wolfe.

Both graduated from the intensive three-week long program earning their "wings," and certifying them to jump into combat from the air.

The two graduated from the specialty school on Sept. 1 and got permission to miss the first week of classes before returning for the fall semester.

They were selected by ROTC leaders based on military leadership attributes, physical fitness, GPA and for the guts and motivation to represent the university and the ROTC program according to SFC Christopher Harris.

No newcomer to Airborne status himself, SFC Harris has spent 13 years of his career doing airborne activities including two years as an instructor at Fort Benning,

Ga., and spent time in the 82nd Airborne Division.

"It is truly an honor to have any Cadet, Soldier, or student from Lock Haven go to the U.S. Army Airborne School, graduate and get their Silver Wings," SFC Harris said. He is a master rated Jumpmaster with over 100 static line jumps and one combat jump into Panama on Dec. 20, 1989.

"Airborne school sets you apart from your peer Cadets or Soldiers, and it shows that you are willing to go the extra mile to be the best leader you can be."

During the first week of training, "Ground Week," all activities and drills were grounded. It was a test of the participants' physical fitness to prepare them for the physical stressors of jumping out of a plane that their bodies were about to go through.

Week two, "Tower Week" focused more on technical skills used during the descent. Control is needed when managing the parachute and being able to navigate and land safely on the drop zone. Before the week's end, each soldier is required to drop from a 250 ft. training tower with a T-10 Delta parachute.

It's not until the third week, "Jump Week," that the soldiers get to jump out of a moving plane. Jumpmasters perform a series of safety inspections once the soldiers arrive at the airfield. This is all after a 3:30 a.m. wake-up call and a mile and a half run warm up.

"All the early morning wake ups and the training

time...it was all extremely worth it," Wolfe said. He admits his first jump wasn't nerve-racking until he saw the first guy jump out of the plane.

"For the first few moments of the flight, I felt like we were on the ground the whole time, but jumping out of that plane—wow, it was like being flushed down a toilet," he said.

To become Airborne certified and earn their pin on wings at graduation, each jumper must jump and land successfully five times in a row. After a standby procedure and a loud "Go!" command from the Jumpmaster, each of the 30 jumpers take to the sky one right after another.

"There's nothing better than knowing you are willing to jump out of an aircraft in the middle of the night and on the cutting edge of battle," Harris said.

And, the best part of jumping?

"Hitting the ground and knowing you're okay," Kreitz said. For Wolfe it was looking up while in the air and seeing the parachute opened above him.

"It was an honor to graduate from the U.S. Army Airborne School and join a long line of paratroopers who give their lives every day to ensure America's freedom," Kreitz said.

Many other Lock Haven cadets who have also received their wings in previous years including Chad Pilker, Louis Kohl and Alan Salisbury are still in the area.

## Self-defense class reveals importance of protection

Erin Hipple  
Editor at Large

Self-defense is known as the actions taken to prevent injury upon one's self or property. In today's college town, it has become imperative and essential for students to be trained in self-defense tactics, which is why the Student Rec Center (SRC) offers a self-defense class weekly.

"The class is just a basic self-defense class that teaches students how to defend themselves and get away from a potential attacker. The students learn basic maneuvers to break grips and holds, and they get to practice these tactics with other students during the class," said Brad Dally, director of the SRC.

Jeffrey Ramsey, instructor of the self-defense class has been studying martial arts for over two decades. Ramsey also owns and operates the American Academy of Martial Arts in Mifflinburg and also teaches a class at the Lock Haven YMCA.

The class is free for all LHU students and runs from 7-8 p.m. Sundays. The class is set up on a first come, first serve basis, meaning students can attend weekly or however it fits in with their schedules.

"I know in the past there have been classes offered, but typically they were just a one

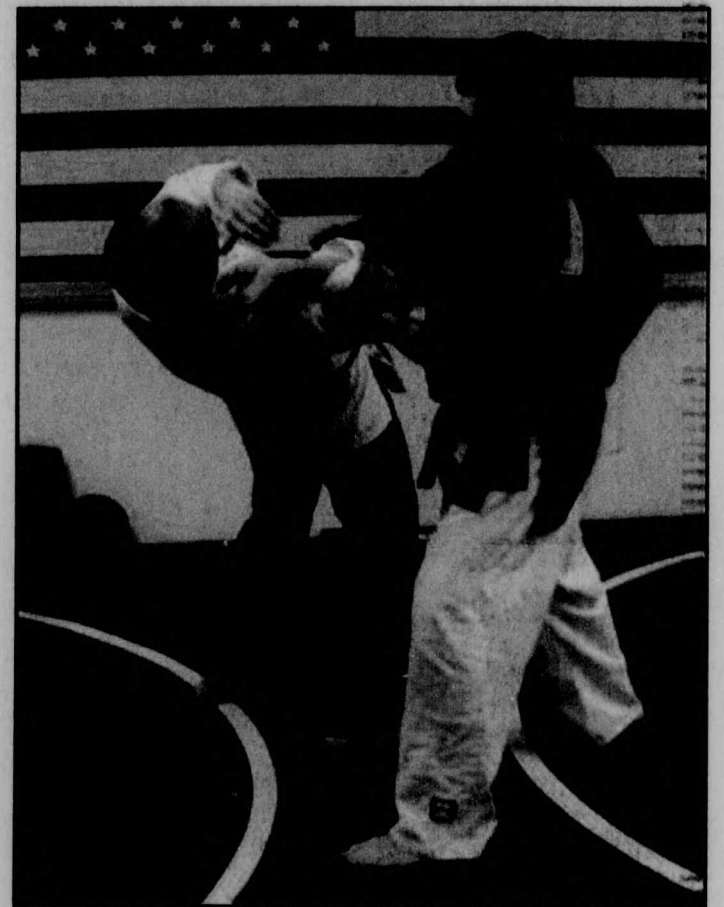


Photo courtesy of American Academy of Martial Arts

time class held for a couple hours. Myself and Jodi Smith (Director of Student Activities) thought it would be nice to offer a class on a weekly basis. This would help students practice their skills more often and allow more students to attend when the class fits into their schedule," said Dally.

Some of the tactics practiced in the class include kicks,

grabs, strikes and learning how to free oneself if positioned on the ground.

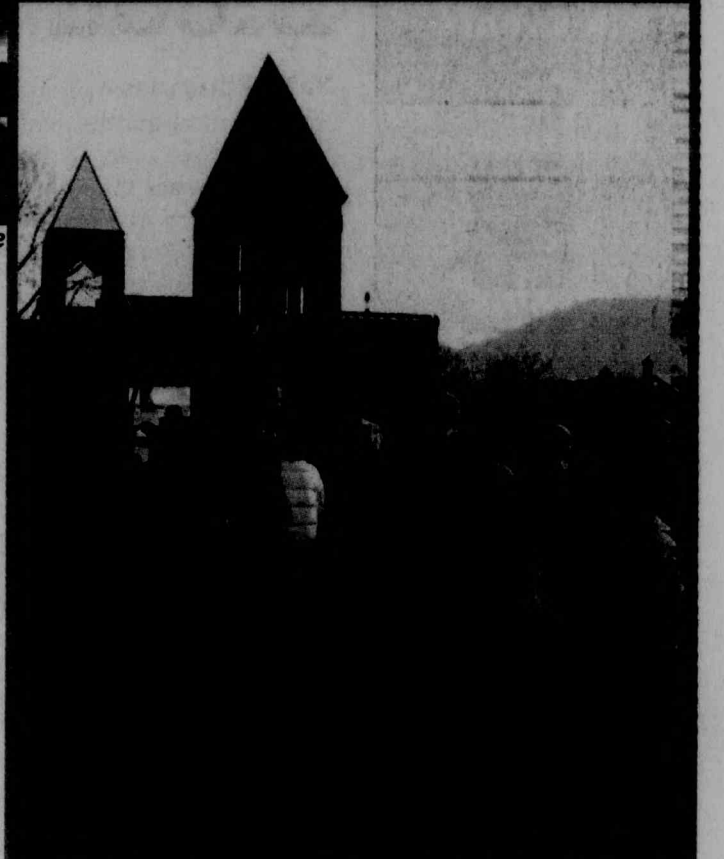
"I believe that the class will help students to quickly react and protect themselves or a friend if they are ever in a situation where they are or would be attacked. I also feel that the class might encourage students to study a form of martial arts in the future," Dally said.

## Tiger Den takes shape



Sara Gerber / Eagle Eye

Students from a wide variety of campus community service groups worked diligently from Wednesday to Saturday to complete this charity project for local children. The finished playground was presented Sunday.



Alana Beightol / Eagle Eye

For "A Day  
Life of a Tiger  
Volunteer," check  
out Feature



Inside . . .  
Swim team's  
first win  
B2

# The Eagle Eye

Lock Haven University's Student Newspaper

Check out  
Features . . .  
Skating with  
Safe Haven  
B8

## SPORTS AND FEATURES

Volume 64, Issue 9

www.lhueagleye.com

Wednesday, November 8, 2006

### What's On Deck

Home &  
Away Fall  
Sporting  
Events  
Today

No Events

### Thursday

Volleyball @  
NCAA Regional

### Friday

Volleyball @  
NCAA Regional

Boxing  
@ Baltimore  
7 p.m.

Boxing  
@ Pittsburgh  
8 p.m.

### Saturday

Volleyball @  
NCAA Regional

Boulder Bash  
@ SRC  
10 a.m.

Football vs.  
Edinboro  
@ home  
12 p.m.

### Sunday

No Events

### Monday

Boxing  
@ Richmond  
7 p.m.

Boxing  
@ New York  
7 p.m.

### Tuesday

No Events

## Four time PSAC State Champs

The LHU volleyball team beat out ESU and Cal. U for fourth consecutive title

**Brandy Rissmiller**  
Sports Reporter

Head Coach Tom Justice called it a championship performance worthy of the title 'champion'. For the fourth consecutive year the women's volleyball team reigns supreme as Pennsylvania State Athletic Conference (PSAC) Tournament Champions. Lock Haven won against Slippery Rock University to advance to the championship game, where they defeated California University (Pa.).

### Volleyball

"At times we executed flawlessly and were just unstoppable," said Coach Justice who now has six PSAC Championships on his resume since the berth of the program in 1990. "At other times our execution fell off, but we were still unstoppable because we played with great heart and never gave up." Coach Justice added that those attributes are the "hallmarks of championship teams."

The Lady Eagles battled California University on Saturday for the title and won three games 30-26, 30-20 and 31-29.

"We played an amazing game because we were able to

play as a team," said senior Maggie Borden. "Everything just clicked out there on the court."

Inga Kurgonaitė, a junior, once again led the Lady Eagles with 20 kills, eight digs, assisted in five blocks, one solo block and had a 65% hitting ratio.

