



Haunted Studio a scary success
See, B8



Men's Cross Country team takes fourth PSAC title
See, B1

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The Eagle Eye

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Scattered Showers
High: 58° F
Low: 34° F

Wednesday, November 1, 2006



Photo provided by Sieg Center

The Sieg Center offers a scenic location for students and faculty to escape the main campus either for educational or social purposes.

Clubs make use of university's 'home away from home'

Erin Hipple
Editor at Large

Facilities Coordinator at Lock Haven University.

Located approximately 15 miles from campus is a conference and meeting center whose use is directly aimed toward students, faculty and staff. For some, Sieg Conference Center is the university's "home away from home."

Over 40 years ago the conference center was donated to the president of the university and has been a primary-use facility ever since.

"On March 9, 1965, the keys to 'Camp Hate-to-Leave-it' were presented to Lock Haven State College's president, Dr. Richard T. Parsons, by Bellefonte Works of Cerro Copper and Brass Company as a gift," said Marchal Rote,

However, it was not until more than half a decade later that the name was changed to Sieg Conference Center.

"In June of 1971 the Lock Haven State College Trustees adopted the name change to Sieg Conference Center to honor William P. Sieg, who initiated the idea of giving the land to the college in 1965," said Rote.

Yet, the name tells almost nothing of the conference center's many amenities, wide array of uses and proclaimed beauty.

The center rests on 44 acres of woodland in the narrows of Fishing Creek,

See, Sieg, A4

No smoking

Signs in front of Raub, dorms prohibit smoking

Wesley Brown
Guest Writer

New signs in front of Raub Hall prohibit smokers from smoking in front of the building.

For many years, students and faculty have been complaining about walking in and out of the building and having to walk through the hovering smoke, a problem that is caused by the overhang.

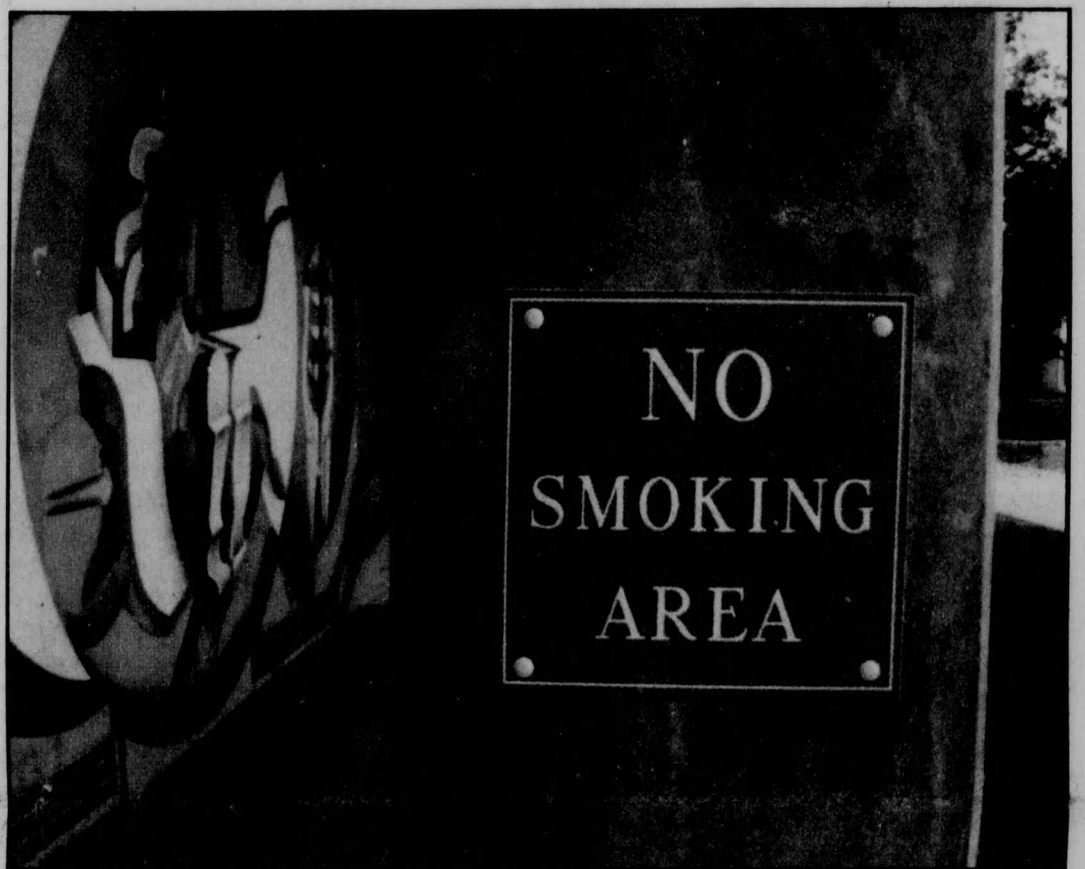
"I understand that there are students that smoke but we have to think about the health hazard for the students and faculty that do not smoke," said Vice President of student affairs, Dr. Linda Koch.

Health is an important factor in this debate about what should be deemed "smoking" or "non-smoking" areas.

"A smoking student is harder to take care of because smoking lowers a person immune system. We have to take extra steps to prevent a bacteria infection and even more steps for students who smoke and have asthma," said Physician Assistant, Marilynne Louis. By law, a person is not allowed to smoke within 20 ft. of an opening.

"I think that, in this case, we have to think about the students with asthma and who are sick. They don't want to have to walk through that cloud of smoke that develops in front of Raub," said Vice President of Student Cooperative Council, Leandra Torres.

The school has been working to make the campus more



Alana Beightol / Eagle Eye

Prominently displayed in bright red, no smoking signs grace the front of Raub Hall prohibiting students from smoking in that area. Linda Koch cited the health hazards of second-hand smoke as a reason for the ban.

presentable for visiting and for new students in the hopes of higher rates of recruitment. In doing so, the smoking area has been moved from the front to the back of Raub Hall.

Many smokers are not bothered by this new policy.

"I don't think that is that big of a deal because you can just walk one building down to smoke or go anywhere else," said freshman and smoker, Kerie Meua.

"The no-smoking area in front of Raub is a good thing. I

believe this is the best resolution to the problem of smoking on campus," Jennifer McCloskey, junior and smoker, said.

"With the current new constructions and rules, we have been trying to clean up the campus for a more comfortable and open presentation and to help with recruiting new students," said Vice President for Finance Administration and Technology, Robert O. Little. "We want to present a cleaner campus to the visiting

students as they walk the million dollar walk-way."

The butts of cigarettes scattered on the ground is another complaint made by the students.

"It's a person's right to whether they want to smoke or not," said Torres. "However, students need to take responsibility of cleaning up after themselves to keep the campus looking good."

See, Smoking, A4

Students give 'bloody' gift on Halloween



Jess Thompson / Eagle Eye

The multi-purpose room at the PUB is full of students and faculty willing to donate blood during the Halloween blood drive sponsored by the American Red Cross. By the end of the day 137 pints were gathered.

Sara Gerber
Staff Reporter

The Residence Hall Association Halloween blood drive was a success on Tuesday in the PUB, having gathered 137 usable pints by the end of the day.

RHA coordinator Wendy Walsh was hoping for a very large student turnout this year, especially with the theme of vampires on Halloween being a motivator for students.

"I think not enough people donate," said junior Courtney Faust. "This is my sixth or seventh time and I feel good about it."

"This is my second time here at school. I like doing it because it's for a good cause," said freshman Tiffany Wanous, who was newly-bandaged from having just donated.

The blood drive had a steady stream of eager students in and out all day with shifts taken by RHA student volunteers to hand out soda and snacks to the donors when they were finished.

"I hope no one passes out on my watch," said junior

Jason Auman who was one of the afternoon volunteers.

It takes not only the time of student volunteers to put on a blood drive, but also the time of the people of the American Red Cross. With someone in the U.S. needing blood every two seconds according to the Red Cross website, it's apparent how important it is for students to come together to donate.

Karen Ranck, the director of the blood drive, was pleased to announce that 57 students volunteered to give blood for the first time ever during this session. The number is a high one, according to Ranck,

though not unusual for the setting.

"Usually at schools we get a lot of first-timers," said Ranck.

When the Red Cross arrives to take the donations, wide campus support is nothing abnormal.

"I think it's really great how a whole college can come together to support a good cause," said Auman.

And without a doubt the cause is a good one. According to the Red Cross, up to three lives can be saved from one person's generous donation.



Jess Thompson / Eagle Eye

A "blood-thirsty" vampire hands out candy, encouraging students to volunteer to donate.

Students conduct Susque-View exercise program for employees, community

Daniella De Luca
Editor in Chief

Local community members and healthcare employees are moving to the beat and feeling the burn with a little help from Lock Haven University students.

A free aerobics class led by LHU recreation management students for Susque-View Home employees and Clinton County community members is being offered courtesy of a Clinton County Community Foundation grant.

The Susque-View Home Aerobic Exercise Class includes a full body workout. It begins with a warm-up and stretching. There are also resistance exercises with hand weights, aerobic step programs and abdominal exercises with exercise balls. Each hour-long program ends with a cool down and more stretching to calm the muscles.

Melissa Moors, one of the student leaders, said this project helps Susque-View employees and those who participate in a number of ways.

"It gives them a chance to work out for free in their own facility without having to travel to a gym," she said. "It also gives them an immediate self-esteem boost because they all know each other and don't have to feel intimidated."

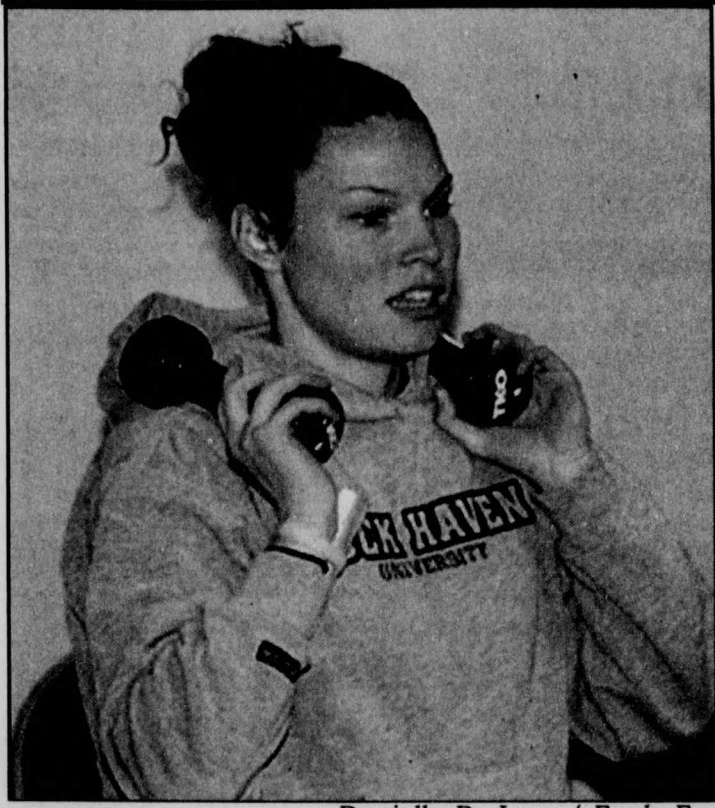
Other student instructors say that working out in the workplace is convenient and easy to incorporate with the most hectic schedules.

"It is great for the employees because they get to exercise at work, which they may not get to do or have time to do at home," said Gerald Deitz.

The program is held in the

other times it is a pain to clean up," said an anonymous food service worker.

When it comes down to it, many different people have an opinion on this topic. If students have questions, comments, or concerns then they can go to the SCC representatives who are on the committee specifically for the food services.



Daniella De Luca / Eagle Eye

Recreation management major Laura D'Haene demonstrates to audience members how weights can be used to augment leg exercises.



Daniella De Luca / Eagle Eye

Melissa Moors shows a participant proper techniques for weight-lifting.

Despite rumors, Bentley trays are a no-show

Kate Chorney
Guest Writer

Although some rumors have stated otherwise, trays at Bentley Dining Hall will not be making a comeback.

During the first few weeks of the semester, rumors were going around that the popular trays were coming back upstairs. These rumors started by a quote in the Eagle Eye.

"There was a misquote in the school newspaper made by the student food chair," said Gayle Hanson, general manager for food services.

According to Hanson, the permanent removal of the trays is a result of too many students getting food and then not eating it.

"It concerned food waste," said Hanson.

This food issue isn't just a problem at the university. Other state schools in Pennsylvania also do not have trays such as West Chester and

East Stroudsburg.

Some students do not feel the absence of trays is necessarily a solution to the problem at hand.

"They say it is to conserve food and not to waste as much, but I don't think it is effective. We still are wasting the same amount of food," said Tabitha Blough, sophomore.

Other students agree. "They need to come back; they are more convenient," said Christine Fye, a senior. "Why make three trips when you could make one?"

Hanson believes that the food waste issue is a reasonable one.

"If I serve a hamburger hot, it should be that way when you eat it. Once it is cold students will throw it away and that is wasteful," said Hanson.

Not just students have an opinion about the trays not coming back.

"It is sometimes a good thing to not have the trays, but

have even brought their children along to be a part of the action. The exercises and time spent volunteering outside of class are part of the course entitled "Health Promotion at the Worksite," Neff said.

The class emphasizes the knowledge and skills needed to perform as a worksite health promotion professional in a variety of work settings and is geared towards recreation majors in the fitness management track. Recreation management majors taking the course are at a point in their academic careers where they are one semester away from their senior internship, Neff said. This activity

See, Exercise, A3

Plan during fall, winter for summer internships

Brandy Rissmiller
Staff Reporter

It may just be November, but it is never too early to start looking for a summer internship.

In fact, according to Hannah Thompson, a peer career facilitator at Lock Haven University's Career Services Office, it may pay off to begin this early.

"Sending out resumes and cover letters now helps the employer realize you are serious about the particular internship opening," said Thompson.

Before searching online and through advertisements for an internship, all of which you can do from the Career Services Office in Akeley 114, students should decide what their career objectives are and what type of internship will fit them the best.

The opportunity should help identify your talents and direct you toward an appropriate career. The

internship should also help you attain those vital practical and professional skills you will need in the business world.

When students are ready to start searching they might stumble upon a road block: where exactly do they find an internship opportunity?

But there are several options to locating an internship.

At the Career Services Office there are internship listings and their website has links to popular search websites that contain opportunities.

Students also may want to check with their academic adviser to see if their department has a compilation of any prospective internships.

Job fairs present yet another option. Employers sometimes use fairs to identify students for internships as well as for full-time employment.

Thompson suggests stu-

dents "create" their own internship if nothing found meets their career goals.

"Say there is a company that interests you, but doesn't have an internship program. Think about what you would like to gain from their company and, likewise, what you have to offer the company," explained Thompson. "Let the company know what your goals are and what you want to learn. If the employer is interested, you can work together to design a list of responsibilities and activities for your internship."

Research the internship before accepting it. Students are encouraged to read as much as they can about the company and the position. Internship seekers are also encouraged not to pick flash over substance. A substantial internship that gives you the most hands-on experience possible will be the one that will put both your skills and your resume over the top.



Seniors!!!

Are you a Senior planning to graduate this Fall or Spring? Sign up for your Yearbook Photo to be taken and placed in the 2006-2007

Edition of the Lock Haven University Praeco Yearbook.

It's free to sign-up and the yearbook is also free to all graduating Seniors!

Please log on to cws.ouryear.com (school code 87195) and register for a time slot on one of two dates:

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If you have any questions please contact EIC Will Dowd at wldowd@lhup.edu or Photo Editor Lyndsay Jasper at ljasper@lhup.edu

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Controversial club approved after two years

Kara Wilt
Online Editor

Qadesh Society, an adult sexuality exploration club, is building momentum, after being granted admission into the ever-growing list of campus organizations.

Del Sellers has hopes that students, as well as faculty and staff, will have a better knowledge and understanding of what the club is trying to accomplish as it gradually becomes more known around campus.

"The main thing we're trying to do, is educate ourselves and other students, and really just support them as far as adult sexuality is concerned," said Sellers.

The club started out with the title, "Students for Healthy Adult Sexual Expression", but was changed to the Qadesh Society to further amplify the history behind the interest in sexual exploration.

Qadesh is the name for the Mesopotamian goddess of sexual ecstasy and pleasure. When the Egyptians took over Mesopotamia they changed all of the gods' and goddess' names, except for hers.

"We felt that since the Egyptians did not change her name, that it was a symbol of her power," said Sellers.

Since this organization is not funded by the SCC, Qadesh and its team of advisors have to come together in order to come up with ideas for fundraisers.

"We would like to bring in someone with the expertise we are looking for to help us better understand sexual expression," said Sellers. "People like psychologists, business

owners and maybe even some authors."

The group would also like to plan a few trips to further their knowledge.

Anyone that is a student, full time or part time, that is in good financial standing with the University can become a member of the Qadesh Society.

