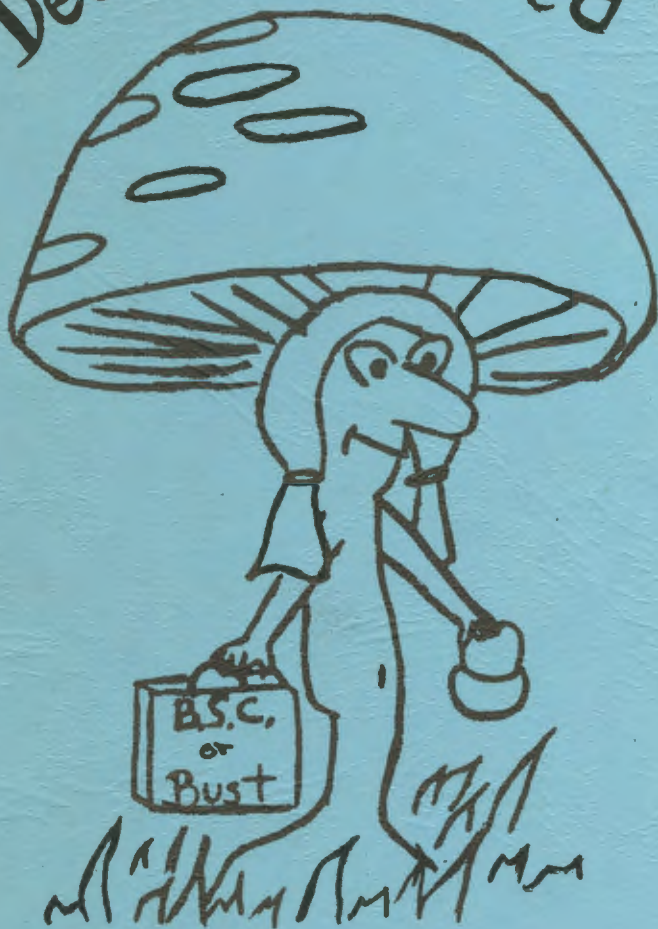


Dear

Coed



DEAR COED

FRESHMEN WOMEN HANDBOOK

Published By

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Bloomsburg State College

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1971-1972

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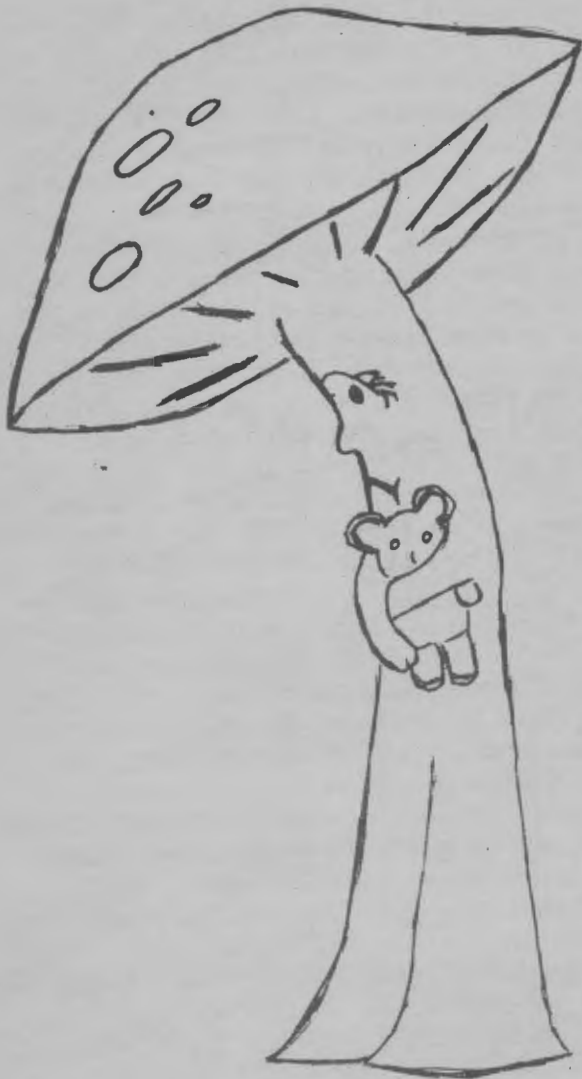
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A PERIOD OF ADJUSTMENT