Freshman Fabiana Gomez recorded 45 assists and 12 digs. Borden had 13 digs, 12 kills and assisted in three blocks. Stacey Borgia tallied 11 digs, seven assists and one block assist. Freshman Kim Windstein had seven block assists.

Li YiZhi, a senior, was named the PSAC tournament Most Valuable Player, as she recorded 18 kills for a 39% hitting percentage. Li had the team-high digs with 17 and also recorded four assists, three assisted blocks and one solo block.

On Friday night the Lady Eagles defeated Slippery Rock in three games 30-13, 30-12 and 30-23.

Kurgonaitė lead the team, recording 15 kills, eight digs, four block assists and a team high .538 attack percentage.

Li posted 12 kills, three service aces, a block assist and a team-high 16 defensive digs. Borgia, a sophomore, and Borden had nine and eight



Photo courtesy of Al Weston

**Inga Kurgonaitė** gets set to serve the ball in a match. The volleyball team has just won its fourth consecutive title this past week.

kills, respectively. Borgia also tallied ten digs against Slippery Rock.

On Thursday, Nov. 9, the Lady Eagles will host the NCAA Mid-Atlantic Regional

Tournament.

"We have to step onto the court determined to win regardless of who our opponent will be," said Coach Justice. "We may face some-

one that we haven't played before. We just have to be ready to meet whoever faces us across the net and play our best ball. If we can do that we will be successful."



Photo courtesy of Al Weston

**Senior Ryan Blood** made LHU history when he won the first individual gold in cross country history.

## Blood makes history

**Naja Thompson**  
Sports Reporter

"History" was the word of the day for Lock Haven Men's Cross Country team at the Division II Regional meet in Slippery Rock on Saturday November 6th. Taking the whole meet, they had a concrete performance from the whole team, placing their top five runners in the top 15. With a low score of 48 points, the team victory was not the only victory of the day. For the first time in Lock Haven history individual gold was won at regional.

### Cross Country

Senior Ryan Blood had the "Midas Touch" as he was the first of the day to cross the fin-

ish line. With the time of 31:35, Blood blazed the course. "It feels great to win the first ever individual title at the regional meet for Lock Haven University," said Blood of his recent gold winning performance.

Also finishing strong was the Bald Eagle's senior Aaron Benson who came in second out of the team, and 8th overall. Adding to the victory was Shawn Moore in 12th overall, Brandon Pomerantz 13th overall and topping off the top 15 was Cory Spidell.

"I had full confidence in my team and myself, and I expected nothing less," said Benson on the team's performance.

It's the end of the road for the Lady Eagles, but not without finishing in a respectable seventh overall. Led by Shala

Simms, who came in 26th overall, the young team bows out for the rest of the post season, but will be back next season. Completing the top five for the Lady Eagles was Missy Weaver in 32nd place overall, Lindsey Scheller, Theresa Gould, and Jessie Wooten.

With the bittersweet ending, the Men's Cross Country team will have to continue with their journey to Division II National meet in Pensacola, Florida on the West Florida University campus. "Coach Russell has done a great job in preparing us for these occasions," said Moore of the upcoming national meet. The meet will start at 8:30 a.m. on November 18th, and hopefully our Bald Eagles will be the "early bird who gets the worm."

## Football loses to Kutztown Bears

**Brandon Apter**  
Sports Reporter

The LHU football team (2-8) fell to the Bears of Kutztown (4-5) by a score of 30-10 on a bitterly cold Saturday night at Hubert Jack Stadium.

### Football

Trying to win two straight games, the Haven went into Saturday with a lot of momentum but was just overpowered by Kutztown's well-balanced offense.

The Bears would choose to receive after winning the coin toss. Cory McFadden broke a few tackles and rushed 79 yards for a score on the first play from scrimmage, putting the Bald Eagles in an early hole, 7-0.

The Bald Eagles would go three and out twice in the first quarter, with the score 7-0 at the conclusion of one period. On their first possession of the second quarter, Kutztown's Mike Grosso intercepted freshman quarterback Ilio DiPaolo's pass giving the Bears the ball on their own 31-yard line.

Bears quarterback Kyle Spotts found receiver Larry Baumgardner for a big 35-yard gain which set up McFadden for a 21-yard run into the end zone for his second touchdown of the game, giving Kutztown a little room for error with a 14 point lead.

With just over two minutes remaining in the first half of play, Lock Haven was looking to gain some momentum by scoring before the half. Starting on the Bears 48-yard line, Ilio DiPaolo kept the ball in his hands for 3 plays resulting in 11 yards. Threatening on Kutztown's 37-yard line, DePaolo found senior receiver

Rafael Smith for a 32-yard completion giving the Haven a first and goal on the four-yard line. Taking advantage of their opportunity, DePaolo found Smith for the four-yard pass making the score with just under a minute to go, 14-7 in favor of Kutztown.

Kutztown was not going to settle for anything less than a two score lead as Kyle Spotts found receiver Elfren Quiles for a 25-yard TD pass as time expired, giving the Bears a 21-7 halftime lead.

The next scoring opportunity would come on the Haven's third drive of the third quarter after recovering a fumble on Kutztown's six-yard line. The Bears defense refused to budge, so Lock Haven had to settle for a 27-yard Mark Domanos' field goal making the score 21-10 at the end of third.

Kutztown wasn't done as Kyle Spotts found Quiles again for another score which made it 27-10 after a failed two-point conversion. The Bears would tack on a field goal as well, ending the game with a 30-10 victory.

For Lock Haven, Ilio DiPaolo went 11-for-24 for 85 yards, one TD and three picks. Senior receiver Rafael Smith totaled for 49 yards and a touchdown and Troy Wile Jr. caught for 61 yards.

"We just need to work on balancing our game," said coach Klacik. "I feel like whenever we decide to pass the ball more, we don't score as much, so I think we need to run the ball more in the future and score more points."

The Bald Eagles conclude their season this Saturday, Nov. 11 at 12 p.m. as they face Edinboro University (5-5) at Hubert Jack Stadium.



# Men's soccer suffers a heartbreaking loss in final

The Regional Championship loss ends the team's 2006 season

**Pier Salamone**  
Sports Reporter

The Regional Championship game against Dowling College proved to be the men's soccer team's last this past Sunday.

Feerrar snagged seven saves. With their season ended, the Bald Eagles were runners-up in the PSAC Tournament. Long, Rosindale, Hockett and Feerrar were all named to First Team all-PSAC, while Liversedge and Clemens were named Second Team all-PSAC.

his team with the first goal of the game in the 35th minute. Rosindale took the rebound of his penalty kick which was stopped by ESU's keeper and pounded it into the net. Going into halftime the Bald Eagles were up 1-0.

The game went back and forth for almost the entire second half until the 78th minute. Toric Robinson snagged the ball and put it passed the Haven's keeper to even the score out 1-1. With regulation time ending the game went into overtime.

Four minutes into overtime Ashley Rosindale returned to put the ball into the net again. The 2-1 win over East Stroudsburg put the Bald Eagles into the sweet sixteen brackets.

It was not all bad news for the men's soccer team this past week, however. On Friday, November 3, the men's soccer team matched up against East Stroudsburg for the first round of the NCAA regional championships. Coming off a tough loss to East Stroudsburg in the championship game the past Sunday, the Bald Eagles set out for a final victory against ESU.

Junior Ashley Rosindale led



Photo courtesy of Al Weston

**Samantha Stoyer** tries to fake out the goalie during a game this year. The field hockey team's season came to an end yesterday against UR.

## Field Hockey feels the ups and downs

**Kris Glad**  
Sports Reporter

The Lady Eagles left it all out on the field yesterday when they traveled to Virginia to face-off against the University of Richmond. It was not enough, however. After a tough week of action the Lady Eagles field hockey team fell to UR 4-2.

### Field Hockey

Samantha Stoyer and Mandy Daschbach accounted for the LHU goals, but the high powered UR offense proved to be a bit too much.

Despite the loss, Becca Yerkes stopped six shots on

goal against one of the countries offensive power houses.

It wasn't all sorrows for the Lady Eagles, though. This past week the field hockey team made a little history of their own.

After three years the LHU Field Hockey Team (17-5) won their first Northeast Conference (NEC) title. This past weekend the Lady Eagles defeated both Rider University, for the second consecutive time, and winning the title by defeating Sacred Heart University. The title comes after three straight years of LHU winning the NEC regular season title.

The Lady Eagles finally got the chance to participate for the NEC tournament title.

An NCAA rule stated that they had to sit out the tournaments because they changed from Division II to Division I.

The Lady Eagles not only clinched the victory as they beat Sacred Heart University 7-1 this past Saturday Nov. 4; they had record-breaking performances. LHU now holds the NEC tournament record for goals in a game (7) and goals in the tournament (9; 2-first game, 7-second game).

Individual records were set as well. LHU junior Samantha Stoyer and seniors Mandy Daschbach and Sarah Huber tied the record for goals in a game (2) and for the tournament they all had a record three goals.

## Swim team wins first of the season at MU

**Garrett Graziano**  
Sports Editor

The LHU swim team received their first victory of the year on the road this past weekend against Mansfield University, beating the Mountaineers 106-93.

### Swimming

Gerda Smirnova, Becca Rhodes, and Diane Sujansky all took home first place finishes in their respective events.

Smirnova swam PSAC qualifying times of 25.79 and 1:10.68 on her way to capturing first place in the 50 freestyle and the 100 breaststroke.

Accompanying Smirnova,

Sujansky took first in the 200 freestyle with a time of 2:05.00 while Rhodes won the 500 freestyle at a time of 5:37.09

The 1-2 LHU swim team has a little break ahead of them for right now, but will be back in action on the Nov. 17-18, at the Kutztown University Golden Bear Invitational.



John Reith / Eagle Eye

The men's soccer team enjoying better times earlier this season. Despite losing to Dowling the team still boasts a 17-6-1 season record.

## NFL Standings

<b>NFC NORTH</b> Chicago (7-1) Minnesota (4-4) Green Bay (3-5) Detroit (2-6)	<b>NFC WEST</b> Seattle (5-3) St. Louis (4-4) San Francisco (3-5) Arizona (1-7)	<b>AFC EAST</b> New England (6-2) N.Y. Jets (4-4) Buffalo (3-5) Miami (2-6)
<b>NFC SOUTH</b> New Orleans (6-2) Atlanta (5-3) Carolina (4-4) Tampa Bay (2-6)	<b>AFC NORTH</b> Baltimore (6-2) Cincinnati (4-4) Cleveland (2-6) Pittsburgh (2-6)	<b>AFC WEST</b> Denver (6-2) San Diego (6-2) Kansas City (5-3) Oakland (2-6)
<b>NFC EAST</b> N.Y. Giants (6-2) Dallas (4-4) Philadelphia (4-4) Washington (3-5)	<b>AFC SOUTH</b> Indianapolis (8-0) Jacksonville (5-3) Houston (2-6) Tennessee (2-6)	<i>Information courtesy of NFL.com</i>



Garrett Graziano / Eagle Eye

After concentrating on individual performances the first two meets, the swim team came together to win their first meet against MU.

