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# Class registration begins for spring '08

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Scheduling for the spring 2008 semester has begun. This can be a stressful time for students but there are ways to make it a little easier,

starting with knowing how to schedule.

Before students are able to schedule their classes an appointment needs to be made with their advisor. Advisors need to approve each advisee's class choices before registration. A student's best resource for questions about classes

and majors is their academic advisor.

"There is no substitute for meeting with your advisor prior to registration," said Dr. Leonard Long, chair and associate professor of the recreation management department, "They know the academic program as well as anyone and generally have histor-

ically dealt with any concern a student might have".

After meeting with their advisors and getting cleared students can schedule their classes when their time comes. Students are divided into groups according to earned credits. Those with the most credits, in

descending order, have registration priority and each group has a specific beginning date and time.

Students can find out their scheduling time at the LHUP website by clicking on students under advising. Students need to know their ID number and pin to access the information.

Upon entering the system students should have their proposed class schedule and alternate classes ready. Once the option is set to spring 2008 the site will indicate the date and time a student is scheduled to begin registration.

See, Classes, A2



**A spooky Senate holds meeting in costume on Halloween night. The SCC advisors voted for who they thought had some of the best costumes of the evening. The evening's Overall Best Costume award was split between Willis Baney, Alyssa Hoover and Travis Nosko - the trio represented Gilligan's Island characters. For more on what was covered during the meeting, see A2.**

## Halloween blood drive far exceeds goal, will save 537

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The need for blood is always an important one, but LHU is doing its part with a successful blood drive on Oct. 31 and an award from the American Red Cross.

In early September Wendy Walsh, RHA advisor and blood drive coordinator, received notice that LHU had won the Outstanding Sponsor of the Year award. The plaque and trophy is awarded annually to the best donation site in the northeastern Pa. (NEPA)

region.

"Entries are submitted by the account managers based on their territory and sponsors they work with," said Susan Ricker, American Red Cross account manager for the NEPA region. "This award is presented one time per year by the NEPA Regional Blood Center Board of Directors."

The award recognizes the dedication put forth by Walsh, Red Cross and student volunteers as well as the donors who truly make the drives successful.

"People who help are great but in the end it is about blood and that is what we need," said Walsh.

The Halloween blood drive, which was held in the PUB only added to Lock Haven's reputation of sponsoring outstanding events.

"Halloween is always a fun time to do PR," said Walsh.

As with the other drives at LHU each donor was given a free t-shirt. To go with the Halloween theme donors were given a shirt that featured Frankenstein and said, "listen to Frankie. Give Blood."

The advertisements for the drive also included spooky characters. A vampire was on many of the posters for the blood drive with the slogan, "We want

your blood.

For each drive the Red Cross along with Walsh and her chairperson set a goal of how many pints of blood the drive will bring in.

"The goals are mutually set ones. The center has to decide how many people will be there to help and then we think given past history, groups that are sponsoring and time of the year how much we can give," said Walsh.

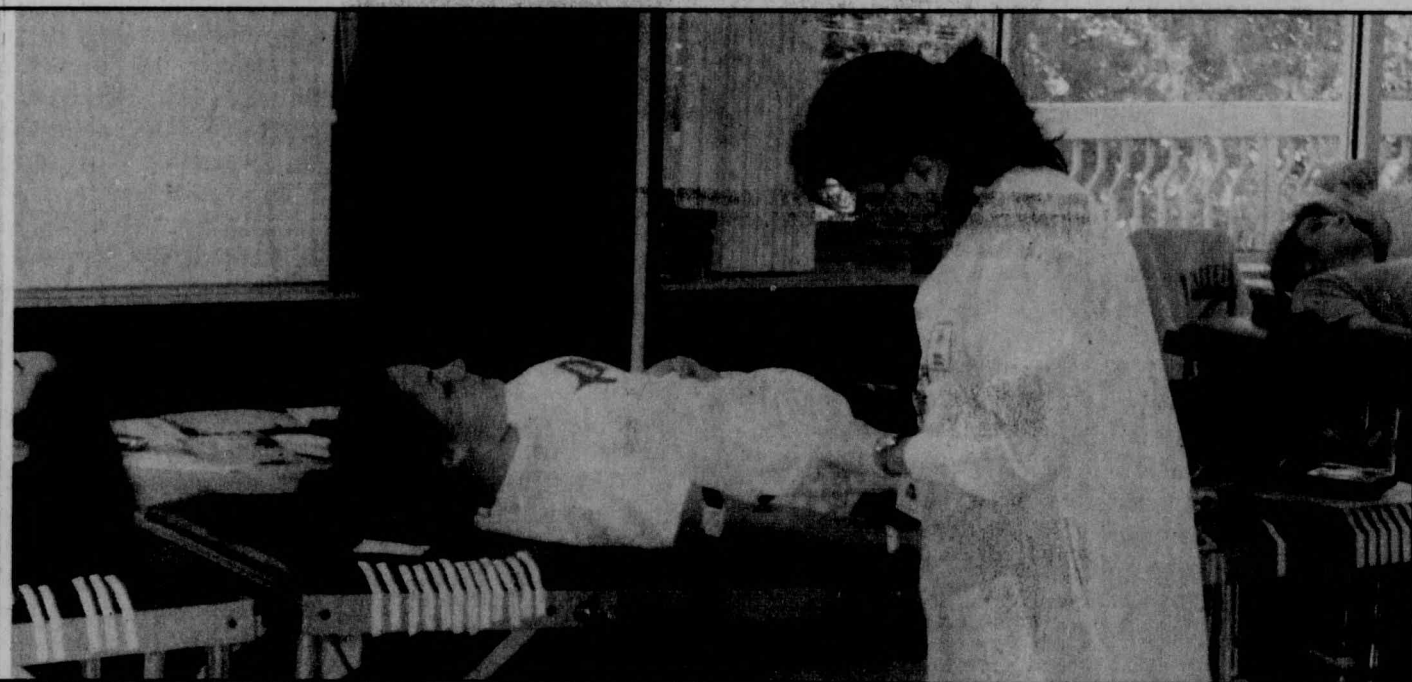
The goal for this drive was set at 130 pints of blood. Walsh points out that an average of 30 people are deferred based on history, iron count and body temperature so it is important to attract at least that many people over the goal.

That was no problem for this drive as 215 people attempted to donate. As expected 35 people were deferred leaving 179 pints from productive donors.

According to Ricker 537 lives were saved from the blood collected at this drive alone.

Though Walsh knows donors play the most important role in any blood drive the volunteers from the university and community helped to far exceed the original goal.

See, Blood, A4



A student waits to donate blood on Halloween. The blood drive collected 179 pints of blood.

Jamie MacDonald / Eagle Eye

## Village Cafe of Woolrich reopens with celebration

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The ten, wooden tables are bustling with customers, bells are chiming to let the servers know their orders are ready, the cash register rings up another sale. Forks are shoveling in crispy bacon, a western omelet, hot turkey and gravy.

Another day at the Village Café restaurant of Woolrich, located adjacent to the Woolrich Company Store. But something, or someone, is different.

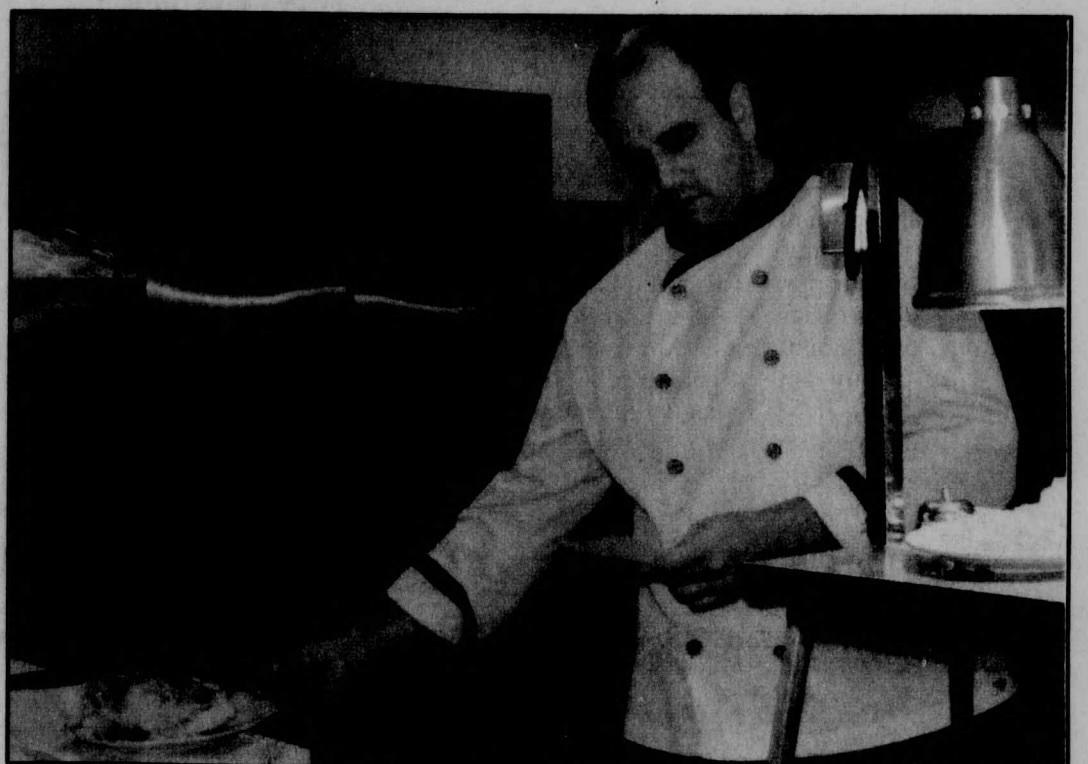
After being closed for six months, Tom Ludwig and Amy Yocum of Lock Haven have leased the restaurant and opened it for business once again.

The 1200 sq. foot café which can hold 45 customers serves breakfast and lunch seven days a week, from 7 a.m. until 3 p.m.

In addition to the breakfast and lunch options, the café also features homemade soup, fresh-dough pizzas, hard-serve ice cream, fresh sticky buns, homemade muffins and pies, a cappuccino machine, home-style meals on Sunday and raspberry bread.

"You can pre-order the raspberry bread in loaves if you want," said Ludwig. "Or for dessert we'll grill it and top it with chocolate ice cream."

See, Cafe, A2



Tom Ludwig prepares an order at the Village Cafe, now open in Woolrich.

Erin Hipple / Eagle Eye

# GSA attends conference at U of Vt.

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In the last week of October, students from across the country gathered at the University of Vermont for the fifth annual Translating Identity Conference (TIC).

The conference is organized by the university's Gay, Lesbian, Bisexual, and Transgender Alliance and is entirely directed by those students. According to the TIC website, "this conference seeks to translate gender identity to both the queer community and its allies."

Members of Lock Haven's own Gay Straight Alliance (GSA) attended the conference and were able to learn more about the transgender community and gender issues.

"The Transgender Identity Conference was a huge learning environment as well as a safe place for transgenders to come and share their expe-

riences with their transformation and meet others go through the same thing as them," said Kelly Heimbach, secretary of GSA.

Students were able to attend a variety of programs. Different session topics varied from a basic

introduction session, talking about the relationship between the transgender individual and their therapist, and even one on the experiences and feelings parents may have.

The conference was also filled with lots of speakers and first-hand

experiences. Midge Potts, one of the speakers at the conference, is a transgender peace activist that only began living as a female in 2003. Potts ran for congress to represent the southwestern district of Missouri in 2006, gaining only seven percent of

the votes.

There was another session titled "Trans Youth Speak."

"This contained a panel of individuals with different gender identities. Some had started to take the hormones to begin the transformation, while others were technically still their original gender (female) but dressed in male clothes and identified themselves as male," said Heimbach.

"It opened my eyes to what personal issues individuals go through when determining what their true gender identity really is," Heimbach said.

Kate Bornstein, another speaker at the conference, is a transgender author, playwright, performance artist and gender theorist, who had sex reassignment surgery in 1986.

"She was an incredible motivational speaker, you know the kind that makes you just want to stand up and riot," said Danielle Lindquist, vice president of GSA.

Lindquist also explained that a major and important issue presented at the conference was that of equal rights, and not just for the transgender community, but for everyone.

"In this day and age we are so far behind where we should be with acceptance. People still just do not get it," said Lindquist.

Heimbach feels that through the conference the community is trying to get others who do not associate themselves with transgender to learn and understand more about it through experience and education.

"My favorite part of the conference was talking with some of the youth about their experience and what all challenges they have faced in life. It really opened up my eyes to get an insight on what they all go through. It gave me a better understanding of what it means for someone to be transgender," said Heimbach.



Photo Courtesy of Alice Alexandrescu

**Members of GSA pose for a photo at the Translating Identity Conference (TIC) at the University of Vermont. From left President Jess Shafer, Vice President Danielle Lindquist, Trans Info. Liaison Alice Alexandrescu, TIC speaker Kate Bornstein, Treasurer Sam Williams and Secretary Kelly Heimbach.**

## From Classes, A1

If students discover there is a hold on their account they are advised to contact the appropriate office to resolve the problem. Students with holds on their accounts are not permitted to schedule.

All registration activities are done using web registration. When registering for a class one needs to know the catalog and section number associated with each section from the preliminary master schedule of classes on the LHUP website.

Registration can also

be found by clicking Registrar/Registration on the homepage, then Registration Information, and then Registration for Students.

It is important that students schedule their classes as soon as possible to have a better chance at getting into the classes they want.

Classes can be added or dropped anytime after the registration period begins.

"The most difficult part of scheduling is to find the classes students need to meet requirements for their academic program and then make certain all other activities do not interfere with class

and study time," said Dr. Linda Koch, Vice President of Student Affairs.

According to Long, having a blend of general education classes and major classes is important for each semester. "Most programs have a webpage that indicates courses required and even possible sequencing of class selections," said Long.

A guide to scheduling classes, general education requirements, and answers to frequently asked questions can be found on the LHUP website by clicking on registrar/registration.

## Koch approaches SCC Senate about cell phone notification system

**Sarah Wojcik**  
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A strange array of characters occupied the seats of the SCC Senate during last Wednesday's meeting on Halloween, as the members came wearing costumes ranging from MRSa to boxed wine.

Though the spirit of this Senate is demonstrably strong, little has come their way so far this year.

During last week's session, Dr. Linda Koch, vice president of student affairs, elaborated on the implementation of an emergency notification system on campus.

Once the system is functional, Koch said she would email students, giving them the option to enter their cell phone numbers into a system

that would alert them should an emergency occur on campus.

"I am hopeful that we get it up and running by the end of the semester," said Koch, stressing that the system is "voluntary" for participation though highly recommended.

The cell phone system won't be the only emergency notification method employed, according to Koch.

"It's only one of the ways we have to get in touch with you," said Koch.

Another technique mentioned was the possible use of LED signs announcing pertinent messages for the day as well as any emergency notices.

Also during the evening, Cody Bliss represented the Scuba Diving

Club and received a unanimous approval for his organization.

"A lot of people who get involved don't realize what their getting into," Bliss explained while representing the club. "They become more trustful, more responsible, and more aware of conservation than they had been before."

Ben Green, SCC food service chair, also spoke up on Wednesday with news about the meetings between his food service committee and Aramark.

Recycling bins may be making an appearance in the near future, according to Green as well as the possibilities of clocks in the dining rooms of lower Bentley.

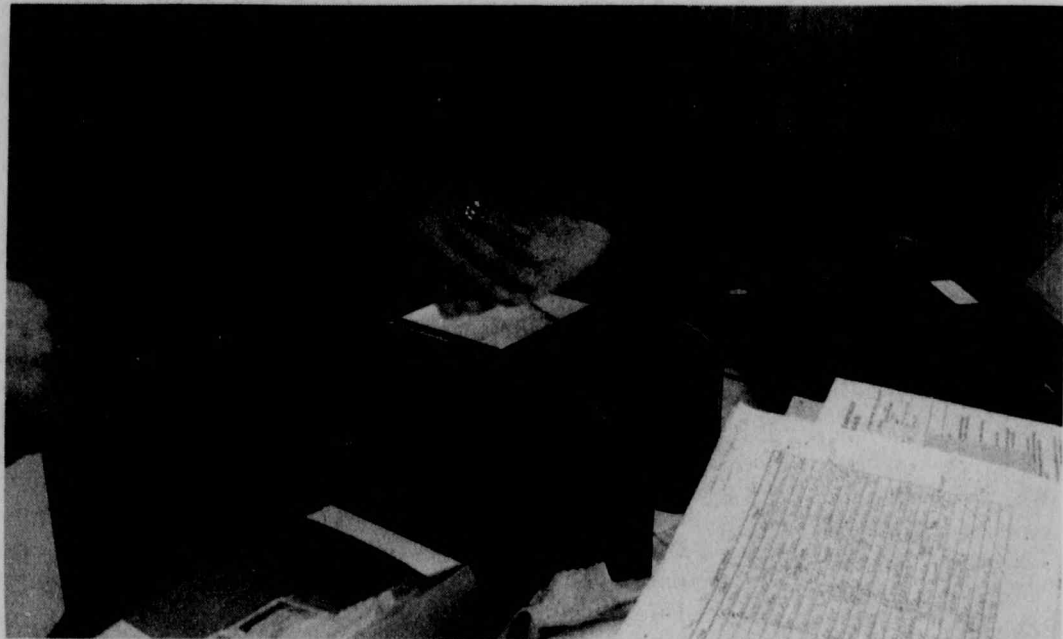
Quiznos' hours were also discussed, though Green said it was unlikely that any actual extension would come into being.

"We discussed extending the hours, which wouldn't be a problem if the business warranted it," said Green. "As of now, it's not really economical."

Green also announced the formation of a Sustainability Group on campus that he would like to see work to make LHU a little greener.

"It's about educating people in reducing the school's bio footprint," said Green.

The group's first meeting is scheduled for Nov. 11. Green can be reached for further details at bgreen@lhup.edu.



Lauren Lamas / Eagle Eye

**A student scans her finger in the Public Safety office on the LiveScan device.**

## Education students receive FBI clearances to teach

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Students in need of FBI fingerprinting clearances had the opportunity last week to do so.