"The time has come," the walrus said,
"to speak of many things. Of shoes,
and ships, and sealing wax, and cab-
bages, and kings." So spoke the.....
walrus in Lewis Carroll's Alice in Wonder-
land. Well, Bloomsburg isn't Wonderland,
but it's definitely different from life

at home. And the time has come. Or almost. In a few months' time you'll be a freshman woman at BSC and your life will change. Whether it's for the better or worse is up to you. Although it may sound trite, college is what you make it, and you can make it good if you try. You're growing up, as many people have probably been telling you lately, and when you get to BSC you're going to have to grow up some more. But don't worry about it, because you'll do fine as long as you remember that there will be about 500 other scared coeds who don't know any more than you do!

The first initial shock that will hit you after you've been at BSC for a few days will be the sudden realization that you are on your own! Although the college has certain regulations that must be followed, you'll find out that you're your own boss in most matters. There won't be anyone there to tell you to study or to go to class, and to hollar at you when you don't. You're going to have to try to exercise a little self-discipline and figure out how you're going to budget your time. The 24 hours in a day will seem a lot shorter when you find yourself trying to make room in the day for sleeping, eating, studying, and all the other things you'd like to get done! But don't worry, after a while you'll work out your own routine. After all, we all need a period of adjustment when we start something new!

So this is Dear Coed, hopefully to help you over a few of the rough spots, and definitely to welcome you to BSC. Don't worry, life here is really great once you get used to it.

See you in September!



LIFE IN THE RESIDENCE HALL

Somewhere on the campus of BSC will be a space approximately 12' x 22', half of which you can call your own. This is your room. It is your very own and nobody can yell at you if you don't hang your clothes up or if you let the dust accumulate in layers under your bed (unless you have a fussy roommate). It is up to you to take care of it or not care of it (whichever you wish) and the only time you will be asked to clean

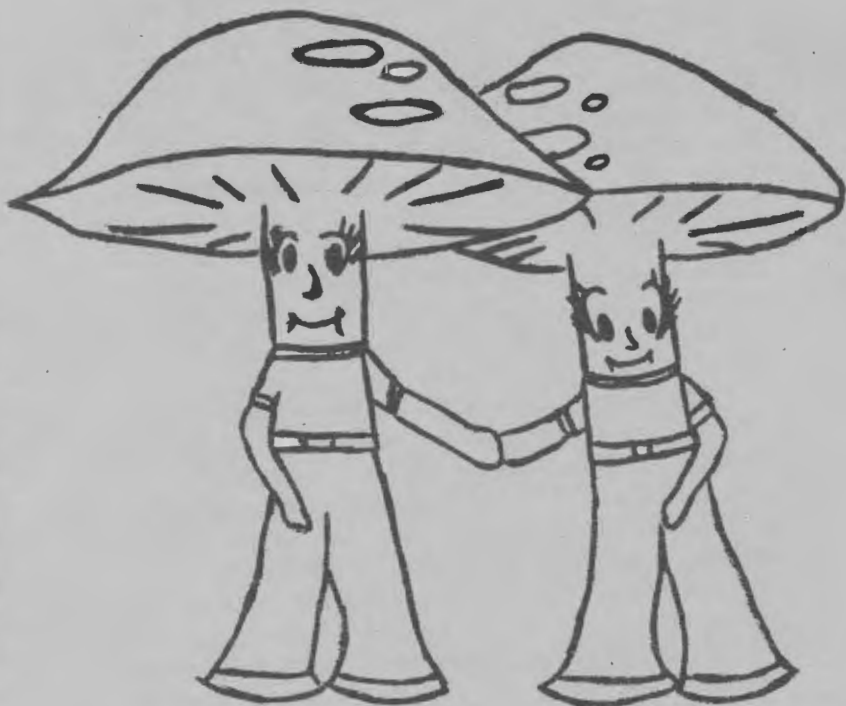
it is before vacation and when the dust bunnies start coming into the hallways.

Living in a residence hall is different from any other form of living you will ever encounter. For approximately nine months you will share the same bathroom, showers and vacuum cleaner with 50 other girls and the same laundry with anywhere from 225 to 400. You will live, love, learn, fight, and grow with these girls and the experience will bring you a few steps closer to womanhood. You can get a lot out of knowing all of these people and you will take out what you put in.

Visitation is a part of living in the residence hall--a new part of BSC but definitely a part. It has been fought over, castigated, defended and condemned, but it is here nonetheless.