AS A COLLEGE GRAD,  
YOU MAY BE  
ELIGIBLE FOR

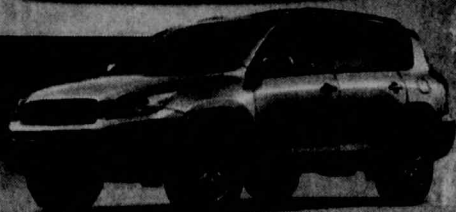
**\$4000**

ANY NEW TOYOTA OF YOUR CHOICE\*

2007  
FJ  
CRUISER



2007  
RAV4



2007  
CAMRY  
HYBRID



2007  
YARIS



WWW.WINAYARISONLINE.COM†

Sports  
Editors

Garrett Graziano  
James Cooney

Sports  
Reporters

Brandy Risemiller  
Naja Thompson  
Kris Glad  
Pier Salamone  
Brandon Apter

Want to write a  
guest column for  
us?

If so, contact:  
ggraziano@lhup.edu  
jcooney@lhup.edu

TOYOTA moving forward ▶

TOYOTA

buyatoyota.com

\*NOT ALL CUSTOMERS WILL QUALIFY. CUSTOMERS RECEIVE \$400 FROM TOYOTA TOWARDS LEASING OR FINANCING THE PURCHASE OF NEW UNTITLE TOYOTA MODELS THROUGH PARTICIPATING TOYOTA DEALERS AND TOYOTA FINANCIAL SERVICES. SEE DEALER OR VISIT WWW.TOYOTAFINANCIAL.COM/FINANCE FOR DETAILS. COLLEGE GRADUATE PROGRAM IS SUBJECT TO CHANGE OR TERMINATION AT ANY TIME. †NO PURCHASE IS NECESSARY. MAKING A PURCHASE DOES NOT INCREASE YOUR CHANCES OF WINNING. VOID WHERE PROHIBITED BY LAW. TO ENTER YOU MUST BE A LEGAL U.S. RESIDENT AT LEAST 18 YEARS OLD AND YOU MUST HAVE A VALID DRIVER'S LICENSE. VISIT YOUR PARTICIPATING TOYOTA DEALER OR WINAYARISONLINE.COM FOR COMPLETE ELIGIBILITY REQUIREMENTS AND SWEEPSTAKES RULES.



# On The Bench

## The 2006 NFL season, so far

**Pat Bower**  
Staff Writer

Before the start of the NFL season, there were many questions circulating about the upcoming campaign.

Will Peyton Manning and the Colts finally make it to the Super Bowl?

Can the Steelers successfully defend their championship?

Are the Eagles going to return to the playoffs after a year's absence?

These are just a few of the more popular questions that have been discussed, especially in this particular area of the football world. However, there have also been several other questions up for debate prior to the kickoff of the NFL season.

As we stand here at the halfway point, some of our questions may possibly be answered already, while most are still up in the air. If we take a look at the current standings, there have been many surprises that no one would have predicting a couple months ago. Here are the three of the biggest surprises thus far.

The last place Steelers:

Perhaps the only debatable topic before the season that can be answered at this point is if the Steelers can repeat as champions. By the way, the answer is no.

Who would have thought that at the midway point, the Steelers would have the same record as the Lions, Browns, Texans, and Titans, and that the 49ers, Bills, and Packers would all have better records? I would guess nobody.

Apparently, Coach Bill Cowher does not subscribe to the Eagle Eye, because if he did, he would have read my column and taken my advice to start Charlie Batch. Although Ben Roethlisberger did throw for 433 yards and a touchdown in their 31-20 loss to the Broncos, he also had to attempt 54 passes to do so, while also tossing three interceptions. For the season, Roethlisberger has seven touchdowns and 14 interceptions, for those of you keeping track. I will say it again, start Charlie Batch.

At 2-6, the only way the Steelers have a chance at making the playoffs is by going 8-0 in the second half. While that is possible, it is very unlikely. They still have to play the Bengals, Saints, and Panthers once, and the Ravens twice. There are currently ten teams with better records than them in the AFC and only six will make the playoffs. So, in conclusion, the Steelers can kiss this season goodbye.

The first place New Orleans Saints:

The Saints are the team with the most surprising record halfway through the season, even more surprising than the Colts and Bears.

Although the Saints are only 2-2 against quality opponents, it is still shocking for them to be 6-2 and leading a NFC South Division that includes the Falcons, Panthers, and

Buccaneers. Most analysts predicted the Saints to only win six games total. However, their second half schedule does not get any easier. They only have three more games against teams with losing records. Two of those three teams, the Steelers and Redskins, have the ability to beat nearly any team in the league, if they play to their full potential.

The Madden Curse strikes again:

Up until 2001, John Madden himself graced the cover of the Madden NFL video game franchise. From 2001 to the present, a different NFL player has been on the cover each year, and each year that particular cover-athlete has gotten injured and missed a significant amount of time or had very poor season statistically.

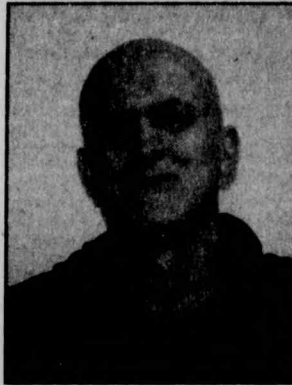
In 2001, it was Eddie George, 2002, Daunte Culpepper, 2003, Marshall Faulk, 2004, Michael Vick, 2005, Ray Lewis, 2006, Donovan McNabb, and currently, 2007, Shaun Alexander.

Alexander came off a 2005 season in which he recorded 1,888 yards rushing along with 27 rushing touchdowns, while appearing in the Super Bowl.

This season, in his first three games, he has put up sub par numbers, 187 rushing yards and two touchdowns; however, the Seahawks were 3-0 in those games. In week three, Alexander fractured a bone in his left foot and has failed to play a single snap since. Heading into their game against the Oakland Raiders on Monday Night Football, the Seahawks are 1-3 without their star running back.

To some people, Alexander's injury may not be surprising because it is a "curse." As for me, I find it quite astonishing this has happened again.

In an effort to reverse the Madden curse, they could start putting players on the cover who had an awful year the previous season. Personally, I would not mind if they put a photo of Monday Night Football broadcaster Tony Kornheiser on the cover of the Madden NFL 08 game. I realize that would make little sense, but maybe, just maybe, the curse will strike Kornheiser and he will get fired, and we would no longer have to hear his horrendous broadcasting "skills" anymore. Honestly, could he get any more annoying?



The opinions stated here are those of the editors. They do not reflect the opinions of the Eagle Eye or its staff.

## You know it's embarrassing

**Garrett Graziano**  
Sports Editor

After watching certain games this past weekend I got to thinking about some embarrassing moments from this season so far. So in no particular order, you know its embarrassing when...

You know it's embarrassing when every 4.9 times your QB drops back to pass he is sacked. Good job Oakland.

You know it's embarrassing when something as vicious as a bear gets destroyed by something as adorable as a dolphin.

You know it's embarrassing when the Super Bowl champs are the NFL chumps.

You know it's embarrassing when the team with the first selection in the first round of the draft is 2-6 and then team with second selection in the first round of the draft is 6-2.

You know it's embarrassing when the only time you know your team won't lose is when it's their bye week.

You know it's embarrassing when the Colts offense looks more like a Madden game set on rookie with the defense's A.I. turned completely off than an actual football game. That goes for pretty much every team that has had the pleasure of facing the Colts at some point in the last four years or so.

You know it's embarrassing when the 26th ranked defense pummels the 9th ranked offense in the NFL.

You know it's embarrassing when a certain Pennsylvania team (that means you, Philadelphia) has the No. 1 ranked offense and a .500 record.

You know its embarrassing when good ole' Brett Favre is still playing football. Honestly, it's tough to watch, almost like watching Superman lose a battle to Kryptonite.

You know it's embarrassing when Junior Seau, a 17-year veteran, is still better than ¾ of the linebackers in the league. Isn't he collecting social security now?

You know it's embarrassing when the Tennessee Titans play football. Period.

You know it's embarrassing when you throw for 433 yards...and throw three interceptions, which in turn, boosts your INT/TD ratio to 7-14. Ben's not so big right now.

You know it's embarrassing to be Drew Bledsoe. No matter if in Dallas, Buffalo, or New England.

You know it's embarrassing to be Terrell Owens. Well, everything TO does is embarrassing, but especially when he drops the potential game winning TD and allows the awful Washington Redskins the chance to beat Dallas in the manner that they did.

You know it's embarrassing to be seen around campus with a T.O. jersey on. Everything is bigger in Texas, including the idiots.

And last but not least...

You know it's embarrassing to be Art Shell, Randy Moss, Warren Sapp, and the rest of the no-names that comprise the Oakland Raiders. Let me know when they raid the winners bracket. Wait, never mind, I'm sure to be dead and buried by then. I wonder what the year 2089 will of look like.



The opinions stated here are those of the editors. They do not reflect the opinions of the Eagle Eye or its staff.

## It's almost free agent time

**James Cooney**  
Sports Editor

Finally I have bragging rights on the Philadelphia Eagles and the Pittsburgh Steelers. Yes folks, the Steelers lost and the Eagles didn't play, meanwhile in Buffalo, the Bills beat the Green Bay Packers, giving them a 3-5 record compared to the Steelers 2-6 record, but enough bragging about my losing team. It's another one of my favorite times, free agency in Major League Baseball.

With so many teams always looking for pitching, there are at least six big time pitchers available this off-season. Barry Zito is probably the best pitcher on the market at the moment, but Andy Pettitte and Roger Clemens would increase the market if they decide to stay in the MLB. Greg Maddux and Jason Schmidt round out my top six pitchers available on the current market.

At first base, Frank Thomas and Nomar Garciaparra are the two notable names. Thomas would most likely have to stay in the American League and DH, while Nomar could be one of the best players in the game, at any infield spot. That is, if he can stay healthy.

The second base market is kind of slim this off-season, as Ray Durham is the only notable player. Durham is a veteran of the game and could also help teams in the outfield. Alfonso Soriano started in the league at second, but have ventured into the outfield is also available.

If teams feel Nomar is healthy enough to play shortstop he would be the best, if not Julio Lugo's name shoots to the top of the list of available shortstops.

At third base, Aramis Ramirez is available now, but has expressed sincere interest into returning to Chicago. Ramirez opted out of his contract with Chicago, feeling that he was worth more money.

The outfield has a couple of big names. The one at the top of the list would be Barry Bonds, except no one wants him except San Francisco. As I mentioned before Alfonso Soriano if available, as well as Carlos Lee, Juan Pierre, and Gary Matthews Jr.