After registering at [www.pa.cogentid.com](http://www.pa.cogentid.com), students could go to the university's Public Safety office, which housed a device called LiveScan.

The fingerprinting is just one of the requirements needed for LHU students majoring in education. According to Public School Code, any occupation that deals with children requires a criminal background check, Act 34; a child abuse clearance, Act 33; the FBI criminal record and current TB Test results.

Education majors begin all of these checks their freshman year and all results are recorded in the Office of Student Teaching and Field Experience.

"The Pennsylvania Department of Education will not allow our students to have any contact with school students without these current legal documents," said Patricia Cozzi, secretary for the Student Teaching and Clearances Educational Partnership.

Students were expected to pay a \$40 fee online after making an appointment to get the finger-

printing done. At their appointed time students needed a valid driver's license and the registration number that they had received from PA Cogent online.

The actual process takes no more than 15 minutes and is generally easy to operate, which was the general consensus among the Public Safety Office staff that operated the LiveScan.

"While working with kids, you can never be too careful. This process is very necessary in my opinion," said Rich Morvin, sophomore secondary education social studies major.

With today's technology, the computer proves to be faster in identifying criminals instead of using ink prints on paper.

"The fingerprints, along with identifying information listed on the request for LiveScan service form are searched in the data files for matches that reveal whether there is criminal history on record for that individual, which in turn is used for identification, employment and licensing purposes. Another plus to Live Scan is that is quick and easy to administer," said Paul J. Altieri, director of Lock Haven University Public Safety.

The student's scanned fingerprints are sent to the Pennsylvania State Police, they will then submit the prints and the

applicant's demographic information to the FBI.

Federal law that was amended and effective as of April 1, 2007, according to Cogent's website, requires this process.

"It takes approximately 4 to 8 weeks to get the FBI record clearance back, depending on the volume of requests they are processing," said Cozzi.

Once students receive the clearance results, they are expected to bring the paperwork to the Robinson Learning Center, room 613, so that they can be verified and recorded.

Students are advised to wait until they have received all of the necessary clearances and have them all recorded at one time.

The criminal background check and the child abuse clearance are only good for one year and need to be renewed annually.

Summer would be the best time for students to have their clearances renewed, so that they are ready for the upcoming semester.

"Most of our LHU students are very good about fulfilling the state requirements regarding updating their clearances because their goal is to become teachers and they know these clearances are meant to protect the students they hope to teach in the future," said Cozzi.



Sarah Wojcik / Eagle Eye

**Daniel Blackmoore, Keith Haller and Willie Baney pose in their Halloween costumes during Wednesday's SCC meeting.**

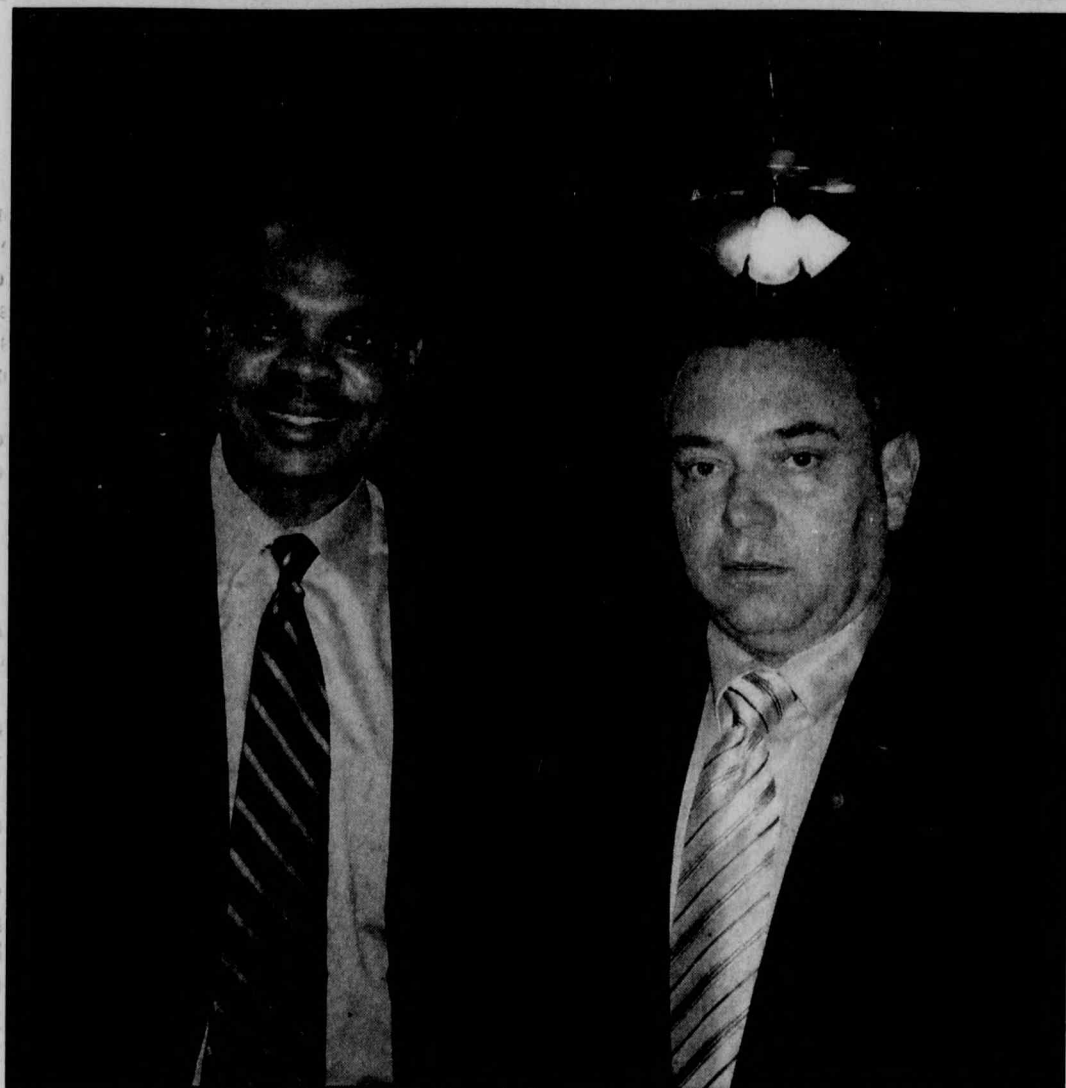


Photo Courtesy of Eduardo Valerio

President Keith Miller stands with Terry Murty at Aungst Restaurant where a recent meeting was held between Murty and Phi Delta Kappa.

## Principal shares experiences, opinions with Phi Delta Kappa

Eduardo Valerio  
For The Eagle Eye

Last Tuesday evening, Principal Terry Murty of Woodward and Dickey Elementary Schools, addressed members of the Lock Haven Chapter of Phi Delta Kappa at the Aungst Restaurant in Mill Hall, hosted by Phi Delta Kappa of LHU, in hopes of offering real-life insight to those attending.

Murty shared how he came to serve as principal for Woodward Elementary and Dickey Elementary Schools in Lock Haven. He is a graduate of Lock Haven University and has a long history with the community serving in schools as a teacher and assistant principal before accepting his current position.

Murty discussed the commitment to education and growing the knowledge of children in these schools. He talked about recent research that indicates the importance of assisting children very early on in regard to educational needs. He outlined several ways in which teachers, specialists and parents are working together to address specific needs.

One very beneficial program involves teacher training at Lock Haven University.

Murty explained how it was discovered that university students who were being trained to teach could assist the elementary schools by participating in programs designed to target specific needs. A partnership has been formed that is very effective and does not cost taxpayer dollars while providing excellent benefits both to elementary students and teacher trainees who are gaining invaluable experience they will take with them into their own classrooms.

Murty cited a beneficial relationship that Dr. Steven Rush and Dr. Sally Lima have established with elementary schools—especially Dickey Elementary School—from a beginning interest in a “test program” and then to development of a full-

fledged consistent participation in the schools.

This mutually beneficial relationship has translated into sound recommendations from employment for candidates who participate resulting in hiring.

Murty stated he would not hesitate to fill positions in the district with these candidates when openings are presented. Due to their familiarity in working in these schools on a consistent basis, he believes the candidates are miles ahead of the standard pre-service teacher. They have experience equivalent to candidates with full internships behind them.

Murty discussed other aspects of elementary education in the schools: literacy, individualization of services, how parents and specialists serve in specific ways that benefit education in the classroom. He highly praised the classroom teachers and their dedication to education—their professional commitment. He also praised the nurses Mrs. Cowger and Mrs. Sorgen and cited how their role in the school has increased over the years.

Fine arts were mentioned and Principal Murty discussed how Mr. Craig Brady works with teachers to create projects in which art expresses or enhances classroom topics. Music is also used in this way—studying the meter of poetry.

The new generation of educators seeks to integrate and interweave curricular goals throughout school day rather than strictly separating topics into time segments. This allows students more time to consider key aspects and produces stronger learning skills.

Rick Lilla of the audience asked how the education in our area compares to other locations such as State College, where it is generally perceived that education is of a higher caliber.

Murty discussed key factors that are considered in performance of a school. One of the strengths that Keystone Central schools offer is the family-centered aspect. There is high parental involvement and

a more intimate feel oftentimes that schools in the larger areas are not able to accomplish with high security and strict rules.

He noted that ironically teachers in schools with lower achievement ratings may frequently represent a higher caliber of teacher, because they know how to use effective strategies that teachers in classrooms with less challenges may not. In every setting there are specific challenges to meet. He also noted that it is likely that graduates of Lock Haven University will be serving in schools in both areas. Candidates who received their training in the same place, serve in a variety of districts in our area.

A number of other topics were discussed: No Child Left Behind and when or whether it would be extended or modified. Murty said that it was very likely to be extended. He believes it may be modified in how it is applied in order to benefit schools and students using interpretations that are more fair and just to students with documented special circumstances.

He also stated that this legislation, while unpopular in some circles, had served to raise the bar in regard to educational expectations, which has resulted in greater achievement on the part of students.

He also believes that the modification or extension of No Child Left Behind may be put off a little farther in the future and dependent upon the interpretation of new leadership that is elected to office.

Murty also highlighted how diversity is introduced into elementary classrooms in response to a question by Dr. Andrew Jackson who is the Regional Director for Phi Delta Kappa and frequently attends our meetings. Dr. Keith Miller, president of Lock Haven University, exchanged information with Jackson in regard to the possibility of a diversity presentation for LHU. Jackson was recently awarded high honors and sponsorship for his work in this area.

## New addition to safety: text message alerts

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In case of emergency, students will soon be able to receive texts on their phones with information telling them what to do.

The university's Public Safety has recently joined the more than 250 colleges and universities around the country that have already signed on with the e2campus program.

According to a recent USA Today article by Verena Dobnik and Ryan J. Foley of the Associated Press, text-messaging services in time of crisis on our nation's campuses are becoming more popular.

Most students have cell phones and this seems like an easy way to reach and inform students.

Lock Haven recently signed on with the e2campus program, sponsored by Omnilert, a company based in Leesburg, Va.

Within the next week or two, LHU students will find a link on the main website that will help them enter in their cell-phone information in

order to receive the alerts in case of emergency on campus.

LHU currently follows a specific emergency operation plan and is part of the National Incident Management System (NIMS). NIMS developed so responders from different jurisdictions can work together to better respond to emergencies. Annual drills are a part of this plan.

“It makes me feel better that something like this is offered and it is great that we will be alerted faster in an emergency. This may cause less panic and the situation will be able to be dealt with in a safer way,” said Jennifer Bryan, junior elementary education major.

Currently, alerts are sent via staff and student's e-mails, the university's webpage, radio, television and contacting resident directors and resident assistants in case of an emergency.

LHU is looking into alternative faster methods of reaching students. “We recently met with President Miller and discussed several options available to us to reach

students in time of crisis,” said Paul Alteiri, Director of LHU Public Safety Department.

Some of the options discussed included: voice-over phones with which, all phones will ring on campus with an emergency message, digital clocks with scrolling messages alerting student with what to do and a blank web page with a phone contact number for emergency information.

With the new e2campus program on campus, students will be able to enter their phone number and their cell phone carrier onto the website. If an emergency happens, these students will receive an immediate message.

“More parents are willing to take the time to enter this information than the students are. Parents are concerned about their children while away at school,” said Alteiri.

Students will be informed as soon as possible of their option to enter in their phone information on the website in case of emergency.

### From, Cafe, A1

But Ludwig and Yocum have not forgotten the breakfast pizza that previous owner Arlene Fischer made famous and customers have been craving.

“We're bringing this item back,” said Ludwig with a smile. “It's bacon, sausage, ham and egg on fresh dough with cheese. You can order a slice or the whole pie.”

Dining in is not the only way to enjoy the café either; takeout is available as well. Ludwig and Yocum have also purchased five barstools and a new countertop for those who are enchanted by the action of the kitchen.

And the customers are as diverse as the food choices.

“We serve business people, community members, families from around the area and out of town, employees of the Woolrich Company Store, every-

one,” said Ludwig.

And Yocum agreed one of the first things that attracted her to the café was the more close-knit atmosphere.

“We have six employees,” said Yocum. “Three kitchen-staff and three wait-staff. And Tom and I have been here almost every day since we've opened.”

And a regular customer base is forming quickly at the café.

“My parents are here almost every morning for breakfast,” said Ludwig laughing, referring to Bob and Carol Ludwig.

But Ludwig and Yocum are no strangers to the restaurant business, either. In fact, they have owned and operated the Dutch Haven Restaurant in Lock Haven for 11 years.

“I've been in the restaurant business for over 20 years and Amy has been my business partner at the Dutch

Haven for six years,” said Ludwig.

And Yocum agreed that the two were up to the challenge of managing another restaurant.

“It's a small, daily operation featuring breakfast and lunch, which is something new to us. We're very excited,” she said.

Ludwig and Yocum are planning a grand-opening celebration Friday, Saturday and Sunday Nov. 9 through 11.

Food samples and special drawings will kick-start the event and everyone from the community are invited.

“The café is definitely meeting our expectations so far,” said Ludwig. “Now we're just trying to get the word out that it's open and we're here.”

For more information, the café can be reached at 769-1940. Gift certificates are also available and can be used at the café as well as the Dutch Haven Restaurant.

## Behavior-based interviews becoming commonplace

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numbers are increasing at a constant pace.

So what is a behavior-based interview?

It is a method based on the premise that an applicant's past behavior will predict how he

or she will respond in similar situations in the future. The CareerJournal articles states that “it assesses and focuses on what candidates have done in the past, not what they say they might do in the future.”

Although you will still be asked basic questions throughout the interview; questions like “Tell me about yourself” will be substituted by questions such as “Give me an example of a time when you had to be quick in coming to a decision.”

Companies that employ this technique have predetermined what specific skills they are searching for. These could be decision making, problem solving, motivation, communication, leadership, team building, etc.

As we begin our job search, whether it is temporary or permanent, interviews are something none of us can avoid.

We all know to go into the interview ready to talk about our strengths and weaknesses along with the reasons as to why we want the job. However, what most of us don't know is that we are most likely preparing for the wrong interviewing technique.

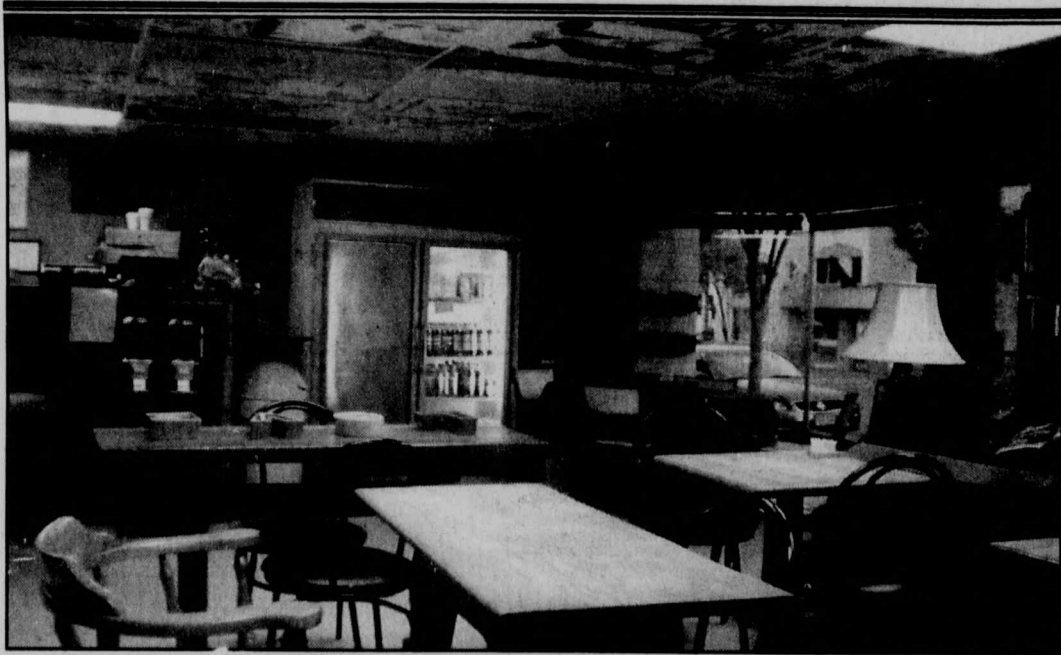
Interviews in which you talk about yourself and your general skills are known as traditional interviews. Although these are still commonly used, behavioral interviews are replacing them at a hasty rate.

According to an article on the CareerJournal website, consultants estimate that at least one-fourth of interviewers are using this approach, and the

It is up to you to demonstrate that you have those skills by sharing and explaining a specific and highly detailed experience in which you had to exercise such skills. The best way to do so is by framing your situation in a three step process: 1. Situation or task, 2. Action, 3.Result or outcome.

The advantage of preparing for a behavioral interview is that you will be better prepared even for a traditional interview. Employers will always want detailed and specific situations. After all, “actions speak louder than words.”