Founding this organization was no walk in the park for Sellers and his team of advisors. When the interest for the organization first arose in 2004, Sellers decided to present his idea to the SCC. At the time he did not realize that he was entering an uphill battle that would take two years to overcome. The senate turned down his proposal again and again.

The SCC had a lot of concerns surrounding this particular group. The senate worried that the members of this sexually-focused group would try to force deviant sexuality on their members and would give the impression that all kinds of sexual expression are healthy. Child pornography was one such example and is a violation of federal law.

"Pedophilia isn't healthy, nor do we promote it, but it is healthy to research and understand it," said Sellers.

One of the last arguments the senate presented was that students would not want their Student's Activity Fees funding this kind of club.

"We had a rebuttal for that one as well," said Sellers. "We went out and got 200 people to sign a petition, and along with signing we handed out information so that they could understand what they were signing for."



Photo Provided by Del Sellers

Members of Qadesh Society pose while on an outing. Since the SCC has not provided the club with a funded status, they must utilize fundraising or personal money for any future events.

There were members of the senate, however, that were not opposed to the idea that Sellers was presenting. Sarah Wojcik, who was on the senate at the time of the first proposal, was one of them. She felt as if the students as a whole were not the ones being represented.

"A lot of students were clearly voicing their own opinions on their personal ideology about why the club should not be approved, rather than trying to represent their constituents," said Wojcik.

Dr. Dan Shaw, Qadesh's first advisor gave a statement at the first meeting with the

SCC showing his full approval of the organization.

"I believe that the Qadesh Society is a worthwhile organization that deserves recognition by the SCC," said Shaw. "There is nothing more freeing than being able to discuss a practice one engages in (or is considering engaging in), without fear of being considered a pervert."

Sellers and his team of advisors including, Greg Walker and Tim Baylor from the Sociology department, Tara Mitchell and Katie Kelly both from the Psychology department and Jenn Keiffer

the club's community advisor, were able to demonstrate a need for the club on campus. With the help of the Qadesh Society, she plans on helping students explore how some parts of sexuality can go very wrong, as often occurs in the case of rape or molestation.

After the shower of testimonies supporting the organization, the SCC voted to approve it.

"We didn't really get them to say yes, but maybe we got them to a point that they couldn't say no," said Sellers.

EXTRA FACTS:
-The first recorded sexual act came from Mesopotamia.
-When Thomas Edison first started progressing with film it was of a female doing a burlesque dance. This was a predecessor to stripping. It was more of an art form rather than erotic though.

Fraternity contributes to Fall Festival



Photo provided by Erie Cooney

The Pi Lambda Phi fraternity volunteered their time, this past Saturday to help with Lock Haven's annual Fall Festival. The fraternity wanted to show that it is not just a social organization but one that is willing to help the community. Kids, in various halloween costumes, participated in activities, games, crafts and refreshments at the Elks Lodge. This was the first year that the event was held inside, which provided more activities and games beyond the usual trick-or-treat booths.

From, Smoking, A1

Other campus buildings are dealing with much of the same issues involved with smoking.

"I made the Hall Council responsible for the limitations applied to the different issues that involve smoking as long as they meet federal and state laws," said Director of Smith Hall, Max McGee. "We have a Smith Hall program where we rotate the student smokers

from the patio for hot months to the picnic table with the overhang in the colder months. All I ask for is for them to be respectful of the community and there will be no problems."

For students who are fighting to quit smoking altogether, programs like the Pennsylvania Association of Students Who are Against Tobacco use, PA-SWAT are available on campus for assistance.

From, Exercise, A2

prepares them to work with others not in their peer group, she added.

"The students are working with clients who are older with bodies not in the same condition as their peers who they have worked with in the past," said Neff. "It is a tremendous stepping stone for our students and a win-win program for those involved and the community."

The program started on Sept.11 and will run for ten weeks until Nov.13. It will continue in the spring semester led by different student instructors.

"Our students can sharpen their programming and leadership skills while simultaneous-

ly being involved with service learning." Neff said, adding that the students are finding the outside-the-classroom approach to be a good stepping stone toward their career goals. "It's a great experience to instruct the work out programs and see all the faces that come into our program," Moors said.

Susque-View employees are happy to see the students' faces as well.

"It's nice for the public to see the students intermingling with us, and we love to see students from all majors involved here," Arcadipane said.

For more information, contact Dr. Rose Ann Neff, rneff@lhup.edu, (570) 893-2552.

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All clubs and organizations, funded or non-funded, who would like to fundraise on campus are going to have to submit a Campus Fundraising Request Form.

Any fundraising activities must be submitted to the Student Appropriations Committee for approval before any advertising is placed on campus and a week before the event.

Forms are found in the SCC Offices outside the Treasurer's door and are due by Monday at Noon to be considered for Tuesday's meeting.

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Friday November 3

Date auction's high bidders create a success story for Phi Sigma Pi initiates

Sarah Wojcik
News Editor

Phi Sigma Pi's fundraising event, which took the shape of a date auction, last Thursday was a huge success, according to its members.

"We've been told that this was one of the best fundraising events the frat has seen in

awhile," said one of the fraternity's initiates, Taylor Gary. The event was administered by the honor fraternity's initiating class and was a required part of their process to become a member of the organization. When the initiating class was brainstorming about what kind of fundraiser they wanted to work on, Cindi Howard presented the idea of

the date auction.

Having seen other clubs use it to raise funds, Howard thought it might be what the Phi Sigma Pi initiators needed to gather attention and money. But even Howard had some doubts on how much interest the event would garner among the university.

"Some people told me they were surprised that it went as well as it did and I would have to agree with them," said Howard.

The event raised \$187 during the auction and these funds will go to the initiating class's future financial needs and will help them when the time comes to purchase gifts for graduating seniors.

The purpose of the date auction was to sell students who had volunteered to grace the stage in Price Auditorium. Each one entered to a song of their choice and some even tried to increase their value with some dancing or theatrics. Audience members were read a quick description

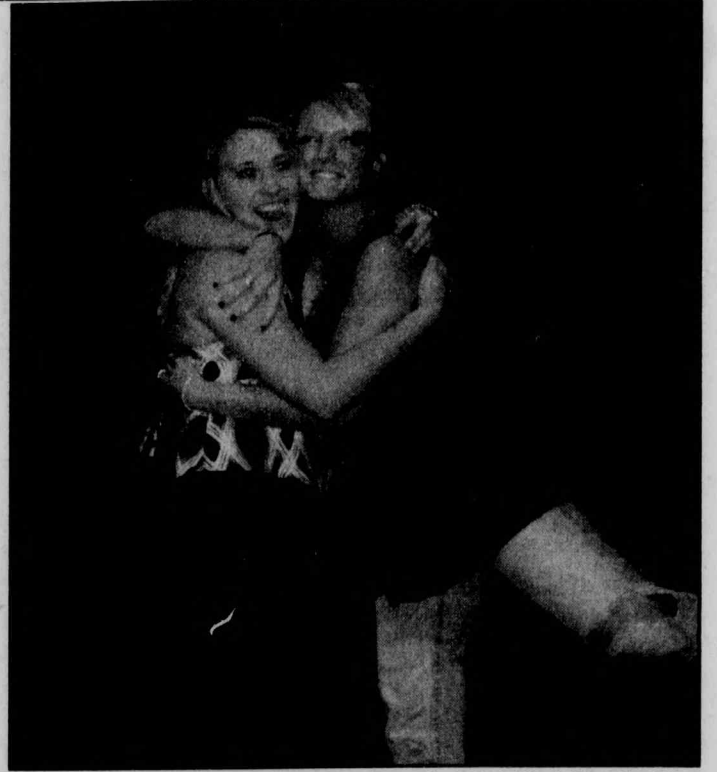
written by the auctioned and had been given a placard with a number so that they could bid on the person that caught their eye. Bidding started at \$2.00 for each person, but the sky was the limit for those who were intent on winning a companion for an evening.

The most expensive individuals of the evening included Danielle Steinbacher who went to her highest bidder, Shawn Ergler, for \$13.50; Shawn Ergler, who went to his highest bidder, Cassie Schaeffer, for \$20; Emily Nowak and Amanda Grau were auctioned off as a pair and were sold to Roy Dorman for the highest amount of the evening - \$30.

Many of the participants were quite anxious about getting on stage, admitted the organizers of the event.

"Some participants were really nervous at first," said Howard, "but by the time they got up on stage, they were glad that they signed up to help."

Despite their short time



Sarah Wojcik / Eagle Eye

The highest purchases of the evening embrace.



Sarah Wojcik / Eagle Eye

Joe Melber announces the bids at the auction.

together, a level of camaraderie developed among the participants, according to Gary, as some of them even went as far as to bid on one another.

"Since they were all in the same boat, they got close very quickly and so they wouldn't let each other not get bid on,"

Gary explained. The brothers of Phi Sigma Pi were so pleased with the result of the auction, they've implied that they would like to try and make the auction an annual fundraising event, which, needless to say, will bode well for the reputation of this year's initiating class.

From, Sieg, A1

about a 25 minute drive from the main campus. Its major uses include informal meetings, club and group gatherings, university celebrations, picnicking, camp-outings, training sessions, brainstorming center and much more.

"The purpose of Sieg is to hold workshops, seminars and social events for the Lock Haven University community. It is primarily used by student groups, but faculty and administration also use Sieg for various events. On the rare occasions when Sieg is not being used by LHU, it is open for use by the local school district and other government agencies in the city, county, and state," Rote said.

In 2002, \$250,000 was put toward updating the conference center to include adequate dining facilities for upwards of 200 people complete with an upgraded kitchen. Also, interior doors were replaced, plumbing and electric were improved, and the facility was made handicap accessible. The center can also house up to 48 guests in the overnight bunkhouse.

Also Dr. Amy Kutay, Professor of Biological Sciences at the university, and her Entomology class recently treated all 115 of the Sieg Center's Hemlock trees for woolly adelgid, along with the Pennsylvania Department of Conservation and Natural Resources.

While it may appear as if the center focuses on merely

educational purposes, such as what Kutay and her class have accomplished, social functions are encouraged as well. Sieg's many diverse features and uses ultimately enhance Lock Haven University's learning experience in both conscious and unconscious ways.

"Sieg is chosen for use by groups who want to gather together in a more relaxed atmosphere. It is surrounded by woods and a trophy trout stream. It is a great place to brainstorm without interruptions, socialize and share life without the day to day normal routine of offices and classrooms," said Rote.

The conference center is closed between November and March of each year and reservations are limited. The center can be reserved for

day, night, overnight, or weekend excursions. Student groups are encouraged to request or inquire about availability at the center a semester in advance.

Contact
Marchal Rote
Facilities
Coordinator
at
mrote@
lhup.edu
OR
482-2002
for
reservations.



Photo Courtesy of the Forensics Team

The Lock Haven University Forensic Team competed October 21-22 at Cedar Crest College and received awards in 4 different categories. Receiving awards were Chris Glofelty and Christina Tongyai for their dramatic duo interpretation. Senior Jennifer Krystek shone over the competition from other schools receiving 3rd in Prose Interpretation, 2nd in Solo Dramatic Interpretation, and 1st in Pentathlon, which is a reward based on the accumulation of points over the competition

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Dozen

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Little Squirrel, You are the best! Welcome to the hippo family!
Zlam, Big Squirrel

Carmen, No More Birthdays!
Zlam, Petra

I love my pledge class FF4 spring '05.
Zlam, Heather

Pokey, Sleep out for the homeless. Oh wait I'm missing a letter. Zlam.

Yay, Little Kate your the best. I heart you.
Zlam, Big Heather

Athens, Where did your ladybug makeup go?

"Ollie, ollie, oxen free!!"

Little, Thanks for a great weekend! I love you!
Zlam, Big Jenny

Great Halloween weekend Zetas!!
Love you all!
Zlam, Court

7-ups, Have a great week.

Little Court & Little Kitty Carren,
Have a Happy Halloweenie!
Zlam, Big Erin

P.S. Courtney called us that again.

Bigs, Congrats on your littles!
Zlam, Boyer

Big Wolverine, You are the love of my life
Love, Little

Meg, I missed staying at OUR house!
Zlam, Sam

Big Cousin Raccoon, You rock my world!!
Love, Little Cousin Raccoon

La...Lanolin, Lanolin? Like sheep's wool?

New Bigs & Littles congrats!
Zlam, Megs

Dear Raquel, You're not a sword. P.S. Toe is spelled with a T not a F.
Love, Brenda

Little Cousin Raccoon you are amazing!!
Big Pig, Please let me back in the family.

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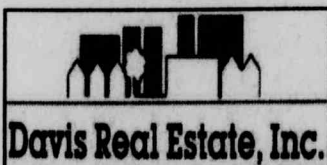
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OPINION

Political relativism common among students

Stephanie LaSota
Opinion Editor

When I sat down on my sofa, notebook and pen in hand, ready to take extensive notes on Bill O'Reilly's visit to the Oprah Winfrey show on Friday, I expected to be repulsed by his stringent right-wing views and harsh demeanor.

I was still mildly annoyed by several of his comments, but repulsion was not a feeling I experienced.

I found myself ill-equipped to write anything negative about the man regarding this particular television appearance.

In fact, I agree with him on his views regarding polit-

ical relativism in America and wish to reiterate his point.

The opinion that O'Reilly and I share is that it is imperative that people make decisions about where they stand regarding political issues and laws.

There is far too much apathy existing in the United States today.

I hate to say it, but I have even become acquainted with many politically and socially apathetic college students.

No one seems to care enough about the world to stay informed on current events and politics. What ever happened to the idea of being a scholarly student instead of just a weekend

warrior? It really is possible to strike a balance.

It is our duty as human beings to be an active member of society - knowledgeable and well read.



Stephanie LaSota

One does not need a college degree to understand politics, the environment,

law, etc.

Just pick up a newspaper. Read a book. Read a lot of books. Knowledge is power and the more we know the more likely we are to make wise decisions.

O'Reilly spoke of a "middle-ground" when it comes to key political issues.

He said that he hated the word and that people needed to stop vacillating between two sides of an issue. He said that people need to make a decision.

I agree that people need to decide where they stand on issues. But, they will only get to this decision if they vigorously engage in the world around them.

We don't need to wedge ourselves beneath a political

party label. But we should know how we feel about environmental laws.

We should know how we feel about the issue of abortion. We should know where we stand on the war in Iraq and on immigration laws.

If we do not know exactly how we feel, we should be trying to find out everyday.

Our individual political philosophies on different issues may not seem like they should belong to one in the same person.

We may appear "left wing" on one topic and completely "right wing" on another. That is one reason why assigning labels to people is a bad idea.

We are not cookie-cutter mannequins. We are diverse

creatures with an abundance of ideas.

Like O'Reilly said to Oprah on Friday, we need to make our political decisions based on what kind of country we would like to have.

We have to fight for our country and we must put passion into our beliefs. We cannot all stand by and expect someone else to change the world. We are the world. You are the world.

We must stop practicing political relativism and start making decisions based on what we believe in.

There are too many people who sympathize with issues but do not decide on them. We must educate ourselves, find ourselves and be ourselves.

Bentley's tray elimination decision needs support

Adam Roberts
Guest Writer

College is a place for students to find themselves. It is a place where some of our country's greatest culture revolutions have taken place. Generally, college is a place where fighting against "the Man" is highly regarded.

With that said, some people get so caught up in fighting "the Man" that they forget to search for a worthwhile cause. The trays in Bentley Dining Hall are not a cause.

This debate began in the summer proceeding this semester when the powers that be in Bentley Dining Hall set out to solve the food waste problem in the all-you-care-to-eat cafeteria.

In years past many hungry Bentley patrons would load several plates with food from the various lines and stack them on orange trays that sported the LHU logo.

Once the trays were piled high with food the previously starving holder of that tray often lost his appetite and deposited the majority of that food into the garbage.

For the people responsible for purchasing this food and setting prices, this practice was obviously cause for alarm.

So, with the knowledge that the trays were a large contributor to the waste problem "the Man" removed the trays.

A tremendous advertising campaign was launched to curb outrage and educate students as to why the trays had

been removed from their lives. Outrage has occurred, but from my vantage point the system has worked.

People are eating what they take and if they are still hungry after one trip to the food lines they may go and get a second plate.

This is where the wannabe revolutionaries come in with peace signs and outstretched fists ready to condemn any ruling made by the people in power.

These revolutionaries can be seen all over complaining about the lack of trays, but they don't really provide a reason why.

One of the strangest demographics involved in this revolution is freshman. I suppose they are in the college spirit and want to feel as though they are part of chang-

ing the system.

The problem I see with this is that the freshmen at this university have never experienced trays in Bentley. So how do they know what they are missing? This would be like me boycotting CBS for not airing new episodes of Captain Kangaroo even though it was off the air by the time my mother was 18.

They have even gone so far as to bring this "fight" to the SCC in the hopes that they will rally with them to bring back the unnecessary pieces of plastic.