Whatever the outcome of the off-season one thing is for certain: once March roles around and baseball is in the air, the Chicago Cubs.



The opinions stated here are those of the editors. They do not reflect the opinions of the Eagle Eye or its staff.

## True Life Dare Devil- Harley Newman



## & Mind Freak- Danabak



Friday November 10th  
Price Auditorium  
7:00pm  
...cures sinus problems holistically, sticking a high-heeled shoe and a power drill straight into his nose!!

World's Leading Mentalist!

## LHU ANNUAL TURKEY TROT

5K RUN / WALK  
Sunday, November 19th, 2006  
@ Hubert Jack Stadium

Registration begins @ 8 a.m.

Race begins @ 9 a.m.

Entry Fee: \$15 Pre-Registered / \$20 Day of Race  
Free long sleeve T-shirt to the first 75 registered participants

Contacts:

Dr. Patricia Lally - plally@lhup.edu  
Dr. Richard Lally - rlally@lhup.edu

## Coffeehouse

featuring guitar & vocalists:

## Jay Barry & Jason LeVasseur

Everyone welcome! Free Donuts & Coffee  
Wednesday, November 8th  
PUB LOBBY 7:00 pm

Offended, agree with us, or do you just think we're wrong?

If so, please send a guest editorial to:

lhueagleye@yahoo.com



# Boxers open new season

**Clayton Desmond**  
Boxing Writer

Off of a strong sixth place finish at the 2006 Nationals, the nationally ranked LHU Boxing team officially opens their new (2007) season on the road this week. On Friday evening, (11-10-06) four boxers will travel with head coach Dr. Ken Cox to compete in the Pittsburgh Athletic Association Collegiate Classic in downtown Pittsburgh.

Addy Pizarro, LHU's outstanding 132 lb., junior (9-0) is scheduled to battle Navy's Jonathan Liang in one of the co-feature bouts. Also teammate Danny Marrero, a junior 156-lber (8-6) will take on Navy's Canon Pattillos in the second co-feature on the eight bout card. Also scheduled to box for the Bald Eagles are Anthony Robinson, 132, and heavy-weight Chris Butler. Boxers from Miami - Ohio, Navy U of Michigan, and LHU will compete. Head coach Dr. Ken Cox will work the corner for the Bald Eagle boxers.

On the same evening at the historic Baltimore Club in downtown Baltimore, MD, junior team captain 130 lb., Josh Wisniewski (12-7), a 2006 National bronze medalist will box Alex Nyaka from the University of Nevada - Las Vegas in one of the featured bouts at the Baltimore Classic. Teammate, 190 lb. sophomore, Aaron Lynch, (2-3), 2006 Eastern (ECBA) runner-up will battle Navy's

Dan Tarpez in the second co-feature bout. The nine bout card will also have the Bald Eagle sophomore, Danny Alvarez, 156 (1-1) and freshman Tim Decker, 165 competing. Boxers from Navy, UNLV, Salisbury, Un-Reno, U of Maryland, and LHU will compete. Associate coach, Ken Cooper will work the corner for the Bald Eagle pugilists.

On Monday evening (11-13-06) five Bald Eagle Boxers travel down I-95 to Richmond, VA to compete in the annual Richmond Collegiate Classic. The Richmond Classic is sponsored by the West Richmond Businessmen's Association and is one of the major collegiate boxing events of the year. Last year, the event raised over \$30,000 for the Richmond Boys and Girls Home. The Bald Eagles will take two of their "big guns" to the popular event held in the Richmond Omni Hotel Ballroom in downtown Richmond. Both national 139 lb., runner-up Josh Mercado and National 147 lb. bronze medalist, Jason Sanchez are scheduled to battle tough opponents. Mercado, (19-6) will challenge veteran Joe Turner, Univ. of Charleston, while Sanchez will trade blows with Merv Marks, formerly of the Citadel, now boxing for the U of Charleston.

Also on the nine bout card are Bald Eagle reshaman, Robert Weaver, 125; freshman Kevin Staffod, 170; and

sophomore 165-pound Chris Collins. All three are making their initial collegiate debut.

On Monday, Nov. 20th, three Bald Eagles travel to Manhattan, NYC, with coaches Dr. Cox and Cooper, to compete in the annual New York Athletic Club Classic. Josh Mercado, 139, will take on Navy's Anton Aku, the defending 139 lb. National champ in the featured bout. Aku won a split 3-2 decision over Mercado in last year's national championship bout. Mercado is looking for revenge. Also, 147 lb., senior and All-American Jason Sanchez will move up a weight class to challenge UNLV's Greg Murrell, the defending 156-lb National champ. The Bald Eagles' third boxer, Greg Stratton, a 210 heavyweight will battle Air Forces' national heavy-weight champ, Ian Tuznik. Tuznik is a 6'4", 260-pound, hard punching senior heavy-weight who stopped Stratton in the 3rd round in last year's national semi-finals in Reno, NV. Straton, a 205-pounder is again expected to have his hands full against the tough Tuznik. However, in recent sparring sessions at the Altoona Boxing Club, Stratton, a sophomore, has displayed considerable improvement over last year. Stratton is also expected to test waters down in the 195-pound division later this season. According to Dr. Cox, "Stratton will be ready."

# Fall sports results

**Men's Soccer 2006, 17-6-1 (13-3 PSAC)**

**Regular Season**

@ University of New Haven	W, 3-0
Slippery Rock University	L, 0-1
Millersville University	W, 5-0
@ East Stroudsburg University	L, 0-1
@ Bloomsburg University	W, 2-1
Kutztown University	W, 4-0
Shippensburg University	W, 1-0
Dowling College	L, 0-1
West Chester University	L, 0-1
California University	W, 2-1
@ Slippery Rock University	W, 3-0
@ Millersville University	W, 3-2
East Stroudsburg University	W, 1-0
@ West Chester University	W, 3-1
Bloomsburg University	W, 1-0
CW Post	T, 0-0
@ Kutztown University	W, 6-0
@ Shippensburg University	W, 3-2
New York Institute of Technology	W, 3-2
@ California University	W, 2-1

**PSAC Tournament**

West Chester University	W, 2-1
-------------------------	--------

**Championship Game**

East Stroudsburg University	L, 0-1
-----------------------------	--------

**NCAA Regional Championships**

East Stroudsburg University	W, 2-1
Dowling College	L, 0-4

**Women's Soccer 8-11-1 (4-5-1 PSAC)**

**Regular Season**

@ Georgian Court College	W, 2-0
Slippery Rock University	L, 0-1
Shepherd University	W, 8-0
@ Clarion University	L, 2-3
University of Bridgeport	L, 2-3
Mansfield University	W, 2-1
Bloomsburg University	W, 1-0
IUP	L, 0-3
Edinboro University	W, 1-0
California University	W, 1-0
@ Slippery Rock University	W, 1-0
@ Adelphi University	L, 1-4
Clarion University	W, 2-0
@ Mansfield University	L, 1-2
@ C.W. Post	L, 0-1
@ IUP	L, 3-6
@ Shippensburg University	L, 0-3
@ Edinboro University	L, 0-2
@ California University	T, 1-1

**PSAC Playoffs**

@ Slippery Rock University	L, 0-2
----------------------------	--------

**Field Hockey 17-6 (7-1 NEC)**

**Regular Season**

Providence College	L, 0-1
@ University of Vermont	L, 3-6
Penn State University	L, 0-2
@ La Salle University	W, 6-0
Longwood University	W, 5-2
Colgate University	W, 9-1
Bucknell University	W, 6-0
@ Columbia University	W, 1-0
@ Siena College	W, 3-1
Towson University	W, 4-0
Robert Morris University	W, 7-0
Sacred Heart University	W, 4-1
@ University of Pennsylvania	L, 1-2
@ Lehigh University	W, 4-3

**ALUMNI MATCH**

LHU 1,	W, 3-1
--------	--------

**Alum 0**

@ Quinnipiac University	L, 0-1
@ Fairfield University	W, 6-0
@ LaFayette College	W, 6-0
Monmouth University	W, 4-0
Rider University	W, 2-1

**NEC TOURNAMENT**

Rider University	W, 2-1
Sacred Heart University	W, 7-1
University of Richmond	L, 2-4

# Student Recreation Center News

## Student Recreation Center Hours of Operation

Wednesday	7:00am	to	11:00pm
Thursday	7:00am	to	11:00pm
Friday	7:00am	to	9:00pm
Saturday	10:00am	to	9:00pm
Sunday	12:00pm	to	11:00pm
Monday	7:00am	to	11:00pm
Tuesday	7:00am	to	11:00pm

## Climbing Wall Hours of Operation

Wednesday	1:00pm	to	9:30pm
Thursday	1:00pm	to	9:30pm
Friday	1:00pm	to	7:30pm
Saturday	1:00pm	to	7:30pm
Sunday	1:00pm	to	9:30pm
Monday	1:00pm	to	9:30pm
Tuesday	1:00pm	to	9:30pm

## Fall 2006 Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Weekend
4:00-4:50pm Strength Training Jen			4:00-4:50pm Strength Training Jen	FRIDAY 5:00-5:50pm Instructor's Choice Teresina
5:00 - 5:50pm Step & Toning Lindsey	5:00 - 5:50pm Step & Toning Lindsey	5:00 - 5:50pm Step & Toning Lindsey	5:00 - 5:50pm Step & Toning Lindsey	SATURDAY 5:00-5:50pm Total Cardio Kick Teresina
6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step Johanna	6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step Ashley
7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	SUNDAY 6:00-6:50pm Step Ashley
8:00-8:50pm Total Cardio Kick Teresina	8:00-8:50pm Cardio w/ Toning Teresina	8:00-8:50pm Total Cardio Kick Teresina	8:00-8:50pm Cardio w/ Toning Teresina	7:00-8:00pm Self Defense Class

All classes are held in the SRC aerobics room. Space is limited, be sure to come early to reserve your spot!

## Back-2-Back Boulder Bash



November 11 & 12, 2006

**THIS WEEKEND!**

Registration @ the SRC begins at 10AM on Saturday & at the YMCA at 12PM on Sunday. Come to the SRC for more information!



Check out the SRC website for schedules, photos, policies and employment opportunities!  
[http://www.lhup.edu/rec\\_center](http://www.lhup.edu/rec_center)

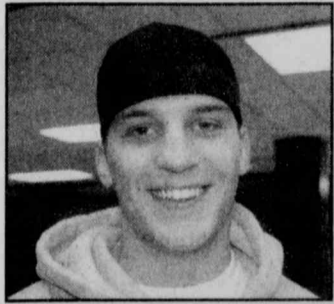




# HAVEN LIFE

## ? Question of the Week ?

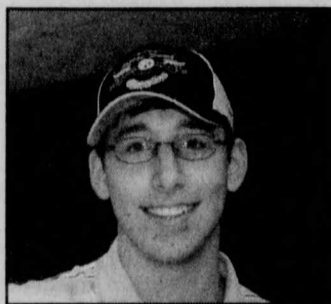
*What has been your hardest class this semester?*



Kevin Haas  
Junior  
Business Management  
"Economics, because of my professor."