If you would like information on how to best prepare for a behavior-based interview please visit the Lock Haven University's Career Services office in Akeley 114, or contact us at (570) 484-2181.



Travis Feschun / Eagle Eye

## Java Therapy now under new ownership

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The coffee shop, formerly Java Therapy on East Main Street in Lock Haven, is now under new ownership with a new name.

The shop is now known as Caffeine Nation and is located in its familiar spot by the LHU trolley stop in downtown Lock Haven.

The new owners, Jim and Emily Seaman, 2005 graduates of Slippery Rock University, became owners of the shop on Oct. 20. Emily is a native of Flemington, so the couple wanted to bring something new to the area.

"What makes us different is that we are a coffee shop that could choose to be anywhere, but chooses Lock Haven," said Jim.

The shop offers plentiful seating areas at couches and tables and also has wireless internet.

The most popular drinks according to the owners are mochas, caramel

apple ciders, hot chocolates, and candy bar lattes.

Java Therapy was known for the ceiling that is composed of painted ceiling tiles. Each tile has something different painted on it that was done by members from the community and even some Lock Haven University students, but in light of the new ownership, these tiles will be sold off in a charity auction. The proceeds from this auction will go to the American Cancer Society.

"We wanted to reinvent the coffee shop, brighten it up, and make it feel more comfortable," said Emily.

On Friday and Saturday evenings there are open mic nights that take place where local artists can come and play their music in the quiet setting of the coffee shop. These take place between 8 p.m. and 10 p.m.

There are also game nights that take place Wednesdays when the shop is open until 10 p.m. These game nights allow

customers to play board games. The owners hope that eventually they can set up tournaments that could yield coupons as prizes.

Caffeine Nation joins the crowded market in Lock Haven that Dunkin' Donuts and Starbucks have also recently entered. The personal ownership of the shop is what makes Caffeine Nation unique.

"We are more relaxed, have more actual food, and are less expensive than Starbucks," said Jim, "We are more comfortable and have more variety than Dunkin' Donuts. Compared to both we have a better quality product, and we use all local ingredients, which the others can not say."

As for special discounts Lock Haven University students, the owners say at the moment they are still in the process of changing the store out of the Java Therapy décor into the new Caffeine Nation setting.

## Career Services Corner

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Believe it or not, athletes develop many qualities playing sports that can be used to build a resume.

According to Competitive Resources Group (CRG), stereotyping athletes is very common among employers. To prove the opposite, CRG developed a system of making athletes as marketable as the other college students.

CRG lists 25 "traits of an athlete" that relate to most athletes and can be used to write a resume. Some of these traits are the action verbs or descriptors that may relate to the position an athlete is applying for.

The main tools of an athlete are the qualities developed through sports.

For instance a results-oriented, competitive and coachable athlete can be a successful candidate for a specific job.

Competing, everyday practices and school work takes an enormous amount of time. Athletes do not realize that through playing sports they develop significant skills employers might be looking for.

One of the skills employers seek is teamwork. College athletes develop a great deal of teamwork experience through their sport.

Students shouldn't get discouraged if they didn't participate in activities other than college athletics. By playing a sport most athletes gain excellent time management skills. An athlete has to manage the time to get everything done to succeed in school and athletics. Thirty hours of sports a week, plus three hours a

night to complete school work requires the prioritization of things. Time management is one of the skills employers will seek for in the fast paced working environment.

Setting goals is another key to success. An athlete sets goals every day. To achieve the best results there are goals for each practice. The same is true in the working environment. Goals are important to succeed in your chosen career, and a goal oriented person will be a stronger candidate for a desired job.

Career services now offers the information on the resumes for athletes and how they can make themselves more marketable using their years of college athletics.

Visit CRG website for more detailed information at [www.crgcoach.com](http://www.crgcoach.com).

### From, Blood, A1

Walsh recognized Kate Chorney, an RHA executive board member, as the chairperson of the drive who handled job delegating, organizing and recruiting.

A group of community members who used the drive as a leadership project also supplied key assistance to the cause. Carol Hannan, Lucas Fanning, Kassie Titus-George and

Kim Coleman were among the community volunteers.

"The groups that have been most successful in getting the donors are the RHA and the resident assistants," said Walsh of the students who helped recruit and volunteer.

"When these groups work together it is usually a goal achieved blood drive and even more."

American Red Cross volunteers like Vito Lapriola, who assists in the bad area at blood drives around Clinton County put their mark on the successful drive as

well.

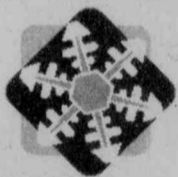
Lapriola, who has been volunteering for over 20 years, applauds student donors for their efforts. "The kids want to help people," said Lapriola. "They are our future for giving life."

Coming off the excitement of winning the award and topping the latest goal Walsh is looking ahead to the next drive.

"(The next drive is in) the beginning of February, this is usually a smaller one, but if they ask us to up the goal we will," Walsh said.

## Bring on the Winter

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# CLASSIFIEDS

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Information/Reservations  
1-800-648-4849 or  
www.ststravel.com

## Lock Haven Dinning Services Sustainability Club

Will be meeting on November 12th @ 5:00 P.M. in the Faculty Dinning Room located in Upper Bentley.  
All students and staff interested please join us and our commitment to reduce our bio footprint on the environment.

## Do You...

**Need a roommate, need to sell something, or just want to send a special message to someone?!**

Please contact the editor at [lhueagleye@yahoo.com](mailto:lhueagleye@yahoo.com), write in the subject line "Classifieds." See your message in the next issue of the Eagle Eye!!

**Submissions must be in by Monday at noon.**

Little Kathleen,  
Have a fantastic week.  
ZLAM,  
Big Emily

Jenny Penny,  
I do not think you were telling him a secret and I am NOT a leech, thank you!!

Life is uncertain, so eat dessert first.  
Advertise on the Classifieds page.  
Send it to [lhueagleye@yahoo.com](mailto:lhueagleye@yahoo.com) or call 484-2579.

"The consequences of your actions really are just a game, your life is just a chain reaction taking you day by day."

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ZTA Fixations,  
Love you!  
ZLAM,  
Meg

Little Katey,  
You're the best!  
ZLAM,  
Big Meg

Posting messages to your friends on the Classifieds page is almost like wall postings on facebook.

Little Gators,  
I love you!  
Have a great week!  
ZLAM,  
Big Ashley

Should it concern me that my 5 year old cousin might be trying to steal my boyfriend?  
The end of the semester is quickly approaching!!

**PERSONALS**

### HAPPY BIRTHDAY ALYSSA HOOVER!!

Tina Rainey Bennet, love you lard.

Meg Feby, I'm cold.

Where's Texas?

"The game of life has ups and downs, its what you do with your ups and how you react to your downs, that molds you into who you really are."

Misha,  
During my mindless entertainment marathon I hear "It is what it is" on I Love New York 2!! I think we've started a trend -- we should copyright it.

Have something to sell? Advertise it here!! Want to say something? Shout it out here!! Need a new roommate or want to find a new apartment? Place your ad here!! Send all submissions to [LHUeagleye@yahoo.com](mailto:LHUeagleye@yahoo.com), subject line "Classifieds."

Send in your shout outs!!

Erin,  
Don't you worry, you rocked that hat in class. You are adorable.  
XOXO

Little Teddy, Litt2's, and Little Lion, Have an awesome week!  
ZLAM,  
Heather

Adam,  
I am sorry I left Lock Haven for the weekend, but I did appreciate your texts.

Megan,  
You would have been so proud. It was a full two hours of lounging and mindless TV -- obviously two of our favorite things to do.  
XOXO

Contact the Classifieds Editor at [lhueagleye@yahoo.com](mailto:lhueagleye@yahoo.com), write in the subject line "Classifieds." Leave messages to your friends or sell a book. It's free for students and students love free stuff, right?!

### A HUGE 'THANK YOU' GOES OUT TO...

Bobbi Toth  
Shonah Hunter  
Ralph Harnishfeger  
Troy and Beth Miller  
LHU Lacrosse Parents

These people made the evening so much fun and we hope they will come back next year for this terrific event. Each person invited to the event was given a character. They had to show up dressed in character and act in character. All of these people were hysterical. Shonah was a punk rocker, she actually went through the whole evening with fake lip and nose piercings just to stay in character! Kudos to all of them, such great sports!

--Kristen Selvage  
Head Women's Lacrosse Coach

# OPINION

## Hurry up, don't be late

Jamie MacDonald  
Staff Reporter  
jmacdona@lhup.edu

Class starts at 11:00 am. Not 11:03. Not 11:12. And certainly not 11:26. Schedules and class times are created for a reason.

It is one thing for students to be a minute or two late to class, but it is quite another to be a whopping 15 minutes late. If you can't already tell, I am not a fan of people who are late to class.

I do not understand how students feel that it is ok to walk into a class late and disrupt everything. And though the tardy student may not think that they have interrupted class simply because the professor does not stop teaching, it is clear that they have. All their classmates are now staring at them as they sneak across the room and shuffle between desks to their seat trying to be as non-

chalant as possible, while doing just the opposite.

And it doesn't stop with students and classes either. I had a professor that was late to class near-



Jamie MacDonald

ly everyday. And I have attended programs on campus that have started later than the time that was advertised. Even my best friend in high school was known for being late to the point where we would tell her to be there 30 minutes earlier than when we actually wanted her to be.

It is not fair to every-

one else that is affected by someone's lateness.

Is it that hard to set an alarm or put reminders in common places, such as planners, e-mails, or even on the refrigerator to constantly inform us that we have somewhere to be?

And my favorite is when people try to blame it on something else outside of their control.

"The trolley was running late." Well, catch an earlier trolley so there is no opportunity to be late.

"Traffic was bad." Leave your place earlier to account for such obstacles.

"There was a line at Starbucks." The list of excuses could go on.

And I find that the only reason I am writing this article is because the lateness continues to happen. The more that one student walks into class late, the more annoyed I get about it. The more programs I attend that are supposed to start at one time, and start closer to an hour later, the more I feel spending my night in

would be a better option.

One would think that maybe after one or two days of being late, the tardy individuals would begin to realize that something is wrong. That maybe they need to get up earlier or not spend as much time socializing on campus, or doing whatever it is that is preventing them from making it to class on time.

And what makes it even worse, is that the individuals may even be seen on their way to campus by others in the class, who were able to make it there on time. To me, that clearly indicates that this individual has nothing else to blame it on but themselves.

And with not much else to say about this, because I will only begin to repeat myself, I leave you with the advice to set your alarms and leave yourself reminders, because nobody likes a tardy person.

## Fair pay for writers

Dominick Bonny  
Daily Evergreen  
Washington State

Late last week, the Writer's Guild of America got a lot of press for their proposed nationwide strike.

The strike started early Monday morning, with writers on both coasts refusing to write a word for shows like "The Late Show with David Letterman" or "Ellen."

Shows such as "The Colbert Report" and "The Daily Show" will probably start airing reruns due to the strike. These shows are not the only entertainment affected by the strike though. Picketers have shown up outside major studios in Los Angeles and their East Coast counterparts have set up lines outside of Rockefeller Plaza in New York City.

This is the first time in 20 years the WGA has resorted to striking to get what they want, as they feel they are not being compensated fairly for the work they perform.

Traditionally, screenwriters have been paid a set amount for the intellectual property they produce: A certain dollar amount for contributing to the script of a show, then residuals for every rerun

that airs. But now, thanks to fast Internet access, people are able to view shows online. The problem the writers face is that they are not getting paid for their work that is viewed online.

It would be almost impossible to find out how much money the writers could make if they were paid for their work that is viewed online, but you can be sure it would be an enormous amount.

But it's not like the writers -- on average -- are

these writers commuted to the studios they were picketing in their Mercedes and BMW, and most of them have been seen holding signs, marching and texting on their Blackberries at the same time.

Needless to say, the average WGA member lacks the ability to identify with the plight of the common blue collar, working Americans who have traditionally been the picketers, trying to secure a decent wage to provide for

their work make off the shows and movies the writers produce. The writers want a percentage of the profit that the studios make, which isn't an unfair goal.

Studio executives, directors and actors make millions of dollars off these same movies. But those movies and shows, the merchandise, lunch boxes, posters, action figures, videos games and everything that goes along with a successful franchise would not be possible without the writers and their creativity.

We have all heard actors speak without a script. It's horrible; no one wants to listen to Tom Cruise rave about the miracle of Scientology or hear Alec Baldwin's thoughts on the U.S. politics. Actors are only interesting with the words of writers in their mouths. Actors are paid to look pretty and writers are paid to think up witty dialogue, fast-paced plots and love stories.

If billions of dollars of profit are made from their intellectual property, then the writers should be fairly compensated for it.

By the way, if the head of NBC is reading this column, I will write for Conan O'Brian for half of what you have been paying your regular writers.



Courtesy AP

Striking WGA members began picketing Monday

hurting for income either. Writers on hit shows easily make six figures a year without counting future residuals.

This strike lacks the credibility and public sympathy that other nationwide strikes have enjoyed in the past. The reason probably being most of

their families.

While the writers might be rich, pampered and spoiled, they do have a point. That point is they should be fairly paid for the work they do.

Sure, the most prized writers make six figures a year, but think about how much the studios using

radius, are showing up in major metropolitan areas across the United States. It is illegal to own or sell them in the United States, but the Internet has made it relatively simple for people to obtain them from overseas manufacturers. The technology may sound tempting, but the FCC has banned it for valid reasons.

For one, since the device works by producing a radio signal that interferes with cellular frequencies, its use amounts to property theft. The elec-

tromagnetic airspace has been deemed a public good, and thus one person does not have the right to commandeer it.

Cell phone jammers also have potential for more malicious uses. A jammer would be a powerful tool for someone who wants to halt 911 calls, leaving people isolated and helpless in predicaments such as murder and robbery. Even innocent uses of the device could prevent nearby people from making contact with emergency services.

Above all, cell jamming is a sign of saddening cultural trends. If we have gotten to the point where we cannot politely ask each other to be considerate in public places, then perhaps we need to reevaluate our dependence on technology. A simple tap on the shoulder may be all it takes to remind someone that they are being rude.

Airwave piracy, in contrast, is both anti-social and selfish.

Thumbs Up . . .



or



Thumbs Down . . .

Thumbs Down . . .

to the state of Maine for shutting down an American Legion post's weekly cribbage tournament.

The veterans group in Gardiner, Maine held the tournaments on Sundays, requiring participants to pay an entry fee of five dollars. It appealed to many elderly veterans who felt it was a good way to have fun on a fixed income. Maine state police say that if they want to continue holding the tournament they must purchase a \$700-per-year license.

While it is inappropriate to criticize the police for enforcing the law, this is a case where the law is doing more harm than good. Let the veterans have their card game

Thumbs Up . . .

to appeals court judges for upholding the dismissal of a Michigan man's reproductive rights lawsuit.

Matthew Dubay argued that he should not be forced to pay child support to his ex-girlfriend with whom he fathered a child. Dubay said that he did not want to have the child and if a woman has the right to abort a child or put it up for adoption, a man should have the same right to choose.

Though this argument and the issues it raises may not be over, the court made the decision that is in the best-interest of the child.

## Letters to the Editor

Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot - button topic that you would like to discuss?

Don't just get red in the face. . .

Write a letter to the editor!

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to  
lhueagle@yahoo.com  
with "Opinion Letter"  
in the subject line.

Do you like to draw?  
Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the *Eagle Eye* for the Opinion section.

Send it to lhueagle@yahoo.com with "Editorial Cartoon" in the subject line. Make sure to include your full name, year, major and a phone number where you can be reached.

## Cell jams uncivil

Staff Editorial  
The Daily Gamecock  
University of South Carolina

A hot new gadget could bring peace and quiet into the lives of countless frustrated citizens.

And it's completely illegal.

Cell phone jammers, pocket-sized devices equipped to disrupt cellular calls within a small

# OPINION

## THE EAGLE EYE

Lock Haven University's Student Newspaper  
VOLUME 66, ISSUE 9

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# Who your friends are

(Editors Note: This column is part of a series by Katelyn Donovan that reflects on the freshman experience and examines issues from the perspective of a freshman.)

Katelyn Donovan  
Staff Reporter  
kdonovan@lhup.edu

I would generally say that I have a lot of really great friends. Many of my friends chose to come to Lock Haven, some of my friends didn't, and a few of my friends have yet to venture into the wide world of college life.

I've made a handful of friends here and I've left several at home. And as I look around this beautiful campus it baffles me to see that other freshmen have made what they would claim to be lifelong friendships.

I'm sorry to tell you, but three months just doesn't do that.

I've been around for a little over 19 years and I've learned a lot. I've learned about things that are not relevant to anything important whatsoever and I've learned about things that I use every day.

I know that some things come easier than others, and I know that those things can go just as fast. I've learned more than I'll ever need to know about softball, and I'm working on knowing all that I can about communications media. I feel though that nothing will ever be more important than learning about true friends.

Baz Lhurmann stated in the 1999 song "Wear Sunscreen."

"The older you get, the more you will need the

people you knew when you were young."

And I can't help but find myself making new friends, knowing that they will never compare to the

Throughout childhood, adolescence and as we enter adulthood, those are the friendships that I know I can always count on.

I'm sure we've all met people since we've been here that we like, dislike and are quite unsure about. One thing I know that is that it has become beyond doubt a lot easier to appreciate my lifelong friendships since I've been here.

The bond that I have with the friends from home that I came to Lock Haven with and the ones that went their separate ways cannot be topped within three months.

Now, I am all for the coming of new friendships, and being able to get close to someone new can be wonderful... I'm just saying give it time before you declare that you've found a new best friend.



Katelyn Donovan

people that I grew up with, fell down with, laughed with, cried with and truly love.

Over 19 years, anyone can have their troubles in relationships, but it takes a pretty strong connection to stay friends for so long.

# Get out and vote, maybe

Chris Hoskavich  
Opinion Editor  
choskavi@lhup.edu

Yesterday was Election Day and college students around the country let it pass without even noticing.

Getting young people out to vote has been a problem for politicians for quite some time. This is especially true for local politicians and in non-presidential election years.

There are many factors that lead to students' not voting.