I have seen a petition for the reinstatement of the trays which, at least according to my senator, is sponsored by the SCC.

If this is the case, it is unfortunate that our student government is wasting its

time to support inevitable food waste.

I will concede to the fact that the trays in Bentley were moderately convenient. But we have been tray free for over two months and there has been no casualties related to standing in line twice or setting down a plate and then getting a drink.

If the caped crusaders of Bentley trays win this battle

there is no saying what could happen next.

The people who do not mind the fact that the price of Bentley sustenance will stay manageable because there is less food waste need to band together.

A counter-revolution is in order. Stand strong Bentley powers. You did the right thing and we support you.

Companies take advertising too far with use of multiple media outlets

Mark Burylo
Guest Writer

They are on the TV every thirteen minutes for four minutes. They pop up on the bottom of the screen during the show.

They take up nearly as much time as the previews in the movies. They are on the side of buses and on huge billboards.

They pop-up, slide-in, scroll-down and flash across the computer screen. They are written in the sky, sometimes pulled as a banner by a plane.

They are slipped in and printed in newspapers, magazines and books. They arrive in the mail, call on the phone and turn up in e-mail.

They get hung on door knobs, handed out as flyers and taped to walls. But that is all okay.

We all have grown to

accept their presence and the fact that once in a while they show us something we want.

I'm talking about advertisements. Those colorful, shiny, eye-catching product placements that are all around, but when is enough really enough?

When do the companies say, "We've finally saturated the American public with our ads to the point their eyes and ears bleed. We don't need to make any more."? To answer my own question - they will never say that.

There are companies who proposed placing a huge, glowing billboard in space so people can read it at night. That is just what society needs, an orbiting ad selling Depends.

Fortunately that idea was squashed, but Pizza Hut came close. Pizza Hut had a contract worth one million dollars with the Russian Space Agency to have their logo put on the side of a rocket that would travel to

the International Space Station.

Fortunately, again, that plan was scrapped. There were problems between the company and the RSA over money and other issues dealing with Russian law. Thank God.

Let's get to the heart of this little diatribe. Saturday, October 28, I placed an order of General Tso's Chicken and two pints of rice from Main Cheung. Half an hour later it arrived.

I reached inside the paper bag to pull out one of the boxes of boiled rice, expecting to see the custom white box. Instead I saw a khaki colored box covered with "Life Lessons" from Curtis Stone of The Learning Channel (TLC).

What has the world come to when television channels have to place ads on Chinese take out boxes?

It isn't enough that they advertise on their own channel, during their own shows and on their own website?

It is bad enough people are paid by companies to place tattoos on their body advertising products or services. At least that person chose to become a walking flyer.

I, for one, don't want to read "Life Lessons," "Collect this valuable Life Lesson by watching Curtis Stone on "Take Home Chef" Fridays at 8/7c starting June 16. TLC live and learn" and "Collect them all by watching, TLC live and learn" and "Life Lesson #75: If you're going to pass this off as your own cooking, hide the container" or look at Curtis Stone's face while I eat.

This letter of mine will not change the way the world works. I know that much.

But, I hope that it will at least make those who read it realize that companies and corporations see the public as nothing more than sheep ready to be herded into the next pasture.

Letter from faculty member evokes hypothetical question

Dear Editor,

Reading *The Eagle Eye* opinion section last week, I noticed a letter from a faculty member in regards to the hypnotist that performed on our campus.

In the article, the writer expressed a deep sense of dissatisfaction with the hypnotist because he made one girl he hypnotized to speak Chinese.

The writer called this type

of joking bad taste and on the border of prejudice. I realize that this type of joking is offensive to some.

I also agree that it was inappropriate for the girl to have been manipulated into doing this.

However, I would like to say that hypothetically, if the hypnotist would have had a student hypnotized to act like George W. Bush and make offensive remarks towards Republicans, the faculty mem-

ber may not have written a letter to the editor stating that the hypnotist was unpatriotic.

I find it very awe inducing how liberals are able to admonish certain statements and yet ignore others.

Charles J. Gilbert
Junior
Computer Information
Science

Letters to the Editor

Letters to the editor are the opinion of the author and do not reflect the views of the Eagle Eye staff or its associates.

Do you have something on your mind?

Is there a hot-button topic that you would like to discuss?

Don't just get red in the face...

Write a letter to the editor.

When writing, please include your full name and a phone number where you can be reached.

Also include your year and major.

Send it to lhueagle@yahoo.com with "Opinion Letter" in the subject line.

Do you like to draw? Do you have a passion for comic books or satirical cartoons?

Draw an editorial cartoon, and submit it to the *Eagle Eye* for the Opinions section.

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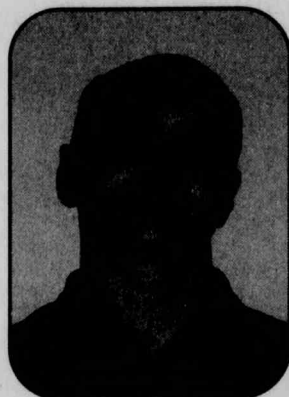
OPINION

Religious intolerance may stem from Christian philosophies

Joseph Melber
Guest Columnist

Christianity and convince them that Christian values were correct.

This would be fine if violent force were not used to sway opinions, but sadly it was and the armies of Western Europe tore through the Middle East in an attempt to retake Jerusalem and kill those who would not turn their eyes and hearts to Christianity.



Joseph Melber

Despite the negative press Muslims have gotten over the past decades for their current struggle with Israel, at this point in time the Middle East along with the Egyptian empire was known as a place of tolerance and understanding.

Muslims would allow Christians, Jews, and those of all other creeds to actively worship which ever god they liked without any disdain for those individuals who wished

to do so.

It is my assertion that it is in fact Christianity which brought on religious intolerance in the world despite what streamline media may have you believe in terms of the perception of the "typical Muslim terrorist".

This brings me to the most significant flaw of the Christian faith (at least the core Christian denominations) which is the idea of a pope.

The pope is a human being who is treated as a god on earth. I oppose this on the grounds that any human being treated as a deity will respond like a dervish through foolhardiness and an infinite motivation to exact his or her points of view on others.

At the height of the pope's power he responded to the Crusades in this exact way, by giving the Crusades his blessing. This displays my point that it is not the Christian values which are violent but rather the flaws of man.

If the pope were a god on earth he would never have advocated violence against other human beings, especially for such a trivial reason as geographic location of a birth place.

This time the weekly moral stems from the modern incarnation of violent Christianity.

As Americans we find ourselves constantly being swayed to follow certain paths because it is the "Christian way."

Although Christianity has become more peaceful in nature it still attempts to assert itself though the conservative mindset of current America.

Due to this, one should constantly question the motives of politicians pushing for legislation on the grounds of morality.

Separation of church and state is in my opinion one of the greatest ideals of the founding fathers. Above any other country in the world, we turn away from it the most.

So I leave you with this thought - abortion is considered wrong by conservative politicians and yet, in the past while it was illegal and this concept stood as law, it was the rich and predominantly conservative individuals who could afford to have expensive but illegal abortions performed.

So is it truly a question of religious ethics or really one of social class?

***This is the seventh in a series of ten columns concerning the top ten historic events that have the greatest negative impact on life today, according to this writer.

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'Friend zone' can be danger zone for many

Sarah Carbone
Mustang Daily
(Cal Poly)

(U-WIRE) SAN LUIS OBISPO, Calif. - Over the course of our acquaintance, every single one of my close male friends has found themselves at some point or another in a place I shall henceforth deem "the danger zone."

This danger zone is a hazy gray battleground, filled with mines and traps and, at the same time, plenty of rewards, if you can survive long enough to get past the defenses.

This is the perilous place between friends and more-than-friends. The line between these two is usually well-camouflaged. Keeping a watch out for it is tricky business; in the midst of combat, you can be so preoccupied with other threats that all of a sudden you may find yourself treacherously close to the front.

If you cross this line, you run the risk of being forever captured in friends mode, and you can say goodbye to any romantic potential that once kept you awake at night.

In all the relationship-oriented conversations I've had, the general consensus suggests that everyone wants to be friends first with his or her significant other before things turn romantic.

Intro to psychology, the self-help section at Borders, and most likely your mother have all told you time and again that a strong, solid friendship is the best foundation for a relationship.

Connections founded on lust don't have the greatest track record in terms of longevity.

In the long-term sense, what remains after the passion fizzles out? Conversation, camaraderie, attachment - in short: the elements of friendship.

We all aspire to this ideal. We're holding onto the hope that it will all play out so predictably: Meet someone. Chit-chat over coffee turns into conversations about life, love and everything in between.

A warm, comfortable friendship develops, strengthens, and then, with any luck, blossoms into something more.

But if we're all so stuck on this paradigm of perfection, why is it that sometimes, when you've found yourself at the make-it or break-it point of a potentially romantic situation, the last thing you want to hear is this: "This is so-and-so, my FRIEND."

Ouch. Your hopes have just crumbled - as in, your ribcage just collapsed in despair.

"FRIEND? I'm just a FRIEND?"

It must be noted before I dive into this topic that Christianity is not in its self a violent religion. In fact, at the core of their teachings none of the major religions are.

It is the flaws of man that bring about the violent tendencies of organized religion. It is also not to say that Christianity is the most violent of organized religion either.

However, I must assert for the reason of my thesis that Christianity is the most world shaping in its violent form.

If anything, this is a tribute to the power of the Christian faith. To be capable of as much devastation and wrath, incurring the fury of the Christian world has become the worst of any anger that one can bring upon his or her self.

Due to both its scope and historical significance, my third most negative historical event effecting today is the rise of violent Christianity.

The earliest incarnation and most significant one by far are the crusades of medieval times. Originally brought about by the motivation to recapture Jerusalem, the Crusades were also used to seek out those whose faiths differed from

'Happily ever after' is for fairy tales

Ashley Griffis
Guest Writer

Is happily ever after becoming more of a fairy tale than before? I look around at the people I know and many people I see are paired off.

This may sound like a cynical view point, but are romantic relationships really meant to last forever?

All around us in the media we find stories of celebrities breaking up and making up, of new relationships being formed and people getting married.

Even though we see all the messy break-ups that happen around us we still continue to search for that one little thing called love.

Movies and books seem to have many references to the happily ever after story. Yet these stories are just fiction. Does that mean that it can't happen in real life?

Even though I can be a cynical person; I would truly like to believe in "happily

ever after" despite what the statistics are.

According to www.divorcereform.org the number of divorced people has increased from 4.3 million in 1970 to 18.3 million in 1996. This was according to a Census Bureau.

This statistic shows that the divorce rate has nearly quadrupled in twenty years or so. Why does the divorce rate seem to increase? Is it because there really is no such thing as a "fairy tale" romance?

While I explored the topic of divorce and some common causes of it, I found a couple explanations to why the divorce rate is so high.

One of the general conclusions is that the younger a person is when he or she marries, the higher chance there is for the marriage to end in divorce.

The above mentioned website says that 50 percent of people who marry before they are eighteen end up divorced while 40 percent of people who marry under the age of twenty end up

divorced.

A poll was given by the National Fatherhood Initiative (NFI) and asked what the leading causes of divorce were and what the causes of divorce were.

The answers are as follows: lack of commitment, too much conflict, and arguing and infidelity.

All of these issues could be dealt with if both parties had a strong desire to work at their relationship. However, just because these issues can be dealt with does not mean that they will be.

In a time where the reality of relationships and the make-believe are contradicting one another, many people struggle to make decisions of whether or not to take the chance or play it safe.

Will everything work out or will they end up in the middle of a messy breakup? The choice is left to you. Will you be okay if you sit by and never participate in life or will you regret the choices you left unmade?

Many of the movies and

books today represent the "happily ever after" where everything works out. That is okay, but is it giving the public a false sense of hope?

I don't believe so because even though it does not seem like many relationships work out there are still relationships that do.

I know that until every relationship is broken up and unfixable I will have hope that "happily ever after" is out there.

I do not mean the happily ever after of the movies where nothing ever goes wrong after two people have found each other and professed their love for each other.

I mean the "happily ever after" that mere mortals can give and receive - the riding off into the proverbial sunset where there are good times and bad.

The ending where it is okay to argue and it is okay to disagree as long as both people in the relationship support and love one another. For me, that is the "happily ever after" to the perfect story.

Lock Haven in hearts of Hurricane Katrina victims

Dear Editor,

Now that a year has passed, the Mississippi Gulf Coast is seeing the fruits of the labor provided by the many generous people who have tirelessly assisted in our recovery and rebuilding efforts.

We'd like to thank all of the

students of Lock Haven University who've given their time, hearts and hands.

We would also like to thank the countless others from your area who also gave of themselves to aid in our recovery. Words can't begin to express our appreciation.

As we continue to rebuild

our coastal communities, we are inspired by the ongoing commitment of so many people around the country, such as Lock Haven. Because of this kindness, Lock Haven has a permanent place in our hearts.

If members of your community would like to see how we're progressing, please visit

our website at www.gulf-coast.org. Thank you again for all the hope you provided.

Stephen B. Richer
Executive Director
Mississippi Gulf
Coast Convention &
Visitors Bureau

This is exactly the situation in which my guy friends have found themselves (for some of them, more than once). I don't know where exactly they go awry.

But it seems their utmost efforts to be the good guy and the shoulder-to-crie-on are precisely what make them cross the line into friendship-only (and sometimes even sibling-like) territory.

The pain of shooting themselves in the foot doesn't compare to the shell shock of this dreaded phrase ringing in their ears:

"Aww, that's sweet? but I only see you as a FRIEND."

Then they sit in puzzlement, trying to reconcile for themselves how they fell prey to that old adage about nice guys always finishing last (they do not!).

The thing about romantic pursuits is just that: it's supposed to be a PURSUIT, a chase of sorts. Attempting to cultivate romance from friendship involves maintaining a balance of (un)availability, (un)certainly, and (dis)comfort during the friendship phase itself.

The spark of possibility, the "what-if" factor, can't be entirely relinquished if the hope is to eventually sway

things in a romantic direction. The idea must be kept on simmer on the backburner.

What does this look like, in terms of behavior? A reversion back to the tried-and-true methods of grade school; that is, a playful sort of antagonism that's just enough to keep the other person guessing. A little subtle teasing can be much more charming and effective than blatant, unnerving flirtation.

And "Hitch" (arguably, last year's best how-to romantic comedy) says hitting is good.

Of course, it's never impossible for romance to stem from a purely-friendly

friendship. When it all comes down to it, anything's possible with relationships. But generally speaking, interaction void of any chemistry (obvious or obscure) will not conjure up romantic feelings on its own.

I understand that the battlefield is a terrifying place to be, and there's nothing more harrowing than finding oneself slipping dangerously close to the line.

So, keep an eye out. Whether it's friendship or romance (or both) that you want, keep your target in your sights, bide your time and fire when ready.

Election Spotlight

Casey takes on Santorum

A look at where the Pennsylvania Senate candidates stand on key issues



Sarah Wojcik
News Editor

The contested spot for the Pennsylvania senate has evolved into a race that is being watched closely by political analysts all over the country. As the date of decision creeps closer, the stance of the competitors on key issues is as important as ever.

Rick Santorum, the incumbent Republican candidate, was born in 1958 in Butler County, Pa. and attended Penn State University, the University of Pittsburgh and Dickinson School of Law to

receive his political science degree, M.B.A., and law degree respectively. His first experience in politics began in 1990 when he became the surprise winner of the seat for representative for the 18th District of Pennsylvania. In 1995 he achieved his sought-after title of Pennsylvania Senator, where he has been ever since.

Bob Casey, the opposing Democrat candidate, was born in 1960 in Scranton, Pa. He worked in the inner city of Philadelphia coaching for a time after graduating from the College of the Holy Cross. He

received his degree in law from Catholic University and went into practice in Scranton. He served two terms as the Pennsylvania Auditor General and currently serves as the State Treasurer.

ABORTION

Casey - Roe vs. Wade should be overturned and that Right to Privacy laws can apply to contraception, but not to abortions; does not approve of embryonic stem cell research.

Santorum - has been known for a pro-life voting record; voted no in using \$100 million fund to reduce teen

pregnancy through the use of education and contraceptives, voted yes to criminalizing the harming of an unborn fetus during other crime.

BUDGET AND ECONOMY

Casey - budget deficits harms investments and believes that there is a need for fiscal discipline to lower interest rates.

Santorum - voted yes to reduce federal spending by \$40 billion; voted yes on prioritizing the national debt over cuts in taxes.

CIVIL RIGHTS

Casey - does not believe in a constitutional ban on gay

marriage and that civil unions are appropriate; believes in allowing gay couples to adopt and share employment benefits; committed to affirmative action and diversity in the workplace.

Santorum - consistently voted against prohibitions for discrimination based on sexual orientation and widening the definition of hate crime to include those committed based on sexual orientation; voted yes on a constitutional amendment to ban same-sex marriages; voted yes on loosening restrictions for cell phone wiretapping; voted yes to an amendment to ban flag desecration.