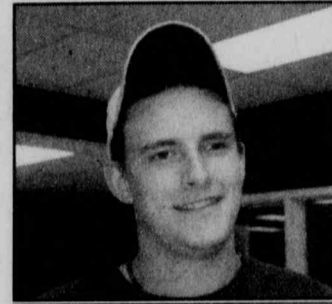
Ange Spickler  
Junior  
Social Work  
"Applied Social Research."



Corey Mease  
Freshman  
Exploratory Studies  
"Ethics, because the tests are incredibly difficult."



Sara Brunner  
Senior  
International Studies-German  
"History of Modern South Asia and the Indian Ocean."



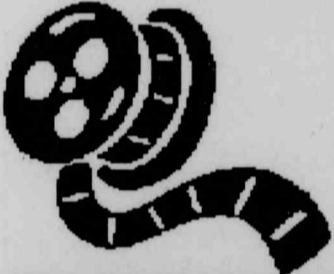
Curt Bootman  
Sophomore  
Accounting  
"Economics, because I don't really study."



Tabitha Persun  
Junior  
Accounting and Business Management  
"Earth Science."

Compiled by Alana Beightol / Eagle Eye

Campus Cable Channel 10 Movies 7:00 p.m. Wednesday, Nov. 8, 2006 - Tuesday, Nov. 14, 2006



Wednesday  
Nov. 8

Nacho Libre

Thursday  
Nov. 9

Over the Hedge

Friday  
Nov. 10

Mission Impossible III

Monday  
Nov. 13

Waist Deep

Tuesday  
Nov. 14

American Dreamz

### ONLY AT ANASTOS BROS. AUTO SALES

#### SPECIAL OF THE WEEK!!

#1799A 2000 GMC Sierra  
1500 SLE Ext. Cab 4x4  
Flareside, V8, Auto, A/C, P. Equip.,  
Local Trade, Only 73K Miles  
BELOW KELLEY BLUE BOOK  
SALE PRICE **\$13,990**



#### OLDIES BUT GOODIES

- #6789 1996 Toyota Avalon XL - 6 cyl., auto, leather, p. moonroof, p. equip., Below KBB! .....\$4,995
- #1798B 2001 Ford Focus LX - auto, a/c, ps, pb, am/fm/cass., local trade.....\$5,995
- #1773 2001 Pontiac Grand AM SE - auto, a/c, tilt, cruise, p. equip., CD .....\$5,995
- #1715 2002 Ford Focus ZX3 - 4 cyl., auto, a/c, ps, pb, CD .....\$5,995

#### TRUCKS • VANS • SUV'S

- #1763 1999 Suzuki Grand Vitara 4x4 - 6 cyl., auto, a/c, p. equip., CD .....\$7,995
- #1726A 2000 Chevrolet Tahoe LT 4 Dr. 4x4 - V8, auto, tilt, cruise, leather, p. equip., barn doors, CD \$10,995
- #1577D 2000 Dodge Durango SLT 4x4 - V8, auto, 3rd seat, all p. equip., local trade .....\$8,900
- #1234 2001 Dodge Ram 1500 Cargo Van - V8, auto, a/c, only 60K mi. ....\$9,900
- #1772 2001 Nissan Frontier SE Crew Cab 4x4 - V6, auto, a/c, p. equip., CD, 54K mi. ....\$15,990
- #1680 2002 Honda Odyssey EX-L - auto, a/c, leather, p. seats, am/fm/CD, p. equip. ....\$15,995
- #1748 2003 Chevrolet Trailblazer LS 4x4 - V6, auto, a/c, pw, pdl, tilt, cruise, CD.....\$16,990
- #1791 2004 Jeep Grand Cherokee Laredo 4x4 - 6 cyl., auto, a/c, p. equip., p. seat, CD.....\$16,990
- #1744A 2004 Jeep Wrangler 4x4 - Unlimited Pkg., 6 cyl., auto, a/c, sound bar, 22K mi. ....\$18,990
- #1765 2004 Chevrolet Colorado Crew LS 4 Dr. - 5 cyl., auto, a/c, p. equip., CD, 32K mi. ....\$19,900
- #1760 2004 Honda Element EX 4x4 - 4 cyl., auto, a/c, p. equip., 18K mi., Ready To Go! ..\$18,900
- #1746 2005 Ford Escape Ltd. 4x4 - V6, auto, a/c, tilt, cruise, p. equip., moonroof, leather, CD. ....\$20,900
- #1738 2005 Dodge Grand Caravan - 6 cyl., auto, dual heat & a/c, Very Nice! .....\$14,990

#### CARS • CARS • CARS • CARS

- #1771 2000 Toyota Corolla CE - auto, a/c, tilt, cruise, p. equip., cass., 48K mi. ....\$8,900
- #1767 2000 Buick Century Custom - V6, auto, a/c, tilt, cruise, p. equip., cass., only 60K mi. \$7,990
- #1777 2000 Honda Civic EX 2 Dr. - auto, a/c, p. equip., moonroof, only 60K mi. ....\$10,995
- #1762 2001 Mazda Miata - auto, a/c, p. equip., CD, only 32K mi. ....\$12,990
- #1758 2002 Ford Taurus - 6 cyl., auto, a/c, p. seat, p. equip., CD, 48K mi. ....\$9,800
- #1724 2002 Volkswagen Jetta GLS - 1.8L Turbo, auto, a/c, p. equip., 46K mi. ....\$14,995
- #1721 2002 Volkswagen Passat GLS - V6, auto, leather, moonroof, p. equip., 45K mi. ....\$16,990
- #1709 2002 Saab 9 Turbo - 6 cyl., auto, a/c, moonroof, p. equip., CD, only 42K mi. ....\$14,995
- #1790A 2003 Honda Accord EX - 6 cyl., auto, a/c, moonroof, leather, local trade, Very Nice! \$17,995
- #1797 2003 Subaru Outback Wagon AWD - 4 cyl., auto, a/c, tilt, cruise, p. equip., 24K mi. \$18,995
- #1796 2003 Subaru Legacy Sedan AWD - 6 cyl., auto, a/c, tilt, cruise, p. equip., 23K mi. ....\$14,995
- #1757 2003 Honda Accord LX - 4 cyl., auto, a/c, tilt, cruise, p. equip., 66K mi., Very Sharp! ..\$14,800
- #1752 2003 BMW 325Xi 4 Dr. - auto, a/c, p. equip., CD, Nice Car! .....\$24,900
- #1775A 2004 Hyundai Elantra - auto, a/c, p. equip., am/fm/CD .....\$8,990
- #1756 2004 Hyundai Elantra GT - 4 cyl., auto, a/c, p. equip., leather, 27K mi., Very Sporty! ....\$11,995
- #1785 2005 Dodge Neon - auto, a/c, pw, am/fm/CD, only 21K mi. ....\$10,990
- #1776 2005 Ford Focus ZX4 SE - auto, a/c, tilt, cruise, p. equip., CD .....\$11,990
- #1774 2005 Honda Civic EX - auto, a/c, p. equip., chrome wheels, 17K mi., Like New! .....\$17,990
- #1779 2005 Nissan Sentra - 4 cyl., auto, a/c, p. equip., CD, Great Gas Mileage! .....\$12,995
- #1686 2005 Hyundai XG350L - auto, leather, moonroof, 15K miles, all p. equip. ....\$15,990
- #1637 2005 Toyota Camry LE - 4 cyl., auto, a/c, tilt, cruise, p. seat, p. equip. ....\$15,995
- #1795 2006 Ford Taurus SE - 6 cyl., auto, a/c, tilt, cruise, p. seat, p. equip., Very Nice! .....\$10,995
- #1770 2006 Scion T4 - auto, a/c, tilt, cruise, p. equip., p. moonroof, CD, only 7K mi. ....\$18,990

Tax & tags not included in price.

WE HAVE LOW FINANCING AVAILABLE

REMEMBER, IF WE DON'T HAVE IT, WE CAN GET IT!

6 MOS./6,000 MI. WARRANTY ON QUALIFIED VEHICLES!



Tony ANASTOS



308 East Church Street, Lock Haven

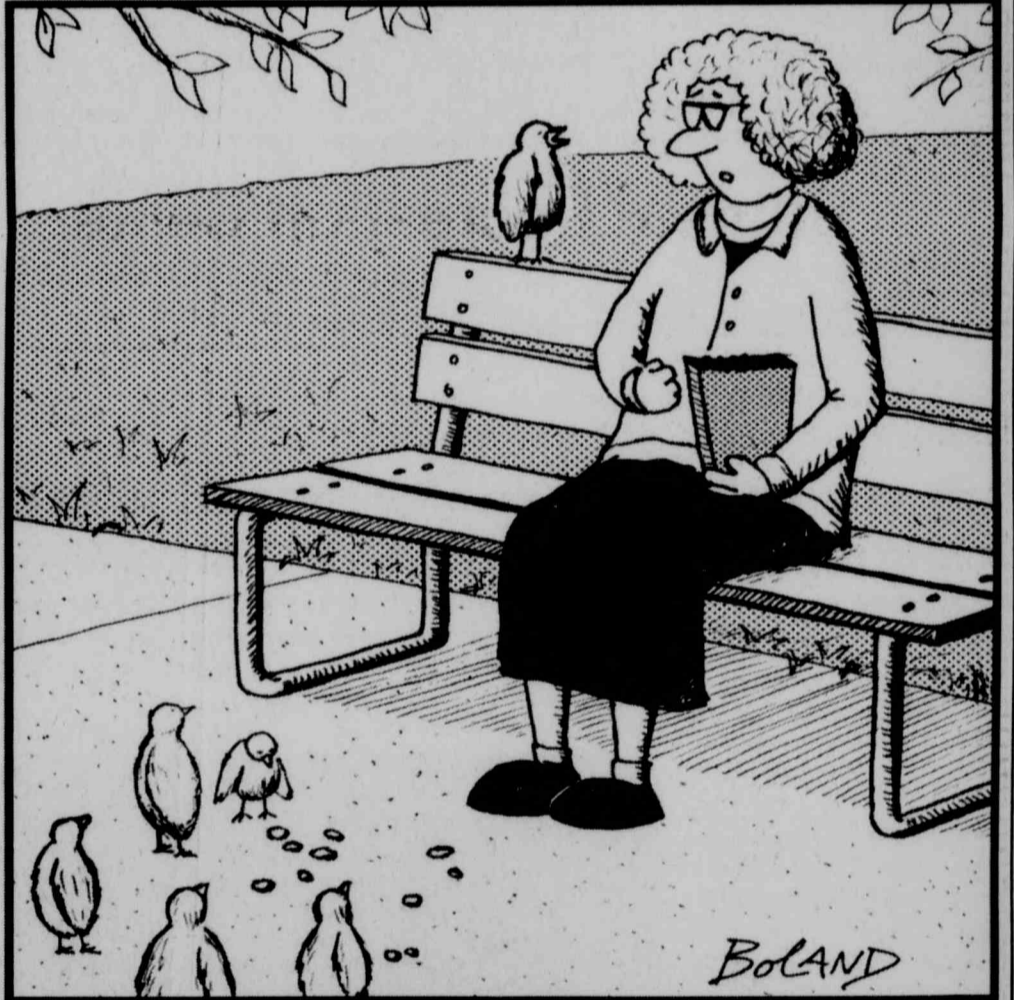


Louis ANASTOS



### BOL's EYE

by Shaun Boland



"We only eat low carb now."