For one thing, it is difficult for many college stu-

dents to vote. Obviously, students cannot register to vote in Lock Haven if their permanent residence is in their hometown.

There are two possible solutions to this problem: cast an absentee ballot or travel home to vote. Both of these solutions require a level of effort most students aren't willing to make to voice their opinion on city council or county commissioners.

Another major problem, and probably the main one, is political apathy.

Students aren't generally affected by local politics, at least not directly or immediately. Local politics can often be intricate

and tedious and people have to pay close attention if they want to learn how to best spend their votes.

Apathy among students raises an unsettling question, though: should people be encouraged to vote if they don't understand what they are voting for?

I, for example, voted to retain judges in my area and I regret casting these votes. My rationale was that I am generally satisfied with the judicial situation in my county, but in truth I am not terribly familiar with it. Maybe it would be in my best interest if my county had a change of judicial leadership.

Next election, however, I plan on acquainting myself with all issues on the ballot well in advance - at least the ones that don't fall under my straight-ticket vote.

So, instead of writing strictly about the importance of voting, I am going to issue the standard advice with a caveat: get out and vote next Election Day, but know what you're voting for.

If you don't know what you're voting for, just stay home. I, for one, would rather see a low voter turnout than someone holding office because he won the most uninformed, randomly-cast votes.

## For the record

**"Failure is simply not an option,"**

-- Condoleezza Rice, on upcoming negotiations between the Israelis and Palestinians

**"I've been working with these people for 20 years. Without them, I'm not funny. I'm a dead man,"**

-- Jay Leno, on the WGA strike



From our news room...

# A call for diversity

When you look around our newsroom and through the names on our pages, you might discover a trend were not altogether proud of.

The mug shots scattered across the Opinion pages, the bylines of our staff reporters and the faces of our editorial staff are lacking one thing: diversity.

Though there is a definite number of African American and international students in the communications media major, the diversity doesn't really shine through at the Eagle Eye.

In fact, in as many years as any of us can remember, Olga Malyavskaya, Feature editor, is the only student born in another country who has held an Eagle Eye editorial position.

No African American students have held editorial positions within last four years at least. Men have become something of a minority among our staff.

LHU is not alone in the monotony of the newsroom apparently, as many college newsrooms suffer from a lack of diversity.

An article written by Justin Elliott from Brown University appeared in September

at campusprogress.org - a progressive Web site, speaks to the problem. Elliott elaborated on how some larger college papers have been unable to meet the demands of their campus communities of color because they've overlooked events and issues important to this audience.

Kansas State is facing a pending free press lawsuit due to continually snubbing of coverage for the school's black population. Though a paper can't be everywhere, covering every issue, consistent overlooking of a reader demographic is inexcusable.

While we like to think we, at the Eagle Eye, give out more balanced coverage and attempt to attend a variety of diverse events (provided we know they are occurring), but we know we could do better.

Even if we don't see an influx of diverse reporters and editors, the least we can hope for are diverse faces on our Opinion pages - the ultimate sounding board for any number of campus issues or concerns.

Why this diversity deficiency has become a problem not only among LHU's campus media, but other colleges as well, could be

for a number of reasons.

Though many would first point the finger at those currently in charge, we can say that this separation is neither intentional nor desired.

According to Elliott's article, inadequate minority representation can be born of a cycle - minorities don't feel the paper can speak to them and therefore avoid it, thus helping to create a paper unable to speak to diverse audiences.

The slim pay of not just college newsrooms, but the profession in general also tends to steer certain minority groups away

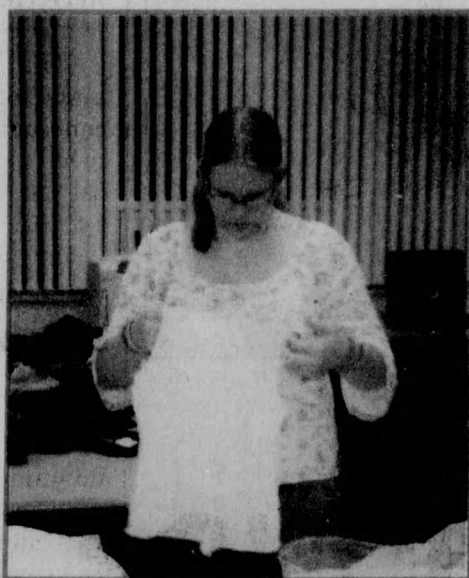
from field, according to Patsy Iwasaki of the University of Hawaii, the Diversity Committee Chair for College Media Advisors.

Regardless of what is keeping the diversity away, we hope a remedy is insight.

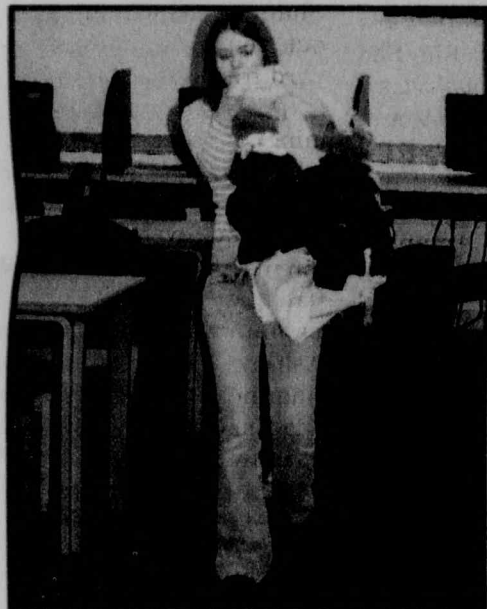
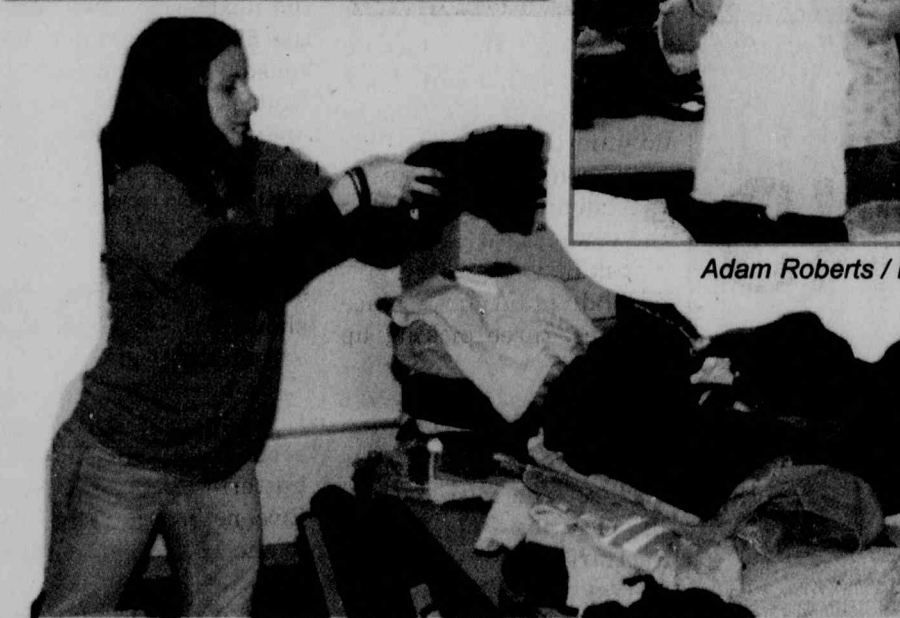
Our doors are always open to new reporters or editor applicants and our mailboxes are awaiting opinions that reflect a more accurate picture of this university.

# Haven Spotlight

## Camp Phoenix



Adam Roberts / Eagle Eye



The Camp Phoenix program which was organized by the Office of Student Activities, SCC and RHA, held its collection day on Oct. 31 in the PUB. The program worked to gather 2,309 articles of clothing or shoes and 348 school supplies for children in Afghanistan. The clothing donations came from 17 university groups and three individuals. The organization who submitted the most items received free custom t-shirts from the bookstore. Each residence hall was given the task of collecting different kinds of school supplies. At the drive 20 volunteers helped from the SCC, MountainServe office of community service, RHA, Circle K Club and Colleges Against Cancer. The volunteers boxed the clothing and supplies that will be shipped to Afghanistan courtesy of the bookstore.

Nicole Pinto  
Staff Reporter  
npinto@lhup.edu

The holidays are coming closer and tickets for a bus out of this town are a lot easier to get than one would think. There are two places students can purchase bus tickets, and both offer students discounted prices.

The student bookstore located in the PUB offers a 10 percent discount for a student bus ticket for the Susquehanna Trailways. Rates vary regarding the total distance traveled.

One-way tickets can be purchased as well as round-trip offers.

Purchasing a bus ticket is as easy as ordering a movie ticket at the counter. Tickets must be purchased at least 24 hours in advance so that the bus is called for the pickup.

Pickups are located outside of the bookstore across from the tennis courts and downtown in front of the Scoop.

Buses arrive Monday through Saturday at 5:30 a.m. and 1:00 p.m. and only in the afternoon on Sunday.

Just because certain destinations are not listed on the bookstore list does not mean they can not be purchased. The bookstore can usually get them for students when they call. According to manager Jim Kownacki, one or two bus tickets are purchased a day but during the breaks many tickets are purchased quickly.

Puffs Discount and Liquor store, 200 Bellefonte Avenue, sells bus tickets as well. They offer a 15 percent student discount, but only if purchased with a student advantage card. According to clerk Tina Swope, most of the tickets that are purchased at Puffs are during Penn State game weekends. Fullington Trailways offers a collegiate special for buses to Penn State.

Fullington Trailways has a variety of different places and connecting carriers for many locations throughout eastern United States.

Pickup times vary according to location, and pickup is right outside of the Puffs store. A student advantage card can be received by calling 1-800-333-2920.

## Get outta town!

Susquehanna Trailways Local Fairs for LHU		
Lock Haven, Pa to:	Out of Town	Round Trip
Allentown	34.05	68.10
Berwick	22.60	45.20
Bloomsburg	18.60	37.20
Danville	16.20	32.40
Doylestown	38.55	77.10
Easton	33.25	66.50
Hazleton	25.70	51.40
Jim Thorpe	28.60	57.20
Lehighton	28.85	57.70
Lewisburg	13.45	26.90
Newark, NJ	51.95	103.90
New York, NY	55.30	110.60
Philadelphia	45.75	91.50
Quakertown	36.75	73.50
Somerville, NJ	47.15	94.30
Williamsport	6.90	13.80
Willow Grove	40.90	81.80

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Photo Courtesy of PR Office

Amy Klinger, a student in the Physician Assistant Department, receives a Nathaniel Alston Student Achievement Award in the amount of \$1000. The award is presented to six students each year in Pennsylvania with a goal to recognize high-achieving students in the Physician Assistant Department.



Inside . . .  
Men's soccer falls  
in PSAC playoffs  
B2

# The Eagle Eye

Lock Haven University's Student Newspaper

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Tim Seibles gets  
political in  
Up-Write  
Reading Series .  
B7

## SPORTS AND FEATURES

Volume 66, Issue 9

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Wednesday, November 7, 2007

### What's On Deck

Home &  
Away  
Fall  
Sporting  
Events  
  
Today

No Events

Thursday

No Events

Friday

No Events

Saturday

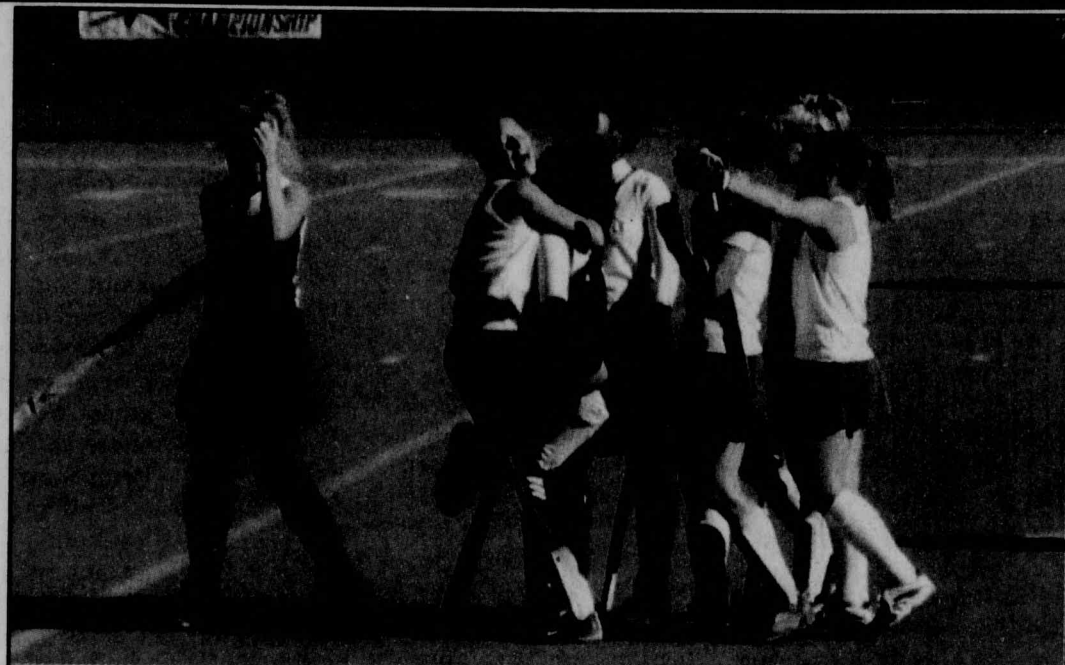
Football @  
Clarion  
1:00 p.m.

Sunday

No Events

Monday

No Events



Nikki Wasserman/ Eagle Eye

The field hockey team celebrates after their 3-1 win over Rider. This advances them to the next round where they will play Stanford.

## NEC CHAMPIONS

Megan Mancuso  
Sports Reporter  
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The Lady Eagles Field Hockey team (17-5, 7-0) won the Northeast Conference for the second year in a row this past Friday defeating Rider University (11-9, 6-1).

### Field Hockey

With their win on Friday, the Lady Eagles advance to the NCAA play-in game traveling to the west coast to play the champion of the NorPac Conference. After winning their fourth consecutive NEC regular season title undefeated 7-0 they are now on a 14-0 winning streak over the past two years.

At the start of the whistle Lock Haven had

control of the ball but could not seem to bring it home, and although the Haven controlled most of the game, Rider made it known that they were there to play an intense game.

"We came out with a slow start, however we did a good job of coming back hard in the second half," said team member Megan Bullock.

Not giving up, the Haven outshot Rider 7-1. Rider, however, broke the tie of 0-0 about 30 minutes into play with the first goal of the game.

Less than four minutes later, LHU answered back putting the ball in the cage, tying the score at 1-1. On a penalty corner, sophomore Alana Lewis gave her teammate Megan Bullock a straight shot across cage to make for a

goal. "We capitalized when we needed to," said Bullock.

After halftime, the Lady Eagles turned up the heat with a goal in the first five minutes. Senior Blair Wynne made a perfect pass to Amy Hordendorf who easily deflected the ball to the back of the cage.

Nearly 50 minutes later Wynne was at it again scoring the third and final goal for Lock Haven, without an assist.

Acquiring five points during the tournament, Wynne received the MVP award for leading Haven to victory.

The Lady Eagles traveled to California on Tuesday where they were taking on Stanford University at press time.

## Women's wrestling off to a great start

At just her second tournament, the women's wrestling team's Rachel Groft finished fifth at McMaster University this past weekend

James Cooney  
Sports Editor  
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The women's wrestling program has arrived.

This past weekend the women's wrestling team sent Rachel Groft as well as two other women to compete in a competition at McMaster University in Ontario, Canada. Groft placed fifth in the tournament.

### Women's Wrestling

In the first match of the tournament Groft faced the second ranked woman's wrestler in the world from University of Cumberland. Groft would lose the match but she came back to win her final two matches by pin fall in

route to her fifth place finish.

This wasn't the first tournament that Groft has competed in. Early in the year she competed at the Sunkist International Tournament at Phoenix, Arizona. This is considered the biggest women's wrestling event of the year.

With this year's tournament falling on an Olympic year, the try out latter for the women's Olympic team were there competing. Also, top ranked women's collegiate wrestlers from all over the country were there. Other countries besides the United States had competitors there such as, Russia, Canada, and some South American countries.

See, Wrestling, B2

## Swim team remains on top

Alan Trexler  
Sports Reporter  
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The women's swim team notched their second consecutive PSAC dual meet victory by defeating Mansfield University 100-64, Saturday at Zimmerli Gymnasium.

### Swimming

Posting the fastest times in each event, Lock Haven (2-0) swimmers dominated the pool all afternoon. The win keeps the squad undefeated on the young season.

Six Lady Eagles recorded individual first place finishes, three picking up multiple wins. Senior Kelly Grieneisen, Junior Stephanie Kudrick and Freshman Amanda Terray each recorded two individual victories.

During a time trail, Terray recorded a LHU team and pool record by finishing the 100 yard backstroke in 59.43. She bested the previous record of 59.46, posted by Tatiana Patakyova in 2006.

In the first event of the day, Kudrick and Terray teamed with Amanda Palmer and Brittany Williams to win the 200 yard medley. Grieneisen followed up with an impressive win in the 1000 yard freestyle.

"It was the first time she swam that even in a few years," said Head Coach Andrew Waeger of Grieneisen's performance. "We were both pleased with the result."

Terray picked up her first individual win in the third event by out-swimming the field by more than six seconds in the 200 yard freestyle. Terray would later post a PSAC and season best time of 2:12.51 in the 200 yard backstroke, the second fastest in team history.

Caroline Sweeney tallied a first place finish in the next event, swimming the 50 yard freestyle in a season best 26.29. Kudrick followed with a dominating performance in the 200 yard individual medley, winning by nearly five seconds.

"Kudrick swam very solid," said Waeger. "She showed that she is quite versatile in this event."

Palmer and Ashley Lightcap finished first and second in the 200 yard butterfly. Grieneisen and Sweeney repeated the feat in the 100 yard freestyle.

After Terray took the 200 yard backstroke, Shannon Samanka edged out the field in the 500 yard freestyle.