CRIME

Casey - believes the death penalty is appropriate for heinous crimes.

Santorum - voted yes on limiting death penalty appeals

EDUCATION

Casey - supports teaching of more than only abstinence in sex education courses; believes that "intelligent design" belongs in religious classrooms, not science classrooms; wishes to fight for more funding for public education

Santorum - a typically anti-public education voting record, according to NEA; voted no on funding smaller classes instead of private tutors; voted no on \$5 billion grant to educational agencies.

ENVIRONMENT

Casey - believes in reducing emissions and opposed drilling in the Arctic National Wildlife Refuge (ANWR)

Santorum - typically anti-environment voting record; voted yes on drilling in the ANWR; voted no in including oil and gas smokestacks from

being including in mercury regulations.

GOVERNMENT REFORM

Casey - supports the requirement that lobbyists are forced to have more financial public disclosure on transactions with Congress.

Santorum - voted no on establishing the Senate Office of Public Integrity; voted yes on allowing some lobbyist gifts to Congress.

HEALTHCARE

Casey - supports the fight to expand health care coverage

Santorum - typically maintains an anti-public health voting record, according to the American Public Health Association

MINIMUM WAGE INCREASE

Casey - an increase in the minimum wage is long overdue

Santorum - voted no to increasing the federal minimum wage

THE WAR IN IRAQ

Casey - does not support a withdrawal, but emphasizes need to change tactics and get rid of Rumsfeld

Santorum - stay the course, approves of the tactics employed by Rumsfeld and Bush

TAX REFORM

Casey - believes in repealing tax cut for top 1% of earners and does not believe \$5 billion in tax cuts was justifiable while schools suffered

Santorum - considered a "taxpayer friendly" voter according to the National Taxpayers Union; voted to expand tax cuts and permanently repealing the "death" (estate) tax.

Gay Marriage

"I don't support gay marriage, but I also don't support a constitutional amendment banning it. That would be tremendously divisive. However, I do support same sex unions that would give gay couples all the rights, privileges and protections of marriage."

- Casey

"Every society in the history of man has upheld the institution of marriage as a bond between a man and a woman. Because society is based on one thing: that society is based on the future of the society. Children. Monogamous relationships. In every society, the definition of marriage has not ever to my knowledge included homosexuality."

- Santorum

War in Iraq

"I've never favored a deadline in this whole campaign. Because we have to do everything we can to hold the administration accountable. This thing is headed toward civil war. When you have it heading in the wrong direction, you've got to have a new course."

- Casey

"I believe that it was a war of necessity because they were a threat. It is important that we are in the Middle East right now and confronting this broad war against Islamic fascism. The bottom line is that we are now almost 5 years from Sept. 11th. We have not had any kind of terrorist attack in this country, because we've taken it to them."

- Santorum

President Bush

"I think what the people of Pennsylvania expect and deserve is someone who's going to be truly independent. Being a rubber stamp for the president is not in the best interest of the people of America."

- Casey

"I agree with the president a vast majority of the time. When I agree with him, I say it. And when I don't agree with him, I say it, too."

- Santorum

New electronic voting machines now ready for mid-term election

Sarah Wojcik
News Editor

The upcoming elections this November will be the biggest test yet for Clinton County's new electronic voting machines.

Though they were installed in time for the May primaries, greater use is likely for the mid-term elections and therefore a possibility of greater confusion. In order to ensure that your vote is not lost in the new technology, follow these steps provided by the Clinton County Voter homepage.

1. **Activate Ballot** - A worker at the polls will ready your electronic ballot and you'll next be asked to select your language

2. **Select Candidate** - Touch the box next to the name of the candidate that you wish to vote for and touch it once again to de-select that candidate if necessary. The electronic voting machine will not allow you to vote for more people that can be elected for any one office.

3. **Review Ballot** - Once you've finished, touch the "review" option to look over the candidates

you've selected and make certain that the machine has recorded your votes correctly. If you wish to change any of your selections, touch the box near the name of that candidate or office and touch whatever new selections you wish to make.

4. **Vote** - When you're satisfied with all of your choices and wish to finalize your ballot, touch the "vote" button. The next screen will say "Thank you for voting" if you've cast your ballot properly.

Pennsylvania Department of State clarifies ballot question

A potentially confusing ballot question is explained courtesy of the PA Department of State:

Question as it appears on ballot:

Do you favor indebtedness by the Commonwealth of up to \$20,000,000 for the payment of compensation for service in the Persian Gulf Conflict of 1990-1991?

Explanation:

The ballot question asks the voters of Pennsylvania whether they approve of the Commonwealth borrowing \$20 million to create a fund for the payment of

compensation to veterans of the United States Armed Forces who served in the Persian Gulf Conflict and were Pennsylvania residents at the time of such service. The Persian Gulf Conflict was fought in 1990 and 1991 following the invasion of Kuwait by Iraq.

If the ballot question is approved, payments will be made from the Persian Gulf Conflict Veterans' Compensation Fund in the following amounts: (1) up to \$525 to a veteran of the Conflict; (2) \$5,000 to a veteran who was a prisoner of war in the Conflict; and (3) \$5,000 to the survivors of a

veteran who died in the Conflict or from a wound, disease, or injury sustained during the Conflict.

Act No. 29 of 2006, which presents the ballot question to the voters, authorizes the Pennsylvania Adjutant General to create rules and procedures for administering payments from the Compensation Fund. If necessary to meet the obligations of the Fund, Act 29 authorizes the Governor to transfer money from the General Fund to the Compensation Fund and to reimburse the General Fund from other available funds.

Inside . . .
Field Hockey
wins third
straight title
B2

The Eagle Eye

Lock Haven University's Student Newspaper

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Students get
schooled in
athletic training
B8

SPORTS AND FEATURES

Volume 64, Issue 8

www.lhueagleye.com

Wednesday, November 1, 2006

What's On Deck

Home &
Away Fall
Sporting
Events

Today

No Events

Thursday

No Events

Friday

Field Hockey
@ NEC
Tournament

Volleyball vs
TBD
7:30

Saturday

Field Hockey
@ NEC
Tournament

Volleyball
@ PSAC
Tournament

Swimming
@ Mansfield
11 a.m.

Cross Country
@ SRU
NCAA East
Region
Championship
11 a.m.

Football vs
Kutztown
5 p.m.

Women's
Basketball @
Disney Tip-off
Classic (vs
North Dakota)
6:30 p.m.

Sunday

Women's
Basketball @
Disney Tip-off
Classic (vs
North Georgia
College and St.)
6:30 p.m.

Monday

No Events

Tuesday

No Events

PSAC WEST CHAMPIONS

The LHU volleyball team clinches Championship with win over California

**Brandy Rissmiller
Sports Reporter**

A month ago the women's volleyball team lost their only PSAC West game to California University (Pa.). Tuesday night was payback time, with Lock Haven winning in fine fashion, 3-0. The victory allowed Lock Haven to clinch the title of PSAC West Champions.

Volleyball

Head Coach Tom Justice thinks the victory was a magnificent team effort, saying that it was the best the team has ever played together.

"Emotionally, we were all united in one purpose and committed to winning," he said. Kim Windstein believes the Lady Eagles played great against the Vulcans, calling it a "grudge match."

"When we played them the first time we weren't on top of our game. This time we were determined to show them what we can do," explained the freshman. "I think the memories of our last game gave us so much motivation to come out and just annihilate them."

Annihilation is just what happened from the very beginning, surrendering only nine points to California in the first game. Also in the first game, Li Yizhi tallied seven kills. Lock Haven ended the first game 30-9.

Lock Haven won the

remaining games 30-16 and 30-28, respectively.

Li had an impressive night, totaling her kills up to 16, a .727 attack percentage. The senior also had seven digs and six block assists. Classmate Maggie Borden recorded seven digs, four kills and two block assists before leaving the third game with an injured ankle.

The co-PSAC player of the week last week, junior Inga Kurgonaite, tallied 11 kills, three service aces and one assist.

Sophomore Stacey Borgia recorded nine kills and freshman Fabiana Gomez had 38 assists on the night.

During their final regular season match, Lock Haven beat Indiana University (Pa.) in three games, 30-14, 30-21 and 30-20.

Li recorded a team-high 14 kills and .600 attack percentage. The All-American also had ten digs and seven blocks.

Windstein tallied seven kills, hitting for .700. Kurgonaite had eight kills, two assists and two blocks. Borgia added ten kills.

Windstein was happy because all the Lady Eagles were able to play during the match. "We worked great as a team and had a lot of fun doing it. We showed that it didn't matter who was playing, that we all can play the game."

The win against California also clinched home court advantage for the Lady Eagles

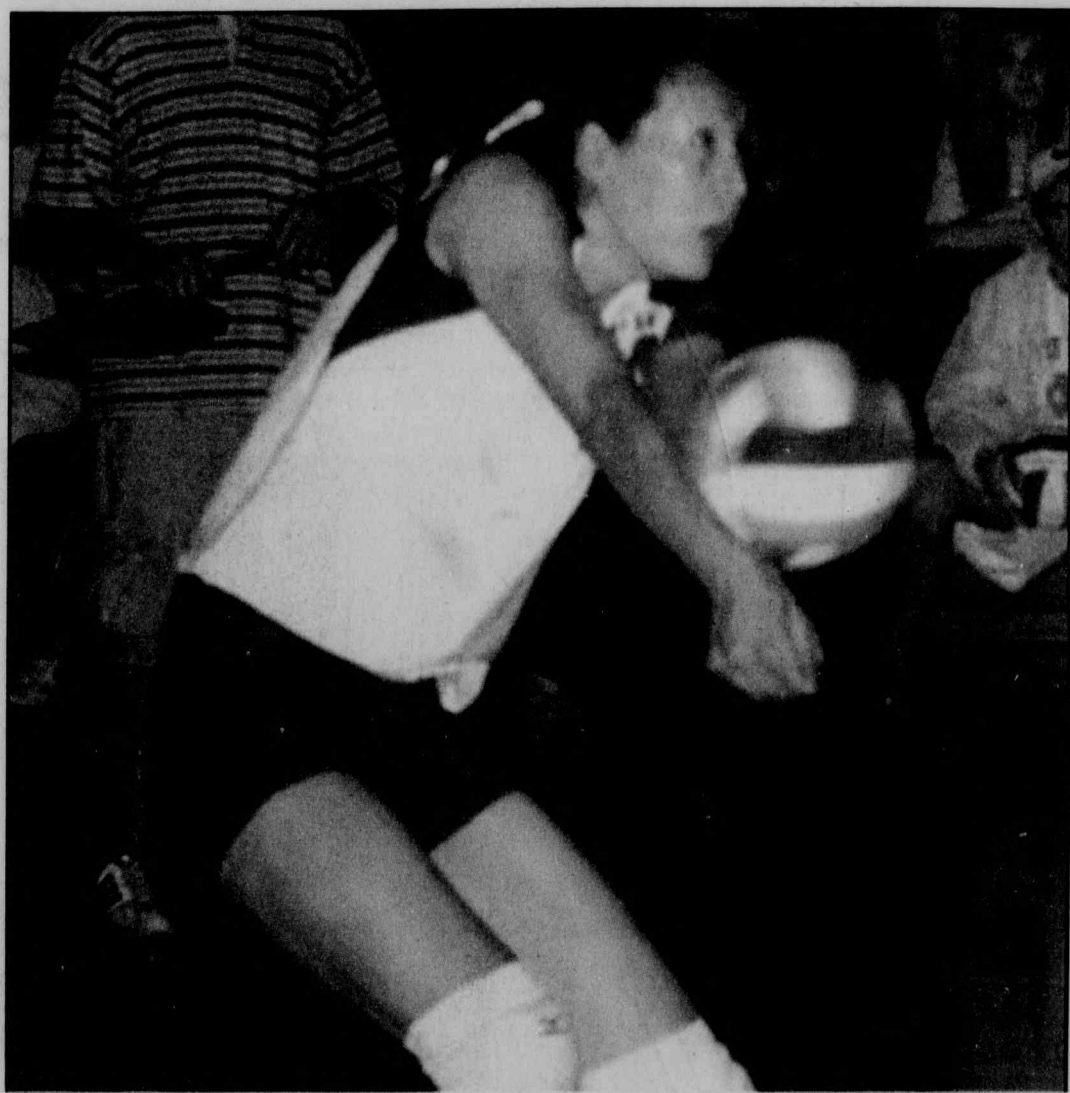


Photo Courtesy of Al Weston

Li Yizhi, pictured above, is just one of the stand outs that have helped take the volleyball team to the top

as they host the PSAC tournament, which will be held on Friday and Saturday, Nov. 3-4.

Windstein says that although their main goal is to win, they cannot overlook any team.

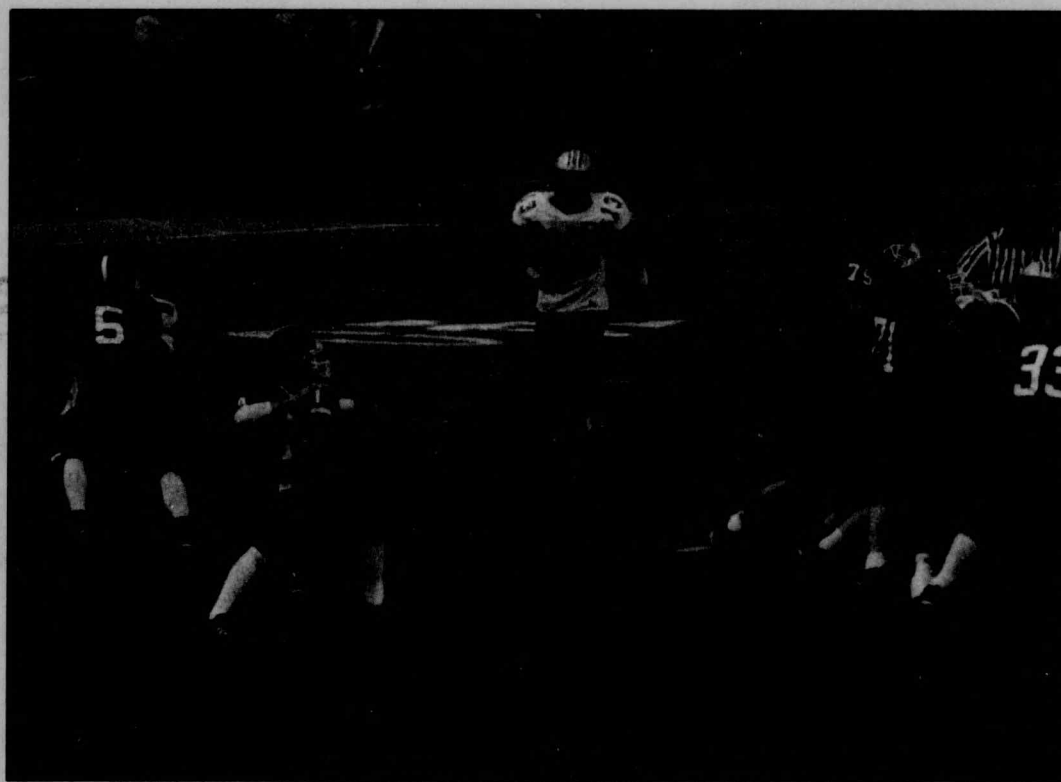
"We have to take one game

at a time and continue to work as a team."

Coach Justice echoes Windstein's sentiments.

"We want to prepare very well and have a great game plan for each opponent. Then we'll have to really work

together well as a team on the court and follow through with our game plan with solid execution," said the coach. "If we do that, well, we have already demonstrated that we are capable of beating anyone that we face."



Garrett Graziano / Eagle Eye File Photo

Ilio DiPaolo drops back to pass during LHU's homecoming game

Football beats Clarion

**Brandon Apter
Sports Reporter**

The Lock Haven University Bald Eagle football team (2-7) kept the Clarion Golden Eagle (1-8) offense quiet for three quarters, which was enough to seal them the 14-7 victory on Saturday.

Football

The first quarter would stay scoreless with both defenses showing a lot of power. They combined to punt the ball five times in the first quarter with Lock Haven going three and out twice and Clarion three times.

The Bald Eagles could not

capitalize on their first possession of the second quarter but the second one was a different story. After going three-and-out, Lock Haven recovered a fumble off their punt, giving them field position at Clarion's 40-yard line. Two 4-yard rushes by Chris Hawkins, a facemask penalty against Clarion and a pass from freshman quarterback Ilio DiPaolo to Troy Wile Jr. set up the Haven on the 20-yard line. Chris Hawkins took advantage of some running room and took the ball into the end zone to give Lock Haven the 7-0 lead and the first score of the day. That was how the second quarter would end: with the teams going into the locker room with a touchdown separating them.