Every Friday and Saturday night and Sunday afternoon, men are permitted to visit the women's room, with an escort. This is a privilege you will receive upon your arrival and always keep in mind that it IS a privilege and as such should not be abused.

Home is where the heart is, but the residence hall is where you lay your head. Life can be great here, as you will soon learn. It's all up to you.



ROOMMATES

When you arrive at BSC, one of your first and most important experiences will be meeting your roommate. You probably will not know her, and your only previous contact with her will have been through a few brief letters during the summer. She is the girl you will be living with for the next nine months, and the success of this relationship

will depend upon both of you.

You may or may not become best friends, but you will have to learn to understand and cooperate with each other. If you don't get to really know your roommate, misunderstandings and arguments will be frequent. You can really become closer decorating your room together and picking out posters, bedspreads and rugs, and moving the furniture around to please both of you. She may also become the one person you can really confide in and talk to. But don't be upset or worried if you both find other friends with whom you become closer. The most important thing is that you both compromise a little in order to get along.

The room belongs to both of you and therefore it's your responsibility to keep your own things relatively neat and clean. It's not hard to accumulate a lot of clutter and dust in these small rooms, and once in a while it needs to be cleaned. Your room is your house, so work together to keep it livable.

Sharing is an important part of being roommates. One of you may have a stereo and an iron, while the other may bring a big pole lamp and a hairdryer. It's only reasonable that you would share these items in order to save space. When you use your roommate's things, be considerate in taking care of them and returning them in the same condition they were in when you borrowed them. Common property is many times convenient, but keep in mind that not everything in the room is yours and it must all be taken care of. Some roommates may not want to share, so it is best to

contact them about this during the summer so you'll know what to bring.

You must also be considerate of your roommate in other respects. Be quiet if she's trying to study, don't make unnecessary demands on her, let her sleep in the morning when you have an 8:00 and her first class isn't until 10:00, don't keep your friends around talking while she's trying to study, and try to work out your differences together. Small acts like these will help to secure a friendly relationship.

These are only a few of the many aspects of having a roommate. Learning to adjust to her is a great accomplishment and a good experience to have. Try to make the relationship a pleasant one, and you may find it a help in wading through your first year at Bloomsburg.



R. A.'s

One of the most important persons you will meet when you arrive at BSC is your Resident Advisor (R. A.).

Each floor or wing of a women's residence hall has an R. A. and Assistant Resident Advisor, A. R. A., who takes over in the absence of the R. A. Both are women students and having been freshmen at one time, they know

all of the problems you will encounter and will prove helpful during your first few days.

Your R.A. will meet with you upon your arrival and give you any instructions you may need. If you have any questions, go to her; after all, that's what she's there for.

Your R.A. is close to your age; and, therefore, you will find her a sympathetic listener to all your problems. Remember that an R.A. doesn't make the rules; and if you don't feel something is right, tell her!

Your R.A. is more than the person in charge of the hall--she is a friend, advisor, and confidante. She is always willing and able to answer any questions, so don't be afraid to ask!



WHEN AND WHERE SILENCE IS GOLDEN

Consideration and "quiet hours" go hand in hand. These "quiet hours" are specially designated times when noise should be kept at a minimum. This time is used for studying and for sleeping. Places for the observation of quiet hours are the BR's, unit lounges, and students' rooms--not to mention

the hallways.

The hours are as follows:

1. From 2:00 p.m. to 4:00 p.m. daily, except Saturdays.
2. From 7:30 p.m. to 10:30 p.m. daily, except Fridays and Saturdays.
3. Hours from 11:00 p.m. to 9:00 a.m. on weekdays and from 11:00 p.m. to 10:00 a.m. on weekends are kept especially quiet for sleeping.

Shouting, loud talking, use of radio or stereo full volume, especially with doors wide open, or any other excessive noises are strictly prohibited during these hours. It is up to each individual to obey these rules and to help others to obey them.

If someone is loud, don't be afraid to tell them to keep it down; but don't become hurt or offended if you're asked to do the same sometime. Many times you become louder than you realize and need a reminder to keep it down.

Remember no two schedules are alike; and if you happen to have an early class, keep the noise down. There's no need to take out your early morning frustrations on everyone else. Next semester when your classes don't begin until 10:00 a.m., you won't want to be disturbed, so be considerate of others this semester. It will be greatly appreciated.



