

WELCOME BACK!

eagle eye

Vol. XXI, No. 27-28

Lock Haven State College

Tuesday ~~Friday~~, Jan. 23, 1979

NEWS BRIEFS

Egypt rejected an Israeli proposal for a peace summit without Carter's intervention. Sources indicate Sadat favors Carter's involvement in the peace talks.

An estimated 60-thousand of anti-abortion demonstrators gathered in Washington yesterday, marking the 6th anniversary of the Supreme Court decision clearing the way for legal abortions.

The Shah of Iran, who left his country last week on an extended vacation, flew yesterday from Egypt to Morocco for a visit with King Hassan.

The U.S. Federal government sued the People's Temple religious cult yesterday to compensate the cost of removing the 900 bodies from Guyana.

Podol Has Critical Study Published

LOCK HAVEN -- A critical study of the Spanish playwright Fernando Arrabal by Dr. Peter Podol, professor of Spanish at Lock Haven State College, has been published in the Twayne World Authors Series and released in late December 1978.

Arrabal, who was born in Spanish Morocco, is the author of more than 40 plays, many of which have been performed in countries around the world and translated into many languages. He has also written novels, film scripts, poetry, and a number of other works.

The book by Dr. Podol presents a critical analysis of all of Arrabal's works, plus a biography of the internationally known playwright, who currently resides in Paris.

In February 1977, Arrabal was brought to Lock Haven State College by Dr. Podol as a guest artist. Two



ICE SKATES -- may have been a better idea yesterday considering the icy conditions of many sidewalks on campus. (PHOTO BY MIKE BAYLOR.)

Students Slide Into New Semester

By SUSAN SHELLY
Winter weather has obviously hit Lock Haven, and students, faculty, and staff have all been affected in various ways.

Weekend snow, rain and ice made travelling difficult and caused problems for some people returning to Lock Haven after semester break. Route 80 was closed Sunday, according to Penn-

sylvania State Police, but is clear now, with the exception of some icy patches.

College maintenance officials said yesterday that regular and supplementary crews have been working to remove snow and ice from college roads, parking lots and sidewalks. Numerous complaints have been made to the maintenance department, according to officials,

about icy steps and walks. Work on the removal of these hazardous conditions is reportedly progressing smoothly.

Local weather reports indicate that still more snow is expected late Tuesday night or Wednesday.

of Arrabal's short plays, "Orison" and "First Communion," were performed by LHSC students, with Arrabal assisting in the production and providing a discussion of his work following the performance. A film by Arrabal, "Long Live Death," was also shown during his visit.

LHSC Student's Math Work Adds Up for Honor Awards

Math computer science awards were given recently to students with outstanding scholastic achievement in that field.

Fauziah Hasan received the award for the senior major with the highest quality point average. She is a math-computer science major. The upperclassman with the highest QPA

among main majors went to Sharon Biddle, a secondary education math major. Gary Fenstamaker, received an award for being the junior with the highest QPA in his major.

Underclassmen Elizabeth Auden and Timothy Mullen received awards for the best academic records in Programming 1 and the first two calculus courses.

CAS Deadline Extended

(Harrisburg)...The Commonwealth Association of Students (CAS) legislative body voted to extend the deadline for the statewide poster contest to March 1, 1979 during its January Planning conference held early January in Harrisburg.

"The legislative body believed the students needed more time to design a winning poster for the contest," said CAS Public Relations Director Marcy Carey. "The Association realizes that many students had to prepare for finals and couldn't meet the December deadline. With the extension of the deadline, we are hoping more students will enter the contest and exhibit their artistry."

The winning poster will be silkscreened and distributed throughout the state college system, with the winning artist receiving a cash award of \$25 from the statewide CAS. Any student can submit his/her design drawn on 17 by 22

inch white poster board using black ink.

The words "The Commonwealth Association of Students" or "CAS" must be visible on the poster, with the sketch following the theme of "CAS - YOUR VOICE IN HARRISBURG.. WORKING TO KEEP TUITION COSTS LOW AND EDUCATIONAL QUALITY HIGH."