The second half began with Lock Haven's Kyle Snoke returning the ball 26 yards to the Clarion 49-yard line, giving the Bald Eagles a chance to extend their lead with good field position. A Chris Hawkins 5-yard run set up a 44-yard pass from DiPaolo to a diving Rafael Smith for a touchdown giving the Bald Eagles a little room for error, up 14-0.

A fumble recovery by Lock Haven in the fourth quarter off of another punt gave the Haven a chance to put this game away. The Bald Eagles failed to take advantage as a costly holding penalty forced them to punt.

See, Football, B2

Men's XC captures fourth straight title

**James Cooney
Sports Editor**

The Lock Haven men's cross country team captured their fourth straight conference title this past Saturday. Senior Ryan Blood added his second individual title at the PSAC Championships at Bloomsburg, with a time of 25:44.

"Ryan Blood took the lead about a quarter of a mile into the race, and never looked back. He's running smart and is tough as nails. If he runs

smart, he's going to be tough to beat at regionals," commented Coach Russell.

Cross Country

Besides Blood, five other team members placed, tying a school record. Junior Shawn Moore placed took ninth with a time of 26:49; right behind him was junior Cory Spidell who also finished with an official time of 26:49.

See, Cross Country, B2

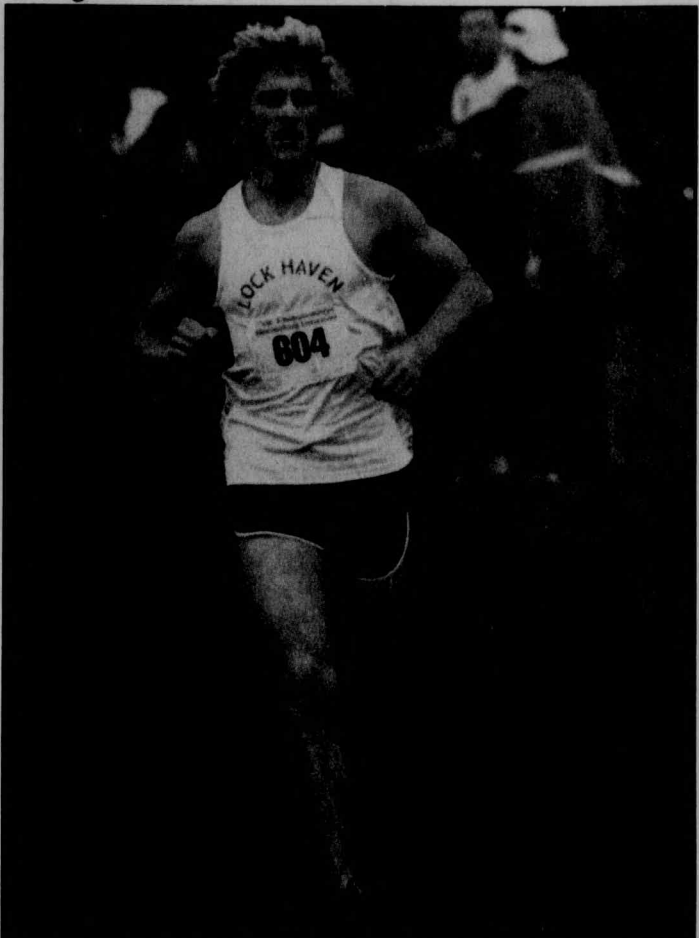


Photo Courtesy of Aaron Russell

Cross Country standout, Ryan Blood, running during a recent meet.

From, **Football**, B1

With Clarion having to stay in the air to try to catch up, the Golden Eagles started their drive on their own 30-yard line. Quarterback Tyler Huether completed two passes for 25 yards, which put them on the Haven's 32-yard line. Huether managed to get enough on a pass to get it to his diving receiver Pierre Odom in the end zone, which cut Lock Haven's lead to 14-7 with just under seven minutes to play.

In the end, the Lock Haven defense was too much for Clarion's offense as Shane Barie intercepted Tyler Huether's fourth down desperation pass, which sealed the deal for the Bald Eagles as they came out victorious 14-7 for their second win in a row.

"I think the main reason that we were able to win was because we rushed the ball more than usual," said Coach Klacik. "We also were able to close out this game, which we haven't been able to do in the past, so that was a big factor as well."

This victory for the Eagles

gave Coach Klacik his first PSAC West conference victory.

Tailback Chris Hawkins led the Haven with 56 yards on the ground and a touchdown. On the receiving core, receiver Rafael Smith led the Haven with two receptions for 55 yards and a score.

On the defensive side of the ball, linebacker Jonathon Nalewak racked up 10 tackles to lead the game. Shane Barie got the only Lock Haven interception, which ended up being the game saver in the fourth quarter.

Men's soccer preps for tourney

Pier Salamone
Sports Reporter

With a win over West Chester under their belt the men's soccer team advanced to the PSAC championship game to challenge East Stroudsburg on Sunday.

Men's Soccer

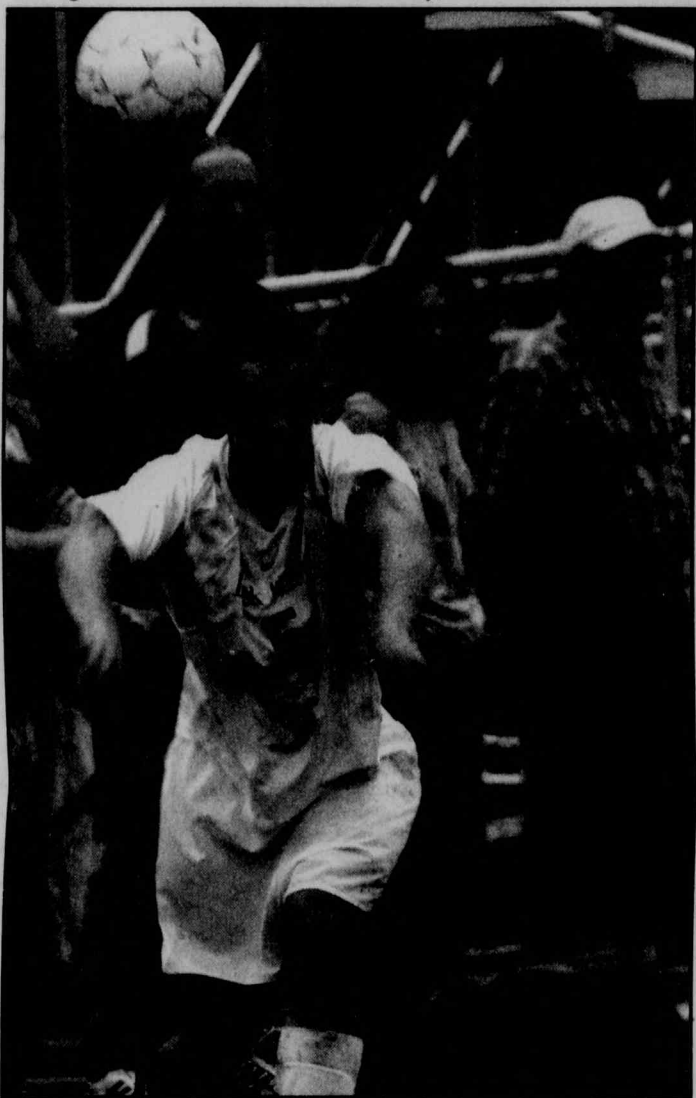
Going into the game, the teams have met up twice this season with each team taking a victory. Playing in intensely gusting winds, Lock Haven put their best foot forward in the quest for their third PSAC title.

The wind helped neither team, holding the game scoreless by the end of regulation time. The first overtime ended the same as regulation time, with neither team scoring. Only a minute into the second overtime, East Stroudsburg's Kevin Holmes took a throw from teammate Jeff Bell and put it in the net for a 1-0 win.

With the regular PSAC season over for Lock Haven, the team is preparing for their bid into the playoffs this weekend. "Learning how to lose is maybe one of the most important lessons in any sport and certainly crying about it won't help. You have to stick together, pick yourselves up and come out fighting and now that we have been given the chance to put it right, having received a bid to the NCAA Regional playoffs this weekend, that is exactly what we are going to do. And who do we play in New York, East Stroudsburg again! So we have two days to work hard in practice and do something about last Sunday," said Coach Moore.

Despite the loss to ESU, the team opened the PSAC Tournament with a win this past Wednesday against West Chester. The game was round 1 of the semifinals, and the 2-1 win advanced Lock Haven to the championship game. Sophomore Paul Hockett started the team off in the 16th minute by taking a pass from teammate Andrew Meehan and slipping it past the Golden Rams' keeper. Hockett's goal was the only goal in the first half. After resting a bit for half time

West Chester came out determined. Freshman Bryan Nugent set his team on the scoreboard in the 52nd minute with a goal. Lock Haven retaliated soon after with their game winning goal from sophomore Leadopoe Geain. Haven keeper Chad Feerar snagged five out of West Chester's seven shots on goal and both midfielders and forwards stood strong in their positions throughout the game. The NCAA Tournament begins this Friday, November 3.



John Reith / Eagle Eye
Eric Long puts the ball in play during LHU's soccer match.

Women's soccer loses in playoff



John Reith / Eagle Eye File Photo
Lindsey Blessing strikes the ball down field.

Kris Glad
Sports Reporter

On Saturday October 21st, The Lock Haven University Women's Soccer (8-11-1) team took the field in their first post season game under Coach Heather Kendra. The game did not go as the Lady Eagles had hoped as they dropped a 2-0 decision to the

defending Pennsylvania State Athletic Conference (PSAC) Champions Slippery Rock University (12-5-1).

"The 2006 season was definitely a success. We met many of our team goals, such as earning a bid to the PSAC playoffs and beating some teams we lost to last year," said Coach Heather Kendra

The quarterfinal game

showed LHU starting out strong as they took control of the game, gaining some scoring opportunities. LHU freshman Kellie Wiegner recorded five shots including three on goal. LHU had five other players record shots-on-goal to give the Lady Eagles a total of eight.

The defense put up a good fight as LHU's junior goalkeeper Emily Wagner made great efforts to stop to the goals. The first was tipped off of her hands and ricocheted in. The second goal Emily made a diving effort to try and stop.

Women's Soccer

"The team played well. It was a game where the momentum went back and forth. Each team had their chances," said Coach Kendra.

LHU will have all but four players next season as they move on to next year. LHU will lose seniors Holly Homsher, Diane Wall, Catlin Martz and Cheryl Runko. Their contributions to the Lady Eagles will be missed.

The Lady Eagles made major improvements in their second year under Coach Kendra. The Lady Eagles took 15 fewer shots but scored seven more goals than last year. They also improved their shots on goal, going from 37.1 percent in 2005 to 41.2 percent this past season and they hope to keep improving for the years to come. "The future is bright for this group," said coach Kendra

Field Hockey earns title

LHU wins third straight NEC regular season title

Kris Glad
Sports Reporter

This past week the Lock Haven University Field Hockey (15-5) won their first three regular season games with their latest victory coming against Rider University (12-6). The win gives LHU its third straight Northeast Conference (NEC) regular-season title for the third straight year. The victory also lets Lock Haven host the NEC playoffs Nov. 3rd & 4th.

LHU juniors Renee Kemmerer and Megan

Bullock were very impressive offensively. Both of LHU's goals came from Renee Kemmerer as Megan Bullock assisted on both goals.

Field Hockey

LHU's defense did well in the game against Rider. LHU senior Becca Yerkes scored her tenth win in goal this season, going 10-4. She also made four saves in five tries. The victory over Rider University was the last regular season game for senior starters Becca Yerkes, Nicole Dearden, Jill Wessner, Sarah

Huber and Mandy Daschbach. This past week also saw the Lady Eagles defeating both Lafayette College on October 25th, by a score of 6-0 and Monmouth University on October 27th, by a score of 4-0. In the last three games LHU has outscored their opponents 12-1 as they head in the NEC playoffs.

The Lady Eagles will be the No.1 seed in the NEC Tournament, as they will face No. 4 seed Rider University at 11:00 a.m. on Nov. 3rd. The NEC playoffs will be played on Friday Nov. 3rd and concluded Nov. 4th.



Photo Courtesy of Al Weston
The LHU field hockey team celebrates senior day and their NEC regular season title win for the third year in a row.

Individual results continue to show

Garrett Graziano
Sports Editor

Despite strong individual performances, the swimming team came up short against visiting East Stroudsburg this past Saturday, losing the meet 85-120.

Swimming

Becca Rhoades finished the 500 freestyle with a time of 5:37:09 which was good enough to earn first place in the event.

Gerda Smirnova earned second place and swam a PSAC qualifying time of 55.66 in the 100 freestyle, while setting the fourth fastest time in Lock Haven history in the 200 IM, with a time of 2:19.88.

Diane Sujansky took first place in the 200 breaststroke and second place in the 50 freestyle while swimming a PSAC qualifying times of 2:33.60 and 25.54 during the races.

Along with individual achievements Smirnova, Rhoades, and Sujansky along with Kelly Grieneisen came away with first place

in the 200 freestyle relay at a time of 1:46.03.

The Lady Eagles will travel to Mansfield

University this upcoming Saturday for a meet. The event is scheduled for 11 a.m.

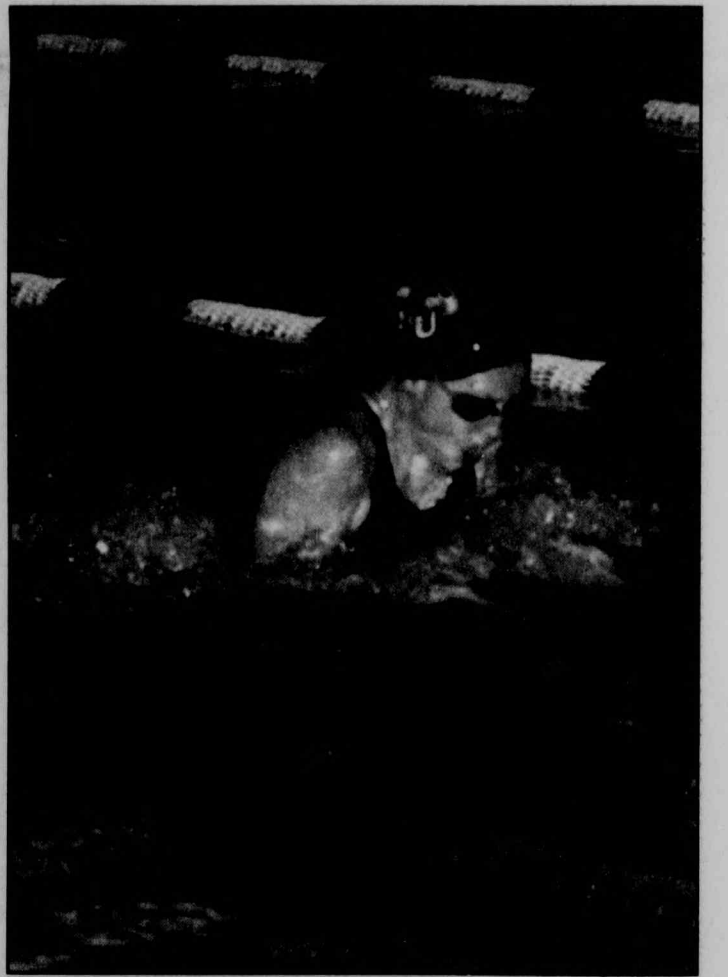


Photo Courtesy of Al Weston
Diane Sujansky swims her way to a first and second place finish this past Saturday.

From, **Cross Country**, B1

Aaron Benson came in 12th with a time of 27:07. Just two seconds behind was Brandon Pomerantz who took 13th. Senior Chris Robson came in 16th with a final time of 27:15.

"The men took control of the race from the gun and never looked back. They ran with a combination of composure and heart and provided the most dominant win of our four-consecutive titles," said Coach Russell about his team.

The men weren't the only ones in action at the championship, the women's team placed sixth. Freshman Lindsay Scheller led the team to a sixth place finish taking 15th. Shala Simms took 26th and Alyssa Douma took 31st.

Both teams will be back in action this Saturday as they head to Slippery Rock for the NCAA Division II East Region Championships.



Photo Courtesy of Aaron Russell
Men's cross country runs during a meet.

On The Bench

Booooo Pennsylvania football

Pat Bower
Staff Reporter

To say the least, the 2006 NFL campaign has been a truly disappointing one thus far for both Pennsylvania teams.

Regardless if you are a Pittsburgh Steelers' fan or a Philadelphia Eagles' fan, you cannot be the least bit happy about the situation your team is in right now.

We will start with the Steelers.

The Steelers, the same Steelers who won the Super Bowl last season, just came off one of the most embarrassing and shocking losses of any NFL team this year. They lost 20-13 to an Oakland Raider team who just a couple weeks ago was being tagged as one of the worst teams in NFL history.

I believe the main reason for the Steelers' 2-5 start has been the play of quarterback Ben Roethlisberger. He has had an impressive start to his career throughout his first two seasons, but this season has just been plain ugly.