BIG AND LITTLE SISTERS

College is a time when you will have the chance to meet many people and form lasting friendships--valuable ones. This will be one of the few times in your life when you'll have the chance to be with so many people your own age.

One relationship you may form will be that between you and your

big sister. During the summer, she will write to you and tell you something of herself and important aspects of college. Write back to her. She wants to be your friend and will be more than happy to answer all your questions during the summer and throughout the year. Remember that she was a freshman once and understands how you feel. But you must be just as willing to show her friendship if the relationship is to be as nice as it can be.

During the year, there will be social events which you and your big sister will have the chance to attend and meet the other big sisters. At the Tea, you will meet the President and his wife, the deans, and the Head Residents. Later in the year, a swim will be held to which you can invite your big sister.

If your big sister is one who takes time to be with you and sincerely help you, you will be fortunate to know such a wonderful person.



WILLIAM SCRANTON COMMONS

The William Scranton Commons is a place to gather with your friends and relax, and often to meet and make many new friends. The building is air-conditioned, containing four dining rooms and two lounges for your comfort and convenience.

There are three meals served a day prepared by the Slater Food Service.

Many banquets and teas are held by various campus organizations. Special meals are also served before most of the holidays; and during final exams, a coffee and doughnut break is held at a later hour.

The dress code for the Scranton Commons is casual wear, but Sunday dress is worn to the special holiday dinners. The serving time for each meal is long enough to allow students to eat when their class schedules permit.

The Scranton Commons provides a healthy atmosphere for the students and is one of the main centers of student activity on campus.

ASSOCIATION OF WOMEN STUDENTS

Among the other opportunities awaiting the Bloomsburg Coed, is the chance to belong to the Association of Women Students (AWS) on campus. Every woman enrolled at BSC, both residents and commuters, are automatically included in this organization.

The purpose of AWS is to represent the women's viewpoint on issues concerning college life and acting as a grapevine through which coeds can learn what's going on in the college community. Individual residence halls are represented by a President, Vice-President, Secretary-Treasurer, and Social Chairman who attend the AWS meetings and convey the information received to Hall Council meetings in their respective residence halls. At these Hall Council meetings, each floor has a corridor representative whose job is to turn it over to the residents at a corridor meeting. As freshman women, you will have the opportunity to run for offices to be held in your residence hall.

The officers of the Executive Board for the coming 1971-1972 year are:

President.....Linda Radle
Vice-President....Patty Noble
Secretary.....Janis Wince
Treasurer.....Janice Evans
Social Chairman...Pat Lango

The Association of Women Students sponsors activities such as Big and Little Sister Teas, Halloween parties, and Christmas parties to promote active participation among the women in their organization.

COLLEGE SERVICES

For the coed who needs a little assistance in the category of first aid or in a personal problem or maybe just a few pencils, there are various places on campus designed just for such a damsel in distress.

Do you need a safe place to keep your book money? Need a check cashed in a hurry? The place for you is the Student Bank, located in the Waller Hall end of the tunnel to the Student Union Building. The hours are 10:30 a.m. to noon and 2:30 p.m. to 4:30 p.m. Monday, Wednesday, and Thursday and from 10:30 a.m. to 4:30 p.m. on Tuesday and Friday.

While on the subject of money, check out the Financial Aid Office, next to the Alumni Room in Waller Hall. Here you can get any information you need concerning scholarships, loans, and jobs. If you are interested in working in the Commons or the library, they will tell you what to do about that too--any time between 8:30 a.m. and 5:00 p.m. Monday through Friday and 9:00 a.m. to noon on Saturday.

Any problems concerning grades, classes, schedules, or even personal hassles can be taken care of in the Counseling Center. It is located in Waller Hall, and it is open 8:30 a.m. to 12:00 noon and 1:30 p.m. to 5:00 p.m. and also deals with the results of various tests that you will take during orientation.

Directly across the hall you may see written on the door "Come in and talk." This is the campus ministry, where you can go in and talk about anything that happens to be troubling your mind or your heart. There is usually someone there every week day from 11:00 a.m. until 3:00 p.m. They

are all really great guys who understand, so don't be shy about going to see them. They can really help sometimes.