All local entries must be submitted to Mary Thorson c/o PUB Secretary's Office by March 1, 1979. Individual CAS chapters will select their best entry and submit this selection to the CAS central office in Harrisburg. The CAS public relations committee will judge the best of the 14 campus entries at its March lobbying conference. The winner will receive his/her cash award after the selection has been made and will receive statewide publicity. All entries will become property of the Commonwealth Association of Students.

Conference Kicks Off Building Plans

A job conference yesterday marked the start of long-time plans at LHSC - the construction of a seven story learning research center.

The \$3.4 million structure designed by McClellan and Smith of Camp Hill, will be between Raub Hall and the Akeley school building. This was formerly the site of Himes Hall, a 5-story brick structure that was moved across campus earlier this year at a cost of \$369,000 to make way for the new building.

George Marshall, LHSC vice president of administration, said that Himes Hall, now next to Thomas Field House, will be ready for use in April or May.

The new building, to be constructed by James C. Orr and Son Inc. of Altoona, general contractor, is to be completed in 1-1/2 years. Marshall also said that it is hoped the building will be ready for use starting in the fall of 1980.

Orr was one of 12 bidders for the general contract work, submitting a bid of \$2,247,690. All bids were given state approval earlier this month.

The total bid price for the building construction including heating, ventilating and air conditioning, plumbing, electrical work, and an elevator contract, is

\$3,411,090.

The building will house the college computer center and computer science class rooms, the campus TV studio and college radio station, psychology laboratories, a small multipurpose auditorium, and audio visual equipment, classrooms and faculty offices.

Matthews Receives Award

[Reprinted from APSCUF Newsletter]

Dr. Peter R. Matthews was selected to receive the Lock Haven State College's Commonwealth Teaching Fellow and the Commonwealth's Distinguished Teaching Chair for developing and teaching courses in special education. His recognition was based, in particular, on his development of courses which provided students a practical understanding of how to work with the mentally/

physically handicapped. Over the past seven years, Dr. Matthews' students have spent more than 34,000 hours in practical projects with the handicapped. At least 50 percent of all course grades given by this recipient were based on his students' practical projects. Examples included establishing friendships with handicapped citizens, participating in recreational activities with the handicapped and confining themselves to wheelchairs for 48 hours.

today's editorial

SUSAN SHELLY

By SUSAN SHELLY

We experience many new things at the beginning of each semester and this one is no exception.

New classes, new professors, new books, and new student government leaders are all part of beginning a semester. While these things are practically guaranteed to us, there are some things we should acquire this semester which are not guaranteed.

A firm policy for dealing with students caught stealing from the bookstore must be implemented. The present policy is not consistent and it must be changed.

Student concern and action is vital to obtain the Water Street railroad crossing gates which are desperately needed. Students should write to Representative Letterman urging immediate action.

Students should not hesitate to express their opinions of necessary changes or ideas for improvement. The *Eagle Eye* staff welcomes these ideas and opinions.

FRANKLY SPEAKING

...by phil frank

KEEPING UP WITH THE JONESES?
WE'RE HAVING ENOUGH TROUBLE
KEEPING UP WITH THE WALTONS!



The Lock Haven State College

EAGLE EYE

AN INDEPENDENT STUDENT NEWSPAPER

The *Eagle Eye* is published twice weekly by Student Publications of Lock Haven State College. Our office is located on the ground floor of the Parson's Union Building. Phone 748-5531 or ext. 456.

The Editor encourages letters and commentaries. All contributions must be signed, but names will be withheld from publication on request. Letters and commentaries will be printed verbatim. The Editor reserves the right to ask contributors to edit or rewrite their material if it is considered libelous, incoherent or too lengthy.

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poetry corner

"TO SOMEONE YOU MAY KNOW"

You came along and freed her heart
of all its misery
Never dreamed she'd be your lover-
she thought, "you're too good for me."

She enjoys your time together
two minutes it may be
Never questioning your reasons-
"Can't tonight - you see..."

She never tries to run your life
accepting you for you.
To her you're someone special,
with all your faults, too.

Partying's important to you
I guess that she sees why
Other girls and Friday nights
understand - she tries.