I realize the motorcycle accident from the summer and concussion he suffered last week may be affecting his play, but it is time for him to take a back seat to Charlie Batch. After throwing one touchdown and four interceptions in the game versus Oakland, two of which were returned for touchdowns, Big Ben's season total includes six touchdowns and 11 interceptions. If he continues to start and keep these numbers up, he is about on pace for a disgraceful 13 touchdown and 24 interception performance.

So, why not start Batch? He has only thrown one less touchdown than Roethlisberger this season, despite attempting 141 less passes. By the way, his interception total is zero and his quarterback rating is 136.8, compared to Big Ben's 70.7. If you erase at least a handful of the interceptions Big Ben has thrown, they would more than likely have at least one, probably two more victories added to their total.

Now we move on to the Eagles.

After defeating the Dallas Cowboys in Week 5 to boost their record to 4-1, everything was looking up for the Eagles. Most fans figured they would be at least 6-2, maybe even 7-1, at the halfway point of the season. However, that is not the case.

After dropping three straight games, the

Eagles stand at 4-4 and are forced to wonder, "What went wrong?"

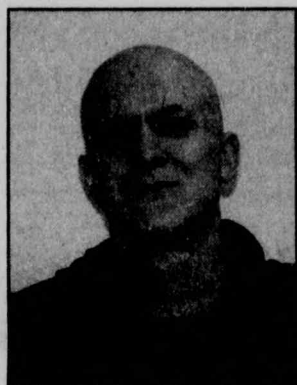
For starters, the Eagles have a habit of playing one good half of football and one bad half of football. This has been the case in nearly every one of their games this season. More recently, in their last three losses, they have played a miserable first half, and a good second half, except for versus Jacksonville where they played terrible altogether.

It is tough in the NFL to fall behind early in games and expect to come back and win a majority of them. The Eagles have scored a grand total of three points in the first half of their last three games, but did manage to score 48 points total in the second half. However, that was not enough to pull out the victory.

I believe part of the problem falls on coach Andy Reid's shoulders. He rarely shows any enthusiasm and never seems to get fired up and show any emotion. It appears as if he has trouble adjusting to the other team's defenses as well, at least early in games.

Besides making horrible decisions when it comes to controlling the clock at the end of games, he has also displayed several bad play calls throughout the course of the game. The Eagles are yet to convert on a fourth down, and he also refuses to run the ball. I realize McNabb has had outstanding statistics this year, but they need to start running the ball more often, especially on first down. Running the ball will keep the Eagles' defense off the field more and develop a more balanced attack.

What once seemed like a promising season for us Eagles' fans now seems like a disaster. With the remaining schedule appearing to get tougher and tougher, the Eagles will be extremely lucky to even finish at 8-8.



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Baseball in warm weather?

James Cooney
Sports Editor

Well, first I must congratulate the St. Louis Cardinals on their World Series win this past week. It seems to be whoever I cheer for in any sport can't win.

During this year's World Series, bad weather caused some sports reporters and broadcast analysts to suggest that the World Series should be played in fair weather sites such as domes or in the southern part of the country. If this were to happen to Major League Baseball, it would be a travesty.

Besides in college football, home field advantage is most important in baseball. Teams play 81 games in their home field in front of their own crowd. All fields in the majors have different dimensions and layouts. Some have grass, some have turf, some have massive walls, and some even have pools behind the outfield wall.

In the NFL, fans aren't into the game as much as baseball. Plus a coin is tossed to see who gets the ball. In baseball, getting to hit last is a key part of the game. But let's not forget about the NBA? Have any of you ever been to a NBA game. I have had math classes more exciting than the atmosphere at a NBA game.

True, baseball isn't a game designed to play in the elements, but with a 162 game schedule it is impossible to fit every game into nice weather. I can remember there being snow in Chicago on Opening Day before. It was rainy and 50 degrees during the World Series this year. I don't know if anyone has ever hit a ball off the handle when it is cold out, but it doesn't feel very good.

So the solutions? MLB could condense the schedule or play games during the spring months all in southern stadiums or domes.

When it comes to playing in October, the only thing I can say is don't play in October. Some people have mentioned going back to having Sunday double headers. This would condense the number of days used to play the season and could get the World Series in by possibly late September or early October.

The one thing that they cannot do would be to make playoff games be held in more suitable places. That would be a travesty to the game. Try telling Red Sox fans or, if they could ever make it, Chicago Cubs fans that they cannot have a playoff game in Fenway or Wrigley because the weather is too bad.

And one final note. Besides baseball season this is one of my other favorite seasons, election time. Candidates are running negative ads against each other and news channel analysts are discussing who will win. Pennsylvania just happens to have a former pro-athlete running for governor. The whole reason Garrett doesn't want you to vote for Lynn Swann is because he is an Eagles fan. Philadelphia people are jealous of people from Pittsburgh because they actually have a winning sports franchise in Pittsburgh. The Steelers have one for the thumb and the Eagles don't even have ONE. So next Tuesday, please get out and support Lynn Swann.



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Yeah! What Pat said...

Garrett Graziano
Sports Reporter

The last time I checked, a NFL football team was comprised of 53 players, of which 22 start on either offense or defense. That's 11 players on each side of the ball for the football illiterate.

The Philadelphia Eagles, however, defy the contemporary trend. Instead of playing 11 on 11, the Eagles opt for more of a challenge and play 11 on one.

Let me tell you, it's working out so well for them.

I thought I was watching a bunch of blind kids in a black out this past weekend when the Eagles offense was on the field. It was almost hard to watch, like clubbing a baby seal. It was so painful to witness but there was nothing I could do.

Donovan McNabb was lucky if he hit grass and his receivers, his wretchedly awful receiving core, would have served more of a purpose slobbering all over each other than running those pathetically executed pass routes.

The offensive line was nothing more than offensive, while the defense, which used to be one of the most feared defenses in the league, is nothing more than a series of 11 lifeless obstacles obstructing overly easy access to the end zone.

Don't get me wrong, Jacksonville is a tough

team, but when you lose two heart-breaking games on last minute/second field goals it shouldn't be too hard to light a fire underneath yourselves, and the Eagles didn't do that.

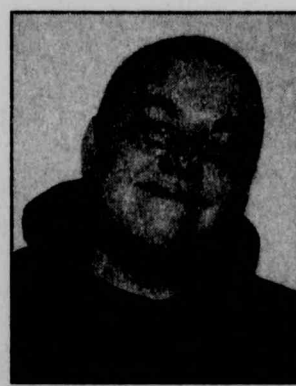
Instead they let a team without their starting QB come into Philadelphia and dominate the tempo of the game.

It's a sad time to be an Eagles fan for sure.

How can the Eagles fly, when their offense is dead?

You know there is a lot of animosity between Steelers and Eagles fans but I agree with Pat that it's not just a Philadelphia problem, but also a Pittsburgh problem. Now is the time to unite over the common bond that our teams suck something awful.

By the way, do not vote for Lynn Swann. You don't really want to vote someone James is plugging, do you?



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NFL Standings

NFC NORTH	NFC WEST	AFC EAST
Chicago (7-0)	Seattle (4-3)	New England (6-1)
Minnesota (4-3)	St. Louis (4-3)	N.Y. Jets (4-4)
Green Bay (3-4)	San Francisco (2-5)	Buffalo (2-5)
Detroit (1-6)	Arizona (1-7)	Miami (1-6)
NFC SOUTH	AFC NORTH	AFC WEST
Atlanta (5-2)	Baltimore (5-2)	Denver (5-2)
New Orleans (5-2)	Cincinnati (4-3)	San Diego (5-2)
Carolina (4-4)	Cleveland (2-5)	Kansas City (4-3)
Tampa Bay (2-5)	Pittsburgh (2-5)	Oakland (2-5)
NFC EAST	AFC SOUTH	
N.Y. Giants (5-2)	Indianapolis (7-0)	
Dallas (4-3)	Jacksonville (4-3)	
Philadelphia (4-4)	Houston (2-5)	
Washington (2-5)	Tennessee (2-5)	

Information courtesy of NFL.com

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Talented pair land at PSU

Corey McLaughlin
Daily Collegian (PSU)

Ed DeChellis has spent the past three years trying to convince Penn State fans that a sport played with a round, orange ball can be as appealing as one that uses a pointed, brown one.

Any progress the Penn State men's basketball head coach has made is due, in part, to the success he has found with freshmen. The current roster includes Geary Claxton, a 2004-05 Big Ten All-Freshman, and Jamelle Cornley, last season's Big Ten Freshman of the Year.

While a kid by the name of Greg Oden from Ohio State

is the preseason favorite of many for that award this year, Penn State's freshmen recruits -- David Jackson and Andrew Jones III -- are, by all accounts, no slouches.

Jackson (not to be confused with senior guard David "Mooch" Jackson) was expecting an offer from Syracuse, but committed early to Penn State in June 2005. The 6-foot-6 forward chose Penn State over West Virginia.

Jones was looking at Iowa, LaSalle and Florida Atlantic. His reason for choosing Penn State would have been rare to the ears a few years ago, but it is what DeChellis had in mind when

he took over as coach.

"It was something about Penn State basketball," said Jones, a 6-foot-8 forward. "It was kind of like a new confidence, a winning attitude, and I wanted to be a part of that."

The Nittany Lions return four starters from the team that made last year's NIT, Penn State's first postseason since 2001. Claxton, Cornley, senior guard Ben Luber and the elder Jackson accounted for nearly 80 percent of scoring and more than 80 percent of rebounds and assists last season.

The amount of playing time for this year's freshmen is yet to be determined, but Jackson and Jones should see

minutes when Penn State opens its preseason against Edinboro tomorrow night at the Bryce Jordan Center.

Jones is one of four players competing for the starting center job. He is also practicing at power forward, the spot occupied by Cornley. Jones, from Philadelphia, was an All-City selection his senior year at Abington Friends.

Jackson is also practicing at power forward. He said the Penn State coaches want him to get that position down first, but eventually hope to move him to small forward, the position currently held by Claxton. Jackson is a two-time first-team All-State player from Kennedy Catholic,

north of Pittsburgh, and led his team to the PIAA Class A title game in 2005.

Both say they are willing to do whatever the coaches tell them at this point in an effort to get on the court, and are getting used to practicing daily against larger, college players.

DeChellis has liked what he's seen so far. During the first weeks of fall practices, he said the freshmen have been especially responsive to instruction and determined in drills.

"They mix it up with everybody ... and aren't afraid. That's something you really can't teach," DeChellis said. "You hope you get a

player like that, but until you start banging around and going, you just never really know."

Jackson and Jones are Pennsylvanians and that certainly helped during the recruiting process, DeChellis said, but so also did the recent improvement of the program. Both freshmen had opportunities to go to other notable basketball schools.

"They felt like they could come in and help and be part of something," DeChellis said. "That's what we tried to do something special, and be part of a building program.' They're both guys that wanted to do that."

Events Sponsored by HAC & SCC

Night of Comedy

Comedy*

Featuring
Retta of "Moesha" and
"The List"
& Johnny Cardinale of
"Clean Shots"

Friday, November 3rd
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Game Show

Interactive Audience-Response Trivia Game

\$200 WINNER TAKES ALL
Saturday, November 4th,
Price Auditorium 7:00 p.m.
Bring teams of 4-6 students &
Sign up in PUB Business Office

Student Recreation Center News

Student Recreation Center Hours of Operation

Wednesday	7:00am	to	11:00pm
Thursday	7:00am	to	11:00pm
Friday	7:00am	to	9:00pm
Saturday	10:00am	to	9:00pm
Sunday	12:00pm	to	11:00pm
Monday	7:00am	to	11:00pm
Tuesday	7:00am	to	11:00pm

Climbing Wall Hours of Operation

Wednesday	1:00pm	to	9:30pm
Thursday	1:00pm	to	9:30pm
Friday	1:00pm	to	7:30pm
Saturday	1:00pm	to	7:30pm
Sunday	1:00pm	to	9:30pm
Monday	1:00pm	to	9:30pm
Tuesday	1:00pm	to	9:30pm

Fall 2006 Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Weekend
4:00-4:50pm Strength Training Jen			4:00-4:50pm Strength Training Jen	FRIDAY 5:00-5:50pm Instructor's Choice Teresina
5:00-5:50pm Step & Toning Lindsey	5:00-5:50pm Step & Toning Lindsey	5:00-5:50pm Step & Toning Lindsey	5:00-5:50pm Step & Toning Lindsey	SATURDAY 5:00-5:50pm Total Cardio Kick Teresina
6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step Johanna	6:00-6:50pm Step & Tone Johanna	6:00-6:50pm Step Ashley
7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	7:00-7:50pm Yoga Heather	SUNDAY 9:00-9:50pm Step Ashley
8:00-8:50pm Total Cardio Kick Teresina	8:00-8:50pm Cardio w/ Toning Teresina	8:00-8:50pm Total Cardio Kick Teresina	8:00-8:50pm Cardio w/ Toning Teresina	7:00-8:00pm Self Defense Class

All classes are held in the SRC aerobics room.
Space is limited, be sure to come early to reserve your spot!

Back-2-Back Boulder Bash



November 11 & 12, 2006

Registration @ the SRC begins at 10AM on Saturday
& at the YMCA at 12PM on Sunday
Come to the SRC for more information!

Haven Leadership Workshop

"CHALLENGE YOURSELF"



Saturday, November 4th
10AM-3PM
@ the SRC

Sign up @ the SRC or on the SRC Website!



Check out the SRC website for schedules, photos, policies and employment opportunities!
http://www.lhup.edu/rec_center



HAVEN LIFE

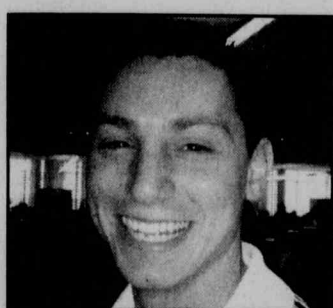
? Question of the Week ?

What is the one thing you can't live without?



Jessica Rood
Senior
Psychology

"Family."



Mario Noviello
Freshman
Health and Physical
Education

"Food."



Amanda Robbins
Senior
General Studies

"Friends."



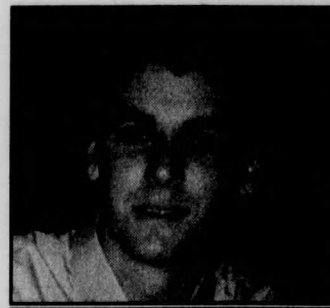
Jamie Prentiss
Freshman
Sociology

"Breakdancing."



Anna Landis
Junior
Early Childhood
Education

"Music."

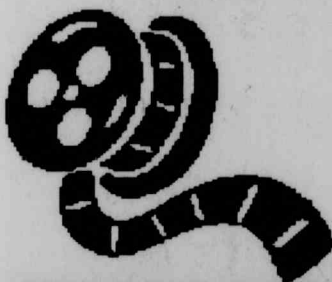


Bryan Dente
Senior
Criminal Justice

"Sleep."

Compiled by Alana Beightol / Eagle Eye

Campus Cable Channel 10 Movies 7:00 p.m. Wednesday, Nov. 1, 2006 - Tuesday, Nov. 7, 2006



Wednesday
Nov. 1

Over the Hedge

Thursday
Nov. 2

Mission Impossible III

Friday
Nov. 3


Waist Deep

Monday
Nov. 6

American Dreamz

Tuesday
Nov. 7

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by Shaun Boland

www.bolandcreations.com



"For heaven's sake, George!! Don't sneak up on me like that! I just about soiled myself."

Uncle Al's Live Music Series Presents:



The Reese Project

Saturday, November 4, 2006

From BBBS, B8

that many students and volunteers go home for the summer and want to assert this is not an issue or problem.

If a situation occurs that a student can not meet with the child, a phone call to the child is all that is required. Oswald explains BBBS is aware of the rigorous schedules college students deal with and is sympathetic if a "Big" can't meet with the child for some reason during a particularly busy week.

For students on campus who do not have transportation, the BBBS will match a child that lives close to the university in order to give the matched pair more opportunities to meet and engage in activities.

The organization also understands

Although more is better, a simple phone call or e-mail once a month, during the summer, is all the organization requires.

If interested in becoming a Big Brother or Big Sister, on-line applications are available at www.clintoncounty-pa.com or applicants can apply at the BBBS office located on the second floor of the Renninger Building behind the Roxy.

For additional information please contact Erin Rutt at 570-893-7036 or Rochelle Oswald at 570-893-7035.

*Last name withheld for confidentiality purposes.




Photo Courtesy of www.bbbsa.org

HAVEN LIFE

Twisted web of horror satisfies trilogy fans

Laura Theis
Guest Writer

After the thrill of "Saw" and the disappointment of "Saw II," audiences were eager to see what the third movie in this series had to offer. A line formed outside the Roxy Theater at 8 p.m. for the 9:15 p.m. showing of "Saw III" on Friday, Oct. 27, its opening night.