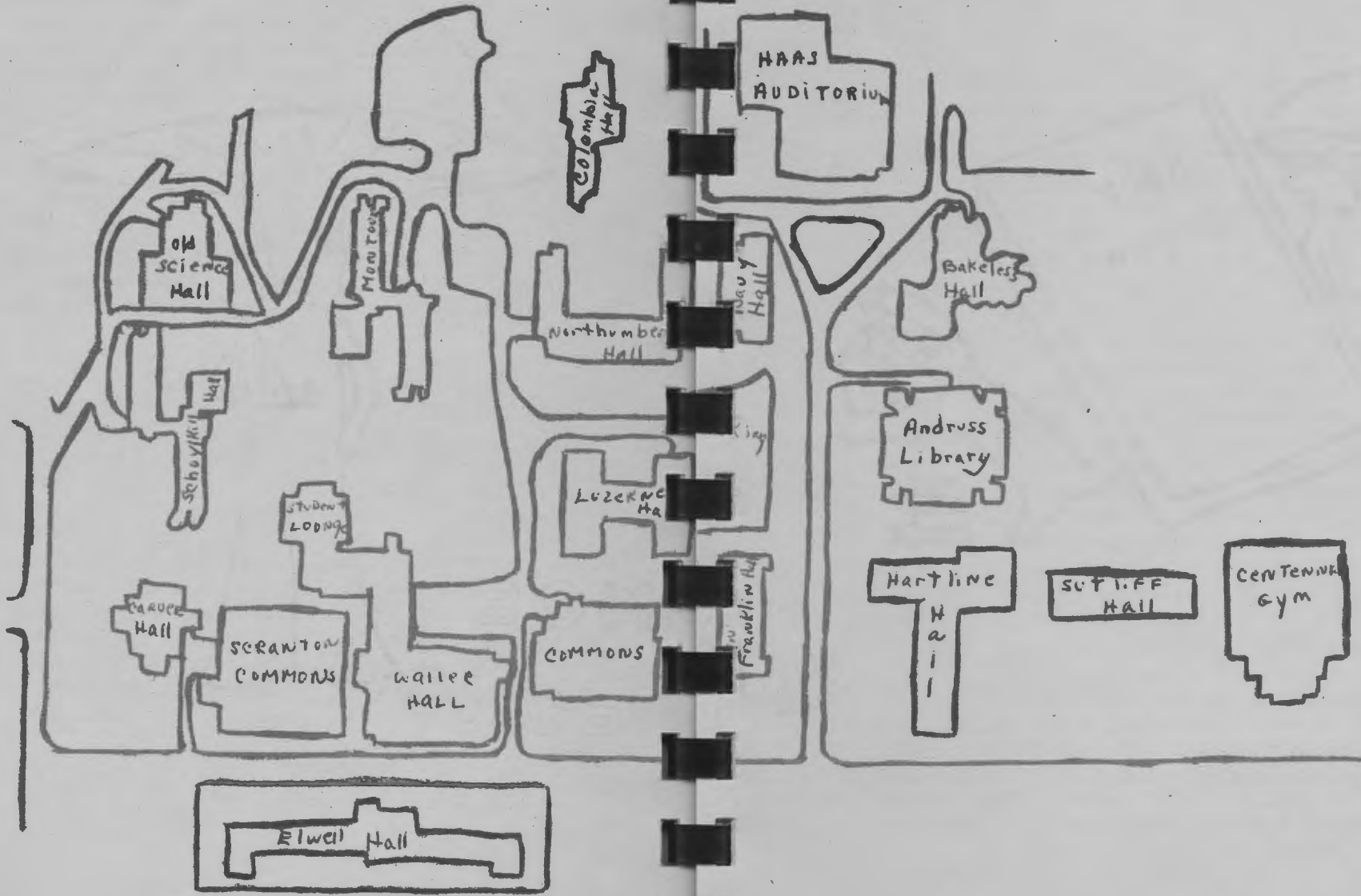
Indigestion from eating too much? Sprain an ankle on the sidewalks of Bloomsburg? You might get some help at the Infirmary in Waller Hall. If it happens to be closed just when you choose to burn your hand, go to see one of the Assistant Deans (this is what the locked door will say, so you can save yourself the trip).

Located toward the upper portion of the campus with the classroom buildings is the library, named for Harvey A. Andruss. Skilled librarians are there to answer any questions you may have as long as it is open. This is from 7:50 a.m. to 10:00 p.m. weekdays, 7:00 a.m. to 5:00 p.m. on Saturdays, and 2:30 p.m. to 9:00 p.m. on Sundays.