She knows you love your friends
and freedom
She's second in the race
But she'll be there when you want her
complain - never to your face

You don't have to call her up
every night and day
You don't have to come see her
She knows you're not that way

Attention - she doesn't need it much
it doesn't hurt inside
You don't have to say you love her
She'd hate it if you lied

Does it appear her love is fading?
no, really it has grown
She'll be holding on forever
to keep you for her own

You don't have to say right out
you're there to stay for good
But give her something just to cling to
It'd help her if you would

Maybe this sounds arrogant
but something you should know-
If she had been another girl
she'd have left you long ago.

by Annette Shimp

Paper Chase's Prof for Real

Hollywood--John Houseman, the dynamic and redoubtable law professor in "The Paper Chase" television series, did not have to study or do research in order to play the role with authority.

Houseman, the effervescent 76-year older, who won an Oscar when he made his acting debut only three years ago, has devoted much of his life to the academic. He still is a professor in real life.

He founded and served as artistic director of the

UCLA Theater Group; was associate professor of English drama at Vassar; directed the drama division of New York's Juilliard School, and currently is a professor of drama at University of Southern California.

All of the exterior campus scenes for "The Paper Chase" are filmed at USC -- and Houseman uses his regular parking place when the TV company shoots there.

"The Paper Chase" airs Tuesday nights over CBS TV.

Announcements

The Law Enforcement and Safety Department, through its Lost and Found, has accumulated many unclaimed books and articles of clothing, many of which are serviceable. Any student wishing to utilize these items may pick them up in the Glennon Infirmary between the hours of 8:00am and 8:00pm. Items may be picked up on a first come serve basis.

There will be an S.C.C. Senate Meeting on Wed., Jan. 24 at 7 pm in S. Lounge of the P.U.B.

There will be a coffee-house featuring Bill Prentiss and Chuck Kessler as Sandalwood this Wednesday Jan. 24th in the Eagle Wing at 8 p.m.

The Arts

By FRANCES ARNDT

Auditions for "Lysistrata," the College Players mainstage production for the Spring Semester, will be held tonight and tomorrow night in Sloan 321 at 6:30 pm. The play, which will require a large cast, is the classic Greek comedy concerning the women of Greece and their unique form of anti-war protest--the withholding of sex from the men.

More auditions will be held shortly for the two studio productions, "Symbiosis" and "Endgame." Announcements will be in the *Eagle Eye*.

There will be a College Players Meeting tonight at 8:00 pm in Sloan 321. New faces are welcome!

In addition, the College Players will be sponsoring an Open House on Friday in Sloan Theatre. The evening will begin with a slide show of past theatre productions at LHSC. Following this presentation, the stage will be turned into a disco (complete with special lighting), with dancing until midnight. All students are welcome!

Josh McDowell to Lecture

Josh McDowell, internationally known Christian activist will speak on various problems of today on January 23-25 at Penn State University. McDowell, a traveling representative with Campus Crusade for Christ International, has spoken at more than 550 universities

in 53 countries. He is the author of "Evidence That Demands a Verdict," a current bestseller.

McDowell will be speaking at 7:00 each night in the Eisenhower Auditorium. His topics include "The Great Resurrection Hoax," "The Future Tellers," and "Maximum Sex."

MORE POETRY

frost covered leaves,
dried brown and sparkling,
tell the story of November days,
whisper secrets of a winter coming.

shivering, I touch the wind and it bites.
ouch!
the coldness has arrived.