## WLHU MEETING

Wednesday, November 8th  
6 p.m.

Robinson 606

ALL DJs MUST  
ATTEND

BUDGET ISSUES WILL BE  
DISCUSSED

PERSPECTIVE DJs CAN ATTEND AS WELL!



# HAVEN LIFE

## Machinal shines on mainstage with keen character portrayal

Kyle Tims  
Guest Writer

"Machinal" is the second university held theatrical event of the semester, and it immediately raised the bar of achievement for the theater community on campus.

The production is gaining much well-deserved respect, and a lot of the credit should go to the director, Assistant Professor Christine Woodworth, and the Theatre Department for their portrayal of Sophie Treadwell's shocking drama. Actress Valerie Halstead, a junior theater major, carries the weight of the play and gives a superior performance in the lead role as Young Woman.

Much credit is due to the first-rate performances of her supporting cast and the stage crew on a nearly flawless night of theater.

"Machinal" was written in 1928, and is based on the real-life murder that shook New York City the year before. It is the most popular work of Treadwell, a female playwright who flourished as a writer in the early part of the



Telephone Girl (Maggie Patton Shaffer) teases Young Woman (Valerie Halstead) in "Machinal."

century. Before becoming a playwright she was one of the first female war correspondents during World War I.

"I was always intrigued by art created by women," said Director Christine Woodworth. "This piece is very timely because of all the renewed attention on nostalgic eras."

In nine fascinating episodes we follow the down-

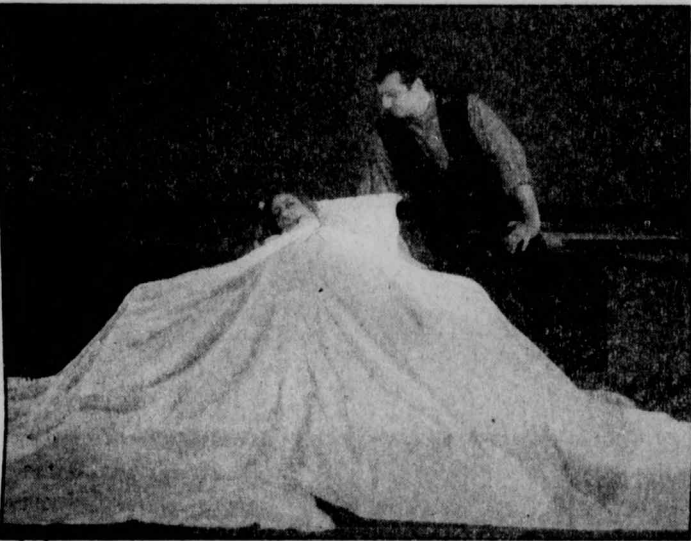
ward spiral, and short-lived liberation, of a young woman trapped in a seemingly endless string of crestfallen occurrences. Her attempt at an escape is to marry her boorish boss and give birth to their child. Tired of her station in life and needing something new, Young Woman finds an exotic adventurer whom she becomes romantic with. Her life catches up with her as she is driven to do the unspeakable.

"I hope by the end of the play the audience can understand and sympathize with Young Woman, and what drove her to do what she did," said Woodworth.

"Machinal" will be showing this weekend on November 9, 10, and 11 at 8:00 p.m., with a matinee performance on Saturday the 11th at 2:00 p.m.

This reviewer highly recommends "Machinal" to everyone and hopes you go check it out on the main stage in Sloan.

Two very enthusiastic thumbs up!



Photos Courtesy of Christine Woodworth

Young Woman feels stifled by her marriage to Husband (Christopher Grouzes) in "Machinal."

## Safe Haven skates circles around college drinking, provides enjoyable alternative

Adam Roberts  
Guest Writer

On Friday Nov. 3 Safe Haven, a campus group that strives to provide safe and healthy activities for students, hosted an 80's themed roller skating event at Skate Haven.

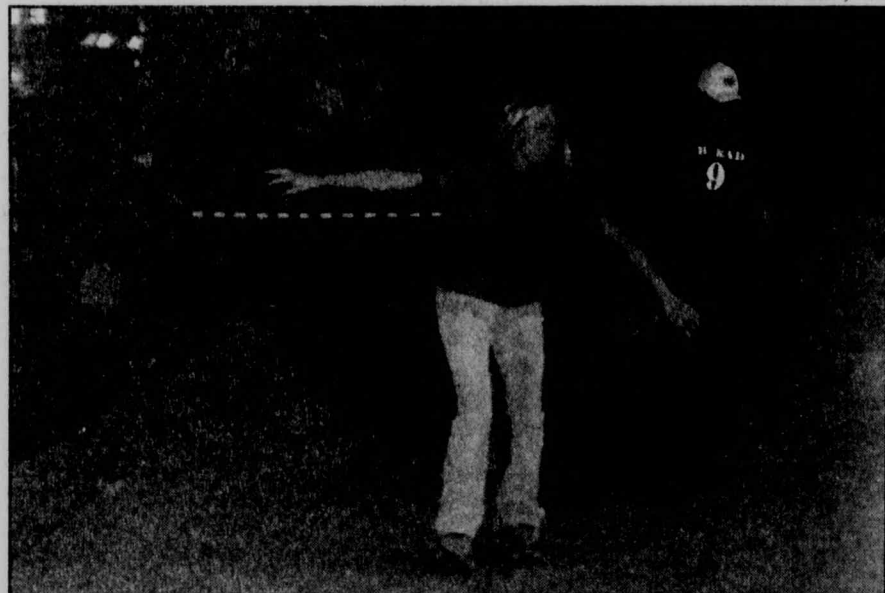
All Lock Haven students were invited to roller skate for free at Skate Haven. Students only needed an LHU I.D. and \$1.25 for skate rentals and they were welcomed to skate to the 80's music that bumped through the venue.

Students came out in groups to participate in what, to many, was an activity they grew up doing. Some students laced up skates for the first time in years and tried to bring back their old tricks. This was easier for some than it was for others. A few stu-

dents skated like they were professionals while others took some time to get back into the skating spirit. There were a few big falls, but there

were also a lot of very talented skaters who sped forward and backwards around the rink.

Junior communication



Students enjoy a night of skating sponsored by Safe Haven as an alternative to late night partying.

Pockets.

The ingredients for this delicious meal are: Pillsbury Crescent Rolls, Leftover Turkey - chopped, and American cheese. To prepare these Thanksgiving Turkey Pockets, you place one crescent roll on cookie sheet, flat. Put chopped turkey and 1/2 slice of American cheese in the center, cover with another roll and seal sides with finger or fork. Bake at 350 degrees til golden brown. This recipe can be found on [www.parenting-teens.about.com/recipesfor-kids](http://www.parenting-teens.about.com/recipesfor-kids).

Cranberry sauce can be bought at the grocery store, and there is always Stove Top to help with stuffing.

Then, of course, the pumpkin pie. If you're keeping it easy, you can always get indi-

vidual pie tins. Or, if you're a little more adventurous, you can make your own crust by crushing up graham crackers and adding a teaspoon of melted butter to make the crust damp and formed. Drops of water can be added if the mixture needs to be more damp, but there should be no excess water. Next, get a can of pumpkin filling and distribute the filling evenly to make each of your pies. Then refrigerate, and don't forget the whipped-cream.

All of these little things are a way to celebrate a holiday where you can show how thankful you are for your friends and family. Have a happy Thanksgiving and remember to enjoy the holidays.

## What's on Melanie's? Playlist!

Melanie Shellhammer  
Features Editor

There are times throughout the week when a song keeps repeating through your mind. It's constant as it pulses like rapid fire, interrupting your thoughts. It's aggravating and annoying, but the songs are always worth listening to, hence why you can't seem to escape them day in and day out.

The problem with songs like these is the fact that they are highly enjoyable, in the right environment. However, when trying to get through an 8 a.m. class, it's nearly impossible to concentrate with little ditties, such as these, running circles in your head.

Lately, there have been quite a few of these addictive melodies inhabiting my thoughts and making it very difficult to function. They range from upbeat, quick tempo arrangements to the more laid back, eyelid heavy types.

Trying to keep a steady pace walking to class is always difficult, with the grogginess of just crawling out of bed and the crowds of individuals swarming the streets to get to class on time as well.

"Lying Through Your Teeth," off of Head Automatica's most recent release, contains hooks that you can't help but move to. With a cowbell looming in the background and electronic infused keyboards, it's reminiscent of a beefed up addictive 80's tune.

Along the same lines of bouncy and upbeat, Gym Class Heroes' "The Queen and I," with its echoing fluid vocals and hip hop influenced backbeats, keeps a little pep in your step.

Many songs have done their part to help lull me back into a peaceful slumber during my lecture hall classes, which hasn't helped my note-taking, but my body sure feels well rested at the end of the class period.

Hailing from Canada, both Broken Social Scene and Feist have contrived the low key lullabies that have aided my lovely catnaps.

"Anthems for a Seventeen Year-Old Girl" from BSS features raspy, distorted female vocals, flighty string arrangements, with a constant drum roll in the background, almost like a calming heartbeat. Feist's "Secret Heart," with female vocals as well, is equally pleasing to the ears, but a rougher guitar helps to keep the track a little more intimidating.

Lately, whenever I find myself stuck sitting next to the chronic pen tapper in class, the constant tick of the pen hitting the desktop always reminds me of the infectious "True Affection" by The Blow.

The mini-keyboard notes composed by Jona Bechtolt that wind beneath the wispy vocals of Khaela Maricich sound like that of a tinkler toy, but are hard to ignore after hearing the song only once.

Then there is always that day of the week when nothing seems to go your way and nothing but spastic, slightly angry music keeps churning within you.

For one reason or another, "The Rat" by The Walkmen always seems to work its way into my thoughts, giving me even more drive to keep trudging through the day. The loud, incessant guitar riffs and the sketchy lyrics can keep anyone in a fickle mood.