Another place you can get books is, logically, the college bookstore, back in Waller Hall, but its contents are not limited to books alone. Here you can buy stationery, sweatshirts, greeting cards, posters, pantyhose, candy, records, health aids, and just about any kind of typical school supply you need. Bookstore hours are 8:30 a.m. to 5:00 p.m. Monday thru Friday and 8:30 a.m. to noon on Saturday.

So, if you are ever in need of any of these services, these are the places to go. Willing, if not able, to serve you!







BOOK BUYING

One of the major problems you will face after registration is the purchasing of books for your first semester. Upon receiving your schedule, you can easily check the book list in front of the bookstore to find out which books you will need.

All books can be purchased in the bookstore, but you can find extra savings if you prefer to buy or rent used books. This can be a big help providing the text or edition was not changed. However, it would be wise to check the book list and then with your profs in class as to what book or books they require before you begin to buy them. Lists of second-hand books can be found on major bulletin boards located in downstairs Waller. You can also obtain second-hand books at the book exchange, which is run by one of the campus organizations as a money-making project. Students with books to sell pay a dime, let the book exchange worry about selling their books, and then receive whatever profit is made on the second-hand books.

If you run into any problems, feel free to consult your Big Sister, RA, or any upperclassman. They can be a big help and with luck may even have the book you need!

Book buying will be a new experience for you but don't panic. Be sure of the books you are buying; and if the bookstore runs out of the book you need, have a little patience--more will be ordered. You will be given plenty of time to get the books. And remember--book buying will be as simple as you let it be. It's not a catastrophe. It can even be fun!



WHAT TO WEAR!

One of the questions that may enter your mind now is "What do I wear?" The answer is simple. Clean, neat, appropriate clothing--it's acceptable at all times.

For classes and dining, casual, everyday clothes are the rule. For social events the student body splits down the middle. Half

dress up and the other half wear the same casual clothes that they wear to class. Either way is acceptable. In short, the way you dress for each occasion is entirely to your taste.

However, there are one or two general rules. Gym shorts are not allowed in the dining halls. You may wear your gym blouse with jeans, but the shorts are not acceptable in the dining halls.

Since closet space is limited, it is better to bring along a seasonal wardrobe. I would like to mention, though, that a raincoat and umbrella are essentials and should not be forgotten when planning your wardrobe.

For church it is up to the individual pastor to establish dress policy for his church. In any case, extremely dressy clothes are not a necessity, although you might like to have some here in case.

Shoes must be worn in all public places.

ACTIVITIES AT BSC

It won't take long for you as a freshman to find that education takes place not only in the classroom, but in all areas of student involvement as well. You will be able to put your leisure time to good use through the many social and cultural events and other extra-curricular activities offered at BSC, which cover a wide range of interests.

Sports anyone? For you we have the Women's Athletic Association (the "B" Club) and the Women's Recreation Association, which have developed an extensive extramural and intramural program. Extramural sports include hockey and basketball, while intramural activities such as powder puff football, volleyball, basketball, and softball fill the rest of the year. A Water Ballet is presented in the early spring. Also, the indoor pool and gym are there to be used at your convenience.

For those of you who are interested in politics, we have the Community Government Association, the Association of Women Students, and the offices of various organizations. A few of those organizations that you will have the opportunity to join are the Bloomsburg Players, the Literary and Film Society, the Sociology Club, and the Biology Club, and French Club. If you're musically inclined, we have the Studio Band, the Women's Chorale Ensemble, the Maroon and Gold Band, and the Concert Choir.

There is also an opportunity for involvement in any one of BSC's publications.

The Maroon and Gold is our bi-weekly newspaper, and the Obiter is the college yearbook. The student literary magazine is the Olympian. The Pilot is published annually by and for the student body and contains answers to questions that confront college students. The Today sheet is published daily and keeps students informed of campus and community activities on a day-by-day basis.

Coffee, tea, or coke anyone? If the answer is yes, the snack bar is the best place to find it. Located in the Student Union Building (S.U.B.), you can drop in for a quick snack, a game of cards, or just to talk to friends. It's really a great place to relax and meet people. There are usually events sponsored by each class and a weekly movie and/or dance for Friday and Saturday night activities.