Patricia Mease

Campus Paperback Bestsellers

1. **My Mother, Myself**, by Nancy Friday. (Dell, \$2.50.) The daughter's search for identity.
2. **The Women's Room**, by Marilyn French. (Jove/HBJ, \$2.50.) Perspective on women's role in society: fiction.
3. **The Thorn Birds**, by Colleen McCullough. (Avon, \$2.50.) Australian family saga: fiction.
4. **Centennial**, by James A. Michener. (Fawcett/Crest, \$2.95.) Epic story of America's legendary West: fiction.
5. **Doonesbury's Greatest Hits**, by G. B. Trudeau. (Holt, Rinehart & Winston, \$7.95.) A mid-seventies revue.
6. **All Things Wise and Wonderful**, by James Herriot. (Bantam, \$2.75.) Continuing story of Yorkshire vet.
7. **Daniel Martin**, by John Fowles. (Signet, \$2.95.) English playwright influenced by Hollywood: fiction.
8. **The Amityville Horror**, by Jay Anson. (Bantam, \$2.50.) True story of terror in a house possessed.
9. **The Immigrants**, by Howard Fast. (Dell, \$2.75.) Italian immigrant's rise and fall from Nob Hill: fiction.
10. **Dynasty**, by Robert S. Elegant. (Fawcett/Crest, \$2.75.) Saga of dynamic Eurasian family: fiction.

This list was compiled by *The Chronicle of Higher Education* from information supplied by college stores throughout the country. December 31, 1978.

New Studies Reveal Sugar Is Not Too Sweet

Shortly after Columbus sailed the ocean blue, sugar became commercially available. Gradually, it became a major food item. For centuries, sugar had been used only as a flavoring for food, being produced in home pots over the kitchen stove. When sugar moved from a flavoring agent to a major food item, toward the end of the 19th century, certain degenerative diseases also moved up on the list. This included appendicitis, tonsillitis, heart disease, peptic ulcers, diverticula, diabetes, mental illness (particularly depression and bizarre thoughts), and lack of order and organization in the life.

Heart disease is our most prevalent degenerative disease. It is a modern day disease of life-style. By changing patterns of life, we can easily prevent coronary heart disease. Sugar plays a large role in causing heart disease. The two major blood fats which are believed to be related to the development of coronary heart disease are elevated in the blood by sugar intake.

Triglycerides are one of the blood fats that are especially raised by a high sugar intake; the triglyceride level is commonly used to obtain an indication of the risk that one has of suffering a heart attack. The triglycerides are ideally about the same level as the age of the individual, but may reach several times the age if the intake of sugar and other refined carbohydrates is high. Cholesterol is another form of blood fat, and is also influenced by the sugar intake.

Sugar decreases the phagocytic activity of white blood cells. By a process called phagocytosis, white blood cells are able to eat germs. If one has taken no sugar, the white blood cells should be able to eat certain types of bacteria at a rate of about 14 germs in half an hour. With only six teaspoons of sugar, the phagocytic activity decreases so that only 10 germs can be eaten in 30 minutes. Six teaspoons of sugar are in an ordinary soft drink. If one takes 12 teaspoons (one soft drink and a doughnut), the phagocytic activity decreases so that germs can be eaten at a rate of only 5.5 per 30 minutes. With 24 teaspoons of sugar (a banana split), one can expect only one germ to be eaten in 30 minutes. Because the level of sugar in the blood determines to some degree the ability of the body to protect itself against infections, we should be able to see that there is less infection in those who have a low sugar consumption. And it is a fact that those who have a low intake of sugar have a low rate of

infectious diseases.

Some skin diseases, especially acne, can be increased as the intake of sugar goes up. A little over a decade ago, the Alcan Highway to Alaska was completed. At that time Cokes, Pepsis, refined grains, and other refined carbohydrates became more easily accessible to the Eskimos. For the first time, the smooth-skinned

Eskimos began to have acne. Shortly thereafter, gallbladder disease was diagnosed for the first time among Eskimos and the first gallbladder operation was performed for an Eskimo. Heart disease began to be seen; children's baby teeth rotted off to the gums, and permanent teeth were lost in teenage years; this among people who had been

proverbial for their durable teeth prior to the introduction of sugar.

Diverticula and polyps of the colon are almost limited to those who use refined carbohydrates and milk. These materials are constipating and thereby promote diseases of the colon, as well as hiatus hernia. The latter occurs from a weakness of the diaphragm caused by an increase in the pressure inside the abdomen. The upper portion of the stomach is pushed up into the chest alongside the esophagus, causing heartburn, discomfort, and disability. It took medical science until the present decade to see a relationship between diverticula and polyps of the colon, hiatus hernia, gallbladder disease, acne, increased rate of infections, tooth decay, tonsillitis, appendicitis, diabetes, and cancer of the colon. Dr. T.L. Cleave and Dr. Denis Burkitt finally made the association between these diseases and the intake of sugar in the diet. Could the total amount of human suffering brought on by all of these diseases be added up into one sum, we would see that we owe quite a debt of misery to our sweet tooth.