"Samanka is swimming lights out this season," said Waeger.

Kudrick finished the individual events with a win in the 200 yard breaststroke. Sweeney and Samanka team with Ashley Gardner and Shannon Wilbur to win the last event, the 200 yard freestyle relay.

The Lady Eagles are back in action next week when they travel to IUP for the IUP invitational.

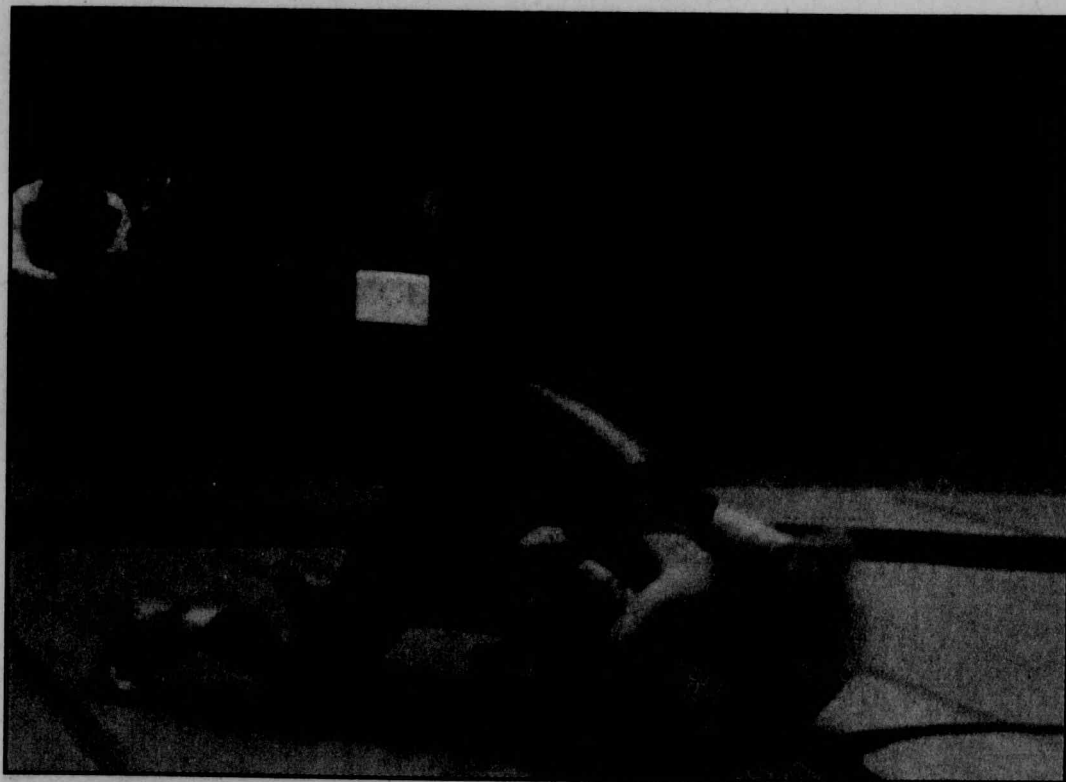


Photo Courtesy of Terry Fike

Rachel Groft, seen above, wrestles her opponent. Groft competed in two recent tournaments where she faced some of the top competitors in the world.

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ZTA to crown Big Man On Campus  
See, B5



Photo Courtesy of Sports Information  
Inga Kurgonaite, seen above, was honored for her achievements at Lock Haven University. Inga went out with a bang, leading the team with 11 kills.

## Kurgonaite honored for season

Alan Trexler  
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The volleyball team closed out their season with two losses last week, falling to PSAC West opponents Edinboro and California.

After losing in straight

### Volleyball

sets at Edinboro on Tuesday, the Lady Eagles (10-18, 3-7 PSAC West) returned home but were defeated by California on Saturday.

Undefeated in conference play, California extended their win streak

to 29 matches by topping LHU 30-23, 30-17 and 30-24. It marked the ninth consecutive match that California has won in straight sets.

Standout Senior Inga Kurgonaite closed out her stellar career in crimson and white by leading the Lady Eagles with 11 kills and seven digs. The lone senior on the team, Kurgonaite was honored before the game and finished third all time in kills at LHU.

Christina Laury chipped in with seven kills while Stacey Borgia added five. Fabiana Gomez led the team with 26 assists.

Earlier in the week,

LHU was defeated by Edinboro 3-0. It was the Fighting Scots second victory over LHU this year, winning 30-13, 30-23 and 30-22.

The Lady Eagles struggled on offense most of the night, tallying only 26 kills as a team while hitting .160.

Kurgonaite led the team with nine kills while Borgia had eight. Gomez assisted on 21 of the 26 kills and recorded a team high four digs.

The Lady Eagles finished 3-7 in the PSAC West, while finishing 10-18 overall on the season.

## Men's cross country team takes third at NCAA Championship

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This past weekend was a busy one for the Lock Haven men's and women's cross country teams as they hosted the 2007 NCAA Division II East Region Championships.

### Cross Country

With perfect weather on their side the Bald Eagles finished at an excellent third place, while the Lady Eagles also did very well -- finishing 11th. Both teams had a solid performance at the competition.

History was made for the woman's team when Junior Shala Simms (All-Region) recorded the second highest individual finish in LHU history in the 6K event with a time of 20:03

"She ran well and has a ton more potential if she believes in herself and can focus on what she's capable of," said Head Coach Aaron Russell.

Along with Simms, Lindsey Scheller had her best race of the year.

Unfortunately, Jenelle Gobel collapsed a few meters before the finish and was unable to complete the race. Taking her spot as the number five runner was April Salinas who stepped it up a notch and had a great race. The ladies finished 11th which was one spot lower than at the PSAC's last week.

"I was pleased with the way they ran today," said Russell.

The men's team made an impeccable run this week coming in third place. Leading the team were two All-Region members, Jed

Yeatts and Brandon Pomerantz.

"They ran the best race I could have asked from them today," said Russell. "They lowered their point total from a week ago, which is pretty impressive."

Yeatts took 12th in the 10K race at a time of 31:54, while Pomerantz placed 15th with a time of 32:00.

The team attacked the race from the start making Slippery Rock and Edinboro work for their two national bids. The team had only a 0:32 second time pack, which is quite impressive, and the best of any team at the meet.

With the ending of the cross country season, Russell and his teams look forward to the track and field and indoor track and field seasons set to begin in the spring semester.

## Men's soccer team falls to ESU in PSAC Championship

Kris Glad  
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In their search for their 21st Pennsylvania State Athletic Conference (PSAC) Championship the LHU Men's Soccer team traveled to East Stroudsburg University on Saturday, Nov. 3 where the Bald Eagles fell to the Warriors 1-0.

### Men's Soccer

LHU and East Stroudsburg came into the game ranked No. 2 and No. 1 respectively with both teams eyeing the PSAC title.

The game started off hard and fast, with both teams playing like they belonged in the game.

The Bald Eagles had the earliest opportunity to score when Paul Hockett lined a shot up from 10 yards out, which hit the post and was taken by ESU player Larry Pokrywa. A few minutes later Hockett had another chance to score but was denied by Pokrywa.

Just before the first half ended Phil Liversedge made a scissor-kick attempt at the ESU goal, but Pokrywa punched the potential game-winning goal over the cross bar.

With the start of the second half LHU took several chances to try and score. Tommy Ehrlich shot a corner kick only to have it blocked by Pokrywa.

Coach Doug Moore talked about how well Pokrywa played for ESU saying he was the "MVP of the game."

The second half saw the Warriors take their fair share of shots on goal as

well. An ESU player slipped past the Bald Eagles defense only to be stopped by Chad Feerrar.

The end of the game came after a long, hard fought battle, and at the 103 minute of the game ESU sent in a kick that went past both Andrew Clemens and Feerrar for the victory. Normally when a team loses a game like the one it is hard to say that it was a good game, but Coach Moore kept rather positive.

"We played very well in the Semi-finals as well as the finals," said Moore.

In order to get to the championship match LHU had one task they needed to complete and that was defeat Millersville University at home, which they did by the score 3-0.

The first goal of the game early in the first half as Ashley Rosindale received the ball from a blocked corner kick and fed it to Hockett for the first goal of the game.

The Bald Eagles then relied on defense to keep the lead, which they received from Feerrar, who made 10 saves in the game. Feerrar stopped four shots by Millersville top two scorers.

At the 71st minute of play LHU tallied their second goal as Rosindale's kick found Lyndell Pompey's head. Pompey then took the ball behind a Millersville defender to give the Bald Eagles a 2-0 advantage with 20 minutes left.

And While LHU played good defense for the last 20 minutes it was Rosindale on offense that sealed the victory.

Rosindale took the ball at midfield and played it forward to Doug Moran,

who sent the ball past the diving Millersville goalkeeper for the final goal of the game.

With coming in second place in the PSAC the Bald Eagles can look at this year as a success, despite not making their ultimate goal of a Championship.

"I would say the team has played well in some games and produced some good displays but we are all looking for improved performances throughout the squad" said Phil Liversedge.

Another thing that LHU can look forward to next season is the returning members next season.

"Of 22 guys on the roster, we will lose five," said Moore.

With seventeen members coming back, LHU should be a strong club next season, once again competing for the PSAC Championship.

Next season will also feature a new playing field for both LHU soccer teams as they will move from McCollum field to Jacks Stadium.

McCollum field will be expanded and made into AstroTurf for Field Hockey, Lacrosse, intramurals, and physical education classes.

Jacks Stadium will also undergo a change in playing surface to help accommodate the soccer teams. It will be switched to field turf.

Coach Moore is very excited about the change saying, "Maybe we will be able to play East Stroudsburg under the lights sometime."

The Bald Eagles finished the 2007 season with a 11-5 record in the PSAC West, and a 13-7 record overall.

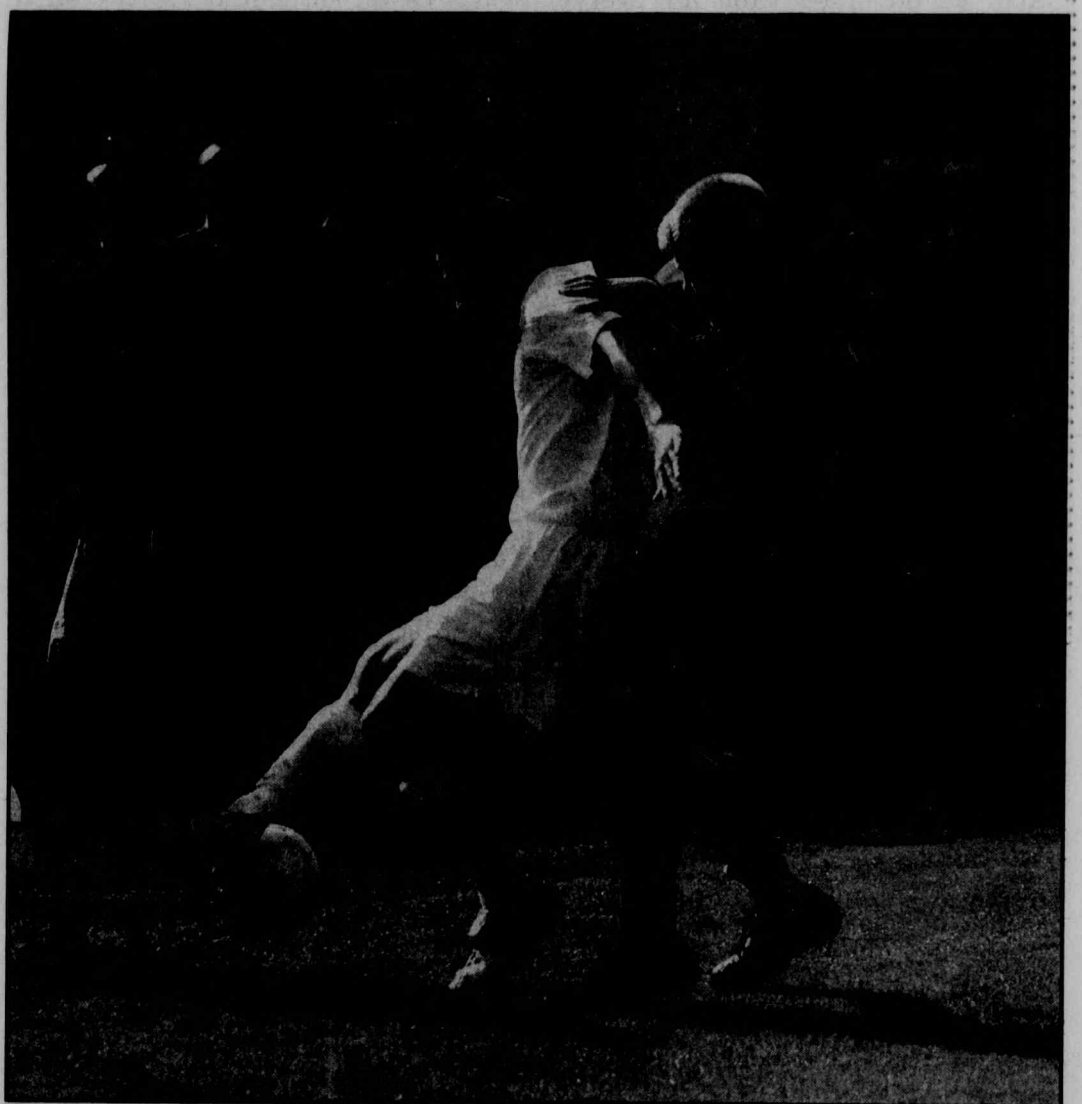


Photo Courtesy of Sports Information  
Doug Moran, seen above, plays keep-away with a defender in front of the capacity crowd at McCollum Field.

## From, Wrestling, B1

"Rachel has the ability to compete at that level. We felt she would respond positively and she did," said Head Coach Terry Fike.

It was a double elimination tournament and Groft found herself match up against two hard opponents. In her first match she had to face the No. 2 ranked woman again. After losing to her, Groft had to face the No. 7 ranked woman. The result of the match was the same, but it was a

huge first step in women's wrestling at Lock Haven University.

"Rachel returned from a three year layoff and we wanted her to compete on that level," said Coach Fike.

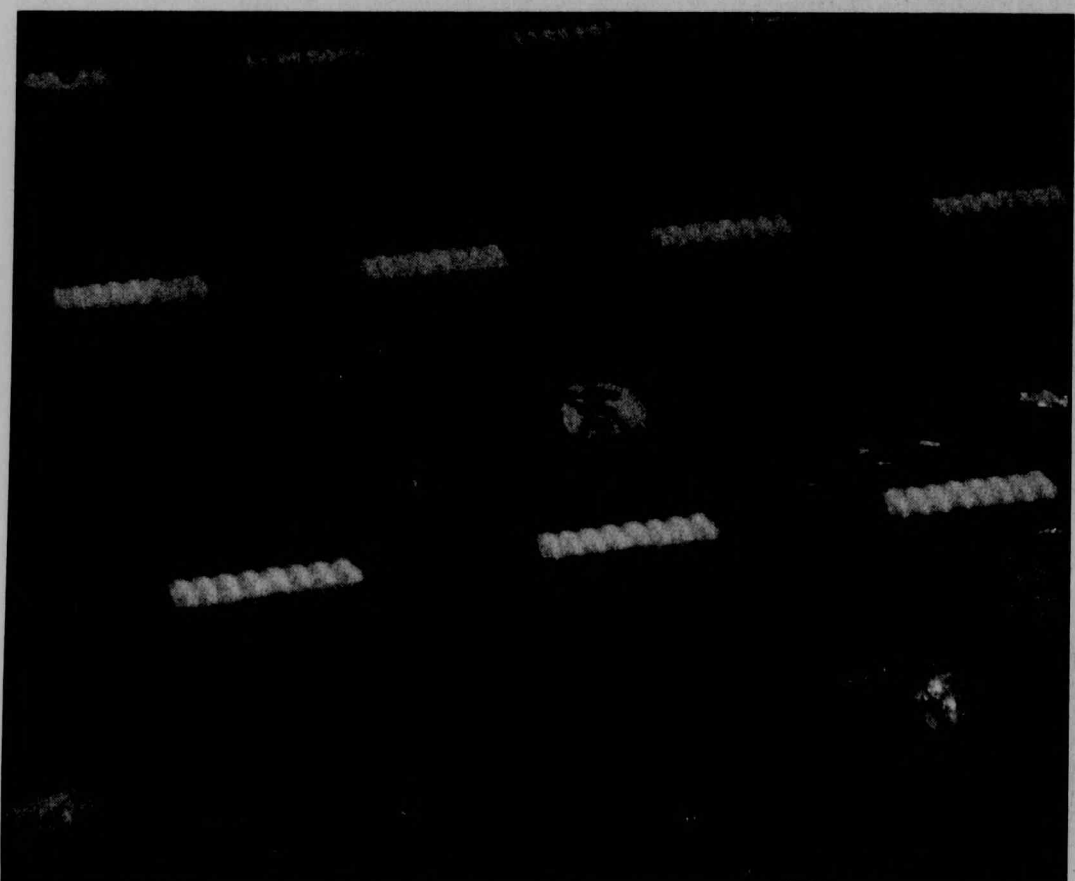
This is the first year for the women's wrestling team, but LHU has a past history of women's wrestlers. Three past women from the Haven have competed on the national level. Coach Fike wants to continue this tradition.

"We are committed to providing great training and competitive opportu-

nities," said Coach Fike. "If someone has the talent we will take them to the best competitions to get them where they want to go."

The team will be holding a meeting on Thursday, tomorrow, at 8:00 p.m. at the Thomas Fieldhouse classroom.

"The meeting will provide information on training and competition. We will show the present state of women's collegiate wrestling, including video of competitions, highlights, as well as an opportunity to observe practice," said Coach Fike.



Nikki Wasserman/Eagle Eye  
The swim team remains undefeated with their second straight PSAC West win. Six Lady Eagles finished with individual first place finishes.

# On The Bench

## When Eagles Cry

**Garrett Graziano**  
Sports Editor  
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And just when I think things are getting better I find myself in a bitter mood this week. You know why? Because the Eagles are quite possibly the worst sports franchise in the world right now.