Each coed should plan to take an active part in the social life offered at BSC. Along with all the clubs, there are the men's athletic events to support. As you may know, Bloomsburg takes great pride in the wrestling squads they present. Besides this, there are weekly football, basketball, and swimming events. In the spring there are tennis matches, track meets, golf matches and baseball games. Our BSC guys need your support and encouragement. The wide variety of activities are there for YOU to become involved in and enjoy. Be as active as you can in your Freshman year, so that you can really become involved at BSC. You'll only get out of your college life

what you put into it, and it can be rewarding if you'll try.

SORORITIES

In the last five years at BSC, there has been a new innovation in the introduction of sororities. The social sororities and the one service sorority were founded to promote friendship and understanding among not only the sisters, but the independent women as well.

You, as a freshman, cannot pledge a sorority during your first semester; but during your second semester, all sororities will accept freshmen with a 2.2 rating to rush.

The social sororities at Bloomsburg are Chi Sigma Rho, Delta Epsilon Beta, Tau Sigma Pi, Sigma Sigma Sigma, and Theta Tau Omega. Our service sorority is Lambda Alpha Mu. Each sorority has its own standards and ideals. Most of the sororities work with a cooperating fraternity to organize several social events each year.

Delta Epsilon Beta supports Korean orphan, Sigma Sigma Sigma sponsors an annual tea; these are a few examples of the activities of the social sororities.

The sisters of Lambda Alpha Mu, Bloomsburg's service sorority, are dedicated to assembling college women in the spirit of service to humanity.

The Inter-Sorority Council is the governing body for the Greek Women. It was organized in October, 1967, and consists of three members from each

of the social sororities. The objectives of the ISC are to coordinate the activities of the member sororities, promote scholarship among sorority women, and encourage friendship among both Greek and independent women.



THE CHRISTMAS SPIRIT

The spirit of Christmas dominates our campus as soon as we return from our Thanksgiving vacation. Decorations begin to go up, among them a Christmas tree on each floor. This can be fun to decorate with items from home. You can even add to it by putting your stuffed animals around the tree. Each floor decorates their room doors. It's loads of fun to have one theme

carried throughout the whole corridor with each door representing one aspect of the theme. When the time for judging comes around, you and your roommate can feel proud to know that it was your own personal project.

The highlight of the Christmas season is "spiriting." The coeds have received a feeling of warmth and closeness since the custom was adopted some fifteen years ago.

Your name and the names of every girl in your corridor will be put on a piece of paper. Then all the names are put together and each girl draws one. You shouldn't let anyone know who the girl you are "spiriting" is. It's more fun to keep everyone guessing.

Each day for the next week every girl receives a small gift from her spirit. The gift can either be an inexpensive token, such as a perfumed bar of soap, or it can be a good deed like making the girl's bed while she's out. When the week of "spiriting" comes to an end, there is a Christmas party in each hall lounge; and everyone is in suspense waiting to discover who her spirit was. When she finds out who she was, the girl presents her spirit with a nice gift showing her thanks and appreciation.

The real feeling of the Christmas spirit is received when everyone gives not only materialistic items, but gives of themselves. This is the true Christmas spirit.



ANNUAL SOCIAL EVENTS

Big and Little Sister Tea - This is a formal tea that will help you to get to know the Deans, Head Residents, and Resident Advisors. It will be held in late September, and each Freshman is escorted by her Big Sister.

Homecoming - This is a special weekend in October which features Big

Name Entertainment on Friday night, a parade and football game on Saturday, and an informal dance that evening. There is usually an "Open House" for all students, dates, and parents on Saturday or Sunday of that weekend.

Christmas Party - This party, sponsored by the women students, is held in the Student Union about a week before Christmas vacation. Entertainment is provided and refreshments are served.

Greek Week - This is a special week sponsored by the Inter-Sorority and Inter-Fraternity Councils, in which all the members of the campus fraternities and sororities compete in games and races, done in honor of ancient Olympic games. Although only the "Greeks" may participate in these games, all are invited to attend.

Winter Weekend - Winter sports, such as skiing, and ski-dooing are part of the agenda for this weekend. The location of the activities varies every year. Big Name Entertainment is also featured that weekend.

Holidays - Usually each holiday is occasion for a special dance. Dress varies with the holiday and theme.

Spring Weekend - Big Name Entertainment is the featured event of this weekend. Our social fraternities and sororities also sponsor fun-filled activities at this time.