Or if you find yourself

waiting impatiently for the week to end, Ray LaMontagne, while very melancholic, can also act as hope that the week is just about over with "Three More Days."

The song is a far cry from homage to Wednesday, the mid-week hump day for most college students, as it is a song about getting back to his love interest, but it acts a good motivational anthem that the week is just about up.

For those late nights that I'm stuck in front of the computer, Say Anything's bouncing melodies tend to keep me going. "Woe," with its swinging guitars and rolling lyrical webs is hypnotizing enough to keep any strapped-for-sleep student awake to finish the final page of any mid-term paper.

Of course, when the day finally comes to an end, there's always a song reverberating throughout your mind, keeping you from finally catching the zzz's you had so hoped to enjoy.

The haunting vocals and prickling notes of "Hide and Seek" by Imogen Heap continually meander in your head, but the song can also act as a calm after the storm of the day.

Even Acceptance's "So Contagious" becomes fitting as it finds its way as the background soundtrack to many of my dreams. The song's - for a lack of a better word - contagious chorus will invade any free moment of thought.

These songs have come to replay like a broken record through my mind on a daily basis.

Hopefully after reading this, these songs will finally escape my mind - and infest your every thought from here on out.

media major Kelvin

McClellan, who was present at the event, has been roller skating recently, so he had no problem recalling all the tricks of skating. "I went skating last week for the L o c Entertainment Late Skate so I remembered all the skills," said McClellan. "I was skating backwards and speeding by all the inexperienced people."

This was the first of what Safe Haven Director Max McGee says will become a monthly event.

A group of campus organizations including the Athletic Department, Distinguished Gentlemen, Sophisticated Ladies and the Resident Hall Association (RHA), worked together to provide students with an alcohol-free activity.

The various clubs helped organize and advertise for the event which brought over 50 Lock Haven students to Skate Haven. Each residence hall was given a sign that read "How long has it been since you've roller skated?" An e-mail was also sent to university staff

inviting them and requesting they mention the event to their classes.

The idea to bring students to Skate Haven for free came at a breakfast held in Smith Hall earlier this year. The food at this breakfast was provided by Java Therapy. Tammy Taft, who owns both Java Therapy and Skate Haven spoke with McGee, who is also the Resident Director of Smith Hall. The Taft's suggested Safe Haven take advantage of Skate Haven and the plan progressed from there.

"They had an open place and we had the people to fill it," said McGee.

The organizers of this free skating event seemed to consider everything to bring those students to Skate Haven. A university van shuttled students to and from the

Walnut St. location from 9 until after 12. The shuttle stopped at all of the residence halls and Evergreen Commons.

Safe Haven funded this event and will also fund the next free skate on Dec. 1. McGee is hopeful the SCC will fund next semester's roller skating events. According to McGee, the SCC has been very helpful and supportive of the program.

The primary goal of the program was give to students a safe and entertaining alternative to drinking. The clubs involved also hope the program grows in popularity.

"We would like this to be an example of fun, healthy programming on Friday nights," said McGee.

### From Dinner, B8

You could chose any type of food that you want, but when I think about Thanksgiving, I think about pumpkin pie, cranberry sauce, stuffing, and, of course, the famous turkey dish.

But can we college kids really make these foods? As long as you have a few pots and a couple of ingredients, you are just as capable of making a home cooked meal as anyone else.

Okay, so you may need to cheat a bit. Since it can be a little tricky to cook a turkey for six hours in a dorm room, there is always another way to go: Thanksgiving Turkey



Photo Courtesy of Adam Roberts

Students duck low under the limbo stick at Skate Haven on Friday.



# HAVEN LIFE

## No escaping early holiday spirit

**Jessica Horbach**  
Guest Writer

As the Christmas season creeps closer and closer, the Christmas movie season is beginning. If you want to see a funny, family-style movie to jump start your Christmas spirit, you should go see "The Santa Clause 3: The Escape Clause."

"The Santa Clause 3: The Escape Clause" opened Friday, November 3, a little less than 2 months before Christmas.

The movie is great for kids and adults, especially for adults with the merry-time blues.

We all saw the magic of believing in the first "Santa Clause" and watched as Tim Allen transformed himself into the jolly, red-nosed man in the



Photo Courtesy of Google Images

**Santa Clause 3: The Escape Clause** features Tim Allen (left) and Martin Short (right), veteran comedic actors that lend their unique approaches to this hoot of a holiday flick.

In the second "Santa Clause," we watched Santa try and find his true love, the one

and only Mrs. Clause, in order to remain Santa Clause.

Like the first and second "Santa Clause" movies, Santa gets himself into a life-altering situation in the third installment.

This time, Santa gets a work overload when Mrs. Clause is expecting a baby just a few days before Christmas. If you know what it's like to be stressed

out, as most college students do, you will sympathize and giggle with the way Santa struggles to keep Mrs. Clause happy while also trying to get ready for Christmas.

To add to the stress that Santa is dealing with, a new character, Jack Frost (Martin Short) comes on to the scene.

If you have seen movies with Martin Short, you know that he delivers a great performance.

Jack Frost always seems to be getting himself into trouble, due to the fact that he is jealous that he doesn't have his own holiday like Santa.

The Father of Time (Peter Boyle), one of the legendary figures, reminds everyone that "Jack Frost is only a season, not a holiday."

However, Jack continues to stir up trouble for Santa and his family in the North Pole.

His ultimate plan is to take over Christmas by tricking Santa into using "the escape clause," which is a top secret get-out-of-jail-free, or should I say "get-out-of-being-Santa," card.

The movie is filled with surprises and laughter. If you have seen the first two installments of "The Santa Clause," you will not be disappointed with the third.

All will enjoy the humor and crazy stunts that comedians Tim Allen and Martin Short bring to the big screen.

The traditional bad reviews of trilogies end here.

If you are looking for a family-filled night of fun or a nice date night, then go see "The Santa Clause 3: The Escape Clause." You are guaranteed a night of laughs and enjoyment to bring out that jolly Christmas spirit.

## A Day in the Life of... A Tiger Den Volunteer

**Jennifer Dell**  
Copy Editor

My Saturday started out at 7:00 a.m. when I got out of bed, ate breakfast and proceeded to bundle myself up because it was only about 27 degrees outside. At about 7:50, two of my roommates and I headed to Evergreen Commons clubhouse, which was the designated meeting place for those interested in helping build 'Tiger Den.'

I, along with a group of other students, comprised of SCC members and Evergreen residents and Community Assistants, walked from Evergreen to the site of 'Tiger Den,' which is located across from Weis.

Once there, I stood in line to sign in. After signing in, I received a name tag and was told to stand inside the fence and wait until someone came to put me to work.

A woman came over to where I was standing and said she needed about 15 to 20 students. She took the 11 of us that were waiting for a job. The woman proceeded to tell us that our job would be moving stones- exciting, I know. We had to get into groups of about two or three and grab wheelbarrows, rakes and shovels.



The finished Tiger Den playground stands tall after hundreds of volunteers put in their time to help with the enormous undertaking of building a safe and fun environment for children of the area.

needed more stones. After I weaved through all of the other workers, I dumped the stones out, and Warner and Gao leveled them out with rakes. Gao eventually had to leave, so Warner and I finished what we could by ourselves. This whole process of moving stones continued for two hours. Of course, I did take a break in between to grab some hot chocolate and eat a snack, which was all generously provided for the workers.

By 10 a.m., there were a lot of people at the site helping out. I was amazed. There

other roommate, Leandra Torres, asked us if we would help her because the guy she was working with had to leave. Warner told Torres what we had to do, but said we would help her once we did that. Warner and I delivered the roll and went on to the next job.

My next job included helping measure, cut and nail in the last two boards of a structure on the playground. Once Torres, Warner and I were finished, Torres took back the tools and we went on a little break. As we stood at the snack hut drinking, Beth Blazina, who is an elementary education major here at the university and a mother of two Dickey elementary school students, asked us if we would help her. She needed help cutting and placing plastic on top of the stones. She said it needed to be done quickly because the man in the backhoe hauling the mulch kept coming with more mulch.

I quickly finished my drink and followed Blazina to the opposite corner of the playground. I proceeded to unroll a long section of plastic and then waited until it was cut. Once it was cut from the roll, I took it to the playground. Thankfully, everyone was very helpful, so I had help placing it on the stones. I found a pair of scissors and went to work. With the help of

some other volunteers, I cut the plastic around obstacles, such as the pole to a slide, so that all of the stones were covered. We worked as quickly as possible to lay the plastic and cut around the obstacles in the way because the mulch man, as I will call him, seemed very eager to lay his mulch. As if the placing of the plastic and the pressure to do it quickly weren't enough, we also had to work around the other volunteers. Thankfully, the gentlemen were nice enough to step out of the way so we could place the plastic.

The placing of and cutting of the plastic was my last job as a Tiger Den volunteer. My four hours were up.

The fire company across from Weis was giving the volunteers free lunch. The food was provided by Hallmark Management Services. There were three huge hoagies, all of varying kinds, sloppy joes, hot dogs, chips, cake, brownies, and cookies. It was a great way to end a few hours of strenuous volunteering.



Alana Beightol / Eagle Eye

**Children eagerly await** to play on the brand new jungle gym built for them by local volunteers. Even the cold weather couldn't stop them from having a good time.

My partners were Nicole Warner, who is a roommate of mine, and Yu Gao, a foreign exchange student from Japan. I grabbed the stuff, and my two partners and I headed to work. We were told to take stones from the big piles along the one edge and spread them out along the playground.

Warner, Gao, and I shoveled stones into the wheelbarrow. Once full, I pushed the wheelbarrow to places that

were a lot of people finishing the stone moving process, so Warner and I went to look for another task.

Thankfully, a lady came up to us asking if we needed something to do. We said yes and were told to go back to the entrance and pick up a roll of black paper, which was to be laid on top of the stones, and bring it to the back side of the playground. As we were heading towards the entrance, our

## Laughter fuels energetic crowd, comedian uses plethora of material

**Kyle Tims**  
Guest Writer

Myspace, Grandmas, the Amish, Ben Franklin, and pop singers - no subject was safe when Johnny Cardinale took the stage on Friday, Nov. 3 in Price Auditorium.

Cardinale, a veteran of the comic circuit, has toured with the ever popular Pauly Shore and has worked with improv groups based out of Los Angeles. He is also a regular at the Comedy Store, a comedy club owned by Pauly Shore's mother, Mitzi Shore.

"It was wild touring with Pauly Shore. There were 1500 people at each show and 75 percent of them were women," said Cardinale. "They would talk sweet to me after the show telling me how hilarious I am, and then they'd hit me with 'Hey, can you take me to see Pauly?'"

Cardinale, who was an accounting major in college, dropped everything to move out to California and pursue his dream of being a comedian.

"I was watching a talk show and I saw a comedian performing," said Cardinale.