Many foods have hidden sugars in them, including many commercially canned vegetables, most of the

fruit juices (though labelled unsweetened, the government allows sugar to be added to bring the total carbohydrate content up to a certain level); even hot dogs have sugar in them. A person who thinks that he does not take in much sugar may easily consume 15 to 20 teaspoons of sugar in a day, sufficient to cause one's phagocytic index to decrease greatly, and to raise his triglyceride level. A heavy user of sugar takes 40-50 teaspoons or more

each day. It is easy to learn to relish one's food without sugar. A battle must be waged to overcome the power of habit, then the matter is easy.

Readers who wish to ask questions or make comments may address them to Simple Remedies and Preventive Medicine Yuchi Pines Institute, Rt. 1, Box 273, Seale, Alabama 36875. Please enclose a stamped, self-addressed envelope.

COMMENTARY

By PETE BIELSKI

The gladiators have put away their equipment for the season and have left us a winner—The Pittsburgh Steelers. The classic confrontation between the Cowboys and Steelers saw all the weapons being used. While Bradshaw was throwing spirals in the direction of soaring Swann's and diving Stallworth's, Tony Dorsett was skillfully avoiding Hams, Shells and other Steel type curtains. We also saw a roped Franco, cut-back and avoid being eternally lassoed. We heard Hollywood howl once too often while Rocky scored one for the regiment. The emotionless machine hadn't counted on the Manster handling the ball, or the aged tight-end mis-handling it. Mr. Noll kept hoping the balding brains upon Bradshaw's bruised shoulders could continue calling the right number. And a crucial call had the zebras in question, once again, but what's a game without it?

But for now, let's put all the heroes, goats, ifs and buts away—because there was supposed to be "no tomorrow" for the loser. But here it is Tuesday, and being a Cowboy fan (or supporter—in interest of post-season betting, better put) I thought Monday was not supposed to exist, but the sun rose on schedule, and in reality, all that happened is . . . the football season ended.

Let's put some Duane Thomas logic into the picture. In talking to Duane before Super Bowl X, reporters questioned Duane "Is this the biggest game ever?" He quickly replied, "If it is, then why will they play it next year?" In all respects Thomas is correct, with all the publicity and build-up, the public, in addition to the players, get emotionally set for the big show-down. And of course, after the game, the people are mentally drained and kind of puzzled why so much weight was put into one game. I mean, is it worth it? People yelling and screaming over the actions of a few, and of these few, people dressed as warriors playing a futile game in which players attempt to be in possession of a pigskin in a precious 600 square yard area, as opponents almost maim to prevent it. Who knows? Oh, well—I can't wait for next season.

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Classifieds

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Lock Haven Grapplers Travel To Mid-West

By TOMMY PETERMAN

The East's 9th ranked Lock Haven State Wrestling team (7-7) has gone South during the past semester break the past 2 years, but instead headed into the cold and snow of the mid-west from January 2nd through the 19th. Traveling in two SCC vans, Dr. Ken Cox and 16 of his wrestlers traveled nearly 3,000 miles. At each stop the Haven received "free" lodging which varied from plush motels, to fraternities, to a summer wrestling camp and lodge. In their last dual meet prior to vacation the Haven easily drubbed Oswego State University 39-5 at the "House-of-Noise" on December 12th. The J.V. team competed at the Wilkes Tournament on Dec. 28th-29th. The varsity then reported back to the "Haven" for the mid-west venture. Battling ice and snowy roads, the travel-weary Bald Eagles (3-1) arrived at Winona (Minn.) State University (NCAA-Div. I) on Jan. 4th and dropped a tough 19-18 match. Gregg Koontz, Hwt, who is ranked 8th in the nation, was held to a 3-2 decision over Winona's Jeff Tjing. The following night (Jan. 5th) at Mankato (Minn.) State University, (NCAA-II the Bald Eagles suffered their second one point set-back, 22-21. Scoring falls at Mankato were Mike Nauman, 177, (2:30) and heavyweight Gregg Koontz (forfeit). Both Winona and Mankato are Northern Intercollegiate Conference powerhouses.