JARGON

As you become familiar with life at Bloomsburg, you will find that the academic world of BSC has its own vernacular. These words and phrases will easily become part of your vocabulary as you become an integral part of the college and student life. We have prepared the following list of jargon most frequently used to give you a head start.

Academic probation - Probation because of an average lower than 2.0 (based on a 4.0 system).

Ace a test - To get an "A."

A. R. A. - Assistant Resident Advisor.

Berrigan's - Hoagie shop downtown.

Bluebooks - Test booklets which are often requested by profs to use for taking exams. They can be purchased in the bookstore.

Bookstore - The college store where you can buy textbooks plus many other school supplies. It's located in Waller Hall.

Charlie's - Pizza shop downtown.

Commons - Dining hall.

Corridor Meeting - Bi-monthly floor meetings in the women's residence halls.

Cut - Absence from class.

Destination card - A card which is kept at the main desk of each residence hall for women. It must be filled out when you leave and return to the building during specified hours.

Digest - Summary of residence hall rules.

Finals week - Last week of the semester when classes are cancelled and finals are given.

Kampus Nook - The restaurant located opposite the Student Union.

Late - Legal permission to stay out after curfew.

Long porch - A large porch on Waller Hall which faces Elwell residence hall.

M & G - The Maroon and Gold; the college newspaper.

Obiter - The college yearbook.

Olympian - Student literary magazine.

Pilot - College handbook.

R. A. - Resident Advisor.

Rake - To get an "E" or failure.

- Hook a test - Get a "C."
- Pappas - Pizza shop downtown.
- Roomed - Confined to your room for infraction of rules.
- S. R. H. - Self-regulated hours for upper classmen.
- S. U. B. - (Student Union Building)
Temporarily located in the old College Commons; facilities include snack bar, billiard area, ping pong tables, games and card playing area, information desk with papers and magazines, TV lounge, Student Union Board office, and Office of Director of Student Activities.
- Terraces - Grass plot between Waller and Montour Hall.
- Tunnel - The underground passageway from Waller to the Student Union.



CHECK LIST

Here we have included a list of suggested items that have been helpful to others in the past. It is a good idea to wait until your roommate arrives to buy bedspreads, rugs, curtains, etc., so that you will agree on cost and color of the items. All underlined items are required and all starred items are highly

suggested. Many supplies may be purchased at the College Store.

Address book
Alarm clock
Ashtray
Bedroom slippers or shower shoes
Blankets
Bucket (plastic)
Camera
Can opener
Desk lamp (or pole lamp)
Dictionary (Webster's New Collegiate)
Drying rack
Drinking glass (or paper cups)
Dust cloths
Eating utensils
First aid kit*
Hair dryer
Hangers
Iron*
Iron rest (asbestos or metal)
Laundry bag*
Laundry detergent
Masking tape and plastic tac*
Mattress pad (32" x 72")
Note pad for door
Paper clips, scotch tape, rubber bands, etc.
Pen and pencil container
Phonograph and records
Pillow cover (plastic or cloth, 21" x 27")
Playing cards
Pot to heat water or cook food
Radio
Rainwear and umbrella*
Scissors
Sewing kit
Shower cap*
Shoe polish
Spray starch
Stapler
Stationery and stamps
Standing hand mirror

Swim wear (bathing cap)
Typewriter
Towels and washcloths
Wastebasket (metal)



GENERAL INFORMATION

1. Record the number of your typewriter, camera, and radio for reference in case of loss.
2. Check all electrical cords--they must be in good condition.

3. Mark all personal articles with name tapes or with your name written in indelible ink. This includes such articles as umbrellas, towels, books, etc.
4. Heavy baggage may be sent by express, plainly labeled, with your name, residence hall, room number, Bloomsburg State College, Bloomsburg, PA 17815. Allow a week for delivery. Since there is limited storage in the residence halls, all trunks and large luggage will have to be returned to your home.
5. Plan to deposit large sums of money at the College Bank. Never keep large sums of money in your room or on your person.
6. Bring enough money (about \$60) to take care of books, supplies, etc.
7. Always carry I. D. card and meal ticket in your wallet. Be sure to put your name on all cards of importance.
8. Get to know your roommate, Big Sister, and Resident Advisor through letters this summer and help them get to know you.
9. Read the Digest and Pilot thoroughly and become familiar with all regulations, especially "sign-out" procedures.