"I remember thinking to myself, 'I can be funnier than this guy.' So, at that moment I made the decision to pursue comedy."

Cardinale's routine is best described as half musical and half comedy. It was when he picked up his guitar that he received the most laughs, though.

It was just like a comedy special on television from the stage to the spotlights to a hilarious comedian and even to the hecklers in the back of the audience. What does a comedian say to a group that is heckling him?

"Oh no, they have their hoods on inside, man they mean business!" said Cardinale, in what was probably the single funniest line of the night.

"It was a good night all around," said HAC Assistant Coordinator, Jean Fulmer. "We had a great turnout; we usually do for comedy nights."

This reviewer highly recommends checking out the next comedians who come to Lock Haven, especially if they are as funny as Johnny Cardinale.

### Upcoming HAC Events

November 10 (7:00 p.m. Price Auditorium) - True Life Dare Devil Harry Newman & Mind Freak Banachek

November 17 (7:00 p.m. Price Auditorium) - HAC Big Screen Movie: Accepted

November 18 (7:00 p.m. Price Auditorium) - HAC Big Screen Movie: Idlewild

### From Eyewear, B8

Freshman Travis Fedshun states that he picked his eyeglasses based on the shape and how they feel positioned on his face.

As eyeglasses are coming back into style, some people admit to finding others more attractive when they wear specs. This idea is called 'specs appeal.'

"Specs appeal is when guys find girls more attractive when they wear glasses," said Fedshun.

Besides the idea that glasses are becoming fashionable again or that they may make one look more sophisticated, 'specs appeal' may also be related to why some students choose to wear glasses even when they don't need corrective lenses.

"Why would you wear fake eyeglasses in the first place? Through our society's history, those who wear glasses have often been portrayed as either nerds or geeks, never sex-gods, an unfortunate stereotype that makes children believe that they are less than they should be if they need glasses," said sophomore

Jamie Wilson. "I don't see how wearing fake glasses could help you attract others with such a stereotype in place. Also, by wearing fake glasses, you are lying to whoever you are trying to attract, and a relationship cannot start with a lie."

However, others disagree with Wilson.

"I think some people look nice when they wear glasses, and if they feel they look better with them, then they should feel free to add them to their wardrobe. Basically, I'm okay with it," said sophomore Andrew Wilson.



# HAVEN LIFE

## Open Mic Night shows lyrical talent

Adam Roberts  
Guest Writer

Lyrical Speaking, LHU's newly formed spoken word poetry group, awed a standing room only crowd in Bentley's Java City with their first Open Mic Night last Thursday.

Students poured into the small space in front of Java City nearly a half hour before the night of poetry was set to begin. The eager fans spilled over to the hallway, where many watched the show standing shoulder to shoulder.

Dr. Laurie Cannady, the faculty advisor of Lyrical Speaking, was extremely pleased with the turnout of the event but disappointed with the limited space.

"I hated the fact that many

people had to stand up and watch the performances," said Cannady.

The event was originally scheduled to be held in the PUB, but in the interest of keeping the date, it was moved to the location in Bentley.

The show was emceed by Cynthia Ward, the assistant to the Dean of Library and Information Services.

"I know you all came out to be intellectually challenged and spiritually enlightened," said Ward at the opening of the show, and that is certainly what the people received. The night, which featured 19 members of Lyrical Speaking and a few poets who are not group members, was filled with a variety of original poetry.

The band Realix, made up of Lock Haven student's Mike Rinard, Felix Noy and Chris Wazynski, kicked off the night with two songs they had written, even though they traditionally play cover songs. The Vice President of Lyrical Speaking, Moshe Jenkins, joined Realix for the song entitled "Prison."

"The song Prison was already written by Realix; I was asked to collaborate," said Jenkins. "My verse was written a few

days prior to the performance."

Jenkins rapped to Realix's two acoustic guitars and a Djembe drum in between the Rinard's verses. The musical venture was extremely unique and welcomed with the full support of the listeners.

"I've known a few members of Realix from previous years at Lock Haven, but that was the first time we did music together," said Jenkins. "I look forward to doing more with them. They are amazing."

Cannady agreed.

"I loved the point when Realix, Charles Mickens, and Moshe Jenkins freestyled together," said Cannady. "That was a pleasant surprise!"

The freestyle, Mickens' first, featured him performing a spoken poem he created on the spot. It also featured Jenkins rapping. Both poets were accompanied by Realix.

"The entire showcase had me on the edge of my seat. I couldn't even begin to pick out highlights," said Jenkins. "The show was too extreme."

The style of delivery and the poetry topics of the night were as diverse as the poets themselves. There were poems about death, family and struggle, and the poets ranged from angry to overjoyed to intense and soft-spoken. Sometimes poets incorporated several styles of delivery in one poem.

Sade Graves performed two of the night's biggest crowd pleasers. Her first

poem called "Moment" chronicled the death of her uncle. Graves brought her listeners through an intensely emotional journey, from him being killed to her speaking with him. Graves later performed a poem called "Story of Our Family Tree" with Mitch Floyd and then delivered another hard hitting poem about her family. After her verses, Floyd sang a capella, giving the performance terrific diversity. The duo received a standing ovation.

Another performer who

Lyrical Speaking's members even looked back in history for inspiration. Member Aja Mack performed a poem entitled, "I too have a dream." Mack had written the poem when she was a junior in high school after a friend's death. "I too have a dream" was an intense tribute that critiqued the state of society in general. Mack received uproarious applause after her performance.

According to Cannady, some of the night's performers were frightened to share

valid!"

The Open Mic Night concluded in just over two hours when Mickens thanked everyone for attending and invited "anyone who is serious about their craft" to join Lyrical Speaking. Their meetings are held every Tuesday at 5 p.m. in Raub 407.

The next Lyrical Speaking event will be held Dec. 7 at 7:30 p.m. and will feature a Def Poet from the HBO series Russell Simmons' Presents Def



Alana Beightol / Eagle Eye

Performing in front of peers seemed an easy task for most.



The large audience that gathered at Java City sits relishing the various talents that Lock Haven students had to offer.

delivered deep, meaningful poetry was Ashley Deshields. In her poem entitled "My Other Half," Deshields shared the battle between what she called the 'little girl' and the 'young woman.' The two sides fought over Deshields' absent father. The 'little girl' wanted her father while the 'young woman' had moved on.

their work with the audience.

"Poets Tiffany Perles, Amanda Sportelli, Stephon James, and Rebecca Shorter made me so proud," said Cannady. "These poets were nervous beyond belief, but they stood up and shared their words and their lives with everyone! That is what this group is about! Everyone has a voice and every voice is

Poetry Jam. Cannady is confident that the next show will be even better than the first.

"One thing that I can promise you is that it will be even better than our first performance," said Cannady. "The group is continually writing and revising our poetry. We plan to hone our skills for the next performance."

## 'Four eyes' no longer label just for 'geeks'

Erin Hipple  
Editor at Large

According to the Vision Council of America (VCA), it is estimated that 65 million Americans wear some sort of corrective lenses, whether it be eyeglasses or contacts. While in the late 1990's many people preferred contact lenses, today many people are reverting back to the traditional "four eyes."

"Sometimes contacts hurt

my eyes. That's why I choose to wear glasses. I'm always picking out different colored frames and right now they are black with zebra stripes on the inside," said freshman LisaMarie Roberto.

Others like Roberto choose not to wear contact lenses for the same reasons.

"I have never worn contacts before. I choose not to because I find it easier to just put on glasses rather than putting contacts into my eyes," said freshman Lynn

Passarella.

Sophomore Erin Branch agrees that she doesn't wear contacts because they dry out her eyes and cause irritation.

While there are only a few select types of contact lenses, there are thousands of choices when it comes to eyeglasses. Before choosing a pair, one must first consider color, frame shape, frame size, cost and overall look of the glasses.

In order to choose the perfect fit of eyeglasses, the VCA suggests a few simple rules to

follow.

~Start by determining the shape of your face. Seven choices include round, oval, square, diamond, oblong, base-up triangle and base-down triangle. In order to do this, stand in front of a mirror with all hair pulled away from the face and trace the face's outline onto the mirror with an eye-pencil or lipstick. The basic shape should resemble one of the above.

~Next, you must establish your skin tone's color, because the same color skin tone and eyeglasses will complement each other. While 60 percent of Americans have a cool, blue complexion, others have a warm, yellow complexion. A cool complexion is one with pink or blue undertones, while the warmer complexion is made of peach, yellow or orange colors. An olive skin

tone is considered to be cool.

~Lastly, you must also determine which category your hair color falls into: cool or warm. The same procedure as mentioned above can be used to verify "hair complexion."

After following these steps, it is now time to pick the eyeglass's shape. The All About Vision website has a listing of perfect eyeglasses for each face's shape.

For example, a round face would look best with angular, narrow glasses to help lengthen the face shape. An oval face should choose glasses that are as wide as the broadest part of the face in order to keep the natural shape of the face in tact. For an oblong face, one should try glasses with a low bridge to help shorten the length of the face. Frames that are heavily

accented with color should be chosen by a person with a base-down triangular face, while very light colored frames should be chosen by a person with a base-up triangular face.

If your face is diamond-shaped, rimless glasses may be the way to go, or even a pair of "cat-like" eyeglasses. And lastly, if your face is square, narrow ovals may look best to help soften the edges of the squared face.

Roberto has actually tried the suggestions given above.

"I always get glasses that are angled at the corners. When they point outward at the ends, it helps to better accentuate the round shape of my face," said Roberto.

See Eyewear, B7

## Picture of the Week



Photo Courtesy of Danielle Tepper

## College-made turkey day A-OK

Ashley Griffin  
Guest Writer

As the trees become bare and Halloween comes and goes, everyone begins looking forward to Thanksgiving. It is a holiday that allows you to sit down with your family and eat until they have to roll you out of the room. It is the first big break you get from college. It is the first time everyone gets kicked out of the dorms.

However, we don't have to wait to celebrate Thanksgiving. Every once in a while you can see a 'Happy Thanksgiving' sign hanging in the dorms, but is that all we can do to get into the Thanksgiving spirit?

No, but it is a good start.

Decorating is a great way to get into the holiday spirit, and a great way to add a little color to the dorm room walls. You can go as crazy as you want by hanging up paper turkeys on your doors, making signs that say 'Happy



Photo Courtesy of Google Images

Thanksgiving dinner no longer has to be intimidating to college students. Taking the time to learn a recipe isn't as hard as it seems.

Thanksgiving' or by using those leftover Halloween decorations that have pumpkins on them. Why let those decorations go to waste? Making your surroundings festive is a great way to get psyched for the holidays.

Another great way to get into the holiday spirit is to have a dinner with your friends before everyone leaves

for the break. It could be a simple dinner that involves quick and easy recipes or more elaborate recipes that take time. Be bold. Be daring. Cooking and baking is always a fun time when with friends.

See Dinner, B6