Thankfully, the movie delivered. From the gruesome first scene to the surprise ending twist, "Saw III" will keep you jumping, cringing and guessing until the very end.

Jigsaw (Tobin Bell) is at it again: brutally kidnapping unsuspecting people and forcing them to fight for their lives. But this time, he has to do it from his death bed. Plagued by a fatal brain tumor, Jigsaw is near death, but needs to stay alive to test one more person, Jeff (Angus Macfayden).

Jeff's eight-year-old son was hit by a car while riding his bike and was killed.

Since this tragedy, Jeff has carried an enormous grudge against everyone associated with his son's death: the driver, the witness, and the judge. Jigsaw feels the need to make him forgive.

To ensure that he stays alive until the end of the test, Jigsaw and his accomplice, Amanda (Shawnee Smith), the first person to beat one of Jigsaw's tests, employ Dr. Lynn Denlon (Bahar Soomekh), a local doctor. Dr. Denlon's job is to keep Jigsaw alive by any means necessary until Jeff completes the test, or dies trying.

However, there is a catch. Dr. Denlon is wearing a device around her neck that is attached to Jigsaw's heart monitor. The device will explode if he flat-lines, which could happen at any moment.

True to the nature of the previous "Saw" movies, "Saw III" is utterly disturbing with many unsuspected twists and lots of gore.

The movie also has more drama than the previous

movies in the franchise. There is the usual drama surrounding Dr. Denlon and Jeff as they both struggle to stay alive, but also around Jigsaw and Amanda. It appears that Amanda views Jigsaw as a father figure, a mentor, but that he may not reciprocate that fatherly love.

When Dr. Denlon is performing regular doctor tasks, like changing IVs, Amanda enters the room and appears jealous. Jigsaw says to her, "It's ok Amanda. We don't need you right now," signaling her to leave.

Amanda seems to feel that Dr. Denlon is replacing her by taking care of Jigsaw, and she grows more and more insanely jealous as the movie proceeds, shooting her dirty looks every chance she gets. These feelings are ridiculous, of course, because Dr. Denlon must keep Jigsaw alive if she wants to live herself, and therefore her caring is not out of love, but fear of dying.

Also like the first two movies in the franchise, the



Photo Courtesy of Google Images

The infamous "Saw" characters are brought back for the final installment in this horror trilogy that has captivated audiences and kept them squeamishly teetering on the edge of the seats.

ending of "Saw III" brings all characters together for a dramatic, edge-of-your-seat twist.

"Saw III" is more gruesome than the first two movies; some scenes are just too disturbing and horrific to

watch. The movie is also more creative in its means of torture. Pig guts and a freezer torture victims in ways unimaginable.

In the world of modern horror movies, the "Saw" trilogy is top-notch for

thrills, gore, and twists. "Saw III" seals the deal. The third movie is edgy and creative, scary and disturbing. The gruesome images in "Saw III" will make you cringe weeks after you leave the theater.

Families reunite for leisurely day on campus

Danielle Tepper
Guest Writer

Students had the opportunity to reunite with their families for a day of activities, food, events and fun on October 28, 2006. Lock Haven University planned a myriad of things to do for this year's installment of Family Day, all of which were enjoyable for students, parents, and even siblings.

The day began with residence receptions, which included a warm welcome to families. Beverages and an assortment of casual breakfast foods were offered to the families who made the trip to Lock Haven to visit. Some families were fortunate enough to live close by, while others had to make

trips that lasted a few hours.

"We had to get moving at 6 a.m. so that we could beat the traffic on I-80," said Mary Louise Scott. "Every time we come up here we've got to leave well in advance because it seems like there's always traffic or construction holding us up."

After that, families and students were able to do their own thing, such as roaming about the campus, exploring downtown Lock Haven or checking out the various events scheduled for the day.

The bookstore in the Parsons Union Building (PUB) was open for an extended amount of time, allowing people to peruse the endless supply of sweatshirts, car stickers and mugs.



Marina Tsygankova / Eagle Eye

Friends and family gather to take their chances at the Blackjack table.

The crowd looked similar to that of the first couple days of classes, when it seemed everyone decided to pick up their textbooks all at the same time.

At 12 p.m. the bookstore held a fashion show. Clothing and accessories that the bookstore carries for wanting customers were modeled by students.

"It seemed surprising to me that people were actually waiting for it to begin," said Heather MacMath, a fashion show participant. "Right after it finished it seemed as if there was a steady stream of eager customers heading downstairs."

The Student Recreation Center had an open house,

enabling everyone to get a good look at the extensive facilities available to students and faculty.

Between 1 and 4 p.m. the PUB allowed families to get photo key chains. A kid's carnival took place from 2 to 4 p.m., which included sand art and other entertaining children's activities.

Longaburger Basket Bingo, as well as the movie "Monster House," were held at 3 p.m. in the PUB.

Possibly the most popular activity of the day was the Family Casino. Located in the Eagle Rock Café, the room was set up with a dozen or more card tables, each headed by a volunteer dealer. Treating people as

though they were in an actual casino, volunteers walked around offering drinks and snacks to players. There were homemade slushies, popcorn, trail mix, chips, pretzels, soda, cheese puffs, and more. One dollar bought ten chips and a raffle ticket, and the game began.

Every fifteen minutes, there was a drawing, and a huge selection of prizes was handed out to the lucky winners. Prizes ranged from T-shirts and sweatshirts, mugs and car stickers,

to laundry kits, vacuum cleaners, and the grand prize of a 13-inch screen television.

There was also a Texas Hold 'em Tournament, and the thirteen-year-old champion walked away with a complete DVD entertainment system.

Later on, at 7:30 p.m., there was yet another big screen movie, "Superman Returns," offered in Price Auditorium.

Families went home with numerous souvenirs and students went back to their residence halls feeling a little less homesick. A good time was had all around.

Making a difference, no longer a task to be put on the back burner for university students

Kara Wilt
Staff Reporter

National Make a Difference Day, held Saturday, Oct. 28, had everyone around campus taking the time out of their own busy schedules to lend an extra hand around the community of Lock Haven.

Created by USA Weekend Magazine, the fourth Saturday of every October is designated to helping those around you. Anyone can participate, and everyone is encouraged to do so. In 2005, three million people made a difference by accomplishing thousands of projects all over the United States.

Chasity Nieves and Kaamilah Milton, both students at Lock Haven University, got together and decided that it was time to make a difference in the local community. They sent out emails to all of the organizations on campus requesting that they help out with the day's planned activities and projects.

With the day's dreary start, things did not look promising for the yearly tradition. The children, however, were not to be deterred from dressing up in an array of costumes and filling their trick-or-treat bags with goodies.

More than twenty venues around town opened their doors to the children to participate in different activities. Activities included a scare-

crow contest and some arts and crafts.

"As a result of the shifty weather, we decided to move the gaming events to the Elk Club," said Milton.

Finally, around late afternoon, the clouds broke to allow the sun to peak out and smile down upon Lock Haven. This allowed the volunteers from Lock Haven University and many other organizations around the community, as well as individual residents of Lock Haven, to get started on the projects set before them. Unfortunately, the downtown clean up was canceled due to the inclement weather, but that did not stop the eager participants from accomplishing other tasks.

The Mill Brook Playhouse got a face lift and a little sprucing up before the upcoming season. There was also a good turn out for the Susqueview Nursing home.

"We normally have more people interested, but, unfortunately, we had to share our day with Family Day, so we were hoping that things would turn out well," said Nieves.

Family Day did not seem to keep too many people from deciding that the community could use a little help on this national day of rebuilding.

"Overall, we had a good turn out," said Milton. "I would like to thank and congratulate all the students who could lend their time and effort to result in the success of National Make a Difference Day in Lock Haven."



Marina Tsygankova / Eagle Eye

Crowds swarm for casino fun on Family Day.

Informative tent attracts inquisitive participants: athletic training major no longer a vague field

Anthony Cirio
Guest Writer

A handful of seniors majoring in athletic training set up a white tent to promote athletic training and to educate the campus as to what the trainers do everyday and what they are capable of performing in front of Russell Hall last Thursday

The seniors were from Dr. Yvette Ingram's Current Issues in Athletic Training class, which focuses the trainers on developing the skills needed to get a job as an athletic trainer.

Originally, the students were assigned individual projects that promoted and displayed athletic training, but instead, the class decided to merge their single projects together and exhibit them in one event. The project then became more of an athletic

training fair that had displays of posters and trainer equipment, along with demonstrations of what the trainers do.

The posters displayed information about trainers and the classes they take to become certified, and they also displayed the methods of preventing athletic injury and types of rehabilitation processes. Students were able to see much of the various trainer equipment like wrapping tape and leg splints, and many were given demonstrations showing how each is applied and used.

Students began to pack around the demonstration area, not to mention the table with the free snacks and cider, and the seniors were not hesitant to pick some students from the crowd and slap a leg brace on them.

The fair ran from 9 a.m. to 12 p.m., and during that time there was a continuous flow

of students and faculty coming in and out of the tent. Many of whom were curious Lock Haven athletes who wanted a little more information about the students who watch over them.

"A lot of athletes don't realize what athletic trainers do," said Amanda Cox, the secretary of the Athletic Training Club and the senior who ran the fair. However, the current issues class hoped to change that.

Organizers of the fair also desired to make the distinction between athletic trainers and personal trainers:

"People get the two trainers confused," said Cox. She brought up the issue of Barry Bonds, who was accused of being given anabolic steroids from personal trainers and how the public might give athletic trainers a bad wrap for an issue that doesn't concern them at all.

HAVEN LIFE

A day in the life of...A Block Student

Patrick Bower
Staff Reporter

Whether you believe it or not, Matt Palmatier is just like any other college student. Palmatier wakes up every morning, puts his pants on one leg at a time and is determined to go to school and perform at the highest possible level.

I know you must be thinking, "But what makes him different from everyone else? Why does Mr. Palmatier get a features article in the newspaper depicting a day in his life?" The answer to these questions can be summed up in one simple sentence: Palmatier is currently a student in block.

"Block is the semester before student teaching," said Palmatier. "It consists of the method courses and teaches the students how to teach various subjects, such as Math, Social Studies, Reading, and Science."

Palmatier, a senior in Elementary Education, is one of 62 students who are currently struggling through the long, agonizing semester that

is referred to as block.

Although he was on a tight work schedule, Palmatier granted me the privilege last week of meeting with him during his one-hour break from 12:15 to 1:15 p.m., to discuss what a day of block was like.

"I get up around 7:30 a.m. every morning and take a jog with my block counterpart, Kyle Wentz," said Palmatier. "I, then, come back to my apartment, get around and head to campus for my 9 a.m. class."

For Palmatier, block is fairly routine from week-to-week. On Monday through Thursday, he has four classes which go from 9 a.m. until 2:45 p.m. However, on Wednesdays, from 3 p.m. until 5 p.m., he must engage in a Classroom Environment class. Fridays are designated as "unstructured time," where students are advised to work on their lesson plans and other activities.

These are the basics of a day in the life of a student in block. However, I wanted to dig deep and get behind the

ambiguous smile Palmatier conveys. I wanted to learn his feelings of block, why he desired to be a teacher, and

more specific things you do in block classes?

A: A lot of hard work and dedication goes into block.

Math and Reading are driving the curriculum because of the Pennsylvania System of School Assessment (PSSA).

Also, after Thanksgiving break, we no longer have regularly scheduled classes. We will be going into classrooms throughout the area to teach and participate.

Q: What are some of the positives and negatives of being in block?

A: The best thing about being in block is you get to develop a good relationship with the other students. It also does an outstanding job at preparing us

for our career. Teachers at the schools we student teach at often proclaim Lock Haven students as being the best prepared due to our highly demanding block semester.

However, there are some negatives as well. Being around the same people everyday can be very routine. Also, it often feels like you are sheltered and it can be horribly stressful.

Q: How much of your time throughout the day goes into block?

A: Overall, I would say about eleven hours. I am on campus for about six hours a day and at around 7 p.m., I head to the Akeley computer lab to work for about another five hours. While I am there, I do many lesson plans, reflections on teaching, and other tedious things. I usually get to bed around 2 a.m.

Q: Are you active in any other out of school activities?

A: Yes, I volunteer my time after classes to coach high school football at Jersey Shore.

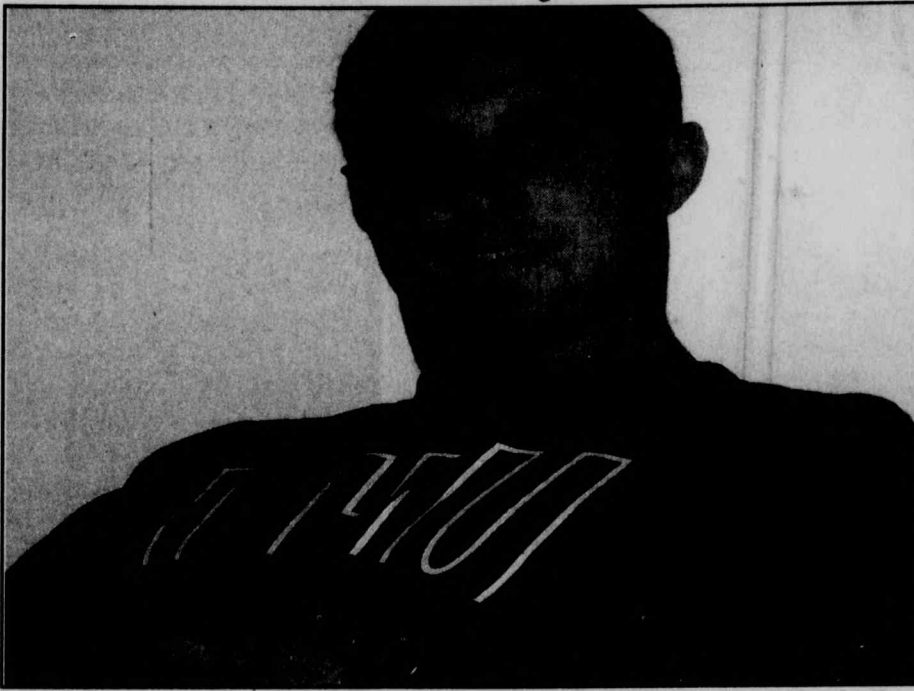
On Mondays, Tuesdays, Thursdays, and Fridays, I head to Jersey Shore to coach football at about 4, and get back around 6:30 p.m. I love coaching. It is a great way to relieve some of the stress block puts on me, and gets my mind off the long day. I also get to utilize some of my teaching skills while I coach.

Q: What is the ideal job for you?

A: My ideal teaching position would be middle school Math because I have a minor in that field. I also would love to coach high school sports on the side, such as football, track, or baseball.

Q: If you could sum up block in one sentence or phrase, what would it be?

A: Block is like is visiting New York City for the first time and trying to catch a cab. Every time you get close to catching one, it drives away. Of course, this is referring to the sometimes overbearing workload.



Patrick Bower / Eagle Eye

Matt Palmatier enjoys a moment to himself to reflect on his growth as a future teacher. Block is hectic but worth it, as local schools confirm that Lock Haven University students are among the best prepared candidates to grace the classroom.

what else he does with his life.

Q: Could you please inform me of some of the

We teach the class one time for each subject, and obviously we must create a lesson plan. For my Classroom Environment course, I had to create five different lesson plans. We also perform elementary activities and projects.

For example, the class went to the Clinton County Conservation Center, where we were taught how to integrate science into the curriculum. Science is not enforced as strongly as other subjects.

Teachers at the schools we student teach at often proclaim Lock Haven students as being the best prepared due to our highly demanding block semester.

However, there are some negatives as well. Being around the same people everyday can be very routine. Also, it often feels like you are sheltered and it can be horribly stressful.

Q: How much of your time throughout the day goes into block?

Trendy women's clothing store invades downtown Lock Haven

Meghan Keely
Guest Writer

Elegant paints of vibrant colors cover the walls, fashion videos play on the big screen television; upbeat music filters the air, and exotic decorations create an overall artistic look. Lock Haven has never had a store like this. We're Hott, You're Nott is a new clothing boutique that just opened its doors last week and is getting a lot of attention.

We're Hott, You're Nott is a women's clothing store located downtown at 19 E. Main St., across from Dollar General. The store carries various name brand clothes, and quite a few 'one of a kind' designer pieces.

Some of the clothing lines currently sold are Calvin Klein, Sister Sweaters, Donna Fashions, Icelandic, and Country Clothing Company.

Other brands include Bebes, a Brazilian brand,

Tsunami, a Canadian brand, Royal Palm based out of Seattle and Royal Plush, a new upscale designer from California.

The store will soon be selling Juicy Couture, J-Lo, 600 West, City Girl and XOXO.

The clothes range in price, anywhere from \$29 for a Calvin Klein shirt to \$120 for a 'one of a kind' designer jacket. The prices are consistent with department stores and are not unreasonably priced, especially if you are an avid shopper.