The Haven then traveled seven hours to Lincoln, Nebr. to wrestle the Univ. of Nebraska Cornhuskers in their new 15,000 seat Sports Arena on Sunday night Jan. 7th. Several close matches cost the Bald Eagles their 3rd road-trip defeat 26-11. Again Mike Nauman, 167, scored a fall and Tim Thompson, 190, scored an upset 8-4 victory over Darrell Meyer. Koontz was held to an 8-8 draw by the Cornhuskers George Rambour, a Big Eight place-finisher.

Following the Nebraska match, the Bald Eagles pounded the highway for 14 hours and easily won a triangular match at Indiana Central University in Indianapolis over ICU and Omaha on Tuesday, January 9th. The grapplers pounded ICU 39-3 with John Unangst, 126, Vince Testa, 134, and Dave Moyer, 142, earning superior decisions. The following night at prestigious DePauw University, the Bald Eagles shut out DePauw, 53-0, for their third straight road-trip victory. Scoring first period falls were Kevin Brown, 118; Joe Baranik, 150; Steve Williams, 167. The grapplers then traveled to Upland, Indiana to take on NAIA champion Taylor University and Huntington

College on Jan. 11th. The "Haven" shut Huntington out 54-0 but were upset by a tough Taylor team. Scoring impressive wins against Huntington were Pat Lynch, 118; George DeAugustino, 126; Jeff Fleishman, 142; and Koontz who decided Huntington's Joe Beerwent in just 0:25. Against the much tougher, undefeated Taylor team, the pivotal match was at 150 where Joe Baranik had a 5-0 first period lead and was pinned in the second period. A referee's quick call proved costly to the promising freshman. Tim Thompson, 190, was also pinned by NAIA champ Drew Whitfield. The two deck jobs proved to be extremely costly to the favored Eagles. Several Bald Eagles were still nursing injuries at this time including Dusty Ream, 150 (injured at Mankato) and Gregg Koontz (injured at ICU). Koontz the Taylor triangular the Bald Eagles were scheduled to participate in the Leathernick Invitational at Western Illinois University in Macomb, Illinois on Saturday, January 13th, against the likes of WIU, Purdue, U of Wisconsin, Whitue, U of Wisconsin, Purdue, U of South Dakota State; Northern Illinois. Dr. Cox was notified by the WIU Athletic Director just prior to the ICU match that the tournament was unexpectedly cancelled because Don Travelline, the WIU coach was in a serious auto accident and was in critical condition, and the tournament had been cancelled. After an exhaustive search for a match on Saturday (negotiations with both Purdue and Hanover College broke down), the Haven's next dual meet opponent Indiana University in Bloomington agreed to house the Haven from Jan. 12 thru Jan. 15th at IU's wrestling coach, Doug Blubaugh's Top-of-the-World Wrestling Camp. This gave the grapplers a chance to practice for three days in one of America's finest intercollegiate sports facilities prior to taking on the Big Ten IU wrestling team on Monday night, Jan. 15th, in the spacious 17,000 seat sports arena. The match went right down to the wire, with LHSC trailing 17-15 going into the heavyweight match. The Bald Eagle's All-American candidate, Gregg Koontz was forced to default his match at the start of the third period because of a strained right knee giving Indiana University (3-5) a 23-15 victory. Winning for the Lock Haven were Dave Moyer, 142; Joe Baranik; and Tim Thompson, 190. Doug Gallaher, 158, earned a 4-4 draw with tough Steve Dum.