I don't understand how a team who was at the top of their division, conference even, for most of this decade all-of-a-sudden look like a bunch one-legged amateurs in a high jump competition.

If I had to compare the organization, poise and overall stability of the Eagles this season they would be right on par with a monkey poop fight at the zoo.

And as an Eagle fan I've tried to stay clear of pointing the finger, or falling in line with the stereotype that labels most Philly fans I find myself growing more hostile of the way the Eagles are going about doing things as of late.

That's why I've decided to share with the rest of you, the top five things about the Eagles that have me at the point of a mental breakdown.

5. Andy Reid's family - Are his sons in jail yet? They are? Good. The Reid household looks like a Cold War armaments shed had a wrestling match with a meth lab. There are guns and drugs everywhere, no wonder the team is struggling.

I guess I can't blame Reid though, I mean if my house was equal to that of a "drug emporium" I guess righting the ship of a bottom rung football team would be the least of my worries.

4. The offensive line - Offensive is right. A lot of people are quick to blame Donovan McNabb for everything that goes wrong on offense, but the last time I checked there are 10 other men out there with him. And it doesn't make it any easier on McNabb when he gets no protection from his line.

Take the Giants game for example. William Thomas doesn't start at Tackle so Winston Justice takes over responsibilities. Four quarters later, McNabb has seen more of the Meadowlands on his back than he has standing up. Osi Umenyiora recorded six sacks by himself. That's a disgrace.

I don't care if you're second string, you're in the NFL, and there should be no excuse.

3. Wide Receivers - Kevin Curtis and Reggie Brown are awesome, that is until they match up against shut-down corners.

Any team with a half decent secondary can eliminate the pass game completely from the Eagles repertoire. Both Curtis and Brown have proven they can catch and run with the best of them, but it's their lack of ability to break free of press coverage that has hurt the Eagles passing game the most this year.

Catching and running don't mean a thing if you can't get to that point in the first place. And thus far the Eagles have proven that more often than not their receivers just don't match up.

2. Donovan McNabb - Something just isn't the same anymore. I've tried so hard to be faithful to McNabb, but it's clear that there has been a falling out between the city, the fans, the media, and himself.

After his latest injury, the confidence that McNabb usually carries seems to have disappeared. There used to be a time when McNabb would be seen smiling through his facemask during a game, and somehow that gave the Eagles nation a certain sense of security that everything was going to be alright. When is the last time you have seen him smile?

His numbers have been dwindling, while his ability to scramble has taken a severe blow. I would never think of sitting McNabb in place of Kolb, but something tells me that day will be coming sooner or later. And depending on the outcome of the rest of this season, McNabb will not be in an Eagles jersey next season.

1. Playmakers - Brain Westbrook cannot do it all. More over, Westbrook cannot be the only one to make plays. Every successful team has 3-5 key playmakers on each side of the ball. Essentially, the Eagles only have one on the whole team.

A healthy McNabb, Brian Westbrook and Terrell Owens helped the Eagles get to the Super Bowl in 2004. Since then Owens has moved on to Dallas, McNabb's body is about 43 percent functional and Westbrook has been left to carry the load.

Of course we're not going to win that many games. The caliber of player on the Eagles doesn't match up against many teams in the NFL right now.

## Football loses home finale to Slippery Rock U, 27-11

**Brandon Apter**  
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The Bald Eagles lost their tenth straight game on Thursday, 27-11, to Slippery Rock University in their home finale.

The Rock netted over 200 yards of rushing as the Haven defense continued to struggle.

### Football

Slippery Rock would strike first as quarterback Nate Crookshank found Josh Prigorac for an early 22-yard first quarter score, to give them a 7-0 lead.

The teams would go back and forth throughout most of the first quarter until Slippery Rock turned to their air game again. Crookshank found Paul Favers for a 43-yard touchdown to put them ahead 13-0 at the end of the first quarter after a failed PAT.

The second quarter would prove to be a defensive one as neither team could get much of anything going. The Rock took advantage of the tired Haven defense as they found themselves driving with less than five minutes.

A 13 play, 90-yard drive found Crookshank with another passing touchdown, this time to Frank Cremonese. The Slippery Rock would go into the locker room with a 20-0 lead and would never look back.

The Haven would receive the ball after the half as Kyle Crane returned the ball 78 yards to the 18-yard line of SRU. The Bald Eagles offense continued to struggle, as they had to settle for a Mark Domonkos field goal, 39 yards, to cut the lead to 20-3.

Slippery Rock would get their final score via their running back Damarcas Cleckley for a

score on a drive that ate up five minutes of clock and took up 59 yards. The Rock would now lead 27-3.

The teams would go back and forth again for the rest of the game until the Haven showed a spark with under a minute left in the game.

Freshman running back Ibrahim Smith found the end zone for a nine-yard score. The two-point conversion would be a success as the Haven cut the lead to 27-11. An onside kick wouldn't work out for the Bald Eagles, as they would fall by 16.

LHU quarterbacks Ilio DePaolo and Tyler Golden would combine to go 13 of 24 for 104 yards and an interception.

Leading the Haven rushing attack was Ibrahim Smith as he handled the ball 12 times for 71 yards and a TD.

See, **Football**, B4

## A Broken Record

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Records are meant to be broken, but what the record means to the previous holder is often overlooked.

This year there has been no shortage of record-breaking performances. From Barry Bonds' pursuit and passage of Hank Aaron's homerun record this summer to Brett Favre's collection of quarterback records he notched so far this season.

Sunday saw another record fall as rookie phenomenon Adrian Peterson cut and sprinted his way into history for the most rushing yards in a single game.

The previous record was held by Jamal Lewis who ran for 295 yards in 2003 when he was with the Baltimore Ravens. Peterson squeaked by the record with one more yard than Lewis.

Peterson's short career in the NFL has already been a storied one. Since he put on the purple jersey in Minnesota Peterson has been forcing defenses to take notice. So far this season he already has 1,036 yards, the most yards ever in a player's first eight games.

All Day, has Peterson has come to be called is establishing himself as a class back. His charge into the record books certainly means something to him, but four years ago Lewis was capturing the same milestone.

On Monday Ravens' Head Coach Brian Billick appeared on the "Mike and Mike in the Morning" show on ESPN2. The hosts of the show asked Billick his reaction to the record of his former player being broken.

Billick was polite and his answer was at first stereotypical. Billick congratulated the rookie and mentioned how impressive Peterson is.

Then Billick began to reminisce about the day Lewis captured the record. He recalled how the team rallied around their back and how the

Lewis' blockers put forth the extra effort as he neared the record.

Billick even told listeners how proud they were when NFL representatives collected Lewis' jersey after the game to place in the Pro Football Hall of Fame.

There is no doubt that Lewis was overjoyed to achieve such a great feat and that his teammates were able to bask in the excitement; but what now?

Every time a big record topples the debate over how the person who previously held the record is supposed to react resurfaces.

In public the reaction always follows along the lines of Billick's statement; the new record holder is great and he deserves it.

In private though, the feeling must be at least bittersweet.

A record is never going to be stay in one players hands forever, that's a given, but it has to be upsetting to see memories, glory and greatness all fall to another athlete.

A great example of private feelings is the aforementioned Barry Bonds and Hank Aaron. In public Aaron tried to avoid any comments that would offend Bonds as he chased Aaron's hallowed homerun record.

At the same time Aaron passed on the chance to travel with the Giants so he could be on hand to pass the crown.

Certainly, it was more difficult for Aaron because of the racial and social impact that him breaking Babe Ruth's record had on the country. It must have been tough for Hammerin' Hank to watch the record that meant so much to him and his team to be passed by Bonds who is still buried up to his neck in steroid allegations.

A look back at a record's previous holder can show how important that mark is after it has changed hands. The story of a record like the single game rushing record will only continue to thicken as new backs enter the league destined for glory.

## A-Rod to Ohio?

**James Cooney**  
Sports Editor  
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As the baseball offseason starts to get into full swing, the A-Rod sweepstakes is going to be the biggest off-season rumor mill. So far 10 teams have been listed as Alex Rodriguez's likely destination. At the top of the list will most likely be one of the Los Angeles teams or the Mets. But I am here to tell you differently.

According to yahoo.com the Toledo Mud Hens, a Triple-A affiliate of the Detroit Tigers, have made an offer to A-Rod. This was sparked off of the comment by Hank Steinbrenner last week.

Hank said, "Does he want to go in the Hall of Fame as a Yankee or, a Toledo Mud Hen?"

I couldn't find the amount of money offered to Alex, but the deal was incentive loaded. A-Rod would get a bonus for hitting 75 homeruns in the season. He would also get a bonus for leading the Mud Hens to 10 straight International League Championships. But there is one problem; A-Rod would have to compete with current Mud Hen third baseman Mike Hessman.

Hessman hit .254 with 31 home-

runs and 101 RBIs. He was named the league's most valuable player last year and is a staple at the third base for the Mud Hens. In the Major Leagues, Hessman is a career .235 hitter with four homeruns and 12 RBIs. He has appeared in only 65 games and he was drafted in 1996.

A-Rod has to ask himself is he better than Hessman? The Mud Hens don't think so. In the letter to Scott Boras, Alex's agent, he was asked if A-Rod could change his position. Also with the letter was a Hall of Fame plaque that had A-Rod wearing a Mud Hens hat. Apparently they want him to go into the Hall of Fame as a Mud Hen too.

Most likely A-Rod will stay away from the Mud Hens because if he couldn't handle the pressure of playing in New York, how is he going to handle the pressure of competing with Mike Hessman. A-Rod will go to one of those top teams I mentioned before where he can play third base and boss people around on his way to breaking Barry Bond's record.

Wherever he goes, a couple things are certain. He is going to hit over 50 homeruns and drive in over 100 RBIs. But there is one problem; he can't win the big one.

**Sports Editors:**  
**Garrett Graziano & James Cooney**

**Sports Reporters:**  
Brandon Apter, Kris Glad, Megan Mancuso,  
Alan Trexler, Elise Fix

# 2nd Annual Turkey Trot

November 18, 2007



Hosted By:  
LHV Health & Physical Education  
and Sports Administration Students

Benefiting:

**Alex's  
Lemonade  
Stand**

Foundation for Childhood Cancer

Registration: 8:00 am  
Race: 9:00 am  
Fee: \$15 pre-registered  
\$20 day of



Capt. Anna Morgan, MD  
Brooke Army  
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ARMY STRONG.

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**From, Football, B3**

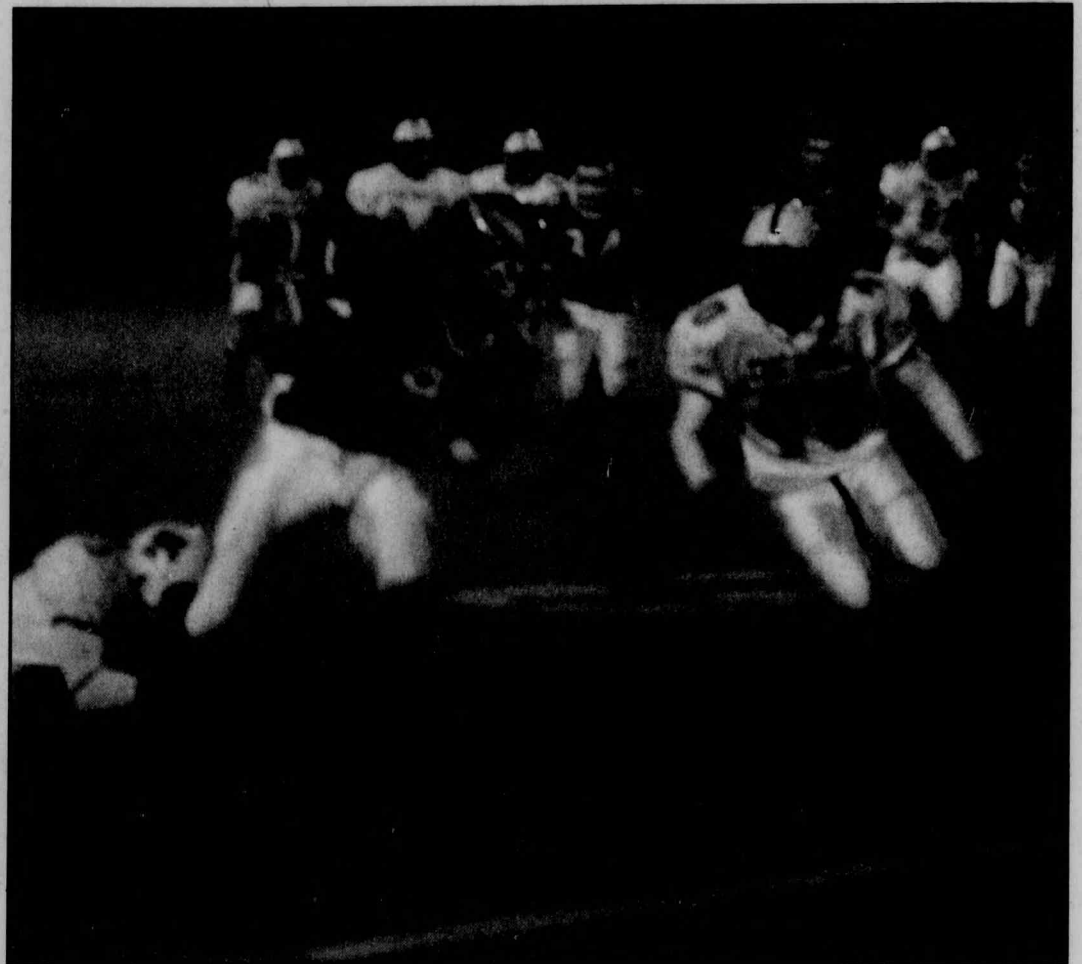
DaMar Dowell and Chris Hawkins led receivers combining for eight receptions for 70 yards.

"We have to keep trying to run the football," said Head Coach John

Klacik. "There are times where we look like we are doing it well, then there are other times where we slow down. We have to play physical, and match Slippery Rock."

The Bald Eagles (0-10) travel to Clarion for their season finale next Saturday. Clarion also has

an 0-10 record but the Golden Eagles have shown a lot more offensive potential than the struggling Bald Eagles. Kickoff is slated for 1 p.m. Lock Haven came away with a win against Clarion last year, 14-7.



Nikki Wasserman/Eagle Eye

DeMarr Dowell, seen above, runs downfield dragging a Slippery Rock player along with him. He had 37 yards on the day.

## Come support your Lock Haven Olympian

Local Olympian women's wrestler Sarah McMann will be holding an auction which will benefit Olympic training.

Items that will be sold off include:  
Television, Certificates,  
Olympic memorabilia and more!

Date: **November 10, 2007**

Time: **7:00 p.m.**

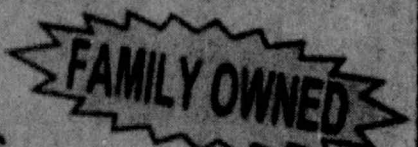
For information contact:  
**Sarah McMann, Quest for the Gold**

Phone: **1-319-541-7461**

email: **mcmann62kgs@hotmail.com**

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# HAVEN LIFE

## Campus 'pinks out' to fundraise for cancer

Nicole Pinto  
Staff Reporter  
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Today throughout the campus both boys and girls are definitely "Pinking Out."

Both sexes are proudly wearing dark-colored hot pink t-shirts with phrases like, "because it affects men too" and "fighting until there is a cure."

The reason for this popular parade of pink is all thanks to Zeta Tau Alpha.

This organization has been raising money at Lock Haven for their philanthropy, breast cancer, ever since they were founded in 1968.

This week kicked off Big Man on Campus (BMOC), a three day event that was started last year, and back again after a successful run of raising over \$1,100.

Courtney Faust, Zeta Tau Alpha said, "It's important for us to have another successful year."

Organizations sign up their "Big Man," by donating money.

The men compete to win one fourth of the money raised during BMOC.

Mia Frankel, Sigma Kappa member said, "As a member of a sorority it's important to have greek unity and support other organizations philanthropies, and if we win we can donate to our philanthropy and benefit two



Nicole Pinto/Eagle Eye

**Big Man on Campus** was held this week to help raise money for breast cancer awareness. The event was sponsored by Zeta Tau Alpha. The winner of Big Man on Campus will be crowned tonight.

great causes."

Tonight at seven, is the last contest being held in Price Auditorium.

It is a talent show competition for the candidates.

The final voting will be done, and Lock Haven will have a new "Big Man on

Campus."

Tuesday evening was the Formal Date Auction. Ladies and Gentlemen alike bid on the men as they answered the questions to what is their ideal date and if they are single or taken.

The more money that

was bid on him the more points were awarded toward his total score.

At the end of the competition tickets were placed into each candidates jars for who would be the best BMOC.

Monday evening began by introducing the candi-

dates representing the organizations.

A question and answer segment revealed the character of each man facing serious and silly questions alike from what they would do with the money to if size really matters.

In between the ques-

tion and answer segment facts about breast cancer were read.

A free style competition was held following the facts.

Free styling included reading poems, comedy sketches, dancing, singing, and playing the harmonica.

Tickets were also given out to put in the bins at the end of the contest.

Neal Newmark, Kappa Delta Rho said, "I wanted to do it because it was a great cause, and to show that just because it's recognized mainly by women doesn't mean men don't care too."

The candidate's organizations represented are Alpha Sigma Phi, Alpha Sigma Tau, Kappa Delta Rho, Kappa Kappa Psi, Sigma Kappa, Sigma Sigma Sigma and Zeta Tau Alpha.

Laura Frazee, Zeta Tau Alpha said, "I like that a lot of organizations come to support our cause."

Door Prizes were also given to participants of the audience every night.

Jars of different candies were and will be guessed and won for a donation.