Last year, a survey was given to Lock Haven University students, to see what they thought about Lock Haven and what stores or attractions could be built in the area. The survey showed that almost all female students stated that Lock Haven needed a women's clothing store. The owners of We're Hott, You're Nott saw these results and responded to the students request.

"We want to make sure what we have is really special and unique. We want everything to be different. There is no store like this in Lock Haven or anywhere close," said one of the buyers for the store. She stressed that the owners desired to create a store for "all women."

Two LHU students had only good things to say about We're Hott, You're Nott.

"The store is surprising for Lock Haven and a nice addition. The window display caught our eye. And the dressing room is amazing," said Tiffany Drob and Amy Wolf.

The firm hours for the store are undecided right now because the owners want to get a feel for what hours will work best for their customers. Right now, the store is open this week from 10 a.m. till about 7 p.m.

Lock Haven University students will receive a 10% discount on all clothing, unless already marked down.



Alana Beightol / Eagle Eye

The window display of We're Hott, You're Nott shows hip styles for women. The new venue is aimed at providing a much needed flair for fashion forward females.

From Cancer, B8

"Genital HPV is passed on through genital contact—such as vaginal and anal sex. Both men and women can get HPV—and pass it on—without even realizing it. Genital warts can also be passed on by a person who has HPV but no visible warts. Since the virus can be 'silent' for a long time, people can have genital HPV even if years have passed since they have had sex," states the CDC fact sheet on HPV.

Fortunately for men, women are at a higher risk for HPV, which is part of the reason that there is an HPV test for women, but not for men.

"There is now an HPV test for women, which can be used as part of cervical cancer screening and management. This test is not a general check for HPV, and is not designed to find HPV in men," states the CDC fact sheet on HPV.

While there is no cure or permanent treatment for HPV, there are ways to reduce the chances of being infected.

"Because HPV is so common but usually invisible, the only sure ways to prevent it are not to have sex, or to have sex with only one uninfected person, who is only having sex with you," states the CDC fact sheet on HPV.

The CDC also states that one can lower his or her risk of being infected by limiting the number of sexual partners and also by properly using condoms while having sexual intercourse.

Unfortunately, HPV is an infection of the cervix, and if not treated, can cause cervical cancer.

The Pennsylvania Department of Health Bureau of Health Statistics and Research & the American Cancer Society (ACS), speculate that 310 new cervical cancer cases will be detected among women in Pennsylvania in the year 2006.

Three years previous, there were 154 cervical cancer deaths in Pennsylvania as well as a total of 510 invasive cervical cancer cases diagnosed among Pennsylvanian women.

Some common symptoms of cervical cancer include unusual vaginal discharge, bleeding after menopause, bleeding during sexual intercourse, menstrual bleeding that lasts longer than usual,

bleeding that starts and stops between regular menstrual periods or bleeding after a pelvic exam. Regrettably, these symptoms will not appear until the cervical cells become cancerous.

Some risk factors for cervical cancer include multiple sex partners, cigarette smoking, HPV infection, genital warts or early age at first intercourse.

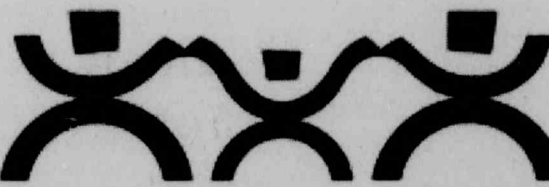
Unlike HPV, cervical cancer may be curable if found during an early stage, and there are multiple ways to prevent and detect the cancer.

catch it, it is much more difficult to get rid of without surgery," said DePaul. "It has made things so hectic for me. I just want women to know they need to get checked regularly."

Also, cervical cancer is prevalent in women of all shape, size and race.

"Cervical cancer affects women in every demographic of American life, with the incidence and mortality rate of cervical cancer highest among African-American and Hispanic women," states the ACS.

Step Up to the Issue
Cervical Cancer Awareness



www.maketheconnection.org

To get more information about cervical cancer prevention, go to www.maketheconnection.org and find out ways to avoid serious medical issues in your future.

The NLGA recommends using condoms to decrease the chance of infection, getting regular PAP smears which can detect abnormal cells early on, and stop smoking because smoking increases the risk of cervical cancer.

"A PAP test (or smear) is a simple, painless test done in minutes in a doctor's office or clinic. Cells are gently scraped from the cervix and examined under a microscope. A PAP test may detect abnormal cells in the cervix caused by HPV which precede cervical cancer. Often, there are no early symptoms [of cancer] so women should have PAP tests done regularly," states the Federation of Chinese American and Chinese Canadian Medical Societies.

While many women believe that this disease cannot happen to them, it has been proven that cervical cancer affects all women, including some women on Lock Haven University's campus.

Nicole DePaul, a senior Journalism and Mass Communication major, explains how having cervical cancer has affected her life.

"Having cervical cancer has caused me to schedule numerous doctors' appointments. I have missed over five classes in one semester. If you don't get tested early and

Also, "Widespread availability of PAP testing led to a decline in U.S. cervical cancer death, but more than half the women who now develop cervical cancer have either rarely or never had a PAP test."

Most doctors and specialists recommend that all women be screened for HPV and cervical cancer by the age of 20 and be regularly screened every few years. Lock Haven women should begin to think about testing in their sophomore and junior years.

"As chair of the NLGA, I ask you to join this campaign to 'End Cervical Cancer in our Lifetime.'" I urge you to use the information provided here to educate yourself, and others, on the prevention and treatment of cervical cancer. Together, through education and awareness, we can end cervical cancer in our lifetime," said Lt. Governor Jane Newton.

As another part to this educational campaign, Knoll is supporting a beading activity that allows one to show his or her support for cervical cancer awareness and is a reminder to share the knowledge with others.

To order beading kits visit www.MakeTheConnection.org or call 1-888-4-HPV-CONNECT.

HAVEN LIFE

Student mentors enrich minds of local children

Len Mahonski
Staff Reporter

The Big Brother and Big Sister (BBBS) program of Clinton County is currently seeking volunteers for the BBBS mentoring program. According to BBBS officials, the majority of volunteers come from Lock Haven University and the organization is hoping to recruit more students.

The goal of the BBBS program is to pair a volunteer with a child in order to establish a much needed relationship and bond that, due to unfortunate circumstances, is sometimes missing and non-existent in the child's life.

Erin Rutt, BBBS program coordinator, asserts that the non-profit organization affords students with a unique and special opportunity to give back to the community in which they live or attend school.

"The rewards far outweigh the costs, a few hours a week is all it takes to make a

difference in a child's life," said Rutt.

The majority of the kids involved in the program are looking for companionship and someone to talk to and confide in.

"Hanging out in the dorm rooms or spending time together in the PUB playing games are some of the activities that the kids enjoy the most," said Rutt.

Events are held monthly by the organization that bid an array of free activities for the kids, providing volunteers and potentials with the opportunity to interact and bond with potential matches. Activities include arts and crafts, games, pumpkin carving, bowling and caroling.

The BBBS of Clinton County also offers a discount card to "Bigs" who volunteer in order to alleviate some of the out of pocket costs for activities that may require a little cash. If volunteers choose to do so and treat the child to a dinner or movie, the discount card can be used at many restaurants and estab-

lishments in the area, including the Roxy, Skate Haven and Java Therapy. Y.M.C.A. passes are also available for free.

"I like spending my time with someone who understands me and listens," said Amber*, 15, referring to the positive impact the BBBS program has had on her life. "The activities are fun and I like knowing I have a friend I can talk to."

"The most important thing to remember is for 'Bigs' to follow through with their commitments," said Rochelle Oswald, assistant coordinator and LHU student. "Many of the kids have been abandoned before and the organization wants to urge volunteers to make sure they are committed before signing up to be a volunteer."

Oswald added that it only takes a couple of hours a week to make a difference and affords both the volunteer and child memories that will last a lifetime.

See BBBS, B6

Picture of the Week



Melanie Shellhammer / Eagle Eye

Dr. Calabrese's microbiology students spent Monday, October 30, 2006 enjoying their class period devoted to dressing up like their favorite micro-organism. The costumes ranged from simple head pieces to full body suits depicting the most basic organisms to the grotesquely sophisticated. Students were asked to vote on their favorite costume and Patrick Ward (far left) won for his portrayal of a hallucinogenic mushroom. Along with their costumes, a one page report and short speech was required from each student.

Chilling, theatric hauntings frighten guests

Chris Hoskavich
Guest Writer

The flashing glare of a strobe light bathed the darkened hallway. As I approached its end, I was led into a room where I saw a girl lying on a bed, her hands cuffed to one of the posts. No, I wasn't at a meeting of the Qadesh Society, I was at a Saturday night running of the University Player's Haunted Studio in Sloan.

In an age where purveyors of fright are all-too dependent on cliché ghouls and senseless gore, this year's installment of the annual event provided a welcome departure. Make no mistake, there was an abun-

by unspeakable terrors on unsuspecting potential tenants. Those who attended the Haunted Studio entered the tour in groups and assumed the role of the unfortunate apartment hunters.

I happened to show up to the studio during a lull in attendance and toured the apartment alone. A lesser man may have shied away from facing the apartment's horrors by himself, but I steeled myself and pressed forward, undaunted.

Upon entering Sloan, I was greeted by four pallid maids whose friendliness seemed to hide more sinister intentions. One of the maids just stared at me, not saying a word. I later learned that ear-

the elevator was bombarded with mysterious thuds, we ascended to the third floor, stopping along the way to pick up the devious landlord.

The first room that we toured was the apartment's kitchen. Though it came equipped with a refrigerator and oven, the benefits of modern appliances were offset by the cannibalistic blood-feast taking place on the table.

I was then led into a living room where two insane, grotesque figures asked me to watch TV with them. I passed, and continued into the aforementioned room in which an apparently dead prostitute lay handcuffed to a bed. A butchered businessman was sprawled out on the floor next to her.

Just as I was leaving the room, the woman sat up and screamed and an instant later a corpse fell out of a nearby armoire. The rapid succession of morbid stimuli was enough to bend my iron nerves and cause me to jump. I was impressed.

I then entered a room where a camera-wielding madman was torturing a helpless girl and chronicling the grisly affair on film. As the victim cried for help and the lunatic photographer snapped away, a blood-thirsty zombie lunged at me from the other side. I jumped again. Bravo, University Players, bravo.

The landlord then led me through the "grand hallway," which, naturally, was infested with groaning ghouls who tried to reach out and grab me. Finally, we made our



University Players, Lindsay Landis and Brian Church, use their best scare tactics to petrify those willing to venture through the haunted apartment staged in Sloan 321.

way back to the elevator. As we returned to the first floor, he tried to persuade me into signing a lease. Though tempted, I declined.

The strength of the Haunted Studio was its continuity. Haunted houses tend to consist of a series of unrelated, interchangeable scenes. The University Player's Haunted Studio was more fluid. While being led from room to room, I felt as though I were part of an interactive play. Dennis Berfield, who designed and directed the performance, reinforced this notion.

"(The Haunted Studio) was handled much like an actual production," he said.

The cast of the Haunted Studio, which included many first-time actors, brought the creep show to life with spirited performances. I particularly enjoyed those of Katie

Woodring and Shawn Ergler.

Woodring played the part of Phil, the wretched elevator operator, while Ergler portrayed the crafty, underhanded landlord. Both actors approached their characters with a sense of humor, but successfully created an eerie, unsettling feeling as well.

This carried throughout the production. I reveled in the studio's morose, gruesome themes, but appreciated the absurdity with which they were presented. Audience reaction seemed to reflect this sentiment.

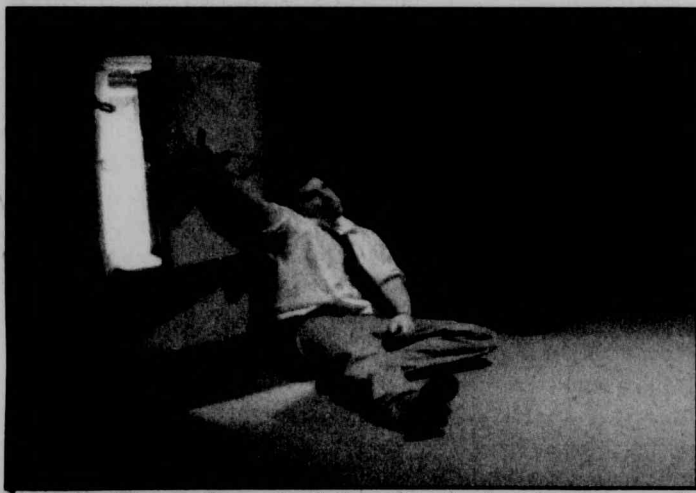
"Audience reaction has been at one end of the spectrum or the other," Berfield said, "some people go in and

scream and some people come out laughing."

Attending the University Player's Haunted Studio on a cold, stormy night proved an appropriate and enjoyable Halloween-weekend outing. Although those poor souls who missed it will have to wait another year to enjoy the Haunted Studio, they can take solace in Berfield's assurance that the quality of the production is continually improving.

"Every year it's been getting bigger and better," he said.

*This review reflects the opinion of the writer and not the views of the Eagle Eye staff.



Justin Bupp lays helplessly chained to one of the kitchen appliances that generously came with the haunted apartment.

dance of ghouls and gore, but the players served them up in a way that was fresh, humorous and relevant to the show's story.

The story behind the Haunted Studio focused on a fiendish landlord trying to unload an apartment haunted

lier that night one hapless attendee was nearly driven to hysterics by her silence and empty glare.

The maids led me to an unlit elevator, where I was introduced to Phil, the dim-witted, psychologically-damaged elevator operator. As

Cervical cancer prevention a must

Erin Hipple
Editor at Large

Lieutenant Governor Catherine Baker Knoll, along with the National Lieutenant Governor's Association (NLGA), are fighting to end cervical cancer in this lifetime by educating Pennsylvanians on HPV and its link to the cancer.

Pennsylvania was selected as one of ten states to participate in the NLGA education campaign on "Ending Cervical Cancer in our Lifetime" by directly educating women and

men on this "nearly entirely preventable nature of cervical cancer."

Cervical cancer is defined by the Pennsylvania Department of Health as a disease that affects the cervix (the lower part of a woman's uterus) of the female reproductive organ. The department also states that the cancer is usually a relatively slow progressing disease beginning in the lining of the cervix.

Knoll and others are trying to accomplish spreading the awareness that this preventable cancer is actually caused

by a common virus: human papillomavirus, or HPV.

The Pennsylvania Department of Health defines HPV as the major cause of cervical cancer, and the Digene Corporation, at www.TheHPVTest.com, has proven that HPV causes 99.7% of all cervical cancer cases.

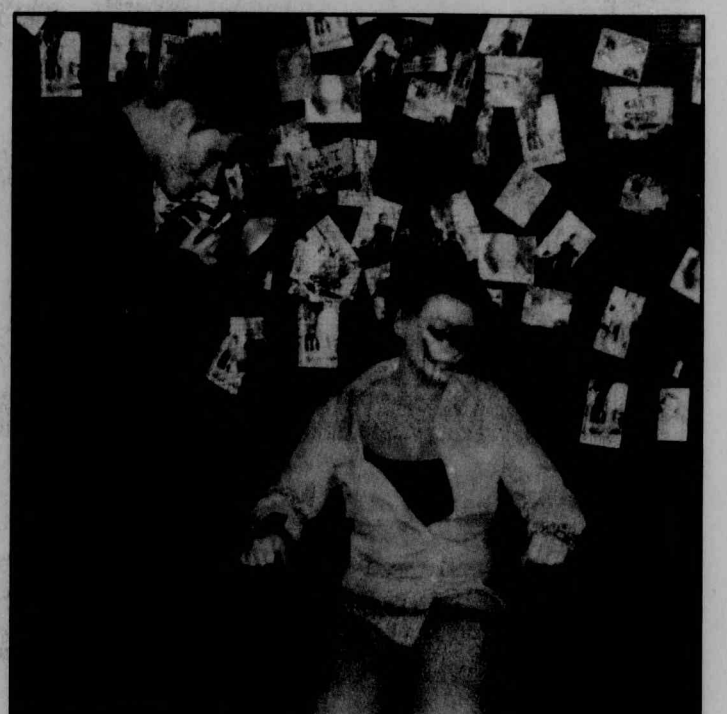
But what is HPV and how does one get it?

HPV is a sexually transmitted disease that may cause visible or invisible genital warts. It is defined as a virus that lives in the skin rather

than in the body. Most commonly, one is unaware of its presence because HPV usually shows no signs or symptoms of the virus on the body.

It is estimated by the Center for Disease Control and Prevention (CDC) that almost 80% of women will have or have had HPV at one point in their lifetime by the time they reach 50 years of age.

See Cancer, B7



Photos Courtesy of Christine Woodworth

Obsessed photographer, Rob Bergenstock, tortures his helpless victim, Erin Salvati, by chaining her beaten body to a chair.