The Bald Eagles traveled on to tackle the 5th ranked NCAA-Division I team in

the nation, the Cleveland State University Vikings, on Wed., Jan. 17th. Cleveland was 8-1 with victories over Lehigh and Penn State, with its only loss to number-one ranked Iowa. The Bald Eagles (7-7) pushed the wire losing a tough 23-15 match. The Bald Eagles only trailed Cleveland 18-15 going into the heavyweight match. However, the Bald Eagles 290 lb. Gregg Koontz who is ranked 8th in the nation by Amateur Wrestling News, could not wrestle because of a knee injury and was replaced by "gutsy" Austin Shanfelter who gave up over 60 pounds to Tim Payne and dropped a 17-4 decision to the tough Viking heavyweight. Scoring impressive victories for Eagles John Unangst, 126; Jeff Fleishman, 134; Mike Nauman, 177; and Tim Thompson, 190.

The young Bald Eagles who have the toughest schedule in the school's history are now 7-7 on the season. Home engagements this week with Morgan State, and Ship-pensburg, and defending Pa. Conference Champs, Clarion State are on top. The Bald Eagles are currently ranked 9th in the east and juniors Gregg Koontz, HWT, made mid-season 'All-American' and Dave Moyer received honorable mention.

Mat Chatter...The Bald Eagle's mid west tour is one of the most extensive in the country (10 duals and a tournament). Opponents gave the 'Haven' free lodging and a pre-match meal at each stop throughout the 17 day tour...the trip was free from any serious accident's although rumor has it John Unangst had a close call on a Chicago free way on the way to Minnesota. Reportedly, a car jack-knifed in front of Unangst and both Coach Cox and Gregg Koontz are rumored to have lost 10 pounds from the scare...several of the freshman were homesick and only Jeff Iacovelli had to leave the tour at DePauw because his mother was hospitalized...the SCC vans broke down only once, and that was at the DuBois, Pa., exit on the DuBois of travel, after that the vans were just perfect, according to team captain, Gregg Koontz...the minus 29 degrees in Minnesota, and snow made travelling very slow...there will be wrestling in Ross Nevel's "House of Noise" on Jan. 20; 23; 25; and 27...

On Saturday night before a good crowd at the Thomas Field House, the Bald Eagles (8-7) surprised almost everyone with an easy 33-12 victory over the Warrior's of East Stroudsburg State. ESSC now 6-4 on the season was not

actually in the match with the tougher 'Haven' grapplers.

A quick 0:50 fall at 118 pounds by LHSC's Kevin Brown followed by 3 consecutive wins by John Unangst, 126; Jeff Fleishman, 134; and Dave Moyer, 142, gave the 'Haven' a convincing 18-0 lead going into the half-way mark. Also posting impressive wins were Doug Gallaher, 158; Mike Nauman, 177; and improving Tim Thompson, 190.

The effects of their mid-west four seemed positive, because the Bald Eagles outconditioned their PSCAC rival and were especially superior from their feet scoring 17 take-downs to the Warrior's eight. The Bald Eagles are back on the Thomas Field House mats on Tuesday against a tough Morgan State team led by All-American, Bucky Smith,

British HPER Program Offered

Lock Haven State College is offering a three semester hour workshop, Introduction to British Physical Education, Recreation and Sport, in Nottingham, England for three weeks beginning June 16, 1979. The cost, including transportation, tuition, room and board will not exceed \$800 per person. Students and graduates of Health and Physical Education are welcome to take the course.

The workshop will provide visitations during the first week to physical education, recreation, and sport facilities and institu-

tions with appropriate lectures and demonstrations. Group sessions will follow each day's visit to discuss and compare the English program with its American counterpart.

During the second week each student will be placed in an English school as an Aid/observer and will participate in the teaching of physical education to school children, under the direction of the school's physical education specialist. The Lock Haven Student may elect to participate in more than one school or remain in a single

school for the week. The third week provides the students with an optional tour of Great Britain, or selected tour on the continent, or remain in Nottingham for additional experience in the schools. Specific tours and their costs will be provided by a Nottingham travel agent by Spring of 1979.

Eagles Shooting Off

conference guard Ken Richter remains the team's top scorer, as his average has been hovering around 15 the entire season.

The departure of Mike Maurer might affect the rebounding strength of the Haven. Improvement will be seen in future games, because conference play starts, and this should bring a change of attitude in team play. The Eagles are 0-1 in Conference action, losing to Slippery Rock at the Rockets home court 67-52.

The last thing a college senior needs is another pat on the back.



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