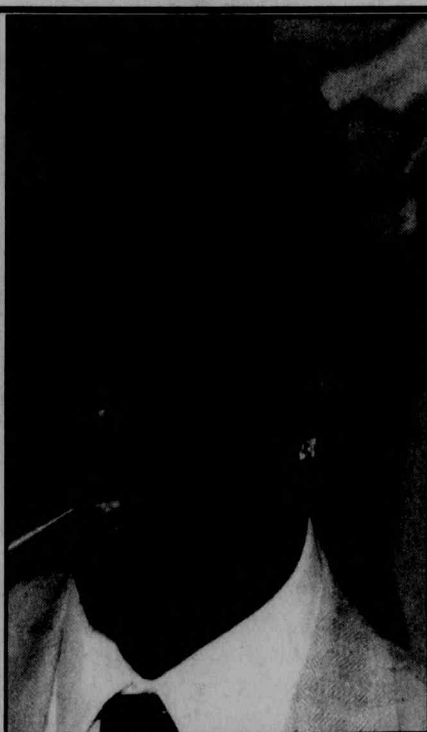
Gift certificates for pizza coupons and movie rentals were also called from raffle tickets given at the door.



## Beyond LHU: Music, Movies, More



Father of the famous Donny and Marie Osmond, George Osmond, died in his home in Povo at the age of 90.



Sean "Diddy" Combs will not be facing any charges for reportedly punching a man in a night club. There will be no charges due to the fact that the accuser can't keep his stories straight.



Forrest Carter's "The Education of Little Tree" was removed from Oprah Winfrey's Web site due to the fact that it contained something to be "the literary hoax of a white supremacist," according to Yahoo.com

Photo courtesy of Google Images  
Music, Movies, More written by Jessica Horbach, Features Editor.

# HAVEN LIFE

## Faculty Profile: Robin M. Rockey

**Erin Hipple**  
News Editor  
ehipple@lhup.edu

News Editor Erin Hipple sat down with Associate Director of Admissions Robin Rockey, who is responsible for organizing Admissions Open Houses for prospective students and working with student admission applications.

**Q: Tell me a little about your background: Where did you grow up? What brought you to Lock Haven? Was there anything unique about you as a kid?**

A: I grew up in a very small community outside of Ridgway in Elk County, Pennsylvania. I was the first member of my family to attend a four year university. My mom encouraged me to visit LHU.

I had already been accepted but I really didn't know much about it at the time.

I wasn't on campus very long that day before I fell in love with the area and knew this is where I wanted to be.

I wouldn't say that there was anything necessarily unique about me as a child, although as an individual with a "Type A personality," I was always very driven to work hard.

**Q: How did you get a job working for admissions? Was it a dream job or did it just fall into your hands?**

A: This question made me laugh as I mention this very thing in all of the presentations I do for the Office of Admissions. I really enjoyed my time here as a student and was not ready to graduate

when the time came, so I stayed for a second degree. Upon completion of the second degree, I still wasn't ready to leave The Haven, but I knew it was time to enter "the real world."

Several months after leaving LHU, a good friend of mine called to let me know that she spoke with then Director of Admissions, Joe Coldren, who informed her of a temporary vacancy in the Admissions Office.

I would have done anything to return to campus and even though it was only a three month position, I was very excited about the opportunity. Needless to say, that three month position was the beginning of a very rewarding career. I recently celebrated my 11th anniversary with the Office of Admissions.

**Q: How can admissions help current LH students, not just students who are hoping to apply to the university?**

A: Each year our office employs nearly 60 student ambassadors. We believe we aid in preparing students for work in a professional office environment.

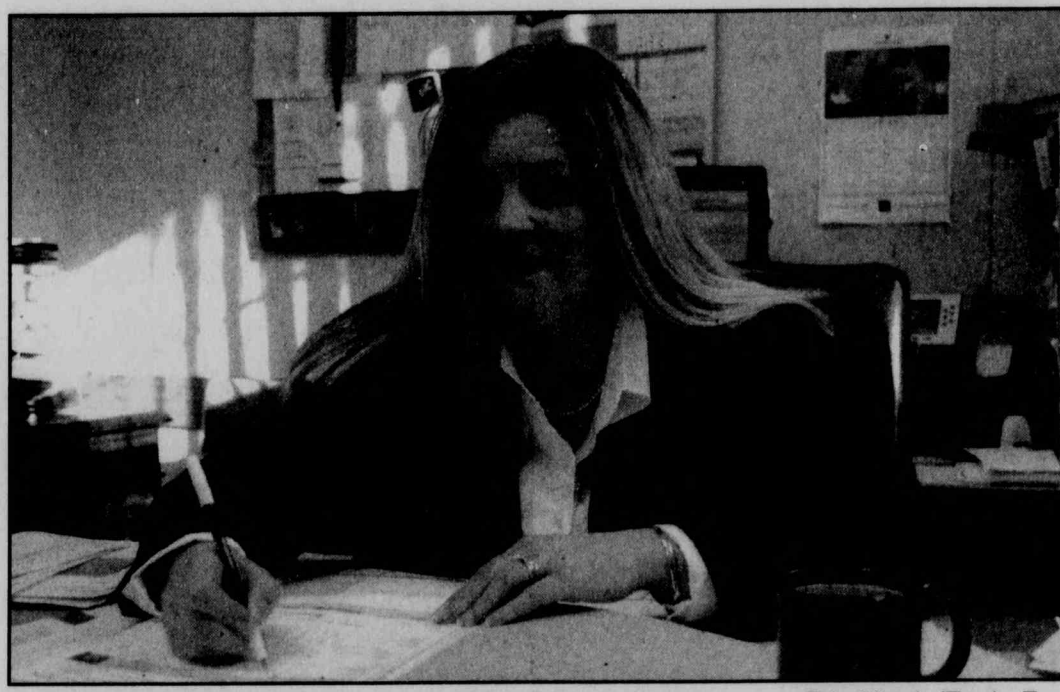
We help develop communication skills as well as others, such as handling challenging situations, multitasking and adapting to change.

**Q: What is the greatest reward of your job?**

A: By far, the greatest reward is seeing students on campus having a great time and enjoying the college experience.

Knowing that our office had a part in bringing each and every student here is such a great feeling.

I also really enjoy getting to know the parents and helping them find the



Erin Hipple/Eagle Eye  
**Robin M. Rockey, Associate Director of Admissions, is always available at her working place in Akeley Hall, Office 106.**

perfect college fit for their child. Occasionally, these relationships continue beyond the recruitment year.

In fact, there is a mom whose son graduated from LHU in 2006 who still calls me.

I've had parents hug me at orientation and on family day. I've received Christmas cards from families. Having that connection with the parents means a lot.

**Q: How do you think LH shapes students into experienced, mature adults?**

A: Students are getting terrific hands-on experience as part of the undergraduate program. Internships, field experiences, student teaching placements, etc.

All provide excellent opportunities to make contacts in the field and to apply some of what they have learned in the classroom.

Our students are leaving The Haven with valuable experience to include on their resume. They also leave with references from these opportunities

that can vouch for their maturity and work ethic.

**Q: What is your favorite campus program and why?**

A: Not sure this is what you are going for here, but my personal favorite is the open house program. Having hundreds of families visiting our campus is priceless.

We frequently hear comments from students and parents about how beautiful the area is and how friendly and helpful the faculty, staff and students are; the feeling is similar to that of a proud parent! I love showing off The Haven!

**Q: How can LH students become more involved with admissions or use admissions as a resource tool for success?**

A: I have watched dozens of ambassadors grow to be more confident in themselves from the experiences they've had in working with our office. Toward the end of each spring semester, we begin accepting applications for ambassador positions.

To best serve prospective students, we like to have representation from different academic areas as well as clubs and organizations.

I would encourage all LHU students to apply as we have many different employment opportunities available that include a variety of work hours. We have students who will work for us anywhere from several hours a month to several hours a day.

**Q: How do you think LH is different from other colleges and universities in the area? In what way does LH excel?**

A: We have the best faculty! We offer a personalized education and our professors are here because they want that connection with students.

I constantly hear stories of faculty members going above and beyond in and out of the classroom.

I had a terrific experience when I was a student here and I love sharing that with prospective students.

### Haven's Hot Happenings

11/7 - Nanoscience Awareness Day  
Where: Ulmer Planetarium  
When: 6:30-8:40 p.m.

11/7 - "Dirty Politics" Art Exhibit  
Where: Sloan Fine Arts Gallery  
When: 7- 9 p.m.

11/8 - Can Food Date Auction  
Where: PUB, #3  
When: 7 p.m.

11/8 - Real World Australia Cast Members: Kelly Ann & Dunbar  
Where: Price Auditorium  
When: 7 p.m.

11/8 - "The Laramie Project"  
Where: Sloan Fine Arts Building Auditorium  
When: 8 p.m., Nov. 8, 9, 10, 15, 16, 17  
Cost: LHU ID free, Adults \$5, H.S. students & senior citizens \$3

11/9 - HAC Comedy Night Featuring: PJ Walsh and Dan Cummins  
Where: Price Auditorium  
When: 7 p.m.

11/10 - Apollo Annual Talent Show  
Where: Price Auditorium  
When: 8:30-10:30 p.m.

**Audrey Ward**  
Staff Reporter  
award1@lhup.edu

Thanksgiving dinner may be viewed as the most important meal of the year.

If you are planning on staying in the Haven, you will have memories you will never forget.

Planning is the most crucial step while creating your perfect meal especially if you know that you will be cooking for a minimal number of people.

If you wait until the last minute, it will be hard for you to come up with a meal that will be enjoyable.

So the key is to make sure that you know in advance what you want to cook.

After you have invited your friends, find out what they typically have for their Thanksgiving dinners.

When you ask them what dishes they incorporate within their Thanksgiving meals at home, your guest will feel like you care about their traditions and will appreciate your meal much more.

When you think of a Thanksgiving meal, you typically think of the turkey, mashed potatoes, stuffing, cranberries, vegetables, muffins and the dessert.

But you may start thinking... what kind of vegetables, muffins or desserts should I make?

These do not

have to be tough decisions. An easy solution to the problem is to find out what your guests like.

Nicole Thompson, a senior, said, "What I look forward to the most about the Thanksgiving meal is my mothers' mashed potatoes and my grandmas' pumpkin bread as well as having family come together."

Side dishes that remind you of home are what you should incorporate into your meal.

Once you have the menu created for your Thanksgiving dinner, make sure that you go shopping early.

You do not want to wait until the last minute for fear that they might not have enough boxes

of stuffing left or whatever else you are looking for on the shelf in the store.

If you buy your turkey at the last minute, it would not thaw in time for you to cook and serve within the same day.

If you give yourself plenty of time to grocery shop and plenty of time to prepare the meal, you will not have a lot of stress on Thanksgiving.

Students look forward to this holiday because of all the great food and as a time to escape food that is served at Bentley.

"I enjoy all the good food, and I help cook everything," said senior

Jen Knobloch.

Students play an important role when helping to make the Thanksgiving dinner whether it is at home with their families or here in town with friends.

No matter how large or small the task is

while preparing the meal, each dish plays an important role.

The steps you take in order to prepare the meal are important.

Preparing a side dish too early may lead to more work later on than anticipated.

It is very helpful if you do all the baking beforehand.

If you want to save time on Thanksgiving Day, take advantage of the day before.

For example, you may want to make the muffins and any pies the day before.

Depending on the size

of the turkey will depend how much time it will need to cook.

A decent sized turkey takes several hours, so be prepared to begin cooking the turkey stuffed with stuffing first on Thanksgiving.

Right before the turkey is finished, you should prepare the mashed potatoes and any vegetable that you might be serving.

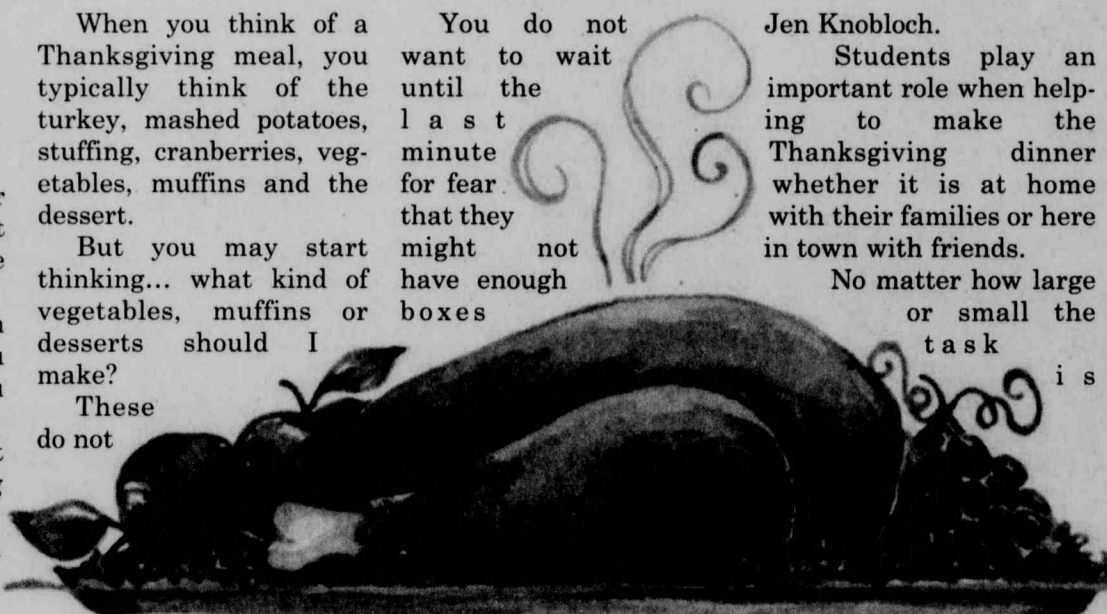
Then will come the plate of the cranberries, muffins and desserts.

If you want to save yourself some time, ask your dinner guests to bring a dish with.

That way you have more time to spend with your guests and you will not be slaving away all day in the kitchen.

Hopefully these tips have helped and will leave you with a feast and memories that you will never forget.

Photo courtesy of Google Images



### Let's Review:

- 1.) Planning: know in advance what you want to cook.
- 2.) Creating the meal: Make sure to ask your friends what they typically eat for Thanksgiving dinner.
- 3.) Go shopping early
- 4.) When preparing the meal:
  - Prepare side dishes in a timely manner
  - Do all the baking beforehand
  - Take advantage of the day before Thanksgiving

# HAVEN LIFE

## Perfect cop meets perfect mobster

Joe Stender  
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The movies, "The Godfather" and "Goodfellas" are known as some of the best gangster films in film history. Now you can add "American Gangster" to that list.

"American Gangster" paints an amazing picture of the true story of Frank Lucas and the underground New York drug scene in the 1970s.

Denzel Washington plays Frank Lucas who is a former driver for a New York crime boss. When the crime boss dies, Lucas is the only one to take over the power that is left by his death.

Lucas uses his connections and his family to grow to be one of the top drug suppliers in the New York area.

Lucas' family includes some familiar names, just not in films; for example, Common plays one of Lucas' brothers and T.I. plays Common's son and Lucas' nephew.

Russell Crowe portrays Richie Roberts, a New Jersey police officer who no longer wants to be a cop but wants to be a lawyer; the only problem is that he has a fear of public speaking.

Also, he is not liked

among his co-workers. The other cops who he works with believe that they cannot trust him.

This is because when Richie finds \$1 million that was a pay-off for one of his fellow cops, Richie does the honorable thing and turns it in.

He now has a target on his back and has no help from other cops when he needs help.

This is not the only trouble that Richie has in his life. Richie's ex-wife wants to move to Las Vegas and wants to take their son with her.

Richie has to fight, so he can keep his son with him.

But this is hard because Richie is either working in a dangerous environment, going out with one of the many women that he messes around with or hanging out with wise guys who are associated with organized crime, who he grew up with and went to school with.

While Frank Lucas is building his drug empire through his connections in Vietnam, Richie Roberts is recruited to become part of a major case narcotic federal team.

This is Richie's chance to escape the hostile environment that was his police department filled

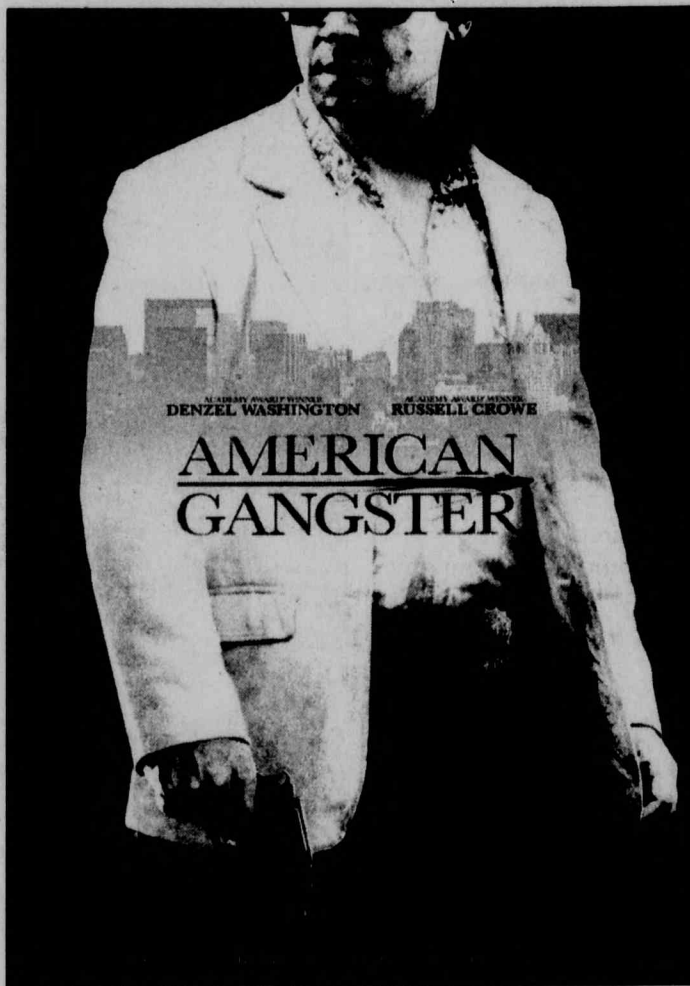


Photo courtesy of Google Images  
"American Gangster" portrays the truth of the New York underground drug scene during the 1970s.

with crooked cops.

His first assignment is to find who is supplying the local junkies with the purest and cheapest form of heroin, Blue Magic, to ever hit the streets.

Richie and his team have many leads from informants and knowledge of local Mobsters.

The only problem is that none of the leads ever produces anything solid enough to warrant an arrest.

This is until the Ali-Fraser fight where an unknown former mob driver showed up wearing a chinchilla coat and hat and had better seats in the

arena than some of the well-known Mob bosses had.

He also was introduced to the fighters personally. The team realized that someone with that much attention paid to him must have a lot of power in the city.

As the movie goes on, Lucas slips up with his plan, which was enough for Richie to begin piecing the puzzle together.

Cops even start demanding for Lucas to pay them so that they will look the other way when he is trying to handle his business.

This all leads to an ending filled with stake-outs, a gun battle and a chase for justice.

The casting for this movie was great.

At first I wasn't quite sure how having two big-name actors in the same movie was going to work. But it worked out great because they are barely on screen together, so every scene has great acting from either one.

Denzel Washington plays a perfect mobster, cool and calm throughout the entire movie. Even when the cops are close on his tail, he keeps his head and talks himself out of situations.

And the way he kills, he portrays the mentality

of a mobster perfectly, as though killing is just an everyday activity, like brushing your teeth.

Crowe, who is teamed up with director Ridley Scott again ("Gladiator"), makes you believe that he actually is one of the only honest cops in his force.

By the end of the movie I actually believed that Crowe was afraid of public speaking.

Even Common and T.I. played their parts great. I wasn't quite sure how they would do but throughout the movie I forgot who they actually were and thought of them as their characters. The only questionable choice was the casting of Cuba Gooding Jr. Cuba plays Nicky Barnes, a flashy Mob boss in New York. Though his performance wasn't bad, it was just very interesting to see him in that kind of role.

The movie is a little over two and a half hours long, but it was definitely worth every minute. I left the theater surprised that it had really been that long; it seemed to only be about an hour and a half. I could have watched three more hours of it because of how amazing the story and acting was. This movie is definitely a must-see for this winter.

## Poet reveals views, experiences

Tasha Hartley  
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thartley@lhup.edu

The second event in the Up-Write Reading Series that took place in the PUB, multipurpose room on Nov. 1, at 7 p.m. featured Tim Seibles, the author of six poetry books.

Tim Seibles is an associate professor of English and creative writing at Old Dominion University. Originally from Philadelphia, Seibles received his B.A. at Southern Methodist University in Texas, and his master's degree in the fine arts at Vermont College of Norwich University.

Tim Seibles even signed the copies after the reading.

The multipurpose room, in which the presentation was held, was just about filled. Many who attended did so because of requirements for classes; although, there were many others there who just plain enjoy poetry.

As it grew closer to the time to start, people became restless with anticipation and uncertainty of what the poet had to bring.

Many individuals expected the evening to drag on, but that is not what they got.

His poetry was introduced as being powerfully political.

Seibles' voice was calming and smooth. He began the presentation by giving some inspirational lines to those who consider themselves poets and writers. He described writing poetry as "giving voice to things that otherwise wouldn't be said."

He then began with the poem "Meep," which was

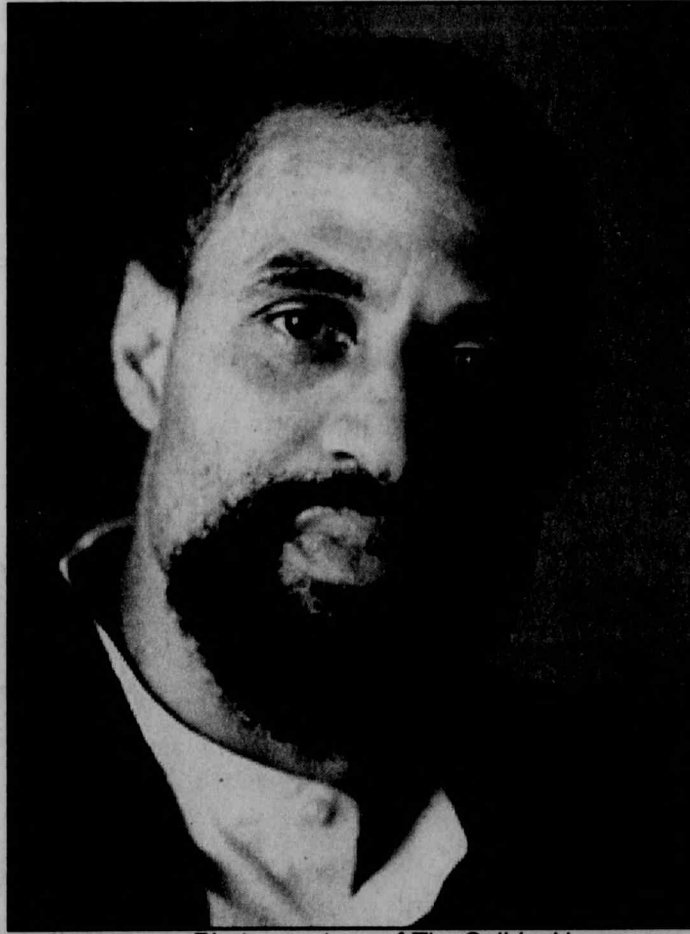


Photo courtesy of Tim Seibles' home page  
As a part of Up-Write Reading Series, Tim Seibles presented some of his inspirational poems to the LHU students and faculty.

one of the many poems he wrote in memory of his childhood.

His presentation had a clear theme of social structure, with the idea of people running ahead while others are suffering, and some people never getting what they want.

According to Seibles, the roadrunner and the coyote are the two types of people in society.

The roadrunner represents the type of person who is successful and only becomes more successful as time goes on while he is not paying attention to the needs of those below himself.

The coyote represents the people who seem unable to get any further in life, no matter how hard they try.

In presenting these

symbols, Seibles also gave the topic humor, as he did in many of his poems that he read. His poems are very easy to understand and read.

When he read them, it was like listening to a fairy tale or listening to the radio. It was smooth and easy.

As the reading continued, he gave the audience more and more insights to his past.

It turned out that he lived in Philadelphia during the 60s and 70s. He incorporated the audience into his presentation by sporadically discussing things with them.

Maybe, it is just a habit from his experience as a professor.

Seibles has received numerous accolades for his work: the Open Voice

Award, fellowships from the National Endowment for the Arts and the Provincetown Fine Arts Work Center.

He has written six books in which were published the following: "Hammerlock," "Buffalo Solo Heads," "Hurdy-Gurdy," "Body Moves," "Ten Miles an Hour" and "Kerosene."

His poetry has been featured in literary journals, such as The Kenyan Review and Black American Literary Forum.

Anthologies, Outsiders, Verse and Universe, In Search of Color Everywhere, A Way Out of No Way and New American Poets in the 90s also featured some of his poems.

Copies of three of his books were lying in a few spots, making it very convenient to purchase them.

During his session, Seibles would joke about the audience being hard to impress and as he continued to read, they appreciated that humor more and more since it began to show through in his writing.

One poem that really sticks out from the reading is "Visions."

This poem he said was inspired by a poem from another author called, "How to Like It." As he read it, one could hear the lesson being taught. Procrastination was the key theme.

The lyrical character, a cat, was speaking to a human about things he had wished he had done. As the poem progresses, the theme moves to broken promises and wanting to move on from the past.

His poetry is something that can change your life.

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# HAVEN LIFE

## LHU around the world: international student share experiences

**Olga Malyavskaya**  
Feature Editor  
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Adriana Osorio Lugo, 18, came to Lock Haven from Caracas, Venezuela, in October 2006 to learn English as a foreign language in hopes of making her dream to become a fashion designer come true.

I interviewed Adriana about her life and experiences in the United States:

**Why did you decide to get your degree in the U.S.?**

Well, when I first came here a year ago, my plans were just to learn English. When I finished my school of English at FLS here on campus, I applied to LHU and got accepted.

Then I went back to Venezuela, and I was thinking about the possibility to come here. I decided why to lose this opportunity?

I wanted to get a degree in fashion design and marketing, so I decided to start here in Lock

Haven and then transfer to some other university.

**Have you ever been in this country before you started your classes in LHU?**

Yes, I have, so I knew how it is going to be like. But I've never been in Pennsylvania before.

Also, I just had an experience as a tourist, but not as a resident. It's really different. It's good because actual living in a different country is very important for your formation.

**Was it difficult for you to adjust to living in the U.S.?**

Well, first I lived in a host family, and it was difficult for me because the people, culture, family life are so different than mine. It was hard to get used to the meal times and the rules of the house.

**What was the rule that bothered you the most?**

For example, after a certain time, you cannot

talk too loud and you have to be quiet.

It was so difficult because at home we are used to being together all the time and speaking loud. You know Spanish are like that.

Here you have dinner very early, and after 7 p.m. everybody goes to TV, and the day is over.

**So, what do you perceive as the biggest difference between your culture and the culture of the U.S.?**

I think it is people. In Venezuela, we are closer to each other. We kiss each other to say 'hello' or 'goodbye.'

We don't just say, 'see you later' and that's it. Here everybody just seems to mind one's own business.

**What is your biggest like and dislike of the U.S.?**

What I like the most about this country is everything is going good. Everybody is following the rules, and it's safe in here. As for the thing I don't

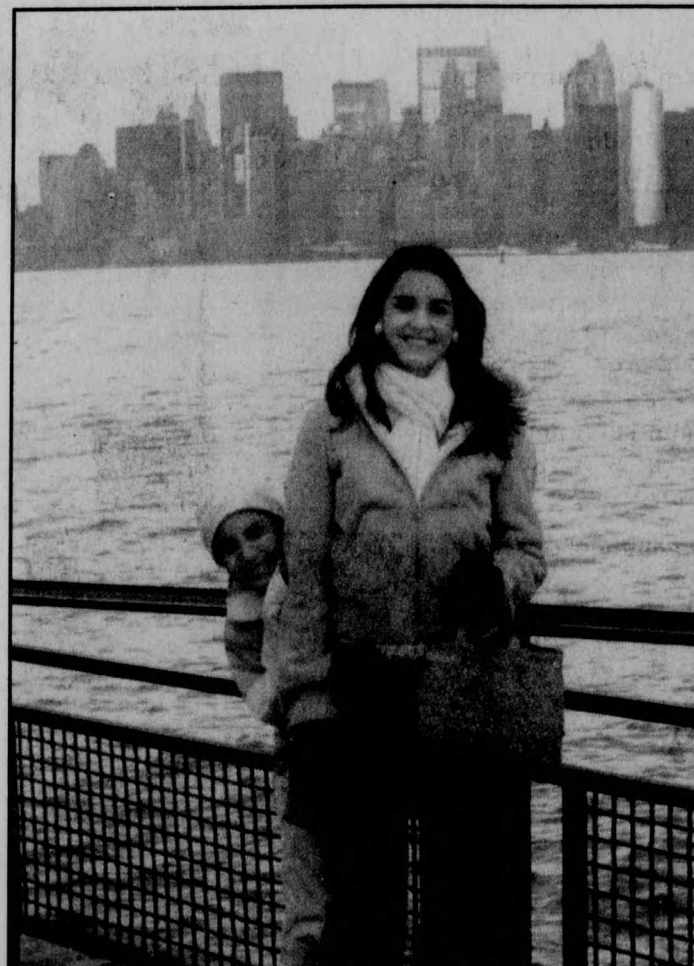


Photo courtesy of Adriana Osorio Lugo  
Adriana and her little brother Juan Pablo enjoy their trip to New York City.

like, it's the culture of family. For example, here children are always told, 'don't do this or that.' But when they are 18, they can

do whatever, and it creates a lot of problems.

Also, drinking is such a big deal here. In Venezuela, it's not, as par-

ents go with their children and teach them how to drink and deal with their freedom.

**As far as I know you are working as a Spanish tutor here on campus. Why did you decide to become a tutor?**

First of all, I wanted to work and do something other than just study all the time.

Also, to meet new people. You learn about different people, and they learn about you.

**What do you think was the most important lesson that you've learned from your experiences here?**

I definitely recommend this experience to everyone. Being away from home helps you find yourself and makes you learn a different culture and be more mature.

I think I will never complain about this experience, and I am very grateful to my parents for giving me this opportunity.

## When the Eagles go marching in

**Amanda Alexander**  
Staff Reporter  
aalexan3@lhup.edu

The Marching Bald Eagles commanded the Price Auditorium with their presence on Saturday, Nov. 3 during their powerful performance.

Despite their size of about 51 members, the band projected their sound as if they were much larger.

Their energetic and upbeat performance delighted the audience and was complemented by the Haven Guards, who alternately waved flags, danced and spun toy swords or guns.

Douglas Richard, who wrote the music for the show, chose a theme loosely based on the music of Elton John.

According to conductor Jack R. Schmidt, Richard chose to celebrate John's 60th birthday by displaying four of his songs throughout the performance.

While Schmidt was unable to choose a favorite song from the performance, he said that most band members seem to love playing "Carry On Wayward Son," which he said has been on the rotation since 1996.

The band projected energy from the beginning of the show, when they played the Star-Spangled Banner.

Schmidt then said, "Ladies and gentlemen, it's show time and the Bald Eagles are about to take the field" as the band launched into an energetic performance of "Flying High."

Next was "The Hey Song," which was also full of energy. The vocal parts were sung loudly and enthusiastically.

Then the first Elton John song, "Don't Go Breaking My Heart," was played.



This was accompanied by the first flag performance. The girls used purple flags as they danced to accompany the song.

The next song played was "Apache," which had a jungle-like drum beat.

The percussionists, who were the only standing members of the band during the performance, danced and smiled throughout the song, and seemed to enjoy themselves immensely.

Many songs the band played were very upbeat, especially the drum cheers, which were short

The band members who cheered during these songs were very enthusiastic.

Some of the songs even involved the sitting members slapping their hands on their legs along with the drum beats.

Most of the songs had a prominent drum beat that sometimes overpowered the other instruments, but "Children of Sanchez" was an exception.

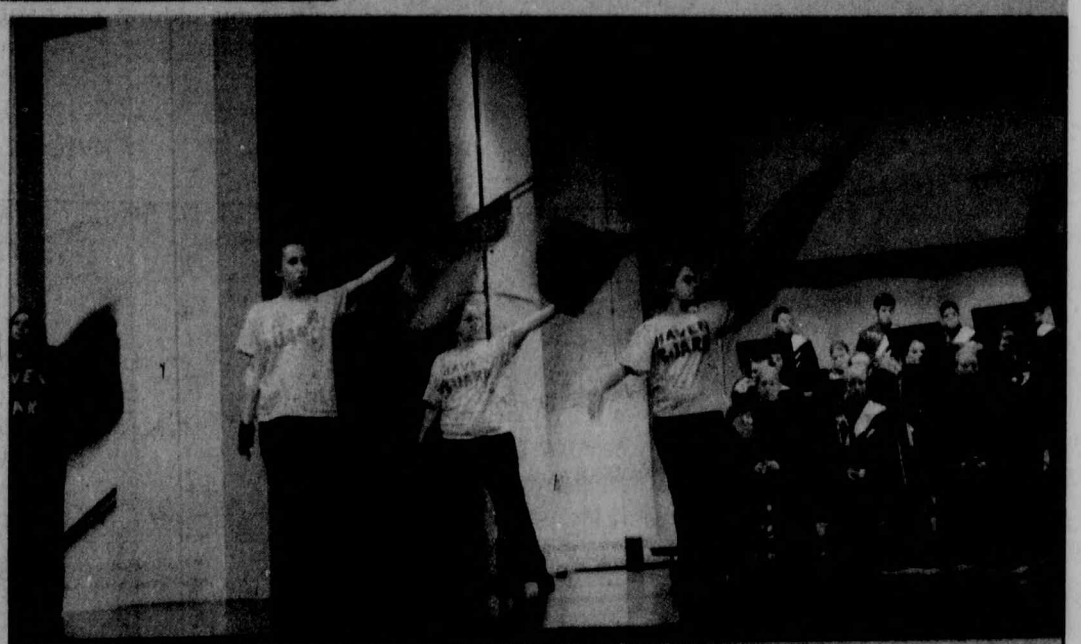
The brass players had a chance to show off their talents in this song, and they had a very rich sound.



(Top), (Middle) The Haven Guards twirl their colorful flags during the marching band performance. (Bottom) The Marching Bald Eagles perform their powerful music in Price Auditorium.

and usually involved shouting or singing in time to the beat.

The ending had all instruments playing and made for a strong climax.



enthusiasm and passion for the music by their dancing and eager smiles.

Dave Cantwell, senior, had the job of shouting "Tequila!" throughout the song and did so with a huge grin on his face each time.

After the performance of the Elton John song, "Still Standing," Schmidt took a few minutes to tell the audience about a trip to Ireland that the band will be taking in March 2008.

The band will be playing a concert at St. Patrick's Cathedral and marching in the St. Patrick's Day parade.

Schmidt said the trip

time to the beat.

The band also took the time to show their appreciation for their conductor.

One band member gave a short speech in which he talked about the definition of music.

He said that everybody sees music differently, but "the one thing that's constant through everybody is passion."

He then acknowledged Schmidt and thanked him for all his hard work with the band.

Schmidt, in an interview after the performance, said the students had also worked very hard.

They met a week before

will be a great opportunity to share music with the youth in Dublin, as music education is not emphasized strongly in Ireland.

Another big hit was the song "Hey Baby," which seemed to be one of the band's favorites.

The percussionists smiled and danced, and there was clapping and singing.

This led into the drum cheer "Let's Go Haven," which had a fast drum beat with singing.

The tuba cheer was a loud and dynamic song in which the brass members choreographed the swinging of their instruments and the percussionists bobbed up and down in

school started and practiced Sunday through Friday, and practiced three hours a week during the school year.

The last piece played was "Carry On Wayward Son," and this piece really showcased the front section of the band more than the others.

The melody of the flutes, piccolos, and clarinets could be heard clearly and was complemented by the percussion and brass sections.

The band played this song very enthusiastically and loudly, and it was the perfect